

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Girls 100 Meter Dash Class"A"**

Meet: M 12.24 4/20/1997 Tunisia Evans, SC North					
Name	Year	School	Finals	Wind	H#
Finals					
1	Yasmeen	Rose 10	Bishop Heelan	13.11	-1.6 2
2	Peyton	Holman 12	Cb- A Lincoln	13.23	-1.6 2
3	Taylor	Ferguson 09	Bishop Heelan	13.53	-1.6 2
4	Sam	Bohnet 10	Cb- A Lincoln	13.70	-1.6 2
5	Rylie	Zyzda 09	Sc- East	13.75	-1.6 2
6	Michaela	Daniel 10	Sc- North	13.86	-1.6 2
7	Emily	Keane 12	Bishop Heelan	13.91	-1.5 1
8	Brooke	Heinemann 10	South Sioux City	14.13	-1.6 2
9	Paige	Henning 10	Sioux City West	14.23	-1.5 1
10	Audrey	Lovan 11	Sc- North	14.36	-1.5 1
11	Madie	Pike 10	Sb-Luton	14.87	-1.5 1

Girls 100 Meter Hurdles Class"A"

Meet: M 14.76 4/18/2009 Nevada Sorensen, SF Lincoln					
Name	Year	School	Finals	Wind	H#
1	Mackenzie	Geary 12	Bishop Heelan	16.65	-0.1 2
2	Shauna	Folchert 10	Sc- North	17.65	-0.1 2
3	Rachel	Vondrak 10	Bishop Heelan	18.43	-0.1 2
4	Megan	Wolf 12	Sc- East	18.89	-0.1 2
5	Hannah	Hennings 10	Cb- A Lincoln	19.01	-0.1 2
6	Annie	Fitzsimmons 10	Bishop Heelan	19.08	-0.1 2
7	Jordyn	Anderson 12	Sc- East	19.22	-0.1 2
8	Kendra	Jankiewicz 11	Cb- A Lincoln	19.35	-0.1 2
9	Melissa	Verdin 11	Sioux City West	21.59	-0.2 1
10	Syria	Del Angel 10	Sioux City West	22.33	-0.2 1

Girls 4x100 Meter Relay Class"A"

2 turn stagger					
Meet: M 49.48 4/19/2008 Sioux City West, West					
M Pearson, G Williams, C Simon, R Twohig					
School					Finals
1	Sc- East	'A'			51.98
	1)	Jordyn Anderson 12	2)	Rylie Zyzda 09	
	3)	Elizabeth Bohlmann 11	4)	Brittney Calvillo 09	
2	Bishop Heelan	'A'			52.36
	1)	Kylee Hickman 11	2)	Yasmeen Rose 10	
	3)	Taylor Ferguson 09	4)	Emily Keane 12	
3	Cb- A Lincoln	'A'			53.71
	1)	Paige Wohlers 10	2)	Abby Groepper 09	
	3)	Sam Bohnet 10	4)	Peyton Holman 12	
4	Sc- North	'A'			54.52
	1)	Michaela Daniel 10	2)	Shauna Folchert 10	
	3)	Audrey Lovan 11	4)	Kaisha Billings 11	
5	Sioux City West	'A'			54.92
	1)	Heidi Jones 11	2)	Cassie Geopfert 11	
	3)	Alex Gonzalez 11	4)	Tanya Meyer 11	
6	South Sioux City	'A'			55.95

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 4x100 Meter Relay Class"A"**

1) Taylor Bleil 12	2) Shaylee Fisher 09
3) Audra Thramer 11	4) Brooke Heinemann 10
7 Sb-Luton 'A'	58.21
1) Darein Martinson 09	2) Kennedy Colvert 11
3) Paxton Throne 09	4) Madie Pike 10

Girls 4x200 Meter Relay Class"A"

4 turn stagger

Meet: M 1:44.71 4/19/2008 Sioux City West, West
C Simon, G Williams, R Twohig, M Pearson

School

Finals

1 Sc- East 'A'	1:49.45
1) Aspen Bennier 10	2) Rylie Zyzda 09
3) Elizabeth Bohlmann 11	4) Brittney Calvillo 09
2 Bishop Heelan 'A'	1:50.39
1) Kylee Hickman 11	2) Yasmeen Rose 10
3) Taylor Ferguson 09	4) Emily Keane 12
3 Sc- North 'A'	1:53.50
1) Michaela Daniel 10	2) Shauna Folchert 10
3) Audrey Lovan 11	4) Kaisha Billings 11
4 Cb- A Lincoln 'A'	1:53.69
1) Paige Wohlers 10	2) Abby Groepper 09
3) Sam Bohnet 10	4) Peyton Holman 12
5 Sioux City West 'A'	1:59.25
1) Haili Hansen 10	2) Darrien Ford 09
3) Keely Sybesma 11	4) Cassie Geopfert 11
-- Sb-Luton 'A'	DQ
1) Darein Martinson 09	2) Kennedy Colvert 11
3) Paxton Throne 09	4) Madie Pike 10

Girls 4x400 Meter Relay Class"A"

3 turn stagger

Meet: M 4:02.17 4/18/2010 Sioux City East, East
S Houlihan, R Mikulicz, L Strom, E Dougherty

School

Finals

1 Sc- East 'A'	4:21.99
1) Hanna Vanderloo 10	2) Hannah Hildahl 10
3) Katrina Diaz 10	4) Brittney Calvillo 09
2 Bishop Heelan 'A'	4:27.52
1) Brooke Bleeker 11	2) Lauren Graves 10
3) Grace Hanno 09	4) Kelcie Meier 12
3 Sioux City West 'A'	4:33.27
1) Heidi Jones 11	2) Kathleen Meis 09
3) Cassie Geopfert 11	4) Tanya Meyer 11
4 Cb- A Lincoln 'A'	4:36.47
1) Brianna Waugh 09	2) Ali Heithoff 12
3) Delaney Bolton 11	4)

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Girls 1600 Sprint Medley Class"A"**

3 turn stagger

Meet: M 4:13.64 4/19/2006 SF Roosevelt, Sioux Falls R
M. Bren, K. Bowman, D. Dalon, K. Eckert

School Finals

1 Bishop Heelan 'A'		4:37.26
1) Mackenzie Geary 12	2) Emily Keane 12	
3) Brooke Bleeker 11	4) Lauren Graves 10	
2 Sc- East 'A'		4:47.81
1) Maci Heimsoth 09	2) Hanna Vanderloo 10	
3) Katrina Diaz 10	4) Hannah Hildahl 10	
3 Sioux City West 'A'		4:48.76
1) Heidi Jones 11	2) Ashton Thedford 09	
3) Cassie Geopfert 11	4) Shelby Boettcher 10	
4 South Sioux City 'A'		5:03.17
1) Brooke Heinemann 10	2) Audra Thramer 11	
3) Macin Appleton 09	4) Taylor Bleil 12	
5 Cb- A Lincoln 'A'		5:11.08
1) Kendra Jankiewicz 11	2) Taylor Volentine 12	
3) Delaney Bolton 11	4) CeCe Saldana 09	

Girls 100 Meter Dash Class"B"

Meet: M 12.47 4/19/1989 Amy Schuver, Cherokee

Name Year School Finals Wind H#

1 Madison Hemer	10 Oa-Bcig	13.28	-1.3	3
2 Courtney Magnussen	10 Glenwood	13.55	-1.3	3
3 Rebekah Muilenburg	10 Moc-Fv	13.63	-1.3	3
4 Bailey Rol	10 LeMars	13.63	-1.3	3
5 Kecia Caudill	11 Glenwood	13.65	-1.3	3
6 Kim Shabino	11 Spencer	13.69	-1.7	2
7 Mackenzie Teut	12 Oa-Bcig	13.89	-1.7	2
8 Sarah Salerno	11 Glenwood	13.89	-1.7	2
9 Kim Knaatjes	10 Okoboji	13.99	0.4	1
10 Tessa Schoonhoven	09 Unity Chrst- OC	14.01	0.4	1
11 Jamie Gesink	10 Western Christian	14.05	-1.3	3
12 Allegra St. Clair	10 Sheldon	14.12	-1.7	2
13 Jennifer Baker	09 Cherokee	14.32	0.4	1
14 Hannah Grovesnor	10 Okoboji	14.35	-1.7	2
15 Kirsten Schenk	09 Unity Chrst- OC	14.43	-1.7	2
16 Kaleigh Dixon	09 Cherokee	14.50	0.4	1
17 Caitlin Cain	11 Sheldon	14.71	-1.7	2
-- Kelsie VantHul	09 Western Christian	FS	-1.7	2

Girls 100 Meter Hurdles Class"B"

Meet: M 15.65 4/18/2010 Slone Masters, Storm Lake

Name Year School Finals Wind H#

1 Ali Meister	12 Spencer	15.77	NWI	3
2 Caitlin Cain	11 Sheldon	16.70	NWI	3
3 Jenna McCoy	10 Spirit Lake Park	17.02	NWI	3
4 Olivia Scarborough	09 Glenwood	17.18	NWI	3
5 Karis Rhode	10 Spencer	17.19	NWI	3

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 100 Meter Hurdles Class"B"**

6 Cally Hatting	12 Sheldon	17.25	NWI	3
7 Katey Krager	11 Oa-Bcig	17.51	NWI	2
8 Faith Vander Voort	11 Moc-Fv	17.83	NWI	2
9 Justine Van Sloten	10 Unity Chrst- OC	17.89	NWI	2
10 Ashley Konfrst	10 Glenwood	18.00	NWI	2
11 Bailey Vande Vegte	10 Sioux Center	18.30	NWI	2
12 Cassandra Martin	10 LeMars	18.43	NWI	3
13 Mariah Cates	12 Oa-Bcig	18.51	NWI	2
14 Morgan Ohm	12 LeMars	18.57	NWI	2
15 Riley Kliegl	11 Moc-Fv	18.94	NWI	1
16 Kaela Delperdang	11 Spirit Lake Park	19.85	NWI	1
17 Amanda Rens	10 Unity Chrst- OC	20.23	NWI	1
-- Miranda Ruth	09 Glenwood	FS	NWI	3

Girls 4x100 Meter Relay Class"B"

2 turn stagger

Meet: M 50.88 4/20/1991 Cherokee, Cherokee

C. Hauswald, L. Johanson, K. Corzillus, A. Schuver

School

Finals H#

1 Glenwood 'A'	52.14	2
1) Reiny Ostrander 11		
2) Kecia Caudill 11		
3) Sarah Salerno 11		
4) Courtney Magnussen 10		
2 Moc-Fv 'A'	52.54	2
1) Sam Wielenga 12		
2) Daphne Heimensen 10		
3) Katie Landhuis 11		
4) Rebekah Muilenburg 10		
3 Spencer 'A'	52.64	1
1) Kim Shabino 11		
2) Sydney Van Wattering 12		
3) Karis Rhode 10		
4) Taylor Glover 12		
4 Western Christian 'A'	53.05	2
1) Kenzie VandeVegte 12		
2) Jamie Gesink 10		
3) Kim Kroeze 12		
4) Alissa Pollema 11		
5 Spirit Lake Park 'A'	53.49	2
1) Jenna McCoy 10		
2) Kendra Stokke 12		
3) Kelsey Delperdang 09		
4) Taylor Sieperda 10		
6 Kp/Wc 'A'	53.56	1
1) Kristin Hubert 10		
2) Cara Shanks 11		
3) Rebecca Quade 11		
4) Bailey Kennedy 12		
7 Okoboji 'A'	53.57	2
1) Jordan Duncan 12		
2) Darby Jones 11		
3) Hannah Grovesnor 10		
4) Kim Knaatjes 10		
8 Sioux Center 'A'	54.08	1
1) Katie TeGrotenhuis 09		
2) Jillian Estes 12		
3) Clare Kortlever 09		
4) Pamela Heijerman 09		
9 Unity Chrst- OC 'A'	54.60	1
1) Kendra Wieringa 09		
2) Kirsten Schenk 09		
3) Justine Van Sloten 10		
4) Tessa Schoonhoven 09		
10 Sheldon 'A'	54.91	2
1) Caitlin Cain 11		
2) Cally Hatting 12		
3) Kati Kneifl 10		
4) Allegra St. Clair 10		
-- Oa-Bcig 'A'	DQ	2
1) Mallory Cates 12		
2) Mackenzie Teut 12		
3) Mariah Cates 12		
4) Madison Hemer 10		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Girls 4x200 Meter Relay Class"B"**

4 turn stagger

Meet: M 1:47.40 4/20/2010 Western Christian, Western Chr
K Gesink, K Kroeze, C Vaandrager, B Wolterstorff

School Finals H#

1	Moc-Fv 'A'	1:47.51	2
	1) Sam Wielenga 12	2) Rebekah Muilenburg 10	
	3) Katie Landhuis 11	4) Alexis Conaway 11	
2	Western Christian 'A'	1:48.54	2
	1) Kenzie VandeVegte 12	2) Kelli Boer 12	
	3) Kim Kroeze 12	4) Alissa Pollema 11	
3	Oa-Bcig 'A'	1:49.98	2
	1) Mallory Cates 12	2) Lexie Petersen 10	
	3) Jensen Boger 11	4) Madison Hemer 10	
4	Glenwood 'A'	1:50.20	2
	1) Kecia Caudill 11	2) Courtney Magnussen 10	
	3) Sarah Salerno 11	4) Molly Dean 09	
5	LeMars 'A'	1:53.42	2
	1) Rose Pelelo-Ray 10	2) Jessi Hatting 09	
	3) Bailey Rol 10	4) Allison Wilken 09	
6	Sioux Center 'A'	1:53.46	2
	1) Katie TeGrotenhuis 09	2) Jillian Estes 12	
	3) Payton Boer 10	4) Clare Kortlever 09	
7	Spencer 'A'	1:54.90	2
	1) Bailey Menard 10	2) Sydney Van Wattering 12	
	3) Kelli Kramer 10	4) Kim Shabino 11	
8	Unity Chrst- OC 'A'	1:55.18	1
	1) Tessa Schoonhoven 09	2) Kirsten Schenk 09	
	3) Lindsey Broek 09	4) Jill Schouten 12	
9	Cherokee 'A'	1:57.48	1
	1) Danni Roethler 11	2) Kaleigh Dixon 09	
	3) Courtney Johnson 10	4) Jennifer Baker 09	
10	Spirit Lake Park 'A'	1:59.40	2
	1) Kelsey Delperdang 09	2) Krista Larson 10	
	3) Kaylee Boelter 09	4) Shelby Morreim 10	
--	Kp/Wc 'A'		DQ 1
	1) Rebecca Quade 11	2) Cara Shanks 11	
	3) Lily Peschau 09	4) Bailey Kennedy 12	

Girls 4x400 Meter Relay Class"B"

3 turn stagger

Meet: M 4:02.45 4/17/1999 Elkhorn, Elkhorn
E. Ohm, K. Bull, A. Schmidt, K. Clark

School Finals

1	Moc-Fv 'A'	4:10.69
	1) Jade Hanson 12	2) Rebekah Muilenburg 10
	3) Alexis Conaway 11	4) Katie Landhuis 11
2	Western Christian 'A'	4:14.07
	1) Kenzie VandeVegte 12	2) Josie Kollis 11
	3) Alissa Pollema 11	4) Kim Kroeze 12
3	Spencer 'A'	4:21.06
	1) Kim Shabino 11	2) Kelli Kramer 10
	3) Bailey Menard 10	4) Taylor Glover 12

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 4x400 Meter Relay Class"B"**

4	Unity Chrst- OC 'A'		4:22.27
	1) Kendra Wieringa 09	2) Anna Kiel 09	
	3) Tessa Schoonhoven 09	4) Jill Schouten 12	
5	Sioux Center 'A'		4:23.86
	1) Clare Kortlever 09	2) Payton Boer 10	
	3) Haley Sitzmann 10	4) Madison Beaver 10	
6	Oa-Bcig 'A'		4:26.90
	1) Mallory Cates 12	2) Lexie Petersen 10	
	3) Mariah Cates 12	4) Presley Cranston 10	
7	Glenwood 'A'		4:27.66
	1) Molly Dean 09	2) Kecia Caudill 11	
	3) Sarah Salerno 11	4) Carlie Cooper 11	

Girls 1600 Sprint Medley Class"B"

3 turn stagger

Meet: M 4:21.89 4/23/2005 Sioux Center, Sioux Center
M. Jacobsma, J. Estes, T. Jansen, K. Beaver

School

Finals

1	Moc-Fv 'A'		4:29.27
	1) Daphne Heimensen 10	2) Ali Achterhof 11	
	3) Jade Hanson 12	4) Alexis Conaway 11	
2	Kp/Wc 'A'		4:35.77
	1) Kristin Hubert 10	2) Cara Shanks 11	
	3) Bailey Kennedy 12	4) Maddie Bain 12	
3	Spirit Lake Park 'A'		4:36.71
	1) Kelsey Delperdang 09	2) Kaylee Boelter 09	
	3) Taylor Sieperda 10	4) Dondi Schmidt 11	
4	Spencer 'A'		4:37.33
	1) Bailey Menard 10	2) Sydney Van Wattering 12	
	3) Kelli Kramer 10	4) Sarah Bauermeister 09	
5	Unity Chrst- OC 'A'		4:40.63
	1) Lindsey Broek 09	2) Justine Van Sloten 10	
	3) Jill Schouten 12	4) Anna Kiel 09	
6	Western Christian 'A'		4:42.27
	1) Josie Kollis 11	2) Kelli Boer 12	
	3) Kelsie VantHul 09	4) Kylie VantHul 09	
7	LeMars 'A'		4:46.86
	1) Jessi Hatting 09	2) Ellie Meade 10	
	3) Chaise Benjamin 09	4) Meredith Rand 12	
8	Glenwood 'A'		4:58.26
	1) Reiny Ostrander 11	2) Hanna Ringsdorf 12	
	3) Myranda Starner 09	4) Carlie Cooper 11	

Girls 100 Meter Dash Class"C"

Meet: M 12.06 4/20/1989 Theresa Lux, Westwood

Name

Year School

Finals

Wind H#

1	Casey Sutherland	09	Pierce NE	13.28	1.2	2
2	Jacy Bretschneider	11	Pierce NE	13.62	1.2	2
3	Lexie Eifert	10	Ponca	13.63	1.2	2
4	Abby Drieling	09	Emerson-Hubbard	13.84	1.2	2
5	Hailey Toft	09	Canton High School	13.95	1.2	2

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 100 Meter Dash Class"C"**

6	Teyha Graham	10	George Little Rock	14.06	1.2	2
7	Breea Bockelmann	10	Westwood	14.17	1.2	2
8	Payton Goettsch	09	River Valley	14.69	0.3	1
9	Kylie Belt	09	Emerson-Hubbard	14.87	0.3	1
10	Louisa Hanson	09	Marc-Meri-Cleg	15.04	1.2	2
11	Mary Foley	12	River Valley	15.11	0.3	1
12	Payton Blanke	09	Emerson-Hubbard	15.19	0.3	1
13	Angeleah Hoefling	10	Marc-Meri-Cleg	15.52	0.3	1
14	Shawntal Acosta	10	Westwood	15.90	0.3	1
15	Paige Copple	09	Westwood	16.03	0.3	1

Girls 100 Meter Hurdles Class"C"

Meet: M 16.03 4/14/2012 Steph Rohe, Gehlen Catholic

Name	Year	School	Finals	Wind	H#	
1	Katie Atkins	12	Pierce NE	16.68	NWI	2
2	Morgan Whitehead	10	Gehlen Catholic	17.34	NWI	2
3	Sara Bohan	09	Dakota Valley	17.90	NWI	2
4	Renee Choquette	11	Westwood	18.34	NWI	2
5	Justine Zylstra	10	Canton High School	18.54	NWI	2
6	Jordyn Gentrup	11	Emerson-Hubbard	19.57	NWI	1
7	Gabby Todd	09	River Valley	19.60	NWI	1
8	Alysa Georgopoulos	12	River Valley	19.70	NWI	1
9	Abby Crawford	09	Westwood	20.05	NWI	1
10	Beth Sibenaller	10	Westwood	20.63	NWI	1

Girls 4x100 Meter Relay Class"C"

2 turn stagger

Meet: M 51.53 4/19/2008 Laurel-Concord, Laurel-Concord
K Gould, B DeLong, A Lunz, K Jacobsen

School	Finals	H#
1	Pierce NE 'A'	52.06 2
	1) Allison Koehlmoos 10	2) Jacy Bretschneider 11
	3) Katie Atkins 12	4) Casey Sutherland 09
2	Central Lyon 'A'	53.50 2
	1) Claire Snyder 11	2) Sarah Halse 10
	3) Morgan Herda 12	4) Lexi Ackerman 12
3	Ponca 'A'	53.74 2
	1) Kianna Kramper 10	2) Hailey Pollard 10
	3) Krystal Richards 12	4) Lexie Eifert 10
4	Emerson-Hubbard 'A'	54.26 2
	1) Marisa Blanke 12	2) Kylie Belt 09
	3) Payton Blanke 09	4) Abby Drieling 09
5	George Little Rock 'A'	54.35 2
	1) Rachel Williams 11	2) Jessica Sandbulte 11
	3) Madison Henning 10	4) Teyha Graham 10
6	Elk Point-Jefferson 'A'	55.58 2
	1) Audrey Truhe 12	2) Payton Donnelly 09
	3) Jessica Fejfar 10	4) Keely Bertram 11
7	West Monona 'A'	55.75 2
	1) Amanda Goodier 12	2) Mariaha Mamman 09
	3) Taylor Dietschy 09	4) Issabella Shull 09

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 4x100 Meter Relay Class"C"**

8 Westwood 'A'	56.45	1
1) Breea Bockelmann 10	2) Beth Sibenaller 10	
3) Megan Crawford 12	4) Renee Choquette 11	
9 Lawton-Bronson 'A'	56.81	1
1) Ali Verzani 09	2) Brooklynn Oleson 09	
3) Jessica Jager 12	4) Brooke Hunwardsen 09	
10 Marc-Meri-Cleg 'A'	59.03	1
1) Angeleah Hoefling 10	2) Brooklyn Treinen 09	
3) Rachael Meehan 09	4) Ashley Hurd 09	
-- South O'Brien 'A'	DQ	2
1) Karle Negus 10	2) Mikayla Hintz 11	
3) Brett Struve 10	4) Taylor Paulsen 11	

Girls 4x200 Meter Relay Class"C"

=====			
4 turn stagger			
Meet: M 1:47.98	4/19/2010	Central Lyon, Central Lyon	
		M Schleusner, K Eckenrod, K Cuperus, A Ackerman	
School		Finals	H#
=====			
1 Central Lyon 'A'	1:51.42	2	
1) Tori Figge 12	2) Claire Snyder 11		
3) Morgan Herda 12	4) Lexi Ackerman 12		
2 Dakota Valley 'A'	1:52.85	2	
1) McKenzie Mennenga 09	2) Olivia Ohm 10		
3) Morganne Pfaffle 11	4) Sara Bohan 09		
3 Ridge View 'A'	1:53.15	2	
1) Jadya Mohr 11	2) Gretchen Kistenmacher 12		
3) Rachel Hunt 12	4) Sydney Kistenmacher 11		
4 Gehlen Catholic 'A'	1:53.84	2	
1) Jordyn Nilles 11	2) Baily Wiltgen 11		
3) Katelin Langel 12	4) Morgan Whitehead 10		
5 South O'Brien 'A'	1:56.51	1	
1) Taylor Paulsen 11	2) Courtney Rehder 09		
3) Kaitlyn Aberson 12	4) Olivia Sickelka 10		
6 George Little Rock 'A'	1:56.97	2	
1) Jessica Sandbulte 11	2) Abigail Eben 12		
3) Madison Henning 10	4) Teyha Graham 10		
7 West Monona 'A'	1:58.13	1	
1) Amanda Goodier 12	2) Mariaha Mamman 09		
3) Taylor Dietschy 09	4) Issabella Shull 09		
8 Lawton-Bronson 'A'	2:01.52	2	
1) Ali Verzani 09	2) Brooklynn Oleson 09		
3) Anna Dreessen 09	4) Brooke Hunwardsen 09		
9 Elk Point-Jefferson 'A'	2:01.92	2	
1) Audrey Truhe 12	2) Jessica Fejfar 10		
3) Haylee Erickson 12	4) Payton Donnelly 09		
10 River Valley 'A'	2:04.02	1	
1) Payton Goettsch 09	2) Mary Foley 12		
3) Alysa Georgopoulos 12	4) Gabby Todd 09		
11 Marc-Meri-Cleg 'A'	2:04.37	1	
1) Angeleah Hoefling 10	2) Louisa Hanson 09		
3) Rachael Meehan 09	4) Brooklyn Treinen 09		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Girls 4x400 Meter Relay Class"C"**

3 turn stagger

Meet: M 4:14.24 4/19/2008 Elk Point-Jefferson, Elk Pt
A Erickson, H Wilkinson, A Murphy, C Strassburg

