

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Girls 100 Meter Dash Class"A"**

Meet: M 12.24 4/20/1997 Tunisia Evans, SC North					
Name	Year	School	Finals	Wind	H#
Finals					
1	Khenadi	Jones 11	Sioux City West	12.48	0.3 2
2	Jayda	Graham-Peterson 09	Sc- North	13.06	0.3 2
3	Darline	Suah 09	Sioux Falls Wash.	13.15	0.3 2
3	Ellie	Cropley 10	Bishop Heelan	13.15	0.3 2
5	Jaycee	Johannsen 08	Sioux Falls Wash.	13.22	0.3 2
6	MaLika	Peak-Wallace 10	Sc- North	13.31	0.3 2
7	Maddie	Brown 11	Bishop Heelan	13.40	0.3 2
8	Amelia	Duax 11	Sioux City West	13.70	0.3 2
9	Alex	Jager 11	South Sioux City	13.92	1.3 1
10	Terri	Deitloff 10	Sb-Luton	14.20	1.3 1

Girls 100 Meter Hurdles Class"A"

Meet: M 14.76 4/18/2009 Nevada Sorensen, SF Lincoln					
Name	Year	School	Finals	Wind	H#
1	Sam	McGowan 10	Bishop Heelan	17.56	NWI 2
2	Paige	Hanson 10	Sioux City East	17.89	NWI 2
3	Makayla	Hansen 12	South Sioux City	18.05	NWI 2
4	Mariah	Mammen 12	Sb-Luton	18.31	NWI 2
5	Madison	Hansen 11	South Sioux City	18.38	NWI 2
6	Brooke	Doochen 10	Bishop Heelan	18.65	NWI 1
7	Lauren	Page 11	Sioux City East	18.95	NWI 1
8	Ashley	Davis 11	Sb-Luton	19.65	NWI 1
9	Mikayla	Mozak 09	Sioux City West	19.99	NWI 1
10	Justice	Farley 09	Sioux City West	20.31	NWI 1
11	Madison	Felix 09	Sioux City West	20.35	NWI 1
12	Mary	Dillavou 11	Sb-Luton	20.65	NWI 1

Girls 4x100 Meter Relay Class"A"

Meet: M 49.48 4/19/2008 Sioux City West, West					
M Pearson, G Williams, C Simon, R Twohig					
School					Finals
1	Sc- North	'A'			50.70
	1)	MaLika Peak-Wallace 10	2)	Mercy Oyadare 11	
	3)	Kelli Glisar 10	4)	Jayda Graham-Peterson 09	
2	CB Abraham Lincoln	'A'			51.18
	1)	Kalyn Damgaard 11	2)	Rylee Fichter 10	
	3)	Darby Thomas 09	4)	Merzedes Hart 12	
3	Sioux City West	'A'			51.25
	1)	Giselle Briones 12	2)	Allyson Smith 09	
	3)	Kathleen Meis 12	4)	Khenadi Jones 11	
4	Sioux Falls Wash.	'A'			51.28
	1)	Jaycee Johannsen 08	2)	Skylar Moen 11	
	3)	Isabel Kinzer 11	4)	Darline Suah 09	
5	Bishop Heelan	'A'			52.65
	1)	Ellie Cropley 10	2)	Katie Glover 12	
	3)	Katie Rizk 10	4)	Maddie Brown 11	
6	Sioux City East	'A'			54.07

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Girls 4x100 Meter Relay Class"A"

- | | |
|-------------------------|-------------------------|
| 1) Myerra Parker 09 | 2) Hannah Holder 09 |
| 3) Caitlyn Erick 09 | 4) Kayleigh Calvillo 10 |
| 7 Sb-Luton 'A' | 55.60 |
| 1) Mariah Mammen 12 | 2) Madison Harms 09 |
| 3) Terri Deitloff 10 | 4) Brooklyn Huberty 09 |
| -- South Sioux City 'A' | DQ |
| 1) Kori Fischer 11 | 2) Selene Guzman 09 |
| 3) Carissa Powell 11 | 4) Alex Jager 11 |

Girls 4x200 Meter Relay Class"A"

=====		
Meet: M 1:44.71	4/19/2008	Sioux City West, West
		C Simon, G Williams, R Twohig, M Pearson
School		Finals
=====		
1 Sc- North 'A'		1:46.26
1) Jayda Graham-Peterson 09	2) Mercy Oyadare 11	
3) MaLika Peak-Wallace 10	4) Kaitlyn Mulder 10	
2 Sioux Falls Wash. 'A'		1:47.64
1) Mearah Miedema 12	2) Skylar Moen 11	
3) Isabel Kinzer 11	4) Erin Thompson 12	
3 Sioux City West 'A'		1:49.16
1) Allyson Smith 09	2) Amelia Duax 11	
3) Kathleen Meis 12	4) Khenadi Jones 11	
4 Bishop Heelan 'A'		1:50.35
1) Ellie Cropley 10	2) Katie Glover 12	
3) Lauren Luft 12	4) Maddie Brown 11	
5 Sb-Luton 'A'		1:57.59
1) Anna Lucas 10	2) Madison Harms 09	
3) Terri Deitloff 10	4) Brooklyn Huberty 09	
6 South Sioux City 'A'		2:05.11
1) Selene Guzman 09	2) Andrea Lira 12	
3) Tori Knowles 10	4) Jenny Aldana 09	
-- Sioux City East 'A'		DQ
1) Myerra Parker 09	2) Alejandra Uribe 09	
3) Caitlyn Erick 09	4) Kayleigh Calvillo 10	
-- CB Abraham Lincoln 'A'		DQ
1) Kalyn Damgaard 11	2) Rylee Fichter 10	
3) Darby Thomas 09	4) Mercedes Hart 12	

Girls 4x400 Meter Relay Class"A"

=====		
Meet: M 4:02.17	4/18/2010	Sioux City East, East
		S Houlihan, R Mikulicz, L Strom, E Dougherty
School		Finals
=====		
1 Sioux Falls Wash. 'A'		4:08.51
1) Isabel Kinzer 11	2) Skylar Moen 11	
3) Jaycee Johannsen 08	4) Erin Thompson 12	
2 South Sioux City 'A'		4:09.36
1) Taryn Christensen 09	2) Marybeth Rasmussen 09	
3) Zoe Cigard 10	4) Haley Fritza 12	
3 Sc- North 'A'		4:10.31
1) Mercy Oyadare 11	2) Hailee Enoch 09	
3) Savannah Brand 10	4) Kaitlyn Mulder 10	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Girls 4x400 Meter Relay Class"A"

4 CB Abraham Lincoln 'A'	4:10.35
1) Cailey Schaa 10	2) Darby Thomas 09
3) Mercedes Hart 12	4) Kendall Bainbridge 12
5 Bishop Heelan 'A'	4:12.36
1) Anna Albenesius 11	2) Callie Doohen 10
3) Madison Jochum 09	4) Lauren Luft 12
6 Sioux City East 'A'	4:14.75
1) Sami McCulley 11	2) Taylor Copple 10
3) Rylie Zyzda 12	4) Lauren Van Dyke 10
7 Sioux City West 'A'	4:33.22
1) Allyson Smith 09	2) Kathleen Meis 12
3) Amelia Duax 11	4) Giselle Briones 12
8 Sb-Luton 'A'	4:43.07
1) Ashley Davis 11	2) Taylor Brown 10
3) Anna Lucas 10	4) Abby Wisecup 09

Girls 800 Sprint Medley Class"A"

=====

Meet: M 1:53.47	4/19/1987	SF Lincoln, SF Lincoln
School		Finals

=====

1 CB Abraham Lincoln 'A'	1:50.29M
1) Kalyn Damgaard 11	2) Rylee Fichter 10
3) Mercedes Hart 12	4) Darby Thomas 09
2 Sioux City East 'A'	1:51.88M
1) Kayleigh Calvillo 10	2) Rylie Zyzda 12
3) Sami McCulley 11	4) Lauren Van Dyke 10
3 Sc- North 'A'	1:52.72M
1) MaLika Peak-Wallace 10	2) Jayda Graham-Peterson 09
3) Mercy Oyadare 11	4) Kaitlyn Mulder 10
4 Sioux Falls Wash. 'A'	1:56.32
1) Darline Suah 09	2) Jaycee Johannsen 08
3) Skylar Moen 11	4) Erin Thompson 12
5 Bishop Heelan 'A'	1:57.89
1) Ellie Cropley 10	2) Maddie Brown 11
3) Lauren Luft 12	4) Madison Jochum 09
6 Sb-Luton 'A'	2:04.61
1) Mariah Mammen 12	2) Terri Deitloff 10
3) Brooklyn Huberty 09	4) Abby Wisecup 09
7 South Sioux City 'A'	2:05.66
1) Selene Guzman 09	2) Alex Jager 11
3) Carissa Powell 11	4) Kori Fischer 11
-- Sioux City West 'A'	DQ

Girls 100 Meter Dash Class"B"

=====

Meet: M 12.47	4/19/1989	Amy Schuver, Cherokee
Name	Year School	Finals Wind H#

=====

1 Lily Peschau	12 Kingsly-P/Wood-C	13.19 0.2 2
2 Stephanie Williams	10 Le Mars	13.34 0.2 2
3 Allison Wilken	12 Le Mars	13.47 0.2 2
4 Abby Petersen	Kingsly-P/Wood-C	13.92 0.2 2
5 Emily Parks	11 Spirit Lake Park	13.94 1.7 1
6 Madison Hodgdon	11 Cherokee- Wash	14.00 1.7 1

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 100 Meter Dash Class"B"**

7	Katelyn Nissen	09	Spencer	14.04	0.2	2
8	Kylee Versluis	09	Spencer	14.16	0.2	2
9	Brittany Hamann	12	Oa-Bcig	14.48	1.7	1
10	Gracie Elgersma	10	Sheldon	14.75	1.7	1
11	Rebecca Beldt	10	Sheldon	14.92	1.7	1
12	Olivia Devitt	12	Oa-Bcig	14.97	1.7	1

Girls 100 Meter Hurdles Class"B"

=====						
Meet: M 15.65 4/18/2010 Slone Masters, Storm Lake						
Name	Year	School	Finals	Wind	H#	
=====						
1	Molly Dean	12	Glenwood	15.67	NWI	3
2	Bryn Groff	11	Sheldon	16.50	NWI	3
3	Amanda Schwartz	12	Le Mars	16.79	NWI	3
4	Maddy Tolk	11	Sheldon	16.85	NWI	3
5	Miranda Ruth	12	Glenwood	16.95	NWI	3
6	Sierra Gross	11	Spirit Lake Park	16.99	NWI	2
7	Katelyn Wilwerding	09	Glenwood	17.25	NWI	3
8	Olivia Hamilton	10	Spencer	17.32	NWI	3
9	Summit Nielsen	11	Oa-Bcig	17.35	NWI	3
10	Cassidy Utesch	12	Le Mars	17.79	NWI	2
11	Olivia Devitt	12	Oa-Bcig	17.86	NWI	2
12	Payton Redinius		Kingsly-P/Wood-C	18.09	NWI	2
13	Jadeyn Schutt	09	Moc-Floyd Valley	18.47	NWI	1
14	Ashlyn Nissen	09	Spencer	18.53	NWI	2
15	Alexa Timmerman	09	Cherokee- Wash	18.58	NWI	1
16	Emma VerSteeg	09	Spencer	18.76	NWI	2
17	Ashlynn Samsel		Cherokee- Wash	19.06	NWI	1
--	Olivia Scarborough	12	Glenwood	DQ	NWI	2

Girls 4x100 Meter Relay Class"B"

=====							
Meet: M 50.88 4/20/1991 Cherokee, Cherokee							
C. Hauswald, L. Johanson, K. Corzillus, A. Schuver							
School				Finals			
=====							
1	Le Mars 'A'				52.98		
	1) Chaise Benjamin 12	2) Haylee Cooper 09					
	3) Halie Schwartz 10	4) Allison Wilken 12					
2	Kingsly-P/Wood-C 'A'				53.74		
	1) Sidney Steffen	2) Abby Petersen					
	3) Bradi Harvey	4) Lily Peschau 12					
3	Oa-Bcig 'A'				54.00		
	1) Jordyn Fredericks 10	2) Sarah Cotton 09					
	3) Brittany Hamann 12	4) Sydney Durbin 09					
4	Moc-Floyd Valley 'A'				54.15		
	1) Regan Rowenhorst 11	2) Corinne Wiese 10					
	3) Molly Van Klompenburg 10	4) Zoe Heemstra 09					
5	Glenwood 'A'				54.62		
	1) Devon Bomer 10	2) Myranda Starner 12					
	3) Alysa Jensen 09	4) Savanna Mixan 10					
6	Sheldon 'A'				54.73		
	1) Bryn Groff 11	2) Maddy Tolk 11					
	3) Madison Uhl 10	4) Ashlyn Albrecht 09					

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 4x100 Meter Relay Class"B"**

7 Spencer 'A'	55.40
1) Ashlyn Nissen 09	2) Katelyn Nissen 09
3) Kylee Versluis 09	4) Kailee Hopkins 09
8 Cherokee- Wash 'A'	55.76
1) Madison Hodgdon 11	2) Brianna Sleezer 10
3) Ashlynn Samsel	4) Cassidy Pingel 09

Girls 4x200 Meter Relay Class"B"

=====	
Meet: M 1:46.16	4/12/2014 Moc-Fv, MOC-FV
	R Muilenburg, D Heimensen, A Achterhof, K Landhuis
School	Finals
=====	
1 Glenwood 'A'	1:47.69
1) Miranda Ruth 12	2) Devon Bomer 10
3) Kaycee Clark 12	4) Molly Dean 12
2 Le Mars 'A'	1:49.54
1) Katie McAllister 10	2) Chaise Benjamin 12
3) Halie Schwartz 10	4) Allison Wilken 12
3 Oa-Bcig 'A'	1:52.23
1) Jordyn Fredericks 10	2) Sarah Cotton 09
3) Calli Wareham 10	4) Sydney Durbin 09
4 Cherokee- Wash 'A'	1:54.55
1) Madison Hodgdon 11	2) Brianna Sleezer 10
3) Lily Anderson 09	4) Cassidy Pingel 09
5 Spencer 'A'	1:55.10
1) Kailee Hopkins 09	2) Brandi Botcher 11
3) Emma VerSteeg 09	4) Jenna Dirx 10
6 Moc-Floyd Valley 'A'	1:56.08
1) Regan Rowenhorst 11	2) Corinne Wiese 10
3) Molly Van Klompenburg 10	4) Zoe Heemstra 09
7 Spirit Lake Park 'A'	1:56.50
1) Emily Parks 11	2) Mady Sieperda 10
3) Kaylee Boelter 12	4) Kelsey Delperdang 12

Girls 4x400 Meter Relay Class"B"

=====	
Meet: M 4:02.45	4/17/1999 Elkhorn, Elkhorn
	E. Ohm, K. Bull, A. Schmidt, K. Clark
School	Finals
=====	
1 Dakota Valley 'A'	4:13.27
1) Anna Rasmussen 11	2) Alyssa Johnson 10
3) Sara Bohan 12	4) Marisa Schulz 11
2 Le Mars 'A'	4:16.26
1) Katie McAllister 10	2) Katrina Engebretson 12
3) Annie Ellis 09	4) Sydney Rand 11
3 Glenwood 'A'	4:26.92
1) Arianna Springer 10	2) Savanna Mixan 10
3) Sadey Allgood 09	4) Alysa Jensen 09
4 Spencer 'A'	4:31.83
1) Jenna Dirx 10	2) Abby Weeks 09
3) Kailee Hopkins 09	4) Morgan Roberts 10
5 Cherokee- Wash 'A'	4:32.12
1) Lily Anderson 09	2) Ashlynn Samsel

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 4x400 Meter Relay Class"B"**

