

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 100 Meter Dash Class"A"**

Meet: M 12.24 4/20/1997 Tunisia Evans, SC North

Name	Year	School	Finals	Wind	H#
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Finals

1	Britney Calvillo	12	Sioux City East	12.66	-0.9	2
2	Yasmeen Rose	11	Bishop Heelan	12.89	-0.9	2
3	Rylie Zyzda	10	Sioux City East	13.47	-0.9	2
4	Madison Brown	09	Bishop Heelan	13.73	-0.9	2
5	Audrey Lovan	12	Sioux City North	13.78	2.0	1
6	Taylor Ferguson	10	Bishop Heelan	13.90	-0.9	2
7	Paige Henning	11	Sioux City West	13.98	-0.9	2
8	Hannah Heckert	10	Sgt. Bluff-Luton	14.20	2.0	1
9	Ayv Viola	09	Cb, Abraham Lincoln	14.44	-0.9	2
10	Paige Holton	09	Cb, Abraham Lincoln	14.84	2.0	1

Girls 100 Meter Hurdles Class"A"

Meet: M 14.76 4/18/2009 Nevada Sorensen, SF Lincoln

Name	Year	School	Finals	Wind	H#
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1	Kelsey Krohn	12	Sgt. Bluff-Luton	16.55	NWI	2
2	Shauna Folchert	11	Sioux City North	17.61	NWI	2
3	Maci Heimsoth	12	Sioux City East	18.23	NWI	1
4	Hannah Hennings	11	Cb, Abraham Lincoln	18.29	NWI	2
5	Melissa Verdin	12	Sioux City West	19.26	NWI	2
6	Ashley Davis	09	Sgt. Bluff-Luton	19.29	NWI	1

Girls 4x100 Meter Relay Class"A"

2 turn stagger

Meet: M 49.48 4/19/2008 Sioux City West, West

M Pearson, G Williams, C Simon, R Twohig

School	Finals
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1	Sioux City East 'A'	50.15
	1) Katrina Diaz 11	2) Rylie Zyzda 10
	3) Elizabeth Bohlmann 12	4) Britney Calvillo 12
2	Bishop Heelan 'A'	52.02
	1) Noelle Weaver 10	2) Katie Glover 10
	3) Madison Brown 09	4) Yasmeen Rose 11
3	Sioux City North 'A'	52.46
	1) Audrey Lovan 12	2) Kaisha Billings 12
	3) Hannah Hammer 09	4) Mercy Oyadare 09
4	Sergeant Bluff-Luton 'A'	54.69
	1) Gabrielle Olszewski 11	2) Kelsey Krohn 12
	3) Hannah Heckert 10	4) Debi Hiserote 09
5	South Sioux City 'A'	1:00.30
	1) Angelica Canoles 11	2) Andrea Lira 10
	3) Madison Hansen 09	4) Abby Dreibelbis 10

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x200 Meter Relay Class"A"**

4 turn stagger

Meet: M 1:44.71 4/19/2008 Sioux City West, West
C Simon, G Williams, R Twohig, M Pearson

School Finals

1	Sioux City East 'A'	1:45.10
	1) Katrina Diaz 11	2) Rylie Zyzda 10
	3) Elizabeth Bohlmann 12	4) Britney Calvillo 12
2	Bishop Heelan 'A'	1:49.97
	1) Noelle Weaver 10	2) Madison Brown 09
	3) Lauren Bleeker 10	4) Yasmeen Rose 11
3	Sioux City North 'A'	1:51.91
	1) Audrey Lovan 12	2) Shauna Folchert 11
	3) Hannah Hammer 09	4) Mercy Oyadare 09
4	Sergeant Bluff-Luton 'A'	1:54.38
	1) Gabrielle Olszewski 11	2) Kelsey Krohn 12
	3) Debi Hiserote 09	4) Madie Pike 11
5	Sioux City West 'A'	1:55.52
	1) Giselle Briones 09	2) Heidi Jones 12
	3) Alyssa Nash 12	4) Kathleen Meis 10
6	Cb, Abraham Lincoln 'A'	2:04.02
	1) Ayv Viola 09	2) Paige Holton 09
	3) Kalyn Damgaard 09	4) Alicia Steppuhn 10
7	South Sioux City 'A'	2:11.28
	1) Anahy Gonzalez 12	2) Sandra Murguia 12
	3) Madison Hansen 09	4) Aspen Campbell 10

Girls 4x400 Meter Relay Class"A"

3 turn stagger

Meet: M 4:02.17 4/18/2010 Sioux City East, East
S Houlihan, R Mikulicz, L Strom, E Dougherty

School Finals

1	Sioux City East 'A'	4:08.15
	1) Katrina Diaz 11	2) Britney Calvillo 12
	3) MaKenna Murray 09	4) Kali Ryan 09
2	Bishop Heelan 'A'	4:13.17
	1) Brooke Bleeker 12	2) Lauren Bleeker 10
	3) Anna Albenesius 09	4) Yasmeen Rose 11
3	Sioux City West 'A'	4:30.03
	1) Heidi Jones 12	2) Kathleen Meis 10
	3) Alyssa Nash 12	4) Giselle Briones 09
4	Cb, Abraham Lincoln 'A'	4:30.48
	1) Hannah Hennings 11	2) Merle Stock 12
	3) Kendall Bainbridge 10	4) Kendra Jankiewicz 12
5	Sergeant Bluff-Luton 'A'	4:46.20
	1) Darein Martinson 10	2) Ashley Davis 09
	3) Mariah Mammen 10	4) Breanna TenHulzen 09
6	Sioux City North 'A'	4:58.77
	1) Sidonia Davis 09	2) Paige Jolin 09
	3) Caitlin Havens 11	4) Emily Dirks 09
7	South Sioux City 'A'	5:25.06
	1) Ashley Borchers 09	2) Emily Ramirez 09
	3) Hannah Tindall 09	4) Yazmin Guardado 10

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls Distance Medley Class"A"**

3 turn stagger

Meet: M 4:13.64 4/19/2006 SF Roosevelt, Sioux Falls R
M. Bren, K. Bowman, D. Dalon, K. Eckert

School Finals

1 Bishop Heelan 'A'	4:35.36
1) Lauren Bleeker 10	2) Brooke Bleeker 12
3) Anna Albenesius 09	4) Lindsay Joyce 12
2 Sioux City West 'A'	4:39.56
1) Paige Henning 11	2) Giselle Briones 09
3) Kathleen Meis 10	4) Alyssa Nash 12
3 Sioux City East 'A'	4:43.34
1) MaKenna Bricker 09	2) Kayla Inlay 11
3) Sami McCulley 09	4) Hannah Hildahl 11
4 Cb, Abraham Lincoln 'A'	4:49.07
1) Sam Bohnet 11	2) Kendra Jankiewicz 12
3) Kendall Bainbridge 10	4) Merle Stock 12
5 Sioux City North 'A'	4:52.48
1) Kaisha Billings 12	2) Hannah Hammer 09
3) Mercy Oyadare 09	4) Lillyana Yebra 09
6 Sergeant Bluff-Luton 'A'	4:56.02
1) Hannah Heckert 10	2) Gabrielle Olszewski 11
3) Debi Hiserote 09	4) Breanna TenHulzen 09
7 South Sioux City 'A'	5:29.81
1) Andrea Lira 10	2) Abby Dreibelbis 10
3) Cristina Franco 10	4) Madison Beach 09

Girls 100 Meter Dash Class"B"

Meet: M 12.47 4/19/1989 Amy Schuver, Cherokee

Name Year School Finals Wind H#

1 Rebekah Muilenburg	11 Moc-Fv	13.03	-0.4	2
2 Kim Shabino	12 Spencer	13.04	-0.4	2
3 Madison Hemer	11 Oa-Bcig	13.40	-0.4	2
4 Bailey Rol	11 Le Mars	13.50	-0.4	2
4 Courtney Magnussen	11 Glenwood	13.50	-0.4	2
6 Shania Wunschel	12 Oa-Bcig	13.52	-0.4	2
7 Lily Peschau	10 Kingsley-P/WC	13.73	0.1	1
8 Allegra St. Clair	11 Sheldon	13.83	0.1	1
9 Cara Shanks	12 Kingsley-P/WC	14.00	0.1	1
10 Kirsten Schenk	10 Unity Chrst- OC	14.17	0.1	1
11 Karis Rhode	11 Spencer	14.27	-0.4	2
12 Chaise Benjamin	10 Le Mars	14.72	-0.4	2

Girls 100 Meter Hurdles Class"B"

Meet: M 15.65 4/18/2010 Slone Masters, Storm Lake

Name Year School Finals Wind H#

1 Caitlin Cain	12 Sheldon	16.54	NWI	2
2 Jenna McCoy	11 Spirit Lake Park	16.75	NWI	2
3 Cassandra Martin	11 Le Mars	16.76	NWI	2
4 Miranda Ruth	10 Glenwood	16.80	NWI	2
5 Karis Rhode	11 Spencer	16.98	NWI	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 100 Meter Hurdles Class"B"**

6	Olivia Scarborough	10	Glenwood	17.02	NWI	2
7	Katey Krager	12	Oa-Bcig	17.14	NWI	1
8	Bryn Groff	09	Sheldon	17.38	NWI	1
9	Claudia Devitt	11	Oa-Bcig	17.57	NWI	2
10	Amanda Schwartz	10	Le Mars	17.81	NWI	1
11	Alyssa Dotson	10	Spencer	18.51	NWI	2
12	Haley Cruse	10	Moc-Fv	18.61	NWI	1

Girls 4x100 Meter Relay Class"B"

2 turn stagger

Meet: M 50.88 4/20/1991 Cherokee, Cherokee

C. Hauswald, L. Johanson, K. Corzillus, A. Schuver

School Finals H#

1	Glenwood 'A'	51.23	2
	1) Courtney Magnussen 11	2) Kecia Caudill 12	
	3) Sarah Salerno 12	4) Chelsea Webster 12	
2	Oa-Bcig 'A'	51.54	2
	1) Shania Wunschel 12	2) Lexie Petersen 11	
	3) Jensen Boger 12	4) Madison Hemer 11	
3	Moc-Fv 'A'	52.30	2
	1) Rebekah Muilenburg 11	2) Daphne Heimensen 11	
	3) Riley Rowenhorst 11	4) Katie Landhuis 12	
4	Le Mars 'A'	52.69	2
	1) Chaise Benjamin 10	2) Bailey Rol 11	
	3) Ellie Meade 11	4) Allison Wilken 10	
5	Sheldon 'A'	52.94	2
	1) Bryn Groff 09	2) Katie Kneifl 11	
	3) Caitlin Cain 12	4) Allegra St. Clair 11	
6	Spencer 'A'	53.10	2
	1) Jalen Rost 09	2) Karis Rhode 11	
	3) Bailey Menard 11	4) Kim Shabino 12	
7	Sioux Center 'A'	53.77	1
	1) Osiris Gomez 09	2) Aubrey Sandbulte 09	
	3) Clare Kortlever 10	4) Katie TeGrotenhuis 10	
8	Kingsley-Pierson/Woodbury Cen 'A'	53.99	2
	1) Kristin Hubert 11	2) Baylee Bechen 12	
	3) Lily Peschau 10	4) Cara Shanks 12	
9	Spirit Lake Park 'A'	54.52	1
	1) Emily Parks 09	2) Sierra Gross 09	
	3) Hannah Brumley 09	4) Jenna McCoy 11	
10	Unity Chrst- OC 'A'	55.04	1
	1) Kinza Brue 12	2) Justine Van Sloten 11	
	3) Amanda Rens 11	4) Kirsten Schenk 10	

Girls 4x200 Meter Relay Class"B"

4 turn stagger

Meet: M 1:47.40 4/20/2010 Western Christian, Western Chr

K Gesink, K Kroeze, C Vaandrager, B Wolterstorff

School Finals H#

1	Moc-Fv 'A'	1:46.16M	2
	1) Rebekah Muilenburg 11	2) Daphne Heimensen 11	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 4x200 Meter Relay Class"B"**

3) Ali Achterhof 12	4) Katie Landhuis 12		
2 Spencer 'A'		1:49.22	2
1) Jalen Rost 09	2) Bailey Menard 11		
3) Kari Kramer 12	4) Kim Shabino 12		
3 Glenwood 'A'		1:49.59	2
1) Sarah Salerno 12	2) Kecia Caudill 12		
3) Molly Dean 10	4) Chelsea Webster 12		
4 Le Mars 'A'		1:49.93	2
1) Bailey Rol 11	2) Katrina Engebretson 10		
3) Rose Pelelo Ray 11	4) Allison Wilken 10		
5 Oa-Bcig 'A'		1:50.52	2
1) Shania Wunschel 12	2) Lexie Petersen 11		
3) Jensen Boger 12	4) Madison Hemer 11		
6 Sioux Center 'A'		1:52.14	2
1) Clare Kortlever 10	2) Katie TeGrotenhuis 10		
3) Aubrey Sandbulte 09	4) Patricia King 09		
7 Kingsley-Pierson/Woodbury Cen 'A'		1:54.70	2
1) Kristin Hubert 11	2) Baylee Bechen 12		
3) Lily Peschau 10	4) Cara Shanks 12		
8 Sheldon 'A'		1:55.88	1
1) Bryn Groff 09	2) Brittany Pomerence 11		
3) Kayla Van Meeteren 10	4) Maddy Tolk 09		
9 Spirit Lake Park 'A'		1:58.84	1
1) Sierra Gross 09	2) Taryn Ruden 11		
3) Hannah Brumley 09	4) Carly Hassel 09		
-- Unity Chrst- OC 'A'			DQ 1
1) Tessa Schoonhoven 10	2) Josie Blankespoor 09		
3) Kirsten Schenk 10	4) Kendra Wieringa 10		

Girls 4x400 Meter Relay Class"B"

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3 turn stagger			
Meet: M 4:02.45	4/17/1999	Elkhorn, Elkhorn	
	E. Ohm, K. Bull, A. Schmidt, K. Clark		
School		Finals	
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1 Spencer 'A'		4:14.88	
1) Kim Shabino 12	2) Kari Kramer 12		
3) Jenna Grimmus 09	4) Myah Guerrero 09		
2 Sioux Center 'A'		4:19.24	
1) Aubrey Sandbulte 09	2) Jessica Harald 09		
3) Patricia King 09	4) Clare Kortlever 10		
3 Unity Chrst- OC 'A'		4:26.24	
1) Tessa Schoonhoven 10	2) Jordan Bos 09		
3) Josie Blankespoor 09	4) Anna Kiel 10		
4 Glenwood 'A'		4:41.01	
1) Myranda Starner 10	2) Ashley Konfrst 11		
3) Reiny Ostrander 12	4) Natalie Serrano 09		
5 Kingsley-Pierson/Woodbury Cen 'A'		4:45.21	
1) Rachel Mercer 10	2) Lauren Rassel 11		
3) Halle Still 11	4) Kelsey Smith 09		
6 Sheldon 'A'		4:57.35	
1) Kelsey DenHartog 11	2) Katlyn Holtrop 12		
3) Emma Van Meeteren 10	4) Kayla Van Meeteren 10		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls Distance Medley Class"B"**

3 turn stagger

Meet: M 4:21.89 4/23/2005 Sioux Center, Sioux Center

M. Jacobsma, J. Estes, T. Jansen, K. Beaver

School

Finals

1	Unity Chrst- OC 'A'		4:29.15
	1) Tessa Schoonhoven 10	2) Josie Blankespoor 09	
	3) Anna Kiel 10	4) Kassidy DeJong 11	
2	Moc-Fv 'A'		4:35.25
	1) Rebekah Muilenburg 11	2) Daphne Heimensen 11	
	3) Ali Achterhof 12	4) Katie Landhuis 12	
3	Spencer 'A'		4:37.53
	1) Jalen Rost 09	2) Anna Glover 10	
	3) Jenna Grimmus 09	4) Sara Bauermeister 10	
4	Oa-Bcig 'A'		4:41.14
	1) Shania Wunschel 12	2) Madison Hemer 11	
	3) Jensen Boger 12	4) Bailey Hare 11	
5	Spirit Lake Park 'A'		4:45.74
	1) Sierra Gross 09	2) Hannah Brumley 09	
	3) Carly Hassel 09	4) Dondi Schmidt 12	
6	Sheldon 'A'		4:47.46
	1) Caitlin Cain 12	2) Katie Kneifl 11	
	3) Allegra St. Clair 11	4) Emma Van Meeteren 10	
7	Glenwood 'A'		5:00.11
	1) Reiny Ostrander 12	2) Ashley Konfrst 11	
	3) Kali Mumm 10	4) Natalie Serrano 09	

Girls 100 Meter Dash Class"C"

Meet: M 12.06 4/20/1989 Theresa Lux, Westwood

Name

Year School

Finals

Wind H#

1	Keely Bertram	12 Elk Point-Jefferson	13.24	2.0	2
2	Casey Sutherland	10 Pierce	13.25	2.0	2
3	Jacy Bretschneider	12 Pierce	13.27	2.0	2
4	Lexie Eifert	11 Ponca	13.38	2.0	2
5	Lindsey Flammang	09 Lawton-Bronson	13.49	2.0	2
6	Abby Drieling	10 Emerson-Hubbard	13.82	2.0	2
7	Payton Goettsch	10 River Valley	14.58	+0.0	1
8	Gabby Todd	10 River Valley	14.90	+0.0	1
9	Kelsey Shilling	09 Westwood	14.94	+0.0	1
10	Danielle Nelson	09 South O'Brien	15.04	+0.0	1
11	Alexa Sickelka	09 South O'Brien	15.91	+0.0	1

Girls 100 Meter Hurdles Class"C"

Meet: M 16.03 4/14/2012 Steph Rohe, Gehlen Catholic

Name

Year School

Finals

Wind H#

1	Morgan Whitehead	11 Gehlen Catholic	16.67	NWI	2
2	Renee Choquette	12 Westwood	18.31	NWI	2
3	Gabby Todd	10 River Valley	18.34	NWI	2
4	Tonya Redemia	12 Westwood	18.51	NWI	1
5	Alexis Flynn	10 Elk Point-Jefferson	18.55	NWI	2
6	Baily Wiltgen	12 Gehlen Catholic	18.92	NWI	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 100 Meter Hurdles Class"C"**

7	Danielle Nelson	09 South O'Brien	19.49	NWI	1
8	Payton Howald	09 Marcus Mmc	20.88	NWI	1
9	Shelby Schueder	09 South O'Brien	21.19	NWI	1

Girls 4x100 Meter Relay Class"C"

2 turn stagger

Meet: M 51.53 4/19/2008 Laurel-Concord, Laurel-Concor
K Gould, B DeLong, A Lunz, K Jacobsen

School	Finals
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1	Pierce 'A'	52.31
	1) Casey Sutherland 10	2) Emily Simmons 09
	3) Allison Koehlmoos 11	4) Jacy Bretschneider 12
2	Lawton-Bronson 'A'	54.43
	1) Lindsey Flammang 09	2) Jenna Wede 09
	3) Ali Verzani 10	4) Brooke Hunwardsen 10
3	Gehlen Catholic 'A'	54.55
	1) Taylor Peters 11	2) Jill Kessenich 10
	3) Baily Wiltgen 12	4) Morgan Whitehead 11
4	Westwood 'A'	54.77
	1) Breea Bockelmann 11	2) JoAnna Hanner 09
	3) Paige Metcalf 09	4) Maddy Nettleton 10
5	Marcus-Meriden-Cleghorn 'A'	55.82
	1) Angeleah Hoefling 11	2) Loiusa Hansen 10
	3) Sarah Dreckman 10	4) Haley Moser 11
6	South O'Brien 'A'	58.92
	1) Danielle Nelson 09	2) Whitney Sickelka 09
	3) Maycee Smith 09	4) Karlene Negus 11

Girls 4x200 Meter Relay Class"C"

4 turn stagger

Meet: M 1:47.98 4/19/2010 Central Lyon, Central Lyon
M Schleusner, K Eckenrod, K Cuperus, A Ackerman

School	Finals
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1	Pierce 'A'	1:50.20
	1) Casey Sutherland 10	2) Shelby Bretschneider 10
	3) Allison Koehlmoos 11	4) Jacy Bretschneider 12
2	Ponca 'A'	1:54.65
	1) MacKenzie Boyle 10	2) Brook McCluskey 12
	3) Elizabeth Watchorn 09	4) Lexie Eifert 11
3	Gehlen Catholic 'A'	1:56.44
	1) Taylor Peters 11	2) Jill Kessenich 10
	3) Baily Wiltgen 12	4) Morgan Whitehead 11
4	Westwood 'A'	1:57.73
	1) Breea Bockelmann 11	2) Abby Crawford 10
	3) Paige Metcalf 09	4) Maddy Nettleton 10
5	Marcus-Meriden-Cleghorn 'A'	1:58.38
	1) Sarah Dreckman 10	2) Angeleah Hoefling 11
	3) Haley Moser 11	4) Emily Moser 09
6	South O'Brien 'A'	1:58.74
	1) Maycee Smith 09	2) Olivia Sickelka 11
	3) Courtney Rehder 10	4) Taylor Paulsen 12

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x400 Meter Relay Class "C"**

3 turn stagger

Meet: M 4:14.24 4/19/2008 Elk Point-Jefferson, Elk Pt
A Erickson, H Wilkinson, A Murphy, C Strassburg

School Finals

1	Elk Point-Jefferson 'A'	4:20.92
	1) Keely Bertram 12	2) Alexis Flynn 10
	3) McKenzie Mennenga 10	4) Josie Heeren 10
2	South O'Brien 'A'	4:27.57
	1) Olivia Sickelka 11	2) Taylor Paulsen 12
	3) Halee Rahbusch 12	4) Courtney Rehder 10
3	Marcus-Meriden-Cleghorn 'A'	4:36.18
	1) Sarah Dreckman 10	2) Haley Moser 11
	3) Nicki Schwarz 12	4) Emily Moser 09
4	Gehlen Catholic 'A'	4:39.93
	1) Paris Schroeder 10	2) Leah Ellensohn 12
	3) Krayton Schnepf 10	4) Brooke Harpenau 09
5	Ponca 'A'	4:44.49
	1) MacKenzie Boyle 10	2) Kaylee Hamar 09
	3) Elizabeth Watchorn 09	4) Sadie Finnegan 09
6	Pierce 'A'	4:50.24
	1) Emily Simmons 09	2) Krystina Schuett 09
	3) Shianna Oestreich 09	4) Haley Wieting 09
7	West Monona 'A'	5:25.12
	1) Sarah Tuttle 09	2) Makenzie Struble 09
	3) Shayna Gries 10	4) Courtney Terry 09

Girls Distance Medley Class "C"

3 turn stagger

Meet: M 4:26.86 4/20/1998 Sergeant Bluff-Luton, Serge
K. McGill, J. Kucera, C. Williams, C. Ebersole

School Finals

1	Dakota Valley 'A'	4:32.33
	1) Morganne Pfaffle 12	2) Anna Rasmussen 09
	3) Sara Bohan 10	4) Marisa Schulz 09
2	Elk Point-Jefferson 'A'	4:40.08
	1) Keely Bertram 12	2) Emily Mickelson 09
	3) Alexis Flynn 10	4) McKenzie Mennenga 10
3	South O'Brien 'A'	4:40.85
	1) Taylor Paulsen 12	2) Olivia Sickelka 11
	3) Courtney Rehder 10	4) Halee Rahbusch 12
4	Westwood 'A'	4:43.19
	1) Breea Bockelmann 11	2) Abby Crawford 10
	3) Mykenzie Whitney 09	4) Heather East 09
5	Lawton-Bronson 'A'	4:44.66
	1) Lindsey Flammang 09	2) Ali Verzani 10
	3) Brooke Hunwardsen 10	4) Kylie Horsley 09
6	Marcus-Meriden-Cleghorn 'A'	4:53.46
	1) Sarah Dreckman 10	2) Haley Moser 11
	3) Emily Moser 09	4) Hailee Roberts 10

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 800 Meter Run OHS**

Top 24

Meet: M 2:10.36 4/18/2011 Shelby Houlihan, East

Name	Year	School	Finals
1 Josie Heeren	10	Elk Point-Jefferson	2:21.83
2 Lauren Luft	10	Bishop Heelan	2:27.25
3 Kali Ryan	09	Sioux City East	2:28.20
4 Alyssa Nash	12	Sioux City West	2:31.89
5 Katie Broers	09	Unity Chrst- OC	2:34.88
6 Brooke Hunwardsen	10	Lawton-Bronson	2:37.63
7 Emma Fratzke	09	Spencer	2:39.11
8 Breanna Waugh	10	Cb, Abraham Lincoln	2:39.26
9 Maddie Richter	09	Spirit Lake Park	2:39.83
10 Heather East	09	Westwood	2:41.12
11 Kendra Bauermeister	10	Spencer	2:41.65
12 Kylie Horsley	09	Lawton-Bronson	2:43.33
13 Avery Lester	09	Sioux City East	2:43.54
14 Cassie Stowe	09	Ponca	2:43.56
15 Hailee Roberts	10	Marcus Mmc	2:44.46
16 Alyssa Jensen	09	Glenwood	2:46.27

Girls 1500 Meter Run OHS

Top 32

Meet: M 4:30.67 4/23/2011 Shelby Houlihan, East

Name	Year	School	Finals
1 Marisa Schulz	09	Dakota Valley	4:59.18
2 Lindsay Joyce	12	Bishop Heelan	5:01.24
3 Jordan Bos	09	Unity Chrst- OC	5:03.09
4 Kassidy DeJong	11	Unity Chrst- OC	5:03.54
5 Dondi Schmidt	12	Spirit Lake Park	5:04.55
6 Bailey Hare	11	Oa-Bcig	5:10.34
7 Kelsey Lang	10	Moc-Fv	5:21.07
8 Bailey Starner	12	Glenwood	5:21.60
9 Lillyana Yebra	09	Sioux City North	5:23.13
10 Cierro Guerrero	12	Spencer	5:23.84
11 Breanna Waugh	10	Cb, Abraham Lincoln	5:24.48
12 Avery Lester	09	Sioux City East	5:26.64
13 Shelby Boettcher	11	Sioux City West	5:29.75
14 Emma Sealey	10	Bishop Heelan	5:31.26
15 Jaycee Vander Berg	11	Moc-Fv	5:34.14
16 Madi Peck	11	Bishop Heelan	5:39.33
17 Kendra Bauermeister	10	Spencer	5:42.19
18 Halee Rahbusch	12	South O'Brien	5:42.74
19 Halle Still	11	Kingsley-P/WC	5:43.64
20 Jillian Finnegan	09	Glenwood	5:45.06
21 Lucy O'Hagan	09	Spirit Lake Park	5:47.07
22 Katrina Engebretson	10	Le Mars	5:55.47
23 Miranda Mouw	12	Sioux Center	6:05.99
24 Jessica Johns	10	Sgt. Bluff-Luton	6:06.62
25 Frannie Feekes	12	Sheldon	6:08.45

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 3000 Meter Run OHS**

Top 32

Meet: M 9:57.23 4/23/2005 Ramsey Kavan, Yankton

Name	Year	School	Finals
1 Dondi Schmidt	12	Spirit Lake Park	11:06.62
2 Bailey Hare	11	Oa-Bcig	11:14.32
3 Lindsay Joyce	12	Bishop Heelan	11:18.17
4 Lillyana Yebra	09	Sioux City North	11:20.04
5 Miranda Moss	12	Sioux Center	11:25.98
6 Cierro Guerrero	12	Spencer	11:38.48
7 Jaycee Vander Berg	11	Moc-Fv	11:42.13
8 Nicki Schwarz	12	Marcus Mmc	12:03.45
9 Erin Bandstra	10	Unity Chrst- OC	12:11.11
10 Anneke Knauss	09	Unity Chrst- OC	12:13.74
11 Alyssa Krohn	10	Moc-Fv	12:35.09
12 Alexis Cave	10	Marcus Mmc	12:38.72
13 Felicia Arellano	09	Glenwood	12:42.64
14 Frannie Feekes	12	Sheldon	14:22.27

Girls 400 Meter Hurdles OHS

Top 24 by time

Meet: M 1:04.92 4/19/2006 Jacqui Kalin, SC North

Name	Year	School	Finals	H#
1 Shauna Folchert	11	Sioux City North	1:11.45	3
2 Hannah Hennings	11	Cb, Abraham Lincoln	1:12.66	3
3 Caitlin Cain	12	Sheldon	1:13.88	3
4 Brandi Botcher	09	Spencer	1:13.95	2
5 Patricia King	09	Sioux Center	1:14.27	3
6 Justine Van Sloten	11	Unity Chrst- OC	1:15.69	2
7 Melissa Verdin	12	Sioux City West	1:16.94	2
8 Summit Nielsen	09	Oa-Bcig	1:18.15	2
9 Brooke Skirvin	10	Oa-Bcig	1:19.15	1
10 Haley Cruse	10	Moc-Fv	1:19.74	1
11 Ashley Davis	09	Sgt. Bluff-Luton	1:20.71	1
12 Whitney Sickelka	09	South O'Brien	1:36.68	2

Girls 4x800 Meter Relay OHS

Top 16 teams by time

1 turn stagger

Meet: M 9:15.76 4/19/2006 SF Roosevelt, Sioux Falls R
B. Thune, D. Dalon, A. Eckert, K. Eckert

School	Finals
1 Unity Chrst- OC 'A'	10:02.25
1) Anna Kiel 10	2) Katie Broers 09
3) Jordan Bos 09	4) Cassidy DeJong 11
2 Spencer 'A'	10:31.93
1) Jenna Grimmius 09	2) Sara Bauermeister 10
3) Kari Kramer 12	4) Myah Guerrero 09
3 Moc-Fv 'A'	10:46.29
1) Kelsey Lang 10	2) Alyssa Krohn 10
3) Daphne Heimensen 11	4) Jaycee Vander Berg 11

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 4x800 Meter Relay OHS**

4 Glenwood 'A'	10:49.85
1) Gabriella Mixan 10	2) Myranda Starner 10
3) Kali Mumm 10	4) Bailey Starner 12
5 South O'Brien 'A'	10:52.12
1) Halee Rahbusch 12	2) Taylor Paulsen 12
3) Olivia Sickelka 11	4) Courtney Rehder 10
6 Sioux Center 'A'	10:58.22
1) Jessica Harald 09	2) Miranda Moss 12
3) Miranda Mouw 12	4) Andrea Verburg 09
7 Sioux City East 'A'	11:08.35
1) Hannah Hildahl 11	2) Caitlyn Taylor 11
3) Sydney McManamy 10	4) Avery Lester 09
8 Marcus-Meriden-Cleghorn 'A'	11:09.54
1) Hailee Roberts 10	2) Kayla Brady 10
3) Nicki Schwarz 12	4) Emily Moser 09
9 Kingsley-Pierson/Woodbury Cen 'A'	11:10.20
1) Brooke Nettleton 09	2) Halle Still 11
3) Baylee Bechen 12	4) Rachel Mercer 10
10 Ponca 'A'	11:11.32
1) Sadie Finnegan 09	2) Bailey Bennett 09
3) Maddie Niemeier 09	4) Cassie Stowe 09
11 Sheldon 'A'	11:13.07
1) Brittany Van Wyk 11	2) Anna Marie Fjeld 10
3) Emma Van Meeteren 10	4) Kayla Van Meeteren 10
12 South Sioux City 'A'	12:00.98
1) Ashley Borchers 09	2) Emily Ramirez 09
3) Maria Gonzalez 11	4) Cristina Franco 10
13 River Valley 'A'	12:03.15
1) Olivia Goettsch 12	2) Alli Brown 10
3) Taylor Goettsch 10	4) Payton Goettsch 10
14 West Monona 'A'	12:49.18
1) Shayna Gries 10	2) Makenzie Struble 09
3) Sarah Tuttle 09	4) Courtney Terry 09

Girls 4x100 Meter Shuttle Hurdle OHS

Meet: M 1:07.91 4/13/2013 Spencer, Spencer

A Meister, K Kramer, K Rhode, T Glover

School	Finals	H#
1 Glenwood 'A'	1:09.98	2
1) Olivia Scarborough 10	2) Molly Dean 10	
3) Ashley Konfrst 11	4) Miranda Ruth 10	
2 Oa-Bcig 'A'	1:11.59	1
1) Katey Krager 12	2) Summit Nielsen 09	
3) Claudia Devitt 11	4) Brooke Skirvin 10	
3 Le Mars 'A'	1:11.63	2
1) Cassandra Martin 11	2) Cassidy Utesch 10	
3) Holly Schneider 11	4) Amanda Schwartz 10	
4 Sioux Center 'A'	1:11.91	1
1) Bailie Sandbulte 10	2) Patricia King 09	
3) Andrea Verburg 09	4) Miranda Lammers 10	
5 Gehlen Catholic 'A'	1:13.14	1
1) Jill Kessenich 10	2) Baily Wiltgen 12	
3) Taylor Peters 11	4) Morgan Whitehead 11	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 4x100 Meter Shuttle Hurdle OHS**

6 Spencer 'A'	1:15.12	2
1) Brandi Botcher 09	2) Alyssa Dotson 10	
3) Anna Glover 10	4) Karis Rhode 11	
7 Westwood 'A'	1:15.80	1
1) Tonya Redemia 12	2) Paige Metcalf 09	
3) Mykenzie Whitney 09	4) Renee Choquette 12	

Girls High Jump OHS

Starting height 4'8"

