

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****Women 100 Meter Dash UCO**

Meet: M 11.82 4/16/1994 Marie Brown, South Dakota					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Neeia Cooperwood	SR	Morningside	12.10q	NWI	4
2 Makenzie Hageman	JR	Northern State	12.55q	0.6	5
3 Vanessa Lane	FR	South Dakota St.	12.56q	1.4	7
4 Jahdai Dunk	SO	Northwestern (Iowa)	12.57q	NWI	2
5 Toni-Ann Ingram	FR	Northern State	12.69q	0.7	6
6 Brooke Wolterstorff	SO	Dordt	12.74q	0.6	5
7 Danielle Wubben	FR	Dordt	12.88q	NWI	3
8 Katie Larsen	SR	Buena Vista	12.92q	1.4	7
9 Casey James	SR	Buena Vista	12.94	NWI	4
9 Eleka Joseph	FR	Morningside	12.94	NWI	3
11 Cece Mulbah	FR	Iowa Central CC	13.00	NWI	2
12 Gina Sementa	SR	Briar Cliff	13.06	1.4	7
13 Mallory Spear	SO	Buena Vista	13.06	NWI	2
14 Marisa Broersma	JR	Dordt	13.07	0.7	6
15 Maggie Marker	SR	Buena Vista	13.14	-0.3	1
16 Mary Alderson	SO	Wayne St. (Neb.)	13.15	NWI	4
17 Courtney Albrecht	SO	South Dakota	13.17	NWI	4
18 Ashley Henkenius	FR	Briar Cliff	13.18	-0.3	1
19 Alycia Hohenstein	FR	SW Minnesota St.	13.21	1.4	7
20 Laura Eberly	SR	Buena Vista	13.27	0.6	5
21 Danielle Hart	SO	Wayne St. (Neb.)	13.29	0.7	6
22 Emma Schmidt	FR	Augustana (S.D.)	13.33	0.6	5
23 Bailey Kennedy	SO	Northwestern (Iowa)	13.40	0.7	6
24 Megan Viland	SR	South Dakota St.	13.40	-0.3	1
25 Savannah Murray	FR	South Dakota	13.41	0.7	6
26 Sarah Faber	JR	Dordt	13.41	-0.3	1
27 Breanna Carlson	SO	Jamestown	13.47	NWI	3
28 Jordyn Oostra	FR	Northwestern (Iowa)	13.52	NWI	4
29 Kecia Caudill	FR	Northwestern (Iowa)	13.53	NWI	3
30 Rachel Hunt	SO	Briar Cliff	13.55	0.6	5
31 Beccy Dodunski	SO	Briar Cliff	13.56	-0.3	1
32 Leah Breon	FR	Dordt	13.58	NWI	3
33 Hailey Dollen	FR	Buena Vista	13.63	1.4	7
34 Jana Vermeer	SO	Northwestern (Iowa)	13.65	NWI	2
35 Becca Quade	FR	Northwestern (Iowa)	13.69	0.7	6
36 Shania Wunschel	FR	Buena Vista	13.72	1.4	7
37 Mallory Bjork	FR	Northwestern (Iowa)	13.72	NWI	3
38 Shaniese Quist	FR	Dordt	13.86	-0.3	1
39 Kim Hokinson	FR	Morningside	13.87	NWI	2
40 Breanna Adsit	FR	Dakota State	13.87	NWI	3
41 Mikenzi Monthei	FR	Buena Vista	13.89	0.6	5
42 Taja Prince	FR	Morningside	13.91	NWI	4
43 Ashley Stubbs	JR	Jamestown	13.97	-0.3	1
44 Gabby Swanson	FR	Mount Marty	14.41	1.4	7
45 Rebecca Reinertson	FR	Faith Baptist Bible	14.43	NWI	4
46 Molly Lewison	FR	Buena Vista	14.45	NWI	2
47 Emily Wolfe	FR	Faith Baptist Bible	14.53	0.7	6
48 Kirsten Brockhoff	SO	Morningside	14.74	0.6	5
-- Destiny Carter	SO	Iowa Central CC	FS	1.4	7

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Meet: M 11.82 4/16/1994 Marie Brown, South Dakota

Name	Year	School	Finals	Wind
Finals				
1 Neeia Cooperwood	SR	Morningside	12.05	NWI
2 Makenzie Hageman	JR	Northern State	12.31	NWI
3 Vanessa Lane	FR	South Dakota St.	12.55	NWI
4 Jahdai Dunk	SO	Northwestern (Iowa)	12.65	NWI
5 Toni-Ann Ingram	FR	Northern State	12.70	NWI
6 Katie Larsen	SR	Buena Vista	12.94	NWI
7 Danielle Wubben	FR	Dordt	13.25	NWI

Women 200 Meter Dash UCO

Name	Year	School	Finals	Wind	H#
1 Destiny Carter	SO	Iowa Central CC	24.02	NWI	9
2 Neeia Cooperwood	SR	Morningside	24.20	NWI	9
3 Karen Ettleman	SR	Northwestern (Iowa)	25.13	NWI	9
4 Katlyn Sawtelle	SR	Sioux Falls	25.33	NWI	9
5 Vanessa Lane	FR	South Dakota St.	25.64	1.2	8
6 Makenzie Hageman	JR	Northern State	25.64	NWI	9
7 Endia Francois	FR	Iowa Central CC	25.67	0.3	6
8 Martiesha Caines	SO	Iowa Central CC	25.74	1.2	8
9 Brooke Wolterstorff	SO	Dordt	25.87	0.6	7
10 Robyn Blount	JR	Dordt	25.87	1.2	8
11 Savannah Dolezal		Unattached	25.95	1.2	8
12 Jahdai Dunk	SO	Northwestern (Iowa)	26.06	1.2	8
13 Danielle Wubben	FR	Dordt	26.20	1.2	8
14 Jessica Justin	FR	Sioux Falls	26.43	0.6	7
15 Ellen Wulf	JR	Wayne St. (Neb.)	26.60	1.0	4
16 Laura Eberly	SR	Buena Vista	26.61	0.6	7
17 Marisa Broersma	JR	Dordt	26.67	1.2	8
18 Cece Mulbah	FR	Iowa Central CC	26.71	0.4	5
19 Kelsey Dietrich	FR	Wayne St. (Neb.)	26.74	0.4	5
20 Elizabeth Raecke	SO	Northern State	26.75	0.3	6
21 Casey James	SR	Buena Vista	26.78	1.2	8
22 Maggie Marker	SR	Buena Vista	26.80	NWI	9
23 Ashley Henkenius	FR	Briar Cliff	26.95	0.6	7
24 Courtney Albrecht	SO	South Dakota	27.02	0.3	6
25 Destiny Montgomery	FR	Sioux Falls	27.27	1.0	4
26 Savannah Murray	FR	South Dakota	27.30	0.4	5
27 BreeAna Olson	FR	Dakota State	27.43	0.3	6
28 Megan Svitak	SR	Wayne St. (Neb.)	27.45	0.4	5
29 Taylor Hudson	SO	Morningside	27.46	1.2	3
30 Megan Viland	SR	South Dakota St.	27.51	0.3	6
31 Katie Larsen	SR	Buena Vista	27.53	0.6	7
32 Hailey Cooley	JR	Jamestown	27.56	NWI	1
33 Alycia Hohenstein	FR	SW Minnesota St.	27.58	1.0	4
34 Bailey Kennedy	SO	Northwestern (Iowa)	27.59	0.4	5
35 Breanna Carlson	SO	Jamestown	27.61	NWI	1
36 Laurel Zomer	JR	Dordt	27.62	1.0	4
37 Kecia Caudill	FR	Northwestern (Iowa)	27.64	0.8	2
38 Mallory Bjork	FR	Northwestern (Iowa)	27.74	1.0	4
39 Brittany Broersma	FR	Dordt	27.79	0.3	6

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Women 200 Meter Dash UCO**

40	Melissa Barella	SO Augustana (S.D.)	27.85	0.3	6
41	Siera Zach	FR Wayne St. (Neb.)	27.97	1.2	3
42	Taja Prince	FR Morningside	28.04	1.0	4
43	Sarah Faber	JR Dordt	28.05	0.4	5
44	Hailey Dollen	FR Buena Vista	28.11	1.2	3
45	Jodi Roth	SO Briar Cliff	28.12	0.4	5
46	Leah Breon	FR Dordt	28.31	1.2	3
47	Jordyn Sohns	FR Jamestown	28.63	1.2	3
48	Shaniese Quist	FR Dordt	28.67	1.2	3
49	Kim Hokinson	FR Morningside	28.69	1.2	3
50	Nya Buom	SO SW Minnesota St.	28.98	0.8	2
51	Audra Thramer	FR Northwestern (Iowa)	29.22	0.8	2
52	Jessica Fossum	4 Unattached	29.25	0.8	2
53	Rebecca Reinertson	FR Faith Baptist Bible	29.34	0.8	2
54	Gabby Swanson	FR Mount Marty	29.75	0.8	2
55	Lindsay Meyer	FR Buena Vista	31.14	0.8	2
56	Kirsten Brockhoff	SO Morningside	31.37	0.8	2