3) Kassidy Pingel 09	4) Lindsay Williams 10	
6 Moc-Floyd Valley 'A'		4:34.53
1) Rikkell Nothem 10	2) Hayley McPike 12	
3) Molly Van Klompenburg 10	4) Regan Rowenhorst 11	
7 Oa-Bcig 'A'		4:35.84
1) Jordyn Fredericks 10	2) Sydney Durbin 09	
3) Summit Nielsen 11	4) Sarah Cotton 09	

Girls 800 Sprint Medley Class"B"

=====
 Meet: M 1:54.19 4/23/1987 Sioux Center, Sioux Center
 School Finals
 =====

1 Unity Christian 'A'		1:58.22
1) Janna Vanden Brink 10	2) Anmarie Stuit 10	
3) Anna Kiel 12	4) Mikayla Turek 09	
2 Le Mars 'A'		1:59.18
1) Chaise Benjamin 12	2) Katie McAllister 10	
3) Allison Wilken 12	4) Haylee Cooper 09	
3 Spirit Lake Park 'A'		2:00.13
1) Emily Parks 11	2) Kaylee Boelter 12	
3) Makenna Murray 11	4) Mady Sieperda 10	
4 Spencer 'A'		2:00.82
1) Ashlyn Nissen 09	2) Katelyn Nissen 09	
3) Kailee Hopkins 09	4) Jenna Dirkx 10	
5 Sheldon 'A'		2:01.83
1) Bryn Groff 11	2) Madison Uhl 10	
3) Ashlyn Albrecht 09	4) Kacy Kamphoff 10	
6 Glenwood 'A'		2:03.82
1) Alysa Jensen 09	2) Savanna Mixan 10	
3) Sadey Allgood 09	4) Danielle Hardcastle 09	
7 Moc-Floyd Valley 'A'		2:04.25
1) Regan Rowenhorst 11	2) Corinne Wiese 10	
3) Zoe Heemstra 09	4) Hayley McPike 12	
8 Oa-Bcig 'A'		2:06.26
1) Sarah Cotton 09	2) Summit Nielsen 11	
3) Jordyn Fredericks 10	4) Madison Schiernbeck 09	

Girls 100 Meter Dash Class"C"

=====
 Meet: M 12.06 4/20/1989 Theresa Lux, Westwood

Name	Year	School	Finals	Wind	H#
1 Lindsey Flammang	11	Lawton-Bronson	12.62	NWI	3
2 Debi Hiserote	11	Siouxland Christian	13.29	NWI	3
3 Casey Sutherland	12	Pierce	13.32	NWI	3
4 Karly Marx	09	Elk Point-Jefferson	13.60	NWI	3
5 Lexi Dunn	11	Pierce	13.61	NWI	3
6 Emily Mickelson	11	Elk Point-Jefferson	13.62	NWI	3
7 Jordyn Pester		Charter Oak-Ute	13.63	NWI	2
8 Kortney Fethkenher	09	Ponca Indians	13.65	NWI	3
9 Brianna Jensen	10	Mmcru	13.71	NWI	2
10 Kerragen Hamblen	09	Woodbine	13.87	NWI	2
11 Kerstyn Matusik	09	Woodbine	13.95	NWI	3
12 Emily Gosch	09	Maple Valley A-O	14.47	NWI	2

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 100 Meter Dash Class"C"**

13	Olivia Schumacher	11	River Valley	14.68	1.2	1
14	Erin Zupp	11	River Valley	14.89	1.2	1
15	Madison Kafton	09	Westwood	15.64	1.2	1

Girls 100 Meter Hurdles Class"C"

=====						
Meet: M 15.85 4/18/2015 Morgan Whitehead, Gehlen						
Name	Year	School	Finals	Wind	H#	
=====						
1	Kerstyn Matusik	09	Woodbine	16.91	NWI	2
2	Maggie Brahmer	09	Pierce	17.46	NWI	2
3	Grace Spieker	10	Pierce	17.67	NWI	2
4	Hailey Race	11	Pierce	18.56	NWI	2
5	Raquel Robinson	10	Mmcru	18.64	NWI	1
5	Autumn Fluent	11	Lawton-Bronson	18.64	NWI	2
7	Gretchen Miller	09	Lawton-Bronson	18.67	NWI	2
8	Gabby Todd	12	River Valley	18.90	NWI	2
9	Aubree Palmer	10	Maple Valley A-O	19.18	NWI	1
10	Gwenyth Hoogendyk	09	Siouxland Christian	20.12	NWI	1
11	Hailey Klaschen	12	River Valley	25.10	NWI	1

Girls 4x100 Meter Relay Class"C"

=====						
Meet: M 51.53 4/19/2008 Laurel-Concord, Laurel-Concor						
K Gould, B DeLong, A Lunz, K Jacobsen						
School	Finals					
=====						
1	Pierce 'A'	52.43				
	1) Jaci Brahmer 12	2) Casey Sutherland 12				
	3) Sidney Zimmerer 10	4) Lexi Dunn 11				
2	Lawton-Bronson 'A'	54.03				
	1) Lindsey Flammang 11	2) Lyric Jones 11				
	3) Jenna Wede 11	4) Brooke Hunwardsen 12				
3	Mmcru 'A'	54.13				
	1) Sarah Dreckman 12	2) Raquel Robinson 10				
	3) Emily Moser 11	4) Aspen Woodall 10				
4	Woodbine 'A'	54.39				
	1) Kerstyn Matusik 09	2) Kerragen Hamblen 09				
	3) Ashley Gullickson 09	4) Cheyenne Watkins 09				
5	Ponca Indians 'A'	54.45				
	1) Elizibeth Watchorn 11	2) Cassie Stowe 11				
	3) Racheal Bentz 11	4) Kortney Fethkenher 09				
6	Maple Valley A-O 'A'	54.69				
	1) JoHannah McKibben 10	2) Karlee Wolf 11				
	3) Emily Gosch 09	4) Brenna Lansink 10				
7	West Monona 'A'	55.87				
	1) Jasmine Gaukel 09	2) Ariel Rotnicke 09				
	3) Ciera Gossage 12	4) Bella Shull 12				
8	Gehlen Catholic 'A'	55.96				
	1) Elliotte Herbst 09	2) Kayla Mayer 10				
	3) Abbie Dickman 10	4) Brooke Harpenau 11				

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Girls 4x200 Meter Relay Class"C"**

Meet: M 1:47.98 4/19/2010 Central Lyon, Central Lyon	
M Schleusner, K Eckenrod, K Cuperus, A Ackerman	
School	Finals
1 Pierce 'A'	1:51.61
1) Sidney Zimmerer 10	2) Jaci Brahmer 12
3) Casey Sutherland 12	4) Lexi Dunn 11
2 Mmcru 'A'	1:52.70
1) Sarah Dreckman 12	2) Brianna Jensen 10
3) Emily Moser 11	4) Aspen Woodall 10
3 Lawton-Bronson 'A'	1:54.25
1) Lindsey Flammang 11	2) Jenna Wede 11
3) Brooke Hunwardsen 12	4) Lyric Jones 11
4 Gehlen Catholic 'A'	1:56.49
1) Katelyn Langel 09	2) Kayla Mayer 10
3) Abbie Dickman 10	4) Brooke Harpenau 11
5 Woodbine 'A'	1:57.46
1) Cheyenne Watkins 09	2) Ashley Gullickson 09
3) Abigail Goodrich 09	4) Katie Payne 09
6 West Monona 'A'	2:01.55
1) Jasmine Gaukel 09	2) Ariel Rotnicke 09
3) Ciera Gossage 12	4) Bella Shull 12
7 Maple Valley A-O 'A'	2:02.27
1) Morgan Todd 11	2) Emily Gosch 09
3) Hayley Drenkhahn 09	4) Aubree Palmer 10
8 River Valley 'A'	2:11.88
1) Gabby Todd 12	2) Hailey Klaschen 12
3) Hannah Colshan 09	4) Olivia Schumacher 11

Girls 4x400 Meter Relay Class"C"

Meet: M 4:08.95 4/18/2015 Dakota Valley, Dakota Valle	
A Rasmussen, A Johnson, S Bohan, M Schulz	
School	Finals
1 Maple Valley A-O 'A'	4:20.40
1) JoHannah McKibben 10	2) Karlee Wolf 11
3) Morgan Todd 11	4) Emalee Fundermann 12
2 Mmcru 'A'	4:22.30
1) Sarah Dreckman 12	2) Raquel Robinson 10
3) Emily Moser 11	4) Aspen Woodall 10
3 Ponca Indians 'A'	4:28.34
1) Sophie Kramper 10	2) Racheal Bentz 11
3) Kortney Fethkenher 09	4) Cassie Stowe 11
4 Woodbine 'A'	4:34.13
1) Abigail Goodrich 09	2) Kaelin Armstrong 09
3) Cheyenne Watkins 09	4) Katie Payne 09
5 Gehlen Catholic 'A'	4:41.83
1) Katelyn Langel 09	2) Paris Schroeder 12
3) Anna Britt 09	4) Krayton Schnepf 12
6 Lawton-Bronson 'A'	4:47.03
1) Brooke Hunwardsen 12	2) Kylie Horsley 11
3) Autumn Fluent 11	4) Kaitlyn Ricke 09
7 Siouxland Christian 'A'	4:54.12
1) Gwenyth Hoogendyk 09	2) Rebekah Galli 10

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 4x400 Meter Relay Class"C"**

3) Donie Hiserote 10	4) Debi Hiserote 11
8 Westwood 'A'	5:00.22
1) Kelsey Shilling 11	2) Madison Kafton 09
3) MacKenzi Brinkman 11	4) Heather East 11

Girls 800 Sprint Medley Class"C"

=====			
Meet: M 1:55.73 4/20/1990 Westwood, Westwood			
School		Finals	H#
=====			
1 Elk Point-Jefferson 'A'		1:57.89	2
1) Emily Mickelson 11	2) Ally Nearman 09		
3) Karly Marx 09	4) Josie Heeren 12		
2 Maple Valley A-O 'A'		1:58.07	2
1) Brenna Lansink 10	2) Karlee Wolf 11		
3) JoHannah McKibben 10	4) Morgan Todd 11		
3 Mmcru 'A'		1:58.94	2
1) Sarah Dreckman 12	2) Emily Moser 11		
3) Brianna Jensen 10	4) Aspen Woodall 10		
4 Lawton-Bronson 'A'		1:59.28	2
1) Lyric Jones 11	2) Jenna Wede 11		
3) Lindsey Flammang 11	4) Brooke Hunwardsen 12		
5 South O'Brien 'A'		2:03.87	2
1) Madalyn Sampson 10	2) Isabelle Faust 10		
3) Courtney Rehder 12	4) Whitney Sickelka 11		
6 Gehlen Catholic 'A'		2:04.52	2
1) Elliotte Herbst 09	2) Kayla Mayer 10		
3) Abbie Dickman 10	4) Brooke Harpenau 11		
7 Woodbine 'A'		2:04.60	2
1) Kerstyn Matusik 09	2) Kerragen Hamblen 09		
3) Cheyenne Watkins 09	4) Katie Payne 09		
8 Siouxland Christian 'A'		2:05.87	1
1) Rebekah Galli 10	2) Courtney Nelson 11		
3) Donie Hiserote 10	4) Debi Hiserote 11		
9 Westwood 'A'		2:10.10	1
1) Madison Kafton 09	2) MacKenzi Brinkman 11		
3) Heather East 11	4) Kelsey Shilling 11		
10 River Valley 'A'		2:16.84	1
1) Olivia Schumacher 11	2) Hailey Klaschen 12		
3) Gabby Todd 12	4) Erin Zupp 11		

Girls 800 Meter Run OHS

=====			
Meet: M 2:10.36 4/18/2011 Shelby Houlihan, East			
Name	Year School	Finals	
=====			
1 Lauren Van Dyke	10 Sioux City East	2:22.30	
2 Josie Heeren	12 Elk Point-Jefferson	2:25.71	
3 Emalee Fundermann	12 Maple Valley A-O	2:25.83	
4 Kelsi Kearney	11 Sioux Falls Wash.	2:26.57	
5 Sydney Rand	11 Le Mars	2:30.64	
6 Suzanne Putze	Kingsly-P/Wood-C	2:31.11	
7 Brooke Hunwardsen	12 Lawton-Bronson	2:32.43	
8 Ashley Aesoph	09 Bishop Heelan	2:36.56	
9 Cassie Stowe	11 Ponca Indians	2:37.57	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 800 Meter Run OHS**

10 Anessa Schoo	09 Sheldon	2:37.86
11 Abbie Dickman	10 Gehlen Catholic	2:38.09
12 Kaylee Colling	10 Mmcru	2:38.61
13 McKenzie Coyle	10 Sc- North	2:39.63
14 Hannah Hutchinson	09 Bishop Heelan	2:40.47
15 KayLynne Bechen	Kingsly-P/Wood-C	2:40.64
16 Kaelin Armstrong	09 Woodbine	2:43.87
17 Caroline Point	12 Sioux Falls Wash.	2:51.90
18 Sydney McManamy	12 Sioux City East	2:52.93

Girls 1500 Meter Run OHS

Meet: M 4:30.67 4/23/2011 Shelby Houlihan, East			
Name	Year	School	Finals
1 Josie Heeren	12	Elk Point-Jefferson	5:03.40
2 Marisa Schulz	11	Dakota Valley	5:06.84
3 Suzanne Putze		Kingsly-P/Wood-C	5:08.34
4 Avery Lester	11	Sioux City East	5:09.59
5 Carlie Kray	10	Sioux Falls Wash.	5:12.78
6 Katie Broers	11	Unity Christian	5:15.79
7 Madison Schiernbeck	09	Oa-Bcig	5:17.23
8 Lillyana Yebra	11	Sc- North	5:17.54
9 Anneke Knauss	11	Unity Christian	5:18.11
10 Claire Jones	10	CB Abraham Lincoln	5:20.70
11 Kourtney Delperdang	09	Spirit Lake Park	5:21.79
12 Hannah Hutchinson	09	Bishop Heelan	5:26.36
13 Maddie Hurt	09	Le Mars	5:27.96
14 Kaitlyn Fischer	11	Sioux Falls Wash.	5:28.89
15 Annie Jensen	10	Bishop Heelan	5:29.01
16 Sydney McManamy	12	Sioux City East	5:29.19
17 Anessa Schoo	09	Sheldon	5:29.49
18 Emma Van Meeteren	12	Sheldon	5:30.11
19 Kelsey Lang	12	Moc-Floyd Valley	5:30.60
20 Aubrey McIntyre	09	Glenwood	5:32.11
21 Ashlyn Peck	09	Bishop Heelan	5:33.53
22 Lacey Jackson	09	Glenwood	5:41.04
23 KayLynne Bechen		Kingsly-P/Wood-C	5:42.19
24 Emma De Groot	09	Moc-Floyd Valley	5:47.09
25 Kylee Davis	10	Sc- North	6:11.38
26 Delanie Coady	09	South O'Brien	6:27.90

Girls 3000 Meter Run OHS

Meet: M 9:57.23 4/23/2005 Ramsey Kavan, Yankton			
Name	Year	School	Finals
1 Avery Lester	11	Sioux City East	11:03.56
2 Morgan Roberts	10	Spencer	11:17.07
3 Emma Van Meeteren	12	Sheldon	11:18.58
4 Erin Bandstra	12	Unity Christian	11:21.72
5 Maddie Hurt	09	Le Mars	11:22.30
6 Annie Jensen	10	Bishop Heelan	11:22.61
7 Anneke Knauss	11	Unity Christian	11:25.42
8 Aubrey McIntyre	09	Glenwood	11:39.33