Meet: M 5-07.50 4/20/2006 Megan Glisar, Hanah Wilkinson, SBL, E

Name	Year	School	Finals	
1 Anna Kiel	10	Unity Chrst- OC	5-04.00	1.62m
2 Kaisha Billings	12	Sioux City North	4-10.00	1.47m
3 Molly Dean	10	Glenwood	J4-10.00	1.47m
4 Shelby Bretschneider	10	Pierce	J4-10.00	1.47m
4 Cassidy DeJong	11	Unity Chrst- OC	J4-10.00	1.47m
4 Katie TeGrotenhuis	10	Sioux Center	J4-10.00	1.47m
7 Lexie Petersen	11	Oa-Bcig	4-08.00	1.42m
8 Kendra Bauermeister	10	Spencer	J4-08.00	1.42m
8 Mariah McCarty	12	Gehlen Catholic	J4-08.00	1.42m
-- Jessica Riley	10	Elk Point-Jefferson	NH	
-- Rachel Tweedy	12	Pierce	NH	
-- Danyel Moran	10	Sioux City East	NH	
-- Jenna McCoy	11	Spirit Lake Park	NH	

Girls Long Jump OHS

Meet: M 17-09.50 4/20/1996 Delena Hanes, Bellvue West

Name	Year	School	Finals	Wind	
1 Elizabeth Bohlmann	12	Sioux City East	17-02.75	NWI	5.25m
16-01.75(NWI) 17-02(NWI) FOUL		16-08.50(NWI) 17-02.75(NWI) FOUL			
2 Kaisha Billings	12	Sioux City North	17-01.00	NWI	5.20m
FOUL 17-01(NWI) 16-10(NWI) 15-00.75(NWI) 16-11(NWI) FOUL					
3 Madie Pike	11	Sgt. Bluff-Luton	16-05.00	NWI	5.00m
15-03.75(NWI) 16-05(NWI) 16-02.50(NWI) 16-03.50(NWI) 16-00.50(NWI) 16-03.50(NWI)					
4 Jenna McCoy	11	Spirit Lake Park	16-01.00	NWI	4.90m
14-07(NWI) 16-01(NWI) 15-02.50(NWI) 15-06.50(NWI) 15-05(NWI) 16-00(NWI)					
5 Breanna Waugh	10	Cb, Abraham Lincoln	15-09.00	NWI	4.80m
15-09(NWI) 15-03.50(NWI) FOUL FOUL 14-10(NWI) FOUL					
6 Sarah Salerno	12	Glenwood	15-08.00	NWI	4.77m
15-00(NWI) 14-10(NWI) 15-08(NWI) 15-04(NWI) 15-05(NWI) FOUL					
7 Katie Kneifl	11	Sheldon	15-05.00	NWI	4.69m
14-11.50(NWI) 14-10.50(NWI) FOUL 15-04(NWI) 15-05(NWI) FOUL					
8 Sara Bohan	10	Dakota Valley	15-01.75	NWI	4.61m
14-06.50(NWI) 15-01.75(NWI) FOUL 15-01(NWI) 13-11.50(NWI) 15-01(NWI)					
9 Shelby Bretschneider	10	Pierce	14-08.00	NWI	4.47m
14-08(NWI) 14-06(NWI) 14-06(NWI)					
10 Allison Koehlmoos	11	Pierce	14-06.50	NWI	4.43m
14-06.50(NWI) FOUL FOUL					
11 Tessa Schoonhoven	10	Unity Chrst- OC	14-06.00	NWI	4.41m
14-06(NWI) 14-00(NWI) FOUL					

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls Long Jump OHS**

11	Jalen Rost	09 Spencer	14-06.00	NWI	4.41m
	14-03.50(NWI)	14-06(NWI)	14-04(NWI)		
13	Justine Van Sloten	11 Unity Chrst- OC	13-10.00	NWI	4.21m
	13-07(NWI)	13-10(NWI)	13-01.75(NWI)		
14	Rose Pelelo Ray	11 Le Mars	13-06.00	NWI	4.11m
	13-01.50(NWI)	13-06(NWI)	FOUL		
15	Heidi Jones	12 Sioux City West	13-03.00	NWI	4.03m
	FOUL	FOUL	13-03(NWI)		
16	Noelle Weaver	10 Bishop Heelan	12-07.50	NWI	3.84m
	12-07.50(NWI)	FOUL	FOUL		
17	Brittany Hamann	10 Oa-Bcig	11-10.50	NWI	3.61m
	11-10.50(NWI)	FOUL	FOUL		
--	Kayla Inlay	11 Sioux City East	FOUL		
	FOUL	FOUL	FOUL		

Girls Shot Put OHS

Standard for measurement 35'						
Meet: M 45-01.25 4/20/1989 Lisa VanSteenwyk, West Lyons						
Name	Year	School	Finals			
1	Andrea Urban	12 Le Mars	40-09.00	12.42m		
	40-09	39-04	FOUL	FOUL	FOUL	36-10
2	Jacy Embray	11 Glenwood	39-11.50	12.17m		
	FOUL	37-11.50	39-11.50	38-10	38-11	38-07.50
3	Cheyenne Wilcke	12 Oa-Bcig	38-09.00	11.81m		
	33-05	37-05.50	35-07	38-09	37-11.50	35-11.50
4	Tanya Meyer	12 Sioux City West	37-07.00	11.45m		
	35-11	37-07	36-04	36-09.50	36-05	34-06
5	Ali Verzani	10 Lawton-Bronson	37-02.00	11.32m		
	35-03	35-02.50	36-03.50	37-02		
6	Kiana Phelps	10 Kingsley-P/WC	36-09.00	11.20m		
	35-01.50	35-04.50	33-07	36-09	36-03.50	36-05
7	Miles Ludwigs	12 Sgt. Bluff-Luton	36-05.00	11.09m		
	36-05	FOUL	35-08	35-03	36-05	36-05
8	Linnaea Konfrst	10 Glenwood	35-11.00	10.94m		
	34-01	35-11	33-06	34-06	35-03	34-08
9	Jacklyn Hulshof	10 Sioux Center	34-09.00	10.59m		
	34-09	30-08	31-01			
10	Ariana Smith	12 Cherokee	34-03.00	10.43m		
	32-00	32-01	34-03			
11	Lauren Dosedall	10 Elk Point-Jefferson	34-02.50	10.42m		
	31-08	34-02.50	34-02			
12	Kendra Windeshausen	12 Dakota Valley	34-02.00	10.41m		
	33-09.50	34-02	33-10.50			
13	Allie Verzani	11 Bishop Heelan	34-00.00	10.36m		
	33-00	33-02.50	34-00			
14	Heidi Ploen	12 Kingsley-P/WC	33-10.00	10.31m		
	33-10	30-10	32-01			
15	Shay Lund	10 South O'Brien	33-04.00	10.16m		
	32-02	30-03.50	33-04			
16	Chantelle DeHaan	12 Unity Chrst- OC	32-10.00	10.00m		
	FOUL	32-10	FOUL			
17	Olivia Dagel	09 Cherokee	32-04.00	9.85m		
	31-02	31-02	32-04			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls Shot Put OHS**

18 Kaitlyn Parrot	11 Cherokee	32-00.00	9.75m
31-02 32-00 30-08			
19 Sarah Sponder	10 Sioux City East	31-10.00	9.70m
31-10 30-11.50 30-10			
20 Brandi Botcher	09 Spencer	31-06.00	9.60m
30-10 29-11 31-06			
21 Abbi Meendering	11 Sheldon	31-05.00	9.57m
FOUL 31-05 30-04			
22 Krista Bousema	12 Sheldon	31-04.00	9.55m
31-04 FOUL 30-11			
23 Jaylee Lester	11 Bishop Heelan	31-00.00	9.44m
30-02 28-11.50 31-00			
24 Jenny Dailey	11 Elk Point-Jefferson	30-11.00	9.42m
29-03 29-11 30-11			
25 Sierra Matthews	12 South O'Brien	30-10.00	9.39m
27-11.50 FOUL 30-10			
25 Cire Strim	10 Sioux City North	30-10.00	9.39m
30-10 FOUL FOUL			
25 Azaria Hudson	11 Sioux City West	30-10.00	9.39m
30-04 30-10 30-07			
28 Cenze Anderson	10 Le Mars	30-03.50	9.23m
30-03.50 FOUL FOUL			
29 Justicey Tieck	11 Sioux City East	28-10.00	8.78m
28-10 FOUL FOUL			
30 Hannah Van Roekel	11 Unity Chrst- OC	28-01.00	8.55m
27-11 28-01 FOUL			

Girls Discus Throw OHS

Standard measurement 100'

Meet: M 151-08 4/20/2003 Rachel Jansen, MOC-Floyd Valley

Name	Year School	Finals	
1 Kiana Phelps	10 Kingsley-P/WC	148-09	45.33m
129-01 139-07 148-09	FOUL 138-10 146-04		
2 Andrea Urban	12 Le Mars	114-08	34.95m
100-01 114-08 104-05	104-08 FOUL FOUL		
3 Cheyenne Wilcke	12 Oa-Bcig	113-08	34.64m
FOUL 113-08 111-00	107-05 FOUL FOUL		
4 Dawn Henderson	11 Marcus Mmc	110-10	33.78m
88-10 FOUL 110-10	106-03 108-05 108-02		
5 Breanna Schuiteman	10 Moc-Fv	109-09	33.45m
109-09 108-06 109-07	FOUL 104-05 FOUL		
6 Miles Ludwigs	12 Sgt. Bluff-Luton	107-04	32.71m
107-04 FOUL FOUL	96-09 100-03 FOUL		
7 Hailey Huckfelt	11 Spencer	106-08	32.51m
FOUL 103-03 106-08	100-01 FOUL 102-04		
8 Jacy Embray	11 Glenwood	105-05	32.13m
101-09 105-05 98-04	104-07 92-02 FOUL		
9 Cassidy Fox	10 Spencer	J105-05	32.13m
102-05 105-05 101-09	101-11 95-05 94-02		
10 Linnaea Konfrst	10 Glenwood	104-00	31.69m
FOUL 103-00 104-00			
11 Jaylee Lester	11 Bishop Heelan	103-07	31.57m
86-04 103-07 FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Girls Discus Throw OHS

12 Allie Verzani 95-05 99-09 98-06	11 Bishop Heelan	99-09	30.40m
13 Ariana Smith FOUL 96-03 FOUL	12 Cherokee	96-03	29.33m
14 Brandi Sporleder FOUL 87-06 95-02	10 Pierce	95-02	29.00m
15 Olivia Dagel 94-02 FOUL FOUL	09 Cherokee	94-02	28.70m
16 Chantelle DeHaan 81-09 92-05 FOUL	12 Unity Chrst- OC	92-05	28.16m
17 Myranda Starner FOUL 91-01 91-00	10 Glenwood	91-01	27.76m
18 Morgan De Jong 89-02 FOUL 86-01	09 Moc-Fv	89-02	27.17m
18 Kate Asmus 89-02 84-06 89-02	10 Pierce	89-02	27.17m
20 Heidi Ploen 86-08 75-00 FOUL	12 Kingsley-P/WC	86-08	26.41m
21 Kadie Bauer FOUL 77-06 86-03	09 South O'Brien	86-03	26.28m
21 Sierra Matthews 86-03 FOUL FOUL	12 South O'Brien	86-03	26.28m
23 Kendra Windeshausen 79-08 FOUL FOUL	12 Dakota Valley	79-08	24.28m
24 Hannah Van Roekel 71-11 76-05 FOUL	11 Unity Chrst- OC	76-05	23.29m
25 Mollie Lower FOUL 65-11 FOUL	10 Sgt. Bluff-Luton	65-11	20.09m
-- Kayla Stottlemeyer FOUL FOUL FOUL	11 Cb, Abraham Lincoln	FOUL	

Girls 800 Meter Run HS Freshman

=====			
Meet: M 2:39.28 4/13/2012 Dana Fisher, South Sioux Ci			
Name	Year	School	Finals
=====			
1 Avery Lester	09	Sioux City East	2:43.60
2 Kiley Boeshart	09	Bishop Heelan	2:51.62
3 Courtney Peters	09	Oa-Bcig	2:58.91
4 Emily Ramirez	09	South Sioux City	2:59.08
5 Hannah Veit	09	Oa-Bcig	3:01.27
6 Gretchen Dodge	09	Le Mars	3:03.05
7 Makena Masuen	09	Le Mars	3:07.27
8 Celeste DeAnda	09	Sioux City North	3:12.33
9 Marah Burkhart	09	Sioux City East	3:19.71
10 Ariana Sandoval	09	Sioux City North	3:22.30
11 Raquel Yoerger	09	Le Mars	3:24.37
12 Elizabeth Saxon	09	Le Mars	3:30.21

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x100 Meter Relay HS Freshman**

2 turn stagger

Meet: M 52.62 4/21/2006 Bishop Heelan, Heelan
J Bennett, D Merchant, S Kuehl, M Irwin

School Finals

1	South Sioux City 'A'	55.14
	1) Sydney Hirsch 09	2) Kori Fischer 09
	3) Ashley Hohenstein 09	4) Carissa Powell 09
1	Sioux City East 'A'	55.14
	1) Lauren Page 09	2) Sami McCulley 09
	3) MaKenna Murray 09	4) MaKenna Bricker 09
3	Bishop Heelan 'A'	57.08
	1) Morgan Finken 09	2) Jalisa Johnson 09
	3) Anna Albenesius 09	4) Rachel Joines 09
4	Oa-Bcig 'A'	57.12
	1) Skylar Reis 09	2) Elle McCormick 09
	3) Courtney Peters 09	4) Summit Nielsen 09
5	Le Mars 'A'	57.74
	1) Ashley Vasquez 09	2) Kristen Ellis 09
	3) Matilynn Langel 09	4) Janae Cassan 09
--	Sioux City North 'A'	DQ
	1) Leambra Dotson 09	2) Hannah Hammer 09
	3) Amina Hartwell 09	4) Kimberly Knuth 09

Girls 4x200 Meter Relay HS Freshman

4 turn stagger

Meet: M 1:51.38 4/18/1990 South Sioux City, South Sio
K. Miller, K. Ericksen, T. Redler, S. Hames

School Finals

1	Sioux City East 'A'	1:56.05
	1) Lauren Page 09	2) Sami McCulley 09
	3) Kali Ryan 09	4) MaKenna Bricker 09
2	South Sioux City 'A'	1:58.26
	1) Kori Fischer 09	2) Sydney Hirsch 09
	3) Ashley Hohenstein 09	4) Carissa Powell 09
3	Sioux City West 'A'	2:02.94
	1) DeLaney Berke 09	2) Khenadi Jones 09
	3) Kelsey Whiteface 09	4) Brianna Moore 09
4	Oa-Bcig 'A'	2:02.96
	1) Skylar Reis 09	2) Elle McCormick 09
	3) Courtney Peters 09	4) Summit Nielsen 09
5	Sioux City North 'A'	2:04.32
	1) Mercy Oyadare 09	2) Amina Hartwell 09
	3) Kimberly Knuth 09	4) Claire Henry 09
6	Le Mars 'A'	2:07.20
	1) Ashley Vasquez 09	2) Kristen Ellis 09
	3) Matilynn Langel 09	4) Janae Cassan 09

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x400 Meter Relay HS Freshman**

3 turn stagger

Meet: M 4:22.16 4/20/2005 Bishop Heelan, Bishop Heela
H. Maly, T. Tigges, L. Harbeck, S. McCauley

School Finals

1 Sioux City East 'A' 4:25.37

1) Lauren Page 09 2) Sami McCulley 09
3) MaKenna Murray 09 4) Kali Ryan 09

2 Oa-Bcig 'A' 4:51.47

1) Skylar Reis 09 2) Courtney Peters 09
3) Sydney Buehler 09 4) Summit Nielsen 09

-- Bishop Heelan 'A' DQ

1) Anna Albenesius 09 2) Kiley Boeshart 09
3) Rachel Joines 09 4) Morgan Finken 09**Girls 4x100 Meter Relay 6th Grade**

2 turn stagger

Meet: M 1:01.93 4/13/2012 North Middle School, North
K Glizar, A Cabrera, A Topete, T Kelley

School Finals

1 West Middle School 'A' 59.92M

2 East Middle School 'A' 1:00.95M

3 North Middle 'A' 1:01.59M

4 West Middle School 'B' 1:06.10

Girls 4x100 Meter Relay 7th Grade

2 turn stagger

Meet: M 57.22 4/13/2012 East Middle School, East Midd
S McCulley, C Ver Steeg, R Webster, A Graves

School Finals

1 South Sioux City Middle Girls 'A' 56.19M

1) McKenna Sims 07 2) Taryn Christensen 07
3) Bricelyn Comstock 07 4) Selene Guzman 07

2 North Middle 'A' 57.02M

1) Ariel Mitchell 07 2) Jayda Graham 07
3) Isabella Gonzalez 07 4) Leila Quintinilla 07

3 Sbl Middle 'A' 57.82

1) Madison TenHulzen 07 2) Madison Harms 07
3) Abby Wisecup 07 4) Brooklyn Huberty 07

4 Dakota Valley Middle 'A' 59.86

1) Leah Meyer 07 2) Hannah Hattan 07
3) Kate Hemmingsen 07 4) Emily Phillips 07

5 East Middle School 'A' 1:07.77

1) Myerra Parker 07 2) Kayla Washington 07
3) Alejandra Uribe 07 4) Hannah Holder 07

-- West Middle School 'A' DQ

1) Daisy Risner 07 2) Brooke Larson 07
3) Justice Farley 07 4) Arianna Whitebeaver 07

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x200 Meter Relay 7th Grade**

Meet: M 2:01.75 4/13/2012 South Sioux MS 7 Girls, SSC
M Moore, C Powell, N Akins, K Fischer

School Finals

1	Sbl Middle 'A'		2:02.88
	1) Maya Schmidt 07	2) Madison Harms 07	
	3) Abby Wisecup 07	4) Brooklyn Huberty 07	
2	North Middle 'A'		2:06.60
	1) Ariel Mitchell 07	2) Amelia Harahap 07	
	3) Isabella Gonzalez 07	4) Leila Quintinilla 07	
3	Dakota Valley Middle 'A'		2:08.50
	1) Leah Meyer 07	2) Hannah Hattan 07	
	3) Kate Hemmingsen 07	4) Emily Phillips 07	
4	East Middle School 'A'		2:08.53
	1) Myerra Parker 07	2) Allee Downing 07	
	3) Nicole Serrano 07	4) Hannah Holder 07	
5	West Middle School 'A'		2:28.11
	1) Daisy Risner 07	2) Justice Farley 07	
	3) Jada McDonald 07	4) Allyson Smith 07	

Girls 800 Meter Run 8th Grade

Meet: M 2:33.56 4/17/2010 Cassie Geopfert, East Middl

Name Year School Finals

1	Lauren Van Dyke	08 East Middle School	2:38.41
2	Paige Hanson	08 East Middle School	2:40.54
3	Lexie Sneller	08 Sbl Middle	2:41.72
4	Taylor Kelley	08 North Middle 8	2:47.52
5	Zoe Cigard	08 Ssc Middle Girls	2:49.49
6	Anna Lucas	08 Sbl Middle	2:51.85
7	Kierra McKernan	08 West Middle School	2:51.90
8	Ashley Gruis	08 West Middle School	2:51.97
9	Kylee Davis	08 North Middle 8	3:20.27

Girls 4x100 Meter Relay 8th Grade

2 turn stagger

Meet: M 56.78 4/21/2007 Sioux City East Middle, East
M. Robinson, S. Houlihan, K. Gigaroa, K. Smith

School Finals

1	North Middle 8 'A'		55.74M
	1) Kaitlyn Mulder 08	2) McKenzie Coyle 08	
	3) Araceli Topete 08	4) Malika Peak-Wallace 08	
2	East Middle School 'A'		56.27M
	1) Teanna Davila 08	2) Paige Hanson 08	
	3) Taylor Copple 08	4) Hannah Cooke 08	
3	Dakota Valley Middle 'A'		57.45
	1) Alyssa Johnson 08	2) Katie Dam 08	
	3) Peyton Wingert 08	4) Rachel Okine 08	
4	West Middle School 'A'		58.32
	1) Madison Clayton 08	2) Payton Beaumier 08	
	3) Ashley Gruis 08	4) Jasmine McGraw 08	
5	South Sioux City Middle Girls 'A'		58.69

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 4x100 Meter Relay 8th Grade**

1) Zoe Cigard 08	2) Tori Knowles 08	
3) Mychyl Brown 08	4) Kayla Harris 08	
6 Sbl Middle 'A'		59.37
1) Emma Gaes 08	2) Cassidy Kascht 08	
3) Alijah Ridley 08	4) Rachel Fields 08	

Girls 4x200 Meter Relay 8th Grade

Meet: M 2:00.35 4/13/2012 Dakota Valley, Dakota Valle
M Mennenga, E Berger, C Long, S Bohan

School Finals

1 North Middle 8 'A'		1:57.06M
1) Taylor Kelley 08	2) Savannah Brand 08	
3) Kaitlyn Mulder 08	4) Kelli Glisar 08	
2 East Middle School 'A'		1:57.18M
1) Paige Hanson 08	2) Teanna Davila 08	
3) Taylor Copple 08	4) Lauren Van Dyke 08	
3 Dakota Valley Middle 'A'		2:03.30
1) Alyssa Johnson 08	2) Madisyn Heeren 08	
3) Peyton Wingert 08	4) Rachel Okine 08	
4 Sbl Middle 'A'		2:04.35
1) Cassidy Kascht 08	2) Kelsi Ryan 08	
3) Anna Lucas 08	4) Lexie Sneller 08	
5 West Middle School 'A'		2:07.53
1) Ashley Gruis 08	2) Payton Beaumier 08	
3) Madison Clayton 08	4) Chloe Hell 08	
6 South Sioux City Middle Girls 'A'		2:11.88
1) Karissa Langseth 08	2) Shyana Greeley 08	
3) Kayla Harris 08	4) Zoe Cigard 08	

Girls 4x400 Meter Relay 8th Grade

Meet: M 4:37.38 4/13/2012 Dakota Valley, Dakota Valle
M Mennenga, E Berger, C Long, S Bohan

School Finals

1 North Middle 8 'A'		4:28.50M
1) McKenzie Coyle 08	2) Savannah Brand 08	
3) Kelli Glisar 08	4) Kaitlyn Mulder 08	
2 East Middle School 'A'		4:28.92M
1) Paige Hanson 08	2) Michaela Lyon 08	
3) Taylor Copple 08	4) Lauren Van Dyke 08	
3 Sbl Middle 'A'		4:46.34
1) Cassidy Kascht 08	2) Kelsi Ryan 08	
3) Lexie Sneller 08	4) Rachel Fields 08	
4 Dakota Valley Middle 'A'		4:49.19
1) Peyton Wingert 08	2) Rachel Okine 08	
3) Madisyn Heeren 08	4) Alyssa Johnson 08	
5 South Sioux City Middle Girls 'A'		5:03.15
1) Kayla Harris 08	2) Shyana Greeley 08	
3) Tori Knowles 08	4) Zoe Cigard 08	
6 West Middle School 'A'		5:11.51
1) Ashley Gruis 08	2) Christar Kin 08	
3) Chloe Hell 08	4) Kierra McKernan 08	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 100 Meter Dash Elite**

Meet: M 12.56 4/17/2004 Ashlea Johnson, Yankton

Name	Year	School	Finals	Wind
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1	Britney	Calvillo	12	Sioux City East	12.35	3.4
2	Yasmeen	Rose	11	Bishop Heelan	12.61	3.4
3	Rebekah	Muilenburg	11	Moc-Fv	12.74	3.4
4	Kim	Shabino	12	Spencer	12.76	3.4
5	Jacy	Bretschneider	12	Pierce	13.03	3.4
6	Casey	Sutherland	10	Pierce	13.08	3.4
7	Keely	Bertram	12	Elk Point-Jefferson	13.20	3.4

Girls 100 Meter Hurdles Elite

Meet: M 14.80 4/18/2009 Nevada Sorenson, Sioux Falls Linco

Name	Year	School	Finals	Wind
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1	Kelsey	Krohn	12	Sgt. Bluff-Luton	16.07	3.4
2	Caitlin	Cain	12	Sheldon	16.25	3.4
3	Jenna	McCoy	11	Spirit Lake Park	16.31	3.4
4	Miranda	Ruth	10	Glenwood	16.39	3.4
5	Cassandra	Martin	11	Le Mars	16.84	3.4
6	Karis	Rhode	11	Spencer	17.00	3.4
7	Olivia	Scarborough	10	Glenwood	17.19	3.4

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 100 Meter Dash UCO**

 Meet: M 11.82 4/16/1994 Marie Brown, South Dakota

 Name Year School Prelims Wind H#

Preliminaries

1	Neeia Cooperwood	JR Morningside	12.28q	-0.5	7
2	Makenzie Hageman	SO Northern State	12.39q	0.2	6
3	Kyerra Titus-Baer	FR Augustana (Sd)	12.73q	-0.6	5
4	Colleen Everson	SR Augustana (Sd)	12.77q	-0.3	1
5	Laura Popanz	JR Augustana (Sd)	12.80q	-0.7	2
6	Kirsten Nyberg	JR Augustana (Sd)	13.11q	-0.7	2
7	Marisa Broersma	SO Dordt	13.12q	-1.3	4
8	Courtney Albrecht	FR South Dakota	13.17q	-0.5	7
9	Jana Vermeer	FR Northwestern (Ia)	13.19	-0.6	5
10	Ashley Schneider	SR Northwestern (Ia)	13.21	-0.5	7
11	Sarah Faber	SO Dordt	13.22	-0.6	5
12	Breanna Carlson	FR Jamestown	13.29	-1.3	4
13	Justine Twite	JR South Dakota	13.30	0.2	6
14	Emily Culver	SO Northwestern (Ia)	13.31	-0.7	2
15	Karmen Nyberg	SR Augustana (Sd)	13.32	-0.3	3
16	Aubrey Lindgren	SR Northwestern (Ia)	13.35	-0.5	7
17	Kelli Boer	FR Dordt	13.39	-0.3	1
18	Allison Schreiner	SO Morningside	13.41	-0.6	5
18	Gina Sementa	JR Briar Cliff	13.41	-1.3	4
20	Kate Van Gilst	SO Dordt	13.43	-0.3	1
21	Kristen Suchor	SR Sioux Falls	13.48	0.2	6
22	Robyn Blount	SO Dordt	13.51	-0.3	3
22	Mikenzie Nordeen	SO Sioux Falls	13.51	-0.6	5
24	Lindsey Broek	FR Northwestern (Ia)	13.55	-0.3	1
25	Jahdai Dunk	FR Northwestern (Ia)	13.61	-0.3	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 100 Meter Dash UCO**

26	Holly Hegge	Mount Marty College	13.65	0.2	6
27	Janelle Paulson	FR Augustana (Sd)	13.74	-0.7	2
28	Megan Viland	JR South Dakota State	13.81	-0.5	7
29	Natalie Van Essen	FR Dordt	13.83	-0.3	1
30	Elizabeth Hemsworth	SO Faith Baptist	13.90	-0.3	3
31	Shaniese Quist	FR Dordt	13.92	-0.3	3
31	Monique Mack	FR South Dakota State	13.92	0.2	6
33	Kally Vellenga	FR Dordt	14.01	-1.3	4
34	Sara Friesen	SO Dakota St	14.15	-1.3	4
35	Katy Hart	SO Northwestern (Ia)	14.17	-0.7	2
36	Kirsten Brockhoff	FR Morningside	14.61	-0.6	5
36	Kyra Stark	Briar Cliff	14.61	-0.7	2
38	Emerald Gyuricza	SO Jamestown	14.63	0.2	6
39	Nichole Johansen	SO Jamestown	14.73	-0.5	7
40	Giovanna Romero Sarubbi	SR Dordt	15.48	-0.3	3
41	Tayler Dumke	FR Mount Marty College	16.03	-0.3	1

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 100 Meter Dash UCO**

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Meet: M 11.82 4/16/1994 Marie Brown, South Dakota

Name Year School Finals Wind

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Finals

1	Neeia Cooperwood	JR Morningside	11.89	1.5
2	Makenzie Hageman	SO Northern State	12.14	1.5
3	Laura Popanz	JR Augustana (Sd)	12.48	1.5
4	Kyerra Titus-Baer	FR Augustana (Sd)	12.77	1.5
5	Kirsten Nyberg	JR Augustana (Sd)	12.89	1.5
6	Marisa Broersma	SO Dordt	12.98	1.5
7	Courtney Albrecht	FR South Dakota	13.30	1.5

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results**

Preliminaries

4 Colleen Everson	SR Augustana (Sd)
9 Jana Vermeer	FR Northwestern (Ia)
10 Ashley Schneider	SR Northwestern (Ia)
11 Sarah Faber	SO Dordt
12 Breanna Carlson	FR Jamestown
13 Justine Twite	JR South Dakota
14 Emily Culver	SO Northwestern (Ia)
15 Karmen Nyberg	SR Augustana (Sd)
16 Aubrey Lindgren	SR Northwestern (Ia)
17 Kelli Boer	FR Dordt
18 Allison Schreiner	SO Morningside
18 Gina Sementa	JR Briar Cliff
20 Kate Van Gilst	SO Dordt
21 Kristen Suchor	SR Sioux Falls
22 Robyn Blount	SO Dordt
22 Mikenzie Nordeen	SO Sioux Falls
24 Lindsey Broek	FR Northwestern (Ia)
25 Jahdai Dunk	FR Northwestern (Ia)
26 Holly Hegge	Mount Marty College
27 Janelle Paulson	FR Augustana (Sd)
28 Megan Viland	JR South Dakota State
29 Natalie Van Essen	FR Dordt
30 Elizabeth Hemsworth	SO Faith Baptist
31 Shaniese Quist	FR Dordt

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Women 100 Meter Dash UCO

31 Monique Mack	FR South Dakota State
33 Kally Vellenga	FR Dordt
34 Sara Friesen	SO Dakota St
35 Katy Hart	SO Northwestern (Ia)
36 Kirsten Brockhoff	FR Morningside
36 Kyra Stark	Briar Cliff
38 Emerald Gyuricza	SO Jamestown
39 Nichole Johansen	SO Jamestown
40 Giovanna Romero Sarubbi	SR Dordt
41 Tayler Dumke	FR Mount Marty College

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 200 Meter Dash UCO**

Name	Year	School	Finals	Wind
Finals				
1 Neeia Cooperwood	JR	Morningside	24.11	1.9
2 Carina Hofmeister	SO	Augustana (Sd)	24.82	1.9
3 Makenzie Hageman	SO	Northern State	25.55	1.9
4 Amber Ewers	SO	South Dakota	25.68	1.9
5 Lauren Spranger	SO	Northwestern (Ia)	25.93	1.9
6 Kendra Knight	SR	Sioux Falls	26.02	1.9
7 Marisa Broersma	SO	Dordt	26.19	1.9

Women 400 Meter Dash UCO

Meet: M 55.71 4/19/2001 Sharline Maxwell, Briar Cliff				
Name	Year	School	Finals	H#
1 Neeia Cooperwood	JR	Morningside	55.41M	5
2 Carina Hofmeister	SO	Augustana (Sd)	56.62	5
3 Kendra Knight	SR	Sioux Falls	57.82	5
4 Lauren Spranger	SO	Northwestern (Ia)	57.84	5
5 Megan Walhof	JR	Northwestern (Ia)	58.07	4
6 Anne Parsley	SO	Augustana (Sd)	58.57	4
7 Amber Ewers	SO	South Dakota	58.86	5
8 Robyn Blount	SO	Dordt	59.56	5
9 Rachel Weinandt	JR	South Dakota	59.89	4
10 CiErra Garrett	FR	South Dakota	1:00.10	3
11 Charissa Etrheim	SO	Augustana (Sd)	1:00.15	4
12 Marisa Broersma	SO	Dordt	1:00.57	4
13 Marissa Stanton	SR	Dickinson State	1:00.79	3
14 Jayna Specht	SR	Briar Cliff	1:01.07	4
15 Shelby Snare		Dickinson State	1:01.14	4
16 DeAsia Garrett	FR	South Dakota	1:01.29	5
17 Ashley Olson		Dickinson State	1:01.45	3
18 Gabbi Kates	SR	Briar Cliff	1:01.50	3
19 Allison Schreiner	SO	Morningside	1:01.53	2
20 Marisa Shady	FR	South Dakota State	1:01.74	2
21 Erica Meyer	SR	South Dakota State	1:01.86	2
22 Danielle Hart	FR	Wayne State College	1:02.47	3
23 Taylor Hudson	FR	Morningside	1:02.51	2
24 Ellen Wulf	SO	Wayne State College	1:02.72	3
25 Alyssa Sanders	JR	Jamestown	1:02.74	2
26 Elizabeth Hemsworth	SO	Faith Baptist	1:02.82	4

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 400 Meter Dash UCO**

27	Kayla Sveen	SO Dakota St	1:03.59	2
28	Melissa Barella	FR Augustana (Sd)	1:03.60	3
29	Mary Alderson	FR Wayne State College	1:03.67	3
30	Bailey Kennedy	FR Northwestern (Ia)	1:04.73	2
31	Shayna Tonderum	FR Dickinson State	1:04.78	2
32	Halie Hoch	SO Morningside	1:06.48	1
33	Kirstin Berg	FR Morningside	1:07.94	1
34	Emily Faber	FR Gillette College	1:13.21	1
34	Caitlin Bossio	SO Jamestown	1:13.21	1

