

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 100 Meter Dash Class"A"**

| Name | Age | Team | Finals | Wind | H# |
|-------------------------|-----|---------------------|--------|------|----|
| 1 BREN, MEGAN | | ROOSEVELT | 12.89 | NWI | 3 |
| 2 BAILEY, BRITNI | | SIOUX CITY NORTH | 13.04 | NWI | 3 |
| 3 JOHNSON, ASHLEA | | YANKTON HIGH SCHOOL | 13.21 | NWI | 3 |
| 4 HUNTOON, STEPHANIE | | CB ABRAHAM LINCOLN | 13.26 | NWI | 3 |
| 5 WILLIAMS, GABRIEL | | SIOUX CITY WEST | 13.31 | NWI | 2 |
| 6 PEARSON, MONIQUE | | SIOUX CITY WEST | 13.39 | NWI | 2 |
| 7 GIBSON, HILLARY | | SIOUX CITY EAST | 13.40 | NWI | 1 |
| 8 TIMMER, KRISTINA | | SF LINCOLN | 13.44 | NWI | 3 |
| 9 BENNETT, JESSICA | | HEELAN | 13.45 | NWI | 2 |
| 10 MERCHANT, DANIELLE | | HEELAN | 13.52 | NWI | 2 |
| 11 FITZSIMMONS, SHANNON | | YANKTON HIGH SCHOOL | 13.69 | NWI | 2 |
| 12 CASSIE, RYSTA | | SIOUX CITY EAST | 13.74 | NWI | 2 |
| 13 BURBACH, ABBY | | YANKTON HIGH SCHOOL | 13.85 | NWI | 3 |
| 14 SMITH, MICHELLE | | SIOUX CITY NORTH | 13.86 | NWI | 1 |
| 15 ATKINS, MAGGIE | | ROOSEVELT | 13.87 | NWI | 3 |
| 16 HERMANSON, KELLI | | SF LINCOLN | 13.94 | NWI | 3 |
| 17 ARNESON, KAYLA | | ROOSEVELT | 14.00 | NWI | 2 |
| 18 IRELAND, JOCELYN | | SIOUX CITY WEST | 14.29 | NWI | 1 |

Girls 100 Meter Hurdles Class"A"

| Name | Age | Team | Finals | Wind | H# |
|----------------------|-----|---------------------|--------|------|----|
| 1 KALIN, JACQUI | | SIOUX CITY NORTH | 15.76 | NWI | 2 |
| 2 RIDENOUR, BRITTANY | | CB ABRAHAM LINCOLN | 16.28 | NWI | 2 |
| 3 SORENSON, NEVADA | | SF LINCOLN | 16.29 | NWI | 2 |
| 4 ANDERSON, TASHA | | SIOUX CITY WEST | 16.35 | NWI | 2 |
| 5 ANDERSEN, ASHLEE | | SIOUX CITY WEST | 16.38 | NWI | 2 |
| 6 SHOCKEY, ERICA | | CB ABRAHAM LINCOLN | 17.01 | NWI | 1 |
| 7 PETERS, SARAH | | SF LINCOLN | 17.04 | NWI | 2 |
| 8 OPSAHL, LAURA | | YANKTON HIGH SCHOOL | 17.81 | NWI | 1 |
| 9 ROBINSON, KYLIE | | YANKTON HIGH SCHOOL | 17.84 | NWI | 2 |
| 10 EVERSLEY, ALEXIE | | YANKTON HIGH SCHOOL | 18.00 | NWI | 1 |
| 11 THOMPSON, DENOSHA | | ROOSEVELT | 18.07 | NWI | 1 |
| 12 MCDONALD, JASMINE | | ROOSEVELT | 18.07 | NWI | 2 |
| 13 ANDERSON, JESSICA | | ROOSEVELT | 18.20 | NWI | 1 |
| 14 VANDERWILT, JULIA | | SIOUX CITY NORTH | 19.80 | NWI | 1 |

Girls 4x100 Meter Relay Class"A"

| 2 turn stagger Team | Finals |
|---|---|
| 1 SIOUX FALLS ROOSEVELT 'A' 1) ATKINS, MAGGIE 3) THUNE, LARISSA | 51.66 2) BOWMAN, KATELYN 4) BREN, MEGAN |
| 2 SIOUX CITY NORTH 'A' | 52.14 |
| 3 SIOUX CITY WEST 'A' | 52.16 |
| 4 BISHOP HEELAN HIGH SCHOOL 'A' | 52.38 |
| 5 CB ABRAHAM LINCOLN 'A' | 53.19 |
| 6 SIOUX CITY EAST 'A' | 53.54 |
| 7 YANKTON HIGH SCHOOL 'A' | 55.00 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 4x200 Meter Relay Class"A"**

| 4 turn stagger | | Finals |
|----------------|-------------------------------|---------|
| Team | | |
| 1 | SIOUX FALLS ROOSEVELT 'A' | 1:47.17 |
| 2 | SIOUX CITY WEST 'A' | 1:49.93 |
| 3 | BISHOP HEELAN HIGH SCHOOL 'A' | 1:50.16 |
| 4 | YANKTON HIGH SCHOOL 'A' | 1:50.75 |
| 5 | SIOUX CITY NORTH 'A' | 1:51.77 |
| 6 | SIOUX CITY EAST 'A' | 1:53.99 |
| 7 | CB ABRAHAM LINCOLN 'A' | 1:54.31 |

Girls 4x400 Meter Relay Class"A"

| 3 turn stagger | | Finals |
|----------------|-------------------------------|-------------------|
| Team | | |
| 1 | SIOUX FALLS ROOSEVELT 'A' | 4:09.43 |
| | 1) THUNE, LARISSA | 2) DALON, DEVONNE |
| | 3) HARGENS, ERIN | 4) ECKERT, KRISTA |
| 2 | YANKTON HIGH SCHOOL 'A' | 4:12.96 |
| 3 | SIOUX CITY WEST 'A' | 4:16.48 |
| 4 | BISHOP HEELAN HIGH SCHOOL 'A' | 4:18.19 |
| 5 | SIOUX CITY EAST 'A' | 4:35.56 |
| 6 | SIOUX CITY NORTH 'A' | 4:44.44 |

Girls Distance Medley Class"A"

| 3 turn stagger | | Finals |
|----------------|-------------------------------|--------------------|
| Team | | |
| 1 | SIOUX FALLS ROOSEVELT 'A' | 4:13.64 |
| | 1) BREN, MEGAN | 2) BOWMAN, KATELYN |
| | 3) COWLEY, CAITLYN | 4) ECKERT, KRISTA |
| 2 | YANKTON HIGH SCHOOL 'A' | 4:25.15 |
| 3 | SIOUX CITY EAST 'A' | 4:35.14 |
| 4 | BISHOP HEELAN HIGH SCHOOL 'A' | 4:39.31 |
| 5 | CB ABRAHAM LINCOLN 'A' | 4:43.35 |
| 6 | SIOUX CITY WEST 'A' | 4:49.37 |
| 7 | SIOUX CITY NORTH 'A' | 4:59.89 |

Girls 100 Meter Dash Class"B"

| Name | Age | Team | Finals | Wind | H# |
|------|-----|-------------------|--------|------|----|
| 1 | | ACTERHOFF, MORGAN | 12.85 | NWI | 2 |
| 2 | | JOHNSON, BAILEY | 13.31 | NWI | 2 |
| 3 | | GLISAR, MEGAN | 13.36 | NWI | 2 |
| 4 | | WOUDSTRA, JENNA | 13.44 | NWI | 2 |
| 5 | | BABCOCK, MELANNIE | 13.52 | NWI | 2 |
| 6 | | ESTES, JENN | 13.57 | NWI | 2 |
| 7 | | BOLTE, KELSEY | 13.73 | NWI | 1 |
| 8 | | DAHL, TOMI | 13.77 | NWI | 1 |
| 9 | | BOYSEN, MELINDA | 13.81 | NWI | 1 |
| 10 | | BEECK, KELLI | 13.96 | NWI | 2 |
| 11 | | HIBMA, DORINDA | 14.01 | NWI | 1 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls 100 Meter Dash Class"B"**

| | | | | | |
|----|----------------|----------------|-------|-----|---|
| 12 | BECK, LANDI | SGT BLUFF-LU | 14.03 | NWI | 1 |
| 13 | NILLES, RACHEL | LEMARS CENTRAL | 14.05 | NWI | 2 |
| 14 | SCHUT, KATELYN | SIOUX CENTER | 14.20 | NWI | 1 |

Girls 100 Meter Hurdles Class"B"

| Name | Age | Team | Finals | Wind | H# |
|----------------------|-----|---------------------|--------|------|----|
| 1 DEWEERD, EMILY | | UNITY CHS'T | 15.52 | NWI | 2 |
| 2 STETTNIHS, CRISSY | | SPIRIT LAKE HS | 15.89 | NWI | 2 |
| 3 DEVORE, BAILY | | BATTLE CREEK-IDA | 16.01 | NWI | 2 |
| 4 JOHNSON, BAILEY | | OKOBOJI HIGH SCHOOL | 16.22 | NWI | 2 |
| 5 RYAN, BRIDGET | | SIOUX CENTER | 16.34 | NWI | 2 |
| 6 BOYSEN, MELINDA | | BATTLE CREEK-IDA | 16.58 | NWI | 2 |
| 7 HOOGLAND, JINA | | UNITY CHS'T | 16.59 | NWI | 2 |
| 8 WILLIAMS, TABATHA | | SO SIOUX | 16.84 | NWI | 1 |
| 9 ESTOCHEN, AMBER | | SO SIOUX | 16.94 | NWI | 1 |
| 10 MASSEY, TANYA | | SGT BLUFF-LU | 17.88 | NWI | 1 |
| 11 VALENTINE, ALANNA | | CHEROKEE | 18.05 | NWI | 2 |
| 12 BOKEMPER, LAURA | | SGT BLUFF-LU | 18.14 | NWI | 1 |
| 13 WOLLMAN, AMANDA | | LEMARS CENTRAL | 18.46 | NWI | 1 |

Girls 4x100 Meter Relay Class"B"

| | | | |
|----------------------------------|-------------------------|--|--------|
| 2 turn stagger | | | |
| Team | | | Finals |
| 1 BATTLE CREEK-IDA GROVE 'A' | | | 52.26 |
| 1) MILLER, GABI | 2) BOYSEN, MELINDA | | |
| 3) BOLTE, KELSEY | 4) SCHIERNBECK, CRYSTAL | | |
| 2 SIOUX CENTER HIGH SCHOOL 'A' | | | 52.38 |
| 3 LEMARS CENTRAL 'A' | | | 53.12 |
| 4 UNITY CHRISTIAN H.S. 'A' | | | 53.73 |
| 5 SGT BLUFF-LUTON H.S. 'A' | | | 54.98 |
| 6 SO SIOUX CITY HIGH SCHOOL 'A' | | | 55.20 |
| 7 CHEROKEE WASH. HIGH SCHOOL 'A' | | | 56.97 |

Girls 4x200 Meter Relay Class"B"

| | | | |
|----------------------------------|-------------------------|--|---------|
| 4 turn stagger | | | |
| Team | | | Finals |
| 1 BATTLE CREEK-IDA GROVE 'A' | | | 1:48.12 |
| 1) MILLER, GABI | 2) BOLTE, KELSEY | | |
| 3) DEVORE, BAILY | 4) SCHIERNBECK, CRYSTAL | | |
| 2 UNITY CHRISTIAN H.S. 'A' | | | 1:48.47 |
| 3 SIOUX CENTER HIGH SCHOOL 'A' | | | 1:49.05 |
| 4 SO SIOUX CITY HIGH SCHOOL 'A' | | | 1:52.79 |
| 5 LEMARS CENTRAL 'A' | | | 1:53.50 |
| 6 SGT BLUFF-LUTON H.S. 'A' | | | 1:55.06 |
| 7 CHEROKEE WASH. HIGH SCHOOL 'A' | | | 1:56.71 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 4x400 Meter Relay Class"B"**

| 3 turn stagger | | Finals |
|----------------------------------|----------------------|---------|
| Team | | |
| 1 MOC-FLOYD VALLEY 'A' | | 4:09.42 |
| 1) ZEUTENHORST, KIM | 2) KATT, JENON | |
| 3) DEJONG, KIM | 4) ACTERHOFF, MORGAN | |
| 2 SIOUX CENTER HIGH SCHOOL 'A' | | 4:12.50 |
| 3 BATTLE CREEK-IDA GROVE 'A' | | 4:13.37 |
| 4 LEMARS CENTRAL 'A' | | 4:16.95 |
| 5 SO SIOUX CITY HIGH SCHOOL 'A' | | 4:17.38 |
| 6 UNITY CHRISTIAN H.S. 'A' | | 4:21.64 |
| 7 SGT BLUFF-LUTON H.S. 'A' | | 4:29.42 |
| 8 CHEROKEE WASH. HIGH SCHOOL 'A' | | 4:30.41 |

Girls Distance Medley Class"B"

| 3 turn stagger | | Finals |
|----------------------------------|----------------------|---------|
| Team | | |
| 1 MOC-FLOYD VALLEY 'A' | | 4:25.52 |
| 1) ACTERHOFF, MORGAN | 2) BABCOCK, MELANNIE | |
| 3) ZEUTENHORST, KIM | 4) DEJONG, KIM | |
| 2 SIOUX CENTER HIGH SCHOOL 'A' | | 4:31.54 |
| 3 UNITY CHRISTIAN H.S. 'A' | | 4:37.87 |
| 4 BATTLE CREEK-IDA GROVE 'A' | | 4:46.75 |
| 5 LEMARS CENTRAL 'A' | | 4:51.65 |
| 6 SGT BLUFF-LUTON H.S. 'A' | | 4:55.53 |
| 7 CHEROKEE WASH. HIGH SCHOOL 'A' | | 5:08.20 |

Girls 100 Meter Dash Class"C"

| Name | Age Team | Finals | Wind | H# |
|----------------------|---------------------|--------|------|----|
| 1 HINKELDEY, DEIDRE | ALTA HIGH SCHOOL | 13.01 | NWI | 3 |
| 2 HAMLING, BETH | CB ST ALBERT | 13.12 | NWI | 3 |
| 3 NOVAK, MARISSA | HOMER HIGH SCHOOL | 13.30 | NWI | 3 |
| 4 FEHR, RACHEL | D VALLEY | 13.54 | NWI | 3 |
| 5 ZIMMER, ASHLEY | SOUTH O'BRIEN H.S. | 13.59 | NWI | 3 |
| 6 WOOLSTON, LINDSAY | SOUTH O'BRIEN H.S. | 13.67 | NWI | 3 |
| 7 HATTING, KAYLA | GEHLEN CATHOLIC | 13.87 | NWI | 3 |
| 8 MILLER, ASHTON | WEST MONONA | 14.11 | NWI | 2 |
| 9 WEIDMAN, MARY | CB ST ALBERT | 14.25 | NWI | 2 |
| 10 MATTHEWS, JORDAN | HOMER HIGH SCHOOL | 14.45 | NWI | 2 |
| 11 ZIMA, KASSIE | WEST MONONA | 14.48 | NWI | 2 |
| 12 CLARK, KAMRA | EMERSON-HUBBARD | 14.60 | NWI | 1 |
| 13 WASHBURN, JESSICA | KINGSLEY-PIERSON | 14.85 | NWI | 1 |
| 14 REA, SHAYNA | WESTWOOD | 14.89 | NWI | 1 |
| 15 WURTZ, KIM | ELK POINT-JEFFERSON | 15.04 | NWI | 1 |
| 16 BOTTORFF, DEIDRA | KINGSLEY-PIERSON | 15.13 | NWI | 2 |
| 17 SCHINK, KELLI | WESTWOOD | 15.50 | NWI | 1 |
| 18 KOCH, CAYLA | KINGSLEY-PIERSON | 15.58 | NWI | 1 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 100 Meter Hurdles Class"C"**

| Name | Age | Team | Finals | Wind | H# |
|----------------------|-----|--------------------|--------|------|----|
| 1 KUCHEL, KAYLA | | KINGSLEY-PIERSON | 16.96 | NWI | 2 |
| 2 SWOBODA, AMIE | | HOMER HIGH SCHOOL | 16.97 | NWI | 2 |
| 3 RUDEN, MELINDA | | GEHLEN CATHOLIC | 17.09 | NWI | 2 |
| 4 GRAYSON, SAMANTHA | | GALVA-HOLSTEIN | 17.29 | NWI | 2 |
| 5 SAUER, MEGAN | | GEHLEN CATHOLIC | 17.47 | NWI | 2 |
| 6 OVERFELT, ASE | | HOMER HIGH SCHOOL | 17.52 | NWI | 2 |
| 7 FARWELL, ASHLEY | | D VALLEY | 17.55 | NWI | 2 |
| 8 JULIAN, TAYLOR | | SOUTH O'BRIEN H.S. | 17.60 | NWI | 1 |
| 9 DOLL, LAUREN | | CB ST ALBERT | 17.92 | NWI | 1 |
| 10 CHACE, REGAN | | KINGSLEY-PIERSON | 18.12 | NWI | 1 |
| 11 SCHWANZ, MEGAN | | GALVA-HOLSTEIN | 18.22 | NWI | 1 |
| 12 MURDOCK, BRITTANY | | WESTWOOD | 18.52 | NWI | 1 |
| 13 RIORDAN, KATIE | | SOUTH O'BRIEN H.S. | 18.69 | NWI | 1 |
| 14 BLANKE, DANA | | EMERSON-HUBBARD | 20.26 | NWI | 1 |
| 15 HINZ, LORA | | WESTWOOD | 20.74 | NWI | 1 |

Girls 4x100 Meter Relay Class"C"

| 2 turn stagger Team | Finals | H# |
|--|--------|----|
| 1 SOUTH O'BRIEN H.S. 'A' 1) WOOLSTON, LINDSAY 3) QUINONEZ, DIANA | 52.19 | 2 |
| 2) KRUSE, DANIELLE 4) ZIMMER, ASHLEY | | |
| 2 LAWTON-BRONSON 'A' | 53.25 | 2 |
| 3 HOMER HIGH SCHOOL 'A' | 53.56 | 2 |
| 4 GEHLEN CATHOLIC 'A' | 53.79 | 2 |
| 5 ELK POINT-JEFFERSON 'A' | 54.42 | 2 |
| 6 CB ST ALBERT 'A' | 55.15 | 2 |
| 7 DAKOTA VALLEY HIGH SCHOOL 'A' | 55.51 | 2 |
| 8 KINGSLEY-PIERSON 'A' | 57.60 | 1 |

Girls 4x200 Meter Relay Class"C"

| 4 turn stagger Team | Finals | H# |
|---|---------|----|
| 1 ELK POINT-JEFFERSON 'A' 1) ERICKSON, ANNA 3) ZELLER, ASHLEY | 1:51.60 | 2 |
| 2) WILKINSON, HANNAH 4) STRASSBURG, CHRISSY | | |
| 2 SOUTH O'BRIEN H.S. 'A' | 1:51.82 | 2 |
| 3 GEHLEN CATHOLIC 'A' | 1:52.27 | 2 |
| 4 LAWTON-BRONSON 'A' | 1:55.22 | 2 |
| 5 KINGSLEY-PIERSON 'A' | 1:55.86 | 1 |
| 6 DAKOTA VALLEY HIGH SCHOOL 'A' | 1:56.32 | 1 |
| 7 WEST MONONA HIGH SCHOOL 'A' | 1:56.46 | 1 |
| 8 EMERSON-HUBBARD 'A' | 1:57.01 | 2 |
| 9 GALVA-HOLSTEIN 'A' | 1:57.54 | 1 |
| 10 CB ST ALBERT 'A' | 1:57.56 | 2 |
| 11 WESTWOOD SLOAN HIGH SCHOOL 'A' | 2:01.22 | 1 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 4x400 Meter Relay Class "C"**

| 3 turn stagger | | Finals |
|-------------------------------|----------------------|---------|
| Team | | |
| 1 ELK POINT-JEFFERSON 'A' | | 4:15.15 |
| 1) STRASSBURG, CHRISSY | 2) ZELLER, ASHLEY | |
| 3) ERICKSON, ANNA | 4) WILKINSON, HANNAH | |
| 2 KINGSLEY-PIERSON 'A' | | 4:19.01 |
| 3 CB ST ALBERT 'A' | | 4:19.25 |
| 4 SOUTH O'BRIEN H.S. 'A' | | 4:20.14 |
| 5 EMERSON-HUBBARD 'A' | | 4:27.49 |
| 6 WEST MONONA HIGH SCHOOL 'A' | | 4:33.09 |
| 7 HOMER HIGH SCHOOL 'A' | | 4:33.76 |

Girls Distance Medley Class "C"

| 3 turn stagger | | Finals | H# |
|-----------------------------------|---------------------|---------|----|
| Team | | | |
| 1 GEHLEN CATHOLIC 'A' | | 4:28.67 | 2 |
| 1) MANSFIELD, TRICIA | 2) SITZMANN, JAMI | | |
| 3) SITZMANN, ELLEN | 4) SITZMANN, ASHLEY | | |
| 2 KINGSLEY-PIERSON 'A' | | 4:38.38 | 2 |
| 3 CB ST ALBERT 'A' | | 4:44.05 | 2 |
| 4 WEST MONONA HIGH SCHOOL 'A' | | 4:47.04 | 1 |
| 5 EMERSON-HUBBARD 'A' | | 4:47.28 | 2 |
| 6 HOMER HIGH SCHOOL 'A' | | 4:47.44 | 1 |
| 7 GALVA-HOLSTEIN 'A' | | 4:50.15 | 2 |
| 8 ELK POINT-JEFFERSON 'A' | | 4:55.04 | 2 |
| 9 SOUTH O'BRIEN H.S. 'A' | | 4:56.86 | 2 |
| 10 DAKOTA VALLEY HIGH SCHOOL 'A' | | 5:09.30 | 2 |
| 11 WESTWOOD SLOAN HIGH SCHOOL 'A' | | 5:18.38 | 1 |

Girls 800 Meter Run Open H.S.