School Finals

1	Central Lyon 'A'	4:26.61
	1) Kori Schulte 12	2) Lexi Ackerman 12
	3) Morgan Herda 12	4) Tori Figge 12
2	Ridge View 'A'	4:28.21
	1) Rachel Hunt 12	2) Sydney Kistenmacher 11
	3) Gretchen Kistenmacher 12	4) Nicole Snyder 12
3	Ponca 'A'	4:29.68
	1) Kianna Kramper 10	2) Lexie Eifert 10
	3) Krystal Richards 12	4) Hailey Pollard 10
4	Elk Point-Jefferson 'A'	4:30.65
	1) Keely Bertram 11	2) Audrey Truhe 12
	3) Payton Donnelly 09	4) Caitlin Davis 12
5	South O'Brien 'A'	4:34.76
	1) Olivia Sickelka 10	2) Courtney Rehder 09
	3) Halee Rahbusch 11	4) Kaitlyn Aberson 12
6	Marc-Meri-Cleg 'A'	4:42.23
	1) Ashley Hurd 09	2) Haley Moser 10
	3) Rachael Meehan 09	4) Nicki Schwarz 11
7	West Monona 'A'	4:50.69
	1) Shania Shull 09	2) Mariaha Mamman 09
	3) Shayna Gries 09	4) Jewel Mann 12
8	George Little Rock 'A'	4:51.57
	1) Abigail Eben 12	2) Kiele Gerken 09
	3) Brooklyn Schneekloth 09	4) Jessica Sandbulte 11

Girls 1600 Sprint Medley Class"C"

3 turn stagger

Meet: M 4:26.86 4/20/1998 Sergeant Bluff-Luton, Serge
K. McGill, J. Kucera, C. Williams, C. Ebersole

School Finals

1	Ridge View 'A'	4:29.78
	1) Jadyn Mohr 11	2) Gretchen Kistenmacher 12
	3) Sydney Kistenmacher 11	4) Nicole Snyder 12
2	Canton High School 'A'	4:31.39
	1) Justine Zylstra 10	2) Hailey Toft 09
	3) Taylor Lohan 12	4) Halie McMains 09
3	Elk Point-Jefferson 'A'	4:31.77
	1) Keely Bertram 11	2) Audrey Truhe 12
	3) Caitlin Davis 12	4) Josie Hereen 09
4	Central Lyon 'A'	4:37.25
	1) Morgan Herda 12	2) Lexi Ackerman 12
	3) Tori Figge 12	4) Kori Schulte 12
5	South O'Brien 'A'	4:44.16
	1) Taylor Paulsen 11	2) Courtney Rehder 09
	3) Olivia Sickelka 10	4) Halee Rahbusch 11
6	Marc-Meri-Cleg 'A'	5:00.08
	1) Angeleah Hoefling 10	2) Hailee Roberts 09
	3) Haley Moser 10	4) Nicki Schwarz 11

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 1600 Sprint Medley Class"C"**

7 Maple Valley A-O 'A'		5:03.33
1) Kayla Morgan 10	2) Samatha Halbur 11	
3) Emalee Fundermann 09	4) Morgan Koenigs 12	
8 Westwood 'A'		5:06.91
1) Breea Bockelmann 10	2) Shawntal Acosta 10	
3) Jessica Holverson 09	4) Kelsie Lyon 11	

Girls 800 Meter Run OHS

Top 24

Meet: M 2:10.36 4/18/2011 Shelby Houlihan, East

Name	Year	School	Finals
1 Rebekah Topham	10	Griswold	2:23.08
2 Jordyn Sindt	12	Griswold	2:26.66
3 Hailey Pollard	10	Ponca	2:27.31
4 Josie Hereen	09	Elk Point-Jefferson	2:29.49
5 Lindsay Joyce	11	Bishop Heelan	2:30.33
6 Lauren Bleeker	09	Bishop Heelan	2:33.58
7 Erika Douma	11	Western Christian	2:33.88
8 Abby Schorg	12	Remsen Union	2:34.56
9 Haley Fritza	09	South Sioux City	2:34.76
10 Jacki Hoogland	10	Unity Chrst- OC	2:35.40
11 Halee Rahbusch	11	South O'Brien	2:36.29
12 Sarah Bauermeister	09	Spencer	2:37.62
13 Augusta Thramer	09	South Sioux City	2:38.30
14 Emma Tighe	10	Spencer	2:38.52
15 Miranda Hulstein	11	Western Christian	2:40.62
16 Kaitlyn Aberson	12	South O'Brien	2:40.84
17 Payton Rush	09	Griswold	2:41.83
18 Brooke Hunwardsen	09	Lawton-Bronson	2:43.14
19 Mia Graham	09	George Little Rock	2:44.63
-- Maddie Bain	12	Kp/Wc	DNF

Girls 1500 Meter Run OHS

Top 32

Meet: M 4:30.67 4/23/2011 Ramsey Kavan, Yankton

Name	Year	School	Finals
1 Rebekah Topham	10	Griswold	4:57.84
2 Lindsay Joyce	11	Bishop Heelan	5:00.28
3 Dondi Schmidt	11	Spirit Lake Park	5:04.90
4 Cassidy DeJong	10	Unity Chrst- OC	5:14.07
5 Maddie Bain	12	Kp/Wc	5:14.38
6 Erika Douma	11	Western Christian	5:16.07
7 Taylor Lohan	12	Canton High School	5:17.54
8 Jacki Hoogland	10	Unity Chrst- OC	5:19.38
9 Bailey Hare	10	Oa-Bcig	5:20.38
10 Halle Still	10	Kp/Wc	5:21.25
11 Brianna Waugh	09	Cb- A Lincoln	5:22.13
12 Sadie Petersen	10	Laurel-Conco	5:22.89
13 Lauren Luft	09	Bishop Heelan	5:24.88
14 Nicki Schwarz	11	Marc-Meri-Cleg	5:26.33
15 Emma Sealey	09	Bishop Heelan	5:29.90

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 1500 Meter Run OHS**

16	Bailey Starner	11	Glenwood	5:30.57
17	Mariah Wills	12	Spirit Lake Park	5:30.88
18	Kenzie Theisen	10	LeMars	5:30.98
19	Megan Adams	10	Sb-Luton	5:31.96
20	Salli Valdez	10	Moc-Fv	5:32.41
21	Shelby Boettcher	10	Sioux City West	5:33.96
22	Kendra Bauermeister	09	Spencer	5:35.73
23	Whitney Zenk	12	LeMars	5:37.48
24	Jaycee Vander Berg	10	Moc-Fv	5:37.59
25	Hailee Roberts	09	Marc-Meri-Cleg	5:37.66
26	Daly Tighe	12	Spencer	5:39.93
27	Clare Eckard	11	Okoboji	5:44.53
28	Paige Noble	11	Sc- North	5:45.55
29	Jessica Johns	09	Sb-Luton	5:55.58

Girls 3000 Meter Run OHS

Top 32

Meet: M 9:57.23 4/23/2005 Ramsey Kavan, Yankton

Name	Year	School	Finals
1	Halie McMains	09 Canton High School	11:19.25
2	Kenzie Theisen	10 LeMars	11:23.29
3	Mariah Wills	12 Spirit Lake Park	11:35.95
4	Jaycee Vander Berg	10 Moc-Fv	11:42.31
5	Hailee Roberts	09 Marc-Meri-Cleg	12:13.61
6	Alyssa Krohn	09 Moc-Fv	12:14.87
7	Daly Tighe	12 Spencer	12:19.26
8	Marissa Mareck	12 LeMars	12:19.80
9	Rebekah Olson	10 Spirit Lake Park	12:49.53
10	Shannah Unseld	10 Pierce NE	12:54.88
11	Olivia Goettsch	11 River Valley	13:04.49
12	Selma DeAnda	12 South Sioux City	13:04.57
13	Erin Bandstra	09 Unity Chrst- OC	13:17.70
14	Jennie Droog	10 Unity Chrst- OC	13:21.83
15	Amanda Wilmesherr	Bishop Heelan	13:26.99
16	Claire Schaefer	Bishop Heelan	13:29.22
17	Maddie VansCoy	12 Glenwood	14:10.74

Girls 400 Meter Hurdles OHS

Top 24 by time

Meet: M 1:04.92 4/19/2006 Jacqui Kalin, SC North

Name	Year	School	Finals	H#
1	Taylor Glover	12 Spencer	1:05.78	3
2	Kim Kroeze	12 Western Christian	1:05.81	3
3	Jordyn Sindt	12 Griswold	1:07.43	3
4	Shauna Folchert	10 Sc- North	1:10.10	3
5	Justine Zylstra	10 Canton High School	1:11.22	3
6	Sara Bohan	09 Dakota Valley	1:12.52	2
7	Caitlin Cain	11 Sheldon	1:12.55	1
8	Morganne Pfaffle	11 Dakota Valley	1:12.77	2
9	Olivia Albright	10 Okoboji	1:12.89	2
10	Kassidy DeJong	10 Unity Chrst- OC	1:12.93	2

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 400 Meter Hurdles OHS**

11	Miranda Ruth	09	Glenwood	1:12.94	1
12	Kendra Stokke	12	Spirit Lake Park	1:13.10	3
13	Gretchen Kistenmacher	12	Ridge View	1:14.55	3
14	Annie Fitzsimmons	10	Bishop Heelan	1:14.72	1
15	Mariah Cates	12	Oa-Bcig	1:14.95	1
16	Sam Wielenga	12	Moc-Fv	1:15.78	2
17	Jenna McCoy	10	Spirit Lake Park	1:16.24	2
18	Amanda Schwartz	09	LeMars	1:16.69	2
19	Brooke Skirvin	09	Oa-Bcig	1:17.03	1
20	Morgan Hansen	12	South Sioux City	1:18.00	1
21	Holly Schneider	10	LeMars	1:18.24	2
22	Halie Darrow	10	Glenwood	1:18.65	1
23	Hannah Hennings	10	Cb- A Lincoln	1:19.23	1

Girls 4x800 Meter Relay OHS

 Top 16 teams by time

1 turn stagger

 Meet: M 9:15.76 4/19/2006 SF Roosevelt, Sioux Falls R
 B. Thune, D. Dalon, A. Eckert, K. Eckert

School	Finals
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1	Unity Chrst- OC 'A'	10:18.39
	1) Jill Schouten 12	2) Jacki Hoogland 10
	3) Anna Kiel 09	4) Kassidy DeJong 10
2	Spirit Lake Park 'A'	10:18.39
	1) Dondi Schmidt 11	2) Taylor Sieperda 10
	3) Emma Dau 10	4) Mariah Wills 12
3	Bishop Heelan 'A'	10:18.84
	1) Lauren Graves 10	2) Lauren Luft 09
	3) Lindsay Joyce 11	4) Carson Leiting 12
4	Moc-Fv 'A'	10:23.06
	1) Jade Hanson 12	2) Daphne Heimensen 10
	3) Kelsey Lang 09	4) Jaycee Vander Berg 10
5	Spencer 'A'	10:29.17
	1) Emma Tighe 10	2) Claire Eagan 10
	3) Sarah Bauermeister 09	4) Kendra Bauermeister 09
6	Central Lyon 'A'	10:30.80
	1) Sarah Halse 10	2) Claire Snyder 11
	3) Kori Schulte 12	4) Tori Figge 12
7	Sioux Center 'A'	10:34.08
	1) Haley Sitzmann 10	2) Madison Beaver 10
	3) Mariah Hulstein 10	4) Denae Doornink 12
8	Maple Valley A-0 'A'	10:42.91
	1) Morgan Koenigs 12	2) Emalee Fundermann 09
	3) Kayla Morgan 10	4) Samatha Halbur 11
9	South O'Brien 'A'	10:45.71
	1) Olivia Sickelka 10	2) Courtney Rehder 09
	3) Kaitlyn Aberson 12	4) Halee Rahbusch 11
10	South Sioux City 'A'	10:47.22
	1) Haley Fritza 09	2) Augusta Thramer 09
	3) Taylor Bleil 12	4)
11	LeMars 'A'	10:47.25
	1) Meredith Rand 12	2) Mickie Theisen 12
	3) Katrina Engebretson 09	4) Yashila Permeswaran 12

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls 4x800 Meter Relay OHS**

12 Oa-Bcig 'A'		11:02.45
1) Bailey Hare 10	2) Jensen Boger 11	
3) Brooke Skirvin 09	4) Presley Cranston 10	
13 Okoboji 'A'		11:03.47
1) Olivia Albright 10	2) Megan Peschong 09	
3) Elizabeth Ellrich 12	4) Clare Eckard 11	
14 Cb- A Lincoln 'A'		11:42.73
1) Brianna Waugh 09	2) Ali Heithoff 12	
3) Alexa Murphy 10	4) CeCe Saldana 09	
15 Marc-Meri-Cleg 'A'		11:46.56
1) Hailee Roberts 09	2) Haley Moser 10	
3) Brooklyn Treinen 09	4) Ashley Hurd 09	

Girls 4x100 Meter Shuttle Hurdle OHS

Meet: M 1:08.19 4/14/2012 Gehlen Catholic, Gehlen Cathol
K Langel, N Ryan, K Roberts, S Rohe

School Finals H#

1 Spencer 'A'		1:07.91M	2
1) Ali Meister 12	2) Kelli Kramer 10		
3) Karis Rhode 10	4) Taylor Glover 12		
2 Gehlen Catholic 'A'		1:11.82	2
1) Emily Holtgrewe 12	2) Baily Wiltgen 11		
3) Katelin Langel 12	4) Morgan Whitehead 10		
3 LeMars 'A'		1:12.78	1
1) Cassandra Martin 10	2) Megan Schwartz 09		
3) Morgan Ohm 12	4) Holly Schneider 10		
4 Glenwood 'A'		1:13.91	2
1) Miranda Ruth 09	2) Ashley Konfrst 10		
3) Halie Darrow 10	4) Olivia Scarborough 09		
5 Sc- East 'A'		1:14.76	1
1) Jordyn Anderson 12	2) Shaina McCullough 12		
3) Megan Wolf 12	4) Carley Huisenga 12		
6 Bishop Heelan 'A'		1:15.86	1
1) Rachel Vondrak 10	2) Annie Fitzsimmons 10		
3) Lakin MacGregor 09	4) Mackenzie Geary 12		
7 South Sioux City 'A'		1:17.44	2
1) Hailey Hinds 11	2) Morgan Hansen 12		
3) Shaylee Fisher 09	4) Kim Fischer 10		
8 Westwood 'A'		1:17.87	1
1) Megan Crawford 12	2) Abby Crawford 09		
3) Beth Sibenaller 10	4) Renee Choquette 11		

Girls High Jump OHS

Starting height 4'8"

Meet: M 5-07.50 4/20/2006 Megan Glisar, Hanah Wilkinson, SBL, E

Name Year School Finals

1 Alexis Conaway	11	Moc-Fv	5-07.00	1.70m
2 Jaci Brahmer	09	Pierce NE	5-06.00	1.67m
3 Mackenzie Geary	12	Bishop Heelan	5-02.00	1.57m
4 Anna Kiel	09	Unity Chrst- OC	5-00.00	1.52m
5 Ali Meister	12	Spencer	4-10.00	1.47m

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls High Jump OHS**

6	Darby Jones	11	Okoboji	J4-10.00	1.47m
7	Katie TeGrotenhuis	09	Sioux Center	J4-10.00	1.47m
8	Krystina Koepke	12	Pierce NE	J4-10.00	1.47m
9	Kassidy DeJong	10	Unity Chrst- OC	J4-10.00	1.47m
10	Katie Landhuis	11	Moc-Fv	4-08.00	1.42m
10	Kaisha Billings	11	Sc- North	4-08.00	1.42m
10	Mariah McCarty	11	Gehlen Catholic	4-08.00	1.42m
--	Emalee Fundermann	09	Maple Valley A-O	NH	
--	Carli Robinson	09	Sb-Luton	NH	
--	Paxton Throne	09	Sb-Luton	NH	
--	Annie Fitzsimmons	10	Bishop Heelan	NH	
--	Lauren Lennon	10	Sb-Luton	NH	
--	Lexie Petersen	10	Oa-Bcig	NH	
--	Marti Vogel	11	Sheldon	NH	
--	Hannah McCue	10	Glenwood	NH	

Girls Long Jump OHS

Meet: M 17-09.50 4/20/1996 Delena Hanes, Bellvue West

Name	Year	School	Finals	Wind
1	Elizabeth Bohlmann	11 Sc- East	5.19m	NWI 17-00.50
	FOUL	5.19m(NWI) FOUL	4.84m(NWI) FOUL	4.94m(NWI)
2	Mallory Cates	12 Oa-Bcig	5.03m	NWI 16-06.00
	4.74m(NWI) 5.03m(NWI)	4.88m(NWI) FOUL	4.70m(NWI)	4.89m(NWI)
3	Katelyn Probst	11 Moc-Fv	4.79m	NWI 15-08.75
	4.55m(NWI) 4.79m(NWI)	4.61m(NWI) 4.59m(NWI)	4.57m(NWI)	4.67m(NWI)
4	Clare Kortlever	09 Sioux Center	4.77m	NWI 15-07.75
	4.43m(NWI) 4.77m(NWI)	4.53m(NWI) 4.37m(NWI)	FOUL	4.48m(NWI)
5	Megan Crawford	12 Westwood	4.64m	NWI 15-02.75
	FOUL	4.64m(NWI) FOUL	FOUL	4.42m(NWI) FOUL
6	Gretchen Kistenmacher	12 Ridge View	4.62m	NWI 15-02.00
	4.61m(NWI) 4.51m(NWI)	4.58m(NWI) 4.42m(NWI)	4.60m(NWI)	4.62m(NWI)
7	Reiny Ostrander	11 Glenwood	4.60m	NWI 15-01.25
	4.45m(NWI) 4.41m(NWI)	4.60m(NWI) 4.45m(NWI)	4.24m(NWI)	4.32m(NWI)
8	Morgan Koenigs	12 Maple Valley A-O	4.59m	NWI 15-00.75
	4.38m(NWI) 4.53m(NWI)	FOUL	4.40m(NWI)	4.59m(NWI) 4.50m(NWI)
9	Allison Koehlmoos	10 Pierce NE	4.52m	NWI 14-10.00
	4.52m(NWI) 4.46m(NWI)	4.14m(NWI)		
10	Rachelle Tucker	10 Pierce NE	4.45m	NWI 14-07.25
	4.26m(NWI) 4.35m(NWI)	4.45m(NWI)		
11	Jenna McCoy	10 Spirit Lake Park	4.41m	NWI 14-05.75
	4.41m(NWI) FOUL	FOUL		
11	Kati Kneifl	10 Sheldon	4.41m	NWI 14-05.75
	FOUL	4.17m(NWI) 4.41m(NWI)		
11	Justine Van Sloten	10 Unity Chrst- OC	4.41m	NWI 14-05.75
	4.34m(NWI) 4.24m(NWI)	4.41m(NWI)		
14	Marisa Blanke	12 Emerson-Hubbard	4.39m	NWI 14-05.00
	4.39m(NWI) 4.11m(NWI)	4.32m(NWI)		
14	Kayla Inlay	10 Sc- East	4.39m	NWI 14-05.00
	FOUL	4.39m(NWI) FOUL		
16	Kylee Hickman	11 Bishop Heelan	4.37m	NWI 14-04.00
	4.29m(NWI) FOUL	4.37m(NWI)		
17	Grace Hanno	09 Bishop Heelan	4.34m	NWI 14-03.00
	4.28m(NWI) FOUL	4.34m(NWI)		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls Long Jump OHS**

17	Ali Meister	12	Spencer	4.34m	NWI	14-03.00
	FOUL	4.15m(NWI)	4.34m(NWI)			
19	Lila Peterson	10	South Sioux City	4.31m	NWI	14-01.75
	FOUL	FOUL	4.31m(NWI)			
20	Emily TeGrotenhuis	10	Sioux Center	4.29m	NWI	14-01.00
	4.27m(NWI)	4.16m(NWI)	4.29m(NWI)			
21	Taylor Ferguson	09	Bishop Heelan	4.27m	NWI	14-00.25
	4.06m(NWI)	4.27m(NWI)	4.19m(NWI)			
22	Olivia Goettsch	11	River Valley	4.25m	NWI	13-11.50
	4.25m(NWI)	FOUL	FOUL			
23	Emalee Fundermann	09	Maple Valley A-O	4.23m	NWI	13-10.50
	3.69m(NWI)	4.23m(NWI)	FOUL			
24	Brett Struve	10	South O'Brien	4.14m	NWI	13-07.00
	4.14m(NWI)	FOUL	FOUL			
25	Caitlin Davis	12	Elk Point-Jefferson	4.13m	NWI	13-06.75
	FOUL	FOUL	4.13m(NWI)			
26	Holly Schneider	10	LeMars	4.07m	NWI	13-04.25
	FOUL	FOUL	4.07m(NWI)			
27	Crystal Holloway	10	South Sioux City	3.84m	NWI	12-07.25
	3.84m(NWI)	FOUL	FOUL			
28	Darein Martinson	09	Sb-Luton	3.75m	NWI	12-03.75
	FOUL	3.75m(NWI)	FOUL			
29	Courtney Johnson	10	Cherokee	3.70m	NWI	12-01.75
	FOUL	3.70m(NWI)	FOUL			
30	Macin Appleton	09	South Sioux City	3.65m	NWI	11-11.75
	3.65m(NWI)	FOUL	FOUL			
--	Sarah Salerno	11	Glenwood	FOUL		
	FOUL	FOUL	FOUL			

Girls Shot Put OHS

Standard for measurement 35'								
Meet: M 45-01.25 4/20/1989 Lisa VanSteenwyk, West Lyons								
Name	Year	School						Finals
1	Kiana Phelps	09	Kp/Wc	39-02.00	11.93m			
	36-05	36-06	35-05.50	FOUL	39-02	FOUL		
2	Andrea Urban	11	LeMars	37-04.00	11.37m			
	FOUL	37-04	36-08.50	36-09	FOUL	37-02		
3	Miles Ludwigs	11	Sb-Luton	37-03.00	11.35m			
	34-08	36-05	37-03	35-04.50	35-07	35-03.50		
4	Ira De Jong	11	Moc-Fv	36-09.50	11.21m			
	36-02	34-08	35-01	36-09.50	36-04	36-00		
5	Brook Jacobsma	12	Moc-Fv	35-09.00	10.89m			
	33-03	35-09	FOUL	FOUL	32-10.50	34-00.50		
6	Cheyenne Wilcke	11	Oa-Bcig	35-02.00	10.71m			
	FOUL	35-02	34-06	35-02	32-06	33-08		
7	Tanya Meyer	11	Sioux City West	34-11.50	10.65m			
	34-11	33-07	34-11.50	34-10	33-02	32-03		
8	Jacy Embray	10	Glenwood	34-05.00	10.49m			
	34-05	34-04	33-11.50	34-03	31-11	34-01.50		
9	Kelsey Meyer	11	Western Christian	33-10.00	10.31m			
	32-03	33-10	FOUL					
10	Linnaea Konfrst	09	Glenwood	33-02.00	10.10m			
	32-00	32-06	33-02					

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Girls Shot Put OHS**

11 Haylee Erickson	12 Elk Point-Jefferson	32-06.00	9.90m
32-01 32-06 32-02.50			
12 Abby Taylor	11 Okoboji	32-04.00	9.85m
30-09 31-00 32-04			
12 Ashley Phelan	12 LeMars	32-04.00	9.85m
29-01 32-04 31-04			
14 Dani Lane	09 South Sioux City	32-00.00	9.75m
32-00 31-10 31-09.50			
15 Atlanta Lundstrom	12 Canton High School	31-11.00	9.72m
FOUL 31-11 31-06			
16 Maggie Sedivy	10 South Sioux City	31-09.50	9.69m
31-09.50 30-10 30-04			
17 Maddi Medbourn	10 South Sioux City	31-04.00	9.55m
31-00 27-07 31-04			
18 Kaitlyn Parrot	10 Cherokee	31-01.00	9.47m
30-09.50 30-01 31-01			
19 Chantelle DeHaan	11 Unity Chrst- OC	31-00.00	9.44m
31-00 FOUL FOUL			
20 Alyssa Hinojosa	12 Oa-Bcig	30-11.50	9.43m
FOUL 30-11.50 FOUL			
21 Ali Verzani	09 Lawton-Bronson	30-10.50	9.41m
FOUL FOUL 30-10.50			
22 Allie Verzani	10 Bishop Heelan	30-06.00	9.29m
28-05.50 30-06 FOUL			
23 Hannah Van Roekel	09 Unity Chrst- OC	29-06.50	9.00m
29-06.50 29-02 28-10			
24 Robin Vis	12 Western Christian	29-05.00	8.96m
29-05 28-04 28-04.50			
25 Jaylee Lester	10 Bishop Heelan	29-01.00	8.86m
28-07 28-09.50 29-01			
26 Sierra Matthews	11 South O'Brien	28-10.00	8.78m
FOUL 28-09 28-10			
27 Madison Heaton	09 Bishop Heelan	27-07.50	8.42m
27-07.50 26-05.50 27-05			
28 Justicey Tieck	09 Sc- East	27-01.50	8.26m
25-08 27-01.50 26-09			
29 Rainey Vogt	10 Sb-Luton	26-08.00	8.12m
26-03 26-04.50 26-08			