Women 400 Meter Dash UCO

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Meet: M 55.41 4/11/2014 Neeia Cooperwood, Morningside					
Name	Year	School	Finals	H#	
=====					
1	Danielle Riggins	FR Iowa Central CC	54.71M	6	
2	Neeia Cooperwood	SR Morningside	55.06M	6	
3	Skylar Dantzler	SO Iowa Central CC	55.89	6	
4	Miranda Velgersdyk	FR Dordt	57.05	6	
5	Savanah Dolezal	South Dakota St.	57.83	5	
6	Lauren Spranger	JR Northwestern (Iowa)	57.87	6	
7	Eisha Oden	FR SW Minnesota St.	58.75	6	
8	Robyn Blount	JR Dordt	59.37	5	
9	Kayla McDonald	SO South Dakota St.	1:00.15	6	
10	Emma Schmidt	FR Augustana (S.D.)	1:00.43	5	
11	Elizabeth Pille	SO Wayne St. (Neb.)	1:00.47	3	
12	Mallory Spear	SO Buena Vista	1:00.59	5	
13	Kim Shabino	FR SW Minnesota St.	1:00.90	5	
14	Cami Brenner	FR South Dakota	1:00.90	6	
15	Rachel Perish	SO Jamestown	1:01.44	4	
16	Marisa Broersma	JR Dordt	1:01.77	5	
17	Laurel Zomer	JR Dordt	1:01.99	3	
18	Karen Josendahl	FR Augustana (S.D.)	1:02.14	4	
19	Sami Smith	SR Northern State	1:02.35	5	
20	Caitlin Davis	SO Mount Marty	1:02.42	3	
21	Jordyn Oostra	FR Northwestern (Iowa)	1:02.49	3	
22	Molly Wynn	SO Northern State	1:02.61	3	
23	Morgan Hay	FR Mount Marty	1:02.83	4	
24	Taylor Hudson	SO Morningside	1:03.21	4	
25	Raquelle Mouw	FR Dordt	1:04.03	3	
26	Siera Huff	JR Dordt	1:04.37	5	
27	Nya Buom	SO SW Minnesota St.	1:04.48	2	
28	Rebecca Davenport	SR Wayne St. (Neb.)	1:04.77	4	
29	Sydnee Donnelly	SO Buena Vista	1:05.30	2	
30	Grace Stiansen	SO Sioux Falls	1:06.09	4	
31	Sara Friesen	JR Dakota State	1:06.33	2	
32	Kori Schulte	SO Northwestern (Iowa)	1:06.87	2	

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Women 400 Meter Dash UCO**

33	Kyra Stark	SO Briar Cliff	1:07.25	1
34	Paige Fast	FR Buena Vista	1:07.94	2
35	Cathryn Hanzlik	FR Sioux Falls	1:07.96	1
36	Sydney Crnkovich	SR Buena Vista	1:09.49	1
37	Tyra Laws	FR Dakota State	1:11.69	1

Women 800 Meter Run UCO

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Meet: M 2:09.89 4/17/2000 Lisbeth Pedersen, unattached				
Name	Year	School	Finals	H#
=====				
1	Mary Carr	SO Iowa Central CC	2:12.58	4
2	Kamille Kronemann	FR Iowa Central CC	2:13.71	4
3	Marisa Shady	SO South Dakota St.	2:14.64	4
4	Justine Van Zee	SO Dordt	2:15.17	4
5	Rachel Weinandt	SR South Dakota	2:16.00	4
6	Kayla Byl	JR Dordt	2:16.41	3
7	Megan Walhof	JR Northwestern (Iowa)	2:17.11	3
8	Katie Landhuis	FR Northwestern (Iowa)	2:17.58	4
9	Jessica Feldman	SO South Dakota	2:18.23	3
10	Kelsey Lewis	SO Dordt	2:18.69	4
11	Shelby Hall	JR Morningside	2:18.97	3
12	Lindsey Montileaux	SR South Dakota	2:19.26	4
13	Bobbie McLaury	SR South Dakota St.	2:19.26	3
14	Halie Mechels	FR South Dakota St.	2:19.54	3
15	Rachel Huffman	SO Sioux Falls	2:20.01	3
16	Lindsey Strait	SO South Dakota St.	2:20.27	4
17	Tiffany Shepherd	SO Morningside	2:20.41	3
18	Jasmine Stokes	SO Iowa Central CC	2:21.26	3
19	Abby De Vries	SR Dordt	2:21.33	2
20	Brooke Peterson	SR South Dakota St.	2:21.70	3
21	Michelle Mumm	FR Morningside	2:21.76	3
22	Skylar Forgey	JR Dakota Wesleyan	2:21.97	3
23	Mandy O'Malley	SO Mount Marty	2:22.15	3
24	Lindsay Joyce	FR South Dakota	2:22.76	3
25	Whitlee Larson	FR South Dakota St.	2:23.26	4
26	Sami Smith	SR Northern State	2:23.65	4
27	Martina Smith	JR Buena Vista	2:24.73	2
28	Paige Yi	FR SW Minnesota St.	2:24.89	2
29	Carly Bauer	SO Augustana (S.D.)	2:25.02	2
30	Kinsey Clark	SO Wayne St. (Neb.)	2:25.27	2
31	Sam Sinclair	FR Northwestern (Iowa)	2:25.33	1
32	Caitlin Davis	SO Mount Marty	2:26.40	3
33	Berkley Rietveld	SO Mount Marty	2:26.95	2
34	Grace Stiansen	SO Sioux Falls	2:27.31	2
35	Samantha Goff	JR Jamestown	2:27.45	2
36	Nicole Kramer	SR Briar Cliff	2:27.87	2
37	Allison Higgins	FR Morningside	2:28.53	2
38	Krista Hovland	FR Northwestern (Iowa)	2:28.87	2
39	Macy Violet	FR SW Minnesota St.	2:28.97	2
40	Lottie Grimshaw	SO South Dakota	2:29.28	2
41	Amanda Grengs	SO SW Minnesota St.	2:29.41	2
42	Polly Hendel	SR Unattached	2:29.56	2
43	Symbria Bell	FR Jamestown	2:29.66	1
44	Lindsey Gast	FR Northern State	2:30.14	2

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45	Megan Hart	FR Morningside	2:31.43	1
46	Jamie Jacobsen	FR Briar Cliff	2:31.66	1
47	Katie Bosch	FR Northwestern (Iowa)	2:32.23	1
48	Shailhyn Schweigert	FR Dakota Wesleyan	2:32.26	2
49	Kiana Hein	FR Sioux Falls	2:32.47	2
50	Courtney Brandt	SO Northern State	2:33.12	2
51	Brook Benes	FR South Dakota	2:34.46	1
52	Krista Radke	SO Mount Marty	2:35.14	1
53	Jessie Motley	SO Briar Cliff	2:35.78	1
54	Madison Kealy	FR Jamestown	2:36.65	1
55	Jasmine Glasgo	SO Morningside	2:36.75	1
56	Cathryn Hanzlik	FR Sioux Falls	2:37.70	1
57	Tiffany Jackson	SO Jamestown	2:38.10	2
58	Caitlin Bossio	JR Jamestown	2:39.23	1
59	Jordyn Visscher	SO Dordt	2:39.28	2
60	Kylie Herlihy	SO Sioux Falls	2:40.46	2
61	Lindsey Mettler	SR Sioux Falls	2:41.37	1
62	Jordan Syverson	FR Northwestern (Iowa)	2:41.39	1
63	Elizabeth Kube	JR Morningside	2:41.70	1
64	Tyra Laws	FR Dakota State	2:41.77	1
65	Suzanna Nachbar	FR Northwestern (Iowa)	2:42.23	1
66	Brooklynn Hodges	FR South Dakota	2:43.73	1
67	Tara Ronke	JR Dakota Wesleyan	2:44.06	1
68	Kate Mathes	SO Morningside	2:44.57	1

Women 1500 Meter Run UCO

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 Meet: M 4:33.71 4/12/2014 Katie Wetzstein, South Dakota

Name	Year	School	Finals	H#
1	Kayla Byl	JR Dordt	4:47.98	3
2	Justine Van Zee	SO Dordt	4:49.06	3
3	Lillie Koerner	SR Dordt	4:49.38	3
4	Brooke Peterson	SR South Dakota St.	4:50.99	3
5	Michelle Mumm	FR Morningside	4:51.40	3
6	Mary Carr	SO Iowa Central CC	4:51.61	3
7	Tiffany Shepherd	SO Morningside	4:52.01	3
8	Lindsey Strait	SO South Dakota St.	4:52.14	3
9	Abby De Vries	SR Dordt	4:53.15	3
10	Kelsey Lewis	SO Dordt	4:54.40	3
11	Skylar Forgey	JR Dakota Wesleyan	5:00.56	3
12	Lindsey Gast	FR Northern State	5:00.73	3
13	Shelby Hall	JR Morningside	5:06.93	2
14	Jordyn Hudelson	JR Mount Marty	5:10.15	2
15	Savannah Ramirez	FR SW Minnesota St.	5:11.01	2
16	Erika Douma	FR Dordt	5:11.71	2
17	Briley Hannaford	FR Morningside	5:13.16	2
18	Tangy Wiseman	FR Iowa Central CC	5:14.95	2
19	Amanda Grengs	SO SW Minnesota St.	5:15.16	2
20	Jasmine Glasgo	SO Morningside	5:15.32	2
21	Audrey Brooks	FR Dordt	5:16.99	2
22	Kinsey Clark	SO Wayne St. (Neb.)	5:19.75	1
23	Annika Henckel	FR Dordt	5:21.01	1
24	Bethany Larson	SO Morningside	5:21.36	2
25	Amber Sandbulte	SR Northwestern (Iowa)	5:21.80	2

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****...Women 1500 Meter Run UCO**

26	Courtney Brandt	SO Northern State	5:22.53	1
27	Shelby Connett	FR Wayne St. (Neb.)	5:25.18	1
28	Jessica Sawatzky	JR Northwestern (Iowa)	5:32.35	1
29	Elizabeth Kube	JR Morningside	5:34.51	1
30	Miranda Hulstein	FR Dordt	5:37.11	1
31	Bailey Matthaidess	FR Iowa Central CC	5:40.07	1
32	Suzanna Nachbar	FR Northwestern (Iowa)	5:41.12	1
33	Katlynn Schreiner	FR Morningside	5:46.33	1
34	Mariah Wills	SO Morningside	5:47.71	2
35	Joleen Wilhelm	SR Northwestern (Iowa)	5:53.75	1
36	Abby Gardiner	FR Northwestern (Iowa)	5:59.40	1
37	Angelica Gutierrez	FR Iowa Central CC	6:03.15	1
38	Abigail Chihak	SR Briar Cliff	6:58.41	1