| Top 24 | | Finals |
|--------------------------|---------------------|---------|
| Name | Age Team | |
| 1 STORM, ASHLEY | YANKTON HIGH SCHOOL | 2:21.91 |
| 2 JOHNSON, OLIVIA | OKOBOJI HIGH SCHOOL | 2:21.99 |
| 3 HARGENS, ERIN | ROOSEVELT | 2:22.44 |
| 4 JELEN, KAYLA | SF LINCOLN | 2:23.43 |
| 5 LOHRY, MOLLY | SIOUX CITY NORTH | 2:27.47 |
| 6 WEIDMAN, AUDREY | CB ST ALBERT | 2:28.55 |
| 7 STERNHAGEN, KRISTIN | YANKTON HIGH SCHOOL | 2:32.60 |
| 8 MARGIE, ANTHONY | D VALLEY | 2:33.75 |
| 9 MATHES, BREANNA | SOUTH O'BRIEN H.S. | 2:37.13 |
| 10 MIEDEMA, EMILY | UNITY CHS'T | 2:37.51 |
| 11 SMITH, EMILY | YANKTON HIGH SCHOOL | 2:38.58 |
| 12 VANDER WEIDE, CHRISSY | UNITY CHS'T | 2:39.10 |
| 13 BEAN, KELSEY | SF LINCOLN | 2:42.17 |
| 14 BARRON, EVA | SIOUX CITY WEST | 2:42.21 |
| 15 HOFMANN, MOLLY | BATTLE CREEK-IDA | 2:43.81 |
| 16 MASON, BECKY | BATTLE CREEK-IDA | 2:44.57 |
| 17 CARDWELL, SADIE | SO SIOUX | 2:45.23 |
| 18 EARLEYWINE, AERIELL | SGT BLUFF-LU | 2:48.50 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls 800 Meter Run Open H.S.**

19 OBENEY, NICOLA ELK POINT-JEFFERSON 2:52.81

Girls 1500 Meter Run Open H.S.

| Top 32 | | | |
|-------------------------|-----|---------------------|---------|
| Name | Age | Team | Finals |
| 1 BIES, BETSY | | YANKTON HIGH SCHOOL | 4:46.55 |
| 2 STORM, ASHLEY | | YANKTON HIGH SCHOOL | 4:46.59 |
| 3 KUCHTA, AMANDA | | YANKTON HIGH SCHOOL | 4:55.56 |
| 4 NELSON, KARA | | CHEROKEE | 5:00.09 |
| 5 KRAAYENBRINK, ANNA | | SIOUX CENTER | 5:06.99 |
| 6 GOEDHART, LISA | | UNITY CHS'T | 5:11.42 |
| 7 BYL, TERI | | SIOUX CENTER | 5:16.96 |
| 8 ROSENER, ASHLEY | | GEHLEN CATHOLIC | 5:18.36 |
| 9 NICHOLSON, ERICA | | CHEROKEE | 5:24.61 |
| 10 RODER, AMY | | HEELAN | 5:24.77 |
| 11 MASON, BECKY | | BATTLE CREEK-IDA | 5:25.17 |
| 12 BENZONI, NICOLE | | SIOUX CITY NORTH | 5:28.23 |
| 13 BROEKHUIS, LAURA | | UNITY CHS'T | 5:28.56 |
| 14 EARLEYWINE, AERIELL | | SGT BLUFF-LU | 5:28.96 |
| 15 THESENGA, SIDNEY | | SO SIOUX | 5:29.62 |
| 16 RICE, HILARY | | SIOUX CITY NORTH | 5:34.36 |
| 17 PHIPPS, ALEXA | | SO SIOUX | 5:35.60 |
| 18 STEINBERGER, MARILYN | | SF LINCOLN | 5:37.69 |
| 19 HETLETVEDT, KAMI | | SOUTH O'BRIEN H.S. | 5:38.17 |
| 20 VANSKIKE, AMY | | MOC-FLOYD VALLEY | 5:39.49 |
| 21 KACMARYNSKI, AMY | | BATTLE CREEK-IDA | 5:42.96 |
| 22 JOHNSON, CARRIE | | MOC-FLOYD VALLEY | 5:43.81 |
| 23 KENNEBECK, KRISTA | | CB ST ALBERT | 5:46.81 |
| 24 LANGEL, ASHLEY | | GEHLEN CATHOLIC | 5:49.30 |
| 25 TIGHE, BRIDGET | | HOMER HIGH SCHOOL | 5:51.37 |

Girls 3000 Meter Run Open H.S.

| Top 32 | | | |
|----------------------|-----|---------------------|----------|
| Name | Age | Team | Finals |
| 1 BIES, BETSY | | YANKTON HIGH SCHOOL | 10:02.44 |
| 2 CLARK, JESSICA | | WEST HARRISON | 10:34.88 |
| 3 NELSON, KARA | | CHEROKEE | 10:35.23 |
| 4 LEADER, TIFFANY | | YANKTON HIGH SCHOOL | 10:37.34 |
| 5 KUCHTA, AMANDA | | YANKTON HIGH SCHOOL | 10:43.11 |
| 6 KRAAYENBRINK, ANNA | | SIOUX CENTER | 10:46.21 |
| 7 NELSON, SARAH | | SIOUX CITY NORTH | 11:07.87 |
| 8 BROEKHUIS, LAURA | | UNITY CHS'T | 11:50.94 |
| 9 ROSENBOOM, LAURA | | SIOUX CENTER | 11:58.08 |
| 10 KACMARYNSKI, AMY | | BATTLE CREEK-IDA | 12:05.29 |
| 11 LANGEL, ASHLEY | | GEHLEN CATHOLIC | 12:19.29 |
| 12 MEISSNER, JENNI | | UNITY CHS'T | 12:20.35 |
| 13 KNIGHT, MELISSA | | SGT BLUFF-LU | 12:28.85 |
| 14 OBERLE, SARAH | | HEELAN | 12:33.60 |
| 15 MATHES, BREANNA | | SOUTH O'BRIEN H.S. | 12:43.98 |
| 16 LISTON, JENNIFER | | CB ST ALBERT | 12:44.05 |
| 17 NIELSEN, KELSEY | | SIOUX CITY WEST | 12:49.63 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls 3000 Meter Run Open H.S.**

| | | |
|------------------------|------------------|----------|
| 18 MORITZ, SADIE | LEMARS CENTRAL | 12:50.96 |
| 19 MEIS, MEGAN | LEMARS CENTRAL | 12:51.59 |
| 20 PATTERSON, KAYLA | BATTLE CREEK-IDA | 12:52.78 |
| 21 THOMPSON, JODIE | SO SIOUX | 12:55.48 |
| 22 MCAREAVY, MADALINE | GALVA-HOLSTEIN | 13:47.23 |
| 23 NAVARETTE, MARGARET | SO SIOUX | 13:47.73 |
| 24 LANGEL, ASHLEY | KINGSLEY-PIERSON | 14:40.82 |

Girls 400 Meter Hurdles Open H.S.

| ===== | | | | |
|------------------------|-----|---------------------|---------|----|
| Top 24 by time | | | | |
| Name | Age | Team | Finals | H# |
| ===== | | | | |
| 1 KALIN, JACQUI | | SIOUX CITY NORTH | 1:04.92 | 3 |
| 2 STETTNIKS, CRISSY | | SPIRIT LAKE HS | 1:06.39 | 3 |
| 3 MURILLO, PATTY | | SO SIOUX | 1:09.66 | 2 |
| 4 KROESE, SARAH | | UNITY CHS'T | 1:10.63 | 2 |
| 5 MCGUIRE, ASHLEY | | GALVA-HOLSTEIN | 1:10.75 | 2 |
| 6 VALENTINE, ALANNA | | CHEROKEE | 1:10.82 | 1 |
| 7 VANDER WEIDE, CRISSY | | UNITY CHS'T | 1:12.37 | 2 |
| 8 RUTLEDGE, HEATHER | | CB ABRAHAM LINCOLN | 1:12.52 | 3 |
| 9 RUDEN, MELINDA | | GEHLEN CATHOLIC | 1:12.91 | 1 |
| 10 RYAN, BRIDGET | | SIOUX CENTER | 1:13.04 | 2 |
| 11 OPSAHL, LAURA | | YANKTON HIGH SCHOOL | 1:14.25 | 1 |
| 12 EVERSLEY, ALEXIE | | YANKTON HIGH SCHOOL | 1:14.49 | 1 |
| 13 MCDONALD, JASMINE | | ROOSEVELT | 1:14.92 | 3 |
| 14 ANDERSON, JESSICA | | ROOSEVELT | 1:15.03 | 3 |
| 15 MCDOUGALL, ERICA | | LEMARS CENTRAL | 1:15.46 | 1 |
| 16 PAPOUSEK, CHRISTY | | YANKTON HIGH SCHOOL | 1:18.27 | 2 |
| 17 GRANT, SADE | | SIOUX CITY WEST | 1:19.53 | 1 |
| 18 THOMPSON, DENOSHA | | ROOSEVELT | 1:22.29 | 2 |

Girls 4x800 Meter Relay Open H.S.

| ===== | | | | |
|----------------------------------|--|--------------------|----------|--|
| Top 16 teams by time | | | | |
| 1 turn stagger | | | | |
| Team | | | Finals | |
| ===== | | | | |
| 1 SIOUX FALLS ROOSEVELT 'A' | | | 9:15.76 | |
| 1) THUNE, BRITTANY | | 2) COWLEY, CAITLYN | | |
| 3) ECKERT, ALLISON | | 4) ECKERT, KRISTA | | |
| 2 SPIRIT LAKE HS 'A' | | | 9:51.33 | |
| 3 YANKTON HIGH SCHOOL 'A' | | | 9:53.30 | |
| 4 SIOUX CENTER HIGH SCHOOL 'A' | | | 9:58.10 | |
| 5 UNITY CHRISTIAN H.S. 'A' | | | 10:01.80 | |
| 6 MOC-FLOYD VALLEY 'A' | | | 10:14.08 | |
| 7 SIOUX CITY NORTH 'A' | | | 10:17.43 | |
| 8 GEHLEN CATHOLIC 'A' | | | 10:20.45 | |
| 9 CB ST ALBERT 'A' | | | 10:35.03 | |
| 10 BISHOP HEELAN HIGH SCHOOL 'A' | | | 10:38.93 | |
| 11 SO SIOUX CITY HIGH SCHOOL 'A' | | | 10:39.17 | |
| 12 LEMARS CENTRAL 'A' | | | 10:49.97 | |
| 13 SF LINCOLN 'A' | | | 10:53.23 | |
| 14 BATTLE CREEK-IDA GROVE 'A' | | | 11:05.73 | |
| 15 SOUTH O'BRIEN H.S. 'A' | | | 11:14.21 | |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls Meter Shuttle Hurdle Open H.S.**

| Team | Finals | H# |
|--------------------------------|---------|----|
| 1 BATTLE CREEK-IDA GROVE 'A' | 1:04.18 | 2 |
| 1) SCHIERNBECK, CRYSTAL | | |
| 2) BOYSEN, MELINDA | | |
| 3) DEVORE, BAILY | | |
| 4) SHOMO, REBECCA | | |
| 2 UNITY CHRISTIAN H.S. 'A' | 1:05.58 | 2 |
| 3 SPIRIT LAKE HS 'A' | 1:07.78 | 2 |
| 4 GEHLEN CATHOLIC 'A' | 1:10.32 | 1 |
| 5 HOMER HIGH SCHOOL 'A' | 1:10.48 | 1 |
| 6 YANKTON HIGH SCHOOL 'A' | 1:12.22 | 1 |
| 7 SIOUX CENTER HIGH SCHOOL 'A' | 1:13.01 | 1 |
| -- CB ABRAHAM LINCOLN 'A' | DQ | 2 |

Girls High Jump Open H.S.

| Starting height 4'8" | | | |
|------------------------|---------------------|----------|-------|
| Name | Age Team | Finals | |
| 1 GLISAR, MEGAN | SGT BLUFF-LU | 5-07.50 | 1.71m |
| 2 WILKINSON, HANNAH | ELK POINT-JEFFERSON | J5-07.50 | 1.71m |
| 3 WOLLMAN, AMANDA | LEMARS CENTRAL | 5-04.00 | 1.62m |
| 4 HOOGLAND, JINA | UNITY CHS'T | 5-02.00 | 1.57m |
| 4 HULSTEIN, RANDA | SIOUX CENTER | 5-02.00 | 1.57m |
| 6 BEAVER, KAITLIN | SIOUX CENTER | J5-02.00 | 1.57m |
| 7 DEJONG, KENDRA | UNITY CHS'T | J5-02.00 | 1.57m |
| 8 STETTNIKS, CRISSY | SPIRIT LAKE HS | 5-00.00 | 1.52m |
| 8 HANSON, KATHERINE | ROOSEVELT | 5-00.00 | 1.52m |
| 8 SCHAEUBLE, BRIANA | KINGSLEY-PIERSON | 5-00.00 | 1.52m |
| 8 HIGGINBOTHAM, JORDAN | CB ABRAHAM LINCOLN | 5-00.00 | 1.52m |
| 8 GATES, LINDSEY | LAWTON-BRONSON | 5-00.00 | 1.52m |
| 13 HANNO, HILLARY | HEELAN | 4-10.00 | 1.47m |
| 14 BURBACH, ABBY | YANKTON HIGH SCHOOL | 4-08.00 | 1.42m |
| 14 WORDEN, TANEAYA | SIOUX CITY NORTH | 4-08.00 | 1.42m |
| 14 THOMPSON, KAYLEE | LEMARS CENTRAL | 4-08.00 | 1.42m |
| 14 MILLER, GABI | BATTLE CREEK-IDA | 4-08.00 | 1.42m |
| 14 CHACE, REGAN | KINGSLEY-PIERSON | 4-08.00 | 1.42m |
| 14 HUMMELGARD, SHERYL | BATTLE CREEK-IDA | 4-08.00 | 1.42m |
| 14 SORENSON, NEVADA | SF LINCOLN | 4-08.00 | 1.42m |
| -- FRAVEL, JOANNA | HEELAN | NH | |

Girls Long Jump Open H.S.

| Name | Age Team | Finals | Wind | |
|-----------------------|---------------------|-----------|------|-------|
| 1 ATKINS, MAGGIE | ROOSEVELT | 16-05.00 | NWI | 5.00m |
| 2 ACTERHOFF, MORGAN | MOC-FLOYD VALLEY | J16-05.00 | NWI | 5.00m |
| 3 MANSFIELD, TRICIA | GEHLEN CATHOLIC | 16-03.50 | NWI | 4.96m |
| 4 LUND, MICHELLE | HEELAN | 16-02.50 | NWI | 4.94m |
| 5 HOOGEVEEN, NICOLE | SIOUX CENTER | J16-02.50 | NWI | 4.94m |
| 6 CAMERON, LINDSAY | YANKTON HIGH SCHOOL | 15-09.00 | NWI | 4.80m |
| 7 ROBINSON, STEPHANIE | SIOUX CITY NORTH | 15-08.50 | NWI | 4.78m |
| 8 JOHNSON, BAILEY | OKOBOJI HIGH SCHOOL | 15-06.00 | NWI | 4.72m |
| 9 MERCHANT, DANIELLE | HEELAN | 15-05.50 | NWI | 4.71m |
| 10 BABCOCK, MELANNIE | MOC-FLOYD VALLEY | 15-05.00 | NWI | 4.69m |
| 11 ARNESON, KAYLA | ROOSEVELT | 15-03.00 | NWI | 4.64m |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls Long Jump Open H.S.**

| | | | | | |
|----|----------------------|---------------------|----------|-----|-------|
| 12 | FITZSIMMONS, SHANNON | YANKTON HIGH SCHOOL | 14-09.50 | NWI | 4.50m |
| 12 | ANDERSON, TASHA | SIOUX CITY WEST | 14-09.50 | NWI | 4.50m |
| 14 | HENTGES, JENNA | SPIRIT LAKE HS | 14-08.50 | NWI | 4.48m |
| 15 | GRANT, SADE | SIOUX CITY WEST | 14-07.50 | NWI | 4.45m |
| 15 | WURTZ, KIM | ELK POINT-JEFFERSON | 14-07.50 | NWI | 4.45m |
| 17 | TAYLOR, CAITIE | BATTLE CREEK-IDA | 14-05.00 | NWI | 4.39m |
| 18 | EVERSLEY, ALEXIE | YANKTON HIGH SCHOOL | 14-04.50 | NWI | 4.38m |
| 19 | HOFFMAN, TRICIA | EMERSON-HUBBARD | 14-01.00 | NWI | 4.29m |
| 20 | KALLIN, KIM | BATTLE CREEK-IDA | 13-10.50 | NWI | 4.22m |
| 20 | PINGEL, AMANDA | CHEROKEE | 13-10.50 | NWI | 4.22m |
| 22 | HOLTGREWE, ALLISON | GEHLEN CATHOLIC | 13-08.00 | NWI | 4.16m |
| 23 | SERVINE, MELISSA | EMERSON-HUBBARD | 13-05.00 | NWI | 4.08m |
| 24 | BOKEMPER, LAURA | SGT BLUFF-LU | 13-04.50 | NWI | 4.07m |
| 25 | BECK, LANDI | SGT BLUFF-LU | 13-04.00 | NWI | 4.06m |
| 26 | HUDELSON, JESSICA | ELK POINT-JEFFERSON | 13-02.00 | NWI | 4.01m |

Girls Shot Put Open H.S.

Standard for measurement 35'

| Name | Age Team | Finals |
|------|--------------------|-------------------------------------|
| 1 | DEN HERDER, KARA | SIOUX CENTER 36-05.00 11.09m |
| 2 | VAN BEEK, KELSIE | UNITY CHS'T 36-00.50 10.98m |
| 3 | CORNEMANN, KETTY | YANKTON HIGH SCHOOL 36-00.00 10.97m |
| 4 | JOHNIKIN, KELSEY | SIOUX CITY WEST 35-05.50 10.80m |
| 5 | CARLSON, LYNN | CHEROKEE 35-05.00 10.79m |
| 6 | HASENBANK, ERIN | ELK POINT-JEFFERSON 34-11.00 10.64m |
| 7 | WALLACE, ANDREAH | SIOUX CITY NORTH 34-07.00 10.54m |
| 8 | HOOKS, KAITLYN | D VALLEY 34-01.00 10.38m |
| 9 | EILEEN, ANTHONY | D VALLEY 32-09.50 9.99m |
| 10 | SIMPSON, ELIZABETH | SIOUX CITY EAST 32-09.25 9.98m |
| 11 | HUMPHREY, JACKIE | SO SIOUX 32-08.75 9.97m |
| 12 | WILCKE, CHANCEY | BATTLE CREEK-IDA 32-08.00 9.95m |
| 12 | FRALEY, HILLARY | SIOUX CITY NORTH 32-08.00 9.95m |
| 14 | PRICKETT, KARI | YANKTON HIGH SCHOOL 32-05.00 9.88m |
| 15 | OCHOA, CRUZ | SO SIOUX 32-04.00 9.85m |
| 16 | HUNT, JAMEE | GALVA-HOLSTEIN 30-11.00 9.42m |
| 17 | PETERSON, JORDAN | HEELAN 30-07.00 9.32m |
| 18 | HERTHER, KATIE | SF LINCOLN 30-01.00 9.16m |
| 19 | HUMMELGARD, SHERYL | BATTLE CREEK-IDA 30-00.00 9.14m |
| 19 | TESCH, CHELSEA | SOUTH O'BRIEN H.S. 30-00.00 9.14m |
| -- | EVANS, HALEY | WESTWOOD ND |
| -- | DAILY, BRANDIE | WESTWOOD ND |
| -- | HEENEY, KENDRA | EMERSON-HUBBARD ND |
| -- | THOMPSON, DENOSHA | ROOSEVELT ND |
| -- | GOFF, ERIN | SGT BLUFF-LU ND |
| -- | BRONS, JORI | UNITY CHS'T ND |
| -- | EARLEYWINE, SAM | SGT BLUFF-LU ND |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls Discus Throw Open H.S.**

Standard measurement 100'

To be Held at Heelan East Field

| Name | Age Team | Finals |
|----------------------|---------------------|---------------|
| 1 BROWN, KATIE | SPIRIT LAKE HS | 136-02 41.50m |
| 2 CORNEMANN, KETTY | YANKTON HIGH SCHOOL | 130-09 39.85m |
| 3 CATHERINE, ANTHONY | D VALLEY | 117-11 35.94m |
| 4 NELSON, CAT | SIOUX CITY NORTH | 115-00 35.05m |
| 5 DEN HERDER, KARA | SIOUX CENTER | 112-11 34.41m |
| 6 WILSON, DANA | HEELAN | 109-11 33.50m |
| 7 GARNER, CASSIE | ROOSEVELT | 106-10 32.56m |
| 8 HUMPHREY, JACKIE | SO SIOUX | 104-05 31.82m |
| 9 DANIELSON, LAURA | SF LINCOLN | 104-04 31.80m |
| 10 PRICKETT, KARI | YANKTON HIGH SCHOOL | 104-00 31.69m |
| 11 GRAY, KALI | LAWTON-BRONSON | 97-01 29.59m |
| 12 EARLEYWINE, SAM | SGT BLUFF-LU | 95-06 29.10m |
| 13 DIRKSEN, KARI | GEHLEN CATHOLIC | 94-06 28.80m |
| 14 GERMANN, SARAH | GEHLEN CATHOLIC | 94-05 28.77m |
| 15 WILSON, REYN | HEELAN | 94-04 28.75m |
| 16 SCHOER, MEL | GALVA-HOLSTEIN | 93-02 28.39m |
| 17 EVANS, HALEY | WESTWOOD | 92-11 28.32m |
| 18 HOOKS, KAITLYN | D VALLEY | 91-09 27.96m |

Girls 4x100 Meter Relay Freshman Girls

2 turn stagger

| Team | Finals |
|---------------------------------|--------|
| 1 BISHOP HEELAN HIGH SCHOOL 'A' | 52.62 |
| 1) BENNETT, JESSICA | |
| 2) MERCHANT, DANIELLE | |
| 3) KUEHL, SAMANTHA | |
| 4) IRWIN, MARIAH | |
| 2 SIOUX CITY WEST 'A' | 55.85 |
| 3 SIOUX CITY NORTH 'A' | 56.89 |
| 4 SIOUX CITY EAST 'A' | 57.92 |