Girls Discus Throw OHS

Standard measurement 100'

Meet: M 151-08 4/20/2003 Rachel Jansen, MOC-Floyd Valley

Name	Year	School	Finals
1 Kiana Phelps	09	Kp/Wc	127-08 38.91m
FOUL 108-06 FOUL 127-08 FOUL FOUL			
2 Brook Jacobsma	12	Moc-Fv	119-06 36.42m
118-07 109-08 FOUL 112-03 110-01 119-06			
3 Dawn Henderson	10	Marc-Meri-Cleg	107-07 32.79m
104-03 FOUL 107-07 105-07 FOUL 100-01			
4 Cheyenne Wilcke	11	Oa-Bcig	107-02 32.66m
78-01 102-00 107-02 104-00 FOUL FOUL			
5 Maggie Sedivy	10	South Sioux City	102-02 31.14m
87-06 102-02 FOUL 95-10 94-00 101-02			

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013

Olsen Stadium

Results

....Girls Discus Throw OHS

6	Mary Kate Eckstaine	12	LeMars	100-05	30.60m
	100-05 93-07 98-06	FOUL	87-00 96-00		
7	Miles Ludwigs	11	Sb-Luton	98-07	30.04m
	92-07 98-07 96-09	97-04	97-10 97-01		
8	Abby Taylor	11	Okoboji	97-10	29.81m
	FOUL 97-10 87-08	95-10	95-09 91-03		
9	Sierra Matthews	11	South O'Brien	96-11	29.54m
	96-11 91-03 95-08	FOUL	FOUL FOUL		
10	Bailey Starner	11	Glenwood	95-05	29.08m
	94-00 95-05	FOUL			
11	Alyssa Hinojosa	12	Oa-Bcig	95-01	28.98m
	FOUL 95-01	FOUL			
12	Jaylee Lester	10	Bishop Heelan	94-07	28.82m
	90-03 94-07	FOUL			
13	Dani Lane	09	South Sioux City	93-08	28.54m
	81-06 93-08	91-07			
14	Hannah Van Roekel	09	Unity Chrst- OC	92-06	28.19m
	92-06 90-01	90-07			
15	Myranda Starner	09	Glenwood	91-08	27.94m
	91-08 78-04	86-11			
16	Atlanta Lundstrom	12	Canton High School	91-02	27.78m
	FOUL FOUL	91-02			
17	Chantelle DeHaan	11	Unity Chrst- OC	90-09	27.66m
	FOUL 90-09	FOUL			
18	Allie Verzani	10	Bishop Heelan	90-08	27.63m
	85-05 90-04	90-08			
19	Kelsey Meyer	11	Western Christian	89-01	27.15m
	85-07 89-01	FOUL			
20	Shalene Richart	10	Pierce NE	88-06	26.97m
	79-00 FOUL	88-06			
21	Ira De Jong	11	Moc-Fv	86-09	26.44m
	86-09 82-01	FOUL			
22	Autumn Wahl	11	Sheldon	86-05	26.33m
	FOUL 84-04	86-05			
23	Cassidy Fox	09	Spencer	82-06	25.14m
	FOUL 82-06	FOUL			
24	Kristen Wyant	10	Sioux City West	81-01	24.71m
	79-05 81-01	72-11			
25	Tanya Meyer	11	Sioux City West	79-07	24.25m
	77-05 79-07	76-00			
26	Justicey Tieck	09	Sc- East	77-04	23.57m
	67-00 77-04	76-00			
27	Robin Vis	12	Western Christian	76-09	23.39m
	FOUL 76-09	FOUL			
28	Maddi Medbourn	10	South Sioux City	75-03	22.93m
	75-03 FOUL	FOUL			
29	Hannah Stier	10	Westwood	74-11	22.83m
	72-05 74-11	68-08			
--	Cassie Kruse	12	Glenwood	FOUL	
	FOUL FOUL	FOUL			

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Girls 100 Meter Dash Elite**

Meet: M 12.56 4/17/2004 Ashlea Johnson, Yankton					
Name	Year	School	Finals	Wind	
1	Yasmeen Rose	10 Bishop Heelan	13.04	-1.0	
2	Peyton Holman	12 Cb- A Lincoln	13.16	-1.0	
3	Madison Hemer	10 Oa-Bcig	13.28	-1.0	
4	Casey Sutherland	09 Pierce NE	13.32	-1.0	
5	Jacy Bretschneider	11 Pierce NE	13.46	-1.0	
6	Rebekah Muilenburg	10 Moc-Fv	13.51	-1.0	
7	Courtney Magnussen	10 Glenwood	13.53	-1.0	
8	Taylor Ferguson	09 Bishop Heelan	13.60	-1.0	

Girls 100 Meter Hurdles Elite

Meet: M 14.80 4/18/2009 Nevada Sorenson, Sioux Falls Linco					
Name	Year	School	Finals	Wind	
1	Ali Meister	12 Spencer	15.39	-0.1	
2	Mackenzie Geary	12 Bishop Heelan	16.38	-0.1	
3	Katie Atkins	12 Pierce NE	16.64	-0.1	
4	Jenna McCoy	10 Spirit Lake Park	16.68	-0.1	
5	Caitlin Cain	11 Sheldon	16.96	-0.1	
6	Cally Hatting	12 Sheldon	17.18	-0.1	
7	Karis Rhode	10 Spencer	17.37	-0.1	
8	Olivia Scarborough	09 Glenwood	17.38	-0.1	

Women 100 Meter Dash UCO

Meet: M 11.82 4/16/1994 Marie Brown, South Dakota					
Name	Year	School	Finals	Wind	H#
1	Neeia Cooperwood	SO Morningside	12.29	1.2	6
2	Maggie Marker	SO Buena Vista	12.57	1.2	6
3	Dani Moyer	SR Sioux Falls Univ	12.74	1.2	6
4	Leah Wensmann	SR Sioux Falls Univ	12.79	1.2	6
5	MaKenzie Hageman	FR Dakota Wesleyan	12.84	1.2	6
6	DeAndra Richardson	JR Sioux Falls Univ	12.90	1.2	6
7	Laura Eberly	SO Buena Vista	12.98	-0.1	5
8	Colleen Everson	JR Augustana	13.03	-0.1	5
9	Robyn Blount	SO Dordt	13.09	-0.1	5
10	Marisa Broersma	SO Dordt	13.11	0.1	4
11	Kirsten Nyberg	SO Augustana	13.11	1.2	6
12	Casey James	SO Buena Vista	13.14	1.2	6
13	Gina Sementa	SO Briar Cliff	13.31	0.1	4
14	Jasmin Schelhaas	FR Dordt	13.33	-0.1	5
15	Katie Larsen	SO Buena Vista	13.34	0.1	4
16	Laura Popanz	SO Augustana	13.43	-0.1	5
17	Kaylynn Erlandson	FR Augustana	13.55	0.1	4
18	Payton Wilkenfeld	FR Southwestern	13.56	0.1	4
19	Ashley Schneider	JR Northwestern	13.57	0.1	4
20	Emily Culver	FR Northwestern	13.73	-0.4	3
21	Kaley Folkerts	FR Southwestern	13.92	-0.4	3
22	Allison Schreiner	FR Morningside	13.97	0.1	4
23	Layce Johnson	JR Northwestern	14.09	0.6	2
24	Ebony Stone	FR Morningside	14.10	-0.4	3

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****...Women 100 Meter Dash UCO**

25	Brittany Popp	FR	Jamestown	14.15	0.1	4
26	Madison Yohe	FR	Northwestern	14.23	0.6	2
27	Emerald Gyuricza	FR	Jamestown	14.24	0.6	2
28	Kristin Klocksien	FR	Southwestern	14.26	-0.4	3
29	Karen Fischer	SO	Dordt	14.47	-0.4	3
30	Brei Theisen	FR	Southwestern	14.58	0.6	2
31	Josie Bopp	SO	Jamestown	14.62	-0.4	3
32	Karmen Nyberg	JR	Augustana	14.80	-0.1	5
33	Giovanna Romero Sarubbi	JR	Dordt	14.82	-0.4	3
34	Trisha Sem	FR	Jamestown	15.06	-0.4	3
35	Nichole Johansen	FR	Jamestown	15.09	0.6	2

Women 400 Meter Dash UCO

Meet: M 55.71 4/19/2001 Sharline Maxwell, Briar Cliff

Name	Year	School	Finals	H#	
1	Neeia Cooperwood	SO	Morningside	59.56	3
2	Lauren Spranger	FR	Northwestern	1:00.90	3
3	Stephanie Uher	SR	Dakota State	1:03.48	3
4	Callie Buske	FR	Northwestern	1:03.73	2
5	Alyssa Sanders	SO	Jamestown	1:03.91	3
6	Jackie Niewenhuis	JR	Northwestern	1:04.44	3
7	Jessie Hamman	FR	Morningside	1:04.63	2
8	Bernie Bachel	SR	Jamestown	1:05.41	2
9	Victoria Sopko	FR	Dakota State	1:05.88	2
10	Allison Schreiner	FR	Morningside	1:06.20	3
11	Kayla Arlt	SO	Morningside	1:07.81	2
12	Alex Howrey	SO	Morningside	1:08.23	2
13	Sarah Wittenberg	SO	Northwestern	1:08.39	1
14	Jessica Sawatzky	FR	Northwestern	1:09.82	1
15	Meaghan Wilson	FR	Morningside	1:12.12	1
16	Brei Theisen	FR	Southwestern	1:13.67	1
17	Ebony Stone	FR	Morningside	1:14.01	1

Women 800 Meter Run UCO

Meet: M 2:09.89 4/17/2000 Lisbeth Pedersen, unattached

Name	Year	School	Finals	H#	
1	Breanna Mathes	SR	Morningside	2:16.28	3
2	Mckenzie Reece	SR	Morningside	2:20.62	3
3	Jennifer Petsche	FR	Morningside	2:21.00	3
4	Aleona Reyes	SO	Jamestown	2:23.83	3
5	Hailee Heitkamp	SO	Morningside	2:24.10	3
6	Brianna Hobbs	SR	Northwestern	2:26.08	2
7	Stephanie Warnke	SR	Dakota State	2:26.49	3
8	Samantha Goff	FR	Jamestown	2:26.75	2
9	Shelby Hall	FR	Morningside	2:28.05	2
10	Kayla Sveen	FR	Dakota State	2:28.88	3
11	Dawn Gildersleeve	JR	Northwestern	2:29.79	3
12	Skylar Forgey	FR	Dakota Wesleyan	2:30.67	2
13	Lisa Ryan	FR	Unattached	2:32.22	2
14	Rachel Perish	FR	Jamestown	2:33.69	2
15	Halie Hoch	FR	Morningside	2:35.02	2

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women 800 Meter Run UCO**

16	Nicole Kramer	SO Briar Cliff	2:35.26	2
17	Haley Gowery	FR Briar Cliff	2:35.74	1
18	Jessie Byrnes	SO Morningside	2:35.77	2
19	Anna Hart	FR Morningside	2:35.87	1
20	Brooke Fritz	FR Dakota State	2:37.78	2
21	Tess Byrd	FR Mount Marty	2:39.70	1
22	Ariel Turnquist	JR Morningside	2:39.99	1
23	Tasha Lechtenberg	FR Morningside	2:40.88	1
24	Cassie Burnside	JR Morningside	2:41.48	1
25	Tressa Miller	JR Morningside	2:43.17	1
26	Kayleen Gupman	SR Dakota Wesleyan	2:47.20	1
27	Jade Steinberg	SR Mount Marty	2:59.17	1
28	Heather Banister	JR Dakota Wesleyan	3:07.14	1
--	Elizabeth Kube	FR Morningside	DQ	1

Women 1500 Meter Run UCO

Meet: M 4:33.84 4/14/2012 Runa Falch, Augustana

Name	Year	School	Finals	H#
1	Runa Falch	SR Augustana	4:34.15	4
2	Kristin Brondbo	JR Augustana	4:36.01	4
3	Erin Curran	SR Black Hills Stat	4:38.93	4
4	Katie Wetzstein	FR South Dakota	4:41.42	4
5	Breanna Mathes	SR Morningside	4:45.70	4
6	Megan Hilson	SO South Dakota	4:45.72	4
7	Amber Eichkorn	FR South Dakota	4:50.42	4
8	Molly Kokesh	SR Augustana	4:51.23	3
9	Kaitlyn Yoerg	SO Augustana	4:51.32	3
10	Renee Buikema	SO Dordt	4:51.40	3
11	Ali Gress	JR South Dakota	4:51.70	4
12	Megan Brown	SO Augustana	4:52.43	3
13	Hailee Heitkamp	SO Morningside	4:52.52	3
14	Merissa Harkema	SR Dordt	4:52.85	3
15	Kristin Steffen	JR South Dakota	4:53.49	4
16	Britni Waller	JR South Dakota	4:53.97	4
17	Mckenzie Reece	SR Morningside	4:55.96	3
18	Abby De Vries	SO Dordt	4:56.13	3
19	Kayla Byl	SO Dordt	4:56.40	3
20	Jilanne Doom	SO South Dakota	5:00.92	3
21	Carol Miller	SR South Dakota	5:02.30	4
22	Lillie Koerner	SO Dordt	5:03.53	2
23	Kelsey Barrett	FR South Dakota	5:05.16	3
24	Erin Nolz	FR SD State	5:06.02	2
25	Leslie Stover	SR Northwestern	5:11.65	2
26	Tia Carlson	FR SD State	5:14.07	2
27	Amy VanSike	SR Northwestern	5:16.22	3
28	Skylar Forgey	FR Dakota Wesleyan	5:18.96	2
29	Laura Bauer	SR SD State	5:20.79	2
30	Carly Holmstrom	FR South Dakota	5:22.36	2
31	Jessie Byrnes	SO Morningside	5:22.56	2
32	Tasha Lechtenberg	FR Morningside	5:23.29	1
33	Emily Feyereisen	FR South Dakota	5:23.59	2
34	Anna Hart	FR Morningside	5:29.74	1
35	Halie Hoch	FR Morningside	5:29.79	2

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women 1500 Meter Run UCO**

36	Katie Droog	SO	Dordt	5:30.44	2
37	Elizabeth Kube	FR	Morningside	5:34.60	2
38	Regina Hafner	SO	Southwestern	5:38.85	1
39	Joleen Wilhelm	SO	Northwestern	5:39.07	1
40	Brooke Fritz	FR	Dakota State	5:39.92	1
41	Jill McInnis	SO	Northwestern	5:40.24	1
42	Tressa Miller	JR	Morningside	5:41.48	2
43	Kayleen Gupman	SR	Dakota Wesleyan	5:42.10	1
44	Laura Kelderman	FR	Dordt	5:44.86	2
45	Anastasia Asimakopoulos	FR	Dakota State	5:44.95	1
46	Andrea Kontor	FR	Briar Cliff	5:50.73	1
47	Emily Nienhuis	FR	Northwestern	5:52.78	1
48	Cassie Burnside	JR	Morningside	5:54.85	1
49	Megan Aschoff	FR	Briar Cliff	6:04.89	1
50	Amber Wiebenga	SO	Dakota State	6:10.44	1
51	Abigail Chihak	SO	Briar Cliff	6:49.10	1
52	Miranda Pribil	FR	Mount Marty	6:54.21	1

Women 5000 Meter Run UCO

Meet: M 17:11.87 4/19/2010 Runa Faich, Augustana

Name	Year	School	Finals
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1	Kelley Thurman	FR	Northwestern	19:33.70
2	Amber Sandbulte	SO	Northwestern	19:37.26
3	Nicole Ausborn	SO	Morningside	19:40.58
4	Jordyn Hudelson	FR	Mount Marty	20:00.10
5	Kalli McCann	SO	Southwestern	20:34.84
6	Corrine Muyskens	SR	Northwestern	21:20.44
7	Jamie Geho	JR	Dakota Wesleyan	21:40.29

Women 10000 Meter Run UCO

Meet: M 35:44.51 4/21/1998 Stacy Johnson, Augustana

Name	Year	School	Finals
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1	Katie Smelker	JR	Mount Marty	39:32.68
2	Haley Brunke	FR	Dakota Wesleyan	40:17.46
3	Katie Blais	FR	Jamestown	42:20.80
4	Megan Aschoff	FR	Briar Cliff	48:37.55

Women 100 Meter Hurdles UCO

Meet: M 14.01 4/16/1994 Anna Ratzloff, Augustana

Name	Year	School	Finals	Wind	H#
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1	Briana Vander Woude	SR	Dordt	14.83	-0.4	4
2	Karen Hutson	SO	Northwestern	14.97	-0.4	4
3	Brigitte Gross	JR	Sioux Falls Univ	15.55	-0.4	4
4	Robyn Blount	SO	Dordt	15.76	-0.4	4
5	Hope Carr	SO	Jamestown	16.53	-1.5	2
6	Rachel Burnette	SR	Buena Vista	16.71	-0.4	4
7	Kayla Schumacher	JR	Jamestown	16.72	-1.5	2
8	Abigail Stevens	FR	Northwestern	16.76	0.4	5
9	Mercedes Liparoto	FR	Morningside	16.84	0.4	5

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women 100 Meter Hurdles UCO**

10 Lexi Henschke	FR Briar Cliff	17.14	0.4	5
11 Steph Rohe	FR Briar Cliff	17.15	-1.5	2
12 Sheyenne Stewart	FR Jamestown	17.15	0.4	5
13 Tena Jeppesen	SO Northwestern	17.24	-1.8	3
14 Michelle Glass	JR Jamestown	17.26	-1.5	2
15 Summer Bronson	SR Dakota State	17.40	-1.5	2
16 Kelli Norrid	SO Mount Marty	17.56	-1.5	2
17 Whitney Nelson	JR Buena Vista	17.60	0.4	5
18 Alex Howrey	SO Morningside	17.62	-1.8	3
19 Megan Current	SO Northwestern	18.00	-1.6	1
20 Katie Shearer	SO Buena Vista	18.46	-1.8	3
21 Paige Miller	JR Buena Vista	18.63	0.4	5
22 Jamie Eszlinger	SO Mount Marty	18.71	-1.8	3
23 Calliann Brunswig	FR Augustana	19.14	-1.5	2
24 Brei Theisen	FR Southwestern	20.10	-1.6	1
25 Sarah Bruce	SR Mount Marty	20.28	-1.6	1

Women 400 Meter Hurdles UCO

Meet: M 1:00.55 4/15/1995 Anna Ratzloff, Augustana

Name	Year School	Finals	H#
1 Karen Hutson	SO Northwestern	1:02.99	4
2 Hope Carr	SO Jamestown	1:06.58	4
3 Molly Ervin	FR South Dakota	1:07.27	1
4 Hailee Heitkamp	SO Morningside	1:07.36	4
5 Ashley Evers	FR Sioux Falls Univ	1:07.45	4
6 Tricia Watson	JR South Dakota	1:07.66	4
7 Conner Anderson	SO Sioux Falls Univ	1:07.88	4
8 Summer Bronson	SR Dakota State	1:07.89	4
9 Kadie Savage	SO Jamestown	1:08.25	3
10 Kayla Schumacher	JR Jamestown	1:08.50	3
11 Rachel Burnette	SR Buena Vista	1:08.82	4
12 Jessie Hamman	FR Morningside	1:08.93	3
13 Sarah Wedel	FR Northwestern	1:09.75	2
14 Kelli Norrid	SO Mount Marty	1:10.38	3
15 Blake Schany	JR Morningside	1:10.72	3
16 Kayla Arlt	SO Morningside	1:10.90	3
17 Kati Nelson	FR South Dakota	1:10.93	2
18 Sheyenne Stewart	FR Jamestown	1:11.32	2
19 Regina Steffen	SO Northwestern	1:11.35	2
20 Alex Howrey	SO Morningside	1:11.55	3
21 Desi Beckmann	FR Briar Cliff	1:12.86	2
22 Whitney Nelson	JR Buena Vista	1:15.01	2
23 Paige Miller	JR Buena Vista	1:16.78	2
24 Jamie Eszlinger	SO Mount Marty	1:17.54	1
25 Brei Theisen	FR Southwestern	1:24.22	1

Women 3000 Meter Steeplechase UCO

Meet: M 10:41.76 4/14/2012 Kyle Blakeslee, Augustana

Name	Year School	Finals
1 Kyle Blakeslee	SR Unattached	10:57.17
2 Kara Nelson	FR Unattached	11:27.38

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women 3000 Meter Steeplechase UCO**

3	Alex Suhr	SO SD State	11:36.19
4	Aleona Reyes	SO Jamestown	11:41.15
5	Samantha Goff	FR Jamestown	11:54.25
6	Kirsten Anderson	FR SD State	12:07.32
7	Nicole Ausborn	SO Morningside	12:25.55
8	Dineke Tolkamp	FR Dordt	13:04.73
9	Beth Finnegan	SO Mount Marty	14:44.28
10	Heather Banister	JR Dakota Wesleyan	14:52.91
--	Tabitha Shepherd	SR Morningside	DNF

Women 4x100 Meter Relay UCO

2 turn stagger

Meet: M 46.88 4/16/2010 Mary, Mary

K Nelson, N Coombs, M Weber, K Stewart

School	Finals	H#
1 Dordt 'A'	48.85	2
1) Jasmin Schelhaas FR		
2) Robyn Blount SO		
3) Marisa Broersma SO		
4) Briana Vander Woude SR		
2 South Dakota 'A'	48.85	2
3 Buena Vista 'A'	49.42	2
1) Casey James SO		
2) Laura Eberly SO		
3) Katie Larsen SO		
4) Maggie Marker SO		
4 Jamestown 'A'	51.62	2
5 Northwestern College 'A'	51.88	1
1) Aubrey Lindgren JR		
2) Ashley Schneider JR		
3) Layce Johnson JR		
4) Emily Culver FR		
6 Briar Cliff 'A'	52.09	2
7 Dordt 'B'	52.11	1
1) Chelsea Vaandrager JR		
2) Katie Bonnema JR		
3) Kate Van Gilst FR		
4) Kaitlin Troost SR		
8 Mount Marty 'A'	52.74	2
9 Southwestern 'A'	53.50	1

Women 4x200 Meter Relay UCO

4 turn stagger

Meet: M 1:39.71 4/16/1994 South Dakota, South Dakota

M. Christie J. Bowne C. McFarland M. Brown

School	Finals	H#
1 Augustana 'A'	1:44.06	2
1) Karmen Nyberg JR		
2) Kirsten Nyberg SO		
3) Colleen Everson JR		
4) Kayla Mescher SO		
2 Buena Vista 'A'	1:44.21	2
1) Casey James SO		
2) Maggie Marker SO		
3) Katie Larsen SO		
4) Laura Eberly SO		
3 South Dakota 'A'	1:46.15	2
4 Briar Cliff 'A'	1:48.83	2
1) Gina Sementa SO		
2) Steph Rohe FR		
3) Jayna Specht JR		
4) Katie Beldt SR		
5 Dordt 'A'	1:49.64	2
1) Chelsea Vaandrager JR		
2) Kate Van Gilst FR		
3) Kaitlin Troost SR		
4) Marisa Broersma SO		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women 4x200 Meter Relay UCO**

6 Southwestern 'A'	1:53.35	1
7 Briar Cliff 'B'	1:53.40	2
1) Lexi Henschke FR	2) Gabbi Kates JR	
3) Tascha Donnelly FR	4) Nisha Hull FR	
8 Jamestown 'A'	1:56.64	1
1) Taylor Miller SO	2) Brittany Popp FR	
3) Keiley Sampson SO	4) Trisha Sem FR	
9 Northwestern College 'A'	1:57.59	1
1) Madison Yohe FR	2) Rachel Lee FR	
3) Tena Jeppesen SO	4) Megan Current SO	

Women 4x400 Meter Relay UCO

3 turn stagger

Meet: M 3:49.05 4/22/1992 North Dakota State, North Dako
Ristau, Koehn, Kelly, Faus