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 3000 Meter Run OHS**

9 Lillyana Yebra	11 Sc- North	11:54.51
10 Madison Schiernbeck	09 Oa-Bcig	11:58.69
11 Kierra McKernan	10 Sioux City West	12:06.10
12 Alyssa Krohn	12 Moc-Floyd Valley	12:12.82
13 Shayna Skokan	12 Sioux City East	12:18.85
14 Kiley Boeshart	11 Bishop Heelan	12:24.56
15 Lorena Martinez	09 Sc- North	12:39.64
16 Gabby Plagge	11 Le Mars	12:41.60
17 Alyssa Mason	09 Oa-Bcig	12:49.22
18 Felicia Arellano	11 Glenwood	12:54.42
19 Carly Meister	Kingsly-P/Wood-C	13:17.26
20 Shayna Gries	12 West Monona	13:35.98
21 Kayla Brady	12 Mmcru	13:39.47
22 Linzey Goeddeke	10 Maple Valley A-O	13:55.53
23 Samantha Burkhart	09 Westwood	13:57.77

Girls 400 Meter Hurdles OHS

Meet: M 1:04.92 4/19/2006 Jacqui Kalin, SC North

Name	Year School	Finals	H#
1 Molly Dean	12 Glenwood	1:04.55M	3
2 Anmarie Stuit	10 Unity Christian	1:08.20	3
3 Emalee Fundermann	12 Maple Valley A-O	1:09.36	3
4 Paige Hanson	10 Sioux City East	1:11.05	2
5 Raquel Robinson	10 Mmcru	1:11.11	2
6 Katelyn Wilwerding	09 Glenwood	1:11.39	3
7 Sara Bohan	12 Dakota Valley	1:11.50	3
8 Lindsay Williams	10 Cherokee- Wash	1:12.69	3
9 Kierra McKernan	10 Sioux City West	1:13.64	2
10 Kayla Van Meeteren	12 Sheldon	1:14.30	2
11 Autumn Fluent	11 Lawton-Bronson	1:14.39	3
12 Sierra Gross	11 Spirit Lake Park	1:15.36	2
13 Sam McGowan	10 Bishop Heelan	1:15.39	2
14 Makayla Hansen	12 South Sioux City	1:15.60	1
15 Amanda Schwartz	12 Le Mars	1:15.76	2
16 Rachel Joines	11 Bishop Heelan	1:17.35	1
17 Kate Gill	09 Bishop Heelan	1:17.96	1
18 Baylee Needs	10 Le Mars	1:19.32	1
19 Alexa Timmerman	09 Cherokee- Wash	1:20.25	1
20 Maddy Tolk	11 Sheldon	1:21.66	2
21 Gwenyth Hoogendyk	09 Siouxland Christian	1:22.92	1
22 Cook Lauren	09 Sioux City West	1:24.97	1

Girls 4x800 Meter Relay OHS

Meet: M 9:15.76 4/19/2006 SF Roosevelt, Sioux Falls R
B. Thune, D. Dalon, A. Eckert, K. Eckert

School	Finals
1 Bishop Heelan 'A'	10:03.97
1) Lauren Luft 12	2) Ashley Aesoph 09
3) Callie Doohen 10	4) Madison Jochum 09
2 Maple Valley A-O 'A'	10:18.17
1) Morgan Todd 11	2) JoHannah McKibben 10

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Girls 4x800 Meter Relay OHS

3) Karlee Wolf 11	4) Emalee Fundermann 12	
3 Sioux Falls Wash. 'A'		10:21.76
1) Carlie Kray 10	2) Kaitlyn Fischer 11	
3) Kelsi Kearney 11	4) Caroline Point 12	
4 Unity Christian 'A'		10:23.27
1) Mikayla Turek 09	2) Katlyn Hoogland 10	
3) Anna Kiel 12	4) Katie Broers 11	
5 Spencer 'A'		10:24.17
1) Jenna Dirkx 10	2) Olivia Hamilton 10	
3) Morgan Roberts 10	4) Abby Weeks 09	
6 Kingsly-P/Wood-C 'A'		10:28.16
1) Suzanne Putze	2) Rylee Wright	
3) Madison Goodwin	4) KayLynne Bechen	
7 Glenwood 'A'		10:29.13
1) Arianna Springer 10	2) Myranda Starner 12	
3) Lacey Jackson 09	4) Danielle Hardcastle 09	
8 Moc-Floyd Valley 'A'		10:43.43
1) Kelsey Lang 12	2) Hayley McPike 12	
3) Rikkell Nothem 10	4) Alyssa Krohn 12	
9 Sheldon 'A'		10:49.17
1) Kayla Van Meeteren 12	2) Anessa Schoo 09	
3) Kacy Kamphoff 10	4) Emma Van Meeteren 12	
10 Cherokee- Wash 'A'		11:05.29
1) Lily Anderson 09	2) Aangel Stevens	
3) Kaely Hummel 12	4) Chelsea Cave 12	
11 Sc- North 'A'		11:17.33
1) Lillyana Yebra 11	2) McKenzie Coyle 10	
3) Brenda Phillips 09	4) Kylee Davis 10	
12 Lawton-Bronson 'A'		11:28.28
1) Sloane Harris 09	2) Kylie Horsley 11	
3) Elise Reinke 09	4) Kaitlyn Ricke 09	
13 South O'Brien 'A'		11:32.48
1) Isabelle Faust 10	2) Courtney Rehder 12	
3) Wylee Sickelka 09	4) Whitney Sickelka 11	
14 Oa-Bcig 'A'		11:34.65
1) Madison Schiernbeck 09	2) Alyssa Mason 09	
3) Brooklyn Hoffman 09	4) Skylar Reis 11	

Girls 4x100 Meter Shuttle Hurdle OHS

=====

Meet: M 1:07.91 4/13/2013 Spencer, Spencer
A Meister, K Kramer, K Rhode, T Glover

School	Finals	H#
=====		
1 Glenwood 'A'	1:06.86M	2
1) Molly Dean 12	2) Miranda Ruth 12	
3) Olivia Scarborough 12	4) Katelyn Wilwerding 09	
2 Oa-Bcig 'A'	1:11.71	1
1) Olivia Devitt 12	2) Brittany Hamann 12	
3) Kirsten Dausel 09	4) Summit Nielsen 11	
3 Sheldon 'A'	1:11.97	2
1) Bryn Groff 11	2) Ashlyn Albrecht 09	
3) Madison Uhl 10	4) Maddy Tolk 11	
4 Sioux Falls Wash. 'A'	1:12.73	1
1) Mearah Miedema 12	2) Isabel Kinzer 11	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Girls 4x100 Meter Shuttle Hurdle OHS

3) Camryn Burgers 09	4) Reagan Henderson 10		
5 Bishop Heelan 'A'		1:14.62	1
1) Katie Rizk 10	2) Brooke Doohen 10		
3) Kate Gill 09	4) Sam McGowan 10		
6 Spencer 'A'		1:20.85	2
1) Ashlyn Nissen 09	2) Morgan Roberts 10		
3) Emma VerSteege 09	4) Brandi Botcher 11		
-- Le Mars 'A'			DQ 2
1) Cassidy Utesch 12	2) Brooke Alesch 09		
3) Annie Ellis 09	4) Amanda Schwartz 12		

Girls High Jump OHS

Meet: M 5-07.50 4/20/2006 Megan Glisar, Hanah Wilkinson, SBL, E

Name	Year School	Finals	
1 Madison Harms	09 Sb-Luton	5-04.00	1.62m
2 Jaci Brahmer	12 Pierce	J5-04.00	1.62m
3 Sydney Durbin	09 Oa-Bcig	5-02.00	1.57m
3 Maggie Brahmer	09 Pierce	5-02.00	1.57m
5 Carissa Powell	11 South Sioux City	J5-02.00	1.57m
6 Taylor Copple	10 Sioux City East	5-00.00	1.52m
7 Ashley Hohenstein	11 South Sioux City	J5-00.00	1.52m
8 Katrina Engebretson	12 Le Mars	4-10.00	1.47m
8 Anna Kiel	12 Unity Christian	4-10.00	1.47m
8 Aubrey Miedema	10 Sioux Falls Wash.	4-10.00	1.47m
8 Kelsi Ryan	10 Sb-Luton	4-10.00	1.47m
8 Nikita Reinsschmidt	10 Dakota Valley	4-10.00	1.47m
13 Anna Lucas	10 Sb-Luton	J4-10.00	1.47m
13 Sam McGowan	10 Bishop Heelan	J4-10.00	1.47m
13 Sidney Zimmerer	10 Pierce	J4-10.00	1.47m
13 Katelyn Gebel	Kingsly-P/Wood-C	J4-10.00	1.47m
13 Kirsten Dausel	09 Oa-Bcig	J4-10.00	1.47m
13 Kirstin Sykes	09 Sioux City East	J4-10.00	1.47m
19 Alyssa Johnson	10 Dakota Valley	4-08.00	1.42m
19 Kourtney Delperdang	09 Spirit Lake Park	4-08.00	1.42m
19 Jordyn Pester	Charter Oak-Ute	4-08.00	1.42m
19 Jadeyn Schutt	09 Moc-Floyd Valley	4-08.00	1.42m
-- Danielle Hardcastle	09 Glenwood		NH

Girls Long Jump OHS

Meet: M 17-09.50 4/20/1996 Delena Hanes, Bellvue West

Name	Year School	Finals	Wind	
1 Sara Bohan	12 Dakota Valley	16-05.75	NWI	5.02m
2 Mikayla Turek	09 Unity Christian	16-05.50	NWI	5.01m
3 Shelby Bretschneider	12 Pierce	16-04.75	NWI	4.99m
4 Ashlyn Albrecht	09 Sheldon	15-11.50	NWI	4.86m
5 Bre Richardson	11 Sioux Falls Wash.	15-10.50	NWI	4.83m
6 Emily VanBockern	11 Sioux Falls Wash.	15-10.00	NWI	4.82m
7 Emerson Latham	09 Spirit Lake Park	15-06.50	NWI	4.73m
8 Brianna Jensen	10 Mmcru	15-06.00	NWI	4.72m
9 Kori Fischer	11 South Sioux City	15-03.50	NWI	4.66m
10 Elizibeth Watchorn	11 Ponca Indians	15-02.00	NWI	4.62m

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls Long Jump OHS**

11 Debi Hiserote	11 Siouxland Christian	15-00.00	NWI	4.57m
12 Kaycee Clark	12 Glenwood	14-11.50	NWI	4.55m
13 Katelyn Wilwerding	09 Glenwood	14-09.75	NWI	4.51m
14 Molly Van Klompenburg	10 Moc-Floyd Valley	14-08.00	NWI	4.47m
14 Sidney Steffen	Kingsly-P/Wood-C	14-08.00	NWI	4.47m
16 Whitney Sickelka	11 South O'Brien	14-07.50	NWI	4.45m
17 Lexi Dunn	11 Pierce	14-03.75	NWI	4.36m
18 Jadeyn Schutt	09 Moc-Floyd Valley	14-03.50	NWI	4.35m
19 Giselle Briones	12 Sioux City West	14-02.00	NWI	4.31m
20 Gabby Todd	12 River Valley	13-11.00	NWI	4.24m
21 Elliotte Herbst	09 Gehlen Catholic	13-10.75	NWI	4.23m
21 Morgan Wolff	12 Spirit Lake Park	13-10.75	NWI	4.23m
23 Brittany Hamann	12 Oa-Bcig	13-10.50	NWI	4.22m
24 Abby Wisecup	09 Sb-Luton	13-09.75	NWI	4.21m
25 Hailey Klaschen	12 River Valley	13-06.25	NWI	4.12m
26 Sidonia Davis	11 Sc- North	13-05.50	NWI	4.10m
27 Ellie Moeller	11 Pierce	13-04.00	NWI	4.06m
28 Isabelle Faust	10 South O'Brien	12-08.50	NWI	3.87m

Girls Shot Put OHS

=====				
Meet: M 45-01.25 4/20/1989 Lisa VanSteenwyk, West Lyons				
Name	Year	School	Finals	
=====				
1 Kiana Phelps	12	Kingsly-P/Wood-C	14.70m	48-02.75
2 Brandi Botcher	11	Spencer	12.04m	39-06.00
3 Linnaea Konfrst	12	Glenwood	11.98m	39-03.75
4 Morgan De Jong	11	Moc-Floyd Valley	11.86m	38-11.00
5 Ali Verzani	12	Lawton-Bronson	11.41m	37-05.25
6 Olivia Dagel	11	Cherokee- Wash	10.96m	35-11.50
7 Jadin Wagner	11	Lawton-Bronson	10.91m	35-09.50
8 Caitlin Spurgin	10	CB Abraham Lincoln	10.70m	35-01.25
9 Haley Palmer	11	Glenwood	10.64m	34-11.00
10 Sarah Sponder	12	Sioux City East	10.54m	34-07.00
11 Jenna Saylor	09	Sioux Falls Wash.	10.21m	33-06.00
12 Erin Tomoson		Kingsly-P/Wood-C	10.03m	32-11.00
13 Brooklyn Cougill	10	Bishop Heelan	10.02m	32-10.50
14 Dani Lane	12	South Sioux City	10.00m	32-09.75
14 Kaylee Dvorak	09	Pierce	10.00m	32-09.75
16 Meghan Hettinga	10	Moc-Floyd Valley	9.98m	32-09.00
17 Jenna Cox	11	South Sioux City	9.94m	32-07.50
18 Meredith Lammers	10	Dakota Valley	9.87m	32-04.75
19 Haley Hoogers	09	Sc- North	9.86m	32-04.25
20 Brooklyn Vanthuyne	11	Sb-Luton	9.74m	31-11.50
21 Kitty Turner	10	Sioux City West	9.73m	31-11.25
22 Kadie Bauer	11	South O'Brien	9.68m	31-09.25
23 Gianni Gurneau	12	Sc- North	9.56m	31-04.50
23 Stephanie Heuertz	11	Gehlen Catholic	9.56m	31-04.50
25 Josie Fagen	11	Spirit Lake Park	9.50m	31-02.00
26 Katelynn Mullin	10	Maple Valley A-O	9.31m	30-06.50
27 Jatelyn Jessen	11	Oa-Bcig	9.07m	29-09.25
28 Bethany DeBoer	12	South O'Brien	8.71m	28-07.00
29 Courtney Peters	11	Oa-Bcig	8.60m	28-02.75

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Girls Discus Throw OHS**

=====				
Meet: M 151-08 4/20/2003 Rachel Jansen, MOC-Floyd Valley				
Name	Year	School	Finals	
=====				
1	Kiana Phelps	12 Kingsly-P/Wood-C	159-01M	48.48m
2	Linnaea Konfrst	12 Glenwood	129-00	39.31m
3	Kirstin Leisinger	Charter Oak-Ute	120-06	36.72m
4	Sarah Sponder	12 Sioux City East	116-02	35.40m
5	Olivia Dagel	11 Cherokee- Wash	114-04	34.84m
6	Regan Plendl	Kingsly-P/Wood-C	113-05	34.56m
7	Morgan De Jong	11 Moc-Floyd Valley	109-00	33.22m
8	Sophie Swanson	10 South Sioux City	107-08	32.81m
9	Ali Verzani	12 Lawton-Bronson	105-11	32.28m
10	Meredith Lammers	10 Dakota Valley	103-10	31.64m
11	Kadie Bauer	11 South O'Brien	102-01	31.11m
12	Grace Hildahl	10 Sioux City East	100-06	30.63m
13	Kate Asmus	12 Pierce	99-06	30.32m
14	Jenna Cox	11 South Sioux City	96-02	29.31m
15	Caitlin Spurgin	10 CB Abraham Lincoln	95-06	29.10m
16	Myranda Starner	12 Glenwood	95-03	29.03m
17	Meghan Hettinga	10 Moc-Floyd Valley	94-03	28.72m
18	Elizabeth Lammers	10 Dakota Valley	93-08	28.54m
19	Jadin Wagner	11 Lawton-Bronson	92-07	28.21m
20	Haley Hoogers	09 Sc- North	92-06	28.19m
21	Brandi Sporleder	12 Pierce	91-10	27.99m
22	Megan Maass	12 Mmcru	91-09	27.96m
23	Dani Lane	12 South Sioux City	91-04	27.83m
23	Taylor Brown	10 Sb-Luton	91-04	27.83m
25	Josie Fagen	11 Spirit Lake Park	88-10	27.07m
25	Peyton Turner	10 Mmcru	88-10	27.07m
27	Hannah DeWild	11 Spirit Lake Park	85-05	26.03m
28	Kaylee Dvorak	09 Pierce	84-04	25.70m
29	Jill Kessenich	12 Gehlen Catholic	83-05	25.42m
30	Sydney Biermann	09 Glenwood	80-05	24.51m
31	Bethany DeBoer	12 South O'Brien	78-09	24.00m