Girls 4x200 Meter Relay Freshman Girls

4 turn stagger

| Team | Finals |
|---------------------------------|---------|
| 1 BISHOP HEELAN HIGH SCHOOL 'A' | 1:51.57 |
| 1) BENNETT, JESSICA | |
| 2) MERCHANT, DANIELLE | |
| 3) KUEHL, SAMANTHA | |
| 4) IRWIN, MARIAH | |
| 2 SIOUX CITY WEST 'A' | 1:57.54 |
| 3 SIOUX CITY NORTH 'A' | 2:01.18 |
| 4 SIOUX CITY EAST 'A' | 2:03.01 |

Girls 4x400 Meter Relay Freshman Girls

3 turn stagger

| Team | Finals |
|---------------------------------|---------|
| 1 BISHOP HEELAN HIGH SCHOOL 'A' | 4:31.58 |
| 1) BEACOM, MEAGEN | |
| 2) BARKLEY, ERIK | |
| 3) KOSER, KARISSA | |
| 4) JORDAN, ALI | |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls 4x400 Meter Relay Freshman Girls**

| | | | |
|---|------------------|-----|---------|
| 2 | SIOUX CITY NORTH | 'A' | 4:48.93 |
| 3 | SIOUX CITY WEST | 'A' | 4:49.70 |
| 4 | SIOUX CITY EAST | 'A' | 4:51.26 |

Girls 100 Meter Dash Elite

| Name | Age | Team | Finals | Wind |
|------|-----|--------------------|--------|------|
| 1 | | ACTERHOFF, MORGAN | 12.82 | NWI |
| 2 | | HINKELDEY, DEIDRE | 12.92 | NWI |
| 3 | | BREN, MEGAN | 12.94 | NWI |
| 4 | | HAMLING, BETH | 13.05 | NWI |
| 5 | | BAILEY, BRITNI | 13.14 | NWI |
| 6 | | JOHNSON, ASHLEA | 13.14 | NWI |
| 7 | | HUNTOON, STEPHANIE | 13.15 | NWI |
| 8 | | NOVAK, MARISSA | 13.24 | NWI |

Girls 100 Meter Hurdles Elite

| Name | Age | Team | Finals | Wind |
|------|-----|--------------------|--------|------|
| 1 | | DEWEERD, EMILY | 15.36 | NWI |
| 2 | | KALIN, JACQUI | 15.51 | NWI |
| 3 | | DEVORE, BAILY | 15.56 | NWI |
| 4 | | JOHNSON, BAILEY | 15.63 | NWI |
| 5 | | STETTNIKS, CRISSY | 16.01 | NWI |
| 6 | | RYAN, BRIDGET | 16.12 | NWI |
| 7 | | SORENSEN, NEVADA | 16.34 | NWI |
| 8 | | RIDENOUR, BRITTANY | 16.59 | NWI |

Women 100 Meter Dash Open Women

| Name | Age | Team | Prelims | Wind | H# |
|---------------|-----|-------------------|---------|------|----|
| Preliminaries | | | | | |
| 1 | | DUFFY, NIKKI | 12.68q | 0.4 | 4 |
| 2 | | SMITH, ALLISON | 13.05q | 0.8 | 2 |
| 3 | | KONECHNE, MEGAN | 13.12q | 0.7 | 1 |
| 4 | | CARR, JACI | 13.25q | 1.1 | 3 |
| 4 | | HENNEK, SARAH | 13.25q | 0.8 | 2 |
| 6 | | VINCENT, MARRIE | 13.28q | 0.7 | 1 |
| 7 | | HOWARD, SHERI | 13.29q | 0.4 | 4 |
| 8 | | CALE, CARRIE | 13.45q | 0.7 | 1 |
| 9 | | WHITE, KAYLA | 13.51 | 0.4 | 4 |
| 10 | | CHORD, BRENDA | 13.71 | 1.1 | 3 |
| 11 | | GARRETT, SARA | 13.73 | 0.7 | 1 |
| 12 | | METTE, TASHA | 13.74 | 0.4 | 4 |
| 13 | | WEHMEYER, KATIE | 13.83 | 1.1 | 3 |
| 14 | | NYHUS, ELISSA | 13.99 | 0.4 | 4 |
| 15 | | TATRO, VICKI | 14.06 | 0.7 | 1 |
| 16 | | BILLINGS, TUNISIA | 14.12 | 0.7 | 1 |
| 17 | | ARMSTRONG, JENNY | 14.34 | 0.8 | 2 |
| 18 | | LEUTHOLD, KATIE | 14.57 | 0.4 | 4 |
| 19 | | ADDIE, BARTLETT | 14.67 | 0.4 | 4 |
| 20 | | ASCHINGER, AMBER | 14.96 | 1.1 | 3 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006

Olsen Stadium

Results

...Women 100 Meter Dash Open Women

| | | | | | |
|----|-----------------|--------------|-------|-----|---|
| 21 | BECHAN, CISALIE | DAKOTA WESLY | 15.30 | 1.1 | 3 |
|----|-----------------|--------------|-------|-----|---|

Women 100 Meter Dash Open Women

| Name | Age | Team | Finals | Wind |
|--------|-----------------|---------------------|--------|------|
| Finals | | | | |
| 1 | DUFFY, NIKKI | DAKOTA STATE | 12.59 | -0.1 |
| 2 | KONECHNE, MEGAN | NO. STATE | 12.97 | -0.1 |
| 3 | SMITH, ALLISON | USD | 12.99 | -0.1 |
| 4 | CARR, JACI | AUGUSTANA COLLEGE | 13.15 | -0.1 |
| 5 | VINCENT, MARRIE | JAMESTOWN COLLEGE | 13.19 | -0.1 |
| 6 | CALE, CARRIE | UNATTACHED | 13.34 | -0.1 |
| 7 | HOWARD, SHERI | MORNINGSIDE COLLEGE | 13.35 | -0.1 |
| 8 | HENNEK, SARAH | JAMESTOWN COLLEGE | 13.38 | -0.1 |

Women 400 Meter Dash Open Women

| Name | Age | Team | Finals | H# |
|------|------------------|---------------------|---------|----|
| 1 | STOLL, MARY | AUGUSTANA COLLEGE | 56.86 | 3 |
| 2 | REAGLES, KRISTY | AUGUSTANA COLLEGE | 58.44 | 3 |
| 3 | SMITH, ALLISON | USD | 59.22 | 3 |
| 4 | MILLS, DANNETTE | U SIOUX FALL | 59.67 | 3 |
| 5 | HARDING, MEGAN | NORTHWESTERN | 59.68 | 3 |
| 6 | SIKKEMA, SARAH | DORDT COLLEGE | 59.90 | 3 |
| 7 | CAIN, CAMI | MORNINGSIDE COLLEGE | 1:00.19 | 2 |
| 8 | KUIPER, REGAN | U SIOUX FALL | 1:00.43 | 2 |
| 9 | HENNEK, SARAH | JAMESTOWN COLLEGE | 1:00.75 | 3 |
| 10 | THINGSTAD, BETSY | JAMESTOWN COLLEGE | 1:01.98 | 3 |
| 11 | GAALSWYK, EMILY | NORTHWESTERN | 1:02.48 | 2 |
| 12 | CHORD, BRENDA | MORNINGSIDE COLLEGE | 1:02.97 | 1 |
| 13 | HILTON, KATY | NO. STATE | 1:03.20 | 2 |
| 14 | HOWARD, SHERI | MORNINGSIDE COLLEGE | 1:04.28 | 2 |
| 15 | MILBURN, MALLORY | BRIAR CLIFF | 1:06.57 | 2 |
| 16 | IKONOMOU, LAURAL | JAMESTOWN COLLEGE | 1:07.50 | 1 |
| 17 | BIRKLEY, HEIDI | DAKOTA WESLY | 1:07.78 | 1 |
| 18 | JENSEN, MEGAN | USD | 1:08.16 | 2 |
| 19 | ARMSTRONG, JENNY | MORNINGSIDE COLLEGE | 1:09.04 | 1 |
| 20 | JOHNSON, TRISHA | MORNINGSIDE COLLEGE | 1:10.51 | 1 |
| 21 | LEUTHOLD, KATIE | DAKOTA WESLY | 1:12.44 | 1 |

Women 800 Meter Run Open Women

| Name | Age | Team | Finals |
|------|--------------------|---------------------|---------|
| 1 | BUMANN, HEIDI | BRIAR CLIFF | 2:15.78 |
| 2 | JACOBSON, LAURA | NORTHWESTERN | 2:18.09 |
| 3 | OSWALD, ERIN | WAYNE STATE COLLEGE | 2:18.80 |
| 4 | MAAKESTAD, KRISTEN | NORTHWESTERN | 2:20.19 |
| 5 | BENNETT, MARY | USD | 2:20.36 |
| 6 | KEMPERS, JEN | DORDT COLLEGE | 2:20.90 |
| 7 | DUBA, ALLISON | USD | 2:23.20 |
| 8 | FISHER, AMBER | DAKOTA STATE | 2:24.15 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Women 800 Meter Run Open Women**

| | | | |
|----|-------------------|---------------------|---------|
| 9 | DALY, SHANNON | USD | 2:25.47 |
| 10 | WANDERSEE, BECKY | JAMESTOWN COLLEGE | 2:25.99 |
| 11 | WHITNEY, CANDICE | MORNINGSIDE COLLEGE | 2:26.17 |
| 12 | SLATER, SARA | MORNINGSIDE COLLEGE | 2:26.82 |
| 13 | BAUS, JENNY | NO. STATE | 2:28.04 |
| 14 | MOORE, KELSEY | JAMESTOWN COLLEGE | 2:28.95 |
| 15 | ELLSWORTH, HATTIE | DAKOTA STATE | 2:29.30 |
| 16 | GARAY, SAM | BRIAR CLIFF | 2:30.10 |
| 17 | MCINNIS, ANNIE | MORNINGSIDE COLLEGE | 2:30.20 |
| 18 | CARTMILL, LAUREN | AUGUSTANA COLLEGE | 2:31.29 |
| 19 | GRABOW, EMILY | MORNINGSIDE COLLEGE | 2:33.33 |
| 20 | PICKNER, RACHEL | BRIAR CLIFF | 2:34.54 |
| 21 | MAIN, CASSIE | MORNINGSIDE COLLEGE | 2:35.05 |
| 22 | DE BRUIN, MARNE ' | DORDT COLLEGE | 2:35.42 |
| 23 | DUANE, ROCHELLE | JAMESTOWN COLLEGE | 2:35.79 |
| 24 | POTTORFF, BROOKE | MORNINGSIDE COLLEGE | 2:36.92 |
| 25 | WEST, TOSHA | NO. STATE | 2:37.36 |
| 26 | BISBEE, BETH | JAMESTOWN COLLEGE | 2:39.51 |
| 27 | MAJERES, AMY | MOUNT MARTY COLLEGE | 2:41.74 |
| 28 | BIRKLEY, HEIDI | DAKOTA WESLY | 2:44.23 |
| -- | DUNLOP, LEXI | USD | DNF |
| -- | FERNANDEZ, KELLY | AUGUSTANA COLLEGE | DNF |
| -- | BECKETT, BRITTANY | DAKOTA STATE | DNF |

Women 1500 Meter Run Open Women

| Name | Age | Team | Finals |
|------|-----|---------------------|---------|
| 1 | | USD | 4:39.70 |
| 2 | | USD | 4:51.58 |
| 3 | | USD | 4:53.72 |
| 4 | | AUGUSTANA COLLEGE | 4:56.50 |
| 5 | | USD | 4:57.06 |
| 6 | | U SIOUX FALL | 4:57.60 |
| 7 | | DORDT COLLEGE | 5:02.22 |
| 8 | | DAKOTA STATE | 5:03.92 |
| 9 | | U SIOUX FALL | 5:08.26 |
| 10 | | JAMESTOWN COLLEGE | 5:11.67 |
| 11 | | WAYNE STATE COLLEGE | 5:14.18 |
| 12 | | U SIOUX FALL | 5:15.11 |
| 13 | | UNATTACHED | 5:17.38 |
| 14 | | MORNINGSIDE COLLEGE | 5:18.12 |
| 15 | | DAKOTA STATE | 5:18.39 |
| 16 | | BRIAR CLIFF | 5:20.02 |
| 17 | | BRIAR CLIFF | 5:20.70 |
| 18 | | AUGUSTANA COLLEGE | 5:21.92 |
| 19 | | JAMESTOWN COLLEGE | 5:22.41 |
| 20 | | U SIOUX FALL | 5:22.73 |
| 21 | | CREIGHTON | 5:29.12 |
| 22 | | MORNINGSIDE COLLEGE | 5:31.09 |
| 23 | | U SIOUX FALL | 5:31.43 |
| 24 | | NORTHWESTERN | 5:31.55 |
| 25 | | NO. STATE | 5:31.90 |
| 26 | | MORNINGSIDE COLLEGE | 5:33.34 |
| 27 | | CREIGHTON | 5:34.17 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Women 1500 Meter Run Open Women**

| | | | |
|----|-------------------|---------------------|---------|
| 28 | DUANE, ROCHELLE | JAMESTOWN COLLEGE | 5:36.89 |
| 29 | MAIN, CASSIE | MORNINGSIDE COLLEGE | 5:40.41 |
| 30 | SCHWIEGER, AMANDA | NORTHWESTERN | 5:43.57 |
| 31 | IKONOMOU, LAURAL | JAMESTOWN COLLEGE | 5:52.34 |
| 32 | HARROFF, LORA | CREIGHTON | 7:05.39 |

Women 5000 Meter Run Open Women

| Name | Age | Team | Finals |
|---------------------|-----|---------------------|----------|
| 1 STANGLER, RACHEL | | UNATTACHED | 17:58.47 |
| 2 FRIEDRICH, AMBER | | USD | 18:35.63 |
| 3 ELLMAKER, ERIN | | JAMESTOWN COLLEGE | 18:51.73 |
| 4 OPDAHL, TARA | | JAMESTOWN COLLEGE | 19:00.58 |
| 5 LUNDGREN, JESSICA | | USD | 19:06.27 |
| 6 KUHLMAN, HEATHER | | UNATTACHED | 19:32.03 |
| 7 HOLMES, MELANIE | | JAMESTOWN COLLEGE | 19:50.19 |
| 8 MCGRATH, MEGAN | | CREIGHTON | 19:58.14 |
| 9 STECKELBERG, AMY | | USD | 20:01.42 |
| 10 HANNON, KRISTA | | CREIGHTON | 20:24.34 |
| 11 HANENBURG, SARA | | DORDT COLLEGE | 22:04.75 |
| 12 MOLLMAN, KAY | | MOUNT MARTY COLLEGE | 22:46.39 |
| 13 DRIVER, KELSEY | | NORTHWESTERN | 23:04.54 |

Women 10000 Meter Run Open Women

| Name | Age | Team | Finals |
|------------------|-----|-------------------|----------|
| 1 MAURER, MICHEL | | JAMESTOWN COLLEGE | 40:12.90 |
| 2 WEAVILL, KATIE | | DAKOTA WESLY | 41:20.00 |

Women 100 Meter Hurdles Open Women

| Name | Age | Team | Prelims | Wind | H# |
|-----------------------|-----|---------------------|---------|------|----|
| Preliminaries | | | | | |
| 1 ROEBKE, RACHEL | | WAYNE STATE COLLEGE | 15.27q | 2.0 | 2 |
| 2 EYKYN, SHELBY | | AUGUSTANA COLLEGE | 15.40q | 1.2 | 1 |
| 3 HOUSE, LINDSAY | | USD | 15.49q | 2.0 | 2 |
| 4 ANDERSON, JENNY | | AUGUSTANA COLLEGE | 15.80q | 1.2 | 1 |
| 5 OCHSNER, LAUREL | | DORDT COLLEGE | 16.44q | 2.0 | 2 |
| 6 LIPPMAN, JADE | | WAYNE STATE COLLEGE | 16.57q | 1.2 | 1 |
| 7 SHEFFIELD, SAMANTHA | | DORDT COLLEGE | 16.67q | 1.2 | 1 |
| 8 DYKSTRA, BOBBI JO | | DAKOTA STATE | 16.69q | 2.0 | 2 |
| 9 SMITH, LAURA | | NO. STATE | 16.88 | 2.0 | 2 |
| 10 HEALEY, ALICIA | | MOUNT MARTY COLLEGE | 17.06 | 1.2 | 1 |
| 11 ANDERSON, KATIE | | NO. STATE | 17.43 | 2.0 | 2 |
| 12 PEMBER, CORTNY | | NO. STATE | 17.61 | 1.2 | 1 |
| 13 HANSON, EMILY | | MOUNT MARTY COLLEGE | 17.72 | 2.0 | 2 |
| 14 METTLER, PAULA | | DAKOTA WESLY | 18.29 | 1.2 | 1 |
| 15 WINNAN, HEATHER | | DAKOTA WESLY | 18.45 | 2.0 | 2 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Women 100 Meter Hurdles Open Women**

| Name | Age | Team | Finals | Wind |
|-----------------------|-----|---------------------|--------|------|
| Finals | | | | |
| 1 ROEBKE, RACHEL | | WAYNE STATE COLLEGE | 14.95 | -1.7 |
| 2 EYKYN, SHELBY | | AUGUSTANA COLLEGE | 15.05 | -1.7 |
| 3 HOUSE, LINDSAY | | USD | 15.31 | -1.7 |
| 4 ANDERSON, JENNY | | AUGUSTANA COLLEGE | 15.72 | -1.7 |
| 5 OCHSNER, LAUREL | | DORDT COLLEGE | 16.20 | -1.7 |
| 6 SHEFFIELD, SAMANTHA | | DORDT COLLEGE | 16.30 | -1.7 |
| 7 LIPPMAN, JADE | | WAYNE STATE COLLEGE | 16.74 | -1.7 |
| 8 DYKSTRA, BOBBI JO | | DAKOTA STATE | 16.88 | -1.7 |

Women 400 Meter Hurdles Open Women

| Name | Age | Team | Finals | H# |
|---------------------|-----|---------------------|---------|----|
| 1 SERSHEN, JANIE | | AUGUSTANA COLLEGE | 1:04.37 | 2 |
| 2 VARRIANO, GIULI | | JAMESTOWN COLLEGE | 1:05.52 | 2 |
| 3 SOODSMA, ABBIE | | DORDT COLLEGE | 1:05.94 | 2 |
| 4 ROEBKE, RACHEL | | WAYNE STATE COLLEGE | 1:06.22 | 2 |
| 5 PEPIN, ANNALIESE | | AUGUSTANA COLLEGE | 1:07.14 | 2 |
| 6 EGGING, CARRIE | | USD | 1:07.27 | 2 |
| 7 BETZ, JENNI | | NO. STATE | 1:07.88 | 1 |
| 8 LIPPMAN, JADE | | WAYNE STATE COLLEGE | 1:07.94 | 2 |
| 9 REGAN, JESSICA | | NORTHWESTERN | 1:08.23 | 2 |
| 10 MYRICK, WHITNEY | | USD | 1:08.66 | 1 |
| 11 VARGUS, JENNIFER | | DORDT COLLEGE | 1:11.18 | 1 |
| 12 METTLER, PAULA | | DAKOTA WESLY | 1:13.65 | 1 |
| 13 RUHLAND, JACINTA | | BRIAR CLIFF | 1:14.08 | 1 |
| 14 MEYERHOFF, KATIE | | BRIAR CLIFF | 1:16.25 | 1 |

Women 3000 Meter Steeplechase Open Women

| Name | Age | Team | Finals |
|---------------------|-----|---------------------|----------|
| 1 NOENBERG, ERIN | | WAYNE STATE COLLEGE | 11:42.24 |
| 2 GRABOW, EMILY | | MORNINGSIDE COLLEGE | 12:23.79 |
| 3 ELLMAKER, ERIN | | JAMESTOWN COLLEGE | 12:47.84 |
| 4 BLISS, AMANDA | | BRIAR CLIFF | 12:51.80 |
| 5 WURPTS, BEVERLY | | MOUNT MARTY COLLEGE | 13:17.51 |
| 6 MAXWELL, HEATHER | | BRIAR CLIFF | 13:38.39 |
| 7 BECKETT, BRITTANY | | DAKOTA STATE | 13:52.38 |
| 8 MCINTYRE, AMY | | DAKOTA WESLY | 14:08.82 |

Women 4x100 Meter Relay Open Women

| 2 turn stagger Team | Prelims | H# |
|---------------------------------|---------|----|
| Preliminaries | | |
| 1 JAMESTOWN COLLEGE 'A' | 49.58q | 2 |
| 2 DAKOTA STATE UNIVERSITY 'A' | 50.54q | 2 |
| 3 MORNINGSIDE COLLEGE 'A' | 50.80q | 1 |
| 4 NORTHERN STATE UNIVERSITY 'A' | 50.81q | 2 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Women 4x100 Meter Relay Open Women**

| | | |
|------------------------------|--------|---|
| 5 DORDT COLLEGE 'A' | 51.51q | 1 |
| 6 MOUNT MARTY COLLEGE 'A' | 52.05q | 1 |
| 7 NORTHWESTERN COLLEGE 'A' | 52.70q | 1 |
| 8 BRIAR CLIFF UNIVERSITY 'A' | 57.80q | 2 |

Women 4x100 Meter Relay Open Women

| 2 turn stagger | | Finals |
|---------------------------------|------------------|--------|
| Team | | |
| ===== | | |
| Finals | | |
| 1 JAMESTOWN COLLEGE 'A' | | 49.38 |
| 1) VINCENT, MARRIE | 2) MCCARTY, LIZ | |
| 3) VARRIANO, GIULI | 4) HENNEK, SARAH | |
| 2 DAKOTA STATE UNIVERSITY 'A' | | 50.41 |
| 3 NORTHERN STATE UNIVERSITY 'A' | | 50.80 |
| 4 MORNINGSIDE COLLEGE 'A' | | 50.98 |
| 5 DORDT COLLEGE 'A' | | 51.18 |
| 6 BRIAR CLIFF UNIVERSITY 'A' | | 52.36 |
| 7 MOUNT MARTY COLLEGE 'A' | | 52.37 |