School	Finals	H#
1 South Dakota 'A'	3:56.83	2
1) Molly Ervin FR	2) Rachel Weinandt SO	
3) Tess Johnson SO	4) Amber Ewers SO	
2 Augustana 'A'	4:01.60	2
3 Dordt 'A'	4:03.05	2
1) Siera Wilgenburg FR	2) Tara Postma SR	
3) Marisa Broersma SO	4) Katie Bonnema JR	
4 Northwestern College 'A'	4:04.15	1
1) Megan Walhof SO	2) Jackie Niewenhuis JR	
3) Karen Hutson SO	4) Lauren Spranger FR	
5 Morningside 'A'	4:10.02	2
1) Neeia Cooperwood SO	2) Breanna Mathes SR	
3) Jennifer Petsche FR	4) Shelby Hall FR	
6 Briar Cliff 'A'	4:11.00	2
1) Gabbi Kates JR	2) Katie Beldt SR	
3) Nicole Kramer SO	4) Jayna Specht JR	
7 Dordt 'B'	4:12.26	1
1) Lynelle De Bruin SO	2) Lillie Koerner SO	
3) Renee Buikema SO	4) Kathryn Smit FR	
8 Buena Vista 'A'	4:13.54	2
1) Maggie Marker SO	2) Rachel Burnette SR	
3) Abby Hesnard SO	4) Laura Eberly SO	
9 Dakota State 'A'	4:14.33	2
1) Kayla Sveen FR	2) Summer Bronson SR	
3) Stephanie Warnke SR	4) Stephanie Uher SR	
10 Augustana 'B'	4:15.66	2
11 Jamestown 'A'	4:19.63	1
1) Hope Carr SO	2) Kayla Schumacher JR	
3) Kadie Savage SO	4) Alyssa Sanders SO	
12 Dordt 'C'	4:23.69	1
1) Laurel Zomer FR	2) Kaitlin Troost SR	
3) Chelsea Vaandrager JR	4) Kayla Byl SO	
13 Morningside 'D'	4:27.51	1
1) Jessie Byrnes SO	2) Alex Howrey SO	
3) Halie Hoch FR	4) Tabitha Shepherd SR	
14 Morningside 'C'	4:28.79	1
1) Allison Schreiner FR	2) Kayla Arlt SO	

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women 4x400 Meter Relay UCO**

3) Nicole Seier SR	4) Anna Hart FR		
15 Morningside 'B'		4:44.13	1
1) Hailee Heitkamp SO	2) Mckenzie Reece SR		
3) Jessie Hamman FR	4) Blake Schany JR		

Women 4x800 Meter Relay UCO

1 turn stagger
 Meet: M 9:13.39 4/14/2012 South Dakota, South Dakota
 R Weinandt, N Newman, K Mullen, E Ladwig
 School Finals

1 Morningside 'A'		9:30.62	
1) Jennifer Petsche FR	2) Shelby Hall FR		
3) Mckenzie Reece SR	4) Breanna Mathes SR		
2 Dakota State 'A'		9:44.43	
1) Stephanie Uher SR	2) Kayla Sveen FR		
3) Victoria Sopko FR	4) Stephanie Warnke SR		
3 Jamestown 'A'		9:44.67	
1) Rachel Perish FR	2) Nikki Iverson SO		
3) Samantha Goff FR	4) Aleona Reyes SO		
4 Briar Cliff 'A'		10:11.11	
1) Jayna Specht JR	2) Nicole Kramer SO		
3) Haley Gowery FR	4) Nisha Hull FR		
5 Morningside 'B'		10:17.16	
1) Blake Schany JR	2) Halie Hoch FR		
3) Nicole Seier SR	4) Ariel Turnquist JR		
6 Buena Vista 'A'		10:47.21	
1) Holly Nuetzman SO	2) Kelsey Kankelfitz JR		
3) Sydney Crnkovich FR	4) Brandy Richards FR		

Women 1600 Sprint Medley UCO

3 turn stagger
 Meet: M 4:08.53 4/20/2000 North Dakota State, North D
 J. Theeler T. Wigley-Bundy C. Ward R Kraft
 School Finals

1 South Dakota 'A'		4:11.36	
1) Tansha Clarke JR	2) Amber Ewers SO		
3) Tess Johnson SO	4) Rachel Weinandt SO		
2 Morningside 'A'		4:19.49	
1) Neeia Cooperwood SO	2) Allison Schreiner FR		
3) Shelby Hall FR	4) Jennifer Petsche FR		
3 Augustana 'B'		4:24.00	
4 South Dakota 'B'		4:26.82	
1) Samantha Galliger FR	2) Ashlea Johnson SO		
3) Aliya Elshami FR	4) Kristie Mullen SO		
5 Jamestown 'A'		4:42.49	
1) Taylor Miller SO	2) Nikki Iverson SO		
3) Rachel Perish FR	4) Bernie Bachel SR		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Women High Jump UCO**

Meet: M 5-10.50 4/20/1998 Dawn Putman-Vinyard, Buena Vista				
Name	Year	School	Finals	
1 Briana Vander Woude	SR	Dordt	1.63m	5-04.25
2 Kendra De Jong	SR	Northwestern	1.58m	5-02.25
2 Kelsey Kaufmann	FR	Augustana	1.58m	5-02.25
4 April Winne	JR	Mount Marty	J1.58m	5-02.25
5 LaShawn Medicine Horn	FR	Dakota Wesleyan	1.53m	5-00.25
6 Caitlin Casey	JR	Morningside	J1.53m	5-00.25
6 Katie Guse	JR	Augustana	J1.53m	5-00.25
6 Molly Schimp	FR	Southwestern	J1.53m	5-00.25
9 Michelle Glass	JR	Jamestown	J1.53m	5-00.25
-- Kaley Folkerts	FR	Southwestern		NH
-- Courtney Kjeldgaard	FR	Jamestown		NH
-- Emily Anderson	SO	Mount Marty		NH

Women Pole Vault SD Dome UCO

Meet: M 13-06 4/14/2012 Emily Grove, South Dakota				
Name	Year	School	Finals	
1 Emily Grove	SO	South Dakota	13-06.00M	4.11m
2 Brigitte Gross	JR	Sioux Falls Univ	13-00.00	3.96m
2 Madison Mills	FR	South Dakota	13-00.00	3.96m
4 Kayla Coffee	SR	Sioux Falls Univ	J13-00.00	3.96m
5 Samantha Koch	JR	Sioux Falls Univ	12-00.00	3.65m
5 Kristin Majerus	SR	Sioux Falls Univ	12-00.00	3.65m
7 Hunter Wilkes	FR	South Dakota	11-06.00	3.50m
8 Courtney Crandall	FR	Sioux Falls Univ	J11-06.00	3.50m
9 Sophie Harano	FR	Sioux Falls Univ	J11-06.00	3.50m
10 Megan Meyer	SR	South Dakota	11-00.00	3.35m
11 Breanne Heidema	JR	Dordt	10-06.00	3.20m
11 Alyssa Schmidt	JR	Augustana	10-06.00	3.20m
11 Katie Rutcosky	SO	Sioux Falls Univ	10-06.00	3.20m
14 Emerald Gyuricza	FR	Jamestown	9-06.00	2.89m
15 Mikenzie Nordeen	FR	Sioux Falls Univ	9-00.00	2.74m
16 Nichole Johansen	FR	Jamestown	8-00.00	2.43m
16 Keiley Sampson	SO	Jamestown	8-00.00	2.43m
16 Josie Bopp	SO	Jamestown	8-00.00	2.43m

Women Long Jump UCO

Meet: M 18-11.50 4/21/2001 Meredith Davis, Morningside					
Name	Year	School	Finals	Wind	
1 Neeia Cooperwood	SO	Morningside	5.81m	1.0	19-00.75
FOUL	5.63m(1.4)	5.81m(1.0)	5.78m(1.3)	FOUL	
2 Karen Hutson	SO	Northwestern	5.64m	1.3	18-06.00
5.64m(1.3)	FOUL	5.62m(1.8)	5.47m(+0.0)	FOUL	
3 Briana Vander Woude	SR	Dordt	5.38m	0.1	17-08.00
5.17m(+0.0)	5.10m(1.1)	5.38m(0.1)	4.81m(+0.0)	FOUL	4.80m(0.3)
4 Christy Sikkema	JR	Dordt	5.37m	+0.0	17-07.50
5.34m(1.0)	5.37m(+0.0)	FOUL			
5 McKenzie Shipley	FR	Briar Cliff	5.11m	1.1	16-09.25
5.07m(0.6)	5.11m(1.1)	5.02m(+0.0)	FOUL(+0.0)	4.91m(1.2)	4.95m(0.7)

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women Long Jump UCO**

6	Holly Hegge	SO Mount Marty	5.07m	1.7	16-07.75
	4.92m(-0.4)	4.90m(0.1)	4.73m(+0.0)	FOUL	4.86m(0.4)
					5.07m(1.7)
7	Mackenzie Small	JR Northwestern	4.95m	1.4	16-03.00
	4.83m(1.6)	4.92m(-0.2)	4.95m(1.4)	4.80m(+0.0)	4.91m(0.7)
					4.83m(0.7)
8	Abbey VanDenBerg	SO Mount Marty	4.93m	+0.0	16-02.25
	4.93m(+0.0)	4.63m(0.5)	4.82m(0.5)	4.81m(+0.0)	FOUL
					4.80m(0.3)
9	Jessica Pederson	SO Dakota Wesleyan	4.85m	1.0	15-11.00
	4.49m(-0.3)	4.84m(-0.1)	4.63m(-0.4)	FOUL	4.82m(+0.0)
					4.85m(1.0)
10	Katy Hart	FR Northwestern	4.77m	0.7	15-07.75
	3.87m(-0.5)	4.77m(0.7)	4.61m(+0.0)		
11	Nikki Iverson	SO Jamestown	4.75m	-0.2	15-07.00
	4.61m(+0.0)	4.75m(-0.2)	4.72m(+0.0)		
12	Lindsey Sanftner	SO Dakota Wesleyan	4.71m	-0.1	15-05.50
	4.50m(0.2)	4.71m(-0.1)	FOUL		
13	Josie Bopp	SO Jamestown	4.68m	+0.0	15-04.25
	4.68m(+0.0)	4.67m(+0.0)	4.63m(1.3)		
13	Kaley Folkerts	FR Southwestern	4.68m	-0.5	15-04.25
	4.42m(0.8)	4.68m(-0.5)	FOUL		
15	Tascha Donnelly	FR Briar Cliff	4.67m	+0.0	15-04.00
	FOUL	FOUL	4.67m(+0.0)		
15	Kaitlin Troost	SR Dordt	4.67m	+0.0	15-04.00
	4.40m(-0.8)	4.67m(+0.0)	4.56m(+0.0)		
17	Katie Larsen	SO Buena Vista	4.62m	+0.0	15-02.00
	4.46m(+0.0)	4.45m(-0.9)	4.62m(+0.0)		
18	Jacie White	SO Northwestern	4.61m	+0.0	15-01.50
	4.53m(1.5)	FOUL	4.61m(+0.0)		
19	Sadie Fedor	FR Mount Marty	4.60m	+0.0	15-01.25
	FOUL	4.60m(+0.0)	FOUL		
19	Courtney Kjeldgaard	FR Jamestown	4.60m	+0.0	15-01.25
	4.60m(+0.0)	FOUL	FOUL		
21	Veronica King	FR Buena Vista	4.56m	-0.4	14-11.50
	4.56m(-0.4)	4.48m(+0.0)	FOUL		
22	Michelle Glass	JR Jamestown	4.46m	+0.0	14-07.75
	FOUL	4.46m(+0.0)	FOUL		
23	Abby Fossum	SO Dakota Wesleyan	4.29m	+0.0	14-01.00
	4.29m(+0.0)	FOUL	FOUL		
24	Dakota Shaffer	SO Buena Vista	4.13m	-1.5	13-06.75
	4.13m(-1.5)	FOUL	FOUL		
25	Ellen Bucher	SO Briar Cliff	3.88m	+0.0	12-08.75
	3.88m(+0.0)	FOUL	FOUL		
26	Trisha Sem	FR Jamestown	3.81m	+0.0	12-06.00
	FOUL	3.81m(+0.0)	FOUL		
27	Brittany Popp	FR Jamestown	3.73m	+0.0	12-03.00
	3.73m(+0.0)	FOUL	FOUL		
--	Shekela Quarles	FR Dakota Wesleyan	FOUL		
	FOUL	FOUL	FOUL		

Women Triple Jump UCO

=====						
Meet: M 37-11 4/22/2002 Brianne Vette, South Dakota						
Name	Year	School	Finals	Wind		
=====						
1	Jazzelena Black	FR Sioux Falls Univ	11.18m	+0.0	36-08.25	
	FOUL	11.18m(+0.0)	FOUL	PASS	PASS	PASS

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women Triple Jump UCO**

2	Kirsten Townley	JR Sioux Falls Univ	10.97m	NWI	36-00.00
	FOUL	FOUL	10.78m(+0.0)	10.74m(NWI)	10.97m(NWI)
				10.67m(NWI)	
3	Abbey VanDenBerg	SO Mount Marty	10.93m	0.1	35-10.50
	10.93m(0.1)	10.93m(+0.0)	FOUL	FOUL	10.40m(-0.3)
					10.60m(0.3)
4	Christy Sikkema	JR Dordt	10.87m	0.2	35-08.00
	FOUL	10.35m(-1.6)	10.87m(0.2)	10.87m(1.2)	FOUL
					10.75m(+0.0)
5	Kaylynn Erlandson	FR Augustana	10.50m	0.4	34-05.50
	10.13m(+0.0)	FOUL	FOUL	10.50m(0.4)	FOUL
					FOUL
6	Allyson Austin	SO Northwestern	10.40m	+0.0	34-01.50
	10.33m(NWI)	FOUL	10.40m(+0.0)	PASS	PASS
					PASS
7	Tascha Donnelly	FR Briar Cliff	10.28m	+0.0	33-08.75
	FOUL	10.28m(+0.0)	10.24m(0.2)	PASS	PASS
					PASS
8	Emily Anderson	SO Mount Marty	10.24m	+0.0	33-07.25
	10.11m(0.2)	10.24m(+0.0)	FOUL	10.10m(1.1)	10.17m(+0.0)
					FOUL
9	Lindsey Sanftner	SO Dakota Wesleyan	10.16m	1.1	33-04.00
	FOUL	10.16m(1.1)	FOUL	FOUL	FOUL
					PASS
10	Nikki Iverson	SO Jamestown	10.11m	+0.0	33-02.00
	9.95m(+0.0)	FOUL	10.11m(+0.0)		
11	Jessica Pederson	SO Dakota Wesleyan	10.09m	+0.0	33-01.25
	9.29m(0.6)	10.08m(1.0)	10.09m(+0.0)		
12	Kathryn Smit	FR Dordt	10.04m	0.6	32-11.25
	10.04m(0.6)	FOUL	FOUL		
13	Sadie Fedor	FR Mount Marty	10.00m	1.5	32-09.75
	FOUL	10.00m(1.5)	9.98m(0.9)		
14	Ellen Bucher	SO Briar Cliff	9.74m	1.0	31-11.50
	9.59m(NWI)	9.62m(+0.0)	9.74m(1.0)		
15	Abby Fossum	SO Dakota Wesleyan	9.64m	+0.0	31-07.50
	FOUL	9.64m(+0.0)	9.24m(-0.5)		
16	Josie Bopp	SO Jamestown	9.60m	1.6	31-06.00
	9.30m(-0.1)	9.60m(1.6)	9.43m(1.0)		
17	Katie Shearer	SO Buena Vista	9.04m	+0.0	29-08.00
	9.04m(+0.0)	FOUL	FOUL		
18	Trisha Sem	FR Jamestown	8.97m	0.6	29-05.25
	8.89m(NWI)	8.97m(0.6)	FOUL		
19	Courtney Kjeldgaard	FR Jamestown	8.93m	1.0	29-03.75
	FOUL	8.93m(1.0)	FOUL		

Women Shot Put UCO

Standard for measurement 35'

Meet: M 59-07 4/18/2009 Rachel Jansen, unattached

Name	Year	School	Finals
1 Tara Cockerill	SR	Briar Cliff	13.97m 45-10.00
			13.97m 13.84m
2 Kayla Roemmich	SR	Jamestown	13.02m 42-08.75
			13.02m 12.64m 12.56m 12.46m
3 Marissa Whipple	SO	Sioux Falls Univ	12.60m 41-04.25
			12.42m 12.50m 12.60m 12.53m 12.40m
4 Katie Johnson	SO	Dakota Wesleyan	11.93m 39-01.75
			11.69m 11.72m 11.88m 11.81m 11.85m 11.93m
5 Cara Olerich	FR	Morningside	J11.93m 39-01.75
			11.65m 11.93m 11.44m
6 Jena Krebs	SO	Northwestern	11.70m 38-04.75
			11.62m 11.70m 11.00m 11.63m

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women Shot Put UCO**

7 Taylor Woods	FR Morningside	11.30m	37-01.00
10.74m 11.30m 10.76m	11.06m 10.76m		
8 Hannah Shie	FR Northwestern	10.98m	36-00.25
10.49m 10.81m 10.98m			
9 Kaylee McMacken	SO Sioux Falls Univ	10.90m	35-09.25
10.63m 10.90m			
10 Meghan Kratofil	FR Jamestown	10.64m	34-11.00
10.64m 10.26m 10.57m			
11 Ashley Currey	FR Dakota State	10.58m	34-08.50
9.85m 10.28m 10.58m			
12 Molly Hutchins	SO Buena Vista	10.56m	34-07.75
10.56m 10.07m			
13 Adrienne Bishop	SO Northwestern	10.47m	34-04.25
10.47m 10.47m 10.45m			
14 Cora Okkema	FR Dordt	10.41m	34-02.00
9.68m 10.41m 9.50m			
15 Jennifer Brandt	FR Jamestown	10.27m	33-08.50
9.79m 10.27m 9.75m			
16 Kelsey Pangerl	FR Jamestown	10.03m	32-11.00
9.95m 10.03m 9.69m			
17 Shayna Dwyer	SO Dakota State	9.99m	32-09.50
9.99m 9.72m 9.98m			
18 Amanda Steffes	FR Buena Vista	9.10m	29-10.25
8.63m 8.75m 9.10m			

Women Discus Throw UCO

Standard for measurement 100'

Meet: M 168-00 4/20/1998 Nancy Overman, South Dakota State

Name	Year School	Finals	
1 Breanna Janovy	SO South Dakota	45.13m	148-01
FOUL FOUL 40.93m 44.11m 45.13m FOUL			
2 Tara Cockerill	SR Briar Cliff	41.33m	135-07
FOUL 41.33m FOUL 39.84m FOUL 40.80m			
3 Kelli Hoff	SR Sioux Falls Univ	39.32m	129-00
FOUL 31.91m 38.11m 32.35m 39.32m 36.19m			
4 Kayla Lester	FR South Dakota	38.45m	126-02
31.87m 38.45m 37.97m FOUL 37.66m 37.95m			
5 Jena Krebs	SO Northwestern	38.11m	125-00
36.11m 38.11m 36.30m FOUL FOUL FOUL			
6 Rachel Kruse	FR Sioux Falls Univ	37.62m	123-05
37.62m 36.71m FOUL 35.65m 35.64m FOUL			
7 Callan Sawtelle	JR Sioux Falls Univ	37.43m	122-10
36.27m 37.43m FOUL 34.32m 35.19m 36.60m			
8 Tina Ageson	FR Buena Vista	35.80m	117-05
FOUL 32.42m 35.12m 35.65m 35.80m FOUL			
9 Kristi Porter	FR Augustana	35.18m	115-05
FOUL FOUL 35.18m FOUL FOUL FOUL			
10 Kayla Roemmich	SR Jamestown	34.92m	114-07
33.04m 33.51m 34.92m			
11 Jen Kirschbaum	SR Briar Cliff	33.47m	109-10
31.56m 33.47m 32.14m			
12 Molly Hutchins	SO Buena Vista	32.52m	106-08
21.64m 32.52m FOUL			

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women Discus Throw UCO**

13 Savannah Clapper	FR Northwestern	32.27m	105-10
32.27m 29.57m 30.74m			
14 Taylor Woods	FR Morningside	31.59m	103-08
30.77m 29.32m 31.59m			
15 Cora Okkema	FR Dordt	31.45m	103-02
FOUL 31.45m FOUL			
16 Meghan Kratofil	FR Jamestown	31.40m	103-00
30.32m 30.87m 31.40m			
17 Megan Fuchser	FR Northwestern	31.03m	101-10
30.88m 31.03m FOUL			
18 Emily Keim	FR Morningside	30.78m	101-00
FOUL 27.67m 30.78m			
19 Ashley Currey	FR Dakota State	30.65m	100-07
FOUL 30.65m FOUL			
20 Amanda Steffes	FR Buena Vista	30.45m	99-11
29.71m 30.45m FOUL			
21 Madison Fisher	SO Morningside	30.42m	99-10
30.02m FOUL 30.42m			
22 Kelsey Pangerl	FR Jamestown	29.72m	97-06
FOUL 29.01m 29.72m			
23 Jennifer Brandt	FR Jamestown	28.14m	92-04
28.14m FOUL FOUL			
24 Shayna Dwyer	SO Dakota State	27.54m	90-04
FOUL FOUL 27.54m			
-- Dusty Olson	FR Iowa Western	FOUL	
FOUL FOUL FOUL			
-- Mary Hitchcock	JR Augustana	FOUL	
FOUL FOUL FOUL			
-- Haley Hinseth	FR Sioux Falls Univ	FOUL	
FOUL FOUL FOUL			
-- Indira Colon	FR Iowa Western	FOUL	
FOUL FOUL FOUL			
-- Meghan Dennis	FR South Dakota	FOUL	
FOUL FOUL FOUL			
-- Elizabeth Szymonski	FR South Dakota	FOUL	
FOUL FOUL FOUL			
-- Daina Francis	FR Iowa Western	FOUL	
FOUL FOUL FOUL			

Women Hammer Throw UCO

Meet: M 186-03 4/18/2009 Amanda Madden, Northern State

Name	Year	School	Finals
1 Adrienne Bishop	SO	Northwestern	40.05m 131-05
37.42m 39.19m 39.38m 36.89m FOUL 40.05m			
2 Molly Hutchins	SO	Buena Vista	39.17m 128-06
39.17m 37.47m 33.57m FOUL FOUL FOUL			
3 Ariel Gass	SO	Morningside	37.66m 123-07
37.33m 37.66m FOUL 34.77m 37.57m 36.84m			
4 Jena Krebs	SO	Northwestern	36.11m 118-06
FOUL 35.29m 36.11m FOUL 35.64m FOUL			
5 Erin Laursen	JR	Buena Vista	36.00m 118-01
36.00m 35.24m FOUL 33.32m 34.61m 34.80m			

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013

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Results

....Women Hammer Throw UCO

6	Tina Ageson	FR Buena Vista	35.92m	117-10
	33.66m 32.19m 31.80m 35.92m FOUL 34.25m			
7	Samantha Rus	JR Mount Marty	33.90m	111-03
	FOUL 31.03m 32.58m 32.60m 33.90m 33.46m			
8	Savannah Clapper	FR Northwestern	33.40m	109-07
	32.69m 33.40m 30.52m 28.77m 29.50m 29.41m			
9	Ashley Currey	FR Dakota State	32.73m	107-04
	32.73m 31.04m FOUL FOUL 30.80m 32.18m			
10	Katie Johnson	SO Dakota Wesleyan	32.34m	106-01
	29.76m 30.77m 32.34m			
11	Taylor Woods	FR Morningside	32.05m	105-02
	FOUL 32.05m 32.02m			
12	Cara Olerich	FR Morningside	30.68m	100-08
	30.68m 29.76m 29.21m			
13	Hannah Twedt	FR Northwestern	27.47m	90-01
	27.47m FOUL FOUL			
14	Amanda Steffes	FR Buena Vista	25.28m	82-11
	FOUL 25.28m FOUL			
--	Shayna Dwyer	SO Dakota State	FOUL	
	FOUL FOUL FOUL			

Women Javelin Throw UCO

Meet: M 142-10 4/19/2005 Jen Buyske, Augustana

Name	Year	School	Finals	
1 Meghan Dennis	FR	South Dakota	46.14m	151-04
	40.99m 46.14m FOUL FOUL FOUL FOUL			
2 Kristi Porter	FR	Augustana	36.52m	119-10
	32.12m 31.53m 36.52m 34.38m 36.34m 35.29m			
3 Mary Hitchcock	JR	Augustana	36.40m	119-05
	29.82m 33.86m 35.21m 32.56m 36.40m 33.77m			
4 Brittany Carman	SO	Dordt	36.33m	119-02
	33.65m 34.40m 36.18m 35.58m 36.33m FOUL			
5 Briana Vander Woude	SR	Dordt	35.98m	118-00
	35.98m FOUL 35.68m 28.73m 35.67m 33.59m			
6 Katie Johnson	SO	Dakota Wesleyan	34.53m	113-03
	30.20m 31.70m 33.30m 31.76m 34.53m FOUL			
7 Emily Keim	FR	Morningside	34.12m	111-11
	32.93m 34.12m 32.84m 29.93m 30.68m 32.02m			
8 Elizabeth Szymonski	FR	South Dakota	34.10m	111-10
	30.17m 33.30m 32.16m 32.04m 34.10m 33.58m			
9 Beth Segerholm	SR	Jamestown	33.79m	110-10
	33.33m 31.50m 30.28m 32.12m 32.34m 33.79m			
10 McCall Manske	FR	Jamestown	32.83m	107-08
	32.83m 31.38m 28.60m			
11 Bailey Huls	SR	Briar Cliff	32.54m	106-09
	31.88m 31.83m 32.54m			
12 Madison Fisher	SO	Morningside	32.46m	106-06
	32.30m 32.46m 31.60m			
13 Jena Krebs	SO	Northwestern	29.94m	98-03
	29.94m 29.94m FOUL			
14 Caitlin Casey	JR	Morningside	29.85m	97-11
	26.53m 29.85m FOUL			