Women 5000 Meter Run UCO

Meet: M 17:06.56 4/11/2014 Kristin Brondbo, Augustana

Name	Year	School	Finals
1	Sasha Hovind	SO Northern State	17:21.66
2	Dakotah Bullen	SO Northern State	17:38.02
3	Kim Carter	FR Iowa Central CC	19:07.31
4	Briley Hannaford	FR Morningside	19:10.70
5	Kaylie Ogle	JR Dordt	19:34.65
6	Tangy Wiseman	FR Iowa Central CC	19:45.26
7	Savannah Ramirez	FR SW Minnesota St.	19:56.19
8	Jordyn Hudelson	JR Mount Marty	19:59.81
9	Kelley Thurman	JR Northwestern (Iowa)	20:02.32
10	Tenley Schwartz	FR Sioux Falls	20:34.80
11	Molly Kingsley	SO Wayne St. (Neb.)	20:52.03
12	Mariah Wills	SO Morningside	21:18.13
13	Bailey Matthaidess	FR Iowa Central CC	21:19.29
14	Cassidy Peterson	FR Jamestown	22:08.61
15	Jen Keohen	FR SW Minnesota St.	22:20.11
16	Katie Droog	SR Dordt	22:22.07
17	Leah Oien	SO Jamestown	22:45.26
18	Angelica Gutierrez	FR Iowa Central CC	22:57.50
19	Maria Owen	JR Morningside	23:16.61

Women 10000 Meter Run UCO

Meet: M 35:44.51 4/21/1998 Stacy Johnson, Augustana

Name	Year	School	Finals
1	Kate Kaster	SO South Dakota	38:50.37
2	Courtney Chase	SR Black Hills St.	38:52.27
3	Gabi Swoboda	SR Augustana (S.D.)	39:01.14
4	Erin Wetzstein	FR South Dakota	39:19.69
5	Kristin Steffen	SR South Dakota	39:39.86
6	Cheyenne Bowers	JR South Dakota St.	39:53.06
7	Andrea DeSimone	SO Wayne St. (Neb.)	41:48.06
8	Megan Aschoff	JR Briar Cliff	48:54.95

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****Women 100 Meter Hurdles UCO**

Meet: M 14.01 4/16/1994 Anna Ratzloff, Augustana

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1		Danielle Riggins	FR Iowa Central CC	14.21q	-0.6 1
2		Altoniece Williams	SO Iowa Central CC	14.27q	+0.0 4
3		Martiesha Caines	SO Iowa Central CC	14.35q	NWI 5
4		Karen Ettleman	SR Northwestern (Iowa)	14.54q	-0.4 3
5		Robyn Blount	JR Dordt	15.20q	-0.6 2
6		Calliann Brunswig	JR Augustana (S.D.)	15.24q	-0.4 3
7		Molly Ervin	SR South Dakota	15.30q	+0.0 4
8		Kendra Van Meeteren	FR Northwestern (Iowa)	15.58q	-0.6 1
9		Endia Francois	FR Iowa Central CC	15.67	NWI 5
10		Megan Svitak	SR Wayne St. (Neb.)	15.71	-0.6 2
11		Zimmie Greene	FR Iowa Central CC	15.74	-0.6 1
12		Katie Atkins	SO Morningside	15.76	+0.0 4
13		Ellen Wulf	JR Wayne St. (Neb.)	15.89	-0.4 3
14		Kelsey Dietrich	FR Wayne St. (Neb.)	15.95	-0.6 2
15		Siera Zach	FR Wayne St. (Neb.)	16.17	-0.6 1
16		Jodi Roth	SO Briar Cliff	16.27	+0.0 4
17		Emily Mathews	FR Buena Vista	16.33	-0.6 2
18		Leandra Schlecht	SR Northern State	16.45	-0.6 2
19		Jessica Coleman	FR Iowa Central CC	16.54	-0.6 1
20		Melissa Barella	SO Augustana (S.D.)	16.70	NWI 5
21		Valerie Moos	FR Augustana (S.D.)	16.74	NWI 5
22		Elizabeth Pille	SO Wayne St. (Neb.)	16.94	+0.0 4
23		Jolynn Warnes	SR Jamestown	16.96	NWI 5
24		My'Angel Davis	SO Iowa Central CC	17.25	-0.4 3
25		Ali Achterhof	FR Northwestern (Iowa)	17.41	-0.6 1
26		Sarah Wedel	SO Northwestern (Iowa)	17.44	-0.6 1
27		Madison Spear	SO Buena Vista	17.50	-0.6 2
28		Molly Lewison	FR Buena Vista	17.59	+0.0 4
29		Rylee Armstrong	SO SW Minnesota St.	17.73	-0.4 3
30		Brittany Broersma	FR Dordt	17.74	-0.4 3
31		Emily Wolfe	FR Faith Baptist Bible	18.53	-0.6 2
32		Audra Thramer	FR Northwestern (Iowa)	19.42	-0.4 3
33		Jordyn Sohns	FR Jamestown	19.71	NWI 5
--		Hailey Cooley	JR Jamestown	DNF	-0.6 1

Women 100 Meter Hurdles UCO

Meet: M 14.01 4/16/1994 Anna Ratzloff, Augustana

Name	Year	School	Finals	Wind
Finals				
1		Danielle Riggins	FR Iowa Central CC	13.99M NWI
2		Martiesha Caines	SO Iowa Central CC	14.12 NWI
3		Karen Ettleman	SR Northwestern (Iowa)	14.32 NWI
4		Altoniece Williams	SO Iowa Central CC	14.56 NWI
5		Calliann Brunswig	JR Augustana (S.D.)	14.89 NWI
6		Robyn Blount	JR Dordt	15.30 NWI
7		Molly Ervin	SR South Dakota	15.36 NWI
8		Kendra Van Meeteren	FR Northwestern (Iowa)	17.05 NWI

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****Women 400 Meter Hurdles UCO**

Meet: M 1:00.55 4/15/1995 Anna Ratzloff, Augustana				
Name	Year	School	Finals	H#
1 Valerie Moos	FR	Augustana (S.D.)	1:03.66	2
2 My'Angel Davis	SO	Iowa Central CC	1:03.69	4
3 Altoniece Williams	SO	Iowa Central CC	1:05.07	4
4 Molly Ervin	SR	South Dakota	1:05.20	4
5 Lauren Hill	SO	South Dakota	1:05.72	4
6 Evelyn Klein	SO	South Dakota St.	1:06.25	4
7 Haili Wimer	FR	Northern State	1:06.41	4
8 Nisha Hull	JR	Briar Cliff	1:06.97	3
9 Rebecca Davenport	SR	Wayne St. (Neb.)	1:07.32	4
10 Madison Spear	SO	Buena Vista	1:07.52	3
11 Sarah Wedel	SO	Northwestern (Iowa)	1:07.73	3
12 Kati Nelson	JR	South Dakota	1:08.21	3
13 Jessica Neises	SO	Dakota Wesleyan	1:09.06	3
14 Chakeriah Fletcher	FR	Iowa Central CC	1:09.19	2
15 Jessica Coleman	FR	Iowa Central CC	1:09.23	2
16 Ali Achterhof	FR	Northwestern (Iowa)	1:09.78	2
17 Katie Atkins	SO	Morningside	1:10.11	3
18 Kendra Van Meeteren	FR	Northwestern (Iowa)	1:10.70	2
19 Desi Beckmann	JR	Briar Cliff	1:10.98	3
20 Bria Taber	SO	Jamestown	1:11.67	2
21 Emily Mathews	FR	Buena Vista	1:11.92	1
22 Kathleen Ballweber	FR	Iowa Central CC	1:12.63	4
23 Ashley Stubbs	JR	Jamestown	1:14.05	2
24 Regina Steffen	SR	Northwestern (Iowa)	1:14.80	3
25 Sheyenne Stewart	SO	Jamestown	1:17.07	1

Women 3000 Meter Steeplechase UCO

Meet: M 10:41.76 4/14/2012 Kyle Blakeslee, Augustana			
Name	Year	School	Finals
1 Samantha Goff	JR	Jamestown	11:19.23
2 Nicole Arnold	JR	Northern State	11:29.54
3 Emily Feyereisen	SR	South Dakota	11:48.15
4 Halie Mechels	FR	South Dakota St.	11:56.85
5 Lottie Grimshaw	SO	South Dakota	12:05.59
6 Allison Higgins	FR	Morningside	12:11.51
7 Kara Nitz	SR	Unattached	12:17.96
8 Megan Hart	FR	Morningside	12:24.47
9 Taylor Walters	FR	South Dakota St.	14:08.21

Women 4x100 Meter Relay UCO

Meet: M 46.88 4/16/2010 Mary, Mary K Nelson, N Coombs, M Weber, K Stewart				
School	Year	School	Finals	H#
1 Dordt 'A'			48.98	2
1) Miranda Velgersdyk	FR	2) Robyn Blount	JR	
3) Marisa Broersma	JR	4) Danielle Wubben	FR	
2 Northern State 'A'			49.25	2
1) Elizabeth Raecke	SO	2) Toni-Ann Ingram	FR	

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Women 4x100 Meter Relay UCO**

3) Molly Wynn SO	4) Makenzie Hageman JR		
3 SW Minnesota St. 'A'		50.47	2
1) Alycia Hohenstein FR	2) Kim Shabino FR		
3) Samantha McNeel SO	4) Eisha Oden FR		
4 Northwestern (Iowa) 'A'		50.84	2
1) Jahdai Dunk SO	2) Jordyn Oostra FR		
3) Jana Vermeer SO	4) Bailey Kennedy SO		