Women 4x200 Meter Relay Open Women

| 4 turn stagger | | Finals |
|---------------------------------|------------------|---------|
| Team | | |
| ===== | | |
| 1 JAMESTOWN COLLEGE 'A' | | 1:44.72 |
| 1) THINGSTAD, BETSY | 2) MCCARTY, LIZ | |
| 3) VARRIANO, GIULI | 4) HENNEK, SARAH | |
| 2 DAKOTA STATE UNIVERSITY 'A' | | 1:46.35 |
| 3 NORTHWESTERN COLLEGE 'A' | | 1:47.23 |
| 4 DORDT COLLEGE 'A' | | 1:47.36 |
| 5 NORTHERN STATE UNIVERSITY 'A' | | 1:47.87 |
| 6 MOUNT MARTY COLLEGE 'A' | | 1:49.44 |

Women 4x400 Meter Relay Open Women

| 3 turn stagger | | Finals |
|---------------------------------|--------------------|---------|
| Team | | |
| ===== | | |
| 1 NORTHWESTERN COLLEGE 'A' | | 4:00.36 |
| 1) HARDING, MEGAN | 2) REGAN, JESSICA | |
| 3) MAAKESTAD, KRISTEN | 4) JACOBSON, LAURA | |
| 2 JAMESTOWN COLLEGE 'A' | | 4:02.14 |
| 3 DORDT COLLEGE 'A' | | 4:04.13 |
| 4 UNIVERSITY SOUTH DAKOTA 'A' | | 4:06.00 |
| 5 MORNINGSIDE COLLEGE 'A' | | 4:06.43 |
| 6 NORTHERN STATE UNIVERSITY 'A' | | 4:08.74 |
| 7 BRIAR CLIFF UNIVERSITY 'A' | | 4:12.60 |
| 8 DAKOTA STATE UNIVERSITY 'A' | | 4:16.11 |
| 9 MOUNT MARTY COLLEGE 'A' | | 4:18.87 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Women 4x800 Meter Relay Open Women**

| 1 turn stagger | | Finals |
|------------------------------|-----------------------|----------|
| Team | | |
| 1 UNIVERSITY SIOUX FALLS 'A' | | 9:36.73 |
| 1) TYSDAL, KYLA | 2) KRUTHOFF, MICHELLE | |
| 3) NIX, CARRIE | 4) | |
| 2 DORDT COLLEGE 'A' | | 9:37.51 |
| 3 AUGUSTANA COLLEGE 'A' | | 9:50.02 |
| 4 MORNINGSIDE COLLEGE 'A' | | 10:04.78 |
| 5 JAMESTOWN COLLEGE 'A' | | 10:38.19 |

Women 1600 Sprint Medley Open Women

| 3 turn stagger | | Finals |
|---------------------------------|-------------------|---------|
| Team | | |
| 1 AUGUSTANA COLLEGE 'A' | | 4:13.64 |
| 1) EYKYN, SHELBY | 2) CARR, JACI | |
| 3) STOLL, MARY | 4) NICKOLAS, DANI | |
| 2 BRIAR CLIFF UNIVERSITY 'A' | | 4:15.66 |
| 3 DORDT COLLEGE 'A' | | 4:19.22 |
| 4 AUGUSTANA COLLEGE 'B' | | 4:19.72 |
| 5 UNIVERSITY SOUTH DAKOTA 'A' | | 4:21.05 |
| 6 UNIVERSITY SIOUX FALLS 'A' | | 4:24.49 |
| 7 NORTHERN STATE UNIVERSITY 'A' | | 4:26.15 |
| 8 JAMESTOWN COLLEGE 'A' | | 4:34.16 |

Women Distance Medley Open Women

| 1 turn stagger | | Finals |
|----------------------------|--------------------|----------|
| Running Order | 1200-400-800-1600 | |
| Team | | |
| 1 AUGUSTANA COLLEGE 'A' | | 12:53.31 |
| 1) KELLY, MAIREAD | 2) CALDWELL, NANCY | |
| 3) FERNANDEZ, KELLY | 4) PAPE, JESSICA | |
| 2 WAYNE STATE COLLEGE 'A' | | 13:07.07 |
| 3 JAMESTOWN COLLEGE 'A' | | 13:45.92 |
| 4 NORTHWESTERN COLLEGE 'A' | | 13:54.31 |
| 5 MOUNT MARTY COLLEGE 'A' | | 13:58.41 |

Women High Jump Open Women

| Name | Age | Team | Finals |
|---------------------|-----|---------------------|----------------|
| 1 SCHULZ, BECKY | | AUGUSTANA COLLEGE | 5-07.00 1.70m |
| 2 TEWES, LAURA | | DAKOTA STATE | 5-04.00 1.62m |
| 3 KEMPERS, JEN | | DORDT COLLEGE | J5-04.00 1.62m |
| 4 BOEKHOUT, MIRANDA | | NORTHWESTERN | J5-04.00 1.62m |
| 5 TORKELSON, ANN | | MORNINGSIDE COLLEGE | 5-02.00 1.57m |
| 6 SERSHEN, JANIE | | AUGUSTANA COLLEGE | J5-02.00 1.57m |
| 7 LIPPMAN, JADE | | WAYNE STATE COLLEGE | J5-02.00 1.57m |
| 8 SCHMIDT, AMBER | | USD | J5-02.00 1.57m |
| 9 SMITH, LAURA | | NO. STATE | 5-00.00 1.52m |
| 9 GONSOR, CARRIE | | USD | 5-00.00 1.52m |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Women High Jump Open Women**

| | | | | |
|----|---------------------|-------------------|---------|-------|
| 9 | CUPPY, NICOLE | JAMESTOWN COLLEGE | 5-00.00 | 1.52m |
| -- | SCHOENFISH, CASSIE | AUGUSTANA COLLEGE | NH | |
| -- | FLIKKEMA, SHAWNA | DORDT COLLEGE | NH | |
| -- | HIEMSTRA, SERINA | DAKOTA STATE | NH | |
| -- | SHEFFIELD, SAMANTHA | DORDT COLLEGE | NH | |
| -- | ANDERSON, JENNY | AUGUSTANA COLLEGE | NH | |

Women Pole Vault Open Women

| Name | Age | Team | Finals | |
|------|-----------------|-------------------|----------|-------|
| 1 | CERLING, KATIE | UNATTACHED | 10-06.00 | 3.20m |
| 2 | VINCENT, MARRIE | JAMESTOWN COLLEGE | 10-00.00 | 3.04m |
| 3 | BOLDT, TRICIA | DAKOTA STATE | 8-06.00 | 2.59m |
| 4 | SNELSON, DANA | JAMESTOWN COLLEGE | 8-00.00 | 2.43m |

Women Long Jump Open Women

| Name | Age | Team | Finals | Wind | |
|------|---------------------|---------------------|----------|------|-------|
| 1 | EYKYN, SHELBY | AUGUSTANA COLLEGE | 17-06.00 | 0.2 | 5.33m |
| 2 | PFIEFER, MICHELLE | UNATTACHED | 17-02.00 | NWI | 5.23m |
| 3 | MCCARTY, LIZ | JAMESTOWN COLLEGE | 16-04.50 | NWI | 4.99m |
| 4 | TORKELSON, ANN | MORNINGSIDE COLLEGE | 16-04.00 | NWI | 4.97m |
| 5 | OCHSNER, LAUREL | DORDT COLLEGE | 15-11.50 | NWI | 4.86m |
| 6 | BOEKHOUT, MIRANDA | NORTHWESTERN | 15-08.00 | NWI | 4.77m |
| 7 | FEENSTRA, NATALIE | DORDT COLLEGE | 15-05.00 | NWI | 4.69m |
| 8 | VINCENT, MARRIE | JAMESTOWN COLLEGE | 15-03.00 | NWI | 4.64m |
| 9 | MILLER, TARA | U SIOUX FALL | 14-10.00 | NWI | 4.52m |
| 10 | LUBBERS, BETSY | USD | 14-09.00 | 1.1 | 4.49m |
| 11 | IKONOMOU, LAURAL | JAMESTOWN COLLEGE | 14-07.00 | NWI | 4.44m |
| 12 | FLIKKEMA, SHAWNA | DORDT COLLEGE | 13-10.50 | NWI | 4.22m |
| 13 | HORSTMAN, JOY | DORDT COLLEGE | 13-10.00 | NWI | 4.21m |
| 14 | ANDERSON, JENNY | AUGUSTANA COLLEGE | 13-09.50 | 0.5 | 4.20m |
| 15 | SHEFFIELD, SAMANTHA | DORDT COLLEGE | 13-07.50 | NWI | 4.15m |
| 16 | BONN, HEATHER | NO. STATE | 13-05.50 | 0.9 | 4.10m |
| 17 | BECHAN, CISALIE | DAKOTA WESLY | 11-03.50 | NWI | 3.44m |

Women Triple Jump Open Women

| Name | Age | Team | Finals | Wind | |
|------|-------------------|-------------------|----------|------|--------|
| 1 | STOUT, NATALIE | USD | 38-04.50 | 0.2 | 11.69m |
| 2 | LUBBERS, BETSY | USD | 35-00.75 | 0.5 | 10.68m |
| 3 | GONSOR, CARRIE | USD | 34-11.00 | 0.6 | 10.64m |
| 4 | BOEKHOUT, MIRANDA | NORTHWESTERN | 33-08.00 | NWI | 10.26m |
| 5 | FLIKKEMA, SHAWNA | DORDT COLLEGE | 33-00.00 | NWI | 10.05m |
| 6 | FEENSTRA, NATALIE | DORDT COLLEGE | 32-09.50 | NWI | 9.99m |
| 7 | HIEMSTRA, SERINA | DAKOTA STATE | 32-08.50 | 1.3 | 9.96m |
| 8 | BONN, HEATHER | NO. STATE | 32-06.00 | -0.8 | 9.90m |
| 9 | CUPPY, NICOLE | JAMESTOWN COLLEGE | 30-03.00 | NWI | 9.22m |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Women Shot Put Open Women**

| Standard for measurement 35' | | | | |
|------------------------------|-------------------|---------------------|----------|--------|
| Name | Age | Team | Finals | |
| 1 | WILSON, KATIE | WAYNE STATE COLLEGE | 45-11.25 | 14.00m |
| 2 | MOORE, MARISSA | U SIOUX FALL | 43-04.00 | 13.20m |
| 3 | SCHULTZ, LINDSEY | AUGUSTANA COLLEGE | 42-04.00 | 12.90m |
| 4 | CHAPIN, KRISTI | BRIAR CLIFF | 40-11.00 | 12.47m |
| 5 | MEIER, GENA | NO. STATE | 40-06.50 | 12.35m |
| 6 | WHITE, LAURA | JAMESTOWN COLLEGE | 39-01.00 | 11.91m |
| 7 | DEBOER, AMBER | JAMESTOWN COLLEGE | 37-04.00 | 11.37m |
| 8 | BOEPPLE, MIRANDA | NO. STATE | 37-03.00 | 11.35m |
| 9 | HUMMELGARD, SARAH | BRIAR CLIFF | 37-00.50 | 11.29m |
| 10 | KUNTZ, CHANTELL | MORNINGSIDE COLLEGE | 37-00.00 | 11.27m |
| 11 | DELLWO, CASSIE | JAMESTOWN COLLEGE | 36-03.50 | 11.06m |
| 12 | HAYES, SONJA | JAMESTOWN COLLEGE | 35-07.50 | 10.85m |
| 13 | JOHNSON, JORDAN | AUGUSTANA COLLEGE | 35-05.00 | 10.79m |
| 14 | KARLSGODT, KARA | DORDT COLLEGE | 35-04.00 | 10.76m |
| 15 | OLTMANN, JANEL | MOUNT MARTY COLLEGE | 34-11.00 | 10.64m |
| 16 | DEHAAN, TERYN | NORTHWESTERN | 34-10.00 | 10.61m |
| 17 | EKHOF, STEPHANIE | MORNINGSIDE COLLEGE | 34-08.50 | 10.57m |
| 18 | TAYLOR, RAE | NORTHWESTERN | 33-00.50 | 10.07m |
| 19 | SMITH, BRENA | JAMESTOWN COLLEGE | 33-00.00 | 10.05m |
| 20 | FRITZLER, MARENA | BRIAR CLIFF | 32-04.00 | 9.85m |
| 21 | PFIEFER, MICHELLE | UNATTACHED | 30-00.00 | 9.14m |
| -- | SCHMIDT, AMBER | USD | | ND |

Women Discus Throw Open Women

| Standard for measurement 100' | | | | |
|-------------------------------|---------------------|---------------------|--------|--------|
| Name | Age | Team | Finals | |
| 1 | WORTMANN, LAURA | UNATTACHED | 42.74m | 140-03 |
| 2 | WILSON, KATIE | WAYNE STATE COLLEGE | 41.33m | 135-07 |
| 3 | KARLSGODT, KARA | DORDT COLLEGE | 38.75m | 127-01 |
| 4 | BEACHLER, KACIE | USD | 38.69m | 126-11 |
| 5 | SCHULTZ, LINDSEY | AUGUSTANA COLLEGE | 37.94m | 124-06 |
| 6 | DELLWO, CASSIE | JAMESTOWN COLLEGE | 37.04m | 121-06 |
| 7 | CHASE, JESSICA | JAMESTOWN COLLEGE | 37.01m | 121-05 |
| 8 | MCPHILLIPS, AMANDA | MOUNT MARTY COLLEGE | 36.00m | 118-01 |
| 9 | GIESEN, ASHLEY | DAKOTA STATE | 35.81m | 117-06 |
| 10 | CHAPIN, KRISTI | BRIAR CLIFF | 35.72m | 117-02 |
| 11 | MEIER, GENA | NO. STATE | 35.66m | 117-00 |
| 12 | VELTHOFF, AMY | USD | 35.60m | 116-09 |
| 13 | DEHAAN, TERYN | NORTHWESTERN | 33.95m | 111-05 |
| 14 | FRITZLER, MARENA | BRIAR CLIFF | 33.63m | 110-04 |
| 15 | JOHNSON, JORDAN | AUGUSTANA COLLEGE | 33.35m | 109-05 |
| 16 | LARSEN, MIKALA | USD | 32.71m | 107-04 |
| 17 | TAYLOR, RAE | NORTHWESTERN | 32.20m | 105-08 |
| 18 | WHITE, LAURA | JAMESTOWN COLLEGE | 31.84m | 104-05 |
| 19 | PENN, SHANTEL | JAMESTOWN COLLEGE | 31.22m | 102-05 |
| 20 | HUMMELGARD, SARAH | BRIAR CLIFF | 31.19m | 102-04 |
| 21 | PIATZ, KATIE | JAMESTOWN COLLEGE | 30.71m | 100-09 |
| 22 | WARZECHA, VANESSA | MORNINGSIDE COLLEGE | 29.09m | 95-05 |
| 23 | DORNBUSCH, DANIELLE | USD | 28.05m | 92-00 |
| 24 | WHIPPLE, MEGAN | USD | 27.63m | 90-08 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Women Discus Throw Open Women**

| | | | | |
|----|------------------|---------------------|--------|-------|
| 25 | WHITED, KATYBETH | BRIAR CLIFF | 27.60m | 90-07 |
| 26 | SMITH, BRENA | JAMESTOWN COLLEGE | 27.17m | 89-02 |
| 27 | KUNTZ, CHANTELL | MORNINGSIDE COLLEGE | 26.80m | 87-11 |
| 28 | JORDAHL, MAGGIE | JAMESTOWN COLLEGE | 19.10m | 62-08 |

Women Hammer Throw Open Women

| Name | Age | Team | Finals | |
|------|----------------------|---------------------|--------|--------|
| 1 | MEIER, GENA | NO. STATE | 46.48m | 152-06 |
| 2 | JENSEN, LACEY | WAYNE STATE COLLEGE | 44.41m | 145-08 |
| 3 | WILSON, KATIE | WAYNE STATE COLLEGE | 43.06m | 141-03 |
| 4 | VELTHOFF, AMY | USD | 43.05m | 141-03 |
| 5 | LARSEN, MIKALA | USD | 41.60m | 136-06 |
| 6 | DORNBUSCH, DANIELLE | USD | 40.74m | 133-08 |
| 7 | HEFFERNAN, CHRISTINE | NO. STATE | 40.64m | 133-04 |
| 8 | PRICE, AMY | DAKOTA WESLY | 40.24m | 132-00 |
| 9 | EEKHOFF, STEPHANIE | MORNINGSIDE COLLEGE | 39.84m | 130-08 |
| 10 | WHIPPLE, MEGAN | USD | 37.67m | 123-07 |
| 11 | CHASE, JESSICA | JAMESTOWN COLLEGE | 37.13m | 121-10 |
| 12 | DELLWO, CASSIE | JAMESTOWN COLLEGE | 34.65m | 113-08 |
| 13 | BLUM, ALICIA | JAMESTOWN COLLEGE | 33.46m | 109-09 |
| 14 | WHITED, KATYBETH | BRIAR CLIFF | 32.89m | 107-11 |
| 15 | MCPHILLIPS, AMANDA | MOUNT MARTY COLLEGE | 32.18m | 105-07 |
| 16 | JORDAHL, MAGGIE | JAMESTOWN COLLEGE | 30.67m | 100-07 |
| 17 | PIATZ, KATIE | JAMESTOWN COLLEGE | 28.79m | 94-05 |
| 18 | BLUM, RAEDEEN | JAMESTOWN COLLEGE | 28.58m | 93-09 |
| 19 | JENNSSEN, JESSICA | MORNINGSIDE COLLEGE | 28.33m | 92-11 |
| 20 | DEBOER, AMBER | JAMESTOWN COLLEGE | 26.29m | 86-03 |
| -- | BEACHLER, KACIE | USD | ND | |
| -- | SKOREPA, KAYLA | MOUNT MARTY COLLEGE | ND | |
| -- | SCHMIDT, AMBER | USD | ND | |

Women Javelin Throw Open Women

| Name | Age | Team | Finals | |
|------|-------------------|---------------------|--------|--------|
| 1 | BUYSKE, JEN | AUGUSTANA COLLEGE | 140-09 | 42.90m |
| 2 | WARZECHA, VANESSA | MORNINGSIDE COLLEGE | 139-09 | 42.59m |
| 3 | BOEPPLE, MIRANDA | NO. STATE | 125-02 | 38.15m |
| 4 | FLIKKEMA, SHAWNA | DORDT COLLEGE | 121-10 | 37.13m |
| 5 | PIATZ, KATIE | JAMESTOWN COLLEGE | 115-09 | 35.28m |
| 6 | WINNAN, HEATHER | DAKOTA WESLY | 112-03 | 34.21m |
| 6 | KARLSGODT, KARA | DORDT COLLEGE | 112-03 | 34.21m |
| 8 | JOHNSON, JORDAN | AUGUSTANA COLLEGE | 112-01 | 34.16m |
| 9 | MEIER, GENA | NO. STATE | 110-10 | 33.78m |
| 10 | PRICE, AMY | DAKOTA WESLY | 104-10 | 31.95m |
| 11 | SKOREPA, KAYLA | MOUNT MARTY COLLEGE | 102-03 | 31.16m |
| 12 | SMITH, BRENA | JAMESTOWN COLLEGE | 99-03 | 30.25m |
| 13 | WHITED, KATYBETH | BRIAR CLIFF | 89-06 | 27.27m |
| 14 | GIESEN, ASHLEY | DAKOTA STATE | 89-01 | 27.15m |
| 15 | BLUM, ALICIA | JAMESTOWN COLLEGE | 87-04 | 26.61m |
| 16 | DEBOER, AMBER | JAMESTOWN COLLEGE | 82-08 | 25.19m |
| 17 | SMITH, LAURA | NO. STATE | 74-02 | 22.60m |
| 18 | ANDERSON, JENNY | AUGUSTANA COLLEGE | 74-00 | 22.55m |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Women Javelin Throw Open Women**

19 JORDAHL, MAGGIE JAMESTOWN COLLEGE 58-11 17.95m

Boys 100 Meter Dash Class"A"

| Name | Age | Team | Finals | Wind | H# |
|------|-----|-------------------|---------------------|-------|-------|
| 1 | | BILLS, BROCH | ROOSEVELT | 11.51 | NWI 3 |
| 2 | | KOOL, TYREL | YANKTON HIGH SCHOOL | 11.53 | NWI 3 |
| 3 | | FORD, DERRICK | SIOUX CITY WEST | 11.74 | NWI 2 |
| 4 | | WEGHER, BRANDON | HEELAN | 11.80 | NWI 1 |
| 5 | | NOREEN, SHANE | SIOUX CITY EAST | 11.82 | NWI 3 |
| 6 | | CORNAY, JORDAN | YANKTON HIGH SCHOOL | 11.83 | NWI 2 |
| 7 | | MCGRUDER, MAJOR | SF LINCOLN | 11.86 | NWI 2 |
| 8 | | WADE, TAYLOR | CB THOMAS JEFFERSON | 11.90 | NWI 3 |
| 9 | | STURDEVANT, DAVID | ROOSEVELT | 12.01 | NWI 2 |
| 10 | | DECK, AUSTIN | HEELAN | 12.09 | NWI 1 |
| 11 | | REINER, FORREST | YANKTON HIGH SCHOOL | 12.14 | NWI 2 |
| 12 | | ADKINS, DEREK | CB THOMAS JEFFERSON | 12.27 | NWI 1 |
| 13 | | BELK, PAUL | SIOUX CITY WEST | 12.35 | NWI 2 |
| 14 | | MILLER, JASON | ROOSEVELT | 12.46 | NWI 2 |

Boys 110 Meter Hurdles Class"A"

| Name | Age | Team | Finals | Wind | H# |
|------|-----|-------------------|---------------------|-------|-------|
| 1 | | ROUNDS, MARTY | CB THOMAS JEFFERSON | 15.41 | NWI 2 |
| 2 | | THOMPSON, ANTONIO | ROOSEVELT | 15.71 | NWI 2 |
| 3 | | ANDERSON, ALEX | ROOSEVELT | 16.13 | NWI 2 |
| 4 | | KOOL, TYREL | YANKTON HIGH SCHOOL | 16.15 | NWI 2 |
| 5 | | MOORER, DALLAS | SIOUX CITY EAST | 16.65 | NWI 2 |
| 6 | | MORRIS, ZACH | SF LINCOLN | 17.46 | NWI 2 |
| 7 | | MUELLER, KYLE | YANKTON HIGH SCHOOL | 17.84 | NWI 1 |
| 8 | | BISENUIS, MIKE | HEELAN | 18.13 | NWI 1 |
| 9 | | FAULKNER, DANTE | SIOUX CITY WEST | 18.14 | NWI 1 |
| 10 | | SMITH, JORDAN | YANKTON HIGH SCHOOL | 18.69 | NWI 1 |
| 11 | | BIRDSSELL, ZACK | SIOUX CITY WEST | 20.72 | NWI 1 |
| -- | | WASHINGTON, DEREK | SF LINCOLN | DQ | NWI 2 |