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Women Javelin Throw UCO**

15	Kelli Hoff	SR	Sioux Falls Univ	29.78m	97-08
	24.59m 29.78m 28.55m				
16	Erin Laursen	JR	Buena Vista	28.82m	94-07
	FOUL 28.82m FOUL				
17	Kayla Holtgrewe	JR	Briar Cliff	28.22m	92-07
	27.69m 28.22m FOUL				
18	Ariel Gass	SO	Morningside	27.87m	91-05
	25.77m 27.87m 26.93m				
19	Abby Hesnard	SO	Buena Vista	27.36m	89-09
	23.56m 27.36m 23.78m				
20	Alex Howrey	SO	Morningside	27.02m	88-08
	FOUL 17.53m 27.02m				
21	Abigail Stevens	FR	Northwestern	26.10m	85-07
	21.34m 26.10m FOUL				
22	Haley Hinseth	FR	Sioux Falls Univ	25.52m	83-09
	FOUL 25.52m 25.20m				
23	Josie Bopp	SO	Jamestown	24.27m	79-07
	24.27m 15.74m 21.90m				
24	Cara Olerich	FR	Morningside	23.12m	75-10
	23.12m FOUL FOUL				
25	Anna Kolasch	SO	Mount Marty	22.86m	75-00
	22.86m 22.30m 20.47m				
26	Callan Sawtelle	JR	Sioux Falls Univ	22.00m	72-02
	22.00m FOUL FOUL				
27	Keiley Sampson	SO	Jamestown	20.40m	66-11
	20.17m 20.40m 16.61m				
28	Michelle Glass	JR	Jamestown	17.98m	59-00
	FOUL FOUL 17.98m				
29	Nikki Iverson	SO	Jamestown	15.71m	51-06
	15.71m FOUL FOUL				
30	Caitlin Bossio	FR	Jamestown	13.95m	45-09
	9.43m 10.10m 13.95m				
--	Cora Okkema	FR	Dordt	FOUL	
	FOUL FOUL FOUL				

Boys 100 Meter Dash Class "A"

=====						
Meet: M 10.57 4/20/1989 Scott Ingvaldstad, SF Lincoln						
Name	Year	School	Finals	Wind	H#	
=====						
1	Zack Skibinski	12	Bishop Heelan	11.31	-1.2	2
2	Ronald Nash	11	Sc- East	11.31	-1.2	2
3	Gerald Heiskell	12	Sioux City West	11.40	+0.0	1
4	Anthony Dreeszen	12	Sc- East	11.58	-1.2	2
5	Anthony Pearson	12	Sioux City West	11.74	-1.2	2
6	Tony Tobin	10	Bishop Heelan	11.93	+0.0	1
7	Xavier Scarlett	10	Sc- North	12.01	-1.2	2
8	Jack DeMoss	11	Sb-Luton	12.19	-1.2	2
9	Nicholas Grote	09	Sb-Luton	12.26	+0.0	1
10	Alex Fischer	11	South Sioux City	12.32	+0.0	1
11	Gabe Barrera	10	Sc- North	12.62	-1.2	2

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Boys 110 Meter Hurdles Class "A"**

Meet: M 14.32 4/20/1987 Brian Biggerstaff, SC West				
Name	Year	School	Finals	Wind
1 Alex Borchers	10	South Sioux City	16.62	-0.3
2 Louis Noel	11	Bishop Heelan	16.86	-0.3
3 Spencer Wyant	10	Sb-Luton	18.21	-0.3
4 Brody Plummer	10	South Sioux City	18.64	-0.3
5 KO Noble	09	Sc- North	18.76	-0.3
6 Josh Zoelle	11	Sioux City West	19.63	-0.3
7 Sean Kellogg	09	Sb-Luton	21.45	-0.3

Boys 4x100 Meter Relay Class "A"

2 turn stagger				
Meet: M 42.98 4/20/1995 SC West, SC West				
D. Franklin, J. Ball, T. Salmon, Z. Flemister				
School	Finals			
1 Bishop Heelan 'A'				44.94
1) Zack Skibinski 12	2) Joseph Fox 10			
3) Manny Alcaarez 12	4) Christian Brobst 11			
2 South Sioux City 'A'				46.39
1) Sammy Flores 11	2) Nate Rogers 12			
3) Chris Lantz 11	4) Alex Fischer 11			
3 Sb-Luton 'A'				46.45
1) Austin Evans 10	2) Connor Imming 10			
3) Jack DeMoss 11	4) Nicholas Grote 09			
-- Sc- North 'A'				DNF
1) D'Ajo Hubert 12	2) Gabe Barrera 10			
3)	4) Xavier Scarlett 10			
-- Sc- East 'A'				DNF
1) Anthony Dreeszen 12	2) Ronald Carter 11			
3) Ross Godfrey 09	4) Ronald Nash 11			

Boys 4x200 Meter Relay Class "A"

4 turn stagger				
Meet: M 1:29.46 4/20/1994 SC West, SC West				
W. Akins, Z. Flemister, T. Bigelow, J. Ball				
School	Finals			
1 Bishop Heelan 'A'				1:31.73
1) Zack Skibinski 12	2) Joseph Fox 10			
3) Philip Jacobson 11	4) Tony Tobin 10			
2 Sb-Luton 'A'				1:36.63
1) Austin Evans 10	2) Connor Imming 10			
3) Collin Snyder 10	4) Jack DeMoss 11			
3 Sc- North 'A'				1:37.59
1) D'Ajo Hubert 12	2) Gabe Barrera 10			
3) Robbie Carter 12	4) Xavier Scarlett 10			
4 South Sioux City 'A'				1:40.03
1) Alex Borchers 10	2) Chris Lantz 11			
3) Nate Rogers 12	4)			
-- Sc- East 'A'				DQ
1) Anthony Dreeszen 12	2) Ronald Carter 11			

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 4x200 Meter Relay Class"A"**

3) Greg Kirwan 11	4) Ronald Nash 11	
-- Sioux City West 'A'		DQ
1) Taron Flemister 12	2) Anthony Pearson 12	
3) Odessa Clark 09	4) Gerald Heiskell 12	

Boys 4x400 Meter Relay Class"A"

3 turn stagger

Meet: M 3:22.84 4/18/1998 Bishop Heelan, Bishop Heela
A. Kuehl, J. Florke, J. Kayl, N. McInerney

School	Finals
--------	--------

1 Bishop Heelan 'A'	3:32.62
1) Lucas Murphy 10	2) Tony Tobin 10
3) Blake Bogenrief 10	4) Philip Jacobson 11
2 South Sioux City 'A'	3:37.57
1) Alex Borchers 10	2) Nate Rogers 12
3) Austin Fritza 12	4) Alex Fischer 11
3 Sioux City West 'A'	3:44.23
1) Taron Flemister 12	2) Ricky Quintana 10
3) Matt Benson 10	4) Gerald Heiskell 12
4 Sc- North 'A'	3:44.94
1) Robbie Carter 12	2) Cory Little 11
3) Sergio Garcia 12	4) Brandon Geary 12
5 Sc- East 'A'	3:46.21
1) Carter Lilly 11	2) Travis Miller 11
3) Kaleb Hanks 10	4) Trevor Gausman 10

Boys 1600 Sprint Medley Class"A"

3 turn stagger

Meet: M 3:35.84 4/15/1995 SC East, SC East
M. Sweisberger, R. McKenna, R. Erwin, N. Speichinge

School	Finals
--------	--------

1 Bishop Heelan 'A'	3:46.64
1) Joseph Fox 10	2) Philip Jacobson 11
3) Tony Tobin 10	4) Tommy Thelen 12
2 Sb-Luton 'A'	4:01.39
1) Collin Snyder 10	2) Nicholas Grote 09
3) Matthew George 09	4) Grant Armstrong 10
3 Sc- East 'A'	4:07.42
1) Ross Godfrey 09	2) Hunter Cole 09
3) Travis Miller 11	4) Jacob Kuhn 10
-- Sioux City West 'A'	DNF
1) Taron Flemister 12	2) Avery Thedford 12
3) Matt Benson 10	4) Sheehan Levine 11
-- South Sioux City 'A'	DQ
1) Chris Lantz 11	2) Colton Grandgenette 11
3) Michael Offerman 12	4) Shelby Gonzalez 10

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Boys 100 Meter Dash Class"B"**

Meet: M 11.00 4/17/2002 Paul Brown, Le Mars					
Name	Year	School	Finals	Wind	H#
1 Trever Ryen	12	Oa-Bcig	11.31	-1.4	3
2 Grant May	12	Glenwood	11.62	-1.4	3
3 Marc Husman	12	Cherokee	11.69	-1.4	3
4 Dalton Leinbaugh	12	Oa-Bcig	11.71	-1.4	3
5 Dalton C De Haan	12	Unity Chrst- OC	11.99	-1.4	3
6 Derek Hooyer	10	Sioux Center	12.01	-2.1	2
7 Caleb Jennings	10	Spirit Lake Park	12.27	-2.1	2
8 Josh Heynen	11	Unity Chrst- OC	12.36	-1.4	3
9 Derek Rupp	11	Moc-Fv	12.36	+0.0	1
10 Brody Mathey	12	LeMars	12.37	-2.1	2
11 Cody Clark	12	Kp/Wc	12.38	+0.0	1
12 Nick Beier	11	Glenwood	12.44	-2.1	2
13 Clint Donaldson	12	Kp/Wc	12.52	-1.4	3
14 Tyler Pauley	09	LeMars	12.67	-2.1	2
15 Evan Wharton	09	Cherokee	12.78	+0.0	1
16 Gage Shatava	11	Glenwood	12.96	-2.1	2

Boys 110 Meter Hurdles Class"B"

Meet: M 14.55 4/20/2002 Derek Casey, Cherokee					
Name	Year	School	Finals	Wind	H#
1 William Dougherty	12	Kp/Wc	15.81	0.2	3
2 Dalton Syverson	12	Okoboji	15.87	0.2	3
3 Mitch Bowden	12	Glenwood	15.88	0.2	3
4 Dane Kruse	10	Glenwood	16.06	0.2	3
5 Kyle Bowden	12	Glenwood	17.04	0.2	3
6 Christian Rozeboom	10	Sioux Center	17.25	NWI	2
7 Alex Bakker	10	Sioux Center	17.39	NWI	2
8 Tyler Paulson	10	LeMars	17.85	0.2	3
9 BO Ohm	10	LeMars	18.56	NWI	2
10 Miles Gebel	09	Oa-Bcig	18.66	NWI	1
11 Ryan Bader	12	Kp/Wc	18.85	NWI	2
12 Keaton Jones	09	Okoboji	19.14	0.2	3
13 Tyler Degener	09	Mt Mich-ELK NE	19.30	NWI	2
14 Braden Gebel	11	Oa-Bcig	19.56	NWI	1
15 Oliver Jarosik	10	Mt Mich-ELK NE	19.66	NWI	1
16 Pat Woizeschke	11	Spirit Lake Park	20.52	NWI	2
-- Tyler Petersen	12	Spirit Lake Park	FS	0.2	3

Boys 4x100 Meter Relay Class"B"

2 turn stagger					
Meet: M 43.84 4/17/1999 Lemars Central, Lemars Central					
R. White, K. Hector, B. Beach, P. Crandell					
School	Finals	H#			
1 Oa-Bcig 'A'	44.19	2			
1) Quinn Westphal 12			2) Dalton Leinbaugh 12		
3) Kaleb Young 12			4) Trever Ryen 12		
2 Glenwood 'A'	45.03	2			
1) Grant May 12			2) Gage Shatava 11		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 4x100 Meter Relay Class"B"**

3) Mitch Bowden 12	4) Sam Jameson 12		
3 Spirit Lake Park 'A'		45.07	2
1) Tyler Petersen 12	2) Austin Folsom 10		
3) Cody Poock 12	4) Bryson McCabe 12		
4 Moc-Fv 'A'		45.94	1
1) Jay Elsberry 12	2) Ethan Achterhoff 11		
3) Derek Rupp 11	4) Trey Achterhoff 12		
5 Sioux Center 'A'		46.28	2
1) Christian Rozeboom 10	2) Spencer Fritz 12		
3) Derek Hooyer 10	4) Drew Kortlever 11		
6 LeMars 'A'		47.20	2
1) Robert Ironshell 12	2) Gabe Rahn 12		
3) Brody Mathey 12	4) Levi Tebrink 11		
7 Kp/Wc 'A'		47.47	2
1) Clint Donaldson 12	2) Ryan Langel 12		
3) Cody Clark 12	4) Jace Modrell 12		
8 Sheldon 'A'		47.59	2
1) Chris Balster 12	2) Nathan Oostra 12		
3) Jake Rosburg 12	4) Hunter McDonald 11		
9 Unity Chrst-OC 'A'		48.75	1
1) Benton Vargason 12	2) Jacob de Vries 11		
3) Nick de Vries 11	4) Alex Schoonhoven 12		
10 Spirit Lake Park 'B'		48.93	1
1) Tyler Jenness 09	2) Blake Enderson 10		
3) Caleb Jennings 10	4) Trevor Jensen 10		

Boys 4x200 Meter Relay Class"B"

4 turn stagger			
Meet: M 1:31.07 4/14/2012 Unity Chrst- OC, Unity Christi			
D De Haan, J Everson, R Vander Veen, J Floen			
School		Finals	H#
=====			
1 Oa-Bcig 'A'		1:30.55M	2
1) Quinn Westphal 12	2) Dalton Leinbaugh 12		
3) Kaleb Young 12	4) Trever Ryen 12		
2 LeMars 'A'		1:31.17	2
1) Robert Ironshell 12	2) Gabe Rahn 12		
3) Chris Hatting 11	4) Levi Tebrink 11		
3 Spirit Lake Park 'A'		1:34.02	2
1) Tyler Petersen 12	2) Austin Folsom 10		
3) Cody Poock 12	4) Bryson McCabe 12		
4 Okoboji 'A'		1:34.15	2
1) Tyeson Barnett 11	2) Gaberiel Goehring 11		
3) Mark Nielsen 12	4) Dalton Syverson 12		
5 Glenwood 'A'		1:35.83	2
1) Grant May 12	2) Corey Bertini 11		
3) Brogan Weddum 10	4) Sam Jameson 12		
6 Sioux Center 'A'		1:36.02	2
1) Spencer Fritz 12	2) Alex Bakker 10		
3) Derek Hooyer 10	4) Drew Kortlever 11		
7 Cherokee 'A'		1:36.75	2
1) Marc Husman 12	2) Zac Taylor 12		
3) Ben Sampson 12	4) Evan Wharton 09		
8 Sheldon 'A'		1:37.20	2

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 4x200 Meter Relay Class"B"**

1) Chris Balster 12	2) Nathan Oostra 12		
3) Jake Rosburg 12	4) Collin Wolthuizen 10		
9 Kp/Wc 'A'		1:37.63	1
1) Jace Modrell 12	2) Colin Henrich 12		
3) Ryan Langel 12	4) TJ Pucelik 12		
10 Unity Chrst- OC 'A'		1:37.87	1
1) Benton Vargason 12	2) Josh Heynen 11		
3) Jacob de Vries 11	4) Dalton C De Haan 12		
11 Moc-Fv 'A'		1:38.09	1
1) Derek Rupp 11	2) Chris Maras 11		
3) Jon Janssen 12	4) Pieter Swart 11		
12 Spirit Lake Park 'B'		1:40.35	1
1) Blake Enderson 10	2) Trevor Jensen 10		
3) Austin Fagen 11	4) Caleb Jennings 10		

Boys 4x400 Meter Relay Class"B"

3 turn stagger			
Meet: M 3:28.75	4/18/1998	Unity Christian, Unity Chri	
		R. Visser, J. Dekkers, J. Dekkers, B. Wassenaar	
School		Finals	
1 Glenwood 'A'		3:27.13M	
1) Brogan Weddum 10	2) Jared Cook 11		
3) Brady Wheeler 11	4) Derek Jones 12		
2 Oa-Bcig 'A'		3:28.28M	
1) Dalton Leinbaugh 12	2) Eliot Clough 10		
3) Kaleb Young 12	4) Trever Ryen 12		
3 LeMars 'A'		3:32.24	
1) Robert Ironshell 12	2) Gabe Rahn 12		
3) Chris Hatting 11	4) Levi Tebrink 11		
4 Kp/Wc 'A'		3:35.82	
1) James Hayden 12	2) TJ Pucelik 12		
3) Ray Scheelhaase 12	4) William Dougherty 12		
5 Moc-Fv 'A'		3:39.68	
1) Mitchell Van Es 12	2) Jon Janssen 12		
3) Pieter Swart 11	4) Eli Dahl 11		
6 Unity Chrst- OC 'A'		3:40.00	
1) Dalton C De Haan 12	2) Arie Hoekstra 11		
3) Trevor Kauk 12	4) Alex Schoonhoven 12		
7 Sioux Center 'A'		3:41.00	
1) Spencer Fritz 12	2) Drew Kortlever 11		
3) Alex Bakker 10	4) Chris Borchers 10		
8 Mt Mich-ELK NE 'A'		3:57.23	
1) Jarrett Crnkovich 11	2) Thomas Wooten 10		
3) Thomas Kalil 11	4) John Mikulicz 11		

Boys 1600 Sprint Medley Class"B"

3 turn stagger			
Meet: M 3:38.09	4/18/2010	Glenwood, South Sioux City	
		T Williams I Effin, E Lincoln, K Wheeler	
School		Finals	
1 Glenwood 'A'		3:39.74	

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 1600 Sprint Medley Class"B"**

1) Grant May 12	2) Sam Jameson 12	
3) Derek Jones 12	4) Jared Cook 11	
2 Spirit Lake Park 'A'		3:43.78
1) Austin Folsom 10	2) Bryson McCabe 12	
3) Tyler Petersen 12	4) Will Norris 12	
3 LeMars 'A'		3:44.12
1) Robert Ironshell 12	2) Gabe Rahn 12	
3) Levi Tebrink 11	4) Rodrigo Cobian 12	
4 Okoboji 'A'		3:47.66
1) Tyeson Barnett 11	2) Gaberiel Goehring 11	
3) Mark Nielsen 12	4) Taylor Cody 12	
5 Unity Chrst- OC 'A'		3:53.96
1) Alex Schoonhoven 12	2) Dalton C De Haan 12	
3) Arie Hoekstra 11	4) Logan Schoonhoven 11	
6 Moc-Fv 'A'		3:58.26
1) Ethan Achterhoff 11	2) Derek Rupp 11	
3) Eli Dahl 11	4) Mitchell Van Es 12	
7 Kp/Wc 'A'		4:03.30
1) Jace Modrell 12	2) Colin Henrich 12	
3) Joe Hayden 09	4) Nic Scheelhaase 10	

Boys 100 Meter Dash Class"C"

Meet: M 10.92 4/20/1989 Jeff Longval, Westwood

Name	Year	School	Finals	Wind	H#
1 Clay Kramper	11	Homer	11.64	-0.4	3
2 Michael Whitehead	12	Gehlen Catholic	11.74	-0.4	3
3 Austin Lewis	12	Dakota Valley	11.84	-0.4	3
4 Nate Meier	12	Pierce NE	11.88	-0.4	3
5 Ben Conaway	11	George Little Rock	12.03	0.1	2
6 Kyle Hardisty	12	Maple Valley A-0	12.11	+0.0	1
7 Joe Swenson	11	West Monona	12.11	-0.4	3
8 Laine Calvillo	11	Homer	12.21	-0.4	3
9 Cory Myrtue	12	Westwood	12.23	+0.0	1
10 Chance Larsen	11	Pierce NE	12.29	-0.4	3
11 Anteres Ashley	09	Lawton-Bronson	12.34	0.1	2
12 Dillon Dickey	10	Pierce NE	12.37	0.1	2
12 Tanner Ver Steeg	11	George Little Rock	12.37	0.1	2
14 Chace Morgan	11	Emerson-Hubbard	12.45	0.1	2
15 Nathan Hogan	10	Emerson-Hubbard	12.94	0.1	2
16 Dillion Hinrickson	10	Westwood	13.02	+0.0	1

Boys 110 Meter Hurdles Class"C"

Meet: M 14.43 4/20/1989 Darwin VanderHoef, Rock Valley

Name	Year	School	Finals	Wind
1 Trent Spieker	12	Pierce NE	16.83	0.7
2 Jacob Becker	11	Westwood	19.68	0.7

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Boys 4x100 Meter Relay Class"C"**

2 turn stagger

Meet: M 44.75 4/17/1999 Sioux Center, Sioux Center
VanVoorst, Zevenbergen, Wielenga, Kempers

School	Finals	H#
1 Westwood 'A'	45.94	2
1) Casey Kirkendall 11	2) Cory Myrtue 12	
3) Bobby Nettleton 12	4) Beau Metcalf 12	
2 Pierce NE 'A'	46.02	2
1) Trent Spieker 12	2) Nate Meier 12	
3) Chance Larsen 11	4) Dillon Dickey 10	
3 Lawton-Bronson 'A'	46.45	2
1) Quinn Sitzmann 09	2) Anteres Ashley 09	
3) Mitch Greene 12	4) Austin Lefler 12	
4 George Little Rock 'A'	47.69	2
1) Tanner Ver Steeg 11	2) Ben Conaway 11	
3) Reid Guse 11	4) Jesse Henrichs 11	
5 Laurel-Concord/Coler 'A'	48.29	2
1) Austin Roach 12	2) Kyle Kardell 12	
3) Dillan Wolfgram 09	4) Justin Saunders 12	
6 Emerson-Hubbard 'A'	48.64	2
1) Nathan Hogan 10	2) Justin Miller 11	
3) Travis Emmons 11	4) Chace Morgan 11	
7 Homer 'A'	48.76	2
1) Clay Kramper 11	2) Micheal Arnold 09	
3) Austin Weber 10	4) Laine Calvillo 11	
8 Marc-Meri-Cleg 'A'	48.96	1
1) Conner Holmes 10	2) Ben Specht 09	
3) Jacob Spieler 09	4) Isaiah Petersen 10	
9 West Monona 'A'	49.22	1
1) Joe Swenson 11	2) Isaac Farrens 09	
3) Tyler Phelps 11	4) Caleb DeRocher 10	
10 Elk Point-Jefferson 'A'	50.56	1
1) Dan Howe 11	2) Jared Hueser 09	
3) Chris Johnson 11	4) Dakota Navrakl 12	

Boys 4x200 Meter Relay Class"C"

4 turn stagger

Meet: M 1:31.73 4/20/2011 Dakota Valley, Dakota Valley
M Lupkes, E Hendriks, Z Sexton, T White

School	Finals	H#
1 Ridge View 'A'	1:35.32	2
1) Ryan Garthoff 11	2) Joe Tokheim 12	
3) Jackson Graff 09	4) Dru Kenny 12	
2 Lawton-Bronson 'A'	1:38.05	2
1) Brett Prenger 10	2) Luke Peters 12	
3) Mitch Greene 12	4) Anteres Ashley 09	
3 Laurel-Concord/Coler 'A'	1:38.52	2
1) Dillan Wolfgram 09	2) Colton Jansen 10	
3) Kyle Kardell 12	4) Justin Saunders 12	
4 Marc-Meri-Cleg 'A'	1:38.65	2
1) Derek Erdman 09	2) Ben Specht 09	
3) Jacob Spieler 09	4) Conner Holmes 10	

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 4x200 Meter Relay Class"C"**

5	Gehlen Catholic 'A'		1:38.87	1
	1) Dominic Ellensohn 12	2) Codey Walker 12		
	3) Dylan Price 12	4) Michael Whitehead 12		
6	Elk Point-Jefferson 'A'		1:39.92	2
	1) Dakota Navrakl 12	2) Jared Hueser 09		
	3) Alex Dawdy 12	4) Brody Elkins 12		
7	Maple Valley A-O 'A'		1:41.51	2
	1) Kyle Hardisty 12	2) Derrik Kerns 10		
	3) Cody Hopkins 11	4) Marvin Gaines 09		
8	West Monona 'A'		1:42.50	1
	1) Joe Swenson 11	2) Isaac Farrens 09		
	3) Tyler Phelps 11	4) Caleb DeRocher 10		
9	Westwood 'A'		1:45.55	1
	1) Jacob Becker 11	2) Brad Steinhoff 09		
	3) Jacob Shattuck 09	4) Dillion Hinrickson 10		