Girls 800 Meter Run 9th Grade

=====				
Meet: M 2:39.27 4/17/2015 Anna Peterson, Bishop Heela				
Name	Year	School	Finals	
=====				
1	Madison Jochum	09 Bishop Heelan	2:31.49M	
2	Ashley Aesoph	09 Bishop Heelan	2:32.41M	
3	Ashlyn Peck	09 Bishop Heelan	2:37.18M	
4	Joselyn Hill	09 Sioux City East	2:39.23M	
5	Alee Lewis	09 Sioux City East	2:40.10	
6	Alyssa Mason	09 Oa-Bcig	2:46.85	
7	Brenda Phillips	09 Sc- North	2:46.91	
8	Brooklyn Hoffman	09 Oa-Bcig	2:50.87	
9	AnnDea Boetger	09 Sc- North	3:00.54	
10	Morgan Avise	09 Le Mars	3:10.92	
11	Hanna Francksen-Small	09 Le Mars	3:17.46	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

Girls 4x100 Meter Relay 9th Grade

Meet: M 52.62 4/21/2006 Bishop Heelan, Heelan		
J Bennett, D Merchant, S Kuehl, M Irwin		
School		Finals
1 Oa-Bcig 'A'		55.29
1) Meg Nakazawa 09	2) Sarah Cotton 09	
3) Kirsten Dausel 09	4) Sydney Durbin 09	
2 Sioux City West 'A'		56.20
1) Mikayla Mozak 09	2) Madison Felix 09	
3) Brooklyn Webb 09	4) Allyson Smith 09	
3 Sc- North 'A'		57.56
1) Leila Quintanilla 09	2) Shay Sargent 09	
3) Khrysa Zinn 09	4) Ariel Coleman-Mitchell 09	
4 Le Mars 'A'		57.66
1) Brianna Kibby 09	2) Ellie Beitelspacher 09	
3) Jaiden Davison 09	4) Karissa Ellis 09	
5 Sioux City East 'A'		59.46
1) Myerra Parker 09	2) Hannah Holder 09	
3) Caitlyn Erick 09	4) Kayleigh Calvillo 10	

Girls 4x200 Meter Relay 9th Grade

Meet: M 1:51.38 4/18/1990 South Sioux City, South Sio		
K. Miller, K. Ericksen, T. Redler, S. Hames		
School		Finals
1 Oa-Bcig 'A'		1:56.50
1) Meg Nakazawa 09	2) Kirsten Dausel 09	
3) Sarah Cotton 09	4) Sydney Durbin 09	
2 Sioux City East 'A'		1:57.06
1) Myerra Parker 09	2) Caitlyn Erick 09	
3) Alejandra Uribe 09	4) Kayleigh Calvillo 10	
3 Sc- North 'A'		2:01.32
1) Leila Quintanilla 09	2) Shay Sargent 09	
3) Khrysa Zinn 09	4) Ariel Coleman-Mitchell 09	
4 Sioux City West 'A'		2:04.03
1) Mikayla Mozak 09	2) Madison Felix 09	
3) Brooklyn Webb 09	4) Vanessa Orozco 09	
5 Bishop Heelan 'A'		2:06.84
1) Gabby Kukuk 09	2) Elizabeth Clay 09	
3) Kate Gill 09	4) Hannah Hutchinson 09	
6 Le Mars 'A'		2:08.02
1) Brianna Kibby 09	2) Ellie Beitelspacher 09	
3) Morgan Avise 09	4) Karissa Ellis 09	

Girls 4x400 Meter Relay 9th Grade

Meet: M 4:22.16 4/20/2005 Bishop Heelan, Bishop Heela		
H. Maly, T. Tigges, L. Harbeck, S. McCauley		
School		Finals
1 Bishop Heelan 'A'		4:31.22
1) Kate Gill 09	2) Ashlyn Peck 09	
3) Hannah Hutchinson 09	4) Ashley Aesoph 09	
2 Oa-Bcig 'A'		4:38.77

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 4x400 Meter Relay 9th Grade**

1) Alyssa Mason 09	2) Brooklyn Hoffman 09	
3) Sarah Cotton 09	4) Sydney Durbin 09	
3 Sioux City East 'A'		4:41.52
1) Alejandra Uribe 09	2) Akia Simpson 09	
3) Ashley Flynn 09	4) Kayla Washington 09	
4 Sioux City West 'A'		4:57.62
1) Brooklyn Webb 09	2) Vanessa Orozco 09	
3) Cook Lauren 09	4) Allyson Smith 09	
5 Le Mars 'A'		5:19.06
1) Camille Plagge 09	2) Hanna Francksen-Small 09	
3) Morgan Avise 09	4) Ellie Beitelspacher 09	

Girls 4x100 Meter Relay 6th Grade

=====
 Meet: M 59.92 4/11/2014 West Middle School, West Midd
 School Finals
 =====

1 West MS 6th 'A'		58.92M
1) Kishonna Walker 06	2) CeCe Bauer 06	
3) Holly Duax 06	4) Tionna Barnes 06	
2 North MS 6th 'A'		59.79M
1) Adriel Simien 06	2) Adalyn Harris 06	
3) Olivia Swanson 06	4) Ireland Lanagan 06	
3 East MS 6th 'A'		59.89M
4 East MS 6th 'B'		1:01.78
5 North MS 6th 'B'		1:09.21
1) Jasmine Carson 06	2) Alexandria Radcliffe 06	
3) Marah Ramirez 06	4) Esmeralda Nuno-Ruttkay 06	

Girls 800 Meter Run 7th Grade

=====
 Meet: M 2:40.06 4/17/2015 Amber Aesoph, Bishop Heelan
 Name Year School Finals
 =====

1 Linkynn Garrett	07 Sbl	2:52.22
2 Katherine Aymar	07 Sbl	2:54.41
3 Yesenia Barideras	07 Ssc 7th Girls	2:55.10
4 Emma Hutchinson	09 Bishop Catholic MS	2:59.21
5 Gracie Roberts	7 West Middle School	2:59.91
6 Catalina Martinez	7 West Middle School	3:01.45
7 Kylee McElmeel	07 North Middle 8th	3:02.71
8 Ella Meyers	07 Ssc 7th Girls	3:03.56
9 Taylor Wilshire	09 Bishop Catholic MS	3:05.24
10 Olivia Baier	07 North Middle 8th	3:08.15
11 Anna Marburer	07 East Middle	3:14.19

Girls 4x100 Meter Relay 7th Grade

=====
 Meet: M 56.19 4/11/2014 South Sioux City Middle Girls
 School M Sims, T Christensen, B Comstock, S Guzman
 Finals
 =====

1 Bishop Catholic MS 'A'		58.44
1) Payton Monroe 09	2) Jordan Knapp 09	
3) Maya Bishwakarma 09	4) Mary Allen 09	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Girls 4x100 Meter Relay 7th Grade

2 East Middle 'A'		58.84
1) Stephanie Campo 07	2) Hannah Bricker 07	
3) Natalie Cloud 07	4) Kilie Junck 07	
3 North Middle 8th 'A'		59.48
1) Caitlyn Miller 07	2) Olivia O'Brien 07	
3) Payton Risetter 07	4) Bailey Becker 07	
4 Sbl 'A'		59.61
1) Linkynn Garrett 07	2) Katherine Aymar 07	
3) Abby Lewis 07	4) Kennedy Mathison 07	
5 Dakota Valley MS 'A'		1:00.02
1) Jenna McCabe 07	2) Chloe Stout 07	
3) Rachel Rosenquist 07	4) Lauren Okine 07	
6 Ssc 7th Girls 'A'		1:02.94
1) Yesenia Barideras 07	2) Valeria Salcido 07	
3) Alethea Manker 07	4) Carolina Ramirez 07	
7 West Middle School 'A'		1:04.92
1) Elexis Hamman 7	2) Nia Moore 7	
3) Madison Evans 7	4) Yesenia Montes 7	

Girls 4x200 Meter Relay 7th Grade

=====
 Meet: M 2:01.10 4/17/2015 Sbl MS, Sgt. Bluff-Luton
 K Haverdink, H Brester, L Orduno, E Christensen
 School Finals
 =====

1 Sbl 'A'		2:04.27
1) Linkynn Garrett 07	2) Katherine Aymar 07	
3) Abby Lewis 07	4) Daisy Hiserote 07	
2 North Middle 8th 'A'		2:04.64
1) Elise Harvey-Harahap 07	2) Caitlyn Miller 07	
3) Kelsee Davis 07	4) Olivia O'Brien 07	
3 Dakota Valley MS 'A'		2:08.53
1) Jenna McCabe 07	2) Abby Wheatley 07	
3) Rachel Rosenquist 07	4) Lauren Okine 07	
4 Ssc 7th Girls 'A'		2:12.49
1) Khaia Herron 07	2) Kyra Fischer 07	
3) Hannah Strom 07	4) Jalen Galvin 07	
5 West Middle School 'A'		2:14.86
1) Elexis Hamman 7	2) Nia Moore 7	
3) Madison Evans 7	4) Yesenia Montes 7	
6 East Middle 'A'		2:18.31
1) Cody Rodecker 07	2) Marissa Cliff 07	
3) Katie Lammers 07	4) Kilie Junck 07	
-- Bishop Catholic MS 'A'		DQ
1) Sarah Glover 09	2) Allie Stanek 09	
3) Maya Bishwakarma 09	4) Mary Kate Fitzsimmons 09	

Girls 800 Meter Run 8th Grade

=====
 Meet: M 2:33.56 4/17/2010 Cassie Geopfert, East Middl
 Name Year School Finals
 =====

1 Amber Aesoph	09 Bishop Catholic MS	2:36.68
2 Olivia Barnes	08 East Middle	2:40.26
3 Katelyn Stanley	09 Bishop Catholic MS	2:40.32

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 800 Meter Run 8th Grade**

4 Lily Mollet	08 East Middle	2:47.89
5 Alexia Lynn	08 Sbl	2:54.22
6 Sarah Tindall	08 Ssc 8th boys	2:58.01
7 Ruby Castillo	08 Ssc 8th boys	3:02.58
8 Liliana Orduno	08 Sbl	3:02.85
9 Michelle Sanchez	08 North Middle 8	3:09.49
10 Kiara Tott	08 North Middle 8	3:13.52

Girls 4x100 Meter Relay 8th Grade

=====		
Meet: M 54.74 4/17/2014 North Middle, North Middle		
K Mulder, M Coyle A Topete M Peak-Wallace		
School		Finals
=====		
1 West Middle School 'A'		55.31
1) Madison Burge 8	2) Laken Gardner 8	
3) Sydney Edwards 8	4) Braedyn Downs 8	
2 Ssc 8th boys 'A'		57.72
1) Kenna Comstock 08	2) Daisy Coleman 08	
3) Megan Hansen 08	4) Zandria DeLao 08	
3 East Middle 'A'		57.77
1) Katlynn Tucker 08	2) Hope Dowson 08	
3) Lynsey Wilson 08	4) McKenna Inlay 08	
4 Sbl 'A'		58.53
1) Alexia Lynn 08	2) Halle Brester 08	
3) Kate Stangel 08	4) Emma Christensen 08	
5 Bishop Catholic MS 'A'		59.95
1) Madison Streeter 09	2) Kiana Fjeldheim 09	
3) Sydney Pratt 09	4) Meredith Townley 09	
6 North Middle 8 'A'		1:00.20
1) Kenidi Valladolid 08	2) Karina Esquivel 08	
3) Ashley Lillard 08	4) Emonie Gorman 08	

Girls 4x200 Meter Relay 8th Grade

=====		
Meet: M 1:57.06 4/11/2014 North Middle 8, North Middl		
T Kelley, S Brand, K Mulder, K Glisar		
School		Finals
=====		
1 Bishop Catholic MS 'A'		2:00.25
1) Meredith Townley 09	2) Lizbeth Marquez 09	
3) Madison Streeter 09	4) Katelyn Stanley 09	
2 West Middle School 'A'		2:01.08
1) Kennedy Jaerger 8	2) Laken Gardner 8	
3) Sydney Edwards 8	4) Braedyn Downs 8	
3 Sbl 'A'		2:01.57
1) Karissa Haverdink 08	2) Halle Brester 08	
3) Liliana Orduno 08	4) Emma Christensen 08	
4 East Middle 'A'		2:02.06
1) Katlynn Tucker 08	2) Josie Blake 08	
3) Madie Van Dyke 08	4) McKenna Inlay 08	
5 Ssc 8th boys 'A'		2:06.50
1) Tiffany Tinker 08	2) Hailey Munoz 08	
3) Ruby Castillo 08	4) Zandria DeLao 08	
6 North Middle 8 'A'		2:06.69

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Girls 4x200 Meter Relay 8th Grade**

- | | |
|-----------------------|----------------------|
| 1) Karina Esquivel 08 | 2) Ashley Lillard 08 |
| 3) Maddy Vollmer 08 | 4) Emonie Gorman 08 |

Girls 4x400 Meter Relay 8th Grade

Meet: M 4:28.50 4/11/2014 North Middle 8, North Middl
M Coyle, S Brand, K Glisar, K Mulder

School Finals

- | | |
|--------------------------|------------------------|
| 1 East Middle 'A' | 4:37.16 |
| 1) Lily Mollet 08 | 2) Madie Van Dyke 08 |
| 3) Kennedy McCloy 08 | 4) Olivia Barnes 08 |
| 2 Bishop Catholic MS 'A' | 4:39.31 |
| 1) Katelyn Stanley 09 | 2) Sydney Pratt 09 |
| 3) Liz Albensius 09 | 4) Amber Aesoph 09 |
| 3 Sbl 'A' | 4:51.99 |
| 1) Alexia Lynn 08 | 2) Regina Rogers 08 |
| 3) Liliana Orduno 08 | 4) Emma Christensen 08 |
| 4 West Middle School 'A' | 4:55.55 |
| 1) Laken Gardner 8 | 2) Kazzandra Vazquez 8 |
| 3) Sydney Edwards 8 | 4) Braedyn Downs 8 |
| 5 Ssc 8th boys 'A' | 4:57.78 |
| 1) Sarah Tindall 08 | 2) Yanira Ibarra 08 |
| 3) Alana Galindo 08 | 4) Megan Hansen 08 |

Girls 100 Meter Dash Elite

Meet: M 12.35 4/13/2014 Britney Calvillo, SC East

Name Year School Finals Wind

- | | | | | |
|-------------------------|----|---------------------|--------|-----|
| 1 Khenadi Jones | 11 | Sioux City West | 12.15M | NWI |
| 2 Lindsey Flammang | 11 | Lawton-Bronson | 12.60 | NWI |
| 3 Darline Suah | 09 | Sioux Falls Wash. | 12.64 | NWI |
| 4 Jayda Graham-Peterson | 09 | Sc- North | 12.76 | NWI |
| 5 Ellie Croypley | 10 | Bishop Heelan | 12.80 | NWI |
| 6 Debi Hiserote | 11 | Siouxland Christian | 13.09 | NWI |
| 7 Lily Peschau | 12 | Kingsly-P/Wood-C | 13.13 | NWI |
| 8 Jaycee Johannsen | 08 | Sioux Falls Wash. | 13.17 | NWI |