Women 800 Meter Run UCO

Meet: M 2:09.89 4/17/2000 Lisbeth Pedersen, unattached

Name	Year	School	Finals	H#
1	Katie Bonnema	SR Dordt	2:11.97	4
2	Jessica Eibs	SO South Dakota State	2:12.56	4
3	Katie Wetzstein	SO South Dakota	2:12.65	4
4	Brittany Young	SR Dickinson State	2:15.81	4
5	Lindsey Strait	FR South Dakota State	2:15.89	4
6	Amber Eichkorn	SO South Dakota	2:16.73	4
7	Karley Konkell	SO South Dakota State	2:17.25	4
8	Makala Diggs	SO Gillette College	2:18.23	4
9	Brooke Peterson	JR South Dakota State	2:18.51	4
10	Tori Figge	FR Morningside	2:18.61	4
11	Dawn Gildersleeve	SR Northwestern (Ia)	2:18.78	3
12	Justine Van Zee	FR Dordt	2:18.95	3
13	Nicole Schmidt	FR South Dakota	2:19.15	3
14	Jessica Feldman	FR South Dakota	2:19.17	3
15	Kelsey Lewis	FR Dordt	2:19.34	3
16	Jilanne Doom	JR South Dakota	2:19.69	3
17	Amanda Hutchinson	FR Gillette College	2:19.72	4
18	Brielle Davis	SO Gillette College	2:20.35	3
19	Lillie Koerner	JR Dordt	2:20.58	4
20	Jen Petsche	SO Morningside	2:21.33	4
21	Shelby Hall	SO Morningside	2:21.96	3
22	Samantha Anderson	SO South Dakota State	2:22.00	4
23	Paola Mwentanda	FR Sioux Falls	2:22.10	3
24	Samantha Goff	SO Jamestown	2:24.55	3
25	Myrissa Clark	SO Gillette College	2:24.86	3
26	Mandy O'Malley	FR Mount Marty College	2:25.02	3
27	Jordyn Hudelson	SO Mount Marty College	2:25.06	3
28	Jackie Niewenhuis	SR Northwestern (Ia)	2:25.92	2
29	Sami Smith	JR Northern State	2:25.96	4
30	Stormie Sickler	JR Dickinson State	2:26.48	4
31	Kendra Woytassek	FR Northern State	2:26.50	3
32	Tori Pothast	FR Morningside	2:27.53	3
33	Bethany Larson	FR Morningside	2:27.94	2
34	Anna Hart	SO Morningside	2:28.19	2
35	Berkley Rietveld	FR Mount Marty College	2:29.11	2
36	Grace Stiansen	FR Sioux Falls	2:29.58	2
37	Skyler Lippman	SR Wayne State College	2:29.78	2
38	Tiffany Shepherd	FR Morningside	2:29.97	2
39	Haley Gowery	SO Briar Cliff	2:31.28	2
40	Caitlin Davis	FR Mount Marty College	2:31.41	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 800 Meter Run UCO**

41	Kylie Herlihy	FR	Sioux Falls	2:31.63	1
42	Kaylee Fly	SR	Mount Marty College	2:31.66	2
43	Whitney Wilgenburg	JR	Dordt	2:31.90	1
44	Stacey McDonald	FR	Northern State	2:31.92	3
45	Brooke Grooters	FR	Jamestown	2:32.06	2
46	Cassie Burnside	SR	Morningside	2:32.80	1
47	Whitney Kuyper	SO	Northern State	2:33.42	3
48	Ariel Turnquist	SR	Morningside	2:33.65	1
49	Emily Kaup	FR	Wayne State College	2:33.72	2
50	Camille Maciejewski	FR	Dickinson State	2:34.09	2
51	Carly Holmstrom	SO	South Dakota	2:35.88	1
52	Mariah Wills	FR	Morningside	2:36.32	1
53	Kori Schulte	FR	Northwestern (Ia)	2:37.17	1
54	Karissa De Jong	SO	Northwestern (Ia)	2:37.82	1
55	Jasmine Glasgo	FR	Morningside	2:39.57	1
56	Elizabeth Kube	SO	Morningside	2:40.09	1
57	Jessie Motley	FR	Briar Cliff	2:40.91	1
58	Kelli Huenecke	SO	Sioux Falls	2:41.87	1
59	Courtney Brandt	FR	Northern State	2:42.69	2
60	Kate Mathes	FR	Morningside	2:44.43	1
61	Brittany Healy		Mount Marty College	3:02.35	1
62	Heather Banister	FR	Dakota Wesleyan	3:19.25	1

Women 1500 Meter Run UCO

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 Meet: M 4:33.84 4/14/2012 Runa Falch, Augustana

Name	Year	School	Finals	H#	
1	Katie Wetzstein	SO	South Dakota	4:33.71M	3
2	Amber Eichkorn	SO	South Dakota	4:35.86	3
3	Kristin Brondbo	SR	Augustana (Sd)	4:37.90	3
4	Kyle Blakeslee	SR	Augustana (Sd)	4:43.43	3
5	Meritzell Delga Do	SO	Augustana (Sd)	4:43.54	3
6	Kaitlyn Yoerg	JR	Augustana (Sd)	4:44.85	3
7	Nicole Schmidt	FR	South Dakota	4:46.62	2
8	Brittany Young	SR	Dickinson State	4:48.98	3
9	Jessica Feldman	FR	South Dakota	4:50.25	2
10	Justine Van Zee	FR	Dordt	4:50.75	3
11	Cassidy Soli	FR	Augustana (Sd)	4:51.31	3
12	Kelsey Lewis	FR	Dordt	4:51.43	3
13	Britni Waller	SR	South Dakota	4:52.37	3
14	Rachel Huffman	FR	Sioux Falls	4:53.24	2
15	Jilanne Doom	JR	South Dakota	4:53.80	2
16	Kendra Woytassek	FR	Northern State	4:56.63	2
17	Christa Lysne	FR	Jamestown	5:00.07	2
18	Kayla Byl	SO	Dordt	5:00.09	3
19	Reanna Jereb	SO	Gillette College	5:00.41	2
20	Breanna Mathes		Unattached	5:01.26	2
21	Ashly George	FR	Dickinson State	5:01.79	2
22	Brielle Davis	SO	Gillette College	5:06.25	2
23	Stacey McDonald	FR	Northern State	5:09.44	2
24	Whitney Kuyper	SO	Northern State	5:09.95	2
25	Mandy O'Malley	FR	Mount Marty College	5:10.30	2
26	Jordyn Hudelson	SO	Mount Marty College	5:10.42	2
27	Kaylee Fly	SR	Mount Marty College	5:11.04	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****...Women 1500 Meter Run UCO**

28	Makala Diggs	SO Gillette College	5:11.32	3
29	Bethany Larson	FR Morningside	5:12.66	2
30	Hailee Heitkamp	JR Sioux Falls	5:13.84	2
31	Skyler Lippman	SR Wayne State College	5:15.17	2
32	Myrissa Clark	SO Gillette College	5:17.19	2
33	Carly Holmstrom	SO South Dakota	5:20.19	1
34	Tiffany Shepherd	FR Morningside	5:20.25	2
35	Joleen Wilhelm	JR Northwestern (Ia)	5:21.01	1
36	Jasmine Glasgo	FR Morningside	5:21.34	1
37	Brooke Grooters	FR Jamestown	5:22.94	2
38	Laura Kunz	FR Sioux Falls	5:23.91	2
39	Cassie Burnside	SR Morningside	5:24.87	1
40	Ariel Turnquist	SR Morningside	5:25.83	1
41	Kylie Herlihy	FR Sioux Falls	5:26.58	1
42	Samantha Bandstra	FR Dordt	5:27.30	1
43	Mariah Wills	FR Morningside	5:29.97	1
44	Haley Gowery	SO Briar Cliff	5:32.78	1
45	Elizabeth Kube	SO Morningside	5:33.11	1
46	Alli Young	FR Dordt	5:33.58	1
47	Halie Hoch	SO Morningside	5:40.91	1
48	Kelli Huenecke	SO Sioux Falls	5:41.55	1
49	Tasha Lechtenberg	SO Morningside	5:42.31	1
50	Laura Camacho	JR Wayne State College	5:44.53	1
51	Anastasia Gentles	SO Dakota St	5:47.53	1
52	Andrea Kontor	SO Briar Cliff	5:48.57	1
53	Maria Owen	SO Gillette College	5:49.60	1
54	Leah Oien	FR Jamestown	5:50.69	1
55	Emily Faber	FR Gillette College	5:51.39	1
56	Sarah McKeon	FR Southwestern	5:53.89	1
57	Libby Hurley-Boyd	FR Southwestern	6:27.42	1
58	Abigail Goetz	SO Briar Cliff	6:59.71	1
--	Dawn Gildersleeve	SR Northwestern (Ia)	DNF	2
--	Kelsey Barrett	SO South Dakota	DNF	2

Women 5000 Meter Run UCO

Meet: M 17:11.87 4/19/2010 Runa Faich, Augustana

Name	Year School	Finals
1	Kristin Brondbo	SR Augustana (Sd) 17:06.56M
2	Kyle Blakeslee	SR Augustana (Sd) 17:13.98
3	Megan Hilson	JR South Dakota 17:34.66
4	Meritxell Delga Do	SO Augustana (Sd) 17:37.24
5	Sasha Hovind	FR Northern State 18:16.69
6	Britni Waller	SR South Dakota 18:32.35
7	Megan Brown	JR Augustana (Sd) 18:35.89
8	Lauren Opp	JR Dordt 18:36.79
9	Sierra Harder	SR Sioux Falls 18:37.66
10	Aleona Reyes	JR Jamestown 18:40.61
11	Kelsey Barrett	SO South Dakota 18:42.39
12	Christa Lysne	FR Jamestown 18:45.39
13	Nicole Ausborn	JR Morningside 18:55.11
14	Dakotah Bullen	FR Northern State 19:03.09
15	Nicole Arnold	FR Northern State 19:20.08
16	Ashly George	FR Dickinson State 19:46.67

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 5000 Meter Run UCO**

17 Kaylie Ogle	SO Dordt	20:25.89
18 Katie Droog	JR Dordt	20:33.25
19 Andrea Kontor	SO Briar Cliff	21:19.43
20 Leah Oien	FR Jamestown	22:02.66
-- Jamie Geho	SR Dakota Wesleyan	DNF

Women 10000 Meter Run UCO

=====			
Meet: M 35:44.51 4/21/1998 Stacy Johnson, Augustana			
Name	Year	School	Finals
=====			
1 Reanna Jereb	SO	Gillette College	38:58.88
2 Karen Mayfield	FR	Mount Marty College	40:49.40
3 Maria Owen	SO	Gillette College	45:48.37
4 Megan Aschoff	SO	Briar Cliff	50:52.67

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 100 Meter Hurdles UCO**

Meet: M 14.01 4/16/1994 Anna Ratzloff, Augustana

Name Year School Prelims Wind H#

Preliminaries

1	Karen Hutson	JR Northwestern (Ia)	15.21q	-1.1	2
2	Marissia Hagedorn	SO South Dakota State	15.23q	-1.7	4
3	Kirsten Townley	SR Sioux Falls	15.27q	-1.2	3
4	Madeline Fluharty	FR Northern State	15.34q	-1.7	4
4	Tansha Clarke	SR South Dakota	15.34q	-1.5	1
6	Ashley Thompson	FR South Dakota	15.35q	-1.2	3
7	Alexis Guhl	SR Wayne State College	15.43q	-1.1	2
8	Cailyn Schreurs	FR South Dakota State	15.68q	-1.7	4
9	Robyn Blount	SO Dordt	15.75	-1.2	3
9	Tricia Watson	SR South Dakota	15.75	-1.5	1
11	Calliann Brunswig	SO Augustana (Sd)	15.78	-1.5	1
11	Molly Ervin	FR South Dakota	15.78	-1.7	4
13	Katie Atkins	FR Morningside	16.14	-1.7	4
14	Katie Tonner	SR Augustana (Sd)	16.32	-1.2	3
15	Corby White	FR Augustana (Sd)	16.40	-1.5	1
16	Kayla Schumacher	SR Jamestown	16.57	-1.1	2
17	Michelle Glass	JR Jamestown	16.64	-1.2	3
18	Ellen Wulf	SO Wayne State College	16.74	-1.7	4
19	Abigail Stevens	SO Northwestern (Ia)	16.78	-1.7	4
20	Megan Svitak	JR Wayne State College	16.88	-1.1	2
21	Maddie Tomlinson	FR Morningside	17.16	-1.5	1
22	Sarah Wedel	SO Northwestern (Ia)	17.31	-1.5	1
23	Jolynn Warnes	JR Jamestown	17.76	-1.2	3
24	Kim Kroeze	FR Dordt	17.86	-1.1	2
25	Jessica Wyatt	FR Jamestown	18.24	-1.2	3
26	Briquelle Bowden	FR South Dakota	18.28	-1.5	1
27	Erin Gorman	FR Jamestown	21.35	-1.1	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 100 Meter Hurdles UCO**

Meet: M 14.01 4/16/1994 Anna Ratzloff, Augustana

Name Year School Finals Wind

Finals

1	Karen Hutson	JR Northwestern (Ia)	14.35	2.5
2	Tansha Clarke	SR South Dakota	14.67	2.5
3	Madeline Fluharty	FR Northern State	14.80	2.5
4	Kirsten Townley	SR Sioux Falls	15.00	2.5
5	Alexis Guhl	SR Wayne State College	15.19	2.5
6	Ashley Thompson	FR South Dakota	15.26	2.5

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results**

Preliminaries

2	Marissia Hagedorn	SO	South Dakota State
8	Cailyn Schreurs	FR	South Dakota State
9	Tricia Watson	SR	South Dakota
9	Robyn Blount	SO	Dordt
11	Calliann Brunswig	SO	Augustana (Sd)
11	Molly Ervin	FR	South Dakota
13	Katie Atkins	FR	Morningside
14	Katie Tonner	SR	Augustana (Sd)
15	Corby White	FR	Augustana (Sd)
16	Kayla Schumacher	SR	Jamestown
17	Michelle Glass	JR	Jamestown
18	Ellen Wulf	SO	Wayne State College
19	Abigail Stevens	SO	Northwestern (Ia)
20	Megan Svitak	JR	Wayne State College
21	Maddie Tomlinson	FR	Morningside
22	Sarah Wedel	SO	Northwestern (Ia)
23	Jolynn Warnes	JR	Jamestown
24	Kim Kroeze	FR	Dordt
25	Jessica Wyatt	FR	Jamestown
26	Briquelle Bowden	FR	South Dakota
27	Erin Gorman	FR	Jamestown

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 400 Meter Hurdles UCO**

Meet: M 1:00.55 4/15/1995 Anna Ratzloff, Augustana

Name Year School Finals H#

Finals

1	Kayla Mescher	JR Augustana (Sd)	1:02.21	4
2	Hannah Treinen	SR Northern State	1:02.57	4
3	Rebecca Davenport	JR Wayne State College	1:05.19	4
4	Corby White	FR Augustana (Sd)	1:05.39	3
5	Lori Foltz	SO South Dakota State	1:05.42	4
6	Ashley Evers	SO Sioux Falls	1:05.59	4
7	Tricia Watson	SR South Dakota	1:05.68	4
8	Jessie Hamman	SO Morningside	1:06.24	3
9	Kayla Schumacher	SR Jamestown	1:06.41	3
10	Kati Nelson	SO South Dakota	1:06.43	3
11	Ashley Thompson	FR South Dakota	1:07.44	2
12	Molly Ervin	FR South Dakota	1:07.99	2
13	Evelyn Klein	FR South Dakota State	1:08.07	1
14	Maddie Tomlinson	FR Morningside	1:08.28	2
15	Sarah Wedel	SO Northwestern (Ia)	1:08.48	2
16	Kim Kroeze	FR Dordt	1:08.75	4

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 400 Meter Hurdles UCO**

17	Katie Atkins	FR Morningside	1:08.95	2
18	Molly Wynn	FR Northern State	1:09.34	3
19	Elizabeth Pille	FR Wayne State College	1:09.51	3
20	Regina Steffen	JR Northwestern (Ia)	1:10.22	1
21	Kara Homandberg	FR South Dakota	1:10.27	1
22	Miranda Brower	JR Northern State	1:11.18	3
23	Lauren Hill	FR South Dakota	1:11.31	1
24	Desi Beckmann	SO Briar Cliff	1:13.09	2
25	Bria Taber	FR Jamestown	1:14.39	2
26	Jessica Neises	FR Dakota Wesleyan	1:15.27	1

Women 3000 Meter Steeplechase UCO

=====
 Meet: M 10:41.76 4/14/2012 Kyle Blakeslee, Augustana

Name Year School Finals

1	Aleona Reyes	JR Jamestown	11:33.94
2	Samantha Goff	SO Jamestown	11:36.79
3	Kayla Byl	SO Dordt	11:43.95
4	Kara Nitz	FR Unattached	11:50.39
5	Abby De Vries	JR Dordt	11:55.80
6	Jordyn Visscher	FR Dordt	12:01.66
7	Nicole Ausborn	JR Morningside	12:02.08
8	Emily Feyereisen	JR South Dakota	12:33.62
9	Cristina Murillo	FR Wayne State College	12:33.86
10	Amber Sandbulte	SO Northwestern (Ia)	12:37.96
11	Lottie Grimshaw	FR South Dakota	13:08.40
12	Skylar Forgey	SO Dakota Wesleyan	13:25.49
13	Jaden Wamstad	FR Wayne State College	13:41.07

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Women 4x100 Meter Relay UCO

2 turn stagger

Meet: M 46.88 4/16/2010 Mary, Mary

K Nelson, N Coombs, M Weber, K Stewart

School

Prelims H#

Preliminaries

1 Augustana (Sd) 'A'		48.93q	2
1) Kyerra Titus-Baer FR	2) Laura Popanz JR		
3) Kirsten Nyberg JR	4) Karmen Nyberg SR		
2 Northwestern (Ia) 'A'		49.23q	1
1) Jana Vermeer FR	2) Ashley Schneider SR		
3) Emily Culver SO	4) Jahdai Dunk FR		
3 South Dakota 'A'		49.28q	1
4 Dordt 'A'		49.34q	2
1) Sarah Faber SO	2) Marisa Broersma SO		
3) Kate Van Gilst SO	4) Robyn Blount SO		
5 Northern State 'A'		49.37q	1
1) Elizabeth Raecke FR	2) Madeline Fluharty FR		
3) Molly Wynn FR	4) Makenzie Hageman SO		
6 Wayne State College 'A'		49.86q	1
1) Alexis Guhl SR	2) Mary Alderson FR		
3) Danielle Hart FR	4) Ellen Wulf SO		
7 Sioux Falls 'A'		50.27q	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Women 4x100 Meter Relay UCO

1) Kendra Knight SR	2) Kirsten Townley SR		
3) Mikenzie Nordeen SO	4) Hannah Linder FR		
8 Briar Cliff 'A'		51.02q	2
1) Beccy Dodunski	2) Gina Sementa JR		
3) Rachel Hunt FR	4) Jodi Roth FR		
9 Northwestern (Ia) 'B'		52.79	1
1) Sonya Hagberg FR	2) Lindsey Broek FR		
3) Regina Steffen JR	4) Katy Hart SO		
10 Jamestown 'A'		52.81	2
1) Breanna Carlson FR	2) Erin Gorman FR		
3) Nikki Iverson JR	4) Alyssa Sanders JR		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 4x100 Meter Relay UCO**

2 turn stagger

Meet: M 46.88 4/16/2010 Mary, Mary

K Nelson, N Coombs, M Weber, K Stewart

School

Finals

Finals

1 Augustana (Sd) 'A'	49.24
1) Kyerra Titus-Baer FR	2) Laura Popanz JR
3) Kirsten Nyberg JR	4) Karmen Nyberg SR
2 Dordt 'A'	49.36
1) Sarah Faber SO	2) Marisa Broersma SO
3) Kate Van Gilst SO	4) Robyn Blount SO
3 Northwestern (Ia) 'A'	49.44
1) Jana Vermeer FR	2) Ashley Schneider SR
3) Emily Culver SO	4) Jahdai Dunk FR
4 Northern State 'A'	49.68
1) Elizabeth Raecke FR	2) Madeline Fluharty FR
3) Molly Wynn FR	4) Makenzie Hageman SO
5 South Dakota 'A'	49.69
6 Wayne State College 'A'	50.36
1) Alexis Guhl SR	2) Mary Alderson FR
3) Danielle Hart FR	4) Ellen Wulf SO
7 Sioux Falls 'A'	50.84
1) Kendra Knight SR	2) Kirsten Townley SR
3) Mikenzie Nordeen SO	4) Hannah Linder FR
8 Briar Cliff 'A'	52.26
1) Beccy Dodunski	2) Gina Sementa JR
3) Rachel Hunt FR	4) Jodi Roth FR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Preliminaries

- 9 Northwestern (Ia) 'B'
- 10 Jamestown 'A'

Women 4x200 Meter Relay UCO

4 turn stagger

Meet: M 1:39.71 4/16/1994 South Dakota, South Dakota

M. Christie J. Bowne C. McFarland M. Brown

School

Prelims H#

1 Augustana (Sd) 'A'

1:44.64q 1

1) Kirsten Nyberg JR

2) Karmen Nyberg SR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Women 4x200 Meter Relay UCO

3) Katie Tonner SR	4) Colleen Everson SR		
2 South Dakota 'A'		1:44.84q	1
1) DeAsia Garrett FR	2) CiErra Garrett FR		
3) Courtney Albrecht FR	4) Amber Ewers SO		
3 Northwestern (Ia) 'A'		1:46.12q	1
1) Aubrey Lindgren SR	2) Ashley Schneider SR		
3) Jana Vermeer FR	4) Karen Hutson JR		
4 Briar Cliff 'A'		1:48.95q	2
1) Beccy Dodunski	2) Rachel Hunt FR		
3) Jodi Roth FR	4) Jayna Specht SR		
5 Dickinson State 'A'		1:48.99q	2
1) Marissa Stanton SR	2) Shelby Snare		
3) Shayna Tonderum FR	4) Ashley Olson		
6 Augustana (Sd) 'B'		1:49.25q	2
1) Calliann Brunswig SO	2) Janelle Paulson FR		
3) Kaylynn Erlandson SO	4) Alyssa Schmidt SR		
7 Dordt 'A'		1:49.54q	1
1) Sarah Faber SO	2) Kelli Boer FR		
3) Shaniese Quist FR	4) Kate Van Gilst SO		
8 South Dakota State 'B'		1:49.61q	2
1) Megan Viland JR	2) Logan Amdahl FR		
3) Elizabeth Molitor FR	4) Courtney Trapp FR		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Women 4x200 Meter Relay UCO

4 turn stagger

Meet: M 1:39.71 4/16/1994 South Dakota, South Dakota

M. Christie J. Bowne C. McFarland M. Brown

School

Finals

Finals

- | | |
|-------------------------|------------------------|
| 1 South Dakota 'A' | 1:43.90 |
| 1) DeAsia Garrett FR | 2) CiErra Garrett FR |
| 3) Courtney Albrecht FR | 4) Amber Ewers SO |
| 2 Augustana (Sd) 'A' | 1:44.48 |
| 1) Kirsten Nyberg JR | 2) Karmen Nyberg SR |
| 3) Katie Tonner SR | 4) Colleen Everson SR |
| 3 Northwestern (Ia) 'A' | 1:46.94 |
| 1) Aubrey Lindgren SR | 2) Ashley Schneider SR |
| 3) Jana Vermeer FR | 4) Jahdai Dunk FR |
| 4 Dickinson State 'A' | 1:48.28 |
| 1) Marissa Stanton SR | 2) Shelby Snare |
| 3) Shayna Tonderum FR | 4) Ashley Olson |
| 5 Augustana (Sd) 'B' | 1:48.74 |
| 1) Calliann Brunswig SO | 2) Janelle Paulson FR |
| 3) Kaylynn Erlandson SO | 4) Alyssa Schmidt SR |
| 6 Dordt 'A' | 1:49.36 |
| 1) Sarah Faber SO | 2) Kelli Boer FR |
| 3) Shaniese Quist FR | 4) Kate Van Gilst SO |
| 7 Briar Cliff 'A' | 1:49.59 |
| 1) Beccy Dodunski | 2) Rachel Hunt FR |
| 3) Jodi Roth FR | 4) Jayna Specht SR |

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Preliminaries

8 South Dakota State 'B'

1) Megan Viland JR

2) Logan Amdahl FR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Women 4x200 Meter Relay UCO

3) Elizabeth Molitor FR

4) Courtney Trapp FR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 4x400 Meter Relay UCO**

3 turn stagger

Meet: M 3:49.05 4/22/1992 North Dakota State, North Dako
Ristau, Koehn, Kelly, Faus

School	Finals	H#
Finals		
1 Augustana (Sd) 'A'	3:49.49	3
1) Carina Hofmeister SO	2) Anne Parsley SO	
3) Colleen Everson SR	4) Kayla Mescher JR	
2 Sioux Falls 'A'	3:53.92	3
1) Kirsten Townley SR	2) Katlyn Sawtelle JR	
3) Haley Kruger SO	4) Kendra Knight SR	
3 South Dakota 'A'	3:54.84	3
1) CiErra Garrett FR	2) Rachel Weinandt JR	
3) DeAsia Garrett FR	4) Amber Ewers SO	
4 Morningside 'A'	3:56.89	3
1) Neeia Cooperwood JR	2) Tori Figge FR	
3) Shelby Hall SO	4) Jen Petsche SO	
5 Northwestern (Ia) 'A'	3:58.70	3
1) Megan Walhof JR	2) Emily Culver SO	
3) Karen Hutson JR	4) Lauren Spranger SO	
6 Dickinson State 'A'	4:02.34	2
1) Brittany Young SR	2) Shelby Snare	
3) Marissa Stanton SR	4) Stormie Sickler JR	
6 Dordt 'A'	4:02.34	3
1) Marisa Broersma SO	2) Robyn Blount SO	
3) Justine Van Zee FR	4) Katie Bonnema SR	
8 Northern State 'A'	4:05.15	3
1) Madeline Fluharty FR	2) Elizabeth Raecke FR	
3) Sami Smith JR	4) Hannah Treinen SR	
9 Jamestown 'A'	4:05.25	2
1) Alyssa Sanders JR	2) Kayla Schumacher SR	
3) Erin Gorman FR	4) Michelle Glass JR	
10 Morningside 'B'	4:06.07	2
1) Taylor Hudson FR	2) Tori Pothast FR	
3) Allison Schreiner SO	4) Jessie Hamman SO	
11 Wayne State College 'A'	4:10.86	2
1) Elizabeth Pille FR	2) Danielle Hart FR	
3) Rebecca Davenport JR	4) Mary Alderson FR	
12 Dordt 'B'	4:13.59	2
1) Kim Kroeze FR	2) Lillie Koerner JR	
3) Kate Van Gilst SO	4) Kelsey Lewis FR	
13 Mount Marty College 'A'	4:19.35	1
1) Caitlin Davis FR	2) Jordyn Hudelson SO	
3) Berkley Rietveld FR	4) Mandy O'Malley FR	
14 Sioux Falls 'B'	4:19.36	2
1) Mikenzie Nordeen SO	2) Paola Mwentanda FR	
3) Grace Stiansen FR	4) Ashley Evers SO	
15 Morningside 'C'	4:20.24	1
1) Maddie Tomlinson FR	2) Tiffany Shepherd FR	
3) Anna Hart SO	4) Katie Atkins FR	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 4x400 Meter Relay UCO**

16 Northern State 'B'	4:31.52	1
1) Kendra Woytassek FR	2) Stacey McDonald FR	
3) Karly Dehn FR	4) Courtney Brandt FR	
17 Morningside 'D'	4:38.01	1
1) Kirstin Berg FR	2) Ariel Turnquist SR	
3) Halie Hoch SO	4) Bethany Larson FR	
18 Morningside 'E'	4:48.30	1
1) Kate Mathes FR	2) Mariah Wills FR	
3) Cassie Burnside SR	4) Elizabeth Kube SO	

Women 4x800 Meter Relay UCO

1 turn stagger		
Meet: M 9:13.39	4/14/2012	South Dakota, South Dakota
		R Weinandt, N Newman, K Mullen, E Ladwig
School		Finals

1 Sioux Falls 'A'	9:27.14	
1) Haley Kruger SO	2) Hailee Heitkamp JR	
3) Laura Kunz FR	4) Rachel Huffman FR	
2 Northwestern (Ia) 'A'	9:29.29	
1) Dawn Gildersleeve SR	2) Megan Walhof JR	
3) Lauren Spranger SO	4) Jackie Niewenhuis SR	
3 Morningside 'A'	9:34.13	
1) Shelby Hall SO	2) Tori Figge FR	
3) Tori Pothast FR	4) Jen Petsche SO	
4 Gillette College 'A'	9:43.10	
1) Brielle Davis SO	2) Amanda Hutchinson FR	
3) Myrissa Clark SO	4) Makala Diggs SO	
5 Mount Marty College 'A'	10:08.03	
1) Caitlin Davis FR	2) Jordyn Hudelson SO	
3) Berkley Rietveld FR	4) Mandy O'Malley FR	

Women 1600 Sprint Medley UCO

3 turn stagger		
Meet: M 4:08.53	4/20/2000	North Dakota State, North Dako
		J. Theeler T. Wigley-Bundy C. Ward R Kraft
School		Finals H#

1 Dordt 'A'	4:10.29	2
1) Sarah Faber SO	2) Robyn Blount SO	
3) Lillie Koerner JR	4) Katie Bonnema SR	
2 Northern State 'A'	4:12.17	2
1) Elizabeth Raecke FR	2) Makenzie Hageman SO	
3) Hannah Treinen SR	4) Sami Smith JR	
3 Augustana (Sd) 'A'	4:16.45	2
1) Kirsten Nyberg JR	2) Karmen Nyberg SR	
3) Charissa Etrheim SO	4) Emma Anderson SO	
4 Dickinson State 'A'	4:22.26	2
1) Ashley Olson	2) Marissa Stanton SR	
3) Shelby Snare	4) Stormie Sickler JR	
5 Briar Cliff 'A'	4:24.39	2
1) Gina Sementa JR	2) Rachel Hunt FR	
3) Gabbi Kates SR	4) Jayna Specht SR	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 1600 Sprint Medley UCO**

6	Sioux Falls 'A'	4:28.22	2
	1) Mikenzie Nordeen SO	2) Kristen Suchor SR	
	3) Ashley Evers SO	4) Grace Stiansen FR	
7	Northwestern (Ia) 'A'	4:32.96	1
	1) Jahdai Dunk FR	2) Abigail Stevens SO	
	3) Jackie Niewenhuis SR	4) Amber Sandbulte SO	
8	Northern State 'B'	4:38.76	1
	1) Miranda Brower JR	2) Karly Dehn FR	
	3) Molly Wynn FR	4) Courtney Brandt FR	
9	Dakota St 'A'	4:38.90	1
	1) Sara Friesen SO	2) Heather Dearing FR	
	3) Victoria Sopko SO	4) Kayla Sveen SO	
10	Jamestown 'A'	4:54.09	1
	1) Jessica Wyatt FR	2) Emerald Gyuricza SO	
	3) Caitlin Bossio SO	4) Jolynn Warnes JR	
--	Wayne State College 'A'		DQ 2
	1) Alexis Guhl SR	2) Rebecca Davenport JR	
	3) Elizabeth Pille FR	4) Emily Kaup FR	

Women Distance Medley UCO

1 turn stagger
 Running Order 1200-400-800-1600
 Meet: M 12:11.53 4/20/1998 North Dakota State, North
 School Finals

1	Augustana (Sd) 'A'	12:26.57
	1) Kaitlyn Yoerg JR	2) Melissa Barella FR
	3) Emma Anderson SO	4) Cassidy Soli FR
2	Sioux Falls 'A'	12:44.07
	1) Laura Kunz FR	2) Haley Kruger SO
	3) Hailee Heitkamp JR	4) Rachel Huffman FR

Women High Jump UCO

Meet: M 5-10.75 4/14/2012 Megan Glisar, Morningside
 Name Year School Finals

1	Megan Glisar	SR Unattached	1.76m	5-09.25
2	Mary Wirth	JR South Dakota State	1.73m	5-08.00
3	Sierra Kloth	FR Mount Marty College	1.63m	5-04.25
4	Michelle Glass	JR Jamestown	J1.63m	5-04.25
5	Gena Burley	SO Northern State	J1.63m	5-04.25
6	Hailey Schaper	SR Dickinson State	J1.63m	5-04.25
7	Kali Olson	SR South Dakota State	1.58m	5-02.25
7	Mycah Hulst	SO Dordt	1.58m	5-02.25
9	Christine Campbell	FR Augustana (Sd)	J1.58m	5-02.25
10	Briquette Bowden	FR South Dakota	J1.58m	5-02.25
11	Taylor Brown	JR Jamestown	J1.58m	5-02.25
12	Caitlin Casey	SR Morningside	1.53m	5-00.25
12	Lindsay Elston	SR Sioux Falls	1.53m	5-00.25
12	Tansha Clarke	SR South Dakota	1.53m	5-00.25
12	Ashley Wagner	SR South Dakota State	1.53m	5-00.25
16	Cailyn Schreurs	FR South Dakota State	1.48m	4-10.25
16	Jolynn Warnes	JR Jamestown	1.48m	4-10.25