Women 4x200 Meter Relay UCO

Meet: M 1:39.71 4/16/1994 South Dakota, South Dakota
M. Christie J. Bowne C. McFarland M. Brown

School Finals H#

1 South Dakota St. 'A'		1:45.18	2
1) Vanessa Lane FR	2) Megan Viland SR		
3) Kayla McDonald SO	4) Evelyn Klein SO		
2 Northwestern (Iowa) 'A'		1:46.41	2
1) Jahdai Dunk SO	2) Kecia Caudill FR		
3) Bailey Kennedy SO	4) Lauren Spranger JR		
3 Northern State 'A'		1:48.30	2
1) Elizabeth Raecke SO	2) Toni-Ann Ingram FR		
3) Haili Wimer FR	4) Molly Wynn SO		
4 Iowa Central CC 'A'		1:48.79	2
1) Cece Mulbah FR	2) Jessica Coleman FR		
3) Meghan Barum FR	4) Chakeriah Fletcher FR		
5 SW Minnesota St. 'A'		1:48.86	2
1) Alycia Hohenstein FR	2) Eisha Oden FR		
3) Samantha McNeel SO	4) Kim Shabino FR		
6 Dordt 'B'		1:50.64	2
1) Leah Breon FR	2) Sarah Faber JR		
3) Laurel Zomer JR	4) Brittany Broersma FR		
7 Morningside 'A'		1:53.63	2
1) Katie Atkins SO	2) Taylor Hudson SO		
3) Kim Hokinson FR	4) Taja Prince FR		

Women 4x400 Meter Relay UCO

Meet: M 3:49.05 4/22/1992 North Dakota State, North Dako
Ristau, Koehn, Kelly, Faus

School Finals H#

1 Iowa Central CC 'A'		3:55.29	3
1) Skylar Dantzler SO	2) Mary Carr SO		
3) Endia Francois FR	4) Chrissa Harris SO		
2 Northwestern (Iowa) 'A'		3:56.38	3
1) Megan Walhof JR	2) Katie Landhuis FR		
3) Kendra Van Meeteren FR	4) Lauren Spranger JR		
3 Morningside 'A'		3:58.17	3
1) Neeia Cooperwood SR	2) Tori Figge SO		
3) Michelle Mumm FR	4) Shelby Hall JR		
4 Dordt 'A'		4:01.62	3
1) Miranda Velgersdyk FR	2) Marisa Broersma JR		
3) Raquelle Mouw FR	4) Robyn Blount JR		
5 Wayne St. (Neb.) 'A'		4:05.71	3

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Women 4x400 Meter Relay UCO**

1) Elizabeth Pille SO	2) Mary Alderson SO		
3) Kelsey Dietrich FR	4) Rebecca Davenport SR		
6 Dordt 'B'		4:07.41	3
1) Danielle Wubben FR	2) Siera Huff JR		
3) Laurel Zomer JR	4) Justine Van Zee SO		
7 Dordt 'C'		4:11.81	3
1) Kelsey Lewis SO	2) Kayla Byl JR		
3) Lillie Koerner SR	4) Jordyn Visscher SO		
8 SW Minnesota St. 'A'		4:18.12	3
1) Macy Violet FR	2) Nya Buom SO		
3) Paige Yi FR	4) Amanda Grengs SO		
9 Morningside 'B'		4:27.35	3
1) Taylor Hudson SO	2)		
3) Katie Atkins SO	4) Tiffany Shepherd SO		

Women 4x800 Meter Relay UCO

Meet: M 9:13.39 4/14/2012 South Dakota, South Dakota
R Weinandt, N Newman, K Mullen, E Ladwig

School Finals

1 Iowa Central CC 'A'		9:26.52	
1) Kamille Kronemann FR	2) Chrissa Harris SO		
3) Mary Carr SO	4) Lindsay Roberts SO		
2 Northwestern (Iowa) 'A'		9:44.89	
1) Megan Walhof JR	2) Katie Landhuis FR		
3) Katie Bosch FR	4) Krista Hovland FR		
3 Jamestown 'A'		10:34.87	
1) Rachel Perish SO	2) Symbria Bell FR		
3) Tiffany Jackson SO	4) Madison Kealy FR		

Women 1600 Sprint Medley UCO

Meet: M 4:08.53 4/20/2000 North Dakota State, North D
J. Theeler T. Wigley-Bundy C. Ward R Kraft

School Finals

1 Northern State 'A'		4:14.87	
1) Toni-Ann Ingram FR	2) Haili Wimer FR		
3) Elizabeth Raecke SO	4) Sami Smith SR		
2 Iowa Central CC 'A'		4:16.84	
1) Skylar Dantzler SO	2) Altoniece Williams SO		
3) Kathleen Ballweber FR	4) Jasmine Stokes SO		
3 SW Minnesota St. 'A'		4:24.79	
1) Kim Shabino FR	2) Samantha McNeel SO		
3) Eisha Oden FR	4) Paige Yi FR		
-- Northwestern (Iowa) 'A'			DQ
1) Mallory Bjork FR	2) Abigail Stevens JR		
3) Callie Buske JR	4) Sam Sinclair FR		

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

Olsen Stadium

Results

Women High Jump UCO

Meet: M 5-10.75 4/14/2012 Megan Glisar, Morningside						
Name	Year	School	Finals			
1 Mycah Hulst	JR	Dordt	1.68m	5-06.00		
1.48 1.53 1.58 1.63 1.68 1.75						
P P P O O XXX						
2 Martiesha Caines	SO	Iowa Central CC	1.63m	5-04.25		
1.48 1.53 1.58 1.63 1.68						
P P O O XXX						
3 Heather Showers	FR	Dordt	J1.63m	5-04.25		
1.48 1.53 1.58 1.63 1.68						
P O XO XXO XXX						
4 Alexis Clark	FR	South Dakota	1.58m	5-02.25		
1.48 1.53 1.58 1.63						
XO O O XXX						
5 Karen Ettleman	SR	Northwestern (Iowa)	J1.58m	5-02.25		
1.48 1.53 1.58 1.63						
O XO O XXX						
6 Katlyn Sawtelle	SR	Sioux Falls	1.53m	5-00.25		
1.48 1.53 1.58						
O XO XXX						
6 Leandra Schlecht	SR	Northern State	1.53m	5-00.25		
1.48 1.53 1.58						
O XO XXX						
6 Sarah Quinlivan	FR	South Dakota	1.53m	5-00.25		
1.48 1.53 1.58						
O O XXX						
6 Monique Mack	FR	South Dakota St.	1.53m	5-00.25		
1.48 1.53 1.58						
P XO XXX						
6 Megan Svitak	SR	Wayne St. (Neb.)	1.53m	5-00.25		
1.48 1.53 1.58						
O O XXX						
6 Zimmie Greene	FR	Iowa Central CC	1.53m	5-00.25		
1.48 1.53 1.58						
P O XXX						
6 Melissa Barella	SO	Augustana (S.D.)	1.53m	5-00.25		
1.48 1.53 1.58						
XXO XXO XXX						
6 Taylor Brown	SR	Jamestown	1.53m	5-00.25		
1.48 1.53 1.58						
O O XXX						
14 Kelsey Poppen	FR	Dakota State	1.48m	4-10.25		
1.48 1.53						
XXO XXX						
14 Rylee Armstrong	SO	SW Minnesota St.	1.48m	4-10.25		
1.48 1.53						
O XXX						
-- Faith Voehl	FR	Sioux Falls	NH			
1.48						
XXX						
-- Natalie Hulst	FR	Dordt	NH			
1.48						
XXX						

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

Olsen Stadium

Results

....Women High Jump UCO

-- Niki Schmitz	JR Jamestown	NH
1.48		
XXX		
-- Jolynn Warnes	SR Jamestown	NH
1.48		
XXX		
-- Haylee Biel	FR Northern State	NH
1.48		
XXX		
-- Courtney Kjeldgaard	JR Jamestown	NH
1.48		
XXX		

Women Pole Vault UCO

Meet: M 13-06 4/14/2012 Emily Grove, South Dakota

Name	Year	School	Finals
1 Courtney Crandall	JR	Unattached	3.50m 11-05.75
2.75 2.90 3.05 3.20 3.35 3.50 3.65			
P P P P P O XXX			
2 Katie Rutcosky	SR	Sioux Falls	J3.50m 11-05.75
2.75 2.90 3.05 3.20 3.35 3.50 3.65			
P P P O XO O XXX			
3 Megan Muller	SO	Sioux Falls	J3.50m 11-05.75
2.75 2.90 3.05 3.20 3.35 3.50 3.65			
P P P P O XO XXX			
4 Sophie Harano	SR	Sioux Falls	3.35m 10-11.75
2.75 2.90 3.05 3.20 3.35 3.50			
P P P P O XXX			
5 Tara Starzec	SO	Sioux Falls	J3.35m 10-11.75
2.75 2.90 3.05 3.20 3.35 3.50			
P P P XO XO XXX			
6 Logan Amdahl	SO	South Dakota St.	3.20m 10-06.00
2.75 2.90 3.05 3.20 3.35			
P P O O XXX			
7 Courtney Trapp	SO	South Dakota St.	J3.20m 10-06.00
2.75 2.90 3.05 3.20			
P O XO XXO			
8 Elizabeth Molitor	SO	South Dakota St.	3.05m 10-00.00
2.75 2.90 3.05 3.20			
O O O XXX			
8 Emily Boyle	FR	Mount Marty	3.05m 10-00.00
2.75 2.90 3.05 3.20			
O O O XXX			
10 Josie Bopp	SR	Jamestown	2.75m 9-00.25
2.75 2.90			
O XXX			
10 Christina Herrboldt	FR	Mount Marty	2.75m 9-00.25
2.75 2.90			
XO XXX			
-- Maddi Bauer	FR	Dakota Wesleyan	NH
2.75			
XXX			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****...Women Pole Vault UCO**