Girls 100 Meter Hurdles Elite

Meet: M 14.80 4/18/2009 Nevada Sorenson, Sioux Falls Linco

Name Year School Finals Wind

- | | | | | |
|-------------------|----|------------------|-------|-----|
| 1 Molly Dean | 12 | Glenwood | 15.95 | NWI |
| 2 Miranda Ruth | 12 | Glenwood | 16.54 | NWI |
| 3 Bryn Groff | 11 | Sheldon | 16.66 | NWI |
| 4 Amanda Schwartz | 12 | Le Mars | 16.87 | NWI |
| 5 Sierra Gross | 11 | Spirit Lake Park | 16.90 | NWI |
| 6 Sam McGowan | 10 | Bishop Heelan | 17.00 | NWI |
| 7 Kerstyn Matusik | 09 | Woodbine | 17.21 | NWI |
| 8 Maddy Tolk | 11 | Sheldon | 17.37 | NWI |

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Boys 100 Meter Dash Class"A"**

Meet: M 10.57 4/20/1989 Scott Ingvaldstad, SF Lincoln					
Name	Year	School	Finals	Wind	H#
1	Dom Flemister	12	Sioux City East	10.96	NWI 2
2	Brady Wall	11	Sb-Luton	10.97	NWI 2
3	Ross Godfrey	12	Sioux City East	11.06	NWI 2
4	Matthew George	12	Sb-Luton	11.24	NWI 2
5	Ethan McKinney	11	Sioux Falls Wash.	11.29	NWI 2
6	Ryley McGregor	11	Sb-Luton	11.46	NWI 2
7	Tyler Wagner	11	Sc- North	11.49	NWI 1
8	Silas Brown	12	South Sioux City	11.70	NWI 2
9	Jack Bren	11	Sioux Falls Wash.	11.72	NWI 2
10	Kellen Fitch	11	Sioux City West	11.81	NWI 1
11	Lanny Herzog	10	CB Abraham Lincoln	12.27	NWI 1
12	David Torres	11	South Sioux City	12.28	NWI 1
13	Ernesto Robles	11	Sioux City West	13.35	NWI 1

Boys 110 Meter Hurdles Class"A"

Meet: M 14.32 4/20/1987 Brian Biggerstaff, SC West					
Name	Year	School	Finals	Wind	H#
1	Jacobus Noble	12	Sc- North	15.03	NWI 2
2	Ty Smith	12	Sioux Falls Wash.	15.79	NWI 2
3	Michael Enalls	12	Sioux Falls Wash.	15.81	NWI 2
4	Colby Laughlin	09	Sb-Luton	17.26	NWI 2
5	Connor Sulsberger	10	Sioux City West	18.00	NWI 1
6	Ardell Inlay	09	Sioux City East	18.12	NWI 1
7	Sean Kellogg	12	Sb-Luton	18.17	NWI 2
8	Kellen Fitch	11	Sioux City West	18.60	NWI 1

Boys 4x100 Meter Relay Class"A"

Meet: M 42.98 4/20/1995 SC West, SC West						
D. Franklin, J. Ball, T. Salmon, Z. Flemister						
School	Finals					
1	Sioux City East 'A'				42.72M	
	1) Taylon Flemister 11	2) Dom Flemister 12				
	3) Phillip Moon 10	4) Ross Godfrey 12				
2	Sb-Luton 'A'				43.34	
	1) Matthew George 12	2) Terrence Sanchez 12				
	3) Drew Girres 12	4) Brady Wall 11				
3	Sc- North 'A'				44.58	
	1) Tyler Wagner 11	2) Tavian Williams 12				
	3) Max Vollmer 11	4) Noah Weeter 11				
4	Sioux Falls Wash. 'A'				44.83	
	1) Ethan McKinney 11	2) Jack Bren 11				
	3) Zach Bolden 11	4) Tupak Kpeayeh 09				
5	South Sioux City 'A'				45.82	
	1) Silas Brown 12	2) Graham Palsma 11				
	3) David Torres 11	4) Jose Maldonado 12				

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Boys 4x200 Meter Relay Class"A"**

Meet: M 1:29.46 4/20/1994 SC West, SC West
 W. Akins, Z. Flemister, T. Bigelow, J. Ball

School Finals

1	Sb-Luton 'A'		1:29.12M
	1) Matthew George 12	2) Ryley McGregor 11	
	3) Drew Girres 12	4) Brady Wall 11	
2	Sioux City East 'A'		1:30.26
	1) Taylon Flemister 11	2) Phillip Moon 10	
	3) Ross Godfrey 12	4) Dom Flemister 12	
3	Sioux Falls Wash. 'A'		1:34.48
	1) Ethan McKinney 11	2) Ty Smith 12	
	3) Jack Bren 11	4) Zach Bolden 11	
4	Bishop Heelan 'A'		1:35.20
	1) Odessa Clark 12	2) Timmy Winders 11	
	3) Jesse Lease 11	4) Joe Yaneff 09	
5	Sc- North 'A'		1:35.44
	1) Tyler Wagner 11	2) Max Vollmer 11	
	3) Noah Weeter 11	4) Tavian Williams 12	
6	Sioux City West 'A'		1:39.54
	1) Blake Faber 09	2) Avery Brun 11	
	3) Kellen Fitch 11	4) Tre Wickey 11	
7	South Sioux City 'A'		1:41.67
	1) Andres Barboza 11	2) Edgar De Luna 09	
	3) David Torres 11	4) Robert Meza 09	

Boys 4x400 Meter Relay Class"A"

Meet: M 3:22.84 4/18/1998 Bishop Heelan, Bishop Heela
 A. Kuehl, J. Florke, J. Kayl, N. McInerney

School Finals

1	Sb-Luton 'A'		3:30.34
	1) Brady Wall 11	2) Drew Girres 12	
	3) Ty Boekelman 10	4) Terrence Sanchez 12	
2	Sioux Falls Wash. 'A'		3:36.14
	1) Alex Derr 12	2) Austin Miller 12	
	3) Deitrich Stellingwerf 11	4) Riley Stonehouse 09	
3	South Sioux City 'A'		3:37.23
	1) Isiah Rose 10	2) Graham Palsma 11	
	3) Daniel Hernandez 12	4) Jose Maldonado 12	
4	Sc- North 'A'		3:40.88
	1) Mitchell Bootsma 12	2) Mark Moos 10	
	3) Jacobus Noble 12	4) Tyler Kempema 11	
5	Sioux City West 'A'		3:41.47
	1) Blake Faber 09	2) Tyler Claussen 11	
	3) Andrew Reyna-Zapon 10	4) Connor Sulsberger 10	
6	Sioux City East 'A'		3:49.49
	1) Alex Rivera 09	2) Bradley Hines 09	
	3) Robert Olson 10	4) Alex Kleider 09	
7	Bishop Heelan 'A'		3:50.95
	1) Welton Daniel 10	2) Jesse Lease 11	
	3) Timmy Winders 11	4) Jake Beaulieu 09	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Boys 1600 Sprint Medley Class"A"**

Meet: M 3:33.38 4/12/2014 Sioux City East, S.C. East			
T Flemister, R Godfrey, R Nash, C Lilly			
School	Finals		
1 Sioux City East 'A'	3:37.58		
1) Taylon Flemister 11	2) Ross Godfrey 12		
3) Dom Flemister 12	4) Jeremy Hill 12		
2 Sb-Luton 'A'	3:52.37		
1) Nic Maxfield 11	2) Nick Grote 12		
3) Ty Boekelman 10	4) Aaron Sader 12		
3 Sioux Falls Wash. 'A'	3:52.52		
1) Jack Bren 11	2) Tupak Kpeayeh 09		
3) Deitrich Stellingwerf 11	4) Cole Knoblich 12		
4 Bishop Heelan 'A'	3:52.95		
1) Timmy Winders 11	2) Jesse Lease 11		
3) John Pithan 12	4) Connor Ritz 11		
5 Sioux City West 'A'	3:53.74		
1) Avery Brun 11	2) Tre Wickey 11		
3) Connor Sulsberger 10	4) Tyler Claussen 11		
6 CB Abraham Lincoln 'A'	3:56.71		
1) Lanny Herzog 10	2) Nate Kliegl 10		
3) Harrison Jones 12	4) Ross Nickerson 12		
7 South Sioux City 'A'	4:01.10		
1) Silas Brown 12	2) Isiah Rose 10		
3) Graham Palsma 11	4) Brian Robles 11		
-- Sc- North 'A'	DQ		
1) Tyler Kempema 11	2) Tavian Williams 12		
3) Mitchell Bootsma 12	4) Daniel Folchert 12		

Boys 100 Meter Dash Class"B"

Meet: M 11.00 4/17/2002 Paul Brown, Le Mars				
Name	Year	School	Finals	Wind H#
1 Collin Nemmers	11	Le Mars	11.45	NWI 2
2 Travis Zevenbergen	11	Unity Christian	11.54	NWI 2
3 Landon Slechta	12	Denison-Schlswg	11.61	NWI 2
4 Blake Erdmann	10	Kingsly-P/Wood-C	11.69	NWI 2
5 Silas Buss	11	Le Mars	11.80	NWI 2
6 Evan Wharton	12	Cherokee- Wash	11.82	NWI 2
7 Reagan McFarlin	12	Glenwood	11.92	1.2 1
8 Laine Frerichs	12	Le Mars	11.94	NWI 2
9 Jaden Langenfeld	10	Denison-Schlswg	12.21	1.2 1
10 Caleb Netten	11	Moc-Floyd Valley	12.42	1.2 1
11 Michael Herwig	11	Cherokee- Wash	12.43	1.2 1
12 Gage Bassett	12	Sheldon	12.55	1.2 1
13 Levi Schoonhoven	12	Unity Christian	12.64	1.2 1

Boys 110 Meter Hurdles Class"B"

Meet: M 14.55 4/20/2002 Derek Casey, Cherokee				
Name	Year	School	Finals	Wind H#
1 Calvin Korver	12	Unity Christian	15.37	NWI 2
2 Dylan Wunschel	11	Oa-Bcig	16.20	NWI 2

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Boys 110 Meter Hurdles Class"B"

3 Zach Roth	12 Kingsly-P/Wood-C	16.24	NWI	2
4 Isaac Lafleur	11 Cherokee- Wash	16.33	NWI	1
5 Quenton Boddie	12 Le Mars	16.44	NWI	2
6 Kyle Kliever	11 Le Mars	16.63	NWI	1
7 Tyler Degener	Mt Mich-ELK NE	16.65	NWI	2
8 Brandon Winkel	11 Sheldon	16.68	NWI	2
9 Mason Timmerman	11 Cherokee- Wash	16.71	NWI	1
10 Colby Kleinhesselink	12 Sheldon	16.73	NWI	2
11 Austin Tye	11 Glenwood	16.75	NWI	1
12 Jordan Laddusaw	12 Kingsly-P/Wood-C	17.24	NWI	2
-- Dax Johansen	11 Cherokee- Wash		DQ	NWI 1

Boys 4x100 Meter Relay Class"B"

=====
 Meet: M 43.84 4/17/1999 Lemars Central, Lemars Central
 R. White, K. Hector, B. Beach, P. Crandell
 School Finals H#
 =====

1 Kingsly-P/Wood-C 'A'	44.88	2
1) Blake Erdmann 10		
2) Jacob Harvey 12		
3) Jordan Laddusaw 12		
2 Spirit Lake Park 'A'	45.21	2
1) Jacob Philips 12		
2) Mat Moody 11		
3) Dawson Ahrenstorff 11		
4) Brock Jungjohan 10		
3 Glenwood 'A'	45.66	2
1) Blaine Clark 12		
2) Joey Saddler 10		
3) Nate Nebel 11		
4) Reagan McFarlin 12		
4 Denison-Schlswg 'A'	45.70	2
1) Jeff Jovel 12		
2) Nhial Biliew 12		
3) Jaden Langenfeld 10		
4) Landon Slechta 12		
5 Oa-Bcig 'A'	46.32	2
1) Dylan Wunschel 11		
2) Parker Clausen 11		
3) Miles Gebel 12		
4) Cody Durbin 12		
6 Cherokee- Wash 'A'	47.48	1
1) Evan Wharton 12		
2) Mason Meitzenheimer 12		
3) Michael Herwig 11		
4) Jack Benson 10		
7 Moc-Floyd Valley 'A'	48.35	1
1) Caleb Netten 11		
2) Jack Vander Voort 11		
3) Connor Huss 10		
4) Dustin Folkema 12		
8 Okoboji 'A'	49.81	1
1) Colbin Larue		
2) Preston Harms		
3) Izic Brouwer		
4) Draven Olson		
-- Le Mars 'A'		DQ 2
1) Collin Nemmers 11		
2) Silas Buss 11		
3) Tyler Pauley 12		
4) Mason Wichers 12		

Boys 4x200 Meter Relay Class"B"

=====
 Meet: M 1:30.55 4/13/2013 Oa-Bcig, OA-BCIG
 Q Westphal, D Leinbaugh, K Young, T Ryen
 School Finals
 =====

1 Kingsly-P/Wood-C 'A'	1:30.70
1) Brady Butters 12	
2) Jacob Harvey 12	
3) Ben Burbach 11	
4) Joe Hayden 12	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Boys 4x200 Meter Relay Class"B"

2 Le Mars 'A'		1:31.53
1) Collin Nemmers 11	2) Silas Buss 11	
3) Tyler Pauley 12	4) Mason Wichers 12	
3 Glenwood 'A'		1:33.48
1) Nathan Kennedy 10	2) Nate Nebel 11	
3) Reagan McFarlin 12	4) Carter Von Essen 12	
4 Spirit Lake Park 'A'		1:34.38
1) Jacob Philips 12	2) Mat Moody 11	
3) Dawson Ahrenstorff 11	4) Logan Backhaus 12	
5 Unity Christian 'A'		1:35.75
1) Levi Schoonhoven 12	2) Sam Byker 10	
3) Jonah Vander Kooi 10	4) Travis Zevenbergen 11	
6 Cherokee- Wash 'A'		1:38.16
1) Evan Wharton 12	2) Mason Meitzenheimer 12	
3) Michael Herwig 11	4) Jack Benson 10	
7 Okoboji 'A'		1:47.80
1) Colbin Larue	2) Preston Harms	
3) Izic Brouwer	4) Draven Olson	
-- Moc-Floyd Valley 'A'		DQ
1) Caleb Netten 11	2) Jack Vander Voort 11	
3) Connor Huss 10	4) Dustin Folkema 12	

Boys 4x400 Meter Relay Class"B"

=====

Meet: M 3:27.13 4/13/2013 Glenwood, Glenwood

B Weddum, J Cook, B Wheeler, D Jones

School Finals

=====

1 Glenwood 'A'		3:26.24M
1) Nathan Kennedy 10	2) Jaron Springer 12	
3) Caleb Petersen 12	4) Carter Von Essen 12	
2 Spirit Lake Park 'A'		3:28.17
1) Jacob Philips 12	2) Adam Skopec 10	
3) Logan Backhaus 12	4) Zach Renken 11	
3 Le Mars 'A'		3:28.95
1) Collin Nemmers 11	2) Silas Buss 11	
3) Tyler Pauley 12	4) Mason Wichers 12	
4 Kingsly-P/Wood-C 'A'		3:32.42
1) Ben Burbach 11	2) Ethan Schultzen 12	
3) Jacob Harvey 12	4) Alec Still 11	
5 Mt Mich-ELK NE 'A'		3:44.16
1) Jeremiah Connealy	2) Jack Straka	
3) Zach Hytrek	4) Nick Carson	
6 Moc-Floyd Valley 'A'		3:49.32
1) Michael Anderson 12	2) Connor Huss 10	
3) Parker Wierda 10	4) Christian Korver 12	
7 Cherokee- Wash 'A'		3:56.75
1) Evan Wharton 12	2) Isaac Lafleur 11	
3) Mason Meitzenheimer 12	4) Mason Timmerman 11	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Boys 1600 Sprint Medley Class"B"**