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women High Jump UCO**

16	Madison Fopma	FR	Dordt	1.48m	4-10.25
16	Megan Svitak	JR	Wayne State College	1.48m	4-10.25
16	Amanda Dill	FR	Briar Cliff	1.48m	4-10.25
16	Leandra Schlecht	JR	Northern State	1.48m	4-10.25
--	Kelsey Kaufmann	SO	Augustana (Sd)	NH	
--	Heather Dearing	FR	Dakota St	NH	
--	Melissa Barella	FR	Augustana (Sd)	NH	
--	Lauren Bobst	FR	Augustana (Sd)	NH	
--	Mykaela Hughes	FR	Mount Marty College	NH	
--	Monique Mack	FR	South Dakota State	NH	
--	Courtney Kjeldgaard	SO	Jamestown	NH	

Women Pole Vault UCO

Meet: M 13-06 4/14/2012 Emily Grove, South Dakota

Name	Year	School	Finals	
1 Hunter Wilkes	SO	South Dakota	4.11m	13-05.75
2 Brigitte Gross	SR	Sioux Falls	3.96m	12-11.75
3 Emily Brigham	FR	South Dakota	J3.96m	12-11.75
4 Madison Mills	SO	South Dakota	3.81m	12-06.00
5 Courtney Crandall	SO	Sioux Falls	3.51m	11-06.25
6 Courtney Trapp	FR	South Dakota State	J3.51m	11-06.25
7 Samantha Slaubaugh	SR	Sioux Falls	J3.51m	11-06.25
8 Megan Muller	FR	Sioux Falls	3.36m	11-00.25
9 Katie Rutcosky	JR	Sioux Falls	3.21m	10-06.25
9 Alyssa Schmidt	SR	Augustana (Sd)	3.21m	10-06.25
9 Tara Starzec	FR	Sioux Falls	3.21m	10-06.25
9 Breanne Heidema	SR	Dordt	3.21m	10-06.25
9 Emerald Gyuricza	SO	Jamestown	3.21m	10-06.25
9 Logan Amdahl	FR	South Dakota State	3.21m	10-06.25
15 Nichole Johansen	SO	Jamestown	2.91m	9-06.50
16 Ariana Arampatzis	FR	Dakota Wesleyan	2.76m	9-00.50
17 Dominique Swanson	FR	Morningside	2.61m	8-06.75
17 Cody Manfull	FR	Northwestern (Ia)	2.61m	8-06.75
-- Elizabeth Molitor	FR	South Dakota State	NH	
-- Keiley Sampson	JR	Jamestown	NH	
-- Hannah Linder	FR	Sioux Falls	NH	

Women Long Jump UCO

Meet: M 19-11.75 4/13/2013 Neeia Cooperwood, Morningside

Name	Year	School	Finals	Wind
1 Caitlin Walgrave	FR	Unattached	5.96m	1.8 19-06.75
			5.80m(-1.7) 5.87m(0.3) 5.93m(1.7) 5.95m(2.5) 5.96m(1.8) 5.89m(-0.1)	
2 Neeia Cooperwood	JR	Morningside	5.92m	2.1 19-05.25
			FOUL 5.11m(0.1) 5.92m(2.1) FOUL 5.71m(0.2) FOUL	
3 Karen Hutson	JR	Northwestern (Ia)	5.81m	0.7 19-00.75
			5.51m(-0.9) 5.73m(-0.8) FOUL 5.57m(0.6) 5.77m(2.0) 5.81m(0.7)	
4 Colleen Everson	SR	Augustana (Sd)	5.51m	2.2 18-01.00
			5.25m(-0.9) 5.32m(0.9) FOUL 5.32m(0.1) 5.51m(2.2) 5.21m(-1.6)	
5 Madeline Fluharty	FR	Northern State	5.48m	1.8 17-11.75
			5.32m(0.5) 5.37m(-1.0) 5.02m(1.0) FOUL 5.48m(1.8) 4.98m(-1.6)	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Long Jump UCO**

6	Tansha Clarke	SR South Dakota	5.36m	1.5	17-07.00
	5.17m(1.6) 5.36m(1.5) 5.12m(-0.8) FOUL	FOUL	5.02m(-0.1)		
7	Lindsay Elston	SR Sioux Falls	5.33m	1.3	17-06.00
	FOUL 5.26m(1.2) FOUL 5.33m(1.3) 5.09m(1.6) 5.06m(2.0)				
8	Christy Heidema	SR Dordt	5.26m	1.6	17-03.25
	FOUL 5.26m(1.6) FOUL FOUL 5.21m(1.8) FOUL				
9	Calliann Brunswig	SO Augustana (Sd)	5.19m	1.4	17-00.50
	5.10m(-1.7) 5.19m(1.4) 4.94m(2.3) 4.86m(0.4) FOUL	FOUL			
10	Sarah Faber	SO Dordt	5.14m	+0.0	16-10.50
	4.97m(1.5) 5.14m(+0.0) 5.10m(0.2)				
11	Janelle Paulson	FR Augustana (Sd)	5.03m	1.2	16-06.00
	FOUL 5.03m(1.2) FOUL				
12	Briquelle Bowden	FR South Dakota	5.00m	2.0	16-05.00
	5.00m(2.0) 4.99m(0.6) FOUL				
13	Kirsten Townley	SR Sioux Falls	4.96m	1.5	16-03.25
	4.96m(1.5) 4.92m(1.7) 4.96m(1.2)				
14	Abbey VanDenBerg	JR Mount Marty College	4.93m	-0.2	16-02.25
	FOUL 4.93m(-0.2) FOUL				
15	Miranda Brower	JR Northern State	4.92m	1.7	16-01.75
	FOUL 4.77m(-0.1) 4.92m(1.7)				
15	Abigail Stevens	SO Northwestern (Ia)	4.92m	2.1	16-01.75
	4.92m(2.1) FOUL 4.55m(1.8)				
17	Kaylynn Erlandson	SO Augustana (Sd)	4.90m	2.2	16-01.00
	4.90m(2.2) FOUL 4.69m(0.8)				
18	Mackenzie Small	SR Northwestern (Ia)	4.88m	+0.0	16-00.25
	FOUL 4.88m(+0.0) 4.88m(1.6)				
19	Ellen Wulf	SO Wayne State College	4.84m	1.0	15-10.50
	4.84m(1.0) 4.82m(0.8) FOUL				
20	Natalie Van Essen	FR Dordt	4.83m	+0.0	15-10.25
	FOUL 4.83m(+0.0) FOUL				
21	Marisaa Fallesen	FR South Dakota	4.80m	1.1	15-09.00
	4.80m(1.1) 4.63m(2.0) FOUL				
22	Paige Leuthold	FR Sioux Falls	4.79m	-0.9	15-08.75
	4.76m(1.0) FOUL 4.79m(-0.9)				
22	Caitlin Davis	FR Mount Marty College	4.79m	1.9	15-08.75
	4.44m(1.4) 4.79m(1.9) 4.60m(0.1)				
24	Holly Hegge	Mount Marty College	4.76m	1.9	15-07.50
	FOUL FOUL 4.76m(1.9)				
25	Josie Bopp	JR Jamestown	4.70m	2.6	15-05.00
	4.45m(0.5) 4.70m(2.6) 4.63m(1.0)				
26	Katy Hart	SO Northwestern (Ia)	4.68m	0.7	15-04.25
	4.68m(0.7) 4.55m(0.6)				
27	Nikki Iverson	JR Jamestown	4.65m	1.2	15-03.25
	FOUL FOUL 4.65m(1.2)				
28	Sadie Fedor	SO Mount Marty College	4.63m	1.8	15-02.25
	4.06m(1.2) 4.54m(+0.0) 4.63m(1.8)				
29	Tascha Donnelly	SO Briar Cliff	4.61m	0.5	15-01.50
	4.61m(0.5) FOUL FOUL				
30	Ariana Arampatzis	FR Dakota Wesleyan	4.60m	1.1	15-01.25
	FOUL 4.41m(-0.5) 4.60m(1.1)				
31	Rachael Johnson	FR South Dakota	4.57m	1.0	15-00.00
	4.57m(1.0) FOUL FOUL				
31	Kirsten Noska	JR Augustana (Sd)	4.57m	1.5	15-00.00
	FOUL 4.57m(1.5) FOUL				

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Long Jump UCO**

31	Justine Twite	JR South Dakota	4.57m	+0.0	15-00.00
	4.06m(1.6) 4.57m(+0.0) FOUL				
34	Jolynn Warnes	JR Jamestown	4.54m	1.0	14-10.75
	4.54m(1.0) FOUL FOUL				
35	Lauren Bobst	FR Augustana (Sd)	4.50m	2.0	14-09.25
	4.50m(2.0) FOUL FOUL				
36	Sonya Hagberg	FR Northwestern (Ia)	4.36m	1.4	14-03.75
	4.36m(1.4) FOUL FOUL				
37	Sidney Blum	SR Wayne State College	4.35m	1.4	14-03.25
	FOUL 4.35m(1.4) FOUL				
38	Amanda Dill	FR Briar Cliff	4.34m	0.7	14-03.00
	FOUL 4.34m(0.7) FOUL				
39	Jacie White	JR Northwestern (Ia)	4.28m	1.1	14-00.50
	FOUL FOUL 4.28m(1.1)				
40	Courtney Kjeldgaard	SO Jamestown	4.21m	3.0	13-09.75
	4.21m(3.0) FOUL FOUL				
41	Shaniese Quist	FR Dordt	4.05m	-0.8	13-03.50
	FOUL FOUL 4.05m(-0.8)				
--	Shekela Quarles	SO Dakota Wesleyan	FOUL		
	FOUL FOUL FOUL				
--	Jessica Fossum	JR Dakota Wesleyan	FOUL		
	FOUL FOUL FOUL				

Women Triple Jump UCO

Meet: M 37-11 4/22/2002 Brianne Vette, South Dakota

Name	Year	School	Finals	Wind
1 Kenna Wolter	FR	Unattached	12.96m	+0.0 42-06.25
	FOUL	12.87m(1.0) 12.96m(+0.0) FOUL	12.85m(+0.0)	12.85m(+0.0)
2 Abbey VanDenBerg	JR	Mount Marty College	11.10m	0.6 36-05.00
	10.94m(+0.0) 11.10m(0.6) FOUL	10.61m(+0.0)	10.86m(+0.0)	10.90m(+0.0)
3 Christy Heidema	SR	Dordt	11.06m	+0.0 36-03.50
	10.88m(+0.0) 11.06m(+0.0) 10.75m(0.6) FOUL	FOUL	10.84m(+0.0)	
4 Tascha Donnelly	SO	Briar Cliff	10.98m	+0.0 36-00.25
	FOUL 10.98m(+0.0) 10.80m(1.5) 10.65m(+0.0)	10.89m(+0.0)	10.98m(NWI)	
5 Kirsten Townley	SR	Sioux Falls	10.95m	+0.0 35-11.25
	FOUL FOUL 10.81m(+0.0) FOUL	10.84m(+0.0)	10.95m(+0.0)	
6 Christine Campbell	FR	Augustana (Sd)	10.84m	+0.0 35-06.75
	10.19m(0.4) 10.64m(1.9) 10.15m(+0.0) FOUL	10.84m(+0.0)		
7 Sidney Blum	SR	Wayne State College	10.78m	+0.0 35-04.50
	FOUL FOUL 10.78m(+0.0) FOUL FOUL	FOUL		
8 Christina Jellen	FR	Unattached	10.60m	0.7 34-09.50
	10.18m(+0.0) 9.99m(0.2) 10.60m(0.7)			
9 Kaylynn Erlandson	SO	Augustana (Sd)	10.55m	NWI 34-07.50
	FOUL 10.23m(0.7) 10.44m(+0.0) 10.55m(NWI) FOUL			
10 Katie Ferguson	JR	South Dakota	10.43m	+0.0 34-02.75
	10.11m(+0.0) 10.43m(+0.0) FOUL			
11 Paige Leuthold	FR	Sioux Falls	10.35m	1.2 33-11.50
	10.18m(2.8) 10.19m(0.5) 10.35m(1.2)			
12 Emily Haase	FR	South Dakota	10.18m	0.9 33-04.75
	10.07m(1.9) 10.18m(0.9) 10.04m(1.4)			
13 Kirsten Noska	JR	Augustana (Sd)	10.15m	0.9 33-03.75
	9.76m(1.3) 10.15m(0.9) FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Triple Jump UCO**

13	Nikki Iverson	JR Jamestown	10.15m	0.4	33-03.75
	FOUL FOUL	10.15m(0.4)			
15	Sadie Fedor	SO Mount Marty College	10.13m	1.1	33-03.00
	9.96m(0.5) 10.13m(1.1) 10.04m(0.8)				
16	Ali Haines	SO South Dakota	9.76m	NWI	32-00.25
	FOUL FOUL	9.76m(NWI)			
17	Abby Fossum	JR Dakota Wesleyan	9.74m	1.0	31-11.50
	FOUL FOUL	9.74m(1.0)			
18	Maggie Thieler	FR Morningside	9.51m	1.4	31-02.50
	FOUL 9.51m(1.4) FOUL				
19	Josie Bopp	JR Jamestown	9.37m	1.0	30-09.00
	9.36m(0.8) 9.37m(1.0) FOUL				
20	Courtney Kjeldgaard	SO Jamestown	8.77m	NWI	28-09.25
	FOUL FOUL	8.77m(NWI)			
--	Sonya Hagberg	FR Northwestern (Ia)	FOUL		
	FOUL FOUL FOUL				

Women Shot Put UCO

Standard for measurement 35'

Meet: M 59-07 4/18/2009 Rachel Jansen, unattached

Name	Year	School	Finals
1 Danielle Waldner	FR	South Dakota	14.46m 47-05.25
		14.30m 14.22m 14.46m	FOUL FOUL FOUL
2 Breanna Janovy	JR	South Dakota	13.86m 45-05.75
		13.22m 13.06m FOUL 13.36m 13.36m 13.86m	
3 Kayla Johnson	SO	South Dakota	13.05m 42-09.75
		12.54m 12.95m 12.89m 13.05m 12.82m 12.65m	
4 Marissa Whipple	JR	Sioux Falls	12.87m 42-02.75
		12.87m FOUL 12.61m 12.69m FOUL FOUL	
5 Amanda Poppen	FR	Sioux Falls	12.50m 41-00.25
		12.22m 12.05m 12.10m 12.50m FOUL FOUL	
6 Mariah Nelson	JR	Northern State	12.46m 40-10.50
		FOUL 11.54m 12.46m 11.86m 12.13m FOUL	
7 Cassidy Wright	FR	Sioux Falls	12.37m 40-07.00
		11.80m 11.80m FOUL 11.88m 12.37m 11.97m	
8 Breann Jackson	SO	Northern State	12.22m 40-01.25
		FOUL 11.75m 12.18m 12.22m FOUL FOUL	
9 Shekota Myer	FR	Northern State	12.18m 39-11.50
		11.65m 12.10m FOUL 11.59m 12.18m 11.67m	
10 Allison Cross	FR	Mount Marty College	11.70m 38-04.75
		11.70m 11.30m 11.52m	
11 Allison Shymkewicz	FR	Briar Cliff	11.67m 38-03.50
		FOUL 11.14m 11.67m	
12 Hannah Shie	SO	Northwestern (Ia)	11.65m 38-02.75
		11.65m 10.71m FOUL	
13 Hannah Phillips		Dickinson State	11.63m 38-02.00
		FOUL 11.43m 11.63m	
14 Autumn Schulz	FR	Northern State	11.58m 38-00.00
		11.58m 11.41m FOUL	
15 Whitney Leuenberger	FR	Dickinson State	11.24m 36-10.50
		10.32m FOUL 11.24m	
16 Tansha Clarke	SR	South Dakota	10.98m 36-00.25
		10.87m 10.88m 10.98m	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Shot Put UCO**

17 Taylor Woods	SO Morningside	10.88m	35-08.50
10.88m FOUL 10.29m			
17 Hannah McKelvey	FR Briar Cliff	10.88m	35-08.50
FOUL 10.88m FOUL			
19 Clara Schild	FR Dakota St	10.86m	35-07.75
10.86m 10.85m FOUL			
20 Ashley Currey	SO Dakota St	10.84m	35-06.75
10.73m 10.84m 10.79m			
21 Christina Vanderbyl	FR Northwestern (Ia)	10.78m	35-04.50
10.21m 10.78m 10.68m			
22 Shayna Dwyer	JR Dakota St	10.77m	35-04.00
10.37m FOUL 10.77m			
23 Kaylee McMacken	JR Sioux Falls	10.60m	34-09.50
10.60m FOUL FOUL			
24 Adrienne Bishop	JR Northwestern (Ia)	10.58m	34-08.50
10.22m FOUL 10.58m			
25 Sophie Doeden	FR Northern State	10.33m	33-10.75
10.33m FOUL FOUL			
26 Kylie Martin	FR Dakota St	10.29m	33-09.25
10.25m 10.29m FOUL			
27 Kelci Viesselman	SO Dakota St	9.96m	32-08.25
FOUL 9.96m FOUL			
28 Emily Holz	SR Dordt	9.58m	31-05.25
9.58m FOUL FOUL			
29 Anna Krygsheld	FR Dordt	9.06m	29-08.75
FOUL FOUL 9.06m			
30 Jessica Fossum	JR Dakota Wesleyan	8.88m	29-01.75
8.88m FOUL FOUL			
31 Jessica Dolechek	JR Dickinson State	8.60m	28-02.75
8.60m FOUL FOUL			
32 Joanna Guhl	FR Northwestern (Ia)	7.96m	26-01.50
7.96m FOUL FOUL			
33 Melissa Barella	FR Augustana (Sd)	7.82m	25-08.00
7.82m FOUL FOUL			

Women Discus Throw UCO

Standard for measurement 100'

Meet: M 168-00 4/20/1998 Nancy Overman, South Dakota State

Name Year School Finals

1 Breanna Janovy	JR South Dakota	47.69m	156-05
FOUL FOUL 46.52m FOUL FOUL 47.69m			
2 Elysa Reinke	SO South Dakota	43.56m	142-11
FOUL 40.27m 42.42m 42.35m 41.85m 43.56m			
3 Meghan Dennis	SO South Dakota	43.28m	142-00
41.55m 42.50m FOUL 41.92m 43.09m 43.28m			
4 Kayla Lester	SO South Dakota	42.85m	140-07
37.09m 40.27m FOUL FOUL 37.00m 42.85m			
5 Whitney Leuenberger	FR Dickinson State	41.68m	136-09
37.90m FOUL 41.55m FOUL 40.36m 41.68m			
6 Katelyn Gochenour	SO Unattached	41.14m	135-00
40.53m 40.42m FOUL FOUL 41.14m FOUL			
7 Michaela Dendinger	FR Wayne State College	40.42m	132-07
FOUL 40.42m FOUL 34.72m 34.50m FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Discus Throw UCO**

8	Mariah Nelson	JR Northern State	39.48m	129-06
	39.48m 38.23m 39.28m 37.10m 39.25m 37.82m			
9	Shekota Myer	FR Northern State	38.14m	125-01
	37.21m 36.80m 38.14m 34.90m 37.89m FOUL			
10	Hannah Steele	SO Sioux Falls	37.98m	124-07
	34.53m FOUL 37.98m			
11	Jackie Brungardt	SO Briar Cliff	37.69m	123-08
	37.19m 37.69m 37.27m			
12	Amanda Poppen	FR Sioux Falls	37.10m	121-09
	FOUL FOUL 37.10m			
13	Kelci Viesselman	SO Dakota St	36.25m	118-11
	FOUL 36.25m FOUL			
14	Kelli Hoff	SR Sioux Falls	35.83m	117-07
	34.29m 35.83m FOUL			
15	Cassidy Wright	FR Sioux Falls	35.80m	117-05
	FOUL 35.80m FOUL			
16	Callan Sawtelle	SR Sioux Falls	35.21m	115-06
	35.21m FOUL 33.66m			
17	Christina Vanderbyl	FR Northwestern (Ia)	35.05m	115-00
	35.05m FOUL 32.33m			
18	Arianne Gesell	SO Northwestern (Ia)	34.83m	114-03
	34.83m 34.39m 32.55m			
19	Allison Shymkewicz	FR Briar Cliff	34.52m	113-03
	31.35m 34.14m 34.52m			
20	Bekah Mead	FR Dordt	34.42m	112-11
	33.39m 34.42m FOUL			
21	Savannah Clapper	SO Northwestern (Ia)	33.88m	111-02
	33.88m FOUL 31.33m			
22	Autumn Schulz	FR Northern State	33.55m	110-01
	FOUL 30.26m 33.55m			
23	Hannah Phillips	Dickinson State	33.39m	109-06
	FOUL 33.39m FOUL			
24	Ashley Currey	SO Dakota St	33.15m	108-09
	32.26m 33.07m 33.15m			
25	Hannah Shie	SO Northwestern (Ia)	33.10m	108-07
	31.75m 33.10m FOUL			
26	Kaylee Blake	Briar Cliff	32.86m	107-10
	30.85m 32.86m FOUL			
27	Casey Schuster	FR Morningside	32.83m	107-08
	30.38m FOUL 32.83m			
28	Taylor Woods	SO Morningside	32.50m	106-07
	FOUL 32.50m FOUL			
29	Indira Colon	IWCC	32.43m	106-05
	FOUL 32.43m FOUL			
30	Hannah McKelvey	FR Briar Cliff	32.37m	106-02
	FOUL 32.37m FOUL			
31	Allison Cross	FR Mount Marty College	32.15m	105-06
	32.15m 30.68m 31.28m			
32	Shayna Dwyer	JR Dakota St	32.11m	105-04
	32.11m FOUL FOUL			
33	Amy Wockenfuss	FR Northern State	31.68m	103-11
	31.68m FOUL FOUL			
34	Jennifer Brandt	SO Jamestown	31.00m	101-08
	FOUL FOUL 31.00m			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Discus Throw UCO**

35	Meghan Kratofil	SO Jamestown	30.53m	100-02
	FOUL 28.00m 30.53m			
36	M'Kay Knutson	IWCC	30.22m	99-02
	FOUL FOUL 30.22m			
37	Brittany Austin	Mount Marty College	28.51m	93-06
	28.51m FOUL FOUL			
38	Adrienne Bishop	JR Northwestern (Ia)	28.47m	93-05
	FOUL FOUL 28.47m			
39	Madison Fisher	FR Morningside	27.69m	90-10
	27.69m FOUL FOUL			
40	Kylie Martin	FR Dakota St	27.01m	88-07
	27.01m FOUL FOUL			
41	Clara Schild	FR Dakota St	26.60m	87-03
	26.60m FOUL FOUL			
42	Joanna Guhl	FR Northwestern (Ia)	26.00m	85-04
	26.00m FOUL FOUL			
43	Alexis Mitchell	IWCC	25.95m	85-02
	25.95m FOUL FOUL			
--	Kristi Porter	SO Augustana (Sd)	FOUL	
	FOUL FOUL FOUL			
--	Rochelle Sifuentes	IWCC	FOUL	
	FOUL FOUL FOUL			
--	Ashley Ostrem	FR Sioux Falls	FOUL	
	FOUL FOUL FOUL			

Women Hammer Throw UCO

Meet: M 194-10 4/13/2012 Lachel Milander, unattached				
Name	Year	School	Finals	
1	Carly Fehringer	SR Wayne State College	60.35m	198-00
	59.64m 60.35m 57.91m 58.45m 57.79m 58.52m			
2	Emily Wells	SR Wayne State College	55.90m	183-05
	53.84m 55.69m 55.19m 55.90m FOUL 54.64m			
3	Sara Wells	JR Wayne State College	53.21m	174-07
	48.98m FOUL 52.30m 53.21m 51.49m FOUL			
4	Mackenzie Masching	SR Wayne State College	51.69m	169-07
	FOUL 50.11m 51.69m 49.78m 50.63m 50.32m			
5	Kayla Johnson	SO South Dakota	49.77m	163-03
	48.37m 46.41m FOUL 47.35m 47.97m 49.77m			
6	Kyndra Sturm	SO Wayne State College	48.51m	159-02
	FOUL 48.51m FOUL 47.98m 47.59m 47.27m			
7	Danielle Waldner	FR South Dakota	47.66m	156-04
	47.23m 47.66m FOUL 42.10m 43.82m 45.59m			
8	Breann Jackson	SO Northern State	47.09m	154-06
	FOUL 46.04m 47.09m FOUL 46.59m 44.16m			
9	Marissa Whipple	JR Sioux Falls	45.35m	148-09
	45.35m FOUL 43.93m FOUL 43.57m 42.78m			
10	Michaela Dendinger	FR Wayne State College	45.31m	148-08
	FOUL 45.31m 44.26m			
11	Kaylee McMacken	JR Sioux Falls	44.52m	146-01
	43.47m 44.02m 44.52m			
12	Mariah Nelson	JR Northern State	43.09m	141-04
	43.09m 42.44m 42.52m			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Hammer Throw UCO**

13	Ashley Currey	SO Dakota St	42.75m	140-03
	42.75m 39.54m 40.49m			
14	Ariel Gass	JR Morningside	42.33m	138-10
	42.33m FOUL FOUL			
15	Emily Holz	SR Dordt	41.71m	136-10
	FOUL 38.24m 41.71m			
16	Callan Sawtelle	SR Sioux Falls	41.10m	134-10
	41.10m FOUL FOUL			
17	Hannah Steele	SO Sioux Falls	40.54m	133-00
	40.54m 39.11m FOUL			
18	Kayla Lester	SO South Dakota	39.90m	130-11
	39.90m 39.55m FOUL			
19	Amanda Poppen	FR Sioux Falls	38.74m	127-01
	38.13m 38.74m FOUL			
20	Savannah Clapper	SO Northwestern (Ia)	36.99m	121-04
	36.43m 36.99m 33.43m			
21	Bekah Mead	FR Dordt	36.59m	120-00
	36.59m 35.80m 35.26m			
22	Autumn Schulz	FR Northern State	36.05m	118-03
	FOUL 36.05m 35.32m			
23	Indira Colon	IWCC	36.03m	118-02
	36.03m FOUL FOUL			
24	Shayna Dwyer	JR Dakota St	35.75m	117-03
	FOUL 35.71m 35.75m			
25	Taylor Woods	SO Morningside	35.72m	117-02
	35.72m 35.47m 35.66m			
26	Jessica Dolechek	JR Dickinson State	35.33m	115-11
	35.33m 32.72m FOUL			
27	Hannah Phillips	Dickinson State	35.25m	115-08
	34.28m 35.25m FOUL			
28	Allison Cross	FR Mount Marty College	35.19m	115-05
	35.19m 32.40m FOUL			
29	Haley Hinseth	SO Sioux Falls	34.96m	114-08
	34.96m FOUL FOUL			
30	Tessa Ives	FR Unattached	34.41m	112-11
	FOUL FOUL 34.41m			
31	Whitney Leuenberger	FR Dickinson State	34.11m	111-11
	31.43m 34.11m 32.61m			
32	Meghan Kratofil	SO Jamestown	33.89m	111-02
	32.86m 33.13m 33.89m			
33	M'Kay Knutson	IWCC	33.55m	110-01
	33.55m 32.77m 33.27m			
34	Shekota Myer	FR Northern State	33.14m	108-09
	FOUL 29.48m 33.14m			
35	Jennifer Brandt	SO Jamestown	32.89m	107-11
	32.89m FOUL 31.14m			
36	Ashley Ostrem	FR Sioux Falls	32.66m	107-02
	32.54m 32.66m FOUL			
37	Christina Vanderbyl	FR Northwestern (Ia)	32.51m	106-08
	28.84m FOUL 32.51m			
38	Alexis Mitchell	IWCC	31.70m	104-00
	FOUL 26.38m 31.70m			
39	Amy Wockenfuss	FR Northern State	31.36m	102-11
	29.92m FOUL 31.36m			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Hammer Throw UCO**

40	Hannah Shie	SO Northwestern (Ia)	31.24m	102-06
	31.11m 31.24m FOUL			
41	Joanna Guhl	FR Northwestern (Ia)	27.65m	90-08
	27.65m FOUL FOUL			
42	Anna Krygsheld	FR Dordt	25.71m	84-04
	25.71m FOUL FOUL			
--	Adrienne Bishop	JR Northwestern (Ia)	FOUL	
	FOUL FOUL FOUL			
--	Sophie Doeden	FR Northern State	FOUL	
	FOUL FOUL FOUL			
--	Jessi Pongratz	FR Wayne State College	FOUL	
	FOUL FOUL FOUL			

Women Javelin Throw UCO

Meet: M 151-04 4/13/2013 Meghan Dennis, South Dakota				
Name	Year	School	Finals	
1	Meghan Dennis	SO South Dakota	47.76m	156-08
	43.26m 45.68m 43.90m 43.79m 47.76m FOUL			
2	Alexandra Webster	SR Northern State	44.62m	146-05
	41.36m 42.86m 42.77m FOUL 44.62m 42.65m			
3	Katelyn Gochenour	SO Unattached	43.83m	143-09
	43.83m 43.09m FOUL FOUL FOUL FOUL			
4	Danielle Waldner	FR South Dakota	38.48m	126-03
	34.96m 32.66m 38.48m 31.82m FOUL FOUL			
5	Brittany Carman	JR Dordt	37.67m	123-07
	35.65m 37.67m FOUL FOUL 37.29m 36.04m			
6	Haley Hinseth	SO Sioux Falls	35.88m	117-08
	23.95m 35.88m 26.73m			
7	Amelia Miller	FR South Dakota	34.63m	113-07
	34.54m 34.63m 32.96m			
8	Krista Thielges	FR Jamestown	34.55m	113-04
	31.23m 34.55m 34.52m 33.98m FOUL FOUL			
9	Kristi Porter	SO Augustana (Sd)	33.50m	109-11
	FOUL 33.50m 32.06m 30.90m FOUL FOUL			
10	Miranda Brower	JR Northern State	33.18m	108-10
	30.75m 33.18m 31.13m			
11	Christina Vanderbyl	FR Northwestern (Ia)	33.10m	108-07
	33.10m 28.27m 31.92m			
12	Leandra Schlecht	JR Northern State	32.69m	107-03
	29.62m 32.69m 28.49m			
13	Madison Fisher	FR Morningside	32.68m	107-03
	FOUL 32.68m FOUL			
14	Arienne Gesell	SO Northwestern (Ia)	32.16m	105-06
	26.28m 26.23m 32.16m			
15	Emily Keim	FR Morningside	31.98m	104-11
	FOUL 31.98m 31.90m			
16	Michaela Schlecht	FR Northern State	31.31m	102-09
	29.41m 31.31m 30.48m			
17	Ariana Arampatzis	FR Dakota Wesleyan	31.19m	102-04
	24.69m 26.98m 31.19m			
18	Jessica Wyatt	FR Jamestown	31.13m	102-01
	26.98m 31.13m 28.07m			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Javelin Throw UCO**

19	Rachel Vankempen	JR Dordt	30.80m	101-00
	30.30m 30.80m FOUL			
20	Allison Cross	FR Mount Marty College	30.68m	100-08
	25.96m 29.67m 30.68m			
21	Ariel Gass	JR Morningside	30.66m	100-07
	FOUL 30.66m FOUL			
22	McCall Manske	FR Jamestown	30.28m	99-04
	FOUL 30.28m 29.90m			
23	Hannah McKelvey	FR Briar Cliff	30.12m	98-10
	27.32m 28.16m 30.12m			
24	Karly Sifferath	FR South Dakota	30.02m	98-06
	30.02m FOUL 29.80m			
25	Brittany Austin	Mount Marty College	29.69m	97-05
	25.66m 27.36m 29.69m			
26	Kelli Hoff	SR Sioux Falls	29.50m	96-09
	26.28m 29.50m 28.90m			
27	Emily Holz	SR Dordt	28.21m	92-07
	FOUL FOUL 28.21m			
28	Jessica Fossum	JR Dakota Wesleyan	28.13m	92-03
	23.82m 22.82m 28.13m			
29	Abigail Stevens	SO Northwestern (Ia)	27.59m	90-06
	27.59m 22.65m 24.23m			
30	Kaylee Blake	Briar Cliff	27.22m	89-04
	19.86m 19.00m 27.22m			
31	Kayla Holtgrewe	SR Briar Cliff	26.63m	87-04
	26.63m 24.77m FOUL			
32	Michelle Glass	JR Jamestown	26.52m	87-00
	26.50m 26.51m 26.52m			
33	Caitlin Casey	SR Morningside	25.85m	84-10
	25.82m FOUL 25.85m			
34	Josie Bopp	JR Jamestown	25.66m	84-02
	22.60m 25.66m 24.87m			
35	Savannah Clapper	SO Northwestern (Ia)	25.47m	83-07
	25.47m 22.23m 20.90m			
36	Joanna Guhl	FR Northwestern (Ia)	24.94m	81-10
	24.94m 23.99m 23.33m			
37	Jolynn Warnes	JR Jamestown	24.87m	81-07
	22.18m 24.10m 24.87m			
38	Jackie Brungardt	SO Briar Cliff	24.37m	79-11
	19.60m 24.37m FOUL			
39	Anna Kolasch	Mount Marty College	24.29m	79-08
	24.29m FOUL FOUL			
40	Cassidy Wright	FR Sioux Falls	23.09m	75-09
	21.80m 23.09m 22.32m			
41	Lauren Bobst	FR Augustana (Sd)	22.57m	74-00
	22.57m 22.44m 21.04m			
42	Melissa Barella	FR Augustana (Sd)	21.86m	71-09
	FOUL FOUL 21.86m			
43	Keiley Sampson	JR Jamestown	21.35m	70-00
	18.12m 21.35m 17.68m			
44	Hannah Shie	SO Northwestern (Ia)	21.24m	69-08
	20.29m 21.24m 20.70m			
45	Ashley Ostrem	FR Sioux Falls	20.72m	68-00
	17.35m 19.98m 20.72m			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Women Javelin Throw UCO