Boys 4x100 Meter Relay Class"A"

| 2 turn stagger | Team | Finals | H# |
|----------------|-------------------------------|--------|----|
| 1 | SIOUX CITY NORTH 'A' | 44.91 | 2 |
| | 1) HAYES, DANNY | | |
| | 2) MCDANIEL, JEMICHA | | |
| | 3) GREEN, CHRIS | | |
| | 4) NETLEY, BYOD | | |
| 2 | CB ABRAHAM LINCOLN 'A' | 45.08 | 1 |
| 3 | SIOUX CITY EAST 'A' | 45.29 | 2 |
| 4 | CB THOMAS JEFFERSON 'A' | 45.32 | 2 |
| 5 | BISHOP HEELAN HIGH SCHOOL 'A' | 45.71 | 2 |
| 6 | SIOUX FALLS ROOSEVELT 'A' | 46.00 | 1 |
| 7 | YANKTON HIGH SCHOOL 'A' | 47.42 | 1 |
| -- | SIOUX CITY WEST 'A' | DQ | 2 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys 4x200 Meter Relay Class "A"**

| 4 turn stagger | | | |
|----------------|-------------------------------|---------|----|
| Team | | Finals | H# |
| 1 | CB ABRAHAM LINCOLN 'A' | 1:32.49 | 2 |
| | 1) ZIMMERMAN, MIKE | | |
| | 2) OTT, JAKE | | |
| | 3) KRABBE, JAKE | | |
| | 4) FAHN, JAKE | | |
| 2 | SF LINCOLN 'A' | 1:33.54 | 2 |
| 3 | SIOUX FALLS ROOSEVELT 'A' | 1:33.70 | 2 |
| 4 | SIOUX CITY EAST 'A' | 1:34.31 | 2 |
| 5 | SIOUX CITY NORTH 'A' | 1:34.56 | 2 |
| 6 | CB THOMAS JEFFERSON 'A' | 1:35.21 | 2 |
| 7 | BISHOP HEELAN HIGH SCHOOL 'A' | 1:37.81 | 1 |
| 8 | YANKTON HIGH SCHOOL 'A' | 1:38.83 | 1 |

Boys 4x400 Meter Relay Class "A"

| 3 turn stagger | | | |
|----------------|-------------------------------|---------|--|
| Team | | Finals | |
| 1 | CB ABRAHAM LINCOLN 'A' | 3:31.40 | |
| | 1) WOLFE, JOHN | | |
| | 2) MILLNER, ZACH | | |
| | 3) OTT, JAKE | | |
| | 4) MAHOOD, CORY | | |
| 2 | BISHOP HEELAN HIGH SCHOOL 'A' | 3:34.08 | |
| 3 | SIOUX CITY NORTH 'A' | 3:34.82 | |
| 4 | SIOUX FALLS ROOSEVELT 'A' | 3:39.14 | |
| 5 | SIOUX CITY EAST 'A' | 3:41.24 | |
| 6 | YANKTON HIGH SCHOOL 'A' | 3:42.72 | |
| -- | SIOUX CITY WEST 'A' | DNF | |

Boys 1600 Sprint Medley Class "A"

| 3 turn stagger | | | |
|----------------|-------------------------------|---------|--|
| Team | | Finals | |
| 1 | CB ABRAHAM LINCOLN 'A' | 3:37.56 | |
| | 1) OTT, JAKE | | |
| | 2) FAHN, JAKE | | |
| | 3) MAHOOD, CORY | | |
| | 4) WOLFE, JOHN | | |
| 2 | SF LINCOLN 'A' | 3:37.93 | |
| 3 | BISHOP HEELAN HIGH SCHOOL 'A' | 3:41.48 | |
| 4 | SIOUX FALLS ROOSEVELT 'A' | 3:50.94 | |
| 5 | CB THOMAS JEFFERSON 'A' | 3:50.97 | |
| 6 | YANKTON HIGH SCHOOL 'A' | 3:56.87 | |
| 7 | SIOUX CITY NORTH 'A' | 4:00.26 | |
| 8 | SIOUX CITY EAST 'A' | 4:19.88 | |

Boys 100 Meter Dash Class "B"

| Name | Age | Team | Finals | Wind | H# |
|------|-----|-------------------|--------|------|----|
| 1 | | CLEMENT, JARED | 11.20 | NWI | 2 |
| 2 | | HOCH, BRET | 11.29 | NWI | 2 |
| 3 | | NEBELSICK, ANDREW | 11.94 | NWI | 2 |
| 4 | | VAUBEL, CHARLIE | 11.97 | NWI | 2 |
| 5 | | ROSENBOOM, JON | 12.10 | NWI | 2 |
| 6 | | HECOX, JORDAN | 12.12 | NWI | 1 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 100 Meter Dash Class"B"**

| | | | | | |
|----|---------------|---------------------|-------|-----|---|
| 7 | BURGESON, MAX | OKOBOJI HIGH SCHOOL | 12.34 | NWI | 2 |
| 8 | BOHLKE, TYLER | LEMARS CENTRAL | 12.36 | NWI | 1 |
| 9 | LEIKER, JAKE | GLENWOOD HIGH SC | 12.39 | NWI | 2 |
| 10 | KINCAID, DAN | SGT BLUFF-LU | 12.71 | NWI | 1 |

Boys 110 Meter Hurdles Class"B"

| Name | Age | Team | Finals | Wind | H# |
|------|--------------------|---------------------|--------|------|----|
| 1 | MASTER, LOGAN | STORM LAKE HIGH | 15.07 | NWI | 2 |
| 2 | RUSS, TANNER | MOC-FLOYD VALLEY | 15.64 | NWI | 2 |
| 3 | ALBUS, AARON | LEMARS CENTRAL | 15.84 | NWI | 2 |
| 4 | TILLMAN, MARC | GLENWOOD HIGH SC | 16.42 | NWI | 2 |
| 5 | ROSKAM, JASON | SIOUX CENTER | 16.54 | NWI | 2 |
| 6 | HASS, NATHAN | OKOBOJI HIGH SCHOOL | 16.72 | NWI | 2 |
| 7 | VANDE HOEF, COLLIN | MOC-FLOYD VALLEY | 16.73 | NWI | 1 |
| 8 | SCHWARCK, ALEX | SPIRIT LAKE HS | 16.94 | NWI | 1 |
| 9 | VANOTTERLOO, CALEB | LEMARS CENTRAL | 17.20 | NWI | 1 |
| 10 | LUGAR, DREW | CHEROKEE | 17.27 | NWI | 1 |
| 11 | WURTZ, RYAN | OKOBOJI HIGH SCHOOL | 17.70 | NWI | 1 |
| -- | YOUNG, NATE | SGT BLUFF-LU | DQ | NWI | 2 |

Boys 4x100 Meter Relay Class"B"

| | | | | | |
|----------------|-------------------------------|----------------|--------|----|--|
| 2 turn stagger | | | | | |
| | Team | | Finals | H# | |
| 1 | SO SIOUX CITY HIGH SCHOOL 'A' | | 44.67 | 2 | |
| | 1) LARSON, ERIC | 2) BELL, JACOB | | | |
| | 3) SPIRK, JORDAN | 4) HOCH, BRET | | | |
| 2 | MT MICHAEL HIGH SCHOOL 'A' | | 45.29 | 2 | |
| 3 | GLENWOOD HIGH SCHOOL 'A' | | 45.78 | 2 | |
| 4 | OKOBOJI HIGH SCHOOL 'A' | | 47.15 | 2 | |
| 5 | SGT BLUFF-LUTON H.S. 'A' | | 47.39 | 1 | |
| 6 | LEMARS CENTRAL 'A' | | 47.72 | 1 | |

Boys 4x200 Meter Relay Class"B"

| | | | | | |
|----------------|-------------------------------|------------------|---------|----|--|
| 4 turn stagger | | | | | |
| | Team | | Finals | H# | |
| 1 | SO SIOUX CITY HIGH SCHOOL 'A' | | 1:34.74 | 2 | |
| | 1) HIRSCH, BEN | 2) LETHCOE, MIKE | | | |
| | 3) SPIRK, JORDAN | 4) BELL, JACOB | | | |
| 2 | MOC-FLOYD VALLEY 'A' | | 1:34.82 | 1 | |
| 3 | GLENWOOD HIGH SCHOOL 'A' | | 1:35.58 | 2 | |
| 4 | SIOUX CENTER HIGH SCHOOL 'A' | | 1:35.63 | 2 | |
| 5 | MT MICHAEL HIGH SCHOOL 'A' | | 1:36.84 | 2 | |
| 6 | LEMARS CENTRAL 'A' | | 1:38.45 | 2 | |
| 7 | OKOBOJI HIGH SCHOOL 'A' | | 1:38.83 | 2 | |
| 8 | SGT BLUFF-LUTON H.S. 'A' | | 1:40.65 | 1 | |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys 4x400 Meter Relay Class"B"**

| 3 turn stagger | | Finals |
|---------------------------------|-------------------|---------|
| Team | | |
| 1 LEMARS CENTRAL 'A' | | 3:30.45 |
| 1) RITZ, MIKE | 2) ALBUS, AARON | |
| 3) VANOTTERLOO, CALEB | 4) CLEMENT, JARED | |
| 2 MOC-FLOYD VALLEY 'A' | | 3:34.81 |
| 3 GLENWOOD HIGH SCHOOL 'A' | | 3:36.58 |
| 4 MT MICHAEL HIGH SCHOOL 'A' | | 3:39.65 |
| 5 SO SIOUX CITY HIGH SCHOOL 'A' | | 3:40.93 |
| 6 OKOBOJI HIGH SCHOOL 'A' | | 3:43.50 |

Boys 1600 Sprint Medley Class"B"

| 3 turn stagger | | Finals |
|----------------------------|-------------------|---------|
| Team | | |
| 1 OKOBOJI HIGH SCHOOL 'A' | | 3:38.29 |
| 1) BURGESSON, MAX | 2) CALLAHAN, ALEX | |
| 3) VAUBEL, CHARLIE | 4) ELDAL, AARON | |
| 2 LEMARS CENTRAL 'A' | | 3:43.82 |
| 3 MOC-FLOYD VALLEY 'A' | | 3:48.79 |
| 4 SGT BLUFF-LUTON H.S. 'A' | | 3:51.94 |
| 5 GLENWOOD HIGH SCHOOL 'A' | | 3:57.29 |

Boys 100 Meter Dash Class"C"

| Name | Age | Team | Finals | Wind | H# |
|----------------------|-----|--------------------|--------|------|----|
| 1 KUCHEL, NICK | | KINGSLEY-PIERSON | 11.21 | NWI | 3 |
| 2 WILLEY, STEVEN | | WEST MONONA | 11.51 | NWI | 3 |
| 3 SCHAEUBLE, BRENNAN | | KINGSLEY-PIERSON | 11.82 | NWI | 2 |
| 4 FIDDELKE, DAIN | | SOUTH O'BRIEN H.S. | 11.84 | NWI | 3 |
| 5 LOVING, MICHAEL | | LAWTON-BRONSON | 11.86 | NWI | 3 |
| 6 SMITH, TIM | | WOODBURY CEN | 11.86 | NWI | 2 |
| 7 ROLPH, CHRIS | | WEST MONONA | 12.02 | NWI | 3 |
| 8 ALEMAN, JOSE | | GEHLEN CATHOLIC | 12.08 | NWI | 2 |
| 9 RADKE, SAM | | GALVA-HOLSTEIN | 12.08 | NWI | 3 |
| 10 SITZMANN, ERIC | | KINGSLEY-PIERSON | 12.11 | NWI | 3 |
| 11 MEYERS, BRANDON | | WESTWOOD | 12.24 | NWI | 2 |
| 12 SCHIEFFER, JEREMY | | CB ST ALBERT | 12.25 | NWI | 1 |
| 13 ALEXANDER, DERICK | | EMERSON-HUBBARD | 12.35 | NWI | 2 |
| 14 ZAJIC, RYAN | | CB ST ALBERT | 12.36 | NWI | 2 |
| 15 LANGEL, CODY | | GEHLEN CATHOLIC | 12.37 | NWI | 2 |
| 16 CAMPBELL, NATHAN | | WOODBURY CEN | 12.42 | NWI | 2 |
| 17 GOODIN, JUSTIN | | WESTWOOD | 12.51 | NWI | 3 |
| 18 GLANZER, CASEY | | D VALLEY | 12.54 | NWI | 1 |

Boys 110 Meter Hurdles Class"C"

| Name | Age | Team | Finals | Wind | H# |
|----------------------|-----|-------------------|--------|------|----|
| 1 KUCHEL, NICK | | KINGSLEY-PIERSON | 15.12 | NWI | 2 |
| 2 BREWER, JOSH | | HOMER HIGH SCHOOL | 16.39 | NWI | 2 |
| 3 SCHAEUBLE, BRENNAN | | KINGSLEY-PIERSON | 16.44 | NWI | 2 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 110 Meter Hurdles Class"C"**

| | | | | | |
|----|-----------------|-------------------|-------|-----|---|
| 4 | LANGEL, RYAN | GEHLEN CATHOLIC | 16.47 | NWI | 2 |
| 5 | HOLTGREWE, ZACH | GEHLEN CATHOLIC | 16.62 | NWI | 2 |
| 6 | BAUMERT, MARC | CB ST ALBERT | 17.21 | NWI | 2 |
| 7 | SCHLINZ, JARED | GALVA-HOLSTEIN | 17.67 | NWI | 2 |
| 8 | SNYDER, KADE | HOMER HIGH SCHOOL | 18.24 | NWI | 1 |
| 9 | ANDRESEN, NICK | GALVA-HOLSTEIN | 18.36 | NWI | 1 |
| 10 | CURRAN, MAX | D VALLEY | 18.72 | NWI | 2 |
| 11 | SCOTT, GREG | WESTWOOD | 19.34 | NWI | 1 |
| 12 | MALLETT, MATT | WESTWOOD | 19.55 | NWI | 1 |

Boys 4x100 Meter Relay Class"C"

| ===== | | | | | |
|----------------|-------------------------------|--------------------|--------|----|--|
| 2 turn stagger | | | | | |
| Team | | | Finals | H# | |
| ===== | | | | | |
| 1 | SOUTH O'BRIEN H.S. 'A' | | 45.59 | 2 | |
| | 1) DAU, ANDREW | 2) FIDDELKE, DAIN | | | |
| | 3) FAUST, NICK | 4) PUHRMANN, CLINT | | | |
| 2 | LAWTON-BRONSON 'A' | | 45.75 | 2 | |
| 3 | ELK POINT-JEFFERSON 'A' | | 46.22 | 2 | |
| 4 | GEHLEN CATHOLIC 'A' | | 46.27 | 2 | |
| 5 | HOMER HIGH SCHOOL 'A' | | 46.45 | 2 | |
| 6 | WEST MONONA HIGH SCHOOL 'A' | | 46.71 | 1 | |
| 7 | WOODBURY CENTRAL HIGH 'A' | | 46.90 | 1 | |
| 8 | CB ST ALBERT 'A' | | 47.46 | 2 | |
| 9 | DAKOTA VALLEY HIGH SCHOOL 'A' | | 47.93 | 2 | |
| 10 | WESTWOOD SLOAN HIGH SCHO 'A' | | 48.06 | 2 | |

Boys 4x200 Meter Relay Class"C"

| ===== | | |
|----------------|-------------------------------|---------|
| 4 turn stagger | | |
| Team | | Finals |
| ===== | | |
| 1 | LAWTON-BRONSON 'A' | 1:34.19 |
| 2 | ELK POINT-JEFFERSON 'A' | 1:34.80 |
| 3 | GEHLEN CATHOLIC 'A' | 1:35.23 |
| 4 | SOUTH O'BRIEN H.S. 'A' | 1:35.26 |
| 5 | WEST MONONA HIGH SCHOOL 'A' | 1:35.69 |
| 6 | CB ST ALBERT 'A' | 1:37.42 |
| 7 | DAKOTA VALLEY HIGH SCHOOL 'A' | 1:39.59 |
| 8 | WESTWOOD SLOAN HIGH SCHO 'A' | 1:42.22 |

Boys 4x400 Meter Relay Class"C"

| ===== | | | | | |
|----------------|-------------------------|------------------------|---------|----|--|
| 3 turn stagger | | | | | |
| Team | | | Finals | H# | |
| ===== | | | | | |
| 1 | ELK POINT-JEFFERSON 'A' | | 3:34.93 | 2 | |
| | 1) NEBELSICK, MICHAEL | 2) ERICKSON, NICK | | | |
| | 3) HUDELSON, JACOB | 4) STRASSBURG, MICHAEL | | | |
| 2 | HOMER HIGH SCHOOL 'A' | | 3:35.45 | 2 | |
| 3 | LAWTON-BRONSON 'A' | | 3:38.77 | 1 | |
| 4 | CB ST ALBERT 'A' | | 3:44.83 | 1 | |
| 5 | SOUTH O'BRIEN H.S. 'A' | | 3:44.95 | 2 | |
| 6 | EMERSON-HUBBARD 'A' | | 3:49.80 | 2 | |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 4x400 Meter Relay Class"C"**

| | | | |
|---|--------------------------------|---------|---|
| 7 | DAKOTA VALLEY HIGH SCHOOL 'A' | 3:50.83 | 2 |
| 8 | WESTWOOD SLOAN HIGH SCHOOL 'A' | 3:55.23 | 1 |
| 9 | WEST MONONA HIGH SCHOOL 'A' | 3:58.60 | 1 |

Boys 1600 Sprint Medley Class"C"

| 3 turn stagger | | Finals |
|----------------|-----------------------------|------------------------|
| Team | | |
| 1 | ELK POINT-JEFFERSON 'A' | 3:43.89 |
| | 1) ERICKSON, NICK | 2) STRASSBURG, MICHAEL |
| | 3) NEBELSICK, MICHAEL | 4) HUDELSON, JACOB |
| 2 | HOMER HIGH SCHOOL 'A' | 3:45.68 |
| 3 | SOUTH O'BRIEN H.S. 'A' | 3:48.54 |
| 4 | LAWTON-BRONSON 'A' | 3:51.48 |
| 5 | GEHLEN CATHOLIC 'A' | 3:51.99 |
| 6 | WEST MONONA HIGH SCHOOL 'A' | 3:54.90 |
| 7 | GALVA-HOLSTEIN 'A' | 3:55.61 |
| 8 | EMERSON-HUBBARD 'A' | 4:12.87 |

Boys 200 Meter Dash Open H.S.

| Name | Age Team | Finals | Wind |
|------|----------------|---------------------|-----------|
| 1 | CLEMENT, JARED | LEMARS CENTRAL | 22.23 NWI |
| 2 | HOCH, BRET | SO SIOUX | 23.07 NWI |
| 3 | KOOL, TYREL | YANKTON HIGH SCHOOL | 23.24 NWI |
| 4 | STOKKE, SEAN | SF LINCOLN | 23.84 NWI |
| 5 | LARSON, MATT | SIOUX CITY EAST | 23.91 NWI |
| 6 | HUNT, CODY | MOC-FLOYD VALLEY | 23.93 NWI |
| 7 | GREEN, CHRIS | SIOUX CITY NORTH | 24.57 NWI |

Boys 800 Meter Run Open H.S.

| Top 24 | | Finals |
|--------|-------------------|---------------------|
| Name | Age Team | |
| 1 | DOUGHERTY, ANDY | SIOUX CITY EAST |
| 2 | DANNENBRING, TY | YANKTON HIGH SCHOOL |
| 3 | FITZSIMMONS, SEAN | YANKTON HIGH SCHOOL |
| 4 | KOGEL, BILL | ROOSEVELT |
| 5 | KRANINGER, BRENT | OKOBOJI HIGH SCHOOL |
| 6 | DANNENBRING, SAM | YANKTON HIGH SCHOOL |
| 7 | SCHLEIS, TYLER | LEMARS CENTRAL |
| 8 | FARR, JAKE | CB THOMAS JEFFERSON |
| 9 | ENGBRETSON, CODY | LEMARS CENTRAL |
| 10 | RICE, JASON | CB THOMAS JEFFERSON |
| 11 | FARAH, HAMZA | SIOUX CITY WEST |
| 12 | NETTEN, TRAVIS | MOC-FLOYD VALLEY |
| 13 | BAMRICK, AUSTIN | LAWTON-BRONSON |
| 14 | DIEDIKER, NICK | SO SIOUX |
| 15 | ELDAL, AARON | OKOBOJI HIGH SCHOOL |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys 1600 Meter Run Open H.S.**

| ===== | | | |
|----------------------|-----|---------------------|---------|
| Top 32 | | | |
| Name | Age | Team | Finals |
| ===== | | | |
| 1 LEWIS, JOSH | | SIOUX CITY WEST | 4:22.29 |
| 2 OBERLE, ANTHONY | | HEELAN | 4:30.01 |
| 3 EGGER, CALEB | | GALVA-HOLSTEIN | 4:42.21 |
| 4 STEWARD, AARON | | YANKTON HIGH SCHOOL | 4:45.42 |
| 5 VENTEICHER, COLTEN | | MT MICHAEL | 4:45.93 |
| 6 SOMER, BRYCE | | YANKTON HIGH SCHOOL | 4:49.97 |
| 7 RODRIQUEZ, JOE | | CB THOMAS JEFFERSON | 4:51.05 |
| 8 THIELEN, DOMINIC | | SF LINCOLN | 4:51.07 |
| 9 GESINK, BRIAN | | SIOUX CENTER | 4:53.00 |
| 10 WALTER, CHASE | | WOODBURY CEN | 4:53.18 |
| 11 MCKEWON, NATE | | HEELAN | 4:54.04 |
| 12 WILES, BRIAN | | SF LINCOLN | 4:56.15 |
| 13 MURPHY, TOM | | MT MICHAEL | 4:58.15 |
| 14 WIGNALL, ALDEN | | GLENWOOD HIGH SC | 4:59.07 |
| 15 VAN GORP, COREY | | MOC-FLOYD VALLEY | 4:59.56 |
| 16 JACOBS, AUSTIN | | SIOUX CITY EAST | 5:01.07 |
| 17 HARDENBROOK, DREW | | SIOUX CITY EAST | 5:01.44 |
| 18 ELDAL, AARON | | OKOBOJI HIGH SCHOOL | 5:01.53 |
| 19 SITZMANN, WADE | | GEHLEN CATHOLIC | 5:01.73 |
| 20 PETERSON, JEFF | | OKOBOJI HIGH SCHOOL | 5:02.66 |
| 21 PLUEGER, NICK | | LEMARS CENTRAL | 5:04.61 |
| 22 FRANKL, LUKE | | ELK POINT-JEFFERSON | 5:07.64 |
| 23 WOLPERT, PATRICK | | D VALLEY | 5:09.18 |
| 24 ROBERTS, MICHAEL | | LAWTON-BRONSON | 5:11.59 |
| 25 DOLEZAL, LOREN | | HOMER HIGH SCHOOL | 5:12.78 |
| 25 HANSEN, CARLOS | | SIOUX CITY WEST | 5:12.78 |
| 27 HICKS, KEAGAN | | SOUTH O'BRIEN H.S. | 5:23.03 |