-- Emerald Gyuricza	JR Jamestown	NH
2.75 2.90 3.05		
P P XXX		
-- Keiley Sampson	SR Jamestown	NH
2.75		
XXX		
-- Ashley Bellm	SO Jamestown	NH
2.75		
XXX		

Women Long Jump UCO

Meet: M 19-11.75 4/13/2013 Neeia Cooperwood, Morningside						
Name	Year	School	Finals	Wind		
1 Elizabeth Bohlmann	FR	Morningside	5.47m	+0.0	17-11.50	
5.19m(+0.0) FOUL		5.26m(-0.1) 5.04m(2.6) FOUL	5.47m(+0.0)			
2 Destiny Carter	SO	Iowa Central CC	5.46m	+0.0	17-11.00	
5.46m(+0.0) 5.35m(-0.1) FOUL						
3 Karen Ettleman	SR	Northwestern (Iowa)	5.43m	+0.0	17-09.75	
FOUL 5.22m(1.0) FOUL		5.43m(+0.0) FOUL	FOUL			
4 Leandra Schlecht	SR	Northern State	5.31m	+0.0	17-05.25	
4.69m(+0.0) 5.20m(0.8) 4.84m(+0.0) FOUL		5.31m(+0.0) 5.16m(-0.1)				
5 Martiesha Caines	SO	Iowa Central CC	5.21m	+0.0	17-01.25	
5.21m(+0.0) 4.89m(+0.0) FOUL						
6 Jada Carr	FR	Sioux Falls	5.18m	+0.0	17-00.00	
5.18m(+0.0) FOUL		FOUL				
7 Holly Hegge	SR	Mount Marty	5.12m	+0.0	16-09.75	
5.12m(+0.0) 4.90m(0.4) 4.76m(+0.0)						
8 Abbey VanDenBerg	SR	Mount Marty	4.99m	+0.0	16-04.50	
FOUL 4.76m(0.1) 4.99m(+0.0)						
9 Kara Koth	FR	Sioux Falls	4.95m	-0.3	16-03.00	
4.95m(-0.3) 4.63m(+0.0) 4.82m(+0.0)						
10 Ellen Wulf	JR	Wayne St. (Neb.)	4.93m	2.1	16-02.25	
4.78m(+0.0) 4.93m(2.1) FOUL						
11 Natalie Van Essen	SO	Dordt	4.83m	+0.0	15-10.25	
FOUL FOUL 4.83m(+0.0)						
12 Calliann Brunswig	JR	Augustana (S.D.)	4.82m	+0.0	15-09.75	
4.82m(+0.0) FOUL		FOUL				
13 Samantha McNeel	SO	SW Minnesota St.	4.80m	+0.0	15-09.00	
FOUL 4.80m(+0.0) 4.71m(+0.0)						
14 Danielle Wubben	FR	Dordt	4.78m	+0.0	15-08.25	
4.78m(+0.0) 4.69m(+0.0) FOUL						
14 Jolynn Warnes	SR	Jamestown	4.78m	+0.0	15-08.25	
4.64m(-0.1) 4.78m(+0.0) 4.63m(+0.0)						
16 Morganne Haer	SO	Buena Vista	4.75m	+0.0	15-07.00	
FOUL FOUL 4.75m(+0.0)						
17 Bailey Blood	FR	Sioux Falls	4.74m	+0.0	15-06.75	
FOUL FOUL 4.74m(+0.0)						
18 Josie Bopp	SR	Jamestown	4.72m	+0.0	15-06.00	
4.72m(+0.0) ND(NWI) 4.58m(+0.0)						
19 Sarah Faber	JR	Dordt	4.67m	+0.0	15-04.00	
FOUL 4.66m(0.1) 4.67m(+0.0)						
20 Tascha Donnelly	JR	Briar Cliff	4.60m	+0.0	15-01.25	
4.42m(+0.0) FOUL 4.60m(+0.0)						

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Women Long Jump UCO**

20	Melissa Barella	SO Augustana (S.D.)	4.60m	+0.0	15-01.25
	4.21m(+0.0) 4.47m(+0.0) 4.60m(+0.0)				
20	Josie Ostermann	FR Northern State	4.60m	+0.0	15-01.25
	4.60m(+0.0) 4.52m(+0.0) 4.60m(+0.0)				
23	Jacie White	SR Northwestern (Iowa)	4.56m	+0.0	14-11.50
	4.56m(+0.0) 4.56m(+0.0) 4.54m(+0.0)				
23	Caitlin Davis	SO Mount Marty	4.56m	+0.0	14-11.50
	4.45m(+0.0) 4.56m(+0.0) 4.45m(+0.0)				
25	Laura Eberly	SR Buena Vista	4.45m	+0.0	14-07.25
	4.24m(-0.2) 4.18m(-0.1) 4.45m(+0.0)				
26	Sonya Hagberg	SO Northwestern (Iowa)	4.41m	+0.0	14-05.75
	4.14m(+0.0) 4.41m(+0.0) 4.33m(+0.0)				
27	Zimmie Greene	FR Iowa Central CC	4.31m	+0.0	14-01.75
	4.31m(+0.0) ND(NWI) 4.23m(+0.0)				
28	Shania Wunschel	FR Buena Vista	4.28m	+0.0	14-00.50
	FOUL FOUL 4.28m(+0.0)				
29	Maggie Rauh	FR Sioux Falls	4.19m	+0.0	13-09.00
	FOUL FOUL 4.19m(+0.0)				
30	Jackie Geiseman	FR Northwestern (Iowa)	4.18m	-0.3	13-08.75
	FOUL 4.12m(+0.0) 4.18m(-0.3)				
30	Audra Thramer	FR Northwestern (Iowa)	4.18m	+0.0	13-08.75
	4.15m(0.2) 4.18m(+0.0) FOUL				
32	Courtney Kjeldgaard	JR Jamestown	4.17m	+0.0	13-08.25
	4.03m(+0.0) 4.17m(+0.0) 4.09m(+0.0)				
33	Ellen Bucher	SR Briar Cliff	4.03m	-0.1	13-02.75
	FOUL 4.03m(-0.1) FOUL				
34	Lindsay Meyer	FR Buena Vista	3.75m	-0.5	12-03.75
	3.75m(-0.5) FOUL ND(NWI)				
--	Neeia Cooperwood	SR Morningside	FOUL		
	FOUL FOUL FOUL				
--	Shaniese Quist	FR Dordt	FOUL		
	FOUL FOUL FOUL				

Women Triple Jump UCO

Meet: M 37-11 4/22/2002 Brianne Vette, South Dakota

Name Year School Finals Wind

1	Ethanity Dunn	SO Iowa Central CC	11.69m	+0.0	38-04.25
	11.45m(+0.0) FOUL FOUL 11.44m(+0.0) 11.65m(0.7) 11.69m(+0.0)				
2	Abbey VanDenBerg	SR Mount Marty	J11.69m	0.8	38-04.25
	11.42m(+0.0) FOUL FOUL 11.69m(0.8) FOUL 11.31m(+0.0)				
3	Kaylynn Erlandson	JR Augustana (S.D.)	11.25m	+0.0	36-11.00
	10.78m(+0.0) FOUL FOUL FOUL FOUL 11.25m(+0.0)				
4	Rylee Armstrong	SO SW Minnesota St.	11.11m	+0.0	36-05.50
	FOUL 10.91m(0.4) 10.85m(+0.0) 10.25m(+0.0) 10.94m(+0.0) 11.11m(+0.0)				
5	Tascha Donnelly	JR Briar Cliff	10.84m	+0.0	35-06.75
	FOUL FOUL 10.51m(0.1) FOUL 10.60m(+0.0) 10.84m(+0.0)				
6	Raquelle Mouw	FR Dordt	10.73m	0.8	35-02.50
	FOUL FOUL 10.73m(0.8) 10.25m(+0.0) 10.66m(+0.0) FOUL				
7	Coley Stoller	FR Augustana (S.D.)	10.66m	+0.0	34-11.75
	10.52m(+0.0) FOUL 10.66m(+0.0) 10.15m(1.0) FOUL(+0.0) 10.48m(+0.0)				
8	Allyson Austin	SR Northwestern (Iowa)	10.64m	1.3	34-11.00
	10.64m(1.3) FOUL 10.45m(+0.0) 10.46m(+0.0) FOUL FOUL				