46 Caitlin Bossio	SO Jamestown	16.17m	53-01
16.17m	15.82m	13.47m	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 100 Meter Dash Class"A"**

Meet: M 10.57 4/20/1989 Scott Ingvaldstad, SF Lincoln						
Name	Year	School	Finals	Wind	H#	
1	Ronald Nash	12	Sioux City East	11.17	-1.2	2
2	Philip Jacobson	12	Bishop Heelan	11.50	-1.2	2
3	Connor Niles	12	Bishop Heelan	11.58	-1.2	2
4	Brady Wall		Sgt. Bluff-Luton	11.64	-1.2	2
5	Xavier Scarlett	11	Sioux City North	11.85	-3.4	1
6	Riley Weeks		Sgt. Bluff-Luton	12.09	-1.2	2
7	Joseph Keegan	12	Sioux City West	12.28	-3.4	1
8	Chris Lantz	11	South Sioux City	12.50	-3.4	1
9	Chase Love	12	South Sioux City	12.52	-3.4	1
10	Max Vollmer	09	Sioux City North	12.55	-3.4	1

Boys 110 Meter Hurdles Class"A"

Meet: M 14.32 4/20/1987 Brian Biggerstaff, SC West					
Name	Year	School	Finals	Wind	
1	Louis Noel	12	Bishop Heelan	15.65	-1.1
2	Jacobus Noble	10	Sioux City North	16.42	-1.1
3	Will Karrer	10	Bishop Heelan	17.11	-1.1
4	Brandon Powell	12	South Sioux City	18.48	-1.1
5	Blake Russell		Sgt. Bluff-Luton	18.54	-1.1
6	Jacob Kuhn	11	Sioux City East	19.09	-1.1
7	Sean Kellogg		Sgt. Bluff-Luton	19.91	-1.1

Boys 4x100 Meter Relay Class"A"

2 turn stagger					
Meet: M 42.98 4/20/1995 SC West, SC West					
D. Franklin, J. Ball, T. Salmon, Z. Flemister					
School			Finals		
1	Sioux City East 'A'		43.96		
	1) Ronald Carter 12	2) Dom Flemister 10			
	3) Ross Godfrey 10	4) Ronald Nash 12			
2	Bishop Heelan 'A'		44.00		
	1) Brady Mayo 12	2) Joe Fox 11			
	3) Philip Jacobson 12	4) Connor Niles 12			
3	Sergeant Bluff-Luton 'A'		45.17		
	1) Matthew George	2) Nick Grote			
	3) Austin Evans	4) Brady Wall			
4	South Sioux City 'A'		46.27		
	1) Chris Lantz 11	2) Tanner Lincoln 12			
	3) Chase Love 12	4) Alic Fischer 12			
5	Sioux City West 'A'		46.77		
	1) Ismael Carabante 11	2) Taylor Neuroth 12			
	3) Joseph Keegan 12	4) Karter Jones 11			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 4x200 Meter Relay Class "A"**

4 turn stagger

Meet: M 1:29.46 4/20/1994 SC West, SC West

W. Akins, Z. Flemister, T. Bigelow, J. Ball

School

Finals

1	Sioux City East 'A'			1:31.03
	1) Taylon Flemister 09		2) Dom Flemister 10	
	3) Ross Godfrey 10		4) Ronald Nash 12	
2	Bishop Heelan 'A'			1:31.61
	1) Brady Mayo 12		2) Joe Fox 11	
	3) Philip Jacobson 12		4) Tony Tobin 11	
3	Sergeant Bluff-Luton 'A'			1:35.05
	1) Matthew George		2) Collin Snyder	
	3) Brady Wall		4) Nick Grote	
4	South Sioux City 'A'			1:35.69
	1) Jose Maldonado 10		2) Tanner Lincoln 12	
	3) Chris Lantz 11		4) Alic Fischer 12	
5	Sioux City West 'A'			1:36.21
	1) Karter Jones 11		2) Joseph Keegan 12	
	3) Taylor Neuroth 12		4) Noah McWell 10	
6	Sioux City North 'A'			1:37.87
	1) Max Vollmer 09		2) Tyler Kempema 09	
	3) Mitchell Bootsma 10		4) Xavier Scarlett 11	

Boys 4x400 Meter Relay Class "A"

3 turn stagger

Meet: M 3:22.84 4/18/1998 Bishop Heelan, Bishop Heela

A. Kuehl, J. Florke, J. Kayl, N. McInerney

School

Finals

1	South Sioux City 'A'			3:26.63
	1) Alic Fischer 12		2) Tanner Lincoln 12	
	3) Nick Torticill 10		4) Alex Borchers 11	
2	Bishop Heelan 'A'			3:27.09
	1) Philip Jacobson 12		2) Jake DeJong 12	
	3) Louis Noel 12		4) Tony Tobin 11	
3	Sioux City East 'A'			3:33.01
	1) Jacob Lilly 11		2) Travis Miller 12	
	3) Trevor Gausman 11		4) Carter Lilly 12	
4	Sioux City North 'A'			3:41.49
	1) Xavier Scarlett 11		2) Tyler Kempema 09	
	3) Mitchell Bootsma 10		4) Jacobus Noble 10	
5	Sioux City West 'A'			3:41.72
	1) Ricky Quintana 11		2) Taylor Neuroth 12	
	3) Sheehan Levine 12		4) Joseph Keegan 12	
6	Sergeant Bluff-Luton 'A'			3:47.39
	1) Drew Girres		2) Chet Kaiser	
	3) Terrence Sanchez		4) Gage DeMoss	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 1600 Sprint Medley Class "A"**

3 turn stagger

Meet: M 3:35.84 4/15/1995 SC East, SC East

M. Sweisberger, R. McKenna, R. Erwin, N. Speichinge

School

Finals

1	Sioux City East 'A'			3:33.38M
	1) Taylon Flemister 09	2) Ross Godfrey 10		
	3) Ronald Nash 12	4) Carter Lilly 12		
2	Bishop Heelan 'A'			3:44.93
	1) Joe Fox 11	2) Brady Mayo 12		
	3) Jake DeJong 12	4) Alec Pavone 11		
3	South Sioux City 'A'			3:50.62
	1) Alex Borchers 11	2) Tanner Lincoln 12		
	3) Jose Maldonado 10	4) Nick Torticill 10		
4	Sergeant Bluff-Luton 'A'			3:54.91
	1) Austin Evans	2) Collin Snyder		
	3) Jason Reynders	4) Grant Armstrong		
5	Sioux City West 'A'			4:03.58
	1) Jalen Roseland 10	2) Noah McWell 10		
	3) Ricky Quintana 11	4) Sheehan Levine 12		
6	Sioux City North 'A'			4:28.62
	1) Phuoc San 10	2) Tyler Schoepfer 09		
	3) Jorge Jacobson 09	4) Boden Christensen 09		

Boys 100 Meter Dash Class "B"

Meet: M 11.00 4/17/2002 Paul Brown, Le Mars

Name

Year School

Finals

Wind H#

1	Austin Folsom	11 Spirit Lake	11.81	-1.9	3
2	Travis Zevenbergen	09 Unity Christian	12.01	-0.2	2
3	Josh Lee	10 Glenwood	12.03	-1.9	3
4	Ethan Achterhoff	12 Moc-Fv	12.09	-0.2	2
5	Malik Rasch	11 Spencer	12.15	-0.2	2
6	Brady Butters	10 Kingsley-P/WC	12.22	-0.2	2
7	Joshua Heynen	12 Unity Christian	12.23	-0.2	2
7	Cash Wilcke	11 Oa-Bcig	12.23	-1.9	3
9	Kent Nishimura	12 Oa-Bcig	12.34	-0.2	2
10	Ben Fox	12 Spencer	12.50	-1.9	3
11	Nick Beier	12 Glenwood	12.51	-1.9	3
12	Travis Sterler	10 Sheldon	12.78	-3.7	1
13	Drake Larson	12 Kingsley-P/WC	12.84	-3.7	1

Boys 110 Meter Hurdles Class "B"

Meet: M 14.55 4/20/2002 Derek Casey, Cherokee

Name

Year School

Finals

Wind H#

1	Dylon Van't Hof	12 Sioux Center	15.18	-0.1	2
2	Dane Kruse	11 Glenwood	15.56	-0.1	2
3	Chris Hatting	12 Le Mars	15.92	-0.1	2
4	Cody Mowery	12 Spencer	16.28	-0.1	2
5	Tyson Samsel	12 Spencer	16.51	NWI	1
6	Tyler Moore	12 Glenwood	16.64	-0.1	2
7	Calvin Korver	10 Unity Christian	17.03	NWI	1

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 110 Meter Hurdles Class"B"**

8 Jack Kelly	12 Spirit Lake	17.30	NWI	1
9 Joe Hayden	10 Kingsley-P/WC	17.34	-0.1	2
10 Dillon Jansma	11 Sheldon	17.48	NWI	1
11 Pat Woizeschke	12 Spirit Lake	18.12	-0.1	2
12 Brandon Winkel	09 Sheldon	18.69	NWI	1
13 Michael Anderson	10 Moc-Fv	18.78	NWI	1
14 Jacob de Vries	12 Unity Christian	19.53	NWI	1

Boys 4x100 Meter Relay Class"B"

2 turn stagger

Meet: M 43.84 4/17/1999 Lemars Central, Lemars Central
R. White, K. Hector, B. Beach, P. Crandell

School	Finals	H#
1 Le Mars 'A'	44.87	2
1) Eli Engebretson 12		
2) Chris Hatting 12		
3) Tyler Paulson 11		
4) Levi Tebrink 12		
2 Spirit Lake 'A'	45.02	2
1) Tyler Jenness 10		
2) Caleb Jennings 11		
3) Blake Anderson 11		
4) Austin Folsom 11		
3 Glenwood 'A'	45.43	2
1) Nick Beier 12		
2) Mavrick Decker 09		
3) Spencer Smith 12		
4) Josh Lee 10		
4 Sioux Center 'A'	46.11	2
1) Rylan Stewart 12		
2) Torin Huisman 12		
3) Andrew O'Donnell 12		
4) Blake Kamerman 10		
5 Oa-Bcig 'A'	46.39	2
1) Kent Nishimura 12		
2) Ben Dotzler 10		
3) Cash Wilcke 11		
4) Rhett Ketelson 09		
6 Spencer 'A'	46.73	2
1) Matt Finnern 12		
2) Ben Fox 12		
3) Malik Rasch 11		
4) John Greer 11		
7 Kingsley-Pierson/Woodbury Cen 'A'	47.37	1
1) Brady Butters 10		
2) Bryce Butters 12		
3) Jordan Laddusaw 10		
4) Jacob Harvey 10		
8 Moc-Fv 'A'	47.50	2
1) Ethan Achterhoff 12		
2) Derek Rupp 12		
3) Trever Huss 11		
4) Pieter Swart 12		
9 Sheldon 'A'	48.16	1
1) Matt Buenger 11		
2) Dylan Ennema 11		
3) Travis Sterler 10		
4) Joe Weppler 10		

Boys 4x200 Meter Relay Class"B"

4 turn stagger

Meet: M 1:30.55 4/13/2013 Oa-Bcig, OA-BCIG
Q Westphal, D Leinbaugh, K Young, T Ryen

School	Finals	H#
1 Le Mars 'A'	1:32.03	2
1) Levi Tebrink 12		
2) Chris Hatting 12		
3) Tyler Pauley 10		
4) Mason Wickers 10		
2 Glenwood 'A'	1:32.52	2
1) Mavrick Decker 09		
2) Corey Bertini 12		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x200 Meter Relay Class"B"**

3) Cole Kennedy 12	4) Brogan Weddum 11		
3 Sioux Center 'A'		1:33.27	2
1) Blake Kamerman 10	2) Drew Kortlever 12		
3) Andrew O'Donnell 12	4) Rylan Stewart 12		
4 Spirit Lake 'A'		1:33.86	2
1) Pat Woizeschke 12	2) Caleb Jennings 11		
3) Blake Enderson 11	4) Austin Folsom 11		
5 Spencer 'A'		1:36.03	2
1) Ben Fox 12	2) Mason Bartley 10		
3) Matt Finnern 12	4) John Greer 11		
6 Oa-Bcig 'A'		1:36.19	2
1) Kent Nishimura 12	2) Ben Dotzler 10		
3) Cash Wilcke 11	4) Rhett Ketelson 09		
7 Kingsley-Pierson/Woodbury Cen 'A'		1:36.92	1
1) Drake Larson 12	2) Bryce Butters 12		
3) Brady Butters 10	4) Jacob Harvey 10		
8 Sheldon 'A'		1:37.87	1
1) Matt Buenger 11	2) Dylan Ennema 11		
3) Travis Sterler 10	4) Joe Weppler 10		
-- Moc-Fv 'A'		DNF	2
1) Ethan Achterhoff 12	2) Derek Rupp 12		
3) Michael Tuttle 12	4) Eli Dahl 12		
-- Unity Christian 'A'		DQ	2
1) Joshua Heynen 12	2) Cody Gradert 12		
3) Logan Schoonhoven 12	4) Travis Zevenbergen 09		

Boys 4x400 Meter Relay Class"B"

3 turn stagger

Meet: M 3:27.13 4/13/2013 Glenwood, Glenwood

B Weddum, J Cook, B Wheeler, D Jones

School

Finals

1 Glenwood 'A'		3:29.68	
1) Brogan Weddum 11	2) Matt Bowden 09		
3) Cole Kennedy 12	4) Brady Wheeler 12		
2 Spirit Lake 'A'		3:31.77	
1) Pat Woizeschke 12	2) Blake Enderson 11		
3) Josh Waite 12	4) Caleb Jennings 11		
3 Kingsley-Pierson/Woodbury Cen 'A'		3:35.35	
1) Joe Hayden 10	2) Jayden Wurth 11		
3) Alec Still 09	4) Nic Scheelhaase 11		
4 Moc-Fv 'A'		3:35.81	
1) Michael Tuttle 12	2) Mitchell Yaw 11		
3) Pieter Swart 12	4) Eli Dahl 12		
5 Sioux Center 'A'		3:36.07	
1) Abel Duden 11	2) Andrew O'Donnell 12		
3) Drew Kortlever 12	4) Rylan Stewart 12		
6 Spencer 'A'		3:39.07	
1) Matt Finnern 12	2) Cody Mowery 12		
3) Nick Gross 12	4) Reagan Wilson 11		
-- Le Mars 'A'		DNF	
1) A.J. Schroeder 12	2) Tyler Pauley 10		
3) Mason Wickers 10	4) Levi Tebrink 12		
-- Okoboji 'A'		DQ	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x400 Meter Relay Class"B"**

- | | |
|---------------------|----------------------|
| 1) Tyson Barnett 12 | 2) Brett Barthman 12 |
| 3) Joe Delaney 10 | 4) Jordan Hanna 12 |

Boys 1600 Sprint Medley Class"B"

3 turn stagger

Meet: M 3:38.09 4/18/2010 Glenwood, Glenwood
T Williams I Effin, E Lincoln, K Wheeler

School	Finals
--------	--------

- | | |
|-------------------------------------|-------------------------|
| 1 Okoboji 'A' | 3:40.59 |
| 1) Noah Bouse 10 | 2) Brett Barthman 12 |
| 3) Tyson Barnett 12 | 4) Jordan Hanna 12 |
| 2 Glenwood 'A' | 3:42.83 |
| 1) Corey Bertini 12 | 2) Cole Kennedy 12 |
| 3) Brogan Weddum 11 | 4) James Fuller 11 |
| 3 Spirit Lake 'A' | 3:46.16 |
| 1) Tyler Jenness 10 | 2) Caleb Jennings 11 |
| 3) Blake Enderson 11 | 4) Paul Woizeschke 12 |
| 4 Spencer 'A' | 3:46.60 |
| 1) John Greer 11 | 2) Ben Fox 12 |
| 3) Reagan Wilson 11 | 4) Ryan Bauermeister 12 |
| 5 Le Mars 'A' | 3:46.98 |
| 1) Tyler Pauley 10 | 2) Mason Wickers 10 |
| 3) Eli Engebretson 12 | 4) A.J. Schroeder 12 |
| 6 Moc-Fv 'A' | 3:50.44 |
| 1) Ethan Achterhoff 12 | 2) Derek Rupp 12 |
| 3) Eli Dahl 12 | 4) Christian Korver 10 |
| 7 Kingsley-Pierson/Woodbury Cen 'A' | 4:00.49 |
| 1) Brady Butters 10 | 2) Jacob Harvey 10 |
| 3) Ben Burbach 09 | 4) Jameson Mandl 11 |
| 8 Oa-Bcig 'A' | 4:06.27 |
| 1) Dylan Wunschel 09 | 2) Ben Dotzler 10 |
| 3) Rhett Ketelson 09 | 4) Cody Fredricks 10 |

Boys 100 Meter Dash Class"C"

Meet: M 10.92 4/20/1989 Jeff Longval, Westwood

Name	Year	School	Finals	Wind	H#
------	------	--------	--------	------	----

- | | | | | | |
|----------------------|----|----------------|-------|------|---|
| 1 Brett Prenger | 11 | Lawton-Bronson | 11.86 | -1.6 | 2 |
| 2 Austin Freeman | 10 | Pierce | 12.30 | -1.6 | 2 |
| 3 Connor Aden | 10 | West Monona | 12.41 | 1.4 | 1 |
| 4 Alex Wu | 09 | Elk Pt Jeff SD | 12.45 | -1.6 | 2 |
| 5 Chance Larsen | 09 | Pierce | 12.53 | -1.6 | 2 |
| 6 Dillion Hinrickson | 11 | Westwood | 12.69 | 1.4 | 1 |
| 7 Brad Steinhoff | 10 | Westwood | 12.88 | 1.4 | 1 |
| 8 Jerome Holmes | | Marcus Mmc | 13.39 | 1.4 | 1 |

Boys 110 Meter Hurdles Class"C"

Meet: M 14.43 4/20/1989 Darwin VanderHoef, Rock Valley

Name	Year	School	Finals	Wind
------	------	--------	--------	------

- | | | | | |
|-----------------|----|------------|-------|-----|
| 1 Reece Jackson | 12 | Marcus Mmc | 16.19 | NWI |
|-----------------|----|------------|-------|-----|

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 110 Meter Hurdles Class"C"**

2 Myles Sudbeck	12 Pierce	17.63	NWI
3 Braden Dean	09 Westwood	18.39	NWI
4 Kody Berg	09 Westwood	21.28	NWI

Boys 4x100 Meter Relay Class"C"

2 turn stagger

Meet: M 44.75 4/17/1999 Sioux Center, Sioux Center
 VanVoorst, Zevenbergen, Wielenga, Kempers

School Finals

1 Lawton-Bronson 'A'	45.28
1) Quinn Sitzmann 10	2) Brett Prenger 11
3) Brandon Thompson 12	4) Anteras Ashley 10
2 Pierce 'A'	46.18
1) Austin Freeman 10	2) Colin Magdanz 11
3) Walker Raabe 09	4) Chance Larsen 09
3 Marcus-Meriden-Cleghorn 'A'	47.71
1) Zach Reuter 12	2) Ben Specht 10
3) Dylan Spieler 12	4) Conner Holmes 11
4 Westwood 'A'	48.10
1) Brad Steinhoff 10	2) Dillion Hinrickson 11
3) Tony Baker 10	4) Chris Gillaspie 10

Boys 4x200 Meter Relay Class"C"

4 turn stagger

Meet: M 1:31.73 4/20/2011 Dakota Valley, Dakota Valle
 M Lupkes, E Hendriks, Z Sexton, T White

School Finals

1 Lawton-Bronson 'A'	1:34.57
1) Quinn Sitzmann 10	2) Brett Prenger 11
3) Brandon Thompson 12	4) Anteras Ashley 10
2 Pierce 'A'	1:34.69
1) Austin Freeman 10	2) Colin Magdanz 11
3) Johnnie Huff 11	4) Aydan Ronspies 12
3 Marcus-Meriden-Cleghorn 'A'	1:39.61
1) Zach Reuter 12	2) Ben Specht 10
3) Reece Jackson 12	4) Dylan Spieler 12
4 Elk Pt Jeff SD 'A'	1:40.75
1) Dan Howe 12	2) Jared Hueser 10
3) Mike Murphy 10	4) Alex Wu 09
5 Westwood 'A'	1:42.83
1) Andrew Donnelly 09	2) Jacob Hall 09
3) Dillion Hinrickson 11	4) Casey Kirkendall 12
-- Homer 'A'	DQ
1) Chase Dahl 12	2) Laine Calvillo 12
3) Austin Weber 11	4) Clay Kramper 12

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 4x400 Meter Relay Class "C"**

3 turn stagger

Meet: M 3:30.38 4/20/1988 LeMars Gehlen, Lemars Gehle
M. Rohe, G. Meister, N. Ryan, B. Sitzmann

School Finals

1	Lawton-Bronson 'A'	3:40.16
	1) Austin Peters 10	2) Brett Prenger 11
	3) AJ Nitzchke 11	4) Brandon Thompson 12
2	Pierce 'A'	3:46.34
	1) Johnnie Huff 11	2) Noah Zimmerer 10
	3) Caleb Sullivan 09	4) Colin Magdanz 11
3	Ponca 'A'	3:47.22
	1) Blake Hamar 12	2) Brandon Hamar 12
	3) Jordan Markworth 11	4) Tommy Gill 11
4	Elk Pt Jeff SD 'A'	3:48.63
	1) Dan Howe 12	2) Jared Hueser 10
	3) Cody Davis 10	4) Alex Wu 09
5	Marcus-Meriden-Cleghorn 'A'	3:49.07
	1) Derek Erdman 10	2) Ben Specht 10
	3) Dylan Spieler 12	4) Conner Holmes 11
6	Westwood 'A'	3:58.87
	1) Jacob Hall 09	2) Andrew Donnelly 09
	3) Zach Greder 11	4) Casey Kirkendall 12
7	West Monona 'A'	3:58.96
	1) Collin Sprock 10	2) Tate Phelps 10
	3) John Adams 11	4) Justin Parr 12

Boys 1600 Sprint Medley Class "C"

3 turn stagger

Meet: M 3:38.46 4/16/1988 Gehlen Catholic, Le Mars Ge
J. Block, M. Dull, M. Carpenter, B. Baack

School Finals

1	Elk Pt Jeff SD 'A'	3:56.45
	1) Alex Wu 09	2) Jared Hueser 10
	3) Cody Davis 10	4) Hunter Paulsen 11
2	Gehlen Catholic Boys 'A'	4:03.85
	1) Lucas Hunt 11	2) Brady Hansen 12
	3) Matt Holzman 11	4) Andrew Wankum 11
3	West Monona 'A'	4:07.80
	1) Tyler Phelps 12	2) Connor Aden 10
	3) Justin Parr 12	4) Collin Sprock 10
4	Marcus-Meriden-Cleghorn 'A'	4:14.09
	1) Conner Holmes 11	2) Ben Specht 10
	3) Miguel Guerrero 11	4) Joe Peters 10
5	Westwood 'A'	4:14.71
	1) Jacob Hall 09	2) Kody Gray 09
	3) Blythe Anderson 11	4) Brandon Croghan 10

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 800 Meter Run OHS**

Top 24

Meet: M 1:56.87 4/23/2005 Tyler Mulder, O.C. Unity Ch

Name	Year	School	Finals
1 Carter Lilly	12	Sioux City East	1:59.40
2 Blake Perryman	12	Dakota Valley	2:01.66
3 Aydan Ronspies	12	Pierce	2:01.87
4 Nic Scheelhaase	11	Kingsley-P/WC	2:03.87
5 Nigel Treinen	11	Bishop Heelan	2:06.72
6 Nick Gross	12	Spencer	2:07.30
7 Eli Dahl	12	Moc-Fv	2:09.29
8 Jeremy Hill	10	Sioux City East	2:09.59
9 Ben Eastman	11	Bishop Heelan	2:09.60
10 Jeremiah Eldridge	10	Spirit Lake	2:10.27
11 Jaron Springer	10	Glenwood	2:10.65
12 Sheehan Levine	12	Sioux City West	2:13.58
13 Benjamin Broers	12	Unity Christian	2:14.29
14 Connor Henze	10	Elk Pt Jeff SD	2:14.65
15 Mark Ahlers	11	Sheldon	2:15.28
16 Blake Hamar	12	Ponca	2:16.09
17 Devin Louison	10	Le Mars	2:16.66
18 Shelby Gonzalez	11	South Sioux City	2:20.32

Boys 1600 Meter Run OHS

Top 32

Meet: M 4:22.13 4/20/1995 Nolan Speichinger, SC East

Name	Year	School	Finals
1 Alec Pavone	11	Bishop Heelan	4:33.67
2 Jordan Hanna	12	Okoboji	4:34.80
3 Alec Still	09	Kingsley-P/WC	4:39.66
4 Jacob Scott	12	Sioux City East	4:39.69
5 Hunter Paulsen	11	Elk Pt Jeff SD	4:41.33
6 Tanner Goetsch	12	Spirit Lake	4:43.56
7 Ferhan Barento	11	South Sioux City	4:45.43
8 Ben Eastman	11	Bishop Heelan	4:46.20
9 Ethan Schultzen	10	Kingsley-P/WC	4:53.85
10 Mark Ahlers	11	Sheldon	4:55.02
11 Benjamin Broers	12	Unity Christian	4:59.24
12 Kaleb Maynard	10	Sioux City North	5:00.83
13 Omar Montoya	11	South Sioux City	5:02.50
14 Carter Fought	10	Moc-Fv	5:03.53
15 Cuentin Gray	11	Glenwood	5:07.75
16 Kyle Anderson	12	Spirit Lake	5:10.02
17 Haile Duden	11	Sioux Center	5:10.68
18 Max Eggert	10	Moc-Fv	5:17.22
19 Joe Peters	10	Marcus Mmc	5:17.38
20 Jordan Young	09	Glenwood	5:22.95
21 Brett Logsdon	09	Lawton-Bronson	5:32.45

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 3200 Meter Run OHS**

Top 32

Meet: M 9:23.29 4/20/2010 Johnny Fuller, Glenwood

Name	Year	School	Finals
1 Ferhan Barento	11	South Sioux City	10:19.69
2 Ryan Bauermeister	12	Spencer	10:21.74
3 Haile Duden	11	Sioux Center	10:36.66
4 Graham Bacon	12	Dakota Valley	10:37.31
5 Jesse Nitzshke	12	Le Mars	10:40.42
6 Carter Fought	10	Moc-Fv	10:44.02
7 Alec Harrington	10	Spirit Lake	10:53.09
8 Ryan Maris	09	Spirit Lake	10:55.94
9 Cuentin Gray	11	Glenwood	11:03.67
10 Omar Montoya	11	South Sioux City	11:05.85
11 Tyler Messenger	10	Cb, Abraham Lincoln	11:07.49
12 Ryan Chindlund	11	Okoboji	11:08.73
13 Daniel Folchert	10	Sioux City North	11:09.14
14 Ryan Fouts	11	Kingsley-P/WC	11:11.49
15 Brett Marek	11	Le Mars	11:22.06
16 Siraj Abdella	09	Sioux City North	11:34.64
17 Gavin Bush	09	Sioux City North	13:02.63

Boys 400 Meter Hurdles OHS

Top 24 by time

Meet: M 53.79 4/14/2012 Derek Jones, Glenwood

Name	Year	School	Finals	H#
1 Alex Borchers	11	South Sioux City	54.44	3
2 Louis Noel	12	Bishop Heelan	57.38	3
3 Joe Hayden	10	Kingsley-P/WC	58.58	3
4 Jason Reynders		Sgt. Bluff-Luton	59.27	2
5 Cody Mowery	12	Spencer	59.61	3
6 Caleb Petersen	09	Glenwood	59.83	3
7 Quenton Boddie	10	Le Mars	59.91	2
8 Derek Erdman	10	Marcus Mmc	1:00.38	2
9 Trever Huss	11	Moc-Fv	1:01.41	1
10 Will Karrer	10	Bishop Heelan	1:01.58	2
11 Jordan Laddusaw	10	Kingsley-P/WC	1:01.84	1
12 Pat Woizeschke	12	Spirit Lake	1:01.86	3
13 Sheehan Levine	12	Sioux City West	1:02.42	1
14 Matt Benson	11	Sioux City West	1:02.45	1
15 Jason Feather	10	Spirit Lake	1:02.97	2
16 Jacobus Noble	10	Sioux City North	1:03.15	2
17 Erik Nelson	12	Marcus Mmc	1:03.57	2
18 Myles Sudbeck	12	Pierce	1:03.69	2
19 Dillon Jansma	11	Sheldon	1:03.76	1
20 Jacob Kuhn	11	Sioux City East	1:03.99	1
21 Michael Anderson	10	Moc-Fv	1:05.92	1
22 Brady Wheeler	12	Glenwood	1:07.17	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 4x800 Meter Relay OHS**

Top 16 teams by time

1 turn stagger

Meet: M 7:57.93 4/18/2009 Yankton, SC East

J. Ailts A. Hohenthanner M. Yaggie T. Brenner

School

Finals

1 Spirit Lake 'A'		8:14.94
1) Kyle Anderson 12	2) Josh Waite 12	
3) Paul Woizeschke 12	4) Tanner Goetsch 12	
2 Kingsley-Pierson/Woodbury Cen 'A'		8:17.87
1) Alec Still 09	2) Jayden Wurth 11	
3) Ethan Schultzen 10	4) Nic Scheelhaase 11	
3 Glenwood 'A'		8:26.16
1) Jared Cook 12	2) Jaron Springer 10	
3) Brady Wheeler 12	4) James Fuller 11	
4 Dakota Valley 'A'		8:36.20
1) Graham Bacon 12	2) Charlie Long 10	
3) Cole Peterson 12	4) Blake Perryman 12	
5 South Sioux City 'A'		8:47.46
1) Ferhan Barento 11	2) Shelby Gonzalez 11	
3) Omar Montoya 11	4) Nick Torticill 10	
6 Bishop Heelan 'A'		8:47.81
1) Nick Haugan 10	2) Bailey McBride 10	
3) Ian Joyce 09	4) Connor Ritz 09	
7 Unity Christian 'A'		9:07.55
1) Benjamin Broers 12	2) Klay Byker 11	
3) Jeffery Jeltema 12	4) Cody Gradert 12	
8 Oa-Bcig 'A'		9:10.68
1) Nick Endrulat 11	2) Isaiah Salmon 10	
3) Blake Netherton 10	4) Cody Fredricks 10	
9 West Monona 'A'		9:41.53
1) Justin Parr 12	2) Tate Phelps 10	
3) Alex Harris 10	4) Collin Sprock 10	

Boys 4x110 Meter Shuttle Hurdle OHS

Meet: M 1:00.10 4/13/2013 Glenwood, Glenwood

S Jameson, D Kruse, K Bowden, M Bowden

School

Finals

H#

1 Glenwood 'A'		1:01.50	2
1) Tyler Moore 12	2) Carter Von Essen 10		
3) Caleb Petersen 09	4) Dane Kruse 11		
2 Le Mars 'A'		1:02.13	2
1) BO Ohm 11	2) Logan Schneider 11		
3) Chris Hatting 12	4) Quenton Boddie 10		
3 Spencer 'A'		1:04.26	1
1) Matt Finnern 12	2) Tyson Samsel 12		
3) Mason Bartley 10	4) Cody Mowery 12		
4 Spirit Lake 'A'		1:04.30	2
1) Pat Woizeschke 12	2) Jack Kelly 12		
3) Austin Fagen 12	4) Jason Feather 10		
5 Marcus-Meriden-Cleghorn 'A'		1:04.67	1
1) Derek Erdman 10	2) Erik Nelson 12		
3) Zach Reuter 12	4) Reece Jackson 12		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x110 Meter Shuttle Hurdle OHS**

6 Sergeant Bluff-Luton 'A'	1:05.59	1
1) Matthew George	2) Chet Kaiser	
3) Jason Reynders	4) Nate Glisar	
7 Gehlen Catholic Boys 'A'	1:05.87	1
1) Peyton Bouma 12	2) Solomon Freking 11	
3) Lucas Hunt 11	4) Ryley Price 11	
8 South Sioux City 'A'	1:17.82	2
1) Chase Love 12	2) Jensen Wallace 09	
3) Jonathon Quintana 09	4) Brandon Powell 12	

Boys High Jump OHS

Starting height 5'10"

Meet: M 6-10 4/20/1989 Darwin VanderHoef, Rock Valley

Name	Year	School	Finals	
1 Lane Rohrich	12	Pierce	6-04.00	1.93m
2 Cody Durbin	10	Oa-Bcig	J6-04.00	1.93m
3 Nate Glisar		Sgt. Bluff-Luton	J6-04.00	1.93m
4 Zach Cassens	12	Lawton-Bronson	J6-04.00	1.93m
5 Louis Noel	12	Bishop Heelan	6-02.00	1.87m
6 Calvin Korver	10	Unity Christian	5-10.00	1.77m
7 Joe Hayden	10	Kingsley-P/WC	J5-10.00	1.77m
8 Matthew George		Sgt. Bluff-Luton	J5-10.00	1.77m
8 Marcus Winterfeld	10	Sioux Center	J5-10.00	1.77m
10 Cameron Cantrall	09	Spencer	5-08.00	1.72m
10 Will Karrer	10	Bishop Heelan	5-08.00	1.72m
10 Mason Wickers	10	Le Mars	5-08.00	1.72m
13 Jonathon Quintana	09	South Sioux City	J5-08.00	1.72m
-- Caleb Jennings	11	Spirit Lake	NH	
-- Blake Hamar	12	Ponca	NH	
-- Connor Henze	10	Elk Pt Jeff SD	NH	
-- Spencer Smith	12	Glenwood	NH	
-- Jayden Wurth	11	Kingsley-P/WC	NH	
-- Austin Fagen	12	Spirit Lake	NH	
-- Dane Kruse	11	Glenwood	NH	