Boys 3200 Meter Run Open H.S.

| ===== | | | |
|---------------------|-----|---------------------|----------|
| Top 32 | | | |
| Name | Age | Team | Finals |
| ===== | | | |
| 1 FITZSIMMONS, SEAN | | YANKTON HIGH SCHOOL | 9:37.83 |
| 2 WILLIAMS, JON | | YANKTON HIGH SCHOOL | 9:41.47 |
| 3 ANDERSON, BRAD | | YANKTON HIGH SCHOOL | 9:51.68 |
| 4 VANDEBERG, AUSTIN | | SF LINCOLN | 10:00.64 |
| 5 BRAITHWAITE, MATT | | SF LINCOLN | 10:02.31 |
| 6 DUBA, ANDREW | | ROOSEVELT | 10:15.43 |
| 7 MICHALAK, NICK | | MT MICHAEL | 10:16.40 |
| 8 WALTER, CHASE | | WOODBURY CEN | 10:26.25 |
| 9 HALL, NICK | | MT MICHAEL | 10:31.43 |
| 10 GESINK, BRIAN | | SIOUX CENTER | 10:32.86 |
| 11 BUCHANAN, SCOTT | | ROOSEVELT | 10:35.02 |
| 12 MORENO, KENNY | | ROOSEVELT | 10:35.73 |
| 13 SPENCER, JORDAN | | LEMARS CENTRAL | 10:49.43 |
| 14 GOULD, ZACH | | SIOUX CITY EAST | 10:57.19 |
| 15 SITZMANN, WADE | | GEHLEN CATHOLIC | 11:03.76 |
| 16 HERBOLD, DAVID | | LAWTON-BRONSON | 11:13.29 |
| 17 RICKERT, CHRIS | | HEELAN | 11:14.12 |
| 18 KLIEGL, BLAKE | | OKOBOJI HIGH SCHOOL | 11:17.21 |
| 19 DOLEZAL, LOREN | | HOMER HIGH SCHOOL | 11:17.84 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 3200 Meter Run Open H.S.**

| | | | |
|----|------------------|--------------------|----------|
| 20 | HICKS, KEAGAN | SOUTH O'BRIEN H.S. | 11:23.05 |
| 21 | WOLPERT, PATRICK | D VALLEY | 11:24.71 |
| 22 | BRAND, DAMIAN | SGT BLUFF-LU | 11:29.61 |
| 23 | MUELLER, GARRET | EMERSON-HUBBARD | 11:33.70 |
| 24 | ROOK, DEVON | SGT BLUFF-LU | 11:43.96 |
| 25 | LADDUSAW, JON | KINGSLEY-PIERSON | 12:06.28 |

Boys 400 Meter Hurdles Open H.S.

| ===== | | | | | |
|----------------|--------------------|-----|---------------------|---------|----|
| Top 24 by time | | | | | |
| | Name | Age | Team | Finals | H# |
| ===== | | | | | |
| 1 | KUCHEL, NICK | | KINGSLEY-PIERSON | 54.78 | 3 |
| 2 | MASTER, LOGAN | | STORM LAKE HIGH | 55.73 | 3 |
| 3 | MOORE, TERRY | | CB THOMAS JEFFERSON | 55.76 | 3 |
| 4 | MILLNER, ZACH | | CB ABRAHAM LINCOLN | 56.18 | 3 |
| 5 | VANDE HOEF, COLLIN | | MOC-FLOYD VALLEY | 57.20 | 3 |
| 6 | LUGAR, DREW | | CHEROKEE | 57.77 | 2 |
| 7 | CHAPMAN, DYLAN | | OKOBOJI HIGH SCHOOL | 57.92 | 2 |
| 8 | LANGEL, RYAN | | GEHLEN CATHOLIC | 57.98 | 2 |
| 9 | MORRIS, ZACH | | SF LINCOLN | 58.00 | 2 |
| 10 | VANOTTERLOO, CALEB | | LEMARS CENTRAL | 58.07 | 2 |
| 11 | WASHINGTON, DEREK | | SF LINCOLN | 58.10 | 3 |
| 12 | SCHULTE, PHIL | | MT MICHAEL | 59.41 | 2 |
| 13 | DOWNNS, JUSTIN | | SIOUX CITY WEST | 59.99 | 2 |
| 14 | PANTOJA, BRENNER | | SO SIOUX | 1:00.62 | 1 |
| 15 | BAUMERT, MARC | | CB ST ALBERT | 1:00.79 | 1 |
| 16 | PEVERILL, COLLIN | | GLENWOOD HIGH SC | 1:01.03 | 1 |
| 17 | WHITMIRE, ANDREW | | WEST MONONA | 1:01.22 | 1 |
| 18 | ALBRECHT, TRAVIS | | EMERSON-HUBBARD | 1:01.70 | 3 |
| 19 | HASS, NATHAN | | OKOBOJI HIGH SCHOOL | 1:02.07 | 1 |
| 20 | BENSON, JOSHUB | | LAWTON-BRONSON | 1:03.78 | 1 |
| 21 | ANDERSON, ALEX | | ROOSEVELT | 1:03.87 | 3 |
| 22 | RAMIREZ, ELI | | CHEROKEE | 1:04.16 | 1 |

Boys 4x800 Meter Relay Open H.S.

| ===== | | | | |
|----------------------|-------------------------------|-------------------|--|---------|
| Top 16 teams by time | | | | |
| 1 turn stagger | | | | |
| | Team | | | Finals |
| ===== | | | | |
| 1 | SIOUX FALLS ROOSEVELT 'A' | | | 8:14.60 |
| | 1) STELZER, KEVIN | 2) NELSON, DJ | | |
| | 3) KOGEL, BILL | 4) ARECHIGO, JAKE | | |
| 2 | OKOBOJI HIGH SCHOOL 'A' | | | 8:17.98 |
| 3 | LEMARS CENTRAL 'A' | | | 8:22.19 |
| 4 | CB THOMAS JEFFERSON 'A' | | | 8:22.75 |
| 5 | BISHOP HEELAN HIGH SCHOOL 'A' | | | 8:32.09 |
| 6 | MT MICHAEL HIGH SCHOOL 'A' | | | 8:39.83 |
| 7 | GEHLEN CATHOLIC 'A' | | | 8:41.06 |
| 8 | GLENWOOD HIGH SCHOOL 'A' | | | 8:41.64 |
| 9 | SIOUX CITY WEST 'A' | | | 8:43.05 |
| 10 | LAWTON-BRONSON 'A' | | | 8:47.44 |
| 11 | SIOUX CITY EAST 'A' | | | 8:52.25 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys High Jump Open H.S.**

| Starting height 5'10" | | | | |
|-----------------------|-----|---------------------|----------|-------|
| Name | Age | Team | Finals | |
| 1 TILLMAN, MARC | | GLENWOOD HIGH SC | 6-04.00 | 1.93m |
| 2 MASTER, LOGAN | | STORM LAKE HIGH | J6-04.00 | 1.93m |
| 3 DAWSON, ANDY | | CHEROKEE | 6-02.00 | 1.87m |
| 4 CLARK-WINN, BRYAN | | CB THOMAS JEFFERSON | 5-10.00 | 1.77m |
| -- GILLASPIE, KODY | | WESTWOOD | NH | |
| -- PANTOJA, BRENNER | | SO SIOUX | NH | |
| -- PAULSEN, RYAN | | SOUTH O'BRIEN H.S. | NH | |
| -- MOORER, DALLAS | | SIOUX CITY EAST | NH | |
| -- MUELLER, KYLE | | YANKTON HIGH SCHOOL | NH | |
| -- CAMPBELL, NATHAN | | WOODBURY CEN | NH | |
| -- GRAY, ROB | | LAWTON-BRONSON | NH | |
| -- ANDERSON, BRETT | | SF LINCOLN | NH | |
| -- BAUMERT, MARC | | CB ST ALBERT | NH | |
| -- HANSSSEN, JORDAN | | ROOSEVELT | NH | |
| -- RAMM, ROBB | | ROOSEVELT | NH | |
| -- GENTRY, MASON | | SIOUX CITY EAST | NH | |

Boys Long Jump Open H.S.

| Name | Age | Team | Finals | Wind | |
|----------------------|-----|---------------------|----------|------|-------|
| 1 KOOL, TYREL | | YANKTON HIGH SCHOOL | 21-09.50 | NWI | 6.64m |
| 2 ALBUS, AARON | | LEMARS CENTRAL | 21-02.50 | NWI | 6.46m |
| 3 SPIRK, JORDAN | | SO SIOUX | 20-11.50 | NWI | 6.38m |
| 4 COLLINS, JOSH | | SIOUX CITY WEST | 20-04.50 | NWI | 6.21m |
| 5 PETERSON, COREY | | CB ABRAHAM LINCOLN | 20-03.00 | NWI | 6.17m |
| 6 SHANNON, BRIAN | | CB ABRAHAM LINCOLN | 19-11.50 | NWI | 6.08m |
| 7 HOPE, DYLAN | | CB THOMAS JEFFERSON | 19-11.00 | NWI | 6.07m |
| 8 DUNN, MIKE | | ROOSEVELT | 19-09.00 | NWI | 6.01m |
| 9 TOMSCHA, ANTHONY | | SIOUX CITY NORTH | 19-01.00 | NWI | 5.81m |
| 9 MCMAHAN, KEVIN | | GLENWOOD HIGH SC | 19-01.00 | NWI | 5.81m |
| 11 SMITH, JORDAN | | YANKTON HIGH SCHOOL | 18-10.00 | NWI | 5.74m |
| 12 GREEN, CHRIS | | SIOUX CITY NORTH | 18-09.00 | NWI | 5.71m |
| 12 KRUSE, MAX | | SF LINCOLN | 18-09.00 | NWI | 5.71m |
| 14 BISENUIS, MIKE | | HEELAN | 18-06.00 | NWI | 5.63m |
| 15 HASS, NATHAN | | OKOBOJI HIGH SCHOOL | 18-04.50 | NWI | 5.60m |
| 16 HEITMAN, TYLER | | SO SIOUX | 18-02.00 | NWI | 5.53m |
| 17 ALEXANDER, DERICK | | EMERSON-HUBBARD | 18-00.00 | NWI | 5.48m |
| 18 STURDEVANT, DAVID | | ROOSEVELT | 17-09.50 | NWI | 5.42m |
| 19 PUHRMANN, CLINT | | SOUTH O'BRIEN H.S. | 17-07.00 | NWI | 5.35m |
| 20 KNOTEK, TONY | | CB ST ALBERT | 17-06.50 | NWI | 5.34m |
| 21 TILLMAN, MARC | | GLENWOOD HIGH SC | 17-05.00 | NWI | 5.30m |
| 22 MAST, KANE | | KINGSLEY-PIERSON | 16-04.50 | NWI | 4.99m |
| 23 JAMES, MARCUS | | SIOUX CITY NORTH | 16-00.00 | NWI | 4.87m |

Boys Shot Put Open H.S.

| Standard measurement 45' | | | | |
|--------------------------|-----|---------------------|----------|--------|
| Name | Age | Team | Finals | |
| 1 MCINERNEY, SAM | | ELK POINT-JEFFERSON | 53-10.00 | 16.40m |
| 2 MCCALL, JOE | | CB ABRAHAM LINCOLN | 51-06.00 | 15.69m |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Boys Shot Put Open H.S.**

| | | | | |
|----|-------------------|---------------------|----------|--------|
| 3 | THOMPSON, ANTONIO | ROOSEVELT | 50-01.50 | 15.27m |
| 4 | LESSMAN, RYAN | SIOUX CITY EAST | 49-06.00 | 15.08m |
| 5 | VONDRAK, ADAM | HEELAN | 49-03.50 | 15.02m |
| 6 | KILKER, BRIAN | GEHLEN CATHOLIC | 49-00.50 | 14.94m |
| 7 | LUNDGREN, PAUL | MOC-FLOYD VALLEY | 48-10.00 | 14.88m |
| 8 | TONSFELDT, ERIK | LEMARS CENTRAL | 48-01.00 | 14.65m |
| 9 | LYNCH, TYLER | ROOSEVELT | 47-07.00 | 14.50m |
| 10 | BOONSTRA, ANDY | MOC-FLOYD VALLEY | 47-02.50 | 14.38m |
| 11 | MADDOX, ADAM | YANKTON HIGH SCHOOL | 46-04.00 | 14.12m |
| 12 | MEECHAM, BILLY | SIOUX CITY NORTH | 45-05.00 | 13.84m |
| 13 | CASKEY, DANNIE | SO SIOUX | 45-01.00 | 13.74m |
| 14 | ALLEN, CLARK | CB ABRAHAM LINCOLN | 45-00.00 | 13.71m |
| 15 | MAGNUSSEN, JAY | SOUTH O'BRIEN H.S. | 44-09.75 | 13.65m |
| 16 | MARTIN, ANDREW | ROOSEVELT | 44-07.00 | 13.58m |
| 17 | HICKS, COLE | OKOBOJI HIGH SCHOOL | 43-08.00 | 13.30m |
| 18 | HICKLIN, ALEX | HEELAN | 43-07.00 | 13.28m |
| 19 | SCHWARTZ, ALEX | D VALLEY | 41-09.75 | 12.74m |
| 20 | MURPHY, CHARLIE | SIOUX CITY WEST | 41-09.00 | 12.72m |
| 21 | KLAASSEN, KYLE | OKOBOJI HIGH SCHOOL | 41-06.50 | 12.66m |
| 22 | KUXHAUSEN, BRAD | GLENWOOD HIGH SC | 41-06.00 | 12.64m |
| 23 | SMITH, TIM | WOODBURY CEN | 40-10.25 | 12.45m |
| -- | TACKE, BRIAN | YANKTON HIGH SCHOOL | ND | |
| -- | CLARK, DJ | SF LINCOLN | ND | |
| -- | RIEDMANN, MATT | EMERSON-HUBBARD | ND | |
| -- | SCOTT, ANDY | WESTWOOD | ND | |
| -- | MUNSON, MIKE | SO SIOUX | ND | |

Boys Discus Throw Open H.S.

Standard measurement 125'

To be Held at Heelan East Field

| Name | Age | Team | Finals | |
|------|------------------|---------------------|--------|--------|
| 1 | LYNCH, TYLER | ROOSEVELT | 162-09 | 49.60m |
| 2 | KUXHAUSEN, BRAD | GLENWOOD HIGH SC | 146-07 | 44.67m |
| 3 | ALLEN, CLARK | CB ABRAHAM LINCOLN | 144-09 | 44.11m |
| 4 | VONDRAK, ADAM | HEELAN | 143-02 | 43.63m |
| 5 | MCINERNEY, SAM | ELK POINT-JEFFERSON | 140-08 | 42.87m |
| 6 | BOONSTRA, ANDY | MOC-FLOYD VALLEY | 139-02 | 42.41m |
| 7 | LESSMAN, RYAN | SIOUX CITY EAST | 134-08 | 41.04m |
| 8 | HINDS, ADAM | HEELAN | 133-09 | 40.76m |
| 9 | RAVELING, TONY | STORM LAKE HIGH | 133-08 | 40.74m |
| 10 | LUNDGREN, PAUL | MOC-FLOYD VALLEY | 132-03 | 40.30m |
| 11 | SANGEL, TOBY | OKOBOJI HIGH SCHOOL | 131-06 | 40.08m |
| 12 | MAGNUSSEN, JAY | SOUTH O'BRIEN H.S. | 127-09 | 38.93m |
| 13 | JOHNSTON, COLE | CB ABRAHAM LINCOLN | 127-08 | 38.91m |
| 14 | RICHARDSON, MIKE | CB THOMAS JEFFERSON | 122-03 | 37.26m |
| 15 | OETKEN, ALLEN | LEMARS CENTRAL | 121-00 | 36.88m |
| 16 | CASKEY, DANNIE | SO SIOUX | 120-00 | 36.57m |
| 17 | MARTIN, ANDREW | ROOSEVELT | 119-09 | 36.49m |
| 18 | KILKER, BRIAN | GEHLEN CATHOLIC | 119-06 | 36.42m |
| 18 | GRAY, ROB | LAWTON-BRONSON | 119-06 | 36.42m |
| -- | BELT, JASON | CB THOMAS JEFFERSON | ND | |
| -- | GARVEY, MIKE | SO SIOUX | ND | |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys 4x100 Meter Relay Freshman Boys**

| 2 turn stagger | | Finals |
|---------------------------------|--------------------|--------|
| Team | | |
| 1 BISHOP HEELAN HIGH SCHOOL 'A' | | 48.78 |
| 1) O'BRIEN, CONNOR | 2) CASEY, MATT | |
| 3) BUCK, BRYAN | 4) WRIGHT, BUCKLEY | |
| 2 SIOUX CITY WEST 'A' | | 51.38 |
| 3 SIOUX CITY EAST 'A' | | 51.65 |
| -- SIOUX CITY NORTH 'A' | | DQ |

Boys 4x200 Meter Relay Freshman Boys

| 4 turn stagger | | Finals |
|------------------------|-------------------|---------|
| Team | | |
| 1 SIOUX CITY EAST 'A' | | 1:41.79 |
| 1) BARTH, JERAD | 2) POLLOW, TAYLOR | |
| 3) BAUERLY, BRICE | 4) MILLER, TREVOR | |
| 2 SIOUX CITY NORTH 'A' | | 1:45.23 |
| -- SIOUX CITY WEST 'A' | | DQ |

Boys 4x400 Meter Relay Freshman Boys

| 3 turn stagger | | Finals |
|---------------------------------|-----------------------|---------|
| Team | | |
| 1 BISHOP HEELAN HIGH SCHOOL 'A' | | 3:48.55 |
| 1) RICKORD, BEN | 2) CASEY, MATT | |
| 3) KARPUK, DAN | 4) DOUGHERTY, BRENDON | |
| 2 SIOUX CITY NORTH 'A' | | 3:55.23 |
| 3 SIOUX CITY EAST 'A' | | 4:08.69 |

Boys 100 Meter Dash Elite

| Name | Age Team | Finals | Wind |
|-------------------|---------------------|--------|------|
| 1 KUCHEL, NICK | KINGSLEY-PIERSON | 11.04 | NWI |
| 2 CLEMENT, JARED | LEMARS CENTRAL | 11.18 | NWI |
| 3 HOCH, BRET | SO SIOUX | 11.28 | NWI |
| 4 WILLEY, STEVEN | WEST MONONA | 11.52 | NWI |
| 5 BILLS, BROCH | ROOSEVELT | 11.65 | NWI |
| 6 KOOL, TYREL | YANKTON HIGH SCHOOL | 11.67 | NWI |
| 7 FORD, DERRICK | SIOUX CITY WEST | 11.77 | NWI |
| 8 WEGHER, BRANDON | HEELAN | 11.87 | NWI |

Boys 110 Meter Hurdles Elite

| Name | Age Team | Finals | Wind |
|------------------|---------------------|--------|------|
| 1 KUCHEL, NICK | KINGSLEY-PIERSON | 14.70 | NWI |
| 2 MASTER, LOGAN | STORM LAKE HIGH | 15.32 | NWI |
| 3 ALBUS, AARON | LEMARS CENTRAL | 15.47 | NWI |
| 4 ANDERSON, ALEX | ROOSEVELT | 15.50 | NWI |
| 5 RUSS, TANNER | MOC-FLOYD VALLEY | 15.73 | NWI |
| 6 KOOL, TYREL | YANKTON HIGH SCHOOL | 15.79 | NWI |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 110 Meter Hurdles Elite**

| | | | | |
|---|-------------------|---------------------|-------|-----|
| 7 | THOMPSON, ANTONIO | ROOSEVELT | 16.00 | NWI |
| 8 | ROUNDS, MARTY | CB THOMAS JEFFERSON | 17.07 | NWI |