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9	Maddie Viator	FR	Sioux Falls	10.56m	+0.0	34-07.75
	10.56m(+0.0)	10.29m(+0.0)	FOUL	10.10m(+0.0)	10.39m(+0.0)	10.00m(+0.0)
10	Ellen Bucher	SR	Briar Cliff	10.24m	+0.0	33-07.25
	9.95m(1.3)	10.24m(+0.0)	FOUL			
11	Kara Koth	FR	Sioux Falls	10.16m	+0.0	33-04.00
	FOUL	10.16m(+0.0)	FOUL			
12	Jada Carr	FR	Sioux Falls	10.14m	+0.0	33-03.25
	10.01m(+0.0)	FOUL	10.14m(+0.0)			
13	Sarah Quinlivan	FR	South Dakota	9.97m	-0.1	32-08.50
	9.90m(+0.0)	9.93m(+0.0)	9.97m(-0.1)			
14	Ali Haines	SR	South Dakota	9.90m	0.7	32-05.75
	9.86m(0.6)	9.90m(0.7)	9.82m(+0.0)			
15	Faith Voehl	FR	Sioux Falls	9.81m	0.2	32-02.25
	9.81m(0.2)	9.33m(+0.0)	FOUL			
16	Josie Bopp	SR	Jamestown	9.77m	2.0	32-00.75
	FOUL	9.77m(2.0)	9.46m(0.7)			
17	Abby Fossum	SR	Dakota Wesleyan	9.73m	+0.0	31-11.25
	9.42m(+0.0)	FOUL	9.73m(+0.0)			
18	Ashley Bellm	SO	Jamestown	9.58m	1.0	31-05.25
	9.08m(1.3)	9.58m(1.0)	9.35m(+0.0)			
19	Katarina Kuhlman	FR	SW Minnesota St.	9.57m	+0.0	31-04.75
	FOUL	FOUL	9.57m(+0.0)			
20	Emily Haase	SO	South Dakota	9.54m	+0.0	31-03.75
	FOUL	FOUL	9.54m(+0.0)			
21	Sonya Hagberg	SO	Northwestern (Iowa)	9.39m	0.5	30-09.75
	FOUL	9.39m(0.5)	FOUL			
22	Jackie Geiseman	FR	Northwestern (Iowa)	9.36m	0.7	30-08.50
	9.03m(+0.0)	8.93m(+0.0)	9.36m(0.7)			
23	Courtney Kjeldgaard	JR	Jamestown	8.89m	0.3	29-02.00
	8.89m(0.3)	8.83m(-0.5)	FOUL			

Women Shot Put UCO

Meet: M 59-07 4/18/2009 Rachel Jansen, unattached						
Name	Year	School	Finals			
1 Sara Wells	SR	Wayne St. (Neb.)	16.38m	53-09.00		
			16.34m	16.38m	16.37m	15.91m FOUL FOUL
2 Janeah Stewart	FR	Iowa Central CC	14.96m	49-01.00		
			13.87m	13.53m	FOUL	FOUL 14.84m 14.96m
3 Shandan Platt	FR	Wayne St. (Neb.)	13.47m	44-02.50		
			12.12m	12.11m	12.43m	12.96m 13.47m 12.46m
4 Mariah Nelson	SR	Northern State	13.00m	42-08.00		
			12.79m	FOUL	FOUL	12.59m 13.00m FOUL
5 Marissa Whipple	SR	Sioux Falls	12.93m	42-05.25		
			12.29m	FOUL	12.24m	FOUL 12.37m 12.93m
6 Allison Cross	SO	Mount Marty	12.79m	41-11.50		
			FOUL	12.42m	12.36m	12.41m 12.79m FOUL
7 Alexis Chiles	FR	Iowa Central CC	12.69m	41-07.75		
			12.69m	FOUL	12.52m	FOUL FOUL FOUL
8 Cassidy Wright	SO	Sioux Falls	12.44m	40-09.75		
			12.44m	11.78m	FOUL	FOUL 12.16m FOUL
9 Andrea Urban	FR	Briar Cliff	12.30m	40-04.25		
			12.03m	12.30m	FOUL	11.69m 12.20m FOUL

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

Olsen Stadium

Results

....Women Shot Put UCO

10	Haley Hinseth	JR Sioux Falls	12.19m	40-00.00
	11.65m 12.19m 11.84m			
11	Autumn Schulz	SO Northern State	12.00m	39-04.50
	11.16m 11.70m 12.00m			
12	Molly Hutchins	SR Buena Vista	11.94m	39-02.25
	11.94m 11.28m FOUL			
13	Meagan Anderson	FR Morningside	11.89m	39-00.25
	11.89m 11.40m 11.53m			
14	Michaela Dendinger	SO Wayne St. (Neb.)	11.82m	38-09.50
	11.37m 11.79m 11.82m			
15	Taylor Woods	SO Morningside	11.80m	38-08.75
	11.35m 11.48m 11.80m			
16	Kaylee Blake	SO Briar Cliff	11.75m	38-06.75
	11.66m 11.75m FOUL			
17	Naomi Dalton	FR SW Minnesota St.	11.72m	38-05.50
	11.67m FOUL 11.72m			
18	Tessa Adelmann	FR Northern State	11.59m	38-00.25
	10.94m 11.38m 11.59m			
19	Kylie Martin	SO Dakota State	11.28m	37-00.25
	FOUL 11.28m 11.07m			
20	Hannah Shie	JR Northwestern (Iowa)	11.25m	36-11.00
	FOUL 11.25m 10.73m			
21	Clara Schild	SO Dakota State	11.18m	36-08.25
	11.09m 11.18m 10.88m			
22	Ashley Currey	JR Dakota State	11.16m	36-07.50
	11.16m 10.89m FOUL			
23	Jennifer Brandt	JR Jamestown	10.85m	35-07.25
	10.54m 10.70m 10.85m			
24	Cristyn Eischeid	FR Buena Vista	10.70m	35-01.25
	10.70m FOUL FOUL			
25	Morgan Citterman	FR Mount Marty	10.25m	33-07.50
	10.06m 9.85m 10.25m			
26	Holly Brock	FR Morningside	9.98m	32-09.00
	9.98m FOUL FOUL			
27	Kaylee Van Voorst	FR Morningside	9.85m	32-03.75
	FOUL 9.85m FOUL			
28	Rebecca Nord	FR Jamestown	9.82m	32-02.75
	9.82m 9.48m FOUL			
29	Morgan Martin	FR Jamestown	9.39m	30-09.75
	9.39m 9.21m FOUL			
30	Courtney Albers	FR Dakota Wesleyan	8.75m	28-08.50
	FOUL FOUL 8.75m			
31	Melissa Barella	SO Augustana (S.D.)	7.58m	24-10.50
	FOUL 7.58m FOUL			
--	Breann Jackson	JR Northern State	FOUL	
	FOUL FOUL FOUL			

Women Discus Throw UCO

Meet: M 168-00 4/20/1998 Nancy Overman, South Dakota State				
Name	Year	School	Finals	
1 Sara Wells		SR Wayne St. (Neb.)	48.41m	158-10
		46.87m FOUL 47.86m 46.43m 48.41m FOUL		

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Women Discus Throw UCO**

2	Silvia Zanini	SO South Dakota St.	47.14m	154-08
	47.14m 45.86m FOUL 45.66m 39.96m FOUL			
3	Kacie O'Connor	FR Wayne St. (Neb.)	42.60m	139-09
	41.01m 42.45m FOUL 42.60m FOUL FOUL			
4	Kaylee Blake	SO Briar Cliff	42.29m	138-09
	FOUL 37.72m 40.93m 38.58m FOUL 42.29m			
5	Janeah Stewart	FR Iowa Central CC	41.83m	137-03
	FOUL 40.00m FOUL FOUL 36.79m 41.83m			
6	Kae Januschka	JR South Dakota St.	41.68m	136-09
	41.68m 40.95m 0.41m 39.75m FOUL 40.32m			
7	Mariah Nelson	SR Northern State	41.22m	135-03
	40.12m 38.17m 41.22m 40.15m 37.65m 39.73m			
8	Jordan Edison	SR Unattached	40.07m	131-05
	40.07m 38.39m 36.26m 34.94m 37.57m 37.38m			
9	Ashley Ostrem	SO Sioux Falls	39.68m	130-02
	36.99m 39.49m 35.80m 36.37m 39.68m 39.08m			
10	Naomi Dalton	FR SW Minnesota St.	38.07m	124-11
	37.09m 35.29m 38.07m			
11	Cassidy Wright	SO Sioux Falls	37.97m	124-07
	36.55m FOUL 37.97m			
12	Haley Hinseth	JR Sioux Falls	37.16m	121-11
	FOUL 37.16m FOUL			
13	Arianne Gesell	JR Northwestern (Iowa)	37.14m	121-10
	34.33m 37.14m 35.89m			
14	Jackie Brungardt	JR Briar Cliff	37.06m	121-07
	37.06m FOUL FOUL			
15	Kassandra Harris	FR Northern State	36.75m	120-07
	35.55m 36.75m FOUL			
16	Shandan Platt	FR Wayne St. (Neb.)	36.70m	120-05
	36.70m FOUL FOUL			
17	Hannah Steele	SO Sioux Falls	36.64m	120-02
	32.99m 36.64m FOUL			
18	Alexis Chiles	FR Iowa Central CC	36.36m	119-03
	36.36m FOUL FOUL			
19	Casey Schuster	SO Morningside	36.06m	118-04
	35.19m FOUL 36.06m			
20	Tina Ageson	JR Buena Vista	35.78m	117-05
	FOUL 33.41m 35.78m			
21	Kaylee Van Voorst	FR Morningside	35.10m	115-02
	FOUL FOUL 35.10m			
21	Elizabeth Szymonski	SO South Dakota	35.10m	115-02
	34.39m 34.17m 35.10m			
23	Molly Hutchins	SR Buena Vista	34.99m	114-09
	34.99m 34.59m FOUL			
24	Bekah Mead	SO Dordt	34.93m	114-07
	34.93m 32.53m 33.14m			
25	Molly Cunard	FR Northwestern (Iowa)	34.76m	114-00
	32.07m 34.76m 32.50m			
26	Taylor Woods	SO Morningside	34.44m	113-00
	34.44m 33.89m FOUL			
27	Ashley Currey	JR Dakota State	34.37m	112-09
	FOUL 34.37m FOUL			
28	Morgan Martin	FR Jamestown	34.35m	112-08
	34.35m 32.64m FOUL			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Women Discus Throw UCO**