Boys Long Jump OHS

Meet: M 22-03 4/20/1961 Lloyd Mattews, SC Central

Name	Year	School	Finals	Wind	
1 Tyler Cropley	12	Bishop Heelan	21-04.25	NWI	6.50m
20-10.25(NWI) 20-09.75(NWI) 21-04.25(NWI) 20-06.75(NWI) 20-08.75(NWI)					FOUL
2 Austin Folsom	11	Spirit Lake	20-05.00	NWI	6.22m
20-05(NWI) 20-02(NWI) 20-01.25(NWI) 19-04(NWI) 19-05(NWI)					FOUL
3 Nick Bousquet	12	Bishop Heelan	20-04.75	NWI	6.21m
20-04.75(NWI) 20-02.75(NWI) 19-08.25(NWI) 19-01(NWI) 19-00(NWI)					FOUL
4 Xavier Scarlett	11	Sioux City North	20-01.50	NWI	6.13m
FOUL 20-01.50(NWI) FOUL FOUL FOUL FOUL					
5 Eli Engebretson	12	Le Mars	19-08.75	NWI	6.01m
19-08.75(NWI) 19-02.25(NWI) 19-04.50(NWI) FOUL					18-04.25(NWI) 19-05.50(NWI)
6 Malik Rasch	11	Spencer	19-04.00	NWI	5.89m
18-09.75(NWI) 19-04(NWI) 18-09.25(NWI) 18-05.75(NWI) 19-02.50(NWI) 18-10.50(NWI)					

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Boys Long Jump OHS

7	Kyle Grudle	10 Glenwood	J19-04.00	NWI	5.89m
	FOUL FOUL	19-04(NWI) 17-11(NWI) FOUL	FOUL		
8	Jose Maldonado	10 South Sioux City	19-00.50	NWI	5.80m
	18-05.75(NWI) 18-09.50(NWI)	18-09(NWI) FOUL	18-09.75(NWI) 19-00.50(NWI)		
9	Ross Godfrey	10 Sioux City East	18-09.50	NWI	5.72m
	18-02(NWI) 18-01.50(NWI)	18-09.50(NWI) FOUL	FOUL	18-08.50(NWI)	
10	Taylon Flemister	09 Sioux City East	18-08.50	NWI	5.70m
	18-08(NWI) 18-08.50(NWI)	FOUL			
11	Matt Buenger	11 Sheldon	18-08.25	NWI	5.69m
	FOUL 18-08.25(NWI)	FOUL			
12	Zach Heaton	12 Ponca	18-07.25	NWI	5.67m
	17-02.50(NWI) FOUL	18-07.25(NWI)			
13	Joseph Keegan	12 Sioux City West	18-07.00	NWI	5.66m
	FOUL 18-07(NWI)	FOUL			
14	Michael Walsh	11 Ponca	18-03.25	NWI	5.56m
	17-11.75(NWI) 18-00.50(NWI)	18-03.25(NWI)			
15	John Van Scoy	11 Glenwood	17-11.75	NWI	5.48m
	17-11.75(NWI) FOUL	FOUL			
16	Chris Gillaspie	10 Westwood	17-09.25	NWI	5.41m
	FOUL 17-09.25(NWI)	FOUL			
17	Brady Starkel	10 Pierce	17-08.25	NWI	5.39m
	17-04(NWI) FOUL	17-08.25(NWI)			
18	Phuoc San	10 Sioux City North	17-05.00	NWI	5.30m
	17-05(NWI) 17-03.25(NWI)	FOUL			
19	Silas Buss	09 Le Mars	17-04.50	NWI	5.29m
	17-04.50(NWI) FOUL	FOUL			
19	Austin Fagen	12 Spirit Lake	17-04.50	NWI	5.29m
	17-04.50(NWI) FOUL	FOUL			
21	Caleb DeRocher	11 West Monona	17-02.50	NWI	5.24m
	17-02.50(NWI) FOUL	FOUL			
22	Brady Wall	Sgt. Bluff-Luton	17-00.50	NWI	5.19m
	17-00.50(NWI) FOUL	FOUL			
23	Dylan Wunschel	09 Oa-Bcig	16-07.25	NWI	5.06m
	16-07.25(NWI) FOUL	FOUL			
24	Walker Raabe	09 Pierce	16-00.00	NWI	4.87m
	16-00(NWI) FOUL	FOUL			
--	Anteras Ashley	10 Lawton-Bronson		FOUL	
	FOUL FOUL	FOUL			

Boys Shot Put OHS

Standard measurement 45'

Meet: M 58-11 4/20/2011 Justin Baker, Bishop Heelan

Name Year School Finals

1	Colton Phelps	12 Kingsley-P/WC	50-10.00	15.49m
	49-10 50-04.50 50-07.50	50-10 FOUL 49-09		
2	Chance Tatman	12 Spencer	48-04.50	14.74m
	FOUL 48-04.50 48-00	45-09 47-06 45-08		
3	Mike Harriman	11 Cb, Abraham Lincoln	47-11.00	14.60m
	45-10 47-11 47-03	46-05 FOUL FOUL		
4	Austin Langston	12 Sioux City North	47-03.00	14.40m
	44-05 46-09.50 47-03	FOUL 45-07 FOUL		
5	Nick Norton	12 Sioux City North	46-09.00	14.24m
	46-07.50 45-08 FOUL	45-00 46-09 FOUL		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys Shot Put OHS**

6	Max Stewart	12	Sioux City North	46-05.50	14.16m
	46-05.50 FOUL 43-01 FOUL FOUL 42-06				
7	John Alexa	10	Sioux City East	46-03.00	14.09m
	46-03 FOUL 43-06 45-07 44-07.50 42-08				
8	Jacob Jenness	12	Spirit Lake	45-09.00	13.94m
	44-09 43-11 42-07.50 45-09 42-05 FOUL				
9	Jason Lupkes	12	Dakota Valley	43-05.00	13.23m
	43-05 42-06 FOUL				
10	Landon Paulsen	11	Kingsley-P/WC	42-11.00	13.08m
	39-06 40-05 42-11				
11	Paxton De Haan	10	Unity Christian	42-08.50	13.01m
	40-05 41-11 42-08.50				
12	Jordan Brandon	12	Elk Pt Jeff SD	42-08.00	13.00m
	42-04.50 41-00 42-08				
13	James Stark	12	Ponca	42-04.50	12.91m
	40-00 42-04.50 42-04.50				
14	Jacob Sandoz		Sgt. Bluff-Luton	41-08.50	12.71m
	41-08.50 FOUL FOUL				
15	Gabe Gaither	11	South Sioux City	40-10.50	12.45m
	FOUL 40-10.50 40-00				
16	Trey Kroeze	10	Unity Christian	40-05.00	12.31m
	40-05 FOUL 39-08				
17	Justin Pachl	12	Glenwood	40-03.00	12.26m
	FOUL 40-03 39-07				
18	Garrett Rohlk	12	Oa-Bcig	39-11.00	12.16m
	39-11 39-05 FOUL				
19	Juan Marquez	10	Sioux City East	39-07.00	12.06m
	34-01 37-05 39-07				
19	Ethan Fahrendholz	10	Sioux City East	39-07.00	12.06m
	39-02 39-07 FOUL				
21	Parker Junjohan	10	Spirit Lake	39-00.00	11.88m
	37-06 39-00 38-08				
22	Caleb Stingley	10	South Sioux City	38-08.50	11.79m
	FOUL 38-08.50 38-04				
23	Eric Montes	09	Sioux City West	38-06.00	11.73m
	38-06 FOUL FOUL				
24	Patrick Livermore	12	Gehlen Catholic	38-04.00	11.68m
	FOUL 37-06 38-04				
25	Tanner Rensink	10	Sioux Center	37-08.00	11.48m
	37-08 37-04 37-06				
26	Nate Serrano	10	Glenwood	37-05.00	11.40m
	37-05 37-04 37-01				
27	Bryce Bomgaars	09	Moc-Fv	37-01.00	11.30m
	35-10 37-01 36-06				
28	Mitchell De Jong	10	Moc-Fv	35-02.00	10.71m
	34-07 35-02 34-00				

Boys Discus Throw OHS

Standard measurement 125'

Meet: M 178-00 4/20/2011 Justin Baker, Bishop Heelan

Name Year School Finals

1	Colton Phelps	12	Kingsley-P/WC	168-01	51.23m
	125-07 FOUL FOUL 168-01 155-08 161-00				

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys Discus Throw OHS**

2	Colton Tracy	09 Cb, Abraham Lincoln	167-10	51.15m
	144-05 150-05 147-03	145-02 FOUL 167-10		
3	Austin Langston	12 Sioux City North	164-09	50.21m
	142-01 151-06 151-11	152-03 FOUL 164-09		
4	Jason Lupkes	12 Dakota Valley	145-00	44.19m
	132-10 141-05 144-02	FOUL 145-00 143-04		
5	Trevor Westhoff	11 Le Mars	144-03	43.96m
	131-02 144-03 142-08	143-07 141-01 136-07		
6	Chance Steward	12 Spencer	143-00	43.58m
	112-06 142-05 143-00	135-02 FOUL FOUL		
7	Garrett Rohlk	12 Oa-Bcig	137-08	41.96m
	135-01 137-08 FOUL	FOUL FOUL FOUL FOUL		
8	Levi Paulsen	11 Kingsley-P/WC	136-02	41.50m
	FOUL 136-02 FOUL	FOUL FOUL FOUL FOUL		
9	Jacob Jenness	12 Spirit Lake	135-07	41.32m
	FOUL 135-07 FOUL	FOUL 125-10 128-08		
10	Braden Taylor	11 Pierce	133-10	40.79m
	133-10 129-09 FOUL			
11	Nick Norton	12 Sioux City North	128-02	39.06m
	117-08 128-02 125-02			
12	CJ Geary	12 Elk Pt Jeff SD	123-10	37.74m
	118-11 FOUL 123-10			
13	Dru Little	11 Glenwood	122-05	37.31m
	119-06 122-05 122-03			
14	Brandon Powell	12 South Sioux City	122-01	37.21m
	FOUL 102-05 122-01			
15	Chet Kaiser	Sgt. Bluff-Luton	118-03	36.04m
	FOUL FOUL 118-03			
16	Calvin Korver	10 Unity Christian	115-05	35.17m
	115-05 FOUL FOUL			
17	Cody Wernimont	10 Spirit Lake	110-00	33.52m
	110-00 FOUL FOUL			
18	Bryce Bomgaars	09 Moc-Fv	106-10	32.56m
	106-10 FOUL FOUL			
19	Caleb Stingley	10 South Sioux City	102-03	31.16m
	102-03 FOUL FOUL			
20	Paxton De Haan	10 Unity Christian	96-01	29.28m
	96-01 FOUL FOUL			
21	Kody Gray	09 Westwood	93-00	28.34m
	FOUL 93-00 FOUL			
22	Cody Reed	12 Elk Pt Jeff SD	87-07	26.69m
	87-07 FOUL FOUL			
23	Andrew Donnelly	09 Westwood	73-08	22.45m
	FOUL 73-08 FOUL			
--	Nate Serrano	10 Glenwood	FOUL	
	FOUL FOUL FOUL			
--	Max Stewart	12 Sioux City North	FOUL	
	FOUL FOUL FOUL			

Boys 800 Meter Run Freshman Boys

=====			
Meet: M 2:13.63 4/13/2012 Ben Eastman, Bishop Heelan			
Name	Year	School	Finals
=====			
1	Ian Joyce	09 Bishop Heelan	2:12.58M

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 800 Meter Run Freshman Boys**

2	Siraj Abdella	09	Sioux City North	2:14.01
3	Phoenix Larned	09	Sioux City West	2:16.69
4	Camden Beller	09	Sioux City North	2:18.35
5	Connor Ritz	09	Bishop Heelan	2:18.67
6	Kyle Kliever	09	Le Mars	2:22.76
7	Devon Fritz	09	Oa-Bcig	2:23.09
8	Abdul Mohammed	09	South Sioux City	2:24.13
9	Brian Robles	09	South Sioux City	2:26.13

Boys 4x100 Meter Relay Freshman Boys

2 turn stagger

Meet: M 46.33 4/20/2007 Bishop Heelan, Bishop Heelan
P. Ives, K. Kinney, C. Wegher, N. Berger

School Finals

1	Sioux City North 'A'	47.74
	1) Rashan Davis 09	2) Max Vollmer 09
	3) Tyler Kempema 09	4) Jailen Billings 09
2	Bishop Heelan 'A'	47.88
	1) Mason Heaton 09	2) Jesse Lease 09
	3) Hunter Pearson 09	4) Max Miller 09
3	Le Mars 'A'	48.96
	1) Silas Buss 09	2) Brady Kommes 09
	3) Keaton Cander 09	4) Colin Nemmers 09
4	Oa-Bcig 'A'	48.98
	1) Elliot Bengford 09	2) Adam Grote 09
	3) Parker Clausen 09	4) Dylan Wunschel 09
5	Sioux City East 'A'	49.25
	1) Lucas Drent 09	2) Trea Robinson 09
	3) Christian Cabney 09	4) Taylon Flemister 09
6	Sioux City West 'A'	51.89
	1) Michael Verdin 09	2) Kaleb Thompson 09
	3) Thomas Worden 09	4) Johnson Roeun 09
--	South Sioux City 'A'	NT

Boys 4x200 Meter Relay Freshman Boys

4 turn stagger

Meet: M 1:36.49 4/20/2000 SC West, SC West
J. Miller, S. Olorundami, C. Tran, J. Johnikin

School Finals

1	Bishop Heelan 'A'	1:41.36
	1) Brayden Logan 09	2) Jesse Lease 09
	3) Hunter Pearson 09	4) Max Miller 09
2	Le Mars 'A'	1:41.60
	1) Silas Buss 09	2) Brady Kommes 09
	3) Keaton Cander 09	4) Colin Nemmers 09
3	Sioux City East 'A'	1:41.79
	1) Lucas Drent 09	2) Trea Robinson 09
	3) Christian Cabney 09	4) Taylon Flemister 09
4	Oa-Bcig 'A'	1:41.88
	1) Aeden Hickey 09	2) Adam Grote 09
	3) Parker Clausen 09	4) Dylan Wunschel 09

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x200 Meter Relay Freshman Boys**

5	Sioux City North 'A'		1:47.80
	1) Tyler Schoepfer 09	2) Kale Kisling 09	
	3) Rashan Davis 09	4) Tyler Kempema 09	
6	Sioux City West 'A'		1:48.64
	1) Michael Verdin 09	2) Kaleb Thompson 09	
	3) Thomas Worden 09	4) Johnson Roeun 09	

Boys 4x400 Meter Relay Freshman Boys

3 turn stagger			
Meet:	M 3:40.64	4/13/2012	Bishop Heelan, Bishop Heela T Smith, D Kasperbauer, B Bogenrief, T Tobin
School			Finals

1	Le Mars 'A'		3:50.03
	1) Silas Buss 09	2) Brady Kommes 09	
	3) Kyle Kliever 09	4) Colin Nemmers 09	
2	South Sioux City 'A'		3:52.15
	1) Alex Coss 09	2) Jonathon Quintana 09	
	3) Brian Robles 09	4) Jensen Wallace 09	
3	Bishop Heelan 'A'		3:53.04
	1) Timmy Winders 09	2) Keagan Heaton 09	
	3) Jesse Lease 09	4) Max Miller 09	
4	Oa-Bcig 'A'		4:04.47
	1) Aeden Hickey 09	2) Elliot Bengford 09	
	3) Parker Clausen 09	4) Adam Grote 09	
5	Sioux City North 'A'		4:04.98
	1) Camden Beller 09	2) Jorge Jacobson 09	
	3) Tyler Schoepfer 09	4) Kale Kisling 09	
6	Sioux City East 'A'		4:19.08
	1) Taylon Flemister 09	2) Sean Collins 09	
	3) Cole Magnuson 09	4) Kody Peters 09	

Boys 4x100 Meter Relay 6th Grade

2 turn stagger			
Meet:	M 1:00.15	4/13/2012	West Middle School, West Mi C Morris, C Berke, C Sulsberger, C Antle
School			Finals

1	East Middle School 'A'		59.55M
2	West Middle School 'B'		1:01.85
3	West Middle School 'A'		1:01.88
4	North Middle 'A'		1:03.78

Boys 4x100 Meter Relay 7th Grade

2 turn stagger			
Meet:	M 50.83	4/13/2012	Sbl MS Boys, SBL MS A Zoss, D Moore, N Maxfield, B Wall
School			Finals

1	Sbl Middle 'A'		51.05
	1) Gabe Warren 07	2) Zach Shultz 07	
	3) Drew Mathison 07	4) Britton Delperdang 07	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x100 Meter Relay 7th Grade**

2 East Middle School 'A'	51.98
1) Derich Torres 07	2) Bradley Hines 07
3) Alex Kleider 07	4) Kyle Burns 07
3 West Middle School 'A'	53.33
1) Hiatt Holman 07	2) Micah McWell 07
3) Connor James 07	4) Cliff McCray 07
4 North Middle 'A'	54.83
1) Matt Hagen 07	2) Deven Pace 07
3) Jeffrey Rivas 07	4) Hunter Krommenhoek 07
5 Dakota Valley Middle 'A'	54.97
1) Ben Carter 07	2) Sam Chesterman 07
3) Cole Schulz 07	4) Jevin Kratz 07
6 South Sioux Middle Boys 'A'	55.10
1) Isaac Wragge 07	2) Brad Hartnett 07
3) Edgar Perez 07	4) Dylan McGuire 07

Boys 4x200 Meter Relay 7th Grade

Meet: M 1:48.90 4/13/2012 Sbl MS Boys, SBL MS
A Zoss, C Laughlin, P Zoss, B Wall

School	Finals
1 Sbl Middle 'A'	1:49.82
1) Gabe Warren 07	2) Sam DeMoss 07
3) Zach Shultz 07	4) Britton Delperdang 07
2 East Middle School 'A'	1:51.87
1) Bradley Hines 07	2) Aiden Vanderloo 07
3) Alex Kleider 07	4) Kyle Burns 07
3 West Middle School 'A'	1:55.05
1) Micah McWell 07	2) Hiatt Holman 07
3) Austin Streeter 07	4) Quincy Brown 07
4 North Middle 'A'	2:02.11
1) Ethan Sorensen 07	2) Deven Pace 07
3) Matt Hagen 07	4) Hunter Krommenhoek 07
-- South Sioux Middle Boys 'A'	DNF
1) Isaac Wragge 07	2) Brad Hartnett 07
3) Edgar Perez 07	4) Dylan McGuire 07
-- Dakota Valley Middle 'A'	DQ
1) Ben Carter 07	2) Sam Chesterman 07
3) Cole Schulz 07	4) Jevin Kratz 07

Boys 800 Meter Run 8th Grade

Meet: M 2:20.29 4/18/2009 Austin Fritza, South Sioux

Name	Year School	Finals
1 Andrew Reyna-Zapon	08 West Middle School	2:19.81M
2 Miles Scott	08 Sbl Middle	2:27.16
3 Cole Taylor	08 East Middle School	2:29.21
4 Parker Burrack	08 North Middle 8	2:31.47
5 Tyler Roeder	08 Sbl Middle	2:34.50
6 Chrisian Peterson	08 East Middle School	2:35.56
7 D'Von LaPointe	08 Ssc Middle Boys	2:36.97
8 Jordan Kordell	08 North Middle 8	2:45.12

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 4x100 Meter Relay 8th Grade**

2 turn stagger

Meet: M 48.65 4/16/1993 , East Middle

School Finals

1 West Middle School 'A'	49.21
1) Chase Antle 08	2) Saybein Clark 08
3) Brian Carabante 08	4) Andrew Reyna-Zapon 08
2 Sbl Middle 'A'	50.63
1) Matt Millie 08	2) Ty Boekelmann 08
3) Kody Loofe 08	4) Alex Freiberg 08
3 East Middle School 'A'	50.97
1) Keshawn Rainey 08	2) James Page 08
3) Phillip Moon 08	4) Van Rees 08
4 South Sioux Middle Boys 'A'	51.68
1) Nathan Canoles 08	2) Shukri Irre 08
3) Evan Nassau 08	4) Isiah Rose 08
5 North Middle 8 'A'	52.79
1) Caleb Dennis 08	2) Martin Garcia 08
3) Jon Ford 08	4) Jayse Martineck 08

Boys 4x200 Meter Relay 8th Grade

Meet: M 1:44.62 4/18/2009 North Middle School, North

D. Grundberry G. Hays A. Dicus B. Meachum

School Finals

1 West Middle School 'A'	1:43.69M
1) Chase Antle 08	2) Saybein Clark 08
3) Lupe Perez	4) Andrew Reyna-Zapon 08
2 Sbl Middle 'A'	1:47.43
1) Matt Millie 08	2) Matt Stangel 08
3) Ty Boekelmann 08	4) Alex Freiberg 08
3 East Middle School 'A'	1:51.07
1) Keshawn Rainey 08	2) James Page 08
3) Josh Nutt 08	4) Van Rees 08
4 North Middle 8 'A'	1:51.91
1) Caleb Dennis 08	2) Brandon Hughes 08
3) Jayse Martineck 08	4) Mark Moos 08
5 South Sioux Middle Boys 'A'	1:53.19
1) Shukri Irre 08	2) Isiah Rose 08
3) D'Von LaPointe 08	4) Nathan Canoles 08

Boys 4x400 Meter Relay 8th Grade

Meet: M 4:00.98 4/17/2010 East Middle, East Middle

T Bradley, D Peterson, G Kirwan, C Lilly

School Finals

1 West Middle School 'A'	4:02.85
1) Chase Antle 08	2) Darius Moore 08
3) Brian Carabante 08	4) Andrew Reyna-Zapon 08
2 East Middle School 'A'	4:11.27
1) Josh Nutt 08	2) Alex Garcia 08
3) James Page 08	4) Van Rees 08
3 North Middle 8 'A'	4:12.92

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x400 Meter Relay 8th Grade**

1) William Zeman 08	2) Martin Garcia 08	
3) Mark Moos 08	4) Parker Burrack 08	
4 Sbl Middle 'A'		4:13.70
1) Ty Boekelmann 08	2) Miles Scott 08	
3) Alex Freiberg 08	4) Kody Loofe 08	
5 South Sioux Middle Boys 'A'		4:21.38
1) Isiah Rose 08	2) Nathan Canoles 08	
3) Trey Meier 08	4) D'Von LaPointe 08	

Boys 100 Meter Dash Elite

Meet: M 10.83 4/14/2012 Darius Pearson, SC West

Name	Year	School	Finals	Wind
1 Ronald Nash	12	Sioux City East	11.08	2.7
2 Xavier Scarlett	11	Sioux City North	11.29	2.7
3 Philip Jacobson	12	Bishop Heelan	11.33	2.7
4 Brady Wall		Sgt. Bluff-Luton	11.35	2.7
5 Austin Folsom	11	Spirit Lake	11.36	2.7
6 Brett Prenger	11	Lawton-Bronson	11.49	2.7
7 Travis Zevenbergen	09	Unity Christian	11.77	2.7

Boys 110 Meter Hurdles Elite

Meet: M 14.41 4/20/2002 Derek Casey, Cherokee

Name	Year	School	Finals	Wind
1 Dylon Van't Hof	12	Sioux Center	14.99	3.2
2 Louis Noel	12	Bishop Heelan	15.31	3.2
3 Chris Hatting	12	Le Mars	15.76	3.2
4 Jacobus Noble	10	Sioux City North	15.83	3.2
5 Reece Jackson	12	Marcus Mmc	15.85	3.2
6 Cody Mowery	12	Spencer	15.96	3.2
7 Dane Kruse	11	Glenwood	16.00	3.2
8 Tyson Samsel	12	Spencer	16.27	3.2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 100 Meter Dash UCO**

Meet: M 10.35 4/17/1994 Keith Green, Morningside

Name Year School Prelims Wind H#

Preliminaries

1	Breyan Miller	JR Dickinson State	10.57q	0.9	9
2	Tanner Townsend	FR Sioux Falls	10.84q	0.1	8
3	Jeriah Dunk	SR Northwestern (Ia)	10.88q	+0.0	5
4	Johnny Biacofsky	SR Unattached	10.89q	-0.3	2
5	Jason Greenway	SO Augustana (Sd)	11.01q	-0.3	2
6	Kaleb Lindsey-Stevens	SR Sioux Falls	11.03q	0.2	7
7	Andrew Johnson	JR Northern State	11.05q	0.5	6
8	Jake Floen	SO Dordt	11.06q	-0.4	4
9	Braxton Adams	FR Unattached	11.07	-0.4	4
10	Christian Nielsen	SO South Dakota	11.12	-1.2	3
11	Justin Greenway	SO Augustana (Sd)	11.14	0.3	1
12	Zach Rothering	FR South Dakota	11.16	0.2	7
13	Jon Dinius	SR Dickinson State	11.17	+0.0	5

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 100 Meter Dash UCO**

14	Spencer Carlson	FR Dakota St	11.18	0.1	8
15	Alex Van Roekel	SO Northwestern (Ia)	11.19	0.2	7
16	Mike King	SR Wayne State College	11.27	-1.2	3
17	Jesse Selgeby	SR Northwestern (Ia)	11.36	0.9	9
17	Frank Wallace	SR Briar Cliff	11.36	0.2	7
19	Koray Karakas	SO Northwestern (Ia)	11.41	+0.0	5
20	Scott Strand	JR Northwestern (Ia)	11.42	0.1	8
21	Zach Ely	SO Dakota St	11.43	0.1	8
22	Trevor Jacobsen	FR Dakota St	11.44	0.9	9
23	Preston Nibaur	SR Morningside	11.45	0.5	6
24	Eric Peters	JR Morningside	11.48	-0.3	2
25	Martin Hargrove	FR Dakota St	11.52	0.9	9
26	Josh Alden	Unattached	11.53	0.5	6
26	Dion Helgelien	FR Sioux Falls	11.53	0.5	6
28	William Ernst	JR Wayne State College	11.54	0.3	1
29	Daniel Fennig	JR Dordt	11.56	0.3	1
30	Mason Frank	SO Dickinson State	11.59	+0.0	5
31	Trai Pratt	FR Dickinson State	11.83	-1.2	3
32	Trevor DeSchepper	FR Augustana (Sd)	11.85	0.1	8
33	Dominique Samuel	SR Wayne State College	11.92	0.5	6
34	Evan Schreiner	SR Jamestown	11.93	+0.0	5
34	Kyle Kinney	SO Morningside	11.93	0.3	1
36	Brennan Dorsey	SO Northwestern (Ia)	11.94	0.1	8
37	Michael Hust	FR Jamestown	11.95	0.3	1
38	Camren Pitre	JR Dordt	11.96	0.5	6
39	Richard Hanna	FR Jamestown	12.11	0.2	7
39	Colin Linde	FR Mount Marty College	12.11	0.9	9
41	Justin Larsen	FR Jamestown	12.12	-0.4	4
42	Jake Auerbach	FR Northwestern (Ia)	12.19	-0.3	2
43	Tyler Streif	SO Jamestown	12.22	0.5	6
44	Jagger Gran	SO Sioux Falls	12.28	+0.0	5
45	Derek Van Kooten	FR Dordt	12.36	-1.2	3
45	Cody Clark	FR Wayne State College	12.36	-0.4	4
45	Jedd Schlicht	FR Dakota Wesleyan	12.36	-0.3	2
48	Jordan Dorsey	SR Northwestern (Ia)	12.44	0.3	1
49	Bryce Peterson	FR Mount Marty College	12.50	0.9	9
50	Adrian Fisher	SO Dickinson State	12.58	-0.4	4
51	Noah Behrens	FR Briar Cliff	12.69	+0.0	5

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 100 Meter Dash UCO**

=====

Meet: M 10.35 4/17/1994 Keith Green, Morningside

Name Year School Finals Wind

=====

Finals

1	Breyan Miller	JR Dickinson State	10.45	2.7
2	Johnny Biacofsky	SR Unattached	10.75	2.7
3	Jeriah Dunk	SR Northwestern (Ia)	10.79	2.7
4	Andrew Johnson	JR Northern State	10.90	2.7
5	Kaleb Lindsey-Stevens	SR Sioux Falls	10.95	2.7
6	Jake Floen	SO Dordt	11.02	2.7

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Preliminaries

2 Tanner Townsend
5 Jason Greenway
9 Braxton Adams

FR Sioux Falls
SO Augustana (Sd)
FR Unattached

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 100 Meter Dash UCO**

10	Christian Nielsen	SO	South Dakota
11	Justin Greenway	SO	Augustana (Sd)
12	Zach Rothering	FR	South Dakota
13	Jon Dinius	SR	Dickinson State
14	Spencer Carlson	FR	Dakota St
15	Alex Van Roekel	SO	Northwestern (Ia)
16	Mike King	SR	Wayne State College
17	Jesse Selgeby	SR	Northwestern (Ia)
17	Frank Wallace	SR	Briar Cliff
19	Koray Karakas	SO	Northwestern (Ia)
20	Scott Strand	JR	Northwestern (Ia)
21	Zach Ely	SO	Dakota St
22	Trevor Jacobsen	FR	Dakota St
23	Preston Nibaur	SR	Morningside
24	Eric Peters	JR	Morningside
25	Martin Hargrove	FR	Dakota St
26	Josh Alden		Unattached
26	Dion Helgelien	FR	Sioux Falls
28	William Ernst	JR	Wayne State College
29	Daniel Fennig	JR	Dordt
30	Mason Frank	SO	Dickinson State
31	Trai Pratt	FR	Dickinson State
32	Trevor DeSchepper	FR	Augustana (Sd)
33	Dominique Samuel	SR	Wayne State College
34	Kyle Kinney	SO	Morningside
34	Evan Schreiner	SR	Jamestown
36	Brennan Dorsey	SO	Northwestern (Ia)
37	Michael Hust	FR	Jamestown
38	Camren Pitre	JR	Dordt
39	Richard Hanna	FR	Jamestown
39	Colin Linde	FR	Mount Marty College
41	Justin Larsen	FR	Jamestown
42	Jake Auerbach	FR	Northwestern (Ia)
43	Tyler Streif	SO	Jamestown
44	Jagger Gran	SO	Sioux Falls
45	Derek Van Kooten	FR	Dordt
45	Cody Clark	FR	Wayne State College
45	Jedd Schlicht	FR	Dakota Wesleyan
48	Jordan Dorsey	SR	Northwestern (Ia)
49	Bryce Peterson	FR	Mount Marty College
50	Adrian Fisher	SO	Dickinson State
51	Noah Behrens	FR	Briar Cliff

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 200 Meter Dash UCO**

Name	Year	School	Finals	Wind	H#
Finals					
1 Breyan Miller	JR	Dickinson State	21.04	2.5	2
2 Jeriah Dunk	SR	Northwestern (Ia)	21.68	2.5	2
3 Rusty Muncy	SO	Briar Cliff	21.69	2.5	2
4 Christian Nielsen	SO	South Dakota	21.76	2.5	2
5 Robert Iron Shell	FR	Briar Cliff	21.86	3.5	1
6 Andrew Johnson	JR	Northern State	21.93	2.5	2
7 Jake Floen	SO	Dordt	22.06	3.5	1

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****...Men 200 Meter Dash UCO**

8	Alex Van Roekel	SO	Northwestern (Ia)	22.34	3.5	1
9	Zach Rothering	FR	South Dakota	22.51	2.5	2
10	Mike King	SR	Wayne State College	22.58	3.5	1
11	William Ernst	JR	Wayne State College	22.76	3.5	1
12	Preston Nibaur	SR	Morningside	22.89	3.5	1
13	Kaleb Lindsey-Stevens	SR	Sioux Falls	23.31	2.5	2

Men 400 Meter Dash UCO

=====						
Meet: M 46.22 4/20/1996 Lionel McPhaul, South Dakota						
Name	Year	School	Finals	H#		
=====						
1	Aduo Omot	SR	Augustana (Sd)	48.97	6	
2	Robert Iron Shell	FR	Briar Cliff	49.30	5	
3	Augustus Cowan	JR	Briar Cliff	49.69	5	
4	Rusty Muncy	SO	Briar Cliff	49.98	5	
5	Josiah Eckels	FR	Dordt	50.03	5	
6	Nick Misukanis	JR	Morningside	50.23	4	
7	Michael Palczewski	FR	Dickinson State	50.43	5	
8	Myren Moore		Dickinson State	50.46	6	
9	Corey Gill	JR	Dickinson State	50.53	6	
10	Skyler Kuil	JR	Augustana (Sd)	50.69	6	
11	Austin King	SR	Northwestern (Ia)	50.81	2	
11	Nigel Christianson	FR	Gillette College	53.23		
12	Mickey Doerr	SR	Wayne State College	51.08	4	
13	Dillian Broadnax	SR	Briar Cliff	51.57	5	
14	Joe Roden	SO	Unattached	51.63	3	
15	Michael Whitehead	FR	Morningside	51.64	4	
15	William Dougherty	FR	Unattached	51.64	6	
17	Dalton De Haan	FR	Northwestern (Ia)	51.75	2	
18	Jeremy Botzet	JR	Augustana (Sd)	51.89	4	
19	Ethan Van Briesen	JR	Morningside	51.93	4	
20	Jordan Strand	FR	Northwestern (Ia)	52.40	3	
21	Cory Eberle	FR	Sioux Falls	52.44	4	
22	Ross Rozeboom	FR	Dordt	52.56	3	
23	Aaron Tudor	SR	Dordt	52.80	1	
24	Tyler Figge	SR	Morningside	52.96	2	
25	Tom Sittig	FR	Augustana (Sd)	52.98	3	
26	Tyler Volesky	SR	Dakota Wesleyan	53.11	2	
27	Chad Kischer	JR	Northwestern (Ia)	53.14	2	
28	Paul Johnson		Unattached	53.23	1	
29	Kayne Feldick	SO	Morningside	53.41	3	
30	Jared Truman	SO	Dakota St	53.58	3	
31	Rodrigo Cobian	FR	Morningside	53.70	2	
32	Sam Malan	FR	Dordt	53.83	2	
33	Brian Sterk		Nwc JV	54.46	1	
34	Trevor Johnson	SO	Dordt	54.58	1	
35	Adrian Paet-Bullaoit	JR	Jamestown	55.26	1	
36	Garrett Wall	FR	Morningside	56.70	5	
37	Peter Schukking	FR	Augustana (Sd)	57.32	1	
38	Bryce Parmely	SO	Gillette College	59.42	1	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 800 Meter Run UCO**