Meet: M 3:38.09 4/18/2010 Glenwood, Glenwood		
T Williams I Effin, E Lincoln, K Wheeler		
School		Finals
1 Spirit Lake Park 'A'		3:47.13
1) Jacob Philips 12	2) Logan Backhaus 12	
3) Jerimiah Eldridge 12	4) Ryan Maris 11	
2 Unity Christian 'A'		3:49.23
1) Calvin Korver 12	2) Jonah Vander Kooi 10	
3) Travis Zevenbergen 11	4) Caden Zonnefeld 10	
3 Le Mars 'A'		3:49.96
1) Laine Frerichs 12	2) Tyler Hoffman 12	
3) Carter Lampe 12	4) Alec Rieken 10	
4 Kingsly-P/Wood-C 'A'		3:51.64
1) Blake Erdmann 10	2) Jacob Harvey 12	
3) Eric Hoffman 09	4) Ethan Schultzen 12	
5 Denison-Schlswg 'A'		3:52.94
1) Jaden Langenfeld 10	2) Landon Slechta 12	
3) Nhial Biliew 12	4) David Salazar 11	
6 Moc-Floyd Valley 'A'		3:53.09
1) Caleb Netten 11	2) Dustin Folkema 12	
3) Connor Huss 10	4) Parker Wierda 10	
7 Glenwood 'A'		3:59.01
1) Chase Waller 12	2) Joey Saddler 10	
3) Austin Tye 11	4) Victor Salerno 11	
8 Cherokee- Wash 'A'		4:15.72
1) Mason Meitzenheimer 12	2) Michael Herwig 11	
3) Evan Wharton 12	4) Derek Stowell 12	

Boys 100 Meter Dash Class"C"

Meet: M 10.92 4/20/1989 Jeff Longval, Westwood					
Name	Year	School	Finals	Wind	H#
1 Riley Van Wyhe	11	Central Lyon	11.40	0.9	3
2 Walker Raabe	11	Pierce	11.51	0.9	3
3 Austin Freeman	12	Pierce	11.63	0.9	3
4 Mitch Van Beek	11	Central Lyon	11.75	2.3	2
4 Zeke Robinson	11	Elk Point-Jefferson	11.75	0.9	3
6 Anteres Ashley	12	Lawton-Bronson	11.86	0.9	3
7 Dawson Richardson	10	West Monona	11.89	2.3	2
8 Noah Zimmerer	12	Pierce	11.96	2.3	2
9 Michael Hegge	10	Ponca Indians	11.99	0.9	3
10 Jakob Shattuck	12	Westwood	12.02	2.3	2
11 Keesten Hanks	12	Lawton-Bronson	12.09	2.3	2
12 Tyler Brimm	10	Mmcru	12.11	2.3	2
13 Mark Morley		Charter Oak-Ute	12.18	2.3	2
14 Dalton Tremayne	10	Ponca Indians	12.20	0.9	3
15 Kalvin Watts	09	Pierce	12.34	0.9	3
16 Braiden Tank	12	West Monona	12.40	-1.5	1
17 Connor Sand	10	Mmcru	12.45	-1.5	1
18 Sean Westergaard	09	Westwood	12.51	-1.5	1
19 Elijah Stocking	09	Siouxland Christian	12.65	-1.5	1

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Boys 110 Meter Hurdles Class"C"**

Meet: M 14.43 4/20/1989 Darwin VanderHoef, Rock Valley				
Name	Year	School	Finals	Wind
1 William Parsley	12	Whiting High School	15.25	NWI
2 Levi Sudbeck	12	Pierce	15.57	NWI
3 Nathan Kneifl	11	Lawton-Bronson	16.86	NWI
4 Austin Yanney	09	Siouxland Christian	18.28	NWI
5 Anavin Mounivong	11	Maple Valley A-O	18.76	NWI
6 Parker Moss	09	Siouxland Christian	21.17	NWI

Boys 4x100 Meter Relay Class"C"

Meet: M 44.75 4/17/1999 Sioux Center, Sioux Center				
VanVoorst, Zevenbergen, Wielenga, Kempers				
School				Finals
1 Central Lyon 'A'				45.64
1) CJ Roths 12	2) Pete Menage 12			
3) Mitch Van Beek 11	4) Riley Van Wyhe 11			
2 Pierce 'A'				45.80
1) Walker Raabe 11	2) Collin Tinker 10			
3) Noah Zimmerer 12	4) Austin Freeman 12			
3 Maple Valley A-O 'A'				47.19
1) Marvin Gaines 12	2) Anavin Mounivong 11			
3) Dylan Feller 11	4) Kyle Drees 12			
4 Mmcru 'A'				47.29
1) Connor Sand 10	2) Jerome Holmes 11			
3) Evan Cluck 09	4) Tyler Brimm 10			
5 Gehlen Catholic 'A'				47.93
1) Brogan Thoms 09	2) Izaac Herbst 10			
3) Eli Ellensohn 12	4) Chandler Willett 12			
6 West Monona 'A'				49.32
1) Jeremy Parr 12	2) Dawson Richardson 10			
3) Braiden Tank 12	4) Tate Phelps 12			
-- Lawton-Bronson 'A'				DQ
1) Anteres Ashley 12	2) Keesten Hanks 12			
3) Quinn Sitzmann 12	4) Austin Peters 12			

Boys 4x200 Meter Relay Class"C"

Meet: M 1:31.73 4/20/2011 Dakota Valley, Dakota Valle				
M Lupkes, E Hendriks, Z Sexton, T White				
School				Finals
1 Lawton-Bronson 'A'				1:32.72
1) AJ Lefler 11	2) Keesten Hanks 12			
3) Anteres Ashley 12	4) Austin Peters 12			
2 Central Lyon 'A'				1:33.80
1) CJ Roths 12	2) Pete Menage 12			
3) Mitch Van Beek 11	4) Riley Van Wyhe 11			
3 Pierce 'A'				1:34.08
1) Walker Raabe 11	2) Noah Zimmerer 12			
3) Austin Freeman 12	4) Collin Tinker 10			
4 Elk Point-Jefferson 'A'				1:35.91
1) Jared Hueser 12	2) Connor Henze 12			

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Boys 4x200 Meter Relay Class"C"

3) Michael Murphy 12	4) Zeke Robinson 11	
5 Gehlen Catholic 'A'		1:39.29
1) Eli Ellensohn 10	2) Izaac Herbst 10	
3) Cooper Davis 11	4) Chandler Willett 12	
6 West Monona 'A'		1:43.35
1) Jeremy Parr 12	2) Dawson Richardson 10	
3) Braiden Tank 12	4) Brenden Hansen 12	
-- Westwood 'A'		DNF
1) Sean Westergaard 09	2) Andrew Donnelly 11	
3) Brad Steinhoff 12	4) Jakob Shattuck 12	
-- Mmcru 'A'		DQ
1) Connor Sand 10	2) Jerome Holmes 11	
3) Evan Cluck 09	4) Tyler Brimm 10	

Boys 4x400 Meter Relay Class"C"

=====
 Meet: M 3:30.38 4/20/1988 LeMars Gehlen, Lemars Gehe
 M. Rohe, G. Meister, N. Ryan, B. Sitzmann

School		Finals
1 Lawton-Bronson 'A'		3:36.13
1) Lucas Cunningham 10	2) AJ Lefler 11	
3) Brett Logsdon 11	4) Austin Peters 12	
2 Ponca Indians 'A'		3:40.55
1) Dalton Tremayne 10	2) Ryan Bentz 11	
3) Michael Hegge 10	4) Derrek Touney 11	
3 Westwood 'A'		3:42.87
1) Brad Steinhoff 12	2) Andrew Donnelly 11	
3) Sean Westergaard 09	4) Jakob Shattuck 12	
4 Pierce 'A'		3:44.37
1) Braydan Waldner 10	2) Collin Tinker 10	
3) Austin Freeman 12	4) Noah Zimmerer 12	
5 Maple Valley A-O 'A'		3:45.83
1) Dylan Feller 11	2) Marvin Gaines 12	
3) Anavin Mounivong 11	4) Kyle Drees 12	
6 George-Little Rock 'A'		3:56.63
1) Caleb Kramer 10	2) Caleb Tehark 10	
3) Martin Macias Denis 09	4) Jesse Kramer 12	
7 West Monona 'A'		3:57.52
1) Jeremy Parr 12	2) Brenden Hansen 12	
3) Wyatt Schoenherr 10	4) Collin Sprock 12	

Boys 1600 Sprint Medley Class"C"

=====
 Meet: M 3:38.46 4/16/1988 Gehlen Catholic, Le Mars Ge
 J. Block, M. Dull, M. Carpenter, B. Baack

School		Finals
1 Lawton-Bronson 'A'		3:47.41
1) Quinn Sitzmann 12	2) Keesten Hanks 12	
3) AJ Lefler 11	4) Austin Peters 12	
2 Gehlen Catholic 'A'		3:51.52
1) Izaac Herbst 10	2) Chandler Willett 12	
3) Cooper Davis 11	4) Alec Langel 10	
3 Elk Point-Jefferson 'A'		3:52.23

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Boys 1600 Sprint Medley Class"C"**

1) Zeke Robinson 11	2) Michael Murphy 12	
3) Jared Hueser 12	4) Dylan Colt 11	
4 Mmcru 'A'		4:06.48
1) Connor Sand 10	2) Evan Cluck 09	
3) Tyler Brimm 10	4) Andrew Prescott 09	
5 George-Little Rock 'A'		4:06.99
1) Erik Macias Denis 11	2) Caleb Tehark 10	
3) Caleb Kramer 10	4) Joe Anderson 09	
6 West Monona 'A'		4:09.25
1) Dawson Richardson 10	2) Braiden Tank 12	
3) Brenden Hansen 12	4) Collin Sprock 12	

Boys 800 Meter Run OHS

=====			
Meet: M 1:56.46 4/18/2015 Nic Scheelhaase, K-P/WC			
Name	Year	School	Finals
=====			
1 Alec Still	11	Kingsly-P/Wood-C	1:58.18
2 Derrek Touney	11	Ponca Indians	2:02.18
3 Alex Derr	12	Sioux Falls Wash.	2:03.49
4 Matt Mumby		Mt Mich-ELK NE	2:05.60
5 Kaleb Maynard	12	Sc- North	2:06.15
6 Devin Louison	12	Le Mars	2:07.77
7 Christian Korver	12	Moc-Floyd Valley	2:07.87
8 Jeremy Hill	12	Sioux City East	2:08.30
9 Dylan Colt	11	Elk Point-Jefferson	2:08.37
10 Brett Logsdon	11	Lawton-Bronson	2:12.41
11 Eric Hoffman	09	Kingsly-P/Wood-C	2:13.48
12 Will Zeman	10	Sc- North	2:14.74
13 Jack Straka		Mt Mich-ELK NE	2:15.74
14 Billy Brown	12	Spirit Lake Park	2:15.98
15 Connor Henze	12	Elk Point-Jefferson	2:17.32
16 Cole Knoblich	12	Sioux Falls Wash.	2:17.69
17 Ben Murphy	10	Bishop Heelan	2:18.15
18 Alec Harrington	12	Spirit Lake Park	2:19.09
19 Colby Kleinhesselink	12	Sheldon	2:22.35
20 John Dougherty	11	Bishop Heelan	2:23.91

Boys 1600 Meter Run OHS

=====			
Meet: M 4:22.13 4/20/1995 Nolan Speichinger, SC East			
Name	Year	School	Finals
=====			
1 Gable Sieperda	10	Central Lyon	4:38.33
2 Carter Foughty	12	Moc-Floyd Valley	4:40.22
3 Jacob Vander Plaats	11	Unity Christian	4:46.47
4 Osman Geele	10	South Sioux City	4:49.52
5 Zach Hytrek		Mt Mich-ELK NE	4:50.02
6 Joe Anderson	09	George-Little Rock	4:51.05
7 Daniel Folchert	12	Sc- North	4:51.76
8 Alec Harrington	12	Spirit Lake Park	4:55.11
9 Cole Taylor	10	Sioux City East	4:55.24
10 Joseph Schoonhoven	09	Unity Christian	4:56.83
11 Jonas Sadi	10	Sioux Falls Wash.	4:57.02
12 Gabe Hannemann	09	Sb-Luton	4:57.33

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Boys 1600 Meter Run OHS**

13 River Meyer	09 Moc-Floyd Valley	4:58.49
14 Phoenix Larned	11 Sioux City West	4:59.81
15 Aidan Bauermeister	09 Spirit Lake Park	5:00.22
16 Jon Green	11 Dakota Valley	5:03.78
17 Abdulkadir Mohamed	10 Sc- North	5:04.36
18 Bonheur 178mvuyekure	10 Sioux Falls Wash.	5:04.54
19 Devon Fritz	11 Oa-Bcig	5:05.40
20 Parson Covington	09 Glenwood	5:06.49
21 Zach Schumann	10 CB Abraham Lincoln	5:07.40
22 Jack Blaser	Mt Mich-ELK NE	5:09.47
23 Miles Scott	10 Sb-Luton	5:10.09
24 Mason Parks	09 Glenwood	5:13.65
25 Abubaker Mohamed	10 South Sioux City	5:21.48

Boys 3200 Meter Run OHS

=====
 Meet: M 9:23.29 4/20/2010 Johnny Fuller, Glenwood

Name	Year School	Finals
1 Abdul Mohamed	11 South Sioux City	9:57.09
2 Jacob Vander Plaats	11 Unity Christian	10:09.28
3 Connor Ritz	11 Bishop Heelan	10:09.78
4 Nick Carson	Mt Mich-ELK NE	10:11.11
5 Cole Knoblich	12 Sioux Falls Wash.	10:13.25
6 Carter Foughty	12 Moc-Floyd Valley	10:15.55
7 Joe Anderson	09 George-Little Rock	10:27.93
8 Shaafici Mohamed	09 South Sioux City	10:35.43
9 Miles Scott	10 Sb-Luton	10:37.04
10 Austin Korynta	11 Kingsly-P/Wood-C	10:38.07
11 Joseph Schoonhoven	09 Unity Christian	10:41.28
12 Phoenix Larned	11 Sioux City West	10:50.42
13 Parson Covington	09 Glenwood	10:51.38
14 Joey Recker	Mt Mich-ELK NE	10:56.14
15 William Ingels	10 Glenwood	11:00.37
16 David Salazar	11 Denison-Schlswg	11:02.04
17 Drew Luse	11 Siouxsland Christian	11:02.09
18 Andrew Tonner	10 Le Mars	11:02.60
19 Issac Smith	12 Sioux Falls Wash.	11:03.21
20 Jakob Vander Werff	09 Moc-Floyd Valley	11:11.80
21 Ahmed Bare	09 South Sioux City	11:17.50
22 Luke Benson	09 Sioux City West	11:20.76
23 Jacob Burrell	12 Le Mars	11:23.48
24 Alex Garcia	10 Sioux City East	11:27.43
25 Daniel Alvarado	11 Bishop Heelan	11:47.47

Boys 400 Meter Hurdles OHS

=====
 Meet: M 53.79 4/14/2012 Derek Jones, Glenwood

Name	Year School	Finals	H#
1 Zach Renken	11 Spirit Lake Park	54.90	3
2 Miles Gebel	12 Oa-Bcig	57.10	3
3 Carter Von Essen	12 Glenwood	57.29	3
4 Joe Hayden	12 Kingsly-P/Wood-C	57.56	2
5 Caleb Petersen	12 Glenwood	57.58	3

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Boys 400 Meter Hurdles OHS

6 Calvin Korver	12 Unity Christian	57.69	3
7 Ben Burbach	11 Kingsly-P/Wood-C	58.48	2
8 Nate Freese	09 Sioux Falls Wash.	59.02	3
9 Isaac Lafleur	11 Cherokee- Wash	59.90	2
10 Tyler Degener	Mt Mich-ELK NE	1:00.13	1
11 Dawson Ahrenstorff	11 Spirit Lake Park	1:00.23	2
12 Daniel Hernandez	12 South Sioux City	1:00.25	2
13 Colby Kleinhesselink	12 Sheldon	1:00.70	1
14 Connor Sulsberger	10 Sioux City West	1:00.82	1
15 Colton Beitelspacher	11 Le Mars	1:00.97	2
16 Jacobus Noble	12 Sc- North	1:01.16	2
17 Sean Kellogg	12 Sb-Luton	1:01.44	3
18 Colby Laughlin	09 Sb-Luton	1:01.49	2
19 Quenton Boddie	12 Le Mars	1:01.67	3
20 Jackson Baker	10 Sc- North	1:01.75	1
21 Ardell Inlay	09 Sioux City East	1:01.83	1
22 Kyle Kliever	11 Le Mars	1:02.32	1
23 Brody Imler	Okoboji	1:04.21	1
24 Mason Timmerman	11 Cherokee- Wash	1:06.55	1