Boys 4x400 Meter Relay Class"C"

3 turn stagger

Meet: M 3:30.38 4/20/1988 LeMars Gehlen, Lemars Gehle
M. Rohe, G. Meister, N. Ryan, B. Sitzmann

School

Finals

1	Marc-Meri-Cleg 'A'		3:41.35	
	1) Derek Erdman 09	2) Joe Peters 09		
	3) Reece Jackson 11	4) Andrew Hoefling 12		
2	Ridge View 'A'		3:41.86	
	1) Ryan Garthoff 11	2) Joe Tokheim 12		
	3) Christian Egger 12	4) Dru Kenny 12		
3	George Little Rock 'A'		3:44.38	
	1) Tanner Ver Steeg 11	2) Ben Conaway 11		
	3) Reid Guse 11	4) Jesse Henrichs 11		
4	St Albert 'A'		3:48.64	
	1) Ryan Hansen 11	2) Lucas Luke 10		
	3) Isaac Finn 12	4) Gus Doll 11		
5	Laurel-Concord/Coler 'A'		3:55.66	
	1) Austin Roach 12	2) Colton Jansen 10		
	3) Dillan Wolfgram 09	4) Justin Saunders 12		
6	Elk Point-Jefferson 'A'		3:59.24	
	1) Dakota Navrakl 12	2) Jared Hueser 09		
	3) Alex Dawdy 12	4) Brody Elkins 12		
7	Emerson-Hubbard 'A'		3:59.92	
	1) Sergio Pablo 11	2) Eric Hansen 11		
	3) Chance Erikson 12	4) Travis Emmons 11		

Boys 1600 Sprint Medley Class"C"

3 turn stagger

Meet: M 3:38.46 4/16/1988 Gehlen Catholic, Le Mars Ge
J. Block, M. Dull, M. Carpenter, B. Baack

School

Finals

1	Ridge View 'A'		3:51.82	
	1) Ryan Garthoff 11	2) Joe Tokheim 12		
	3) Dru Kenny 12	4) Jason Kenny 11		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 1600 Sprint Medley Class"C"**

2 Lawton-Bronson 'A'		3:54.00
1) Luke Peters 12	2) Mitch Greene 12	
3) Brett Prenger 10	4) Brandon Thompson 12	
3 Elk Point-Jefferson 'A'		4:00.39
1) Dan Howe 11	2) Dakota Navrakl 12	
3) Brody Elkins 12	4) Hunter Paulson 10	
4 St Albert 'A'		4:04.49
1) Ryan Hansen 11	2) Lucas Luke 10	
3) Isaac Finn 12	4) Gus Doll 11	
5 Pierce NE 'A'		4:12.33
1) Austin Freeman 09	2) Collin Freeman 10	
3) Noah Zimmerer 09	4) Caleb Lohrberg 11	
6 Maple Valley A-O 'A'		4:20.66
1) Marvin Gaines 09	2) Kyle Hardisty 12	
3) Derrik Kerns 10	4) Cody Hopkins 11	
7 Marc-Meri-Cleg 'A'		4:26.86
1) Zach Reuter 11	2) Isaiah Petersen 10	
3) Sam Hueser 09	4) Nathan Ruba 10	

Boys 800 Meter Run OHS

Top 24

Meet: M 1:56.87 4/23/2005 Tyler Mulder, O.C. Unity Ch

Name	Year School	Finals
1 Carter Lilly	11 Sc- East	1:59.42
2 Alec DeVries	12 Bishop Heelan	2:00.35
3 William Dougherty	12 Kp/Wc	2:00.84
4 Tucker Culjat	11 St Albert	2:04.86
5 Trey Achterhoff	12 Moc-Fv	2:05.56
6 Josh Sindelar	12 St Albert	2:06.01
7 Ray Scheelhaase	12 Kp/Wc	2:06.57
8 Joe Hilsabeck	12 Okoboji	2:07.30
9 Jake DeJong	11 Bishop Heelan	2:07.65
10 Brennan Buss	12 LeMars	2:10.10
11 Paul Woizeschke	11 Spirit Lake Park	2:10.19
12 Cody Gradert	11 Unity Chrst- OC	2:10.19
13 Jarrett Crnkovich	11 Mt Mich-ELK NE	2:10.41
14 John Mikulicz	11 Mt Mich-ELK NE	2:10.72
15 Brady Wheeler	11 Glenwood	2:12.26

Boys 1600 Meter Run OHS

Top 32

Meet: M 4:22.13 4/20/1995 Nolan Speichinger, SC East

Name	Year School	Finals
1 Alec DeVries	12 Bishop Heelan	4:29.22
2 Josh Sindelar	12 St Albert	4:31.37
3 Tommy Thelen	12 Bishop Heelan	4:39.77
4 Mark Norland	12 Spirit Lake Park	4:40.53
5 Jordan Hanna	11 Okoboji	4:41.46
6 Haile Duden	10 Sioux Center	4:44.47
7 Tanner Goetsch	11 Spirit Lake Park	4:48.20
8 Eamon Adamson	12 Cherokee	4:49.31

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 1600 Meter Run OHS**

9	PJ Kooima	10	Western Christian	4:49.60
10	Jeff Reeve	12	Glenwood	4:49.80
11	Ben Eastman	10	Bishop Heelan	4:49.83
12	Joe Hilsabeck	12	Okoboji	4:50.57
13	Blake Perryman	11	Dakota Valley	4:50.78
14	Kevin Stieger	12	Western Christian	4:51.47
15	Jason Kenny	11	Ridge View	4:53.44
16	Josh Schriever	11	Central Lyon	4:53.47
17	Nic Scheelhaase	10	Kp/Wc	4:54.19
18	Evan Siegrist	12	St Albert	4:55.14
19	Thomas Kalil	11	Mt Mich-ELK NE	4:55.61
20	Hunter Paulson	10	Elk Point-Jefferson	4:57.78
21	Sheehan Levine	11	Sioux City West	4:58.56
22	Brandon Geary	12	Sc- North	5:01.29
23	Austin Fritza	12	South Sioux City	5:02.42
24	Jadon Lux	12	Cherokee	5:04.07
25	Chris Johnson	11	Elk Point-Jefferson	5:04.17
26	Thomas Wooten	10	Mt Mich-ELK NE	5:04.81
27	Freddie Hug	10	St Albert	5:11.26
28	Baker Cambridge	11	Glenwood	5:12.67

Boys 3200 Meter Run OHS

Top 32

Meet: M 9:23.29 4/20/2010 Johnny Fuller, Glenwood

Name	Year	School	Finals
1	Haile Duden	10	Sioux Center 10:18.32
2	Michael Carson	12	South Sioux City 10:18.95
3	Eamon Adamson	12	Cherokee 10:23.05
4	Thomas Kalil	11	Mt Mich-ELK NE 10:26.50
5	Alec Pavone	10	Bishop Heelan 10:28.52
6	Colby Kraninger	11	Okoboji 10:30.03
7	Evan Siegrist	12	St Albert 10:31.25
8	Joe Tolsma	12	Moc-Fv 10:35.99
9	Jadon Lux	12	Cherokee 10:37.77
10	Lane Prather	11	Oa-Bcig 10:40.48
11	Quinn Groff	12	Sheldon 10:44.91
12	Ethan Schultzen	09	Kp/Wc 10:49.82
13	Cuentin Gray	10	Glenwood 10:53.32
14	Graham Bacon	11	Dakota Valley 10:57.22
15	Ferhan Barento	10	South Sioux City 10:57.73
16	Freddie Hug	10	St Albert 10:58.58
17	Ben Broers	11	Unity Chrst- OC 11:01.05
18	Kyle VanderPlaats	10	Western Christian 11:03.23
19	Michael Wolgen	11	Unity Chrst- OC 11:07.07
20	Carter Foughty	09	Moc-Fv 11:08.40
21	Caleb Lohrberg	11	Pierce NE 11:30.78
22	Alec Harrington	09	Spirit Lake Park 11:39.25

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Boys 400 Meter Hurdles OHS**

Top 24 by time

Meet: M 53.79 4/14/2012 Derek Jones, Glenwood

Name	Year	School	Finals	H#
1 Derek Jones	12	Glenwood	54.23	3
2 Trey Achterhoff	12	Moc-Fv	55.89	3
3 Tucker Culjat	11	St Albert	56.64	3
4 James Hayden	12	Kp/Wc	57.25	3
5 Chris Albright	12	Okoboji	57.27	3
6 Alex Borchers	10	South Sioux City	58.81	3
7 Sergio Carbajal	11	Ridge View	59.07	2
8 Pat Woizeschke	11	Spirit Lake Park	59.60	2
9 Christian Egger	12	Ridge View	1:00.38	3
10 Dylan Price	12	Gehlen Catholic	1:00.93	2
11 Louis Noel	11	Bishop Heelan	1:01.01	1
12 Corey Bertini	11	Glenwood	1:01.73	2
13 Derrik Kerns	10	Maple Valley A-O	1:01.88	1
14 Sammy Flores	11	South Sioux City	1:02.27	2
15 KO Noble	09	Sc- North	1:03.39	1
16 Gabe Barrera	10	Sc- North	1:04.03	2
17 Trevor Jensen	10	Spirit Lake Park	1:04.36	1
18 Spencer Wyant	10	Sb-Luton	1:05.40	1
19 Austin Roach	12	Laurel-Conco	1:05.78	2
20 Patrick Strait	10	Sc- North	1:08.50	1
21 Miles Gebel	09	Oa-Bcig	1:08.74	1
-- Brendon Miedema	10	Unity Chrst- OC	DQ	1

Boys 4x800 Meter Relay OHS

Top 16 teams by time

1 turn stagger

Meet: M 7:57.93 4/18/2009 Yankton, SC East

J. Ailts A. Hohenthauer M. Yaggie T. Brenner

School	Finals
1 Okoboji 'A'	8:09.48
1) Joe Hilsabeck 12	2) Taylor Cody 12
3) Chris Albright 12	4) Jordan Hanna 11
2 Spirit Lake Park 'A'	8:13.49
1) Will Norris 12	2) Mark Norland 12
3) Paul Woizeschke 11	4) Tanner Goetsch 11
3 Kp/Wc 'A'	8:22.36
1) Ray Scheelhaase 12	2) TJ Pucelik 12
3) Nic Scheelhaase 10	4) William Dougherty 12
4 LeMars 'A'	8:33.20
1) Brennan Buss 12	2) Kyle Dolph 12
3) Rodrigo Cobian 12	4) A.J. Schroeder 11
5 Unity Chrst- OC 'A'	8:33.77
1) Alex Schoonhoven 12	2) Trevor Kauk 12
3) Arie Hoekstra 11	4) Logan Schoonhoven 11
6 Bishop Heelan 'A'	8:43.59
1) Jake DeJong 11	2) Ben Eastman 10
3) Nigel Treinen 10	4) Bart Kennedy 10
7 Dakota Valley 'A'	8:43.96
1) Ben Cork 12	2) Graham Bacon 11

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 4x800 Meter Relay OHS**

3) Cole Peterson 11	4) Blake Perryman 11	
8 St Albert 'A'		8:48.73
1) Isaac Finn 12	2) Ryan Hansen 11	
3) Gus Doll 11	4) Lucas Luke 10	
9 Glenwood 'A'		8:51.86
1) Jeff Reeve 12	2) Jaron Springer 09	
3) Damon Harrill 10	4) Baker Cambridge 11	
10 Mt Mich-ELK NE 'A'		8:52.98
1) Jarrett Crnkovich 11	2) Thomas Wooten 10	
3) Thomas Kalil 11	4) John Mikulicz 11	
11 Sioux Center 'A'		8:53.68
1) Josh Olvera 12	2) Ross Rozeboom 12	
3) Chris Borchers 10	4) Andres Ortiz 10	
12 Central Lyon 'A'		8:57.09
1) Colby McIntire 10	2) Nic Lutmer 10	
3) Jericho Poppinga 10	4) Josh Schriever 11	
13 Moc-Fv 'A'		9:00.41
1) Eli Dahl 11	2) Mitchell Van Es 12	
3) Christian Korver 09	4) Jon Janssen 12	
14 South Sioux City 'A'		9:03.53
1) Austin Fritza 12	2) Michael Offerman 12	
3) Shelby Gonzalez 10	4) Ferhan Barento 10	
15 Lawton-Bronson 'A'		9:31.47
1) Tylor Audino 12	2) Henri Haafke 09	
3) Kevin Hamm 11	4) Tyler Mathis 12	

Boys 4x110 Meter Shuttle Hurdle OHS

Meet: M 1:00.89 2010 , Le Mars
 Ferris Rhode Strub Lancaster

School	Finals	H#
1 Glenwood 'A'	1:00.10M	2
1) Sam Jameson 12	2) Dane Kruse 10	
3) Kyle Bowden 12	4) Mitch Bowden 12	
2 LeMars 'A'	1:02.22	2
1) BO Ohm 10	2) Logan Schneider 10	
3) Chris Hatting 11	4) Tyler Paulson 10	
3 Ridge View 'A'	1:03.19	1
1) Christian Egger 12	2) Joe Tokheim 12	
3) Felipe Carbajal 09	4) Sergio Carbajal 11	
4 Okoboji 'A'	1:04.20	1
1) Chris Albright 12	2) Keaton Jones 09	
3) Jason Feather 09	4) Dalton Syverson 12	
5 Sioux Center 'A'	1:04.59	1
1) Alex Bakker 10	2) Derek Hooyer 10	
3) Ko Keift 09	4) Christian Rozeboom 10	
6 Spirit Lake Park 'A'	1:06.02	1
1) Cody Poock 12	2) Trevor Jensen 10	
3) Ryan Kelley 10	4) Pat Woizeschke 11	
7 Kp/Wc 'A'	1:06.53	2
1) Ryan Bader 12	2) Joe Hayden 09	
3) Jordan Laddusaw 09	4) James Hayden 12	
8 South Sioux City 'A'	1:10.10	2
1) Alex Borchers 10	2) Sammy Flores 11	

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 4x110 Meter Shuttle Hurdle OHS**

3) Brody Plummer 10

4) Nate Rogers 12

Boys High Jump OHS

Starting height 5'10"

Meet: M 6-10 4/20/1989 Darwin VanderHoef, Rock Valley

Name	Year	School	Finals	
1 Zach Cassens	11	Lawton-Bronson	6-04.00	1.93m
2 Nate Rogers	12	South Sioux City	6-02.00	1.87m
3 Dalton Syverson	12	Okoboji	J6-02.00	1.87m
3 Justin Van Kalsbeek	12	Moc-Fv	J6-02.00	1.87m
5 Lane Rohrich	11	Pierce NE	6-00.00	1.82m
6 Trevor Kauk	12	Unity Chrst- OC	5-10.00	1.77m
7 Louis Noel	11	Bishop Heelan	J5-10.00	1.77m
8 Mitch Bowden	12	Glenwood	J5-10.00	1.77m
9 Collin Wolthuizen	10	Sheldon	5-08.00	1.72m
-- Blake Hamar	11	Ponca	NH	
-- Christian Beery	12	Pierce NE	NH	
-- Sam Dotson	10	Sc- North	NH	
-- Tavian Williams	09	Sc- North	NH	
-- Matt Petsche	11	West Monona	NH	
-- Robert Tramp	12	West Monona	NH	
-- Dane Kruse	10	Glenwood	NH	
-- Cody Durbin	09	Oa-Bcig	NH	
-- Joe Kayl	10	Bishop Heelan	NH	
-- Caleb Jennings	10	Spirit Lake Park	NH	
-- Korey Kuhlmann	10	Maple Valley A-O	NH	
-- Austin Fagen	11	Spirit Lake Park	NH	

Boys Long Jump OHS

Meet: M 22-03 4/20/1961 Lloyd Mattews, SC Central

Name	Year	School	Finals	Wind	
1 Michael Whitehead	12	Gehlen Catholic	6.37m	NWI	20-10.75
			6.15m(NWI) 6.30m(NWI) 6.19m(NWI) 6.12m(NWI) 6.34m(NWI) 6.37m(NWI)		
2 Kaleb Young	12	Oa-Bcig	6.31m	NWI	20-08.50
			FOUL 6.31m(NWI) 6.19m(NWI) 6.31m(NWI) 6.26m(NWI) 6.03m(NWI)		
3 Brady Douma	12	Glenwood	6.02m	NWI	19-09.00
			5.93m(NWI) 6.02m(NWI) 5.92m(NWI) 5.72m(NWI) 5.50m(NWI) 5.38m(NWI)		
4 Chris Balster	12	Sheldon	6.00m	NWI	19-08.25
			5.93m(NWI) 5.77m(NWI) 5.67m(NWI) 5.24m(NWI) 6.00m(NWI) 5.80m(NWI)		
5 Ronald Nash	11	Sc- East	5.96m	NWI	19-06.75
			5.96m(NWI) FOUL FOUL FOUL FOUL FOUL		
6 Anthony Pearson	12	Sioux City West	5.91m	NWI	19-04.75
			5.65m(NWI) 5.91m(NWI) 5.59m(NWI) 5.70m(NWI) 5.29m(NWI) 5.40m(NWI)		
7 Anthony Dreeszen	12	Sc- East	5.84m	NWI	19-02.00
			5.64m(NWI) 5.80m(NWI) 5.38m(NWI) 5.36m(NWI) 5.33m(NWI) 5.84m(NWI)		
8 Austin Evans	10	Sb-Luton	5.78m	NWI	18-11.75
			5.59m(NWI) 5.78m(NWI) 5.76m(NWI) FOUL 5.63m(NWI) 5.64m(NWI)		
9 Odessa Clark	09	Sioux City West	5.77m	NWI	18-11.25
			5.77m(NWI) 5.43m(NWI) FOUL		
10 Anteres Ashley	09	Lawton-Bronson	5.70m	NWI	18-08.50
			5.63m(NWI) FOUL 5.70m(NWI)		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys Long Jump OHS**

11	Nathan Hogan	10 Emerson-Hubbard	5.66m	NWI	18-07.00
	FOUL	5.37m(NWI) 5.66m(NWI)			
12	Matt Petsche	11 West Monona	5.55m	NWI	18-02.50
	5.21m(NWI) 5.55m(NWI)	FOUL			
13	Nick Bousquet	11 Bishop Heelan	5.54m	NWI	18-02.25
	5.42m(NWI) 5.37m(NWI) 5.54m(NWI)				
14	Hunter McDonald	11 Sheldon	5.51m	NWI	18-01.00
	5.44m(NWI) 5.20m(NWI) 5.51m(NWI)				
14	Creighton Allen	12 Oa-Bcig	5.51m	NWI	18-01.00
	5.51m(NWI) 5.20m(NWI) FOUL				
16	Derek Erdman	09 Marc-Meri-Cleg	5.47m	NWI	17-11.50
	5.47m(NWI) 5.28m(NWI) FOUL				
17	Caleb DeRocher	10 West Monona	5.29m	NWI	17-04.25
	5.23m(NWI) 5.25m(NWI) 5.29m(NWI)				
18	Austin Fagen	11 Spirit Lake Park	5.25m	NWI	17-02.75
	5.25m(NWI) 5.09m(NWI) FOUL				
19	Robert Tramp	12 West Monona	5.21m	NWI	17-01.25
	FOUL FOUL 5.21m(NWI)				
20	Marvin Gaines	09 Maple Valley A-O	5.18m	NWI	17-00.00
	FOUL FOUL 5.18m(NWI)				
21	Korey Kuhlmann	10 Maple Valley A-O	5.12m	NWI	16-09.75
	4.83m(NWI) FOUL 5.12m(NWI)				
21	Jacob Harvey	09 Kp/Wc	5.12m	NWI	16-09.75
	5.11m(NWI) 5.12m(NWI) 4.95m(NWI)				

Boys Shot Put OHS

Standard measurement 45'						
Meet: M 58-11 4/20/2011 Justin Baker, Bishop Heelan						
Name	Year	School	Finals			
1 Taylor Lambert	12	Dakota Valley	53-10.50	16.42m		
	53-10.50	FOUL FOUL	53-10.50	FOUL FOUL		
2 Nathan Myrice	12	Ridge View	51-11.50	15.83m		
	49-00.50	FOUL 51-01	47-07 50-09	51-11.50		
3 Jacob Sauter	12	Okoboji	47-05.50	14.46m		
	46-07	47-05.50 FOUL	FOUL 44-03	FOUL		
4 Tevita Moa-Lamp	12	LeMars	47-04.00	14.42m		
	42-10	43-04 46-02	FOUL 47-02.50	47-04		
5 Colton Phelps	11	Kp/Wc	47-01.50	14.36m		
	44-04	46-02.50 46-09	46-10.50 46-11	47-01.50		
6 Clayton Scheibler	12	Sheldon	46-03.00	14.09m		
	46-03	45-05.50 45-09.50	FOUL FOUL	46-01		
7 Andy Heffner	12	LeMars	46-02.00	14.07m		
	FOUL 46-02	FOUL 44-11.50	FOUL FOUL			
8 Max Stewart	11	Sc- North	46-01.00	14.04m		
	43-05.50	45-05.50 FOUL	46-01	FOUL 45-02.50		
9 Zach Stingley	12	South Sioux City	45-08.00	13.91m		
	45-08	FOUL FOUL 43-00	44-02.50	44-03		
10 Nick Norton	11	Sc- North	45-04.50	13.83m		
	45-04.50	43-06 44-09				
11 Sam Burki	12	Ponca	45-02.50	13.77m		
	45-02.50	44-05 44-09.50				
12 Tanner Kroon	11	Spirit Lake Park	44-07.00	13.58m		
	44-07	FOUL 41-01				

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013

Olsen Stadium

Results

....Boys Shot Put OHS

13	Aaron Ridgley	12	Sc- East	44-06.00	13.56m
	44-06 FOUL 43-08				
13	Josh Schenk	12	Unity Chrst- OC	44-06.00	13.56m
	FOUL FOUL 44-06				
15	Ben Spaeth	11	Spirit Lake Park	44-02.50	13.47m
	FOUL 43-04 44-02.50				
16	Landon Paulsen	10	Kp/Wc	43-06.00	13.25m
	40-08 42-01 43-06				
17	Lane Peterson	12	Cherokee	43-03.50	13.19m
	39-00 41-09.50 43-03.50				
18	Jason Lupkes	11	Dakota Valley	43-01.50	13.14m
	41-06 FOUL 43-01.50				
19	Austin Langston	11	Sc- North	43-00.50	13.11m
	41-02 43-00.50 42-04.50				
20	Jon Patrick	12	South Sioux City	42-11.50	13.09m
	FOUL 42-11.50 FOUL				
21	Anthony Combs	12	Sioux City West	42-03.00	12.87m
	38-08 40-07.50 42-03				
22	Levi Letsche	12	Marc-Meri-Cleg	41-10.50	12.76m
	41-10.50 41-10.50 40-11				
23	Lorenzo Tomasiello	12	Gehlen Catholic	41-08.00	12.70m
	37-11.50 41-08 40-08.50				
24	Korey Kuhlmann	10	Maple Valley A-O	41-03.50	12.58m
	41-03.50 40-04 41-00				
25	Jacob Sandoz	10	Sb-Luton	40-10.50	12.45m
	39-08 39-03.50 40-10.50				
26	Stetson Dagel	12	Cherokee	40-01.00	12.21m
	38-10 FOUL 40-01				
--	Jon McReynolds	12	Sc- East	FOUL	
	FOUL FOUL FOUL				

Boys Discus Throw OHS

Standard measurement 125'

Meet: M 178-00 4/20/2011 Justin Baker, Bishop Heelan

Name	Year	School	Finals
1 Colton Phelps	11	Kp/Wc	150-08 45.92m
			FOUL 138-01 FOUL FOUL 147-04 150-08
2 Trevor Westhoff	10	LeMars	142-10 43.53m
			FOUL FOUL 135-09 142-09 142-06 142-10
3 Levi Paulsen	10	Kp/Wc	135-04 41.24m
			135-04 FOUL FOUL FOUL 129-04 FOUL
4 Jason Lupkes	11	Dakota Valley	135-01 41.17m
			135-01 FOUL FOUL 131-00 131-01
5 Austin Langston	11	Sc- North	134-09 41.07m
			128-06 130-07 FOUL 134-09 FOUL FOUL
6 Jon Patrick	12	South Sioux City	134-03 40.91m
			130-11 FOUL 134-03 120-10 120-08 129-10
7 Sam Burki	12	Ponca	134-00 40.84m
			FOUL 132-10 134-00 FOUL FOUL FOUL
8 Connor Fikes	12	Glenwood	133-04 40.64m
			133-04 FOUL 132-00 125-01 FOUL FOUL
9 Braden Taylor	10	Pierce NE	130-04 39.72m
			130-04 125-03 FOUL 118-00 125-07 FOUL