Meet: M 1:48.89 4/20/1995 Tom Dow, Augustana				
Name	Year	School	Finals	H#
1	Monte Larsen	Unattached	1:51.44	5
2	Dante Carter	SO Dickinson State	1:51.70	5
3	Kyle Anderson	SO Northwestern (Ia)	1:52.89	5
4	Taylor Bodin	SR Northwestern (Ia)	1:52.95	5
5	Jay Welp	JR Morningside	1:53.76	5
6	Sam Wensink	FR Dordt	1:53.80	5
7	Mach Dojiok	FR South Dakota	1:53.90	5
8	Zach Thomsen	JR Wayne State College	1:54.35	5
9	Drew Schiltz	FR Morningside	1:54.49	4
10	Jeffrey Mettler	SR South Dakota	1:54.98	5
11	Henrik Hansson	SR Augustana (Sd)	1:55.55	5
12	Tim Bierma	SR Dordt	1:55.84	4
13	Brandon Krein	JR Northern State	1:56.33	4
14	Jacob Willey	SO Morningside	1:56.46	3
15	Justin Cook	JR Augustana (Sd)	1:56.52	4
16	Dustin Sandbak	SR Dickinson State	1:56.66	5
17	Stephen Nielson	JR South Dakota	1:56.69	5
18	Delano Lilly	SO Dickinson State	1:56.76	3
19	Alec DeVries	FR Morningside	1:56.81	4
20	Dylan Slaba	SO South Dakota State	1:56.85	4
21	Logan Hovland	JR Northwestern (Ia)	1:56.95	3
22	Daniel Pettit	FR South Dakota State	1:57.55	4
23	Zach Wittenberg	SR Northwestern (Ia)	1:57.62	3
24	Stephan McNamara	JR Dordt	1:57.86	4
25	Eric Koithan	JR Morningside	1:57.90	4
26	Mark Gilkerson	Northern State	1:57.92	5
27	Trent Kischer	JR Dordt	1:58.19	3
28	Skyler Giddings	JR Northwestern (Ia)	1:58.24	4
29	Elliott Johnson	SO Northwestern (Ia)	1:58.87	3
30	Ray Scheelhaase	FR Morningside	1:59.14	3
31	Austin Krier	FR Northwestern (Ia)	1:59.17	3
32	Jonathan Aman	FR Dickinson State	1:59.29	3
33	Austin Hogie	SO Sioux Falls	1:59.41	2
34	Nicholas Lindwurm	SO Northern State	1:59.44	4
35	Brad Wright	JR Unattached	1:59.47	4
36	Skyler Hulm	SO Dickinson State	1:59.91	3
37	Samuel Lopez	SR Mount Marty College	2:00.01	4
38	Chris Nordstrom	FR Unattached	2:00.34	3
39	Eamon Adamson	FR Morningside	2:00.71	3
40	Nick Schmit	FR Wayne State College	2:00.85	2
41	Sean Skillern	FR Morningside	2:00.99	1
42	Kyle Borchers	JR Morningside	2:01.55	2
43	Adam Hochstein	FR Wayne State College	2:01.73	2
44	Tyler Jensen	FR Northern State	2:02.09	3
45	Cody Jolovich	FR Gillette College	2:02.28	1
46	Matt Mayer	SO Briar Cliff	2:02.43	2
47	Ted Hanson	SO Morningside	2:02.58	2
48	Jordan Houdek	FR Mount Marty College	2:03.04	3
49	Cristian Van Dyke	JR Dordt	2:03.14	2
50	Gage Blaschke	SO Mount Marty College	2:03.65	2
51	Colby Casper	SO Morningside	2:04.88	1
52	Alec Jensen	FR Dordt	2:05.27	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****...Men 800 Meter Run UCO**

53	Ian Manske	FR Dordt	2:05.94	2
54	Elijah Dooyema	FR Sioux Falls	2:07.33	2
55	Zach Power	FR Gillette College	2:07.76	1
56	Seth Engen	FR Dordt	2:09.66	1
57	Nathan Reichert	SO Dordt	2:10.42	1
58	Sky Humbert	FR Unattached	2:10.77	1
59	Mychal Bierwagen	SR Mount Marty College	2:12.02	2
60	Daniel Patrick	SR Dickinson State	2:12.28	1
61	Christian Petrich	FR Mount Marty College	2:12.43	2
62	Isaac Baca	FR Gillette College	2:12.45	1
63	Josh Knutson	SO Jamestown	2:13.31	1
64	Joseph Finn	FR Mount Marty College	2:14.34	2
65	Quinn Groff	FR Morningside	2:15.26	1
66	Trevor Fitzpatrick	SR Unattached	2:15.48	2
67	Tyler Smith	FR Briar Cliff	2:16.84	1
68	Dalton Webster	FR Dordt	2:17.59	1
69	Steven Kelly	FR Dordt	2:20.85	2
70	Zach Groves	FR Briar Cliff	2:21.26	1

Men 1500 Meter Run UCO

Meet: M 3:51.94 4/22/1998 Chad Feeldy, South Dakota

Name	Year	School	Finals	H#
1	Dante Carter	SO Dickinson State	3:51.29M	4
2	Matt Fideler	FR Unattached	3:52.18	4
3	Jeffrey Mettler	SR South Dakota	3:52.45	4
4	Robert Brockmueller	JR Sioux Falls	3:53.22	4
5	Harald Karbo	SO Augustana (Sd)	3:53.31	4
6	Jordan Slusser	FR Augustana (Sd)	3:55.10	4
7	Monte Larsen	Unattached	3:56.46	4
8	John Klecker	SO Augustana (Sd)	3:56.63	4
9	Tim Bierma	SR Dordt	3:57.59	4
10	Mubarik Musa	FR South Dakota	4:00.03	3
11	TJ Gleason	JR Augustana (Sd)	4:00.37	3
12	Mach Dojiok	FR South Dakota	4:00.47	3
13	Nathan Hauge	JR Augustana (Sd)	4:00.72	3
14	Adam Braun	JR Augustana (Sd)	4:01.00	3
15	Glen Ellingson	SO Augustana (Sd)	4:01.10	3
16	Stephen Nielson	JR South Dakota	4:02.18	3
17	Zach Wittenberg	SR Northwestern (Ia)	4:03.17	3
18	Logan Hovland	JR Northwestern (Ia)	4:04.09	3
19	Keegan Carda	SO Augustana (Sd)	4:05.29	4
20	Eric Koithan	JR Morningside	4:05.40	3
21	Jay Welp	JR Morningside	4:05.67	4
22	Alec DeVries	FR Morningside	4:07.16	3
23	Stephan McNamara	JR Dordt	4:08.46	4
24	Blaze Kilian	SR Sioux Falls	4:10.62	3
25	Skyler Giddings	JR Northwestern (Ia)	4:11.03	3
26	Samuel Lopez	SR Mount Marty College	4:11.11	3
27	Duane Jongeling	FR Unattached	4:11.86	2
28	Jared Sutton	SO Dakota St	4:13.68	2
29	Ryan Weitgenant	SO Northwestern (Ia)	4:14.25	2
30	Cristian Van Dyke	JR Dordt	4:14.86	2
31	Caleb VanderBaan	SO Northwestern (Ia)	4:14.99	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****...Men 1500 Meter Run UCO**

32	Adam Hochstein	FR	Wayne State College	4:15.42	2
33	Gage Blaschke	SO	Mount Marty College	4:16.86	3
34	Elliot Stoltz	SO	Northwestern (Ia)	4:18.48	2
35	Garrett Wall	FR	Morningside	4:20.88	2
36	Ted Hanson	SO	Morningside	4:20.93	2
37	Blake Stevensen	SR	Sioux Falls	4:20.99	3
38	Joe Jackson	FR	Briar Cliff	4:22.29	2
39	Ian Manske	FR	Dordt	4:22.47	2
40	Zachary McCall	FR	Unattached	4:22.80	1
41	Taylor Kube	SR	Morningside	4:23.15	2
42	Ben Friederichs	FR	Southwestern	4:25.44	2
43	Cody Jolovich	FR	Gillette College	4:25.73	2
44	Jordan Houdek	FR	Mount Marty College	4:27.60	2
45	Caleb Hemphill	FR	Dakota St	4:28.26	1
46	Colby Casper	SO	Morningside	4:28.79	2
47	Christian Petrich	FR	Mount Marty College	4:31.67	2
48	Gage Beers	SO	Southwestern	4:33.99	1
49	Ovan Garcia	FR	Southwestern	4:36.08	1
50	Elijah Dooyema	FR	Sioux Falls	4:37.22	1
51	Nigel Christianson	FR	Gillette College	4:38.79	1
52	Daniel Patrick	SR	Dickinson State	4:40.63	2
53	Quinn Groff	FR	Morningside	4:41.33	1
54	Isaac Baca	FR	Gillette College	4:44.11	1
55	Aaron Ward	FR	Southwestern	4:45.16	1
56	Zach Groves	FR	Briar Cliff	4:46.52	1
57	Paul Johnson		Unattached	4:47.42	1
58	Aaron Spronk	SR	Dordt	4:50.63	1
59	Cassidy Warson	FR	Southwestern	4:52.77	1
60	Jacob Hackbarth	SO	Dordt	4:53.23	1
61	Kyle Fischer	FR	Dordt	4:55.69	1
62	Shaughn Head	SR	Briar Cliff	4:58.25	1
63	Cody Danko	FR	Unattached	5:04.35	1
64	Nate Carr	SO	Southwestern	5:08.97	1
65	Chasen Selsor	FR	Southwestern	5:16.04	1
66	Vincent Raia	SO	Mount Marty College	6:27.44	1

Men 5000 Meter Run UCO

Meet: M 14:23.61 4/21/2001 Matt Hoyt, unattached

Name	Year	School	Finals
1	Brant Haase	SO South Dakota	14:53.83
2	Mark Abrams	SO Morningside	15:36.94
3	Hunter Kopff	JR Northern State	15:51.97
4	Matt Jackson	SO Gillette College	16:02.75
5	Nathan Jackson	JR Dordt	16:09.99
6	Chance Freese	FR Augustana (Sd)	16:36.88
7	Adam Kost	FR Augustana (Sd)	16:38.03
8	Taylor Hauge	SO Dakota St	16:48.54
9	Kellan Willet	FR Dakota Wesleyan	16:51.58
10	Jacob Hemenway	JR Northern State	16:59.30
11	Ben Brockmueller	FR Dordt	17:01.76
12	Anthony Epp	JR Northwestern (Ia)	17:04.22
13	Michael Carson	FR Dakota St	17:05.10
14	Jose Martinez	JR Northwestern (Ia)	17:16.49

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 5000 Meter Run UCO**

15	Jacob Simpson	FR Morningside	17:30.41
16	David Te Krony	FR Dordt	17:41.08
17	Adam S	SO Unattached	17:43.52
18	Klinton VanHeuvine	SO Jamestown	17:49.02
19	Jeff Sahli	SO Dakota Wesleyan	18:25.31
20	Cassidy Warson	FR Southwestern	19:14.50
21	Nathan Long	FR Jamestown	19:39.03
--	Dan Larscheid	JR Morningside	DNF
--	Kyle Dietsche	FR Gillette College	DNF

Men 10000 Meter Run UCO

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 Meet: M 30:16.57 4/22/1998 James McGowan, Wayne State

Name Year School Finals

1	Mark Abrams	SO Morningside	32:19.30
2	Michael Nelson	SO Gillette College	32:38.32
3	Garret Ehlers	SR Morningside	32:42.57
4	Garang Lual	SR Wayne State College	32:47.82
5	Matt Jackson	SO Gillette College	32:56.61
6	Dan Larscheid	JR Morningside	33:08.22
7	Justin Brueggemann	FR Wayne State College	33:44.22
8	Nicholas Penning	SR Unattached	34:10.62
9	Nathan Boggess	SR Wayne State College	34:40.94
10	Jordan Pater	SR Mount Marty College	34:48.67
11	Taylor Kube	SR Morningside	35:10.63
12	Corbin Lehn	FR Wayne State College	35:32.81
13	Hunter Weinert	FR Dordt	35:47.14
14	Bryce Parmely	SO Gillette College	36:38.26
15	Nigel Christianson	FR Gillette College	36:38.97
--	Michael Hoffman	SR Dakota St	DNF

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 110 Meter Hurdles UCO**

Meet: M 14.25 4/17/1988 Charles Johnson, Morningside

Name Year School Prelims Wind H#

Preliminaries

1	Nathan Magstadt	SR Dickinson State	14.86q	-1.9	5
2	Erik Hill	JR South Dakota	14.92q	-1.5	3
3	Teivaskie Lewin	SO South Dakota	15.15q	-1.1	1
4	Kyle Reid	SR Unattached	15.28q	-0.6	2
5	Jose Chorro	FR Dickinson State	15.42q	-1.9	5
6	Erin Francis	SR Dordt	15.50q	-1.8	4
7	Kyle Heidebrink	SR Northwestern (Ia)	15.56q	-1.9	5
8	Ryan Heuer	SO Augustana (Sd)	15.61q	-0.6	2
9	Garreth Kerr	FR Dickinson State	15.73	-1.5	3
10	Hank Lentsch	FR South Dakota	15.74	-1.5	3
11	Zach Ely	SO Dakota St	15.90	-0.6	2
12	Brandon Gildemaster	FR Augustana (Sd)	15.94	-1.5	3
13	Trent Roemmich	SR Jamestown	15.95	-1.1	1
14	David Sotir	SR Dakota St	16.19	-1.5	3
15	Kaleb Garcia	SO Jamestown	16.30	-1.1	1
16	Kevon Cribb	FR Unattached	16.32	-1.8	4
17	Bennett Mercil	JR South Dakota State	16.49	-0.6	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 110 Meter Hurdles UCO**

18	Zach Jones	SO Augustana (Sd)	16.52	-1.1	1
19	Traxton Priebe	SO South Dakota State	16.55	-1.9	5
20	Jordan Moore	SO Dickinson State	16.65	-1.1	1
21	Kyle Hiser	FR Morningside	16.76	-1.5	3
22	Josh Thompson	JR Northwestern (Ia)	16.80	-1.1	1
23	William Dougherty	FR Unattached	17.07	-1.8	4
23	Tyler Wattier	JR Morningside	17.07	-1.8	4
25	Austin Mumm	JR Morningside	17.45	-0.6	2
26	Derek Roemmich	JR Jamestown	17.47	-1.9	5
27	Logan Ulmer	JR Mount Marty College	17.63	-1.9	5
28	Dillon Dahl	SO Northern State	17.78	-1.1	1
29	Peter Schukking	FR Augustana (Sd)	18.27	-0.6	2
30	William Lawrence	FR Mount Marty College	19.54	-1.9	5
31	Paul Apenhorst	SO Dakota Wesleyan	20.03	-1.8	4
--	Jonathan Nebelsick	SR Sioux Falls	DQ	-1.5	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 110 Meter Hurdles UCO**

Meet: M 14.25 4/17/1988 Charles Johnson, Morningside				
Name	Year	School	Finals	Wind
<hr/>				
Finals				
1	Teivaskie	Lewin	SO South Dakota	14.40 0.9
2	Nathan	Magstadt	SR Dickinson State	14.84 0.9
3	Erik	Hill	JR South Dakota	15.00 0.9
4	Erin	Francis	SR Dordt	15.02 0.9
4	Kyle	Reid	SR Unattached	15.02 0.9
6	Kyle	Heidebrink	SR Northwestern (Ia)	15.29 0.9
7	Jose	Chorro	FR Dickinson State	15.30 0.9
8	Ryan	Heuer	SO Augustana (Sd)	15.80 0.9

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results**

Preliminaries

9	Garreth Kerr	FR	Dickinson State
10	Hank Lentsch	FR	South Dakota
11	Zach Ely	SO	Dakota St
12	Brandon Gildemaster	FR	Augustana (Sd)
13	Trent Roemmich	SR	Jamestown
14	David Sotir	SR	Dakota St
15	Kaleb Garcia	SO	Jamestown
16	Kevon Cribb	FR	Unattached
17	Bennett Mercil	JR	South Dakota State
18	Zach Jones	SO	Augustana (Sd)
19	Traxton Priebe	SO	South Dakota State
20	Jordan Moore	SO	Dickinson State
21	Kyle Hiser	FR	Morningside
22	Josh Thompson	JR	Northwestern (Ia)
23	William Dougherty	FR	Unattached
23	Tyler Wattier	JR	Morningside
25	Austin Mumm	JR	Morningside
26	Derek Roemmich	JR	Jamestown
27	Logan Ulmer	JR	Mount Marty College
28	Dillon Dahl	SO	Northern State
29	Peter Schukking	FR	Augustana (Sd)
30	William Lawrence	FR	Mount Marty College
31	Paul Apenhorst	SO	Dakota Wesleyan
--	Jonathan Nebelsick	SR	Sioux Falls

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 400 Meter Hurdles UCO**

Meet: M 52.42 4/19/2007 Jake Hamik; Erik Hill, Northern				
Name	Year	School	Finals	H#
Finals				
1 Erik Hill	JR	South Dakota	52.76	4
2 Nathan Magstadt	SR	Dickinson State	53.01	4
3 Lukas Bernard	JR	South Dakota	53.51	4
4 Ben Van Dyke	SO	Morningside	54.79	3
5 Jared Balady	JR	Wayne State College	55.22	4
6 Zach Jones	SO	Augustana (Sd)	55.24	4
7 Kaleb Garcia	SO	Jamestown	55.39	4
8 Ryan Heuer	SO	Augustana (Sd)	55.71	3
9 Traxton Priebe	SO	South Dakota State	55.96	1
10 Kevin Martinson	SO	Northwestern (Ia)	56.86	3
11 Trent Roemmich	SR	Jamestown	58.02	3
12 Kyle Hiser	FR	Morningside	58.39	2
13 Josh Thompson	JR	Northwestern (Ia)	59.03	1
14 Austin Mack	FR	Jamestown	59.86	3
15 Steven Varela	SO	Wayne State College	1:00.05	1
16 Zach Ulmer		Unattached	1:00.34	2
17 Ryan Leise	JR	Briar Cliff	1:01.37	1
18 Dillon Dahl	SO	Northern State	1:01.47	2
19 Adrian Paet-Bullaoit	JR	Jamestown	1:01.95	2
20 Derek Roemmich	JR	Jamestown	1:01.97	2
21 Brandon Gildemaster	FR	Augustana (Sd)	1:02.35	3
22 Paul Apenhorst	SO	Dakota Wesleyan	1:07.07	1
23 William Lawrence	FR	Mount Marty College	1:11.81	1

Men 3000 Meter Steeplechase UCO

Meet: M 8:57.61 4/14/2012 Tom Karbo, Augustana			
Name	Year	School	Finals
1 Matt Fideler	FR	Unattached	9:09.49
2 Isaac Allen	SO	South Dakota	9:36.97
3 Michael Nelson	SO	Gillette College	9:39.25
4 Chris Postma	SR	Dordt	9:47.54
5 Alex Hohenthauer	FR	South Dakota	10:05.88
6 Jayce Seelig	SR	Northern State	10:11.66
7 Fabian Munoz	FR	Unattached	10:19.16
8 Mitchell Schleis	SO	Briar Cliff	10:25.59
9 Sean Skillern	FR	Morningside	10:32.69
10 Ryan McNamara	SO	Dordt	10:37.34
11 Jaden Lux	FR	Morningside	10:48.59
12 Jesus Iniquez	SR	Morningside	10:53.82
13 Ben Friederichs	FR	Southwestern	10:58.89
14 Brandon Ketchum	FR	Unattached	11:05.97
15 Mychal Bierwagen	SR	Mount Marty College	11:10.23
16 Zach Power	FR	Gillette College	11:16.53
17 Aaron Ward	FR	Southwestern	11:18.46
18 Gage Beers	SO	Southwestern	11:30.76
19 Matt Koeppe	JR	Briar Cliff	11:57.87

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 4x100 Meter Relay UCO**

2 turn stagger

Meet: M 41.28 4/22/1990 North Dakota State, North Dakota
J. Thompson M. Eckroth J. Boschee K. Cargile

School Prelims H#

Preliminaries

1	South Dakota 'A'		M 40.96q	3
	1) Jeff O'Connell JR	2) Teivaskie Lewin SO		
	3) Erik Hill JR	4) Christian Nielsen SO		
2	Dickinson State 'A'		41.45q	2
	1) Jon Dinius SR	2) Garreth Kerr FR		
	3) Nathan Magstadt SR	4) Breyan Miller JR		
3	Northwestern (Ia) 'A'		41.73q	3
	1) Jesse Selgeby SR	2) Jordan Strofaci JR		
	3) Alex Van Roekel SO	4) Jeriah Dunk SR		
4	Briar Cliff 'A'		41.75q	1
	1) Dillian Broadnax SR	2) Rusty Muncy SO		
	3) Robert Iron Shell FR	4) Frank Wallace SR		
5	Dakota St 'A'		42.55q	3
	1) D'Artist Williams SO	2) Spencer Carlson FR		
	3) Trevor Jacobsen FR	4) Martin Hargrove FR		
6	Dordt 'A'		42.66q	2
	1) Daniel Fennig JR	2) Erin Francis SR		
	3) Josiah Eckels FR	4) Jake Floen SO		
7	Augustana (Sd) 'A'		42.88q	2
	1) Brandon Gildemaster FR	2) Jason Greenway SO		
	3) Justin Greenway SO	4) Trevor DeSchepper FR		
8	Briar Cliff 'B'		42.90q	3
	1) Kevin Williams SO	2) Brandon Lindsey SO		
	3) Patrick Cisar SR	4) Alan Gerdes JR		
9	Wayne State College 'A'		42.95	2
	1) Mike King SR	2) Mickey Doerr SR		
	3) William Ernst JR	4) Derek Lahm FR		
10	Morningside 'A'		43.35	2
	1) Jay Hampton FR	2) Preston Nibaur SR		
	3) Kyle Kinney SO	4) Eric Peters JR		
11	Sioux Falls 'A'		43.69	1
	1) Benjamin Shield SR	2) Kaleb Lindsey-Stevens SR		
	3) Dion Helgelien FR	4) Tanner Townsend FR		
12	Northern State 'A'		43.79	2
	1) Till Olson FR	2) Zachery Six FR		
	3) Reggie Blader FR	4) Andrew Johnson JR		
13	Northwestern (Ia) 'B'		44.54	2
	1) Scott Strand JR	2) Brennan Dorsey SO		
	3) Koray Karakas SO	4) Jordan Strand FR		
14	Jamestown 'B'		44.55	3
	1) Tyler Streif SO	2) Justin Larsen FR		
	3) Richard Hanna FR	4) Evan Schreiner SR		
15	Dakota Wesleyan 'A'		45.79	3
	1) Jedd Schlicht FR	2) Isaac Van Essen FR		
	3) Daniel Porter SO	4) Tyler Volesky SR		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Men 4x100 Meter Relay UCO

2 turn stagger

Meet: M 41.28 4/22/1990 North Dakota State, North Dak

J. Thompson M. Eckroth J. Boschee K. Cargile

School

Finals

Finals

- 1 South Dakota 'A' 41.11M
 - 1) Jeff O'Connell JR
 - 2) Teivaskie Lewin SO
 - 3) Erik Hill JR
 - 4) Christian Nielsen SO
- 2 Dickinson State 'A' 41.37
 - 1) Jon Dinius SR
 - 2) Garreth Kerr FR
 - 3) Nathan Magstadt SR
 - 4) Breyan Miller JR
- 3 Dakota St 'A' 42.97
 - 1) D'Artist Williams SO
 - 2) Spencer Carlson FR
 - 3) Trevor Jacobsen FR
 - 4) Martin Hargrove FR
- 4 Augustana (Sd) 'A' 43.15
 - 1) Brandon Gildemaster FR
 - 2) Jason Greenway SO
 - 3) Justin Greenway SO
 - 4) Trevor DeSchepper FR
- 5 Dordt 'A' 43.84
 - 1) Daniel Fennig JR
 - 2) Erin Francis SR
 - 3) Josiah Eckels FR
 - 4) Jake Floen SO
- Briar Cliff 'A' DNF
 - 1) Dillian Broadnax SR
 - 2) Rusty Muncy SO
 - 3) Robert Iron Shell FR
 - 4) Frank Wallace SR
- Briar Cliff 'B' DNF
 - 1) Kevin Williams SO
 - 2) Brandon Lindsey SO
 - 3) Patrick Cisar SR
 - 4) Alan Gerdes JR
- Northwestern (Ia) 'A' DQ
 - 1) Jesse Selgeby SR
 - 2) Jordan Strofaci JR
 - 3) Alex Van Roekel SO
 - 4) Jeriah Dunk SR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Preliminaries

- 9 Wayne State College 'A'
- 10 Morningside 'A'
- 11 Sioux Falls 'A'
- 12 Northern State 'A'
- 13 Northwestern (Ia) 'B'
- 14 Jamestown 'B'
- 15 Dakota Wesleyan 'A'

Men 4x200 Meter Relay UCO

4 turn stagger

Meet: M 1:25.63 4/20/2000 South Dakota, South Dakota
 T. Green R. Finley P. Billing J. Kehoe

School	Prelims	H#
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- | | | |
|-------------------------|-------------------------|---|
| 1 Northwestern (Ia) 'A' | 1:29.24q | 2 |
| 1) Jesse Selgeby SR | 2) Jordan Strofaci JR | |
| 3) Alex Van Roekel SO | 4) Dalton De Haan FR | |
| 2 Augustana (Sd) 'A' | 1:30.40q | 1 |
| 1) Justin Greenway SO | 2) Trevor DeSchepper FR | |
| 3) Skyler Kuil JR | 4) Aduo Omot SR | |
| 3 Dickinson State 'A' | 1:31.35q | 1 |
| 1) Adrian Fisher SO | 2) Mason Frank SO | |
| 3) Garreth Kerr FR | 4) Jose Chorro FR | |

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 4x200 Meter Relay UCO**

4 Morningside 'A'	1:31.85q	2
1) Eric Peters JR	2) Michael Whitehead FR	
3) Preston Nibaur SR	4) Nick Misukanis JR	
5 Dordt 'A'	1:32.58q	1
1) Daniel Fennig JR	2) Erin Francis SR	
3) Camren Pitre JR	4) Derek Van Kooten FR	
6 Jamestown 'A'	1:35.49q	2
1) Evan Schreiner SR	2) Malcolm Jenkins SO	
3) Tyler Streif SO	4) Richard Hanna FR	
7 Dakota Wesleyan 'A'	1:35.67q	1
1) Jedd Schlicht FR	2) Isaac Van Essen FR	
3) Daniel Porter SO	4) Tyler Volesky SR	
-- Southwestern 'A'	DNF	1
1) Bobby Neal FR	2) Justin Martin FR	
3) Theo Piniau FR	4) Torian Parks FR	
-- Mount Marty College 'A'	DNF	1
1) Colin Linde FR	2) Mauricio Marquez FR	
3) Jordan Houdek FR	4) Samuel Lopez SR	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Men 4x200 Meter Relay UCO

4 turn stagger

Meet: M 1:25.63 4/20/2000 South Dakota, South Dakota
T. Green R. Finley P. Billing J. Kehoe

School Finals

Finals

1 Morningside 'A' 1:29.89

- 1) Kyle Kinney SO
- 2) Michael Whitehead FR
- 3) Preston Nibaur SR
- 4) Nick Misukanis JR

2 Northwestern (Ia) 'A' 1:30.61

- 1) Jesse Selgeby SR
- 2) Dalton De Haan FR
- 3) Chad Kischer JR
- 4) Kevin Martinson SO

3 Dickinson State 'A' 1:31.00

- 1) Adrian Fisher SO
- 2) Mason Frank SO
- 3) Garreth Kerr FR
- 4) Jose Chorro FR

4 Jamestown 'A' 1:35.22

- 1) Evan Schreiner SR
- 2) Malcolm Jenkins SO
- 3) Tyler Streif SO
- 4) Richard Hanna FR

5 Dakota Wesleyan 'A' 1:35.83

- 1) Jedd Schlicht FR
- 2) Isaac Van Essen FR
- 3) Daniel Porter SO
- 4) Tyler Volesky SR

-- Dordt 'A' DNF

- 1) Daniel Fennig JR
- 2) Erin Francis SR
- 3) Camren Pitre JR
- 4) Derek Van Kooten FR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Preliminaries

2 Augustana (Sd) 'A'

1) Justin Greenway SO

3) Skyler Kuil JR

-- Southwestern 'A'

-- Mount Marty College 'A'

2) Trevor DeSchepper FR

4) Aduo Omot SR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 4x400 Meter Relay UCO**

3 turn stagger

Meet: M 3:11.81 4/22/1995 Augustana, Augustana

T. Gonye M. Blumer J. Skjelvaag T. Dow

School Finals H#

Finals

1 Briar Cliff 'A'	3:14.83	3
1) Rusty Muncy SO		
2) Dillian Broadnax SR		
3) Robert Iron Shell FR		
4) Augustus Cowan JR		
2 South Dakota 'A'	3:15.32	3
1) Lukas Bernard JR		
2) Jeff O'Connell JR		
3) Mach Dojiok FR		
4) Erik Hill JR		
3 Northwestern (Ia) 'A'	3:18.08	3
1) Taylor Bodin SR		
2) Kevin Martinson SO		
3) Elliott Johnson SO		
4) Kyle Anderson SO		
4 Wayne State College 'A'	3:20.19	2
1) Jared Balady JR		
2) Mickey Doerr SR		
3) Mike King SR		
4) Zach Thomsen JR		
5 Dickinson State 'A'	3:20.67	3
1) Myren Moore		
2) Corey Gill JR		
3) Michael Palczewski FR		
4) Nathan Magstadt SR		
6 Dordt 'A'	3:21.14	3
1) Josiah Eckels FR		
2) Sam Wensink FR		
3) Jacob Moats FR		
4) Jake Floen SO		
7 Northern State 'A'	3:22.90	3
1) Zachery Six FR		
2) Mark Gilkerson		
3) Brandon Krein JR		
4) Nicholas Lindwurm SO		
8 Unattached 'A'	3:23.05	2
1) Mike Huseman		
2) Chris Nordstrom FR		
3) Monte Larsen		
4) Brad Wright JR		
9 Morningside 'A'	3:23.61	3
1) Nick Misukanis JR		
2) Drew Schiltz FR		
3) Jacob Willey SO		
4) Jay Welp JR		
10 Jamestown 'A'	3:24.61	3
1) Andrew Banken SO		
2) Kaleb Garcia SO		
3) Austin Mack FR		
4) Isaac Goedtke FR		
11 Dordt 'B'	3:26.69	2
1) Trent Kischer JR		
2) Tim Bierma SR		
3) Stephan McNamara JR		
4) Camren Pitre JR		
12 Morningside 'B'	3:28.40	2
1) Michael Whitehead FR		
2) Ethan Van Briesen JR		
3) Ray Scheelhaase FR		
4) Alec DeVries FR		
13 Morningside 'C'	3:29.26	2
1) Kyle Hiser FR		
2) Eamon Adamson FR		
3) Kayne Feldick SO		
4) Kyle Borchers JR		
14 Augustana (Sd) 'A'	3:30.73	2
1) Jeremy Botzet JR		
2) Ryan Heuer SO		
3) Brandon Gildemaster FR		
4) Tom Sittig FR		
15 Northwestern (Ia) 'B'	3:31.35	2
1) Austin Krier FR		
2) Elliot Stoltz SO		
3) Zach Wittenberg SR		
4) Ryan Weitgenant SO		
16 Morningside 'D'	3:34.43	1
1) Tyler Figge SR		
2) Kyle Kinney SO		
3) Colby Casper SO		
4) Eric Koithan JR		
17 Augustana (Sd) 'B'	3:35.04	1

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 4x400 Meter Relay UCO**

1) Jordan Slusser FR	2) John Klecker SO		
3) Petter Gulliksen FR	4) Keegan Carda SO		
18 Dordt 'C'		3:36.87	1
1) Aaron Tudor SR	2) Ross Rozeboom FR		
3) Ian Manske FR	4) Dalton Webster FR		
19 Mount Marty College 'A'		3:38.19	1
1) Jordan Houdek FR	2) Gage Blaschke SO		
3) Mychal Bierwagen SR	4) Samuel Lopez SR		
20 Morningside 'E'		3:42.28	1
1) Rodrigo Cobian FR	2) Ted Hanson SO		
3) Quinn Groff FR	4) Garrett Wall FR		
21 Jamestown 'B'		3:42.57	1
1) Adrian Paet-Bullaot JR	2) Tyler Streif SO		
3) Derek Roemmich JR	4) Josh Knutson SO		