29 Savannah Clapper	JR Northwestern (Iowa)	34.32m	112-07
FOUL 34.32m FOUL			
30 Andrea Urban	FR Briar Cliff	34.10m	111-10
34.07m 34.10m 32.52m			
31 Christina Vanderbyl	SO Northwestern (Iowa)	34.04m	111-08
31.05m FOUL 34.04m			
32 Hannah Shie	JR Northwestern (Iowa)	33.24m	109-01
FOUL 33.24m FOUL			
33 Jennifer Brandt	JR Jamestown	32.85m	107-09
FOUL 32.85m 31.64m			
34 Candice Howell	FR Northwestern (Iowa)	32.15m	105-06
32.00m 32.15m FOUL			
35 Rhiannon Sears	FR SW Minnesota St.	32.03m	105-01
30.30m FOUL 32.03m			
36 Meghan Kratofil	JR Jamestown	31.45m	103-02
FOUL 29.81m 31.45m			
37 Adrienne Bishop	SR Northwestern (Iowa)	31.20m	102-04
FOUL FOUL 31.20m			
38 Angela Prokosch	FR SW Minnesota St.	29.40m	96-05
FOUL 29.40m FOUL			
39 Kylie Martin	SO Dakota State	29.25m	95-11
FOUL FOUL 29.25m			
40 Morgan Citterman	FR Mount Marty	28.75m	94-04
28.75m FOUL FOUL			
41 Tyra Patzlaff	FR Dakota Wesleyan	28.25m	92-08
FOUL 28.25m FOUL			
42 Clara Schild	SO Dakota State	27.77m	91-01
FOUL 27.77m FOUL			
43 Katie Brandt	FR Jamestown	25.38m	83-03
FOUL 25.38m FOUL			
44 Rebecca Nord	FR Jamestown	22.18m	72-09
FOUL FOUL 22.18m			
-- Michaela Dendinger	SO Wayne St. (Neb.)	FOUL	
FOUL FOUL FOUL			

Women Hammer Throw UCO

Meet: M 194-10 4/13/2012 Lachel Milander, unattached

Name Year School Finals

1 Carly Fehringer	SR Unattached	63.80m	209-04
FOUL 63.80m 61.34m 59.51m 62.72m 63.29m			
2 Sara Wells	SR Wayne St. (Neb.)	54.38m	178-05
50.49m 51.75m 52.76m FOUL 52.19m 54.38m			
3 Michaela Dendinger	SO Wayne St. (Neb.)	52.47m	172-02
50.04m 52.47m 51.63m 51.93m 50.78m 52.09m			
4 Silvia Zanini	SO South Dakota St.	51.63m	169-05
FOUL 51.63m 48.94m 49.81m FOUL FOUL			
5 Kyndra Sturm	JR Wayne St. (Neb.)	50.01m	164-01
46.35m 50.01m FOUL 48.42m 48.96m FOUL			
6 Janeah Stewart	FR Iowa Central CC	49.21m	161-05
40.11m 48.82m FOUL FOUL 49.21m FOUL			
7 Shandan Platt	FR Wayne St. (Neb.)	48.80m	160-01
46.70m 47.74m FOUL FOUL 48.22m 48.80m			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Women Hammer Throw UCO**

8	Autumn Schulz	SO Northern State	45.98m	150-10
	45.98m 45.66m FOUL FOUL FOUL 40.77m			
9	Mariah Nelson	SR Northern State	44.24m	145-02
	41.85m 41.70m 44.24m FOUL 43.53m 43.92m			
10	Breann Jackson	JR Northern State	43.86m	143-11
	FOUL 43.86m FOUL			
11	Tessa Ives	FR Wayne St. (Neb.)	43.62m	143-01
	43.62m 41.72m 40.99m			
12	Adrienne Bishop	SR Northwestern (Iowa)	43.48m	142-08
	41.45m 41.69m 43.48m			
13	Amy Wockenfuss	SO Northern State	43.33m	142-02
	FOUL FOUL 43.33m			
14	Tina Ageson	JR Buena Vista	42.61m	139-09
	38.92m FOUL 42.61m			
15	Kae Januschka	JR South Dakota St.	42.35m	138-11
	40.35m 40.75m 42.35m			
16	Hannah Steele	SO Sioux Falls	42.05m	137-11
	FOUL 42.05m 41.10m			
17	Ashley Currey	JR Dakota State	41.90m	137-06
	36.94m 41.90m 41.51m			
18	Kassandra Harris	FR Northern State	41.70m	136-10
	40.70m 41.70m 40.98m			
19	Kaylee McMacken	SR Sioux Falls	41.68m	136-09
	38.80m 41.35m 41.68m			
20	Marissa Whipple	SR Sioux Falls	41.32m	135-07
	39.55m 41.32m 40.00m			
21	Haley Hinseth	JR Sioux Falls	41.00m	134-06
	39.36m 40.86m 41.00m			
22	Naomi Dalton	FR SW Minnesota St.	40.98m	134-05
	40.98m 40.87m FOUL			
23	Alexis Chiles	FR Iowa Central CC	40.76m	133-09
	40.76m FOUL FOUL			
24	Molly Hutchins	SR Buena Vista	39.80m	130-07
	39.80m FOUL FOUL			
25	Allison Cross	SO Mount Marty	39.41m	129-03
	39.41m FOUL 38.79m			
26	Clara Schild	SO Dakota State	38.86m	127-06
	37.71m 38.86m 37.18m			
27	Christina Vanderbyl	SO Northwestern (Iowa)	38.43m	126-01
	36.16m FOUL 38.43m			
28	Meghan Kratofil	JR Jamestown	38.38m	125-11
	37.59m 37.99m 38.38m			
29	Bekah Mead	SO Dordt	38.12m	125-01
	37.35m 38.12m FOUL			
30	Kylie Martin	SO Dakota State	37.91m	124-04
	FOUL 37.79m 37.91m			
31	Ashley Ostrem	SO Sioux Falls	37.88m	124-03
	35.56m 37.88m 37.13m			
32	Jennifer Brandt	JR Jamestown	37.86m	124-02
	37.36m 37.86m FOUL			
32	Savannah Clapper	JR Northwestern (Iowa)	37.86m	124-02
	37.86m FOUL 37.33m			
34	Rhiannon Sears	FR SW Minnesota St.	37.40m	122-08
	34.64m 37.40m FOUL			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

Olsen Stadium

Results

....Women Hammer Throw UCO

35	Cristyn Eischeid	FR Buena Vista	37.30m	122-04
	35.32m FOUL 37.30m			
36	Angela Prokosch	FR SW Minnesota St.	37.03m	121-06
	34.85m 37.03m FOUL			
37	Candice Howell	FR Northwestern (Iowa)	35.79m	117-05
	FOUL 34.02m 35.79m			
38	Tessa Adelman	FR Northern State	35.60m	116-09
	35.60m 34.10m 34.34m			
39	Rebecca Nord	FR Jamestown	34.95m	114-08
	31.07m 34.95m 34.39m			
40	Taylor Woods	SO Morningside	34.76m	114-00
	FOUL 34.76m 33.92m			
41	Meagan Anderson	FR Morningside	34.70m	113-10
	34.70m FOUL FOUL			
42	Holly Brock	FR Morningside	32.53m	106-09
	FOUL FOUL 32.53m			
43	Kaylee Van Voorst	FR Morningside	30.72m	100-09
	30.72m FOUL FOUL			
44	Katie Brandt	FR Jamestown	28.28m	92-09
	FOUL 28.28m FOUL			
45	Tyra Patzlaff	FR Dakota Wesleyan	28.08m	92-01
	28.08m FOUL FOUL			
46	Morgan Citterman	FR Mount Marty	26.62m	87-04
	FOUL 26.62m FOUL			
--	Courtney Albers	FR Dakota Wesleyan	FOUL	
	FOUL FOUL FOUL			

Women Javelin Throw UCO

Meet: M 151-04 4/13/2013 Meghan Dennis, South Dakota

Name Year School Finals

1	Emily Keim	JR Morningside	35.05m	115-00
	FOUL 31.70m 35.05m FOUL FOUL FOUL			
2	Trevez Bridgewater	SO Northern State	34.64m	113-08
	FOUL 34.64m FOUL FOUL 32.19m FOUL			
3	Michaela Schlecht	SO Northern State	33.03m	108-04
	32.22m 32.66m FOUL 33.03m FOUL FOUL			
4	Haylee Biel	FR Northern State	32.72m	107-04
	32.72m 32.30m 32.34m 31.89m 31.07m 32.12m			
5	Brittany Carman	SR Dordt	31.75m	104-02
	26.84m 30.15m 31.75m FOUL FOUL FOUL			
6	Madison Fisher	SR Morningside	30.84m	101-02
	30.75m 29.46m FOUL FOUL 30.50m 30.84m			
7	Kaylee Van Voorst	FR Morningside	30.78m	101-00
	FOUL 28.82m 30.53m 30.78m 30.35m 29.86m			
8	Autumn Schulz	SO Northern State	30.22m	99-02
	30.12m 30.22m 28.80m 28.25m 28.00m 29.22m			
9	Meagan Anderson	FR Morningside	29.73m	97-06
	29.73m 25.37m 26.80m FOUL FOUL FOUL			
10	Kassandra Harris	FR Northern State	29.71m	97-06
	FOUL 29.71m FOUL			
11	Natalie Zobel	FR SW Minnesota St.	26.33m	86-05
	20.67m 21.95m 26.33m			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****...Women Javelin Throw UCO**

12 Amy Wockenfuss	SO Northern State	24.97m	81-11
24.97m FOUL FOUL			
13 Tyra Patzlaff	FR Dakota Wesleyan	20.82m	68-04
19.40m 20.82m 17.50m			