Men 100 Meter Dash Open Men

| Name | Age | Team | Prelims | Wind | H# |
|---------------|-----------------|---------------------|---------|------|----|
| Preliminaries | | | | | |
| 1 | PEKAREK, SCOTT | DAKOTA WESLY | 11.16q | 1.2 | 2 |
| 2 | MELVIN, BRIAN | DAKOTA STATE | 11.16q | 1.2 | 2 |
| 3 | REZAC, ANTHONY | MORNINGSIDE COLLEGE | 11.20q | 0.9 | 3 |
| 4 | ROGGATZ, ERIC | MORNINGSIDE COLLEGE | 11.31q | 1.2 | 2 |
| 5 | PILAKOWSKI, TIM | WAYNE STATE COLLEGE | 11.32q | 0.9 | 3 |
| 6 | BEACHEM, CHANG | NO. STATE | 11.45q | 0.9 | 3 |
| 7 | TEWS, NICK | JAMESTOWN COLLEGE | 11.48q | 0.3 | 4 |
| 8 | CONRAD, RYAN | UNATTACHED | 11.54q | 0.8 | 1 |
| 9 | RUST, TIM | USD | 11.54 | 0.9 | 3 |
| 10 | JOHNIKIN, JAMES | UNATTACHED | 11.71 | 1.2 | 2 |
| 11 | LOZANO, JAVIER | MORNINGSIDE COLLEGE | 11.73 | 0.3 | 4 |
| 12 | MUELLER, JON | DAKOTA STATE | 11.74 | 0.3 | 4 |
| 13 | LEUSINK, TROY | DORDT COLLEGE | 11.76 | 0.8 | 1 |
| 14 | OSCHNER, KYLE | NORTHWESTERN | 11.80 | 0.9 | 3 |
| 15 | REIMER, BRIAN | USD | 11.80 | 1.2 | 2 |
| 16 | RODEN, WILLIAM | BRIAR CLIFF | 11.87 | 0.9 | 3 |
| 17 | SHINKLE, JUSTIN | DAKOTA WESLY | 11.90 | 0.3 | 4 |
| 18 | SCHMIDT, LYNDON | JAMESTOWN COLLEGE | 11.94 | 0.9 | 3 |
| 19 | EDWARDS, GRANT | DAKOTA WESLY | 11.99 | 1.2 | 2 |
| 20 | GUTNIK, BEN | USD | 12.05 | 0.8 | 1 |
| 21 | ELLENS, MARK | UNATTACHED | 12.07 | 0.8 | 1 |
| 22 | TILSTRA, CALEB | NORTHWESTERN | 12.14 | 1.2 | 2 |
| 23 | OGDEN, TOM | JAMESTOWN COLLEGE | 12.16 | 0.3 | 4 |
| 24 | LEAR, ETHAN | BRIAR CLIFF | 12.27 | 0.8 | 1 |
| 25 | MCDUGLE, RONNIE | UNATTACHED | 12.29 | 0.9 | 3 |
| 26 | KLATT, DEREK | USD | 12.35 | 0.3 | 4 |
| 27 | ABEL, MATT | AUGUSTANA COLLEGE | 12.48 | 0.8 | 1 |
| 28 | FOSTER, ALEX | U SIOUX FALL | 13.37 | 0.8 | 1 |
| -- | WASHINGTON, JJ | WAYNE STATE COLLEGE | FS | 0.8 | 1 |

Men 100 Meter Dash Open Men

| Name | Age | Team | Finals | Wind |
|--------|-----------------|---------------------|--------|------|
| Finals | | | | |
| 1 | MELVIN, BRIAN | DAKOTA STATE | 10.96 | -1.5 |
| 2 | REZAC, ANTHONY | MORNINGSIDE COLLEGE | 11.07 | -1.5 |
| 3 | PEKAREK, SCOTT | DAKOTA WESLY | 11.13 | -1.5 |
| 4 | PILAKOWSKI, TIM | WAYNE STATE COLLEGE | 11.28 | -1.5 |
| 5 | ROGGATZ, ERIC | MORNINGSIDE COLLEGE | 11.29 | -1.5 |
| 6 | BEACHEM, CHANG | NO. STATE | 11.30 | -1.5 |
| 7 | CONRAD, RYAN | UNATTACHED | 11.34 | -1.5 |
| 8 | TEWS, NICK | JAMESTOWN COLLEGE | 11.58 | -1.5 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Men 400 Meter Dash Open Men**

| Name | Age | Team | Finals | H# |
|-----------------------|-----|---------------------|--------|----|
| 1 HAMIK, JAKE | | NO. STATE | 49.20 | 5 |
| 2 CONRAD, RYAN | | UNATTACHED | 49.52 | 5 |
| 3 MAKOUTZ, CHRIS | | JAMESTOWN COLLEGE | 49.62 | 4 |
| 4 BRINK, KELLY | | WAYNE STATE COLLEGE | 49.72 | 4 |
| 5 VAN WYK, JARED | | DORDT COLLEGE | 49.86 | 5 |
| 6 HOWELL, SEAN | | MORNINGSIDE COLLEGE | 49.98 | 5 |
| 7 BECKER, BRYCE | | NORTHWESTERN | 49.99 | 5 |
| 8 SCHAFFER, MATT | | WAYNE STATE COLLEGE | 50.25 | 4 |
| 9 STRAIT, STEPHEN | | JAMESTOWN COLLEGE | 50.71 | 5 |
| 10 MARCUS, JOSH | | DORDT COLLEGE | 50.75 | 4 |
| 11 GUETTER, LUKE | | AUGUSTANA COLLEGE | 51.32 | 5 |
| 12 MCMURPHY, NATE | | NO. STATE | 51.79 | 3 |
| 13 DYKSTRA, GRANT | | DORDT COLLEGE | 51.99 | 3 |
| 14 HAWKINS, CYRUS | | NO. STATE | 52.04 | 4 |
| 15 WALSH, MATT | | WAYNE STATE COLLEGE | 52.57 | 2 |
| 16 JENSEN, BROCK | | NORTHWESTERN | 52.59 | 4 |
| 17 PEKAREK, SCOTT | | DAKOTA WESLY | 52.86 | 3 |
| 18 GUTNIK, BEN | | USD | 52.92 | 3 |
| 19 VOLENTINE, JOSIAH | | USD | 52.94 | 3 |
| 20 JANSSEN, AUSTIN | | NORTHWESTERN | 53.00 | 4 |
| 21 NORDSTROM, CHRIS | | MORNINGSIDE COLLEGE | 53.16 | 2 |
| 22 OGDEN, TOM | | JAMESTOWN COLLEGE | 53.23 | 2 |
| 23 MALLETT, BILLY | | MORNINGSIDE COLLEGE | 53.40 | 1 |
| 24 PRINS, KEVIN | | DORDT COLLEGE | 53.49 | 3 |
| 25 YOUNG, TEDDY | | WAYNE STATE COLLEGE | 53.49 | 2 |
| 26 TRETTIN, JACOB | | MORNINGSIDE COLLEGE | 54.43 | 2 |
| 27 STERNHAGEN, DANIEL | | MOUNT MARTY COLLEGE | 54.60 | 3 |
| 28 REINDL, LUKE | | NO. STATE | 54.88 | 2 |
| 29 BECKER, SAM | | MORNINGSIDE COLLEGE | 55.12 | 1 |
| 30 SANDIDGE, JON | | MOUNT MARTY COLLEGE | 55.55 | 2 |
| 31 SHINKLE, JUSTIN | | DAKOTA WESLY | 56.29 | 1 |
| 32 RODEN, AJ | | BRIAR CLIFF | 56.76 | 4 |

Men 800 Meter Run Open Men

| Name | Age | Team | Finals |
|----------------------|-----|---------------------|---------|
| 1 NASH, DAVID | | UNATTACHED | 1:52.84 |
| 2 JANSSEN, BEN | | WAYNE STATE COLLEGE | 1:53.72 |
| 3 MEISTER, GREG | | UNATTACHED | 1:54.81 |
| 4 WILLIAMS, RYAN | | WAYNE STATE COLLEGE | 1:55.04 |
| 5 KNUTSON, CHARLES | | U SIOUX FALL | 1:56.11 |
| 6 MCINTIRE, NATE | | WAYNE STATE COLLEGE | 1:56.16 |
| 7 WALBERG, MATT | | NO. STATE | 1:56.30 |
| 8 SCHERGER, CYLE | | U SIOUX FALL | 1:56.47 |
| 9 TRETTIN, JACOB | | MORNINGSIDE COLLEGE | 1:56.79 |
| 10 DANGA, JEREMIAH | | MORNINGSIDE COLLEGE | 1:57.09 |
| 11 HEGGE, JOE | | USD | 1:57.18 |
| 12 FARAH, JAMA | | MORNINGSIDE COLLEGE | 1:57.28 |
| 13 LUEBBE, ETHAN | | UNATTACHED | 1:58.15 |
| 14 VOLENTINE, JOSIAH | | USD | 1:59.51 |
| 15 DE HAAN, JOEL | | DORDT COLLEGE | 1:59.92 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men 800 Meter Run Open Men**

| | | | |
|----|---------------------|---------------------|---------|
| 16 | SCHERGER, JOSH | U SIOUX FALL | 2:00.70 |
| 17 | BALTZELL, JOSH | NO. STATE | 2:01.64 |
| 18 | OVA, JESSE | JAMESTOWN COLLEGE | 2:02.10 |
| 19 | NORDSTROM, CHRIS | MORNINGSIDE COLLEGE | 2:02.20 |
| 20 | ANDREWS, GABLE | UNATTACHED | 2:03.34 |
| 21 | LAWTON, BLAIR | MORNINGSIDE COLLEGE | 2:03.74 |
| 22 | MCKIE, MATT | AUGUSTANA COLLEGE | 2:04.86 |
| 23 | MILLER, DJ | BRIAR CLIFF | 2:05.86 |
| 24 | EVJE, BRANDON | MORNINGSIDE COLLEGE | 2:15.41 |
| -- | BECKMAN, COREY | BRIAR CLIFF | DNF |
| -- | BRAUER, MIKEY | BRIAR CLIFF | DNF |
| -- | BECKER, SAM | MORNINGSIDE COLLEGE | DNF |
| -- | HORGESHIMER, NATHAN | JAMESTOWN COLLEGE | DNF |
| -- | MCNEELY, JEFF | DAKOTA STATE | DNF |

Men 1500 Meter Run Open Men

| Name | Age | Team | Finals | |
|------|-----|--------------------|---------------------|---------|
| 1 | | WALBERG, MATT | NO. STATE | 4:00.03 |
| 2 | | BACKSEN, CHAD | AUGUSTANA COLLEGE | 4:05.82 |
| 3 | | DANGA, JEREMIAH | MORNINGSIDE COLLEGE | 4:11.35 |
| 4 | | CRABTREE, BEN | WAYNE STATE COLLEGE | 4:11.92 |
| 5 | | PETRICH, NATHANIEL | AUGUSTANA COLLEGE | 4:12.53 |
| 6 | | BERGEN, NATHANIEL | WAYNE STATE COLLEGE | 4:15.15 |
| 7 | | LUEBBE, ETHAN | UNATTACHED | 4:17.17 |
| 8 | | HOFFMAN, KASEY | MORNINGSIDE COLLEGE | 4:18.19 |
| 9 | | MCINTIRE, NATE | WAYNE STATE COLLEGE | 4:20.21 |
| 10 | | WALLACE, JOHN | JAMESTOWN COLLEGE | 4:20.28 |
| 11 | | IDE, CASEY | WAYNE STATE COLLEGE | 4:20.90 |
| 12 | | BALTZELL, JOSH | NO. STATE | 4:21.86 |
| 13 | | LAWTON, BLAIR | MORNINGSIDE COLLEGE | 4:24.07 |
| 14 | | BAHNSON, CHUCK | AUGUSTANA COLLEGE | 4:24.23 |
| 15 | | SUMMERSIDE, GEORGE | DAKOTA WESLY | 4:25.31 |
| 16 | | HESS, BRANDON | JAMESTOWN COLLEGE | 4:27.60 |
| 17 | | HICKS, BRANDON | JAMESTOWN COLLEGE | 4:28.07 |
| 18 | | WATTERS, JOEL | NORTHWESTERN | 4:32.57 |
| 19 | | BRAUER, MIKEY | BRIAR CLIFF | 4:34.52 |
| 20 | | URESTE, NILE | NORTHWESTERN | 4:37.98 |
| 21 | | EVJE, BRANDON | MORNINGSIDE COLLEGE | 4:38.17 |
| 22 | | LANNING, JASON | DAKOTA WESLY | 4:39.15 |
| 23 | | ICHINOSE, YUICHI | UNATTACHED | 4:39.52 |
| 24 | | SCOTT, DANNY | NO. STATE | 4:45.11 |
| 25 | | WILLIAMS, BYRON | DAKOTA WESLY | 4:46.53 |

Men 5000 Meter Run Open Men

| Name | Age | Team | Finals | |
|------|-----|-----------------|---------------------|----------|
| 1 | | WOOD, ALLEN | JAMESTOWN COLLEGE | 15:08.00 |
| 2 | | HUFFMAN, CURTIS | JAMESTOWN COLLEGE | 15:29.99 |
| 3 | | JOHNSON, BART | AUGUSTANA COLLEGE | 15:30.19 |
| 4 | | EISENGA, TIM | DORDT COLLEGE | 15:32.39 |
| 5 | | SCHNEIDER, MATT | WAYNE STATE COLLEGE | 15:37.14 |
| 6 | | HEEZAN, CHRIS | DAKOTA STATE | 15:50.04 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men 5000 Meter Run Open Men**

| | | | |
|----|------------------|-------------------|----------|
| 7 | ELLIOTT, DUSTIN | DAKOTA WESLY | 15:59.85 |
| 8 | LAVALLIERE, RORY | U SIOUX FALL | 16:35.72 |
| 9 | SCOTT, MATT | NO. STATE | 16:58.09 |
| 10 | WOEHL, JON | NORTHWESTERN | 17:04.58 |
| 11 | HISLOP, BRANDON | DAKOTA WESLY | 17:09.39 |
| 12 | HAMES, DANNY | CREIGHTON | 17:12.28 |
| 13 | ESSLER, ZACH | JAMESTOWN COLLEGE | 17:25.86 |
| 14 | BERENS, KYLE | CREIGHTON | 17:28.00 |
| 15 | NUSTAD, JOE | JAMESTOWN COLLEGE | 18:42.22 |
| 16 | HEIM, REGGIE | JAMESTOWN COLLEGE | 19:56.12 |

Men 10000 Meter Run Open Men

| Name | Age | Team | Finals |
|------|-----------------|---------------------|----------|
| 1 | WOOD, ALLEN | JAMESTOWN COLLEGE | 31:37.10 |
| 2 | HUFFMAN, CURTIS | JAMESTOWN COLLEGE | 32:34.60 |
| 3 | YAGGIE, MATT | USD | 32:38.10 |
| 4 | HEEZAN, CHRIS | DAKOTA STATE | 32:58.70 |
| 5 | ARMENT, TRAVIS | U SIOUX FALL | 33:23.40 |
| 6 | WERNER, BRIAN | CREIGHTON | 33:26.00 |
| 7 | BOESE, KALEB | AUGUSTANA COLLEGE | 33:39.40 |
| 8 | BLUE, JOSH | USD | 34:49.10 |
| 9 | ANDERSON, AMIL | AUGUSTANA COLLEGE | 35:00.30 |
| 10 | OIEN, PETER | AUGUSTANA COLLEGE | 35:16.80 |
| 11 | BAHNSON, GRAHM | AUGUSTANA COLLEGE | 35:19.10 |
| 12 | WALHOF, DAN | NORTHWESTERN | 35:27.50 |
| 13 | WOEHL, JON | NORTHWESTERN | 35:31.20 |
| 14 | LAMAS, STEPHEN | WAYNE STATE COLLEGE | 37:03.90 |
| 15 | RADWAY, CAREY | DAKOTA WESLY | 37:10.70 |
| 16 | HOGAN, BRENT | CREIGHTON | 37:40.90 |
| -- | HOYT, MATT | UNATTACHED | DNF |
| -- | BEELER, CHRIS | UNATTACHED | DNF |

Men 110 Meter Hurdles Open Men

| Name | Age | Team | Prelims | Wind | H# |
|---------------|-------------------|---------------------|---------|------|----|
| Preliminaries | | | | | |
| 1 | FLAMIG, GARRETT | WAYNE STATE COLLEGE | 15.16q | 0.9 | 1 |
| 2 | CUNDY, ROBBIE | NORTHWESTERN | 15.19q | 1.9 | 4 |
| 3 | HAMIK, JAKE | NO. STATE | 15.20q | 1.9 | 4 |
| 4 | MORRISON, JAKE | JAMESTOWN COLLEGE | 15.40q | 0.9 | 1 |
| 5 | BALL, TOBY | DAKOTA STATE | 15.71q | 0.6 | 3 |
| 6 | SCHULZ, KYLE | DAKOTA STATE | 15.73q | 2.0 | 2 |
| 7 | GREGORY, CODY | WAYNE STATE COLLEGE | 16.03q | 1.9 | 4 |
| 8 | STEEN, TREVOR | NO. STATE | 16.07q | 2.0 | 2 |
| 9 | MASSEY, CHRIS | JAMESTOWN COLLEGE | 16.31 | 2.0 | 2 |
| 10 | LORENZ, BRIAN | MORNINGSIDE COLLEGE | 16.48 | 2.0 | 2 |
| 11 | STROBEL, TREVOR | DAKOTA STATE | 16.49 | 0.9 | 1 |
| 12 | BLAYLOCK, ADMIN | UNATTACHED | 16.79 | 0.6 | 3 |
| 13 | RAY, PETER | WAYNE STATE COLLEGE | 16.93 | 0.6 | 3 |
| 14 | STEENHOLDT, JACOB | AUGUSTANA COLLEGE | 17.04 | 0.6 | 3 |
| 15 | VAN LOO, BRENNAN | NORTHWESTERN | 17.33 | 0.6 | 3 |
| 16 | MOOTS, TONY | DAKOTA STATE | 17.43 | 0.9 | 1 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men 110 Meter Hurdles Open Men**

| | | | | | |
|----|--------------------|---------------------|-------|-----|---|
| 17 | JOHNSON, MIKE | DAKOTA STATE | 17.50 | 1.9 | 4 |
| 18 | STERNHAGEN, DANIEL | MOUNT MARTY COLLEGE | 17.63 | 0.9 | 1 |
| 19 | SCHWAN, ERIC | NO. STATE | 17.83 | 2.0 | 2 |
| 20 | GRIFFIN, ANDREW | USD | 18.34 | 1.9 | 4 |
| 21 | TAYLOR, LEVI | JAMESTOWN COLLEGE | 19.74 | 0.6 | 3 |

Men 110 Meter Hurdles Open Men

| Name | Age | Team | Finals | Wind |
|------|-----|------|--------|------|
|------|-----|------|--------|------|

Finals

| | | | | |
|---|-----------------|---------------------|-------|------|
| 1 | HAMIK, JAKE | NO. STATE | 14.75 | -2.4 |
| 2 | FLAMIG, GARRETT | WAYNE STATE COLLEGE | 15.06 | -2.4 |
| 3 | CUNDY, ROBBIE | NORTHWESTERN | 15.24 | -2.4 |
| 4 | MORRISON, JAKE | JAMESTOWN COLLEGE | 15.35 | -2.4 |
| 5 | SCHULZ, KYLE | DAKOTA STATE | 15.40 | -2.4 |
| 6 | BALL, TOBY | DAKOTA STATE | 15.46 | -2.4 |
| 7 | GREGORY, CODY | WAYNE STATE COLLEGE | 15.77 | -2.4 |
| 8 | STEEN, TREVOR | NO. STATE | 16.09 | -2.4 |

Men 400 Meter Hurdles Open Men

| Name | Age | Team | Finals | H# |
|------|-----|------|--------|----|
|------|-----|------|--------|----|

| | | | | |
|----|--------------------|---------------------|---------|---|
| 1 | HAMIK, JAKE | NO. STATE | 52.59 | 3 |
| 2 | ELLINGWORTH, TOMMY | AUGUSTANA COLLEGE | 53.32 | 3 |
| 3 | MORRISON, JAKE | JAMESTOWN COLLEGE | 53.55 | 3 |
| 4 | CUNDY, ROBBIE | NORTHWESTERN | 53.79 | 3 |
| 5 | STOUDT, DAN | JAMESTOWN COLLEGE | 54.69 | 3 |
| 6 | STROBEL, TREVOR | DAKOTA STATE | 56.30 | 3 |
| 7 | VANDER ARK, MATT | DORDT COLLEGE | 56.32 | 2 |
| 8 | JOHNSON, MIKE | DAKOTA STATE | 56.89 | 2 |
| 9 | FLAMIG, GARRETT | WAYNE STATE COLLEGE | 57.05 | 2 |
| 10 | SCHULZ, KYLE | DAKOTA STATE | 58.24 | 1 |
| 11 | GREGORY, CODY | WAYNE STATE COLLEGE | 58.76 | 2 |
| 12 | STEINHOFF, JOSH | MORNINGSIDE COLLEGE | 59.08 | 2 |
| 13 | BLAYLOCK, ADMIN | UNATTACHED | 59.99 | 2 |
| 14 | STEEN, TREVOR | NO. STATE | 1:02.07 | 2 |
| 15 | RENSINK, DERRICK | NORTHWESTERN | 1:02.28 | 1 |
| 16 | MOOTS, TONY | DAKOTA STATE | 1:03.05 | 1 |
| 17 | TAYLOR, LEVI | JAMESTOWN COLLEGE | 1:04.17 | 1 |
| 18 | GRIFFIN, ANDREW | USD | 1:05.37 | 1 |

Men 3000 Meter Steeplechase Open Men

| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

| | | | |
|---|------------------|---------------------|----------|
| 1 | SCHNEIDER, MATT | WAYNE STATE COLLEGE | 9:14.82 |
| 2 | VAN ENGEN, DAN | UNATTACHED | 9:24.78 |
| 3 | HERRON, JEREMIAH | WAYNE STATE COLLEGE | 9:43.11 |
| 4 | MADUT, THOMAS | UNATTACHED | 10:01.98 |
| 5 | WALHOF, DAN | NORTHWESTERN | 10:21.99 |
| 6 | SCOTT, DANNY | NO. STATE | 10:22.32 |
| 7 | URESTE, NILE | NORTHWESTERN | 10:27.36 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men 3000 Meter Steeplechase Open Men**

| | | | |
|----|------------------|-------------------|----------|
| 8 | MIEDEMA, MARK | DORDT COLLEGE | 10:35.57 |
| 9 | HOSMAN, JUSTIN | JAMESTOWN COLLEGE | 10:37.01 |
| 10 | BOUSEMA, BRETT | DORDT COLLEGE | 10:46.34 |
| 11 | WARD, CHARLES | U SIOUX FALL | 10:47.17 |
| 12 | ROBINSON, JATHAN | DORDT COLLEGE | 10:48.42 |
| 13 | PLACK, BRAD | NO. STATE | 10:56.64 |
| 14 | WINGERT, JEFF | DAKOTA WESLY | 10:57.96 |
| 15 | ALLEN, MICHAEL | UNATTACHED | 12:16.02 |