Men 4x800 Meter Relay UCO

1 turn stagger			
Meet: M	7:38.50	1964	Drake, Drake
School			Finals
1 Northwestern (Ia) 'A'		7:44.08	
1) Taylor Bodin SR	2) Logan Hovland JR		
3) Skyler Giddings JR	4) Kyle Anderson SO		
2 Sioux Falls 'A'		7:51.62	
1) Robert Brockmueller JR	2) William Brockmueller JR		
3) Blaze Kilian SR	4) Blake Stevensen SR		
3 Dickinson State 'A'		7:52.29	
1) Jonathan Aman FR	2) Delano Lilly SO		
3) Skyler Hulm SO	4) Dustin Sandbak SR		
4 Morningside 'A'		7:56.07	
1) Ray Scheelhaase FR	2) Jacob Willey SO		
3) Eamon Adamson FR	4) Drew Schiltz FR		
5 Northern State 'A'		8:18.10	
1) Mark Gilkerson	2) Nicholas Lindwurm SO		
3) Tyler Jensen FR	4) Brandon Krein JR		
6 Briar Cliff 'A'		8:55.15	
1) Tommy Thelen FR	2) Matt Mayer SO		
3) Tyler Smith FR	4) Austin Sampson FR		
-- Dordt 'A'			DQ
1) Brian Bonnema FR	2) Dalton Webster FR		
3) Aaron Spronk SR	4) Seth Engen FR		

Men 1600 Sprint Medley UCO

3 turn stagger			
Meet: M	3:26.00	1964	Drake, Drake
School			Finals H#
1 Dickinson State 'A'		3:25.19M	2
1) Myren Moore	2) Breyan Miller JR		
3) Nathan Magstadt SR	4) Dante Carter SO		
2 Augustana (Sd) 'A'		3:25.84M	2
1) Justin Greenway SO	2) Jason Greenway SO		
3) Skyler Kuil JR	4) Aduo Omot SR		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 1600 Sprint Medley UCO**

3 Morningside 'A'		3:29.44	2
1) Preston Nibaur SR	2) Eric Peters JR		
3) Ben Van Dyke SO	4) Jay Welp JR		
4 Unattached 'B'		3:29.81	2
1) Chris Nordstrom FR	2) Mike Huseman		
3) Brad Wright JR	4) Monte Larsen		
5 Dordt 'A'		3:30.07	2
1) Daniel Fennig JR	2) Jake Floen SO		
3) Josiah Eckels FR	4) Sam Wensink FR		
6 Northwestern (Ia) 'A'		3:37.50	1
1) Josh Thompson JR	2) Jordan Strand FR		
3) Austin Krier FR	4) Elliott Johnson SO		
7 Sioux Falls 'A'		3:39.12	1
1) Benjamin Shield SR	2) Dion Helgelien FR		
3) Cory Eberle FR	4) Taylor Wensmann SO		
8 Unattached 'A'		3:40.20	1
1) Josh Alden	2) Zach Feil		
3) Austin Youngs	4) Zach Ulmer		
9 Dakota St 'A'		3:40.50	2
1) David Sotir SR	2) Mitch Trestrail JR		
3) Claudio Tejada FR	4) Mark Moeller SO		
10 Northern State 'A'		3:41.93	2
1) Till Olson FR	2) Reggie Blader FR		
3) Zachery Six FR	4) Tyler Jensen FR		
11 Wayne State College 'A'		3:42.98	2
1) William Ernst JR	2) Derek Lahm FR		
3) Steven Varela SO	4) Nick Schmit FR		
12 Briar Cliff 'A'		3:44.29	1
1) Patrick Cisar SR	2) Alan Gerdes JR		
3) Jon Hanson SR	4) Mitchell Schleis SO		

Men Distance Medley UCO

1 turn stagger
 Running Order 1200-400-800-1600
 Meet: M 10:11.69 4/18/2010 Dakota State, Dakota State
 T Van Peursesem, C Foreman, M Fideler, A Drealan
 School Finals

1 Sioux Falls 'A'		10:19.88
1) Robert Brockmueller JR	2) Taylor Wensmann SO	
3) Blake Stevensen SR	4) William Brockmueller JR	
2 Augustana (Sd) 'C'		10:22.80
1) Nathan Hauge JR	2) Tom Sittig FR	
3) Paul Yak FR	4) Keegan Carda SO	
3 Augustana (Sd) 'D'		10:23.63
1) Glen Ellingson SO	2) Justin Cook JR	
3) Aaron Clemens SO	4) Jordan Slusser FR	
4 Augustana (Sd) 'A'		10:27.32
1) Adam Braun JR	2) Zach Jones SO	
3) Harald Karbo SO	4) Chance Freese FR	
5 Augustana (Sd) 'B'		10:38.38
1) TJ Gleason JR	2) Jeremy Botzet JR	
3) Adam Kost FR	4) John Klecker SO	
6 Briar Cliff 'A'		10:43.40

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Distance Medley UCO**

1) Tommy Thelen FR	2) Jon Hanson SR
3) Joe Jackson FR	4) Mitchell Schleis SO
7 Dakota St 'A'	10:46.33
1) Jared Sutton SO	2) Claudio Tejada FR
3) Mark Moeller SO	4) Taylor Hauge SO
8 Faith Baptist 'A'	11:53.58
1) Kyle England FR	2) Nate Patefield FR
3) Christopher Damsgaard FR	4) Kevin England SO

Men High Jump UCO

Meet: M 7-00 4/22/1995 Don Wolf, Buena Vista

Name	Year	School	Finals
1 Matt Huseman	SR	Northwestern (Ia)	2.06m 6-09.00
2 Riley Northrup	FR	Unattached	J2.06m 6-09.00
3 Andrew Christen	FR	Morningside	2.01m 6-07.00
4 Andrew Knebel	SR	Dickinson State	J2.01m 6-07.00
5 Tyler Frank	FR	South Dakota	1.96m 6-05.00
5 Zach Koosman	FR	South Dakota State	1.96m 6-05.00
7 Connor Berg	SO	South Dakota State	J1.96m 6-05.00
8 Jacob Moats	FR	Dordt	J1.96m 6-05.00
9 Hank Lentsch	FR	South Dakota	J1.96m 6-05.00
10 Zach Feil		Unattached	1.91m 6-03.25
11 Matthew Bolt	FR	Dordt	1.86m 6-01.25
11 Josh Torgerson		Dickinson State	1.86m 6-01.25
11 Tyler Payer	FR	Mount Marty College	1.86m 6-01.25
14 Vaughn Thada	JR	Augustana (Sd)	1.81m 5-11.25
14 Keith Rogers	FR	Jamestown	1.81m 5-11.25
-- Jonathan Nebelsick	SR	Sioux Falls	NH
-- Nick Harris	FR	Briar Cliff	NH
-- Austin Mumm	JR	Morningside	NH
-- Jake Sanderson	SR	South Dakota State	NH

Men Pole Vault UCO

Meet: M 18-09 4/20/2001 Derek Miles, unattached

Name	Year	School	Finals
1 Kevin Sarehkhani	SR	Unattached	5.20m 17-00.75
3.81 3.97 4.12 4.27 4.42 4.57 4.72 4.90 5.05 5.15 5.20 5.30			
P P P P P P O P O P XO XX			
2 Scott Greenman	SO	Sioux Falls	5.15m 16-10.75
3.81 3.97 4.12 4.27 4.42 4.57 4.72 4.90 5.05 5.15 5.20			
P P P P P P P O O XXO XXX			
3 Kyle Ballew	SR	South Dakota	5.05m 16-06.75
3.81 3.97 4.12 4.27 4.42 4.57 4.72 4.90 5.05 5.15 5.20			
P P P P P P P P XXO O P XXX			
4 Peter Chapman	SO	South Dakota	J5.05m 16-06.75
3.81 3.97 4.12 4.27 4.42 4.57 4.72 4.90 5.05 5.15			
P P P P P P P XO XO XXO XXX			
5 Jagger Gran	SO	Sioux Falls	4.90m 16-00.75
3.81 3.97 4.12 4.27 4.42 4.57 4.72 4.90 5.05			
P P P P P P O XO XXX			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Men Pole Vault UCO

6	Preston Perkins	SO South Dakota	J4.90m	16-00.75
	3.81 3.97 4.12 4.27 4.42 4.57 4.72 4.90 5.05			
	P P P O XO XXO XO XXO XXX			
7	Mitch Valli	Unattached	4.72m	15-05.75
	3.81 3.97 4.12 4.27 4.42 4.57 4.72 4.90			
	P P P P P XO XO XXX			
8	Brandon Rogers	JR Sioux Falls	J4.72m	15-05.75
	3.81 3.97 4.12 4.27 4.42 4.57 4.72 4.90			
	P P P P P O XO XXX			
9	Jacob Zebedee	FR Sioux Falls	4.57m	15-00.00
	3.81 3.97 4.12 4.27 4.42 4.57 4.72			
	P P P P P O XXX			
9	Brett Huff	JR Dordt	4.57m	15-00.00
	3.81 3.97 4.12 4.27 4.42 4.57 4.72			
	P P P O O XO XXX			
9	Derek Tolbert	Sioux Falls	4.57m	15-00.00
	3.81 3.97 4.12 4.27 4.42 4.57 4.72			
	P P P P O XXO XXX			
12	Jonathan Brinkerhoff	JR Dordt	4.42m	14-06.00
	3.81 3.97 4.12 4.27 4.42 4.57			
	P P O O O XXX			
13	Holden Oelke	SO Briar Cliff	4.27m	14-00.00
	3.81 3.97 4.12 4.27 4.42			
	P P XO XO XXX			
13	Joe Ikier	SO Jamestown	4.27m	14-00.00
	3.81 3.97 4.12 4.27 4.42			
	P P P XXO XXX			
13	Robert Davidsen	JR Dordt	4.27m	14-00.00
	3.81 3.97 4.12 4.27 4.42			
	P P O O XXX			
16	Jeremey Evenson	JR Dickinson State	4.12m	13-06.25
	3.81 3.97 4.12 4.27			
	XO XO XXO XXX			
16	Tor Myrhol	SR Unattached	4.12m	13-06.25
	3.81 3.97 4.12 4.27			
	XO O XXO XXX			
18	Isaac Goedtke	FR Jamestown	3.81m	12-06.00
	3.81 3.97			
	XXO XXX			
18	Nicholas Kranz	SR Northern State	3.81m	12-06.00
	3.81 3.97			
	O XXX			
--	Connor Henry	JR Briar Cliff	NH	
	3.81			
	XXX			
--	Jacob Pohlmann	FR Augustana (Sd)	NH	
	3.81 3.97 4.12			
	P P XXX			
--	Chase Jensen	FR Sioux Falls	NH	
	3.81 3.97 4.12 4.27 4.42 4.57 4.72			
	P P P P P P XXX			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Men Long Jump UCO

Meet: M 25-03 4/21/1997 Andrew Owusu, unattached						
Name	Year	School	Finals	Wind		
1 Jeff O'Connell	JR	South Dakota	7.46m	0.8	24-05.75	
FOUL	7.15m(-1.2)	FOUL	6.79m(+0.0)	7.08m(0.7)	7.46m(0.8)	
2 Kaleb Lindsey-Stevens	SR	Sioux Falls	6.89m	+0.0	22-07.25	
6.89m(+0.0)	6.64m(-0.9)	FOUL	FOUL	6.74m(+0.0)	6.66m(1.0)	
3 Augustus Cowan	JR	Briar Cliff	6.81m	+0.0	22-04.25	
6.27m(-1.6)	6.45m(0.6)	6.81m(+0.0)	6.69m(+0.0)	FOUL	6.61m(-0.1)	
4 Brandon Lindsey	SO	Briar Cliff	6.75m	-0.1	22-01.75	
6.28m(-1.0)	6.41m(0.5)	6.38m(0.3)	6.75m(-0.1)	6.60m(+0.0)	6.50m(+0.0)	
5 Derek Lahm	FR	Wayne State College	6.51m	-1.3	21-04.25	
6.46m(+0.0)	6.45m(-1.3)	6.51m(-1.3)	6.46m(-0.5)	FOUL	FOUL	
6 Connor Fitzsimmons	SO	South Dakota	6.48m	0.6	21-03.25	
FOUL	FOUL	6.34m(0.6)	6.43m(1.0)	6.48m(0.6)	FOUL	
7 Brady Sundheim	SR	Dickinson State	6.42m	+0.0	21-00.75	
6.02m(+0.0)	6.32m(-0.8)	6.08m(1.7)	FOUL	6.42m(+0.0)	FOUL	
8 Jordan Strofaci	JR	Northwestern (Ia)	6.41m	1.2	21-00.50	
FOUL	FOUL	6.41m(1.2)	6.25m(-0.2)	6.41m(+0.0)	FOUL	
9 Keith Rogers	FR	Jamestown	6.38m	-0.9	20-11.25	
6.05m(1.9)	6.03m(-1.0)	6.38m(-0.9)	6.03m(1.2)	FOUL	FOUL	
10 Zach Girard	FR	Dickinson State	6.19m	-0.5	20-03.75	
6.19m(-0.5)	FOUL	6.15m(-0.9)				
10 William Dougherty	FR	Unattached	6.19m	0.9	20-03.75	
FOUL	6.16m(1.7)	6.19m(0.9)				
12 Michael Whitehead	FR	Morningside	6.18m	-0.6	20-03.50	
FOUL	6.17m(1.5)	6.18m(-0.6)				
12 Josh Reed	SO	Dickinson State	6.18m	0.9	20-03.50	
5.96m(-2.1)	6.18m(0.9)	FOUL				
14 Zach Feil		Unattached	6.13m	-0.3	20-01.50	
6.00m(0.6)	6.13m(-0.3)	FOUL				
15 Isaac Van Essen	FR	Dakota Wesleyan	6.12m	0.6	20-01.00	
4.36m(-3.0)	FOUL	6.12m(0.6)				
16 Jordan Moore	SO	Dickinson State	6.08m	1.3	19-11.50	
5.96m(-1.8)	FOUL	6.08m(1.3)				
17 Daniel Porter	SO	Dakota Wesleyan	6.07m	-0.4	19-11.00	
6.03m(1.0)	5.97m(-1.2)	6.07m(-0.4)				
18 Reggie Blader	FR	Northern State	5.93m	1.3	19-05.50	
FOUL	5.93m(1.3)	FOUL				
19 Dillon Dahl	SO	Northern State	5.89m	-1.4	19-04.00	
5.89m(-1.4)	FOUL	FOUL				
20 Daniel Fennig	JR	Dordt	5.84m	1.5	19-02.00	
5.84m(1.5)	FOUL	FOUL				
21 Trevor Zonnefeld	FR	Dordt	5.83m	-1.1	19-01.50	
FOUL	FOUL	5.83m(-1.1)				
22 Nick Harris	FR	Briar Cliff	5.82m	0.8	19-01.25	
5.82m(0.8)	FOUL	FOUL				
23 Josh Alden		Unattached	5.71m	0.3	18-09.00	
5.71m(0.3)	FOUL	FOUL				
24 Jake Auerbach	FR	Northwestern (Ia)	5.69m	-0.8	18-08.00	
5.69m(-0.8)	FOUL	FOUL				
25 Derek Van Kooten	FR	Dordt	5.62m	-0.5	18-05.25	
5.62m(-0.5)	FOUL	FOUL				
26 Jonathan Nebelsick	SR	Sioux Falls	5.37m	-0.1	17-07.50	
5.37m(-0.1)	FOUL	FOUL				

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Long Jump UCO**

27	Cody Clark	FR Wayne State College	5.29m	+0.0	17-04.25
	5.29m(+0.0) FOUL	FOUL			
28	Peter Schukking	FR Augustana (Sd)	4.00m	2.2	13-01.50
	FOUL 4.00m(2.2) FOUL				
--	Kyle Reid	SR Unattached			FOUL
	FOUL FOUL FOUL				
--	Ben Nelson	FR Sioux Falls			FOUL
	FOUL FOUL FOUL				

Men Triple Jump UCO

Meet: M 55-06 4/22/1998 Andrew Owusu, unattached

Name	Year	School	Finals	Wind	
1	Augustus Cowan	JR Briar Cliff	14.78m	+0.0	48-06.00
	14.58m(0.7) 14.45m(-1.1) 14.78m(+0.0)				
2	Brady Sundheim	SR Dickinson State	14.49m	1.5	47-06.50
	14.47m(+0.0) FOUL 14.49m(1.5)				
3	Bryce Harshman	SR Unattached	14.15m	+0.0	46-05.25
	13.68m(+0.0) 14.15m(+0.0) FOUL				
4	Jeremiah Ary	SO South Dakota State	13.97m	-1.2	45-10.00
	FOUL 13.90m(1.6) 13.97m(-1.2)				
5	Jake Sanderson	SR South Dakota State	13.91m	+0.0	45-07.75
	13.91m(+0.0) FOUL FOUL				
6	Connor Fitzsimmons	SO South Dakota	13.50m	0.1	44-03.50
	FOUL 13.50m(0.1) FOUL				
7	Brandon Lindsey	SO Briar Cliff	13.43m	+0.0	44-00.75
	FOUL 13.43m(+0.0) 11.69m(-1.7)				
8	Wade DeVries	SR Unattached	13.08m	+0.0	42-11.00
	12.98m(1.6) 12.86m(0.2) 13.08m(+0.0)				
9	Ben Nelson	FR Sioux Falls	12.99m	-0.8	42-07.50
	FOUL 12.70m(-1.6) 12.99m(-0.8)				
10	Austin Schaffer	FR Sioux Falls	12.59m	0.3	41-03.75
	11.53m(1.3) 12.59m(0.3) FOUL				
11	Trevor Zonnefeld	FR Dordt	12.49m	-1.3	40-11.75
	12.39m(0.8) FOUL 12.49m(-1.3)				
12	Josh Torgerson	Dickinson State	12.45m	+0.0	40-10.25
	12.45m(+0.0) FOUL 11.90m(+0.0)				
13	Zach Girard	FR Dickinson State	12.29m	-1.9	40-04.00
	FOUL FOUL 12.29m(-1.9)				
14	Reggie Blader	FR Northern State	12.23m	-0.3	40-01.50
	FOUL 12.23m(-0.3) FOUL				
15	Daniel Porter	SO Dakota Wesleyan	12.20m	+0.0	40-00.50
	FOUL FOUL 12.20m(+0.0)				
16	Vaughn Thada	JR Augustana (Sd)	11.58m	+0.0	38-00.00
	FOUL FOUL 11.58m(+0.0)				

Men Shot Put UCO

Standard for measurement 43'

Meet: M 57-00.50 4/20/1998 Steve Schmidt, Dakota Wesleyan

Name	Year	School	Finals	
1	Kyle McKelvey	JR South Dakota	18.40m	60-04.50
	FOUL 17.82m FOUL FOUL 18.05m 18.40m			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Shot Put UCO**

2	Jordan Bents	JR	Sioux Falls	16.10m	52-10.00
	FOUL FOUL 15.52m 16.10m FOUL 15.34m				
3	CJ Hamm	JR	Augustana (Sd)	15.80m	51-10.00
	14.40m 14.84m 15.80m FOUL FOUL FOUL				
4	Dustin Valind	FR	South Dakota	15.67m	51-05.00
	14.75m 14.33m FOUL FOUL FOUL 15.67m				
5	Lawton De Jong	SO	Northwestern (Ia)	14.86m	48-09.00
	13.55m 14.86m FOUL FOUL FOUL FOUL				
6	Levi Ettleman	JR	Northwestern (Ia)	14.63m	48-00.00
	FOUL 14.63m FOUL 14.33m FOUL FOUL				
7	Jesse Hacker	SO	Jamestown	14.61m	47-11.25
	13.12m 13.66m 14.29m FOUL FOUL 14.61m				
8	Eric Jones	SR	Briar Cliff	14.60m	47-11.00
	FOUL FOUL 14.60m 14.03m FOUL 13.26m				
9	Lucas Osowski	SO	Northern State	14.26m	46-09.50
	13.37m 13.98m 14.26m 14.01m 13.84m FOUL				
10	Ryan Gimbel	SR	Dakota St	14.20m	46-07.25
	13.68m 14.20m FOUL				
11	Joe Warth	FR	Wayne State College	14.14m	46-04.75
	FOUL FOUL 14.14m				
12	Sam Burki	FR	Briar Cliff	13.27m	43-06.50
	FOUL 13.27m 13.25m				
13	Sam Herauf	SR	Dickinson State	13.07m	42-10.75
	FOUL 13.07m FOUL				
14	Jesse Davis	SR	Dordt	12.94m	42-05.50
	12.45m 12.94m FOUL				
15	Drew Johnson	FR	Dickinson State	12.90m	42-04.00
	11.60m 12.90m FOUL				
16	Drew Larsen	FR	Jamestown	12.67m	41-07.00
	FOUL 12.67m FOUL				
17	Brady Harr	SO	Northern State	12.46m	40-10.50
	12.46m FOUL FOUL				
18	Jordan Mueller	FR	Sioux Falls	12.40m	40-08.25
	12.40m 11.90m FOUL				
19	Clayton Gudmundson	FR	Briar Cliff	11.85m	38-10.50
	11.85m FOUL FOUL				
20	James Sedey	FR	Dickinson State	11.57m	37-11.50
	10.64m 11.57m FOUL				
21	Ty Malone	FR	Dickinson State	11.45m	37-06.75
	11.45m FOUL FOUL				
22	Justin Pastoor	JR	Dordt	11.42m	37-05.75
	FOUL 11.42m FOUL				
23	Cameron McKinney	JR	Northwestern (Ia)	10.80m	35-05.25
	FOUL 10.80m FOUL				
24	Chris Bylsma	SR	Dordt	10.12m	33-02.50
	FOUL 10.12m FOUL				
25	Bryce Armstrong	IWCC		9.98m	32-09.00
	FOUL FOUL 9.98m				

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men Discus Throw UCO**

Standard for measurement 135'

Meet: M 199-05 4/21/1999 Mark White, unattached

Name	Year	School	Finals	
1 Cody Snyder	SR	Unattached	56.81m	186-05
FOUL FOUL 52.68m		56.81m FOUL 55.84m		
2 Garrett Tenney	SR	Jamestown	49.00m	160-09
49.00m 47.18m 48.16m		FOUL FOUL FOUL		
3 Dustin Valind	FR	South Dakota	47.88m	157-01
47.05m FOUL 46.76m		47.87m 47.88m FOUL		
4 Levi Ettleman	JR	Northwestern (Ia)	46.00m	150-11
FOUL FOUL 43.27m		44.81m 46.00m FOUL		
5 Jordan Bents	JR	Sioux Falls	45.82m	150-04
36.66m 44.76m 45.41m		FOUL 44.94m 45.82m		
6 Nathan Willer	SO	Jamestown	45.43m	149-00
43.25m 40.69m 45.43m		43.28m 43.33m FOUL		
7 Bradley Brooks	JR	Jamestown	44.88m	147-03
44.88m 44.21m FOUL		FOUL 43.30m FOUL		
8 Dalton Kelley	JR	Northwestern (Ia)	44.77m	146-10
FOUL 43.35m 44.43m		44.77m 44.49m FOUL		
9 Seth Vande Voort	SR	Dordt	42.28m	138-08
FOUL FOUL 42.28m		FOUL 38.70m FOUL		
10 Eric Jones	SR	Briar Cliff	41.42m	135-11
41.42m FOUL FOUL				
11 Austin Pharis	FR	South Dakota	40.93m	134-03
40.93m 40.48m 38.68m				
12 William Mart	SO	Mount Marty College	40.62m	133-03
38.78m 40.62m 38.84m				
13 Trevor Van Tilburg	SR	Dakota St	38.00m	124-08
38.00m 37.92m FOUL				
14 Clayton Gudmundson	FR	Briar Cliff	37.33m	122-06
36.68m FOUL 37.33m				
15 Ryan Gimbel	SR	Dakota St	37.07m	121-07
35.04m 37.07m FOUL				
16 Derek Sellers	SO	Briar Cliff	36.55m	119-11
36.55m FOUL FOUL				
17 Sam Burki	FR	Briar Cliff	36.22m	118-10
FOUL 36.22m FOUL				
18 Jesse Davis	SR	Dordt	36.15m	118-07
36.15m FOUL FOUL				
19 Drew Larsen	FR	Jamestown	35.89m	117-09
35.89m FOUL FOUL				
20 William Dougherty	FR	Unattached	35.85m	117-07
34.47m 35.85m FOUL				
21 Jordan Mueller	FR	Sioux Falls	35.11m	115-02
35.11m FOUL FOUL				
22 Drew Johnson	FR	Dickinson State	34.11m	111-11
34.11m FOUL FOUL				
23 Ty Malone	FR	Dickinson State	33.88m	111-02
33.88m FOUL FOUL				
24 Brady Harr	SO	Northern State	33.78m	110-10
33.78m FOUL FOUL				
25 Nic Austin	SR	Morningside	32.51m	106-08
32.51m FOUL FOUL				

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Discus Throw UCO**

26	Cameron McKinney	JR Northwestern (Ia)	30.17m	99-00
	FOUL 30.17m FOUL			
27	Jordan Strofaci	JR Northwestern (Ia)	29.95m	98-03
	29.95m FOUL FOUL			
28	Mitchell Newhouse	FR Mount Marty College	29.77m	97-08
	FOUL FOUL 29.77m			
29	Chris Bylsma	SR Dordt	27.20m	89-03
	27.20m FOUL FOUL			
30	Jake Auerbach	FR Northwestern (Ia)	24.96m	81-11
	24.96m FOUL FOUL			
--	James Sedey	FR Dickinson State	FOUL	
	FOUL FOUL FOUL			
--	Ben Guhl	SO Northwestern (Ia)	FOUL	
	FOUL FOUL FOUL			
--	Lawton De Jong	SO Northwestern (Ia)	FOUL	
	FOUL FOUL FOUL			

Men Hammer Throw UCO

Meet: M 253-00 4/21/2007 A.G. Kruger, unattached

Name	Year School	Finals
1 Denton Stephens	SR South Dakota	57.45m 188-06
	57.45m 56.79m FOUL 55.75m FOUL 53.25m	
2 Garrett Tenney	SR Jamestown	51.55m 169-01
	FOUL 50.45m 51.24m 51.23m 50.07m 51.55m	
3 Kyle McKelvey	JR South Dakota	51.50m 168-11
	48.90m 48.38m FOUL 51.50m 49.38m FOUL	
4 Nic Austin	SR Morningside	50.00m 164-00
	47.25m 50.00m 49.57m FOUL FOUL FOUL	
5 Jeramiah Schrock	FR Unattached	48.30m 158-05
	47.45m FOUL 48.30m 47.62m 46.94m 46.56m	
6 Andy Edison	SR Unattached	48.23m 158-03
	46.94m 48.23m FOUL FOUL 47.12m 45.91m	
7 Bryan Dunn	SO Wayne State College	47.81m 156-10
	46.42m 47.81m 46.39m 45.63m FOUL 46.58m	
8 Ryan Messerschmidt	SO Wayne State College	46.47m 152-05
	43.92m 46.47m 46.31m 45.32m 43.30m 45.49m	
9 Sam Herauf	SR Dickinson State	46.42m 152-03
	43.92m 46.42m 44.70m FOUL 41.94m FOUL	
10 CJ Hamm	JR Augustana (Sd)	45.67m 149-10
	FOUL 45.55m 45.67m	
11 Justin Pastoor	JR Dordt	44.74m 146-09
	44.74m FOUL FOUL	
12 Michael Brousseau	JR Jamestown	44.16m 144-10
	44.16m FOUL 42.12m	
13 Joe Warth	FR Wayne State College	42.14m 138-03
	FOUL 42.14m FOUL	
14 Lawton De Jong	SO Northwestern (Ia)	42.06m 138-00
	40.97m 39.90m 42.06m	
15 Ryan Gimbel	SR Dakota St	41.64m 136-07
	41.64m 40.42m FOUL	
16 Jesse Davis	SR Dordt	40.56m 133-01
	40.56m 39.99m FOUL	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Hammer Throw UCO**

17	Brady Harr	SO Northern State	38.32m	125-09
	38.32m FOUL FOUL			
18	Ryan Antaya	JR Dakota Wesleyan	38.18m	125-03
	38.18m 37.63m 38.16m			
19	Drew Larsen	FR Jamestown	37.65m	123-06
	36.85m 37.42m 37.65m			
20	Trevor Van Tilburg	SR Dakota St	36.99m	121-04
	36.99m FOUL 36.20m			
21	Jordan Mueller	FR Sioux Falls	36.83m	120-10
	36.83m FOUL 35.84m			
22	Bryce Armstrong	IWCC	36.36m	119-03
	31.39m FOUL 36.36m			
23	Grayson Leder	FR Jamestown	36.02m	118-02
	35.45m 36.02m FOUL			
24	William Mart	SO Mount Marty College	35.55m	116-08
	FOUL 35.55m FOUL			
25	Drew Johnson	FR Dickinson State	34.61m	113-06
	34.61m FOUL FOUL			
26	Lucas Osowski	SO Northern State	34.49m	113-02
	34.49m FOUL FOUL			
27	James Sedey	FR Dickinson State	34.17m	112-01
	34.17m FOUL FOUL			
28	Cruz Mora	IWCC	32.65m	107-01
	32.65m FOUL FOUL			
29	John Van Velzen	FR Dordt	32.52m	106-08
	32.52m FOUL FOUL			
30	Jesse Hacker	SO Jamestown	32.45m	106-05
	32.45m FOUL FOUL			
31	Ben Guhl	SO Northwestern (Ia)	30.93m	101-06
	30.93m FOUL FOUL			
32	Ty Malone	FR Dickinson State	30.32m	99-06
	30.32m FOUL FOUL			
33	Chris Bylsma	SR Dordt	30.04m	98-07
	FOUL 30.04m FOUL			
34	Cameron McKinney	JR Northwestern (Ia)	29.64m	97-03
	FOUL 29.64m FOUL			
--	Henry Miller	FR Unattached	FOUL	
	FOUL FOUL FOUL			

Men Javelin Throw UCO

Meet: M 205-09 4/19/2007 Mark Liebl, unattached

Name	Year	School	Finals	
1 Tyler Maxwell	FR	Unattached	56.90m	186-08
	49.58m	54.22m	52.90m	52.10m 52.84m 56.90m
2 Alex Pick	SO	Briar Cliff	53.83m	176-07
	43.36m	47.39m	47.72m	FOUL 49.51m 53.83m
3 Kyle Reid	SR	Unattached	51.26m	168-02
	51.26m	FOUL		
4 Adam Drieling	SO	Briar Cliff	50.80m	166-08
	44.34m	50.38m	44.90m	48.07m FOUL 50.80m
5 Colton Harkins	FR	Jamestown	50.38m	165-03
	47.53m	48.93m	50.38m	47.54m FOUL FOUL

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Javelin Throw UCO**

6	Daquan Brooks	SO South Dakota	48.40m	158-09
	43.66m 44.50m 44.61m 42.94m FOUL 48.40m			
7	Drew Johnson	FR Dickinson State	48.14m	157-11
	48.14m 45.48m 43.85m FOUL FOUL FOUL			
8	Tyler Wattier	JR Morningside	47.53m	155-11
	44.63m 44.35m FOUL 43.88m 46.24m 47.53m			
9	Cole Schimelfenig	JR Briar Cliff	46.42m	152-03
	45.90m 45.23m 46.10m 46.30m FOUL 46.42m			
10	David Murphy	Northern State	44.21m	145-00
	44.21m FOUL FOUL			
11	Austin Mumm	JR Morningside	44.13m	144-09
	44.13m FOUL 42.45m			
12	Jacob Pohlmann	FR Augustana (Sd)	43.26m	141-11
	42.54m 43.26m FOUL			
13	Connor Henry	JR Briar Cliff	43.14m	141-06
	39.96m 43.14m FOUL			
14	William Dougherty	FR Unattached	42.70m	140-01
	FOUL 42.70m 40.66m			
15	Ryan Antaya	JR Dakota Wesleyan	42.41m	139-02
	40.67m 42.41m 42.16m			
16	Holden Oelke	SO Briar Cliff	40.25m	132-01
	38.30m FOUL 40.25m			
17	Grant Aden	SR Morningside	39.65m	130-01
	38.95m 39.65m FOUL			
18	Harald Karbo	SO Augustana (Sd)	39.05m	128-01
	39.05m 35.95m 34.86m			
19	John Van Velzen	FR Dordt	37.87m	124-03
	37.87m 37.15m 35.80m			
20	Austin Pharis	FR South Dakota	37.66m	123-07
	37.66m 34.42m 35.25m			
21	Grayson Leder	FR Jamestown	37.53m	123-01
	37.53m FOUL 35.12m			
22	Michael Brousseau	JR Jamestown	37.46m	122-11
	37.46m FOUL 36.34m			
23	Mitchell Newhouse	FR Mount Marty College	34.39m	112-10
	FOUL 34.39m FOUL			
24	Zach Bauman	JR Mount Marty College	33.00m	108-03
	32.09m FOUL 33.00m			
25	Jacob Hackbarth	SO Dordt	26.82m	88-00
	26.82m 24.37m FOUL			