Boys 4x800 Meter Relay OHS

=====

Meet: M 7:57.93 4/18/2009 Yankton, SC East
 J. Ailts A. Hohenthauer M. Yaggie T. Brenner

School	Finals
1 Moc-Floyd Valley 'A'	8:22.77
1) Carter Foughty 12	2) Parker Wierda 10
3) River Meyer 09	4) Christian Korver 12
2 Sioux Falls Wash. 'A'	8:24.77
1) Austin Miller 12	2) Issac Smith 12
3) Noah Richard 10	4) Alex Derr 12
3 Kingsly-P/Wood-C 'A'	8:26.13
1) Anthony Baird 10	2) Eric Hoffman 09
3) Ethan Schultzen 12	4) Alec Still 11
4 Mt Mich-ELK NE 'A'	8:34.31
1) Zach Hytrek	2) Jack Straka
3) Nick Carson	4) Matt Mumby
5 South Sioux City 'A'	8:37.57
1) Jose Maldonado 12	2) Osman Geele 10
3) Abdul Mohamed 11	4) Daniel Hernandez 12
6 Spirit Lake Park 'A'	8:37.96
1) Adam Skopec 10	2) Ryan Maris 11
3) Billy Brown 12	4) Frankie Ramos 10
7 Le Mars 'A'	8:43.11
1) Devin Louison 12	2) Alec Rieken 10
3) Andrew Waskow 10	4) Landen Parmelee 09
8 Unity Christian 'A'	8:43.58
1) Jacob Vander Plaats 11	2) Sam Byker 10
3) Christopher De Groot 11	4) Caden Zonnefeld 10
9 CB Abraham Lincoln 'A'	8:44.98
1) Ross Nickerson 12	2) Tyler Messenger 12
3) Harrison Jones 12	4) Zach Schumann 10
10 Sc- North 'A'	8:46.39
1) Will Zeman 10	2) Daniel Folchert 12

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Boys 4x800 Meter Relay OHS

3) Parker Burrack 10	4) Kaleb Maynard 12	
11 Gehlen Catholic 'A'		8:48.90
1) Alec Langel 10	2) Blake Feng 11	
3) Jordan VonArb 10	4) Cooper Davis 11	
12 Sb-Luton 'A'		8:52.83
1) Easton Ritz 09	2) Sam DeMoss 09	
3) Aaron Sader 12	4) Miles Scott 10	
13 Glenwood 'A'		8:53.42
1) Jaron Springer 12	2) Seth Little 11	
3) Victor Salerno 11	4) Mason Parks 09	
14 Oa-Bcig 'A'		8:54.10
1) Miles Gebel 12	2) Devon Fritz 11	
3) Blake Netherton 12	4) Isaac Endrulat 10	
15 Sioux City West 'A'		9:11.20
1) Tyler Claussen 11	2) Phoenix Larned 11	
3) Andrew Reyna-Zapon 10	4) Tre Wickey 11	
16 George-Little Rock 'A'		9:52.09
1) Caleb Tehark 10	2) Erik Macias Denis 11	
3) Jesse Kramer 12	4) Caleb Kramer 10	

Boys 4x110 Meter Shuttle Hurdle OHS

=====

Meet: M 1:00.10 4/13/2013 Glenwood, Glenwood
S Jameson, D Kruse, K Bowden, M Bowden

School		Finals	H#
1 Sc- North 'A'		1:00.68	2
1) Max Vollmer 11	2) Jacobus Noble 12		
3) Tyler Kempema 11	4) Noah Weeter 11		
2 Glenwood 'A'		1:01.38	2
1) Blaine Clark 12	2) Austin Tye 11		
3) Caleb Petersen 12	4) Carter Von Essen 12		
3 Sioux Falls Wash. 'A'		1:02.53	1
1) Michael Enalls 12	2) Ty Smith 12		
3) Nate Freese 09	4) Seth Benson 10		
4 Kingsly-P/Wood-C 'A'		1:03.05	1
1) Payton Kuchel 10	2) Jordan Laddusaw 12		
3) Darian Robley 11	4) Zach Roth 12		
5 Spirit Lake Park 'A'		1:03.08	2
1) Cory Meschede 12	2) Dawson Ahrenstorff 11		
3) Zach Renken 11	4) Brock Tvedte 11		
6 Le Mars 'A'		1:03.85	2
1) Kyle Kliever 11	2) Quenton Boddie 12		
3) Zach Spieler 10	4) Colton Beitelspacher 11		
7 Denison-Schlswg 'A'		1:05.09	1
1) Jake Farley 11	2) Jeff Noel 11		
3) Trevor Popp 11	4) Parker Preul 12		
8 Sb-Luton 'A'		1:05.38	1
1) Colby Laughlin 09	2) Joe Lincoln 10		
3) Jaxson Koenig 10	4) Sean Kellogg 12		

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Boys High Jump OHS**

Meet: M 6-10 4/20/1989 Darwin VanderHoef, Rock Valley				
Name	Year	School	Finals	
1 Cody Durbin	12	Oa-Bcig	6-07.00	2.00m
2 Calvin Korver	12	Unity Christian	6-06.00	1.98m
3 Nhial Biliew	12	Denison-Schlswg	6-04.00	1.93m
4 Tavian Williams	12	Sc- North	6-00.00	1.82m
5 Jeremiah Connealy		Mt Mich-ELK NE	J6-00.00	1.82m
6 Levi Sudbeck	12	Pierce	J6-00.00	1.82m
6 Joe Hayden	12	Kingsly-P/Wood-C	J6-00.00	1.82m
8 Mason Wichers	12	Le Mars	5-10.00	1.77m
8 Nathan Kneifl	11	Lawton-Bronson	5-10.00	1.77m
10 Trent Wilson	12	Sc- North	J5-10.00	1.77m
10 Zach Roth	12	Kingsly-P/Wood-C	J5-10.00	1.77m
10 Braydan Waldner	10	Pierce	J5-10.00	1.77m
-- Lance Denny	10	South Sioux City	NH	
-- Colby Laughlin	09	Sb-Luton	NH	
-- Easton Ritz	09	Sb-Luton	NH	
-- Sam DeMoss	09	Sb-Luton	NH	
-- Devin Louison	12	Le Mars	NH	
-- Dirus Suah	10	Sioux Falls Wash.	NH	
-- Trevor Schmidt	10	Sioux Falls Wash.	NH	
-- Danny Dillavou	10	Sb-Luton	NH	
-- Brady Simmons	11	Pierce	NH	

Boys Long Jump OHS

Meet: M 22-03 4/20/1961 Lloyd Mattews, SC Central					
Name	Year	School	Finals	Wind	
1 Nate Freese	09	Sioux Falls Wash.	20-09.00	NWI	6.32m
2 Miles Gebel	12	Oa-Bcig	20-08.00	NWI	6.29m
3 Jeremiah Connealy		Mt Mich-ELK NE	20-02.50	NWI	6.15m
4 Zach Bolden	11	Sioux Falls Wash.	19-11.00	NWI	6.07m
5 Walker Raabe	11	Pierce	19-10.00	NWI	6.04m
6 Colby Kleinhesselink	12	Sheldon	19-09.50	NWI	6.03m
7 Dalton Tremayne	10	Ponca Indians	19-03.00	NWI	5.86m
8 Mason Timmerman	11	Cherokee- Wash	19-02.00	NWI	5.84m
9 Phillip Moon	10	Sioux City East	19-01.25	NWI	5.82m
10 Odessa Clark	12	Bishop Heelan	19-01.00	NWI	5.81m
11 Jonah Vander Kooi	10	Unity Christian	19-00.50	NWI	5.80m
12 Brady Starkel	12	Pierce	18-11.50	NWI	5.77m
13 Anteres Ashley	12	Lawton-Bronson	18-09.50	NWI	5.72m
14 Laine Frerichs	12	Le Mars	18-09.00	NWI	5.71m
15 Mark Morley		Charter Oak-Ute	18-08.00	NWI	5.68m
16 Brock Tvedte	11	Spirit Lake Park	18-07.50	NWI	5.67m
17 Connor Henze	12	Elk Point-Jefferson	18-07.00	NWI	5.66m
18 Kolten Wilwerding	10	Glenwood	18-06.00	NWI	5.63m
19 Alpacino Lewis	10	Sc- North	18-05.50	NWI	5.62m
20 Zeke Robinson	11	Elk Point-Jefferson	18-04.00	NWI	5.58m
21 Rashan Davis	11	Sc- North	17-11.75	NWI	5.48m
22 Travis Ohl	10	Dakota Valley	17-11.00	NWI	5.46m
23 Michael Herwig	11	Cherokee- Wash	17-10.00	NWI	5.43m
23 Zach Shultz	09	Sb-Luton	17-10.00	NWI	5.43m
25 Zach Vondra	09	Glenwood	17-03.25	NWI	5.26m

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Boys Long Jump OHS**

26	David Torres	11	South Sioux City	17-02.75	NWI	5.25m
27	Ray Ray Douglas	09	Sioux City West	17-02.00	NWI	5.23m
28	Michael Hegge	10	Ponca Indians	17-00.00	NWI	5.18m
29	Silas Brown	12	South Sioux City	16-10.00	NWI	5.13m
--	JT Engebretson	10	Le Mars	FOUL		

Boys Shot Put OHS

=====						
Meet: M 58-11 4/20/2011 Justin Baker, Bishop Heelan						
Name	Year	School	Finals			
=====						
1	John Alexa	12	Sioux City East	16.34m	53-07.50	
2	Devin Amick	12	Lawton-Bronson	15.88m	52-01.25	
3	Juan Marquez	12	Sioux City East	15.59m	51-01.75	
4	Ryder Meek	10	Oa-Bcig	14.98m	49-01.75	
5	Ko Kieft	12	Sioux Center	14.64m	48-00.50	
6	Paxton De Haan	12	Unity Christian	14.46m	47-05.25	
7	Korey Stolze	11	South Sioux City	14.10m	46-03.25	
8	Josh Freese	12	Sioux Falls Wash.	13.88m	45-06.50	
9	Nate Serrano	12	Glenwood	13.66m	44-09.75	
10	Jack Wilson	10	Sioux Falls Wash.	13.61m	44-08.00	
11	Bryce Bomgaars	11	Moc-Floyd Valley	13.55m	44-05.50	
12	Ethan Fahrendholz	12	Sioux City East	13.45m	44-01.50	
13	Cole Jensen	12	Maple Valley A-O	13.22m	43-04.50	
14	Kyle Griffin	12	Glenwood	13.09m	42-11.50	
15	Zach Dykstra	11	Spirit Lake Park	12.96m	42-06.25	
16	Austin Rapp	11	Kingsly-P/Wood-C	12.83m	42-01.25	
17	Hunter Schweers	11	Ponca Indians	12.43m	40-09.50	
17	Kelly Stolze	11	South Sioux City	12.43m	40-09.50	
19	LeNear Douglas	12	Spirit Lake Park	12.41m	40-08.75	
20	Parker Jungjohan	12	Spirit Lake Park	12.38m	40-07.50	
21	Trey Kroeze	12	Unity Christian	12.12m	39-09.25	
22	Eli Mollet	10	Bishop Heelan	11.86m	38-11.00	
23	Brandon Todd	11	Maple Valley A-O	11.85m	38-10.50	
24	Caleb Sanders	10	Glenwood	11.66m	38-03.25	
25	Derek Nixon	12	Cherokee- Wash	11.31m	37-01.25	
26	John Jungers	10	Gehlen Catholic	11.06m	36-03.50	
--	George Konidas	10	Sc- North	FOUL		
--	David Fisher	11	CB Abraham Lincoln	FOUL		
--	Jasper Stottlemeyer	10	CB Abraham Lincoln	FOUL		

Boys Discus Throw OHS

=====						
Meet: M 178-00 4/20/2011 Justin Baker, Bishop Heelan						
Name	Year	School	Finals			
=====						
1	Nick Phelps	10	Kingsly-P/Wood-C	166-02	50.64m	
2	Caden Fenchel	11	Western Christian	160-08	48.97m	
3	Thuro Reisdorfer	10	Sioux Falls Wash.	144-01	43.91m	
4	Chet Kaiser	12	Sb-Luton	139-04	42.46m	
5	Jenson Amdahl	12	Sioux Falls Wash.	132-01	40.25m	
6	Bryce Bomgaars	11	Moc-Floyd Valley	128-08	39.21m	
7	Jose Deanda	12	Sioux City East	128-06	39.16m	
8	Cody Wernimont	12	Spirit Lake Park	128-02	39.06m	
9	Kyle Griffin	12	Glenwood	128-01	39.03m	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Boys Discus Throw OHS

10 Andrew Mace	11 Oa-Bcig	127-06	38.86m
11 Caleb Sanders	10 Glenwood	126-07	38.58m
12 Trevor Lambert	12 Dakota Valley	123-00	37.49m
13 Paxton De Haan	12 Unity Christian	122-07	37.36m
14 Nate Serrano	12 Glenwood	121-10	37.13m
15 Kobey Peterson	10 Mmcru	121-08	37.08m
16 Hunter Schweers	11 Ponca Indians	120-02	36.62m
17 Mason Buckendahl	12 Pierce	116-11	35.63m
18 LeNear Douglas	12 Spirit Lake Park	116-07	35.53m
19 Devin Amick	12 Lawton-Bronson	116-05	35.48m
20 Cody Sorenson	10 Glenwood	111-10	34.08m
21 Noah Keime	10 Dakota Valley	109-10	33.47m
22 Rhonie Haase	11 South Sioux City	109-04	33.32m
23 George Konidas	10 Sc- North	106-04	32.41m
24 Trey Kroeze	12 Unity Christian	105-11	32.28m
25 Riley Allman	11 CB Abraham Lincoln	104-00	31.69m
26 Austin Rapp	11 Kingsly-P/Wood-C	102-04	31.19m
27 Ethan Fahrendholz	12 Sioux City East	96-07	29.43m
-- Ruben Santillan	12 South Sioux City	FOUL	
-- John Alexa	12 Sioux City East	FOUL	

Boys 800 Meter Run 9th Grade

Meet: M 2:12.53 4/17/2015 Andrew Reyna-Zapon, S.C. We

Name	Year School	Finals
1 Jake Beaulieu	09 Bishop Heelan	2:08.42M
2 Gabe Hannemann	09 Sb-Luton	2:08.62M
3 Easton Ritz	09 Sb-Luton	2:10.93M
4 Sam DeMoss	09 Sb-Luton	2:14.22
5 Marshall Huls	09 Bishop Heelan	2:17.80
6 Nic Hand	09 Le Mars	2:17.81
7 Austin Wurth	09 Le Mars	2:18.59
8 Deven Pace	09 Sc- North	2:20.82
9 Eddie Voloshen	09 Sioux City East	2:24.02
10 Hiatt Holman	09 Sioux City West	2:24.68
11 Dylan Hemer	09 Oa-Bcig	2:26.66
12 Jesus Garcia	09 South Sioux City	2:27.46
13 Dakota South	09 Sc- North	2:27.50
14 Luke Benson	09 Sioux City West	2:31.67
15 Ethan Young	09 Oa-Bcig	2:32.20
16 Firomsa Mohamed	10 South Sioux City	2:32.58
17 Jake Vakulskas	09 Sioux City East	2:34.68
18 Cy Heck	09 Sc- North	2:35.29