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys Discus Throw OHS**

10 Garrett Rohlk 129-10 129-07 125-01	11 Oa-Bcig	129-10	39.57m
11 Taylor Lambert FOUL FOUL 129-05	12 Dakota Valley	129-05	39.44m
12 Jacob Jenness 128-03 116-11 FOUL	11 Spirit Lake Park	128-03	39.09m
13 Tanner Kroon 127-07 FOUL 124-01	11 Spirit Lake Park	127-07	38.88m
14 Nick Norton FOUL 125-05 FOUL	11 Sc- North	125-05	38.22m
15 Eddie Francois 125-04 125-01 FOUL	12 Pierce NE	125-04	38.20m
16 Jacob Sauter 124-03 FOUL 114-10	12 Okoboji	124-03	37.87m
17 Nathan Myrice FOUL 119-11 FOUL	12 Ridge View	119-11	36.55m
18 Chet Kaiser FOUL 116-08 114-06	09 Sb-Luton	116-08	35.56m
19 Cory Myrtue FOUL 116-07 116-00	12 Westwood	116-07	35.53m
20 Aaron Ridgley 116-03 FOUL FOUL	12 Sc- East	116-03	35.43m
21 Tyler Witzke FOUL FOUL 102-04	11 Oa-Bcig	102-04	31.19m
22 Carter Ewing FOUL 102-01 FOUL	11 LeMars	102-01	31.11m
23 Jace Lappiere 98-01 FOUL 98-01	11 Sc- East	98-01	29.89m
-- Lorenzo Tomasiello FOUL FOUL FOUL	12 Gehlen Catholic	FOUL	
-- Austin Kolegraff FOUL FOUL FOUL	09 Okoboji	FOUL	
-- Patrick Livermore FOUL FOUL FOUL	11 Gehlen Catholic	FOUL	

Boys 100 Meter Dash Elite

Meet: M 11.00 4/17/2002 Paul Brown, Le Mars Central

Name	Year School	Finals	Wind
1 Zack Skibinski	12 Bishop Heelan	11.15	-0.9
2 Ronald Nash	11 Sc- East	11.18	-0.9
3 Trever Ryen	12 Oa-Bcig	11.30	-0.9
4 Anthony Dreeszen	12 Sc- East	11.43	-0.9
5 Gerald Heiskell	12 Sioux City West	11.51	-0.9
6 Clay Kramper	11 Homer	11.59	-0.9
7 Marc Husman	12 Cherokee	11.65	-0.9
8 Grant May	12 Glenwood	11.67	-0.9

Boys 110 Meter Hurdles Elite

Meet: M 14.41 4/20/2002 Derek Casey, Cherokee

Name	Year School	Finals	Wind
1 William Dougherty	12 Kp/Wc	15.45	0.1

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Boys 110 Meter Hurdles Elite**

2	Dane Kruse	10	Glenwood	15.65	0.1
3	Trent Spieker	12	Pierce NE	15.97	0.1
4	Mitch Bowden	12	Glenwood	16.12	0.1
5	Alex Borchers	10	South Sioux City	16.41	0.1
6	Dalton Syverson	12	Okoboji	16.43	0.1
7	Louis Noel	11	Bishop Heelan	16.82	0.1
8	Kyle Bowden	12	Glenwood	17.34	0.1

Men 100 Meter Dash UCO

Meet: M 10.35 4/17/1994 Keith Green, Morningside

Name	Year	School	Finals	Wind	H#
1	Seth Boomsma	FR Dakota State	10.77	-0.9	7
2	D'Artist Williams	FR Dakota State	11.03	-0.9	7
3	Jeriah Dunk	JR Northwestern	11.03	-0.9	7
4	Mike Huseman	JR Morningside	11.21	-1.2	6
5	Johnny Biacofsky	SR Unattached	11.24	-1.2	6
6	Jesse Selgeby	JR Northwestern	11.27	-0.9	7
7	Eric Peters	Unattached	11.29	0.7	1
8	Jordan Micallef	SO Northwestern	11.32	1.0	3
9	Justin Greenway	FR Augustana	11.39	-1.2	6
10	Stacey Berg	SR Dakota State	11.44	-1.2	6
11	Alex Van Roekel	FR Northwestern	11.51	-1.2	4
12	Koray Karakas	FR Northwestern	11.52	1.0	3
13	Preston Nibaur	JR Morningside	11.53	0.6	2
14	Terrence Gaye	SO Southwestern	11.58	1.0	3
15	Dalton Smith	SR Dakota Wesleyan	11.58	-1.2	6
16	Benjamin Shield	JR Sioux Falls Univ	11.68	-1.2	4
17	Brian Szekely	JR Morningside	11.72	-1.0	5
18	Noah Hollinger	SO Northwestern	11.76	1.0	3
19	Frank Wallace	JR Briar Cliff	11.77	-1.0	5
20	Aaron Wubben	JR Dordt	11.79	0.6	2
21	Lavon Wright	FR Briar Cliff	11.85	0.6	2
22	Christian Cottingham	JR Buena Vista	11.85	-1.2	4
23	Kyle Kinney	SO Morningside	11.86	0.6	2
24	Jarrys Rollins	FR Briar Cliff	11.86	-1.2	4
25	Daniel Fennig	SO Dordt	11.87	1.0	3
26	Kevin Williams	FR Briar Cliff	11.93	-1.2	6
27	Abe Oyesile	FR Augustana	11.97	1.0	3
28	Jordan Dorsey	JR Northwestern	11.98	0.7	1
28	Malcolm Jenkins	FR Jamestown	11.98	-1.0	5
30	Colin Mann	SR Buena Vista	12.04	-1.2	4
31	Daren Gentry	FR Northwestern	12.09	0.7	1
32	Evan Schreiner	JR Jamestown	12.12	-1.2	6
33	Alexis Moore	FR Dakota Wesleyan	12.13	0.7	1
34	Brennan Dorsey	FR Northwestern	12.20	0.7	1
35	Adrian Paet-Bullaoit	SO Jamestown	12.23	1.0	3
36	Trevor Fitzpatrick	JR Unattached	12.34	0.7	1
37	Adam Pool	FR Southwestern	12.55	0.7	1

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Men 400 Meter Dash UCO**

Meet: M 46.22 4/20/1996 Lionel McPhaul, South Dakota				
Name	Year	School	Finals	H#
1 Mike Huseman	JR	Morningside	49.49	4
2 Alan Gerdes	SO	Briar Cliff	51.14	4
3 Marquis Flowers	SO	Southwestern	51.44	4
4 Tyler Volesky	JR	Dakota Wesleyan	51.76	3
5 Andy Dougherty	JR	Morningside	51.79	4
6 Aric Waltz	FR	Northwestern	52.16	2
7 Ben Van Dyke	FR	Morningside	52.24	3
8 Brian Szekely	JR	Morningside	52.27	2
9 Kevin Martinson	FR	Northwestern	52.35	4
10 Austin King	JR	Northwestern	52.40	4
11 Lee Irvine	FR	Unattached	53.09	4
12 Nick Misukanis	FR	Morningside	53.19	3
13 Ethan Van Briesen	SO	Morningside	53.43	3
14 Adam Potter	SR	Northwestern	53.97	3
15 Tyler Figge	JR	Morningside	54.00	2
16 Preston Nibaur	JR	Morningside	54.32	3
17 Trevor Fitzpatrick	JR	Unattached	54.72	3
18 Terrence Gaye	SO	Southwestern	54.78	2
19 Adrian Paet-Bullaoit	SO	Jamestown	56.06	1
20 Austin Mumm	FR	Morningside	56.38	1
21 Grant Aden	JR	Morningside	56.67	2
22 Chad Holloway	SO	Morningside	58.53	2
23 Tyler Wattier	SO	Morningside	59.12	1
24 Adam Pool	FR	Southwestern	59.32	2

Men 800 Meter Run UCO

Meet: M 1:48.89 4/20/1995 Tom Dow, Augustana				
Name	Year	School	Finals	H#
1 Monte Larsen	SR	Morningside	1:52.02	3
2 Andy Coy	SR	Dakota State	1:54.04	3
3 Jay Welp	SO	Morningside	1:55.66	3
4 Stephen Bruha		Unattached	1:56.04	3
5 Taylor Chapman	JR	Morningside	1:56.16	3
6 Skyler Giddings	SO	Northwestern	1:58.05	3
7 Jacob Willey	FR	Morningside	1:58.53	3
8 Taylor Bodin	JR	Northwestern	1:58.60	3
9 Kyle Anderson	FR	Northwestern	1:58.63	2
10 Eric Koithan	SO	Morningside	1:59.14	3
11 John Harris	SR	Morningside	2:00.25	3
12 Keith Byers	FR	Morningside	2:00.73	2
13 Brad Wright	JR	Morningside	2:01.47	3
14 Zach Wittenberg	JR	Northwestern	2:01.61	2
15 Samuel Lopez	JR	Mount Marty	2:01.85	3
16 Elliott Johnson	FR	Northwestern	2:02.01	2
17 Steve Selchert	FR	Dakota State	2:03.12	2
18 Kyle Borchers	SO	Morningside	2:03.66	2
19 Ted Hanson	FR	Morningside	2:03.69	1
20 Bryce Kinard	FR	Unattached	2:04.10	1
21 Andrew Hernandez	JR	Dakota Wesleyan	2:04.47	1
22 Joshua Monson	JR	Mount Marty	2:04.48	2

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****...Men 800 Meter Run UCO**

23	Andy Quenzer	SR	Dakota State	2:05.14	2
24	Kayne Feldick	FR	Morningside	2:05.30	2
25	Tommy Stuart	SR	Briar Cliff	2:05.73	1
26	Joe Jackson	FR	Unattached	2:05.98	3
27	Colby Casper	FR	Morningside	2:06.13	1
28	Spencer Kamoni	JR	Jamestown	2:06.55	2
29	Matt Mayer	FR	Briar Cliff	2:07.95	1
30	Kyle Nielsen	FR	Jamestown	2:09.05	1
31	Jared Sutton	FR	Dakota State	2:09.45	1
32	Cody Danko	SR	Morningside	2:09.65	1
33	Gabe Samuelson	SR	Dakota State	2:10.87	1
34	Kyle McGlade	FR	Morningside	2:12.35	1
35	Kace Groff	JR	Morningside	2:12.46	2
36	Jared Truman	FR	Dakota State	2:14.55	1
37	Gage Beers	SO	Southwestern	2:16.25	1
38	Josh Knutson	FR	Jamestown	2:17.80	1
39	Nate Carr	SO	Southwestern	2:25.32	1
40	Eric Robinson	SO	Southwestern	2:27.27	1
--	Chris Nordstrom		Unattached		DNF 3

Men 1500 Meter Run UCO

 Meet: M 3:51.94 4/22/1998 Chad Feeldy, South Dakota

Name	Year	School	Finals	H#
1	Jeffrey Mettler	JR	South Dakota	3:56.78 4
2	John Klecker	FR	Augustana	3:59.76 3
3	Henrik Hansson	JR	Augustana	4:00.05 4
4	Travis Beniak	SR	Augustana	4:00.87 4
5	Taylor Chapman	JR	Morningside	4:01.30 4
6	Jay Welp	SO	Morningside	4:01.45 4
7	Glen Ellingson	FR	Augustana	4:02.33 3
8	Logan Hovland	SO	Northwestern	4:02.68 4
9	Ryan Tholen	SR	Dordt	4:03.23 3
10	Stephen Nielson	SO	South Dakota	4:04.00 4
11	Jordan Slusser	JR	Unattached	4:04.12 4
12	Zach Wittenberg	JR	Northwestern	4:05.09 3
13	Tim Bierma	JR	Dordt	4:05.85 3
14	Pierce Tallichet	FR	Unattached	4:05.89 3
15	Taylor Huseman	SO	South Dakota	4:06.47 4
16	Brock Mickelsen	SR	Black Hills Stat	4:07.24 3
17	Casey Shade	SR	Unattached	4:08.12 3
18	Jacob Evenson	JR	South Dakota	4:08.59 4
19	Eric Koithan	SO	Morningside	4:09.41 3
20	Stephen Bruha		Unattached	4:11.21 3
21	Keith Byers	FR	Morningside	4:11.40 2
22	Stephan McNamara	JR	Dordt	4:11.99 3
23	Jeremy Van Woerden	JR	Dordt	4:12.82 3
24	Benson Langat	SR	South Dakota	4:12.96 3
25	Justin Cook	SO	Augustana	4:13.00 3
26	Dan Larscheid	SO	Morningside	4:13.09 2
27	Alex Hohenthauer	JR	South Dakota	4:14.74 4
28	Kyle Anderson	FR	Northwestern	4:15.53 3
29	Mitchell Schleis	FR	Briar Cliff	4:16.75 2
30	Jeff Vander Molen	SR	Dordt	4:17.99 2

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****...Men 1500 Meter Run UCO**

31	Cristian Van Dyke	SO	Dordt	4:18.31	2
32	Eric Posthuma	JR	Northwestern	4:19.36	2
33	Taylor Kube	JR	Morningside	4:19.43	2
34	Kyle Borchers	SO	Morningside	4:20.03	2
35	Ted Hanson	FR	Morningside	4:20.79	2
36	Ben Berberich	SO	Buena Vista	4:22.55	3
37	Adam Sohl	FR	Unattached	4:22.93	1
38	Taylor Hauge	FR	Dakota State	4:24.27	1
39	Nathan Reichert	FR	Dordt	4:24.91	1
40	Joe Jackson	FR	Unattached	4:25.05	1
41	Colby Casper	FR	Morningside	4:25.48	2
42	Auston Carter	SO	Southwestern	4:26.16	1
43	Alex Lamp	SO	Buena Vista	4:28.95	2
44	Tyler Peterson	SO	Buena Vista	4:29.37	2
45	Gage Beers	SO	Southwestern	4:39.99	1
46	Cody Danko	SR	Morningside	4:42.25	1
47	JohnRyan Bajema	SO	Dordt	4:44.04	1
48	Gary Blackford	FR	Buena Vista	4:50.43	1
49	Paul Johnson		Sc- North	4:57.27	1
50	Jon Duff	FR	Briar Cliff	4:58.47	1
51	Nate Carr	SO	Southwestern	5:04.67	1
52	Eric Robinson	SO	Southwestern	5:10.45	1

Men 5000 Meter Run UCO

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 Meet: M 14:23.61 4/21/2001 Matt Hoyt, unattached

Name	Year	School	Finals
1	Jeffrey Mettler	JR South Dakota	14:47.88
2	Brant Haase	SO South Dakota	14:48.93
3	Mubarik Musa	FR South Dakota	15:13.20
4	Drew Kraft	SO Unattached	15:16.75
5	Alex Hohenthauer	JR South Dakota	15:17.63
6	Nathan Hauge	SO Augustana	15:18.27
7	Keegan Carda	FR Augustana	15:20.22
8	Ethan Marquardt	SR South Dakota	15:30.50
9	Benson Langat	SR South Dakota	15:37.28
10	Mark Abrams	FR Morningside	15:38.19
11	Nathan Jackson	SO Dordt	15:46.06
12	Christian Karels	SR Unattached	15:48.39
13	Daniel Black	SR Unattached	16:11.69
14	Mykl Boyd-Raska	SR Briar Cliff	16:42.47
15	Anthony Epp	SO Northwestern	16:53.08
16	Ryan Weitgenant	FR Northwestern	17:00.51
17	Andrew Lichter	SR Northwestern	17:11.69
18	Paul McCleary	SO Northwestern	17:45.73
19	Chris Riley	SR Unattached	18:34.67
20	Josh Cobb	SO Southwestern	19:05.89
21	David Eilliot	SR Dakota Wesleyan	19:19.77
22	Gage Beers	SO Southwestern	19:37.88
23	Vincent Raia	FR Unattached	20:43.02

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Men 10000 Meter Run UCO**

Meet: M 30:16.57 4/22/1998 James McGowan, Wayne State			
Name	Year	School	Finals
1 Nic Penning	SR	Dakota State	32:38.75
2 Mark Abrams	FR	Morningside	33:07.59
3 Jordan Pater	JR	Mount Marty	33:30.20
4 Taylor Kube	JR	Morningside	34:03.17
5 Justin Brueggemann	FR	Dakota Wesleyan	34:16.61
6 Connor Doppler	FR	Jamestown	35:48.28
7 Josh Cobb	SO	Southwestern	41:08.34

Men 110 Meter Hurdles UCO

Meet: M 14.25 4/17/1988 Charles Johnson, Morningside					
Name	Year	School	Finals	Wind	H#
1 Erin Francis	JR	Dordt	15.29	-0.6	2
2 Andy Dougherty	JR	Morningside	15.54	+0.0	4
3 Scott Roemmich	SR	Jamestown	15.59	0.5	1
4 Ryan Maloney	SR	Sioux Falls Univ	15.77	-0.6	2
5 Trent Roemmich	JR	Jamestown	15.79	0.5	1
6 Kaleb Garcia	FR	Jamestown	15.96	0.5	1
7 JT Petsch	JR	Jamestown	16.10	-0.6	2
8 Jace Ver Steeg	FR	Northwestern	16.16	0.5	1
9 Zach Jones	FR	Augustana	16.33	0.5	1
10 Austin Groth	FR	Buena Vista	16.35	0.5	1
11 David Sotir	JR	Dakota State	16.35	0.5	1
12 Josh Thompson	SO	Northwestern	16.35	-1.3	3
13 Ryan Heuer	FR	Augustana	16.52	-0.6	2
14 Jackson Shantz	SO	Southwestern	16.57	-1.3	3
15 Andrew May	FR	Buena Vista	16.67	0.5	1
16 Chad Holloway	SO	Morningside	16.99	-1.3	3
17 Justin Templeton	FR	Dakota State	17.08	-1.3	3
18 Logan Ulmer	SO	Mount Marty	17.60	+0.0	4
19 Austin Mumm	FR	Morningside	18.40	+0.0	4
20 Paul Apenhorst	FR	Dakota Wesleyan	18.72	+0.0	4
21 Chad Pelkofer	SO	Dakota State	18.78	-1.3	3
22 Ryan Leise	SO	Briar Cliff	19.91	+0.0	4
-- Grant Aden	JR	Morningside	DQ	+0.0	4
-- Jonathan Nebelsick	JR	Sioux Falls Univ	DQ	-1.3	3
-- Derek Roemmich	SO	Jamestown	DQ	-1.3	3

Men 400 Meter Hurdles UCO

Meet: M 52.42 4/19/2007 Jake Hamik, Northern State				
Name	Year	School	Finals	H#
1 Erik Hill	SO	South Dakota	52.42M	4
2 Monte Larsen	SR	Morningside	52.53	4
3 Lukas Bernard	SO	South Dakota	55.95	4
4 Ben Van Dyke	FR	Morningside	56.66	3
5 Kaleb Garcia	FR	Jamestown	56.82	3
6 Zach Jones	FR	Augustana	57.32	3
7 Rusty Muncy	FR	Briar Cliff	57.32	3
8 Kevin Martinson	FR	Northwestern	57.40	3

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Men 400 Meter Hurdles UCO**

9	Trent Roemmich	JR Jamestown	57.40	3
10	JT Petsch	JR Jamestown	57.48	4
11	Ryan Maloney	SR Sioux Falls Univ	57.94	4
12	Brody Sundblad	FR South Dakota	58.25	1
13	Jackson Shantz	SO Southwestern	58.54	2
14	Chad Pelkofer	SO Dakota State	58.68	2
15	Jeffrey McClelland	JR Dordt	58.83	3
16	Justin Templeton	FR Dakota State	58.84	2
17	Grant Hoffman	SO Buena Vista	59.15	3
18	Andrew Smith	SR Buena Vista	59.36	4
19	Derek Roemmich	SO Jamestown	59.98	2
20	Scott Roemmich	SR Jamestown	1:00.51	4
21	Adam Schwery	SR Briar Cliff	1:00.56	1
22	Chris Young	JR Briar Cliff	1:01.51	1
23	Austin Groth	FR Buena Vista	1:01.68	2
24	David Sotir	JR Dakota State	1:02.09	1
25	Ryan Leise	SO Briar Cliff	1:03.75	1
26	Brandon Bergren	SO Southwestern	1:03.78	2
27	Logan Ulmer	SO Mount Marty	1:04.50	1
28	Paul Apenhorst	FR Dakota Wesleyan	1:05.97	1
--	Andrew May	FR Buena Vista	NT	2

Men 3000 Meter Steeplechase UCO

Meet: M 8:57.61 4/14/2012 Tom Karbo, Augustana

Name	Year	School	Finals
1	Harald Karbo	FR Augustana	9:09.25
2	Garret Ehlers	JR Morningside	9:16.79
3	Adam Braun	SO Augustana	9:18.04
4	Travis Beniak	SR Augustana	9:28.62
5	Taylor Chapman	JR Morningside	9:35.49
6	Austin Hamm	FR SD State	9:57.63
7	Chris Postma	JR Dordt	10:05.49
8	Alex Lamp	SO Buena Vista	10:10.62
9	Derek Opp	JR Dordt	10:10.63
10	Jesus Iniquez	JR Morningside	10:15.92
11	Trace Tjeerdsma	SO Dakota Wesleyan	10:19.48
12	Tyler Peterson	SO Buena Vista	10:20.43
13	Jeff Sahli	FR Dakota Wesleyan	10:53.30
14	Mychal Bierwagen	JR Mount Marty	11:12.61
15	Gage Beers	SO Southwestern	11:21.15
16	Matt Koeppe	SO Briar Cliff	11:57.04
17	Aaron Visccher	SO Dordt	12:25.34
--	Adam Sohl	FR Unattached	DNF
--	Jacob Hackbarth	SO Dordt	DNF

Men 4x100 Meter Relay UCO

2 turn stagger

Meet: M 41.28 4/22/1990 North Dakota State, North Dakota

J. Thompson M. Eckroth J. Boschee K. Cargile

School Finals H#

1	South Dakota	'A'	42.03	2
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Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Men 4x100 Meter Relay UCO**

1) Tad Schuurmans SO	2) Christian Nielsen FR		
3) Michael Burrus SR	4) Brandon Kovash JR		
2 Dakota State 'A'		42.07	2
3 Northwestern College 'A'		42.12	2
1) Jeriah Dunk JR	2) Jordan Micallef SO		
3) Alex Van Roekel FR	4) Jesse Selgeby JR		
4 Briar Cliff 'A'		43.51	2
5 Jamestown 'A'		43.82	2
6 Buena Vista 'A'		44.87	2
7 Northwestern College 'B'		45.56	1
1) Jordan Dorsey JR	2) Brennan Dorsey FR		
3) Daren Gentry FR	4) Koray Karakas FR		

Men 4x200 Meter Relay UCO

4 turn stagger

Meet: M 1:25.63 4/20/2000 South Dakota, South Dakota
T. Green R. Finley P. Billing J. Kehoe

School Finals

1 South Dakota 'A'		1:27.83	
1) Jeff O'Connell SO	2) Brandon Kovash JR		
3) Michael Burrus SR	4) Christian Nielsen FR		
2 Augustana 'A'		1:29.58	
3 Buena Vista 'A'		1:31.34	
4 Northwestern College 'A'		1:32.19	
1) Josh Thompson SO	2) Koray Karakas FR		
3) Aric Waltz FR	4) Noah Hollinger SO		
5 Briar Cliff 'A'		1:32.51	
1) Dillian Broadnax JR	2) Patrick Cisar JR		
3) Rusty Muncy FR	4) Frank Wallace JR		
6 Jamestown 'A'		1:33.85	
1) Evan Schreiner JR	2) Malcolm Jenkins FR		
3) Adrian Paet-Bullaoit SO	4) Spencer Kamoni JR		

Men 4x400 Meter Relay UCO

3 turn stagger

Meet: M 3:11.81 4/22/1995 Augustana, Augustana
T. Gonye M. Blumer J. Skjelvaag T. Dow

School Finals H#

1 Morningside 'A'		3:18.83	3
1) Andy Dougherty JR	2) Mike Huseman JR		
3) Jay Welp SO	4) John Harris SR		
2 Briar Cliff 'A'		3:21.78	3
1) Dillian Broadnax JR	2) Jarrys Rollins FR		
3) Alan Gerdes SO	4) Augustus Cowan SO		
3 Augustana 'A'		3:21.88	3
4 South Dakota 'A'		3:21.93	3
1) Erik Hill SO	2) Jeff O'Connell SO		
3) Lukas Bernard SO	4) Christian Nielsen FR		
5 Northwestern College 'A'		3:23.23	3
1) Taylor Bodin JR	2) Kevin Martinson FR		
3) Elliott Johnson FR	4) Brandon Schuler SR		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Men 4x400 Meter Relay UCO**