Men 4x100 Meter Relay Open Men

| ===== | | | |
|----------------|-------------------------------|---------|----|
| 2 turn stagger | | | |
| Team | | Prelims | H# |
| ===== | | | |
| Preliminaries | | | |
| 1 | MORNINGSIDE COLLEGE 'A' | 42.99q | 1 |
| 2 | DAKOTA STATE UNIVERSITY 'A' | 43.12q | 2 |
| 3 | NORTHERN STATE UNIVERSITY 'A' | 43.56q | 1 |
| 4 | WAYNE STATE COLLEGE 'A' | 43.61q | 2 |
| 5 | NORTHWESTERN COLLEGE 'A' | 43.82q | 1 |
| 6 | DORDT COLLEGE 'A' | 44.65q | 2 |
| 7 | UNIVERSITY SOUTH DAKOTA 'A' | 45.46q | 2 |
| -- | JAMESTOWN COLLEGE 'A' | DNF | 1 |

Men 4x100 Meter Relay Open Men

| ===== | | | |
|----------------|-----------------------------|--------|--------------------|
| 2 turn stagger | | | |
| Team | | Finals | |
| ===== | | | |
| Finals | | | |
| 1 | DAKOTA STATE UNIVERSITY 'A' | 42.87 | |
| | 1) BALL, TOBY | | 2) BURGGRAFF, RYAN |
| | 3) HOFFMAN, KYLE | | 4) MELVIN, BRIAN |
| 2 | WAYNE STATE COLLEGE 'A' | 43.00 | |
| 3 | MORNINGSIDE COLLEGE 'A' | 43.20 | |
| 4 | NORTHWESTERN COLLEGE 'A' | 44.10 | |
| 5 | DORDT COLLEGE 'A' | 44.85 | |

Men 4x200 Meter Relay Open Men

| ===== | | | |
|----------------|-------------------------------|---------|--------------------|
| 4 turn stagger | | | |
| Team | | Finals | |
| ===== | | | |
| 1 | DAKOTA STATE UNIVERSITY 'A' | 1:29.73 | |
| | 1) BALL, TOBY | | 2) BURGGRAFF, RYAN |
| | 3) HOFFMAN, KYLE | | 4) MELVIN, BRIAN |
| 2 | MORNINGSIDE COLLEGE 'A' | 1:29.99 | |
| 3 | NORTHERN STATE UNIVERSITY 'A' | 1:30.76 | |
| 4 | NORTHWESTERN COLLEGE 'A' | 1:31.58 | |
| 5 | JAMESTOWN COLLEGE 'A' | 1:32.03 | |
| -- | DORDT COLLEGE 'A' | DNF | |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Men 4x400 Meter Relay Open Men**

| 3 turn stagger | | Finals |
|---------------------------------|-------------------|---------|
| Team | | |
| 1 JAMESTOWN COLLEGE 'A' | | 3:17.95 |
| 1) STRAIT, STEPHEN | 2) STOUDT, DAN | |
| 3) MORRISON, JAKE | 4) MAKOUTZ, CHRIS | |
| 2 WAYNE STATE COLLEGE 'A' | | 3:20.86 |
| 3 NORTHWESTERN COLLEGE 'A' | | 3:21.44 |
| 4 DORDT COLLEGE 'A' | | 3:22.61 |
| 5 MORNINGSIDE COLLEGE 'A' | | 3:24.21 |
| 6 NORTHERN STATE UNIVERSITY 'A' | | 3:27.11 |
| 7 MORNINGSIDE COLLEGE 'B' | | 3:37.68 |
| -- UNIVERSITY SOUTH DAKOTA 'A' | | DQ |

Men 4x800 Meter Relay Open Men

| 1 turn stagger | | Finals |
|---------------------------------|----------------|---------|
| Team | | |
| 1 WAYNE STATE COLLEGE 'A' | | 7:49.13 |
| 1) MCINTIRE, NATE | 2) IDE, CASEY | |
| 3) WILLIAMS, RYAN | 4) JANSEN, BEN | |
| 2 MORNINGSIDE COLLEGE 'A' | | 7:57.99 |
| 3 UNIVERSITY SIOUX FALLS 'A' | | 8:06.46 |
| 4 DORDT COLLEGE 'A' | | 8:06.98 |
| 5 JAMESTOWN COLLEGE 'A' | | 8:10.01 |
| 6 NORTHWESTERN COLLEGE 'A' | | 8:17.20 |
| 7 NORTHERN STATE UNIVERSITY 'A' | | 8:21.95 |

Men 1600 Sprint Medley Open Men

| 3 turn stagger | | Finals | H# |
|----------------------------------|-----------------|---------|----|
| Team | | | |
| 1 UNATTACHED 'A' | | 3:34.03 | 2 |
| 1) DE VRIES, WADE | 2) CONRAD, RYAN | | |
| 3) MEISTER, GREG | 4) | | |
| 2 UNIVERSITY SIOUX FALLS 'A' | | 3:34.96 | 2 |
| 3 JAMESTOWN COLLEGE 'A' | | 3:36.22 | 2 |
| 4 UNIVERSITY SOUTH DAKOTA 'A' | | 3:36.68 | 2 |
| 5 MORNINGSIDE COLLEGE 'A' | | 3:37.01 | 2 |
| 6 DORDT COLLEGE 'A' | | 3:42.29 | 2 |
| 7 NORTHWESTERN COLLEGE 'A' | | 3:46.20 | 1 |
| 8 BRIAR CLIFF UNIVERSITY 'A' | | 3:46.45 | 1 |
| 9 AUGUSTANA COLLEGE 'A' | | 3:47.97 | 1 |
| 10 NORTHERN STATE UNIVERSITY 'A' | | 3:55.81 | 2 |

Men Distance Medley Open Men

| 1 turn stagger | | Finals |
|---------------------------|-------------------|----------|
| Team | | |
| 1 WAYNE STATE COLLEGE 'A' | | 10:16.56 |
| 1) IDE, CASEY | 2) WILLIAMS, RYAN | |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Men Distance Medley Open Men**

| | |
|----------------------------|--------------------|
| 3) JANSEN, BEN | 4) SCHNEIDER, MATT |
| 2 AUGUSTANA COLLEGE 'A' | 10:37.41 |
| 3 JAMESTOWN COLLEGE 'A' | 11:02.69 |
| 4 NORTHWESTERN COLLEGE 'A' | 11:15.11 |
| 5 DORDT COLLEGE 'A' | 11:24.92 |
| 6 MOUNT MARTY COLLEGE 'A' | 12:11.63 |

Men High Jump Open Men

| Name | Age Team | Finals |
|----------------------|---------------------|----------------|
| 1 DE JONG, DAN | DORDT COLLEGE | 6-04.00 1.93m |
| 2 LIDDELL, JAYME | USD | J6-04.00 1.93m |
| 3 SOUTH, BRAD | UNATTACHED | J6-04.00 1.93m |
| 4 ORTMEIER, MICHAEL | NORTHWESTERN | 6-02.00 1.87m |
| 4 FETERL, BRYANT | NO. STATE | 6-02.00 1.87m |
| 4 HAUGLAND, DEMING | AUGUSTANA COLLEGE | 6-02.00 1.87m |
| 6 ANDERSON, MATT | NO. STATE | J6-00.00 1.82m |
| 7 STERNHAGEN, DANIEL | MOUNT MARTY COLLEGE | 6-00.00 1.82m |
| 8 KARAKAS, NICK | JAMESTOWN COLLEGE | J6-00.00 1.82m |
| 8 EDWARDS, GRANT | DAKOTA WESLY | J6-00.00 1.82m |
| 8 SWART, TIM | NORTHWESTERN | J6-00.00 1.82m |
| -- LESNAR, BRADY | NO. STATE | NH |

Men Pole Vault Open Men

| Name | Age Team | Finals |
|-------------------------|---------------------|-----------------|
| 1 DOGGETT, MATT | WAYNE STATE COLLEGE | 15-00.00 4.57m |
| 2 ROYER, WADE | NO. STATE | 14-06.00 4.41m |
| 3 ROTERT, MATT | USD | 14-00.00 4.26m |
| 4 PFEIFLE, ROSS | NO. STATE | 13-06.00 4.11m |
| 5 SHUBECK, JOHN | USD | J13-06.00 4.11m |
| 6 VOSSLER, JOEY | JAMESTOWN COLLEGE | 13-00.00 3.96m |
| 7 RUST, TIM | USD | 12-06.00 3.81m |
| 8 SMITH, RILEY | MOUNT MARTY COLLEGE | J12-06.00 3.81m |
| 9 HAJEK, RYAN | MOUNT MARTY COLLEGE | J12-06.00 3.81m |
| 9 VAHRENKAMP, JIM | USD | J12-06.00 3.81m |
| -- PICKINPAUGH, JOE | WAYNE STATE COLLEGE | NH |
| -- HIEMENGA, DAVE | DORDT COLLEGE | NH |
| -- HELM, ANDREW | JAMESTOWN COLLEGE | NH |
| -- VANDER WELL, BRANDON | DORDT COLLEGE | NH |

Men Long Jump Open Men

| Name | Age Team | Finals | Wind |
|------------------|---------------------|----------|-----------|
| 1 LAWSON, DANNY | JAMESTOWN COLLEGE | 22-11.00 | NWI 6.98m |
| 2 DE VRIES, WADE | UNATTACHED | 22-07.50 | NWI 6.89m |
| 3 WASHINGTON, JJ | WAYNE STATE COLLEGE | 22-06.50 | 1.0 6.87m |
| 4 TEWS, NICK | JAMESTOWN COLLEGE | 21-11.00 | NWI 6.68m |
| 5 SOUTH, BRAD | UNATTACHED | 21-06.50 | NWI 6.56m |
| 6 BALL, TOBY | DAKOTA STATE | 20-10.50 | NWI 6.36m |
| 7 LISKA, COLE | WAYNE STATE COLLEGE | 20-09.00 | 1.1 6.32m |
| 8 LOCKHART, JON | JAMESTOWN COLLEGE | 20-07.50 | NWI 6.28m |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men Long Jump Open Men**

| | | | | | |
|----|------------------|---------------------|----------|--------|-------|
| 9 | SCHWAN, ERIC | NO. STATE | 20-07.00 | 0.1 | 6.27m |
| 9 | VANDER ARK, MATT | DORDT COLLEGE | 20-07.00 | NWI | 6.27m |
| 11 | BLANKERS, KYLE | NORTHWESTERN | 20-05.50 | NWI | 6.23m |
| 12 | MEUZELAAR, JEFF | DORDT COLLEGE | 20-01.50 | NWI | 6.13m |
| 13 | RAY, PETER | WAYNE STATE COLLEGE | 20-00.50 | 0.1 | 6.10m |
| 14 | DE BOER, KYLE | NORTHWESTERN | 19-09.00 | NWI | 6.01m |
| 15 | RASSPERRY, KEVIN | UNATTACHED | 19-06.00 | NWI | 5.94m |
| 16 | LOWE, RYAN | USD | 19-05.50 | -0.7 | 5.93m |
| 17 | MALLET, BRAD | MORNINGSIDE COLLEGE | 19-04.00 | NWI | 5.89m |
| 18 | HIEMENGA, DAVE | DORDT COLLEGE | 19-02.00 | NWI | 5.84m |
| 19 | LESNAR, BRADY | NO. STATE | 18-07.50 | 0.6 | 5.67m |
| 20 | REIMER, BRIAN | USD | 18-00.00 | -0.8 | 5.48m |
| 21 | MARTIN, JEREMY | AUGUSTANA COLLEGE | 17-10.50 | 0.3 | 5.44m |
| 22 | CAOUCETTE, LARRY | BRIAR CLIFF | 16-11.00 | NWI | 5.15m |
| -- | KLATT, DEREK | USD | | ND NWI | |

Men Triple Jump Open Men

| Name | Age | Team | Finals | Wind |
|------|----------------|---------------------|----------|------------|
| 1 | DE VRIES, WADE | UNATTACHED | 47-01.00 | NWI 14.35m |
| 2 | DE JONG, DAN | DORDT COLLEGE | 46-10.50 | NWI 14.28m |
| 3 | LIDDELL, JAYME | USD | 46-06.75 | 0.8 14.19m |
| 4 | LOCKHART, JON | JAMESTOWN COLLEGE | 43-10.00 | NWI 13.36m |
| 5 | LISKA, COLE | WAYNE STATE COLLEGE | 42-10.50 | 0.1 13.06m |
| 6 | TEWS, NICK | JAMESTOWN COLLEGE | 42-07.75 | NWI 12.99m |
| 7 | RAY, PETER | WAYNE STATE COLLEGE | 41-01.75 | 1.1 12.54m |
| 8 | MARTIN, JEREMY | AUGUSTANA COLLEGE | 40-02.25 | 1.1 12.24m |
| 9 | EDWARDS, GRANT | DAKOTA WESLY | 39-04.00 | NWI 11.98m |

Men Shot Put Open Men

Standard for measurement 43'

| Name | Age | Team | Finals |
|------|--------------------|---------------------|-----------------|
| 1 | FYNAARDT, NICK | NORTHWESTERN | 54-08.00 16.66m |
| 2 | BROMMER, ERIC | UNATTACHED | 53-03.00 16.23m |
| 3 | WARWICK, KEEGAN | U SIOUX FALL | 48-00.00 14.63m |
| 4 | EICKMAN, JEREMY | WAYNE STATE COLLEGE | 47-05.00 14.45m |
| 5 | HALLING, DARRYL | DAKOTA STATE | 47-02.00 14.37m |
| 6 | GONZALEZ, PORFIRIO | JAMESTOWN COLLEGE | 46-09.50 14.26m |
| 7 | EDISON, ANDREW | MORNINGSIDE COLLEGE | 45-03.50 13.80m |
| 8 | BROMMER, DANIEL | UNATTACHED | 44-10.00 13.66m |
| 9 | DAVIS, NICK | NO. STATE | 44-01.00 13.43m |
| 9 | MEYER, TIM | WAYNE STATE COLLEGE | 44-01.00 13.43m |
| 11 | SOUTH, BRAD | UNATTACHED | 44-00.25 13.41m |
| 12 | UNDERBERG, BROOKES | U SIOUX FALL | 42-07.00 12.97m |
| 13 | PONTIS, LOGAN | UNATTACHED | 42-05.25 12.93m |
| 14 | KUNTZ, DAVID | MORNINGSIDE COLLEGE | 40-05.00 12.31m |
| 14 | CAAUWE, BYRON | DAKOTA STATE | 40-05.00 12.31m |
| 16 | PFENNIG, TYLER | JAMESTOWN COLLEGE | 40-02.00 12.24m |
| 17 | SHECKLER, CHRIS | DAKOTA WESLY | 39-06.00 12.03m |
| 17 | KUYPER, CORY | NORTHWESTERN | 39-06.00 12.03m |
| 19 | ENGELJES, TONY | DORDT COLLEGE | 39-02.00 11.93m |
| 20 | ORTH, ROBERT | DAKOTA STATE | 38-07.00 11.76m |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men Shot Put Open Men**

| | | | | |
|----|---------------|-------------|----------|--------|
| 21 | WONDERS, KYLE | BRIAR CLIFF | 38-02.00 | 11.63m |
| 22 | SCHWAN, ERIC | NO. STATE | 37-08.00 | 11.48m |
| 23 | LESNAR, BRADY | NO. STATE | 34-06.00 | 10.51m |

Men Discus Throw Open Men

Standard for measurement 135'

| Name | Age | Team | Finals | |
|------|------------------|---------------------|--------|--------|
| 1 | ORTMEIER, ANDREW | UNATTACHED | 48.34m | 158-07 |
| 2 | FYNAARDT, NICK | NORTHWESTERN | 46.44m | 152-04 |
| 3 | BROCK, TROY | NO. STATE | 45.19m | 148-03 |
| 4 | PONTIS, LOGAN | UNATTACHED | 43.33m | 142-02 |
| 5 | SUCKSTORF, BRETT | WAYNE STATE COLLEGE | 43.17m | 141-08 |
| 6 | SCOTT, PRESTON | USD | 42.40m | 139-01 |
| 7 | SVITAK, JAMES | UNATTACHED | 41.25m | 135-04 |
| 8 | GARZA, ELOY | MORNINGSIDE COLLEGE | 39.94m | 131-00 |
| 9 | PFENNIG, TYLER | JAMESTOWN COLLEGE | 38.76m | 127-02 |
| 10 | HALLING, DARRYL | DAKOTA STATE | 37.77m | 123-11 |
| 11 | WONDERS, KYLE | BRIAR CLIFF | 36.89m | 121-00 |
| 12 | VAHRENKAMP, JIM | USD | 36.86m | 120-11 |
| 13 | SLOUP, JOHN | WAYNE STATE COLLEGE | 36.68m | 120-04 |
| 14 | OLAWSKY, JON | DAKOTA STATE | 36.60m | 120-01 |
| 15 | HALLING, ANDREW | UNATTACHED | 36.25m | 118-11 |
| 16 | CAAUWE, BYRON | DAKOTA STATE | 35.95m | 117-11 |
| 17 | HAUGEN, MATTHEW | JAMESTOWN COLLEGE | 35.46m | 116-04 |
| 18 | BAKER, JUSTIN | JAMESTOWN COLLEGE | 34.31m | 112-07 |
| 19 | TATRO, RYAN | BRIAR CLIFF | 33.04m | 108-05 |
| 20 | ORTH, ROBERT | DAKOTA STATE | 32.11m | 105-04 |
| 21 | SHUBECK, JOHN | USD | 26.29m | 86-03 |
| -- | BROMMER, ERIC | UNATTACHED | ND | |
| -- | DEWITT, JOHN | MOUNT MARTY COLLEGE | ND | |
| -- | HAGEMANN, NICK | USD | ND | |

Men Hammer Throw Open Men

| Name | Age | Team | Finals | |
|------|--------------------|---------------------|--------|--------|
| 1 | TOLSMA, DAN | USD | 60.83m | 199-07 |
| 2 | HAGEMANN, NICK | USD | 54.00m | 177-02 |
| 3 | HRUBY, JEFF | DAKOTA WESLY | 50.17m | 164-07 |
| 4 | BROCK, TROY | NO. STATE | 49.14m | 161-03 |
| 5 | ORTMEIER, ANDREW | UNATTACHED | 48.77m | 160-00 |
| 6 | SCHROCK, JEREMIAH | MORNINGSIDE COLLEGE | 48.09m | 157-09 |
| 7 | DAVIS, NICK | NO. STATE | 46.15m | 151-05 |
| 8 | SLOUP, JOHN | WAYNE STATE COLLEGE | 44.70m | 146-08 |
| 9 | EICKMAN, JEREMY | WAYNE STATE COLLEGE | 42.63m | 139-10 |
| 10 | GONZALEZ, PORFIRIO | JAMESTOWN COLLEGE | 42.33m | 138-10 |
| 11 | LEDDA, DANY | JAMESTOWN COLLEGE | 41.32m | 135-07 |
| 12 | SCOTT, PRESTON | USD | 40.87m | 134-01 |
| 13 | GARZA, ELOY | MORNINGSIDE COLLEGE | 39.19m | 128-07 |
| 14 | SHECKLER, CHRIS | DAKOTA WESLY | 38.65m | 126-10 |
| 15 | SUCKSTORF, BRETT | WAYNE STATE COLLEGE | 37.88m | 124-03 |
| 16 | TATRO, RYAN | BRIAR CLIFF | 36.61m | 120-01 |
| 17 | PFENNIG, TYLER | JAMESTOWN COLLEGE | 35.24m | 115-07 |

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men Hammer Throw Open Men**

| | | | | |
|----|-----------------|---------------------|--------|--------|
| 18 | EDISON, ANDREW | MORNINGSIDE COLLEGE | 31.62m | 103-09 |
| -- | KUNTZ, DAVID | MORNINGSIDE COLLEGE | ND | |
| -- | HAUGEN, MATTHEW | JAMESTOWN COLLEGE | ND | |
| -- | DEWITT, JOHN | MOUNT MARTY COLLEGE | ND | |

Men Javelin Throw Open Men

| Name | Age | Team | Finals | |
|------|---------------------|---------------------|--------|--------|
| 1 | LUNNE, DUANE | UNATTACHED | 198-04 | 60.45m |
| 2 | HAUGEN, MATTHEW | JAMESTOWN COLLEGE | 183-03 | 55.85m |
| 3 | SOUTH, BRAD | UNATTACHED | 181-01 | 55.19m |
| 4 | SCHWAN, ERIC | NO. STATE | 178-09 | 54.48m |
| 5 | HANLON, PAT | NORTHWESTERN | 177-00 | 53.94m |
| 6 | ORTMEIER, ANDREW | UNATTACHED | 175-04 | 53.44m |
| 7 | KLASSEN, JEREMY | UNATTACHED | 171-03 | 52.19m |
| 8 | LEE, CHRIS | UNATTACHED | 166-00 | 50.59m |
| 9 | STERNHAGEN, DANIEL | MOUNT MARTY COLLEGE | 154-09 | 47.16m |
| 10 | KRAAYENBRINK, DAVID | DORDT COLLEGE | 154-03 | 47.01m |
| 11 | WEIDEL, ANDREW | WAYNE STATE COLLEGE | 152-07 | 46.50m |
| 12 | ORTMEIER, MICHAEL | NORTHWESTERN | 145-03 | 44.27m |
| 13 | BAKER, JUSTIN | JAMESTOWN COLLEGE | 142-11 | 43.56m |
| 14 | SLAATHAUG, BRETT | U SIOUX FALL | 138-10 | 42.31m |
| 15 | CAOUCETTE, LARRY | BRIAR CLIFF | 134-09 | 41.07m |
| 16 | OLAWSKY, JON | DAKOTA STATE | 129-03 | 39.39m |
| 17 | TATRO, RYAN | BRIAR CLIFF | 123-07 | 37.66m |
| 18 | SANDIDGE, JON | MOUNT MARTY COLLEGE | 115-03 | 35.12m |
| 19 | YOUNG, MARK | WAYNE STATE COLLEGE | 104-00 | 31.69m |
| 20 | LESNAR, BRADY | NO. STATE | 91-07 | 27.91m |