Boys 4x100 Meter Relay 9th Grade

Meet: M 46.33 4/19/2007 Bishop Heelan, Heelan
Preston Ives, Kyle Kinney, Cole Wegher, Nate Berger

School	Finals
1 Bishop Heelan 'A'	46.40
1) Mike Pithan 09	2) Emanuel Tameklo 09
3) Drew Olson 09	4) Joe Yaneff 09
2 Sb-Luton 'A'	48.30

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Boys 4x100 Meter Relay 9th Grade

1) Sam DeMoss 09	2) Drew Mathison 09	
3) Zach Shultz 09	4) Paydon Hofer 09	
3 Sioux City East 'A'		49.32
1) Gabe Gomez 09	2) Kyle Burns 09	
3) Alex Rivera 09	4) Ardell Inlay 09	
4 South Sioux City 'A'		49.35
1) Weston Wilson 09	2) Dylan McGuire 09	
3) Edgar Perez 09	4) Edgar De Luna 09	
5 Sioux City West 'A'		50.14
1) Carter Swanson 09	2) Ray Ray Douglas 09	
3) Austin Streeter 09	4) Jayden Mace 09	
6 Sc- North 'A'		50.22
1) Hunter Krommenhoek 09	2) Javonne Dennis 09	
3) Cale Conner 09	4) Ethan Bush 09	
7 Le Mars 'A'		50.25
1) Karson Morehead 09	2) Tyler Ferguson 09	
3) Josh Kelly 09	4) Ben Wadle 09	
8 Oa-Bcig 'A'		52.49
1) Quintin Cranston 09	2) Grant Conover 09	
3) Ethan Mortensen 09	4) Austin Linder 09	

Boys 4x200 Meter Relay 9th Grade

=====

Meet: M 1:36.49 4/20/2001 SC West, SC West
 J. Miller,S. Olorundami,Chau Tran,J. Johnikin

School Finals

=====

1 Bishop Heelan 'A'		1:36.96
1) Mike Pithan 09	2) Drew Olson 09	
3) Emanuel Tameklo 09	4) Joe Yaneff 09	
2 Sb-Luton 'A'		1:40.66
1) Gabe Warren 09	2) Drew Mathison 09	
3) Zach Shultz 09	4) Paydon Hofer 09	
3 Sioux City East 'A'		1:41.25
1) Kyle Burns 09	2) Alex Rivera 09	
3) Alex Kleider 09	4) Ardell Inlay 09	
4 Sioux City West 'A'		1:42.42
1) Carter Swanson 09	2) Ray Ray Douglas 09	
3) Austin Streeter 09	4) Jayden Mace 09	
5 Sc- North 'A'		1:43.38
1) Hunter Krommenhoek 09	2) Javonne Dennis 09	
3) Cale Conner 09	4) Ethan Bush 09	
6 Le Mars 'A'		1:44.87
1) Matt Sauer 09	2) Brandon Olson 09	
3) Brock Voorhees 09	4) Connor Ouradnik 09	
7 South Sioux City 'A'		1:48.98
1) Weston Wilson 09	2) Robert Meza 09	
3) John Klemmensen 09	4) Edgar Perez 09	
8 Oa-Bcig 'A'		1:49.61
1) Quintin Cranston 09	2) Grant Conover 09	
3) Austin Linder 09	4) Devin Behrendsen 09	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Boys 4x400 Meter Relay 9th Grade**

Meet: M 3:40.64 4/20/2012 Bishop Heelan, Bishop Heela T Smith, D Kasperbauer, B Bogenrief, T Tobin			
School	Finals		
1 Sb-Luton 'A'	3:48.62		
1) Gabe Warren 09	2) Easton Ritz 09		
3) Zach Shultz 09	4) Paydon Hofer 09		
2 Le Mars 'A'	3:48.95		
1) Cody Ott 09	2) Landen Parmelee 09		
3) Ben Wadle 09	4) Connor Ouradnik 09		
3 Bishop Heelan 'A'	3:50.77		
1) Jake Beaulieu 09	2) Drew Olson 09		
3) Mike Pithan 09	4) Joe Yaneff 09		
4 Sioux City East 'A'	3:51.38		
1) Alex Rivera 09	2) Bradley Hines 09		
3) Nate Zyzda 09	4) Alex Kleider 09		
5 Sc- North 'A'	4:00.15		
1) Ethan Bush 09	2) Keegan Umland 09		
3) Javonne Dennis 09	4) Caden Conner 10		
6 South Sioux City 'A'	4:01.77		
1) Robert Meza 09	2) John Klemmensen 09		
3) Matthew Hansen 09	4) Edgar De Luna 09		
7 Sioux City West 'A'	4:03.65		
1) Carter Swanson 09	2) Ray Ray Douglas 09		
3) Hiatt Holman 09	4) Luke Benson 09		
8 Oa-Bcig 'A'	4:13.71		
1) Ethan Mortensen 09	2) Devin Behrendsen 09		
3) Ethan Young 09	4) Dylan Hemer 09		

Boys 4x100 Meter Relay 6th Grade

Meet: M 57.69 4/17/2015 North Middle, North Middle C Weber, A Magana, A Sherrill, R Dangerfield			
School	Finals		
1 East MS 6th 'B'	59.42		
2 North MS 6th 'A'	1:00.33		
1) Keller Newton 06	2) Gustavo Aleman 06		
3) Kadin Schager 06	4) Isaak Enoch 06		
3 East MS 6th 'A'	1:01.65		
4 North MS 6th 'B'	1:02.19		
1) Kole Bossow 06	2) Christopher Rice 06		
3) Ricardio Camberos 06	4) Jacob McGowan 06		
5 West MS 6th 'A'	1:02.51		
1) Dalontae Pearson 06	2) Juan Juarez 06		
3) Luke Star 06	4) Robert Cooper 06		

Boys 800 Meter Run 7th Grade

Meet: M 2:28.27 4/17/2015 Austin Freiberg, Sgt. Bluff			
Name	Year School	Finals	
1 Yahir Becerra	07 Ssc 7th Girls	2:25.31M	
2 Nick Muller	07 Sbl	2:25.53M	
3 Aman Abdella	07 Ssc 7th Girls	2:29.55	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Boys 800 Meter Run 7th Grade**

4	Garrett McGrory	07 North Middle 8th	2:36.28
5	Jaysen Bouwers	07 North Middle 8th	2:36.78
6	Blaise Schmidt	07 Sbl	2:38.10
7	Owen Hoak	07 East Middle	2:39.13
8	Carter Vanderloo	07 East Middle	2:46.71
9	Easton Gelinne	7 West Middle School	2:47.90
10	Bryce Harpenau	07 Bishop Catholic MS	2:49.23
11	Jack Flannery	07 Bishop Catholic MS	2:50.69
12	Owen Trudeau	7 West Middle School	2:53.21

Boys 4x100 Meter Relay 7th Grade

Meet: M 50.83 4/13/2012 Sbl MS Boys, SBL MS
A Zoss, D Moore, N Maxfield, B Wall

School Finals

1	Ssc 7th Girls 'A'		53.23
	1) Jacob Guzman 07	2) Kaden Dahl 07	
	3) Nahum Sabino 07	4) Juan Balderas 07	
2	Bishop Catholic MS 'A'		55.56
	1) Keyontre Clark 07	2) Mitchell Joines 07	
	3) Benton Schaefer 07	4) Cael Boever 07	
3	North Middle 8th 'A'		56.14
	1) Tyler Tucker 07	2) Caleb Weber 07	
	3) Nick Walters 07	4) Dante Hansen 07	
4	East Middle 'A'		56.49
	1) Cass Camarigg 07	2) Bennett Vanderloo 07	
	3) Mekhi Hilson 07	4) Kage Knudsen 07	
5	Sbl 'A'		57.72
	1) Blaise Schmidt 07	2) Kaden Helt 07	
	3) Isaac Bryan 07	4) Justin Holder 07	
6	West Middle School 'A'		57.85
	1) Hayden Sweum 7	2) Michael Duax 7	
	3) Ethan Burge 7	4) Matt Counterterman 7	

Boys 4x200 Meter Relay 7th Grade

Meet: M 1:48.90 4/13/2012 Sbl MS Boys, SBL MS
A Zoss, C Laughlin, P Zoss, B Wall

School Finals

1	Ssc 7th Girls 'A'		1:51.50
	1) Tomas Gonzalez 07	2) Kaden Dahl 07	
	3) Nahum Sabino 07	4) Juan Balderas 07	
2	Bishop Catholic MS 'A'		1:55.52
	1) Keyontre Clark 07	2) Brayden Pratt 07	
	3) Benton Schaefer 07	4) Cael Boever 07	
3	North Middle 8th 'A'		1:55.58
	1) Dante Hansen 07	2) Liam Greenwell 07	
	3) Caleb Weber 07	4) Tyler Tucker 07	
4	East Middle 'A'		1:55.72
	1) Owen Hoak 07	2) Bennett Vanderloo 07	
	3) Mekhi Hilson 07	4) Kage Knudsen 07	
5	Sbl 'A'		1:57.50
	1) Kaden Helt 07	2) Isaac Bryan 07	

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016

Olsen Stadium

Results

....Boys 4x200 Meter Relay 7th Grade

3) Justin Holder 07	4) Nick Muller 07	
6 West Middle School 'A'		1:58.69
1) Hayden Sweum 7	2) Michael Duax 7	
3) Ethan Burge 7	4) Matt Counterterman 7	

Boys 800 Meter Run 8th Grade

=====

Meet: M 2:17.57 4/17/2015 Sam DeMoss, Sgt. Bluff-Luto

Name	Year School	Finals
1 Jorma Schwedler	08 Sbl	2:19.35
2 Blake Schroyer	08 Ssc 8th boys	2:26.68
3 Roger Perales	08 East Middle	2:29.64
4 Joe Graves	08 Dakota Valley MS	2:29.74
5 John Greer	08 Bishop Catholic MS	2:31.42
6 David Pithan	08 Bishop Catholic MS	2:34.27
7 Colby Nieman	8 West Middle School	2:36.07
8 Dayson Tucker	08 North Middle 8	2:39.04
9 Quintin Greenwell	08 North Middle 8	2:39.72
10 Caleb Sassman	08 East Middle	2:41.71
11 Edgardo Cruz	08 Ssc 8th boys	2:48.95

Boys 4x100 Meter Relay 8th Grade

=====

Meet: M 48.65 4/16/1993 , East Middle

School	Finals
1 Sbl 'A'	50.28
1) Deric Fitzgerald 08	2) Bradyn Barclay 08
3) Spencer Kleene 08	4) Jorma Schwedler 08
2 North Middle 8 'A'	50.68
1) Peyton Popken 08	2) Jayden Peterson 08
3) Issac Henn 08	4) Kayden Jones 08
3 Bishop Catholic MS 'A'	50.86
1) Ryan Dougherty 08	2) Henry Ayi 08
3) Henry Sealy 08	4) Camden Lee 08
4 East Middle 'A'	50.88
1) Joe Nvarkal 08	2) Jaleque Dunson 08
3) Gabe Wagner 08	4) Sayvion Armstrong 08
5 Ssc 8th boys 'A'	52.77
1) Pithan Chandler 08	2) Tyler Lockhart 08
3) Dylan Harper 08	4) Nicholas Areras 08
6 Dakota Valley MS 'A'	53.65
1) Titus Bruguier 08	2) Trey Bowen 08
3) Tadd Green 08	4) Jaden Kittler 08
7 West Middle School 'A'	54.24
1) Colby Nieman 8	2) Darrell Hall 8
3) Jade McDonald 8	4) Marcus McCray 8

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****Boys 4x200 Meter Relay 8th Grade**

Meet: M 1:39.73 4/17/2015 Sbl MS, Sgt. Bluff-Luton			
Z Schultz, G Warren, S DeMoss, B Delperdang			
School	Finals		
1 Bishop Catholic MS 'A'	1:43.86		
1) Henry Sealy 08	2) Michael Rizk 08		
3) Ryan Dougherty 08	4) Camden Lee 08		
2 Sbl 'A'	1:44.21		
1) Bradyn Barclay 08	2) Carter Schumacher 08		
3) Josh Stangel 08	4) Spencer Kleene 08		
3 East Middle 'A'	1:44.28		
1) Joe Nvarkal 08	2) Jaleque Dunson 08		
3) Gabe Wagner 08	4) Sayvion Armstrong 08		
4 North Middle 8 'A'	1:47.62		
1) Carson Bogenreif 08	2) Peyton Popken 08		
3) Jayden Peterson 08	4) Kayden Jones 08		
5 Dakota Valley MS 'A'	1:49.98		
1) Titus Bruguier 08	2) Trey Bowen 08		
3) Tadd Green 08	4) Jaden Kittler 08		
6 West Middle School 'A'	1:52.15		
1) Angel Cortez 8	2) Darrell Hall 8		
3) Colby Nieman 8	4) Marcus McCray 8		

Boys 4x400 Meter Relay 8th Grade

Meet: M 3:56.07 4/17/2015 Sbl MS, Sgt. Bluff-Luton			
G Warren, Z Schultz, D Mathison, B Delperdang			
School	Finals		
1 Sbl 'A'	3:57.57		
1) Carter Schumacher 08	2) Josh Stangel 08		
3) Deric Fitzgerald 08	4) Jorma Schwedler 08		
2 Bishop Catholic MS 'A'	4:00.06		
1) Christian Velasquez 08	2) RJ Breen 08		
3) Michael Rizk 08	4) Ryan Dougherty 08		
3 East Middle 'A'	4:10.44		
1) Jaleque Dunson 08	2) Colby East 08		
3) Roger Perales 08	4) Gabe Wagner 08		
4 North Middle 8 'A'	4:20.01		
1) Peyton Popken 08	2) Carson Bogenreif 08		
3) Jayden Peterson 08	4) Dayson Tucker 08		
5 Ssc 8th boys 'A'	4:24.42		
1) Blake Schroyer 08	2) Nicholas Areras 08		
3) Vilaysone Kham 08	4) Awnan Bouvilom 08		
6 Dakota Valley MS 'A'	4:26.56		
1) Hannes Boecker 08	2) Joe Graves 08		
3) Trey Bowen 08	4) Jaden Kittler 08		

Boys 100 Meter Dash Elite

Meet: M 10.83 4/14/2012 Darius Pearson, SC West				
Name	Year	School	Finals	Wind
1 Dom Flemister	12	Sioux City East	10.90	NWI
2 Brady Wall	11	Sb-Luton	10.91	NWI

Sioux City Relays 2016 - 4/15/2016 to 4/16/2016**Olsen Stadium****Results****....Boys 100 Meter Dash Elite**

3	Ross Godfrey	12	Sioux City East	11.09	NWI
4	Matthew George	12	Sb-Luton	11.20	NWI
5	Riley Van Wyhe	11	Central Lyon	11.34	NWI
6	Ethan McKinney	11	Sioux Falls Wash.	11.35	NWI
7	Ryley McGregor	11	Sb-Luton	11.40	NWI
8	Collin Nemmers	11	Le Mars	11.42	NWI

Boys 110 Meter Hurdles Elite

=====					
Meet: M 14.41 4/20/2002 Derek Casey, Cherokee					
Name	Year	School	Finals	Wind	
=====					
1	Jacobus Noble	12	Sc- North	15.13	NWI
2	William Parsley	12	Whiting High School	15.27	NWI
3	Calvin Korver	12	Unity Christian	15.34	NWI
4	Ty Smith	12	Sioux Falls Wash.	15.64	NWI
5	Levi Sudbeck	12	Pierce	15.69	NWI
6	Michael Enalls	12	Sioux Falls Wash.	15.71	NWI
7	Zach Roth	12	Kingsly-P/Wood-C	16.20	NWI
--	Dylan Wunschel	11	Oa-Bcig	DQ	NWI

Mixed 100 Meter Dash Wheelchair

=====					
Name	Year	School	Finals	Wind	
=====					
1	Keri Siebrecht	W09	Sheldon	25.26	NWI
2	Kadin Woodard	M09	Le Mars	26.55	NWI