6 Buena Vista 'A'	3:25.92	3
1) Garrett Woodson JR	2) Ryan Eberly JR	
3) Seth Woodson SO	4) Brian Patterson SR	
7 Jamestown 'A'	3:26.13	3
1) Scott Roemmich SR	2) Kaleb Garcia FR	
3) Spencer Kamoni JR	4) JT Petsch JR	
8 Dordt 'A'	3:27.73	3
1) Jake Floen FR	2) Aaron Floen SR	
3) Kyle Lindbergh JR	4) Nic Pfeifle SR	
9 Morningside 'C'	3:29.85	2
1) Preston Nibaur JR	2) Keith Byers FR	
3) Kayne Feldick FR	4) Kace Groff JR	
10 Southwestern 'A'	3:30.18	2
1) Rayvonne Brown SO	2) Jackson Shantz SO	
3) Joe Bierl SO	4) Marquis Flowers SO	
11 Augustana 'B'	3:30.21	2
12 Morningside 'B'	3:30.22	2
1) Jacob Willey FR	2) Shaun Ryan JR	
3) Ben Van Dyke FR	4) Brad Wright JR	
13 Dordt 'B'	3:31.48	1
1) Jeffrey McClelland JR	2) Stephan McNamara JR	
3) Aaron Tudor SR	4) Camren Pitre SO	
14 Morningside 'D'	3:31.81	1
1) Brian Szekely JR	2) Eric Koithan SO	
3) Kyle Borchers SO	4) Ethan Van Briesen SO	
15 Augustana 'C'	3:32.56	1
16 Dakota State 'A'	3:35.30	1
1) Andy Quenzer SR	2) Steve Selchert FR	
3) Chad Pelkofer SO	4) Taylor Hauge FR	
17 Briar Cliff 'B'	3:38.98	2
18 Jamestown 'B'	3:39.23	2
1) Adrian Paet-Bullaoit SO	2) Derek Roemmich SO	
3) Joe Ikier FR	4) Trent Roemmich JR	
19 Morningside 'E'	3:39.32	1
1) Nick Misukanis FR	2) Tyler Figge JR	
3) Cody Danko SR	4) Grant Aden JR	
20 Unattached 'A'	3:40.21	1
21 Dordt 'C'	3:40.66	1
1) Josh Meinders FR	2) Tim Bierma JR	
3) Trevor Johnson FR	4) Jeffrey McClelland JR	
22 Morningside 'F'	3:48.17	1
1) Colby Casper FR	2) Kyle McGlade FR	
3) Austin Mumm FR	4) Ted Hanson FR	

Men 4x800 Meter Relay UCO

=====			
1 turn stagger			
Meet: M 7:38.50	1964	Drake, Drake	
School			Finals
=====			
1 Morningside 'A'		7:44.16	
1) Brad Wright JR	2) Jacob Willey FR		
3) John Harris SR	4) Monte Larsen SR		
2 Northwestern College 'A'		7:48.21	
1) Taylor Bodin JR	2) Kyle Anderson FR		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Men 4x800 Meter Relay UCO**

3) Logan Hovland SO	4) Skyler Giddings SO	
3 Sioux Falls Univ 'A'		7:53.79
1) Blake Stevensen JR	2) Blaze Kilian JR	
3) Ethan Tabbert FR	4) Robert Brockmueller SO	
4 Dakota State 'A'		7:58.50
1) Andy Quenzer SR	2) Steve Selchert FR	
3) Mark Moeller FR	4) Andy Coy SR	
5 Southwestern 'A'		8:22.45
1) Auston Carter SO	2) Dave Prchal FR	
3) Rayvonne Brown SO	4) Joe Bierl SO	
6 Briar Cliff 'A'		8:24.44
1) Jon Hanson JR	2) Mitchell Schleis FR	
3) Tommy Stuart SR	4) Matt Mayer FR	

Men 1600 Sprint Medley UCO

3 turn stagger

Meet: M 3:26.00 1964

Drake, Drake

School

Finals H#

1 Morningside 'A'		3:32.80	2
1) Mike Huseman JR	2) Brian Szekely JR		
3) Monte Larsen SR	4) John Harris SR		
2 Dordt 'A'		3:34.50	2
1) Daniel Fennig SO	2) Kyle Lindbergh JR		
3) Nic Pfeifle SR	4) Ryan Tholen SR		
3 Morningside 'B'		3:37.83	2
1) Shaun Ryan JR	2) Preston Nibaur JR		
3) Jacob Willey FR	4) Brad Wright JR		
4 Northwestern College 'A'		3:38.68	2
1) Kevin Martinson FR	2) Aric Waltz FR		
3) Austin King JR	4) Elliott Johnson FR		
5 Morningside 'C'		3:41.09	2
1) Ethan Van Briesen SO	2) Nick Misukanis FR		
3) Ben Van Dyke FR	4) Eric Koithan SO		
6 Augustana 'A'		3:43.68	2
7 Dakota State 'A'		3:50.40	1
1) Justin Templeton FR	2) Gabe Samuelson SR		
3) Jared Truman FR	4) Jared Sutton FR		
8 Southwestern 'A'		3:54.11	2
1) Terrence Gaye SO	2) Marquis Flowers SO		
3) Joe Bierl SO	4) Rayvonne Brown SO		
9 Southwestern 'B'		4:04.85	1
1) Adam Pool FR	2)		
3) Dave Prchal FR	4) Auston Carter SO		
-- Briar Cliff 'A'		DNF	1
1) Brandon Lindsey FR	2) Carter Kruckenberg JR		
3) Jon Hanson JR	4) Tommy Stuart SR		

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Men Distance Medley UCO**

1 turn stagger

Running Order 1200-400-800-1600

Meet: M 10:11.69 4/18/2010 Dakota State, Dakota State

T Van Peurse, C Foreman, M Fideler, A Drealan

School

Finals

1 Briar Cliff 'A'	11:19.19
1) Mitchell Schleis FR	2) Carter Kruckenberg JR
3) Jon Hanson JR	4) Mykl Boyd-Raska SR
2 Southwestern 'A'	11:25.70
1) Dave Prchal FR	2) Marquis Flowers SO
3) Rayvonne Brown SO	4) Auston Carter SO
3 Northwestern College 'A'	11:33.44
1) Jose Martinez SO	2) Adam Potter SR
3) Elliot Stoltz FR	4) Caleb VanderBaan FR

Men High Jump UCO

Meet: M 7-00 4/22/1995 Don Wolf, Buena Vista

Name Year School Finals

1 Matt Huseman	JR Northwestern	2.06m	6-09.00
2 Clay Pagels	SR Briar Cliff	J2.06m	6-09.00
3 Aaron Wubben	JR Dordt	1.96m	6-05.00
3 Andrew Christen	FR Morningside	1.96m	6-05.00
5 Austin Krohn	FR Morningside	J1.96m	6-05.00
6 Bryce Harshman	SR Briar Cliff	J1.96m	6-05.00
7 Zach Feil	FR Augustana	1.86m	6-01.25
8 Cole Luettel	FR Briar Cliff	J1.86m	6-01.25
9 Tyler Payer	SO Mount Marty	1.81m	5-11.25
9 Ben Green	SO Northwestern	1.81m	5-11.25
-- Jonathan Nebelsick	JR Sioux Falls Univ	NH	
-- Joe Ikier	FR Jamestown	NH	
-- Braden Graves	FR Dordt	NH	
-- Neil Hohenthauer	SO Mount Marty	NH	

Men Pole Vault SD DOME UCO

Meet: M 18-09 4/20/2001 Derek Miles, unattached

Name Year School Finals

1 Kyle Ballew	SR Unattached	16-09.75	5.12m
2 Kevin Sarekhani	JR South Dakota	16-06.00	5.02m
3 Scott Greenman	FR Sioux Falls Univ	16-00.00	4.87m
4 Jagger Gran	FR Sioux Falls Univ	J16-00.00	4.87m
5 Peter Chapman	FR South Dakota	15-06.00	4.72m
5 Andrew Ellsworth	SR Sioux Falls Univ	15-06.00	4.72m
7 Preston Perkins	FR South Dakota	14-06.00	4.41m
8 Joe Ikier	FR Jamestown	J14-06.00	4.41m
9 Joshua Brinkerhoff	SR Dordt	J14-06.00	4.41m
10 Jonathan Brinkerhoff	SO Dordt	14-00.00	4.26m
11 Robert Davidsen	SO Dordt	13-06.00	4.11m
12 Josh Petersen	FR South Dakota	12-00.00	3.65m
13 Neil Hohenthauer	SO Mount Marty	11-00.00	3.35m
-- Jacob Pohlmann	SR Augustana	NH	

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Men Pole Vault SD DOME UCO**

-- Brandon Rogers SO Sioux Falls Univ NH
 -- Brett Huff SO Dordt NH

Men Long Jump UCO

Meet: M 25-03 4/21/1997 Andrew Owusu, unattached

Name	Year	School	Finals	Wind
1 Augustus Cowan	SO	Briar Cliff	6.86m	-1.1 22-06.25
			6.69m(+0.0) 6.86m(-1.1) 6.64m(0.8) 6.76m(+0.0) 6.58m(+0.0) 6.51m(1.4)	
2 Bryce Harshman	SR	Briar Cliff	J6.86m	0.8 22-06.25
			FOUL FOUL FOUL FOUL	
3 Jordan Micalef	SO	Northwestern	6.66m	0.5 21-10.25
			FOUL 6.66m(0.5) 6.56m(1.7) 6.40m(+0.0) 6.38m(+0.0) FOUL	
4 Shaun Ryan	JR	Morningside	6.65m	1.1 21-10.00
			6.19m(0.9) 6.65m(1.1) 6.51m(+0.0) 6.49m(+0.0) 6.38m(+0.0) FOUL	
5 Tyler Payer	SO	Mount Marty	6.47m	2.2 21-02.75
			FOUL 6.22m(+0.0) 6.12m(-1.1) 6.14m(0.7) 6.12m(1.4) 6.47m(2.2)	
6 Rusty Muncy	FR	Briar Cliff	6.42m	1.8 21-00.75
			6.36m(1.0) 6.21m(0.1) 6.35m(1.3) 6.05m(+0.0) 6.30m(1.1) 6.42m(1.8)	
7 Cory Hollamon	SR	Briar Cliff	6.38m	1.6 20-11.25
			FOUL 6.38m(1.6) 6.07m(+0.0) FOUL 6.24m(+0.0) 6.21m(1.8)	
8 John Carter	FR	Briar Cliff	6.10m	1.1 20-00.25
			FOUL 6.10m(1.1) FOUL FOUL FOUL	
9 Colin Mann	SR	Buena Vista	6.01m	1.7 19-08.75
			FOUL 6.01m(1.7) 5.99m(+0.0)	
10 Noah Hollinger	SO	Northwestern	5.96m	1.4 19-06.75
			FOUL 5.96m(1.4) FOUL	
11 Alex Leeper	SO	Buena Vista	5.79m	+0.0 19-00.00
			5.79m(+0.0) FOUL FOUL	
12 Daniel Porter	FR	Dakota Wesleyan	5.63m	1.2 18-05.75
			5.63m(1.2) FOUL FOUL	
13 Mark Greenwalt	FR	Buena Vista	5.58m	+0.0 18-03.75
			5.58m(+0.0) FOUL FOUL	
-- Vaughn Thada	FR	Augustana	FOUL	
			FOUL FOUL FOUL	
-- DJ Smith	SO	Buena Vista	FOUL	
			FOUL FOUL FOUL	

Men Triple Jump UCO

Meet: M 55-06 4/22/1998 Andrew Owusu, unattached

Name	Year	School	Finals	Wind
1 Augustus Cowan	SO	Briar Cliff	14.53m	+0.0 47-08.00
			14.47m(-0.9) FOUL 14.38m(1.3) FOUL 14.42m(+0.0) 14.53m(+0.0)	
2 Cory Hollamon	SR	Briar Cliff	14.30m	0.1 46-11.00
			14.01m(+0.0) 14.05m(+0.0) FOUL 14.30m(0.1) FOUL FOUL	
3 Brandon Lindsey	FR	Briar Cliff	14.17m	1.3 46-06.00
			13.74m(-0.9) 14.17m(1.3) 13.56m(+0.0) 13.92m(1.2) FOUL FOUL	
4 Zach Feil	FR	Augustana	12.27m	1.7 40-03.25
			FOUL FOUL 12.09m(1.5) FOUL FOUL 12.27m(1.7)	
5 Daniel Porter	FR	Dakota Wesleyan	11.53m	+0.0 37-10.00
			FOUL 11.53m(+0.0) FOUL FOUL FOUL	

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Men Shot Put UCO**

Standard for measurement 43'

Meet: M 684.50m 4/20/1998 Steve Schmidt, Dakota Wesleyan

Name	Year	School	Finals	
1 Aaron Jung	SR	Augustana	17.30m	56-09.25
			17.30m FOUL 16.66m FOUL FOUL FOUL	
2 Levi Ettleman	SO	Northwestern	15.39m	50-06.00
			14.70m 15.39m 15.36m FOUL 14.70m FOUL	
3 CJ Hamm	SO	Augustana	14.95m	49-00.75
			FOUL 14.09m 14.95m FOUL 14.86m FOUL	
4 Jordan Bents	SO	Sioux Falls Univ	14.47m	47-05.75
			13.16m 14.37m 14.38m 14.47m 14.34m FOUL	
5 Eric Jones	JR	Briar Cliff	13.74m	45-01.00
			13.28m FOUL 13.29m FOUL 13.74m FOUL	
6 Jordan Huisman	SR	Dordt	13.46m	44-02.00
			13.46m FOUL 13.12m 13.15m FOUL FOUL	
7 Ryan Gimbel	JR	Dakota State	13.03m	42-09.00
			11.91m 12.35m 12.94m 13.03m FOUL FOUL	
8 Jesse Davis	JR	Dordt	12.94m	42-05.50
			12.00m 12.79m 12.94m 11.33m FOUL 12.01m	
9 Mike Findlay	SR	Jamestown	12.65m	41-06.00
			FOUL FOUL 12.65m FOUL FOUL FOUL	
10 Evan Colfack	FR	Sioux Falls Univ	12.50m	41-00.25
			FOUL FOUL 12.50m	
11 Michael Brousseau	SO	Jamestown	12.44m	40-09.75
			11.70m FOUL 12.44m	
12 Tony Raveling	JR	Buena Vista	12.30m	40-04.25
			12.30m 12.15m FOUL	
13 Brandon Pekelder	SO	Northwestern	12.06m	39-07.00
			11.86m FOUL 12.06m	
14 Jesse Hacker	FR	Jamestown	12.05m	39-06.50
			FOUL FOUL 12.05m	
15 Zach Ruth	SO	Southwestern	11.94m	39-02.25
			10.92m FOUL 11.94m	
16 Mike Stier	SO	Dakota Wesleyan	11.55m	37-10.75
			10.78m 11.55m FOUL	
17 Justin Pastoor	SO	Dordt	11.07m	36-04.00
			11.07m FOUL FOUL	
18 Dirk Okkema	SO	Dordt	10.54m	34-07.00
			FOUL 10.36m 10.54m	
19 Chris Bylsma	JR	Dordt	9.90m	32-05.75
			FOUL 9.31m 9.90m	
-- Lawton De Jong	FR	Northwestern	FOUL	
			FOUL FOUL FOUL	

Men Discus Throw UCO

Standard for measurement 135'

Meet: M 199-05 4/21/1999 Mark White, unattached

Name	Year	School	Finals	
1 Payton Davidson	SO	Unattached	49.24m	161-06
			FOUL 32.97m 49.24m 48.10m 47.39m FOUL	
2 Bradley Brooks	SO	Jamestown	46.22m	151-08
			46.22m FOUL FOUL 39.72m 43.24m 44.92m	

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Men Discus Throw UCO**

3	Dalton Kelley	SO Northwestern	45.97m	150-10
	FOUL 45.97m 45.68m FOUL FOUL FOUL			
4	Todd Davis	Unattached	44.91m	147-04
	40.59m FOUL 41.41m 44.91m 42.67m 44.40m			
5	Evan Colfack	FR Sioux Falls Univ	44.71m	146-08
	43.97m 44.71m FOUL 42.13m FOUL FOUL			
6	Mike Findlay	SR Jamestown	44.43m	145-09
	44.43m FOUL FOUL FOUL FOUL FOUL			
7	Garrett Tenney	JR Jamestown	43.20m	141-09
	43.20m FOUL FOUL 42.91m 41.49m FOUL			
8	Cody York	SR Briar Cliff	40.84m	134-00
	FOUL FOUL 40.61m 39.82m FOUL 40.84m			
9	Seth Vande Voort	JR Dordt	40.65m	133-04
	37.35m FOUL 40.65m FOUL FOUL FOUL			
10	Jordan Bents	SO Sioux Falls Univ	40.42m	132-07
	FOUL 40.42m FOUL			
11	Eric Jones	JR Briar Cliff	39.63m	130-00
	34.87m FOUL 39.63m			
12	Andy Dougherty	JR Morningside	39.36m	129-02
	FOUL FOUL 39.36m			
13	Zach Landhuis	FR Northwestern	39.08m	128-02
	38.62m 39.08m 37.68m			
14	Ben Guhl	FR Northwestern	39.03m	128-01
	39.03m FOUL FOUL			
15	Jesse Davis	JR Dordt	38.68m	126-11
	35.64m 35.90m 38.68m			
16	William Mart	FR Mount Marty	38.34m	125-09
	38.34m FOUL 36.59m			
17	Justin Hummelgard	JR Briar Cliff	37.78m	123-11
	FOUL 37.78m FOUL			
18	Trevor Rossknecht	JR Dakota State	37.49m	123-00
	37.49m FOUL FOUL			
19	Tony Raveling	JR Buena Vista	37.10m	121-09
	37.10m FOUL FOUL			
20	Ryan Antaya	SO Dakota Wesleyan	36.91m	121-01
	34.80m 36.91m 35.19m			
21	Dirk Okkema	SO Dordt	36.64m	120-02
	36.38m 36.64m FOUL			
22	Ryan Gimbel	JR Dakota State	36.13m	118-06
	35.58m 36.13m FOUL			
23	Derek Sellers	FR Briar Cliff	36.08m	118-04
	FOUL 36.08m FOUL			
24	Trevor Van Tilburg	JR Dakota State	35.88m	117-08
	35.88m FOUL FOUL			
25	Zach Ruth	SO Southwestern	35.51m	116-06
	35.26m 35.51m FOUL			
26	Alec Sindelar	FR Buena Vista	33.40m	109-07
	32.93m 33.40m FOUL			
27	Micah Applegate	JR Dordt	32.78m	107-06
	32.78m FOUL 32.18m			
28	Jonathan Gardner	JR Dordt	32.51m	106-08
	FOUL FOUL 32.51m			
29	Neil Hohenthaner	SO Mount Marty	30.43m	99-10
	27.90m 30.43m FOUL			

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****....Men Discus Throw UCO**

30	Chris Bylsma	JR Dordt	29.03m	95-03
	28.21m 29.03m FOUL			
31	Brady Roby	FR Sioux Falls Univ	27.18m	89-02
	27.18m FOUL FOUL			
32	Grant Aden	JR Morningside	26.28m	86-03
	FOUL 26.28m 24.82m			
--	Levi Ettleman	SO Northwestern	FOUL	
	FOUL FOUL FOUL			

Men Hammer Throw UCO

Meet: M 253-00 4/21/2007 A.G. Kruger, unattached

Name	Year	School	Finals	
1 Garrett Tenney	JR	Jamestown	47.44m	155-08
			46.85m FOUL FOUL 45.16m 47.44m 45.55m	
2 Mike Findlay	SR	Jamestown	42.60m	139-09
			FOUL 40.05m 42.60m FOUL FOUL FOUL	
3 Michael Brousseau	SO	Jamestown	42.47m	139-04
			41.91m FOUL 41.66m FOUL 42.47m 40.18m	
4 Ryan Gimbel	JR	Dakota State	42.09m	138-01
			40.03m FOUL 42.09m FOUL FOUL 39.87m	
5 Nic Austin	JR	Morningside	41.37m	135-09
			33.50m FOUL 38.67m 36.20m FOUL 41.37m	
6 Grayson Leder	JR	Jamestown	36.85m	120-11
			35.40m FOUL 36.85m FOUL FOUL 33.33m	
7 Mike Stier	SO	Dakota Wesleyan	36.39m	119-05
			FOUL FOUL 36.03m 36.39m FOUL FOUL	
8 William Mart	FR	Mount Marty	35.88m	117-08
			35.88m FOUL FOUL 34.96m 34.99m 35.00m	
9 Trevor Van Tilburg	JR	Dakota State	35.85m	117-07
			35.79m 34.06m 34.08m 35.72m 35.85m FOUL	
10 Lawton De Jong	FR	Northwestern	35.62m	116-10
			32.25m 35.62m FOUL	
11 Trevor Rossknecht	JR	Dakota State	35.41m	116-02
			35.41m 32.24m 34.91m	
12 Aaron Lonneman	JR	Morningside	35.20m	115-06
			33.86m FOUL 35.20m	
13 Levi Ettleman	SO	Northwestern	34.06m	111-09
			34.06m FOUL FOUL	
14 Ryan Antaya	SO	Dakota Wesleyan	33.54m	110-00
			30.87m 33.54m FOUL	
15 Alec Sindelar	FR	Buena Vista	33.20m	108-11
			33.20m FOUL FOUL	
16 Bryan Hays	JR	Buena Vista	32.74m	107-05
			32.74m FOUL FOUL	
17 Jesse Hacker	FR	Jamestown	31.26m	102-07
			30.89m 31.26m FOUL	
18 Cameron McKinney	SO	Northwestern	31.24m	102-06
			31.24m FOUL FOUL	
19 Brandon Pekelder	SO	Northwestern	30.82m	101-01
			FOUL 30.82m FOUL	

Sioux City Relays 2013 - 4/12/2013 to 4/13/2013**Olsen Stadium****Results****Men Javelin Throw UCO**

Meet: M 205-09 4/19/2007 Mark Liebl, unattached							
Name	Year	School					Finals
1 Tyler Maxwell	FR	Unattached					57.00m 187-00
			50.45m	53.98m	53.60m	56.20m 57.00m 54.15m	
2 Jordan Boekhout	SR	Northwestern					55.74m 182-10
			51.00m	55.74m	FOUL	52.03m 47.99m FOUL	
3 Cody York	SR	Briar Cliff					53.18m 174-06
			49.89m	48.50m	51.20m	48.10m 53.18m 48.01m	
4 Bo Darrow	JR	Buena Vista					52.68m 172-10
			50.50m	52.68m	45.92m	FOUL 48.77m 46.30m	
5 Colin Mann	SR	Buena Vista					49.45m 162-03
			49.45m	FOUL	FOUL	FOUL 44.83m 46.64m	
6 Dalton Kelley	SO	Northwestern					47.38m 155-05
			FOUL	46.54m	47.38m	FOUL 45.11m FOUL	
7 Colton Harkins	FR	Jamestown					47.34m 155-04
			46.76m	47.34m	45.05m	44.10m FOUL 45.12m	
8 Tyler Wattier	SO	Morningside					45.75m 150-01
			36.20m	41.50m	45.75m	44.18m 44.70m 41.99m	
9 Cole Schimelfenig	SO	Briar Cliff					45.54m 149-05
			45.54m	42.15m	45.12m	FOUL 42.55m FOUL	
10 Levi Ettleman	SO	Northwestern					45.43m 149-00
			44.90m	45.43m	43.12m		
11 Matt Best	SO	Buena Vista					45.06m 147-10
			45.06m	39.62m	39.36m		
12 Kevin Moore	SR	Jamestown					44.03m 144-05
			42.48m	FOUL	44.03m		
13 Kyle Lindbergh	JR	Dordt					42.31m 138-10
			42.31m	42.00m	39.56m		
14 Michael Brousseau	SO	Jamestown					42.24m 138-07
			41.38m	FOUL	42.24m		
15 Zach Landhuis	FR	Northwestern					41.97m 137-08
			FOUL	38.57m	41.97m		
16 Andy Dougherty	JR	Morningside					41.60m 136-06
			41.37m	41.60m	41.54m		
17 Austin Mumm	FR	Morningside					41.38m 135-09
			36.15m	41.38m	36.80m		
18 Grant Aden	JR	Morningside					39.02m 128-00
			FOUL	39.02m	38.10m		
19 Noah Hollinger	SO	Northwestern					38.93m 127-09
			38.93m	38.40m	30.80m		
20 Ethan Beard	JR	Briar Cliff					38.60m 126-08
			38.60m	37.56m	37.46m		
21 Grayson Leder	JR	Jamestown					36.51m 119-09
			32.70m	34.00m	36.51m		
22 Ryan Antaya	SO	Dakota Wesleyan					36.50m 119-09
			36.50m	FOUL	FOUL		
23 Mike Huseman	JR	Morningside					36.14m 118-07
			FOUL	36.14m	34.03m		
24 Zach Bauman	SO	Mount Marty					34.40m 112-10
			33.95m	FOUL	34.40m		
25 Brady Roby	FR	Sioux Falls Univ					34.10m 111-10
			29.30m	34.10m	30.02m		
-- Alec Sindelar	FR	Buena Vista					FOUL
			FOUL	FOUL	FOUL		