Men 100 Meter Dash UCO

Meet: M 10.35 4/17/1994 Keith Green, Morningside

Name Year School Prelims Wind H#

Preliminaries

1 Cliff Resias	FR Iowa Central CC	10.65q	NWI	7
2 Gawain Williams	FR South Dakota	10.74q	NWI	6
3 Rusty Muncy	JR Briar Cliff	10.77q	NWI	5
3 Braxton Adams	FR Wayne St. (Neb.)	10.77q	NWI	3
5 Andrew Johnson	SR Northern State	10.79q	NWI	4
6 Trever Ryan	SO Unattached	10.82q	NWI	3
7 Augustus Cowan	SR Briar Cliff	10.84q	NWI	3
8 Jack Thony	FR South Dakota	10.91q	NWI	1
9 Eric Bertelsen	SR Unattached	10.98	NWI	4
10 LeAndre Kennedy	JR South Dakota St.	11.05	NWI	5
11 Keontay Williams	SO Iowa Central CC	11.09	NWI	4
12 Dallin Finley	SO SW Minnesota St.	11.11	NWI	2
13 Bo Arnold	SO South Dakota St.	11.12	NWI	6
14 Scott Strand	SR Northwestern (Iowa)	11.19	NWI	4
15 Alex Van Roekel	JR Northwestern (Iowa)	11.19	NWI	2
16 Zach Schroeder	FR South Dakota St.	11.20	NWI	1
17 Joe Roden	FR Briar Cliff	11.21	NWI	5
18 Joe Bednar	SO South Dakota St.	11.23	NWI	2
19 Tayler Anderson	FR South Dakota	11.26	NWI	7
20 Ben Ryan	FR SW Minnesota St.	11.26	NWI	7
21 Derek Lahm	SO Wayne St. (Neb.)	11.27	NWI	3
22 Frank Wallace	SR Briar Cliff	11.28	NWI	1
23 Jonathan Wolverton	SO Augustana (S.D.)	11.28	NWI	3
24 Alan Gerdes	SR Briar Cliff	11.30	NWI	1
25 Kole Heller	FR Wayne St. (Neb.)	11.31	NWI	3
26 Ayom Ayom	FR Northwestern (Iowa)	11.39	NWI	5
27 Robbie Kazi	SR Sioux Falls	11.40	NWI	2
28 Derrick Akers	FR Northwestern (Iowa)	11.40	NWI	4
29 Daniel Fennig	SR Dordt	11.41	NWI	2
30 Andrew Banken	SO Jamestown	11.43	NWI	5
31 Garrett Anderson	FR South Dakota	11.44	NWI	6
32 Michael Rivera	SO SW Minnesota St.	11.44	NWI	6
33 Brennan Dostal	FR Buena Vista	11.46	NWI	6
34 Eric Peters	JR Morningside	11.47	NWI	5
35 Tom Sittig	SO Augustana (S.D.)	11.55	NWI	7
36 Gabe Dirksen	SO Dakota Wesleyan	11.56	NWI	2
37 Josh Spinner	NA Wayne St. (Neb.)	11.59	NWI	1
38 Michael Whitehead	SO Morningside	11.72	NWI	2
39 Dion Helgelien	SO Sioux Falls	11.72	NWI	4
40 Cole Darrow	JR Buena Vista	11.73	NWI	1
41 Matt Konrad	SO SW Minnesota St.	11.87	NWI	5
42 Keith Heidema	FR Dordt	11.90	NWI	7
43 Buddy Salmon	FR Jamestown	11.99	NWI	6
44 Daniel Porter	JR Dakota Wesleyan	12.08	NWI	4

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men 100 Meter Dash UCO**

45	Colin Linde	SO	Mount Marty	12.15	NWI	3
46	Renner Mickelson	FR	Mount Marty	12.37	NWI	1
47	Tyler Reindl	FR	Buena Vista	12.50	NWI	4
48	Mauricio Marquez	SO	Mount Marty	12.54	NWI	2
49	Cody Chaffin	FR	Faith Baptist Bible	12.65	NWI	5

Men 100 Meter Dash UCO

Meet: M 10.35 4/17/1994 Keith Green, Morningside

Name	Year	School	Finals	Wind
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Finals

1	Cliff Resias	FR	Iowa Central CC	10.58	NWI
2	Gawain Williams	FR	South Dakota	10.67	NWI
3	Braxton Adams	FR	Wayne St. (Neb.)	10.85	NWI
4	Jack Thony	FR	South Dakota	10.89	NWI
5	Andrew Johnson	SR	Northern State	10.92	NWI
6	Trever Ryan	SO	Unattached	10.93	NWI
7	Rusty Muncy	JR	Briar Cliff	10.94	NWI
8	Augustus Cowan	SR	Briar Cliff	11.14	NWI

Men 200 Meter Dash UCO

Name	Year	School	Finals	Wind	H#
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1	Eli Minor	FR	Iowa Central CC	21.44	NWI	8
2	Trever Ryan	SO	Unattached	21.76	NWI	8
3	Robert Iron Shell	SO	Briar Cliff	21.84	NWI	8
4	Xavier Caffee	FR	Dordt	21.92	NWI	8
5	Andrew Johnson	SR	Northern State	21.99	NWI	8
6	Augustus Cowan	SR	Briar Cliff	22.03	1.0	7
7	Jack Thony	FR	South Dakota	22.03	NWI	8
8	D'Artist Williams	JR	Dakota State	22.15	1.4	1
9	Zach Schroeder	FR	South Dakota St.	22.47	1.0	7
10	Ben Ryan	FR	SW Minnesota St.	22.55	NWI	5
11	Alex Van Roekel	JR	Northwestern (Iowa)	22.56	1.0	7
12	Zach Ely	SR	Dakota State	22.57	1.4	1
13	Dallin Finley	SO	SW Minnesota St.	22.65	1.0	7
14	Levi Te Brink	FR	Northwestern (Iowa)	22.68	NWI	3
15	Scott Van Winkle	FR	Dakota Wesleyan	22.69	NWI	6
16	William Ernst	SR	Wayne St. (Neb.)	22.70	1.0	7
17	Bo Arnold	SO	South Dakota St.	22.77	NWI	6
18	Christopher Ehimwenman	FR	Iowa Central CC	22.85	1.4	4
19	Kyle Pardun	FR	Mount Marty	22.86	1.4	4
20	LeAndre Kennedy	JR	South Dakota St.	22.88	NWI	6
21	Adam Halverson	SR	South Dakota St.	22.96	1.0	7
22	Derrick Akers	FR	Northwestern (Iowa)	22.97	NWI	5
23	James Skidmore	FR	Jamestown	22.97	NWI	6
24	Alex Williams	FR	South Dakota	22.99	0.7	2
25	Shaun Ryan	SR	Morningside	23.07	NWI	5
26	Eric Peters	JR	Morningside	23.16	NWI	5
27	Trevor Zonnefeld	SO	Dordt	23.23	NWI	6
28	Buddy Salmon	FR	Jamestown	23.24	NWI	3
29	Robbie Kazi	SR	Sioux Falls	23.31	NWI	3
30	Victor Ogeka	FR	Iowa Central CC	23.36	NWI	3

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****...Men 200 Meter Dash UCO**

31	Mark Eberly	SO Buena Vista	23.43	NWI	5
32	Spencer Carlson	JR Dakota State	23.45	1.4	1
33	Ayom Ayom	FR Northwestern (Iowa)	23.47	1.4	4
34	Daniel Fennig	SR Dordt	23.48	NWI	5
35	Jack DeMoss	FR Unattached	23.54	NWI	5
36	David Parsley	FR Northern State	23.55	1.4	4
37	Nate Lechtenberg	FR Wayne St. (Neb.)	23.69	0.7	2
38	Ethan Van Briesen	SR Morningside	23.73	1.4	4
39	Brendon Waldner	FR Dakota State	23.74	0.7	2
40	Michael Rivera	SO SW Minnesota St.	23.75	NWI	6
41	Dion Helgelien	SO Sioux Falls	23.78	NWI	6
42	Cory Eberle	SO Sioux Falls	23.85	1.4	4
43	James Farnan	FR Unattached	23.89	0.7	2
44	Elijah Ingram	FR Iowa Central CC	24.02	NWI	3
45	Josh Reider	FR Augustana (S.D.)	24.04	NWI	3
46	Tyler Streif	JR Jamestown	24.40	1.4	4
47	Gabriel Goehring	FR Mount Marty	24.44	NWI	3
48	Colin Linde	SO Mount Marty	24.88	0.7	2
49	Renner Mickelson	FR Mount Marty	24.91	1.4	1
50	Cody Chaffin	FR Faith Baptist Bible	25.39	1.4	1
51	Mauricio Marquez	SO Mount Marty	25.47	1.4	1
52	Tyler Reindl	FR Buena Vista	25.67	0.7	2

Men 400 Meter Dash UCO

=====					
Meet: M 46.22 4/20/1996 Lionel McPhaul, South Dakota					
Name	Year	School	Finals	H#	
=====					
1	Robert Iron Shell	SO Briar Cliff	47.74	8	
2	Jean Soutien	FR Iowa Central CC	48.09	8	
3	Rusty Muncy	JR Briar Cliff	48.92	8	
4	Kyle Lorenzen	FR Briar Cliff	49.03	7	
5	Augustus Cowan	SR Briar Cliff	49.28	8	
6	Josiah Eckels	SO Dordt	49.33	8	
7	Cliff Resias	FR Iowa Central CC	49.42	7	
8	Adam Halverson	SR South Dakota St.	49.74	8	
9	Seth Woodson	SR Buena Vista	49.81	6	
10	Alex Williams	FR South Dakota	49.90	3	
11	Austin Johnsen	JR South Dakota St.	50.02	8	
12	Alan Gerdes	SR Briar Cliff	50.06	7	
13	Joe Roden	FR Briar Cliff	50.11	6	
14	Elliott Johnson	JR Northwestern (Iowa)	50.16	7	
15	Scott Van Winkle	FR Dakota Wesleyan	50.20	7	
16	Chris Sharpe	FR Augustana (S.D.)	50.23	7	
17	Scott Strand	SR Northwestern (Iowa)	50.36	7	
18	Daquarius Hollis	FR Iowa Central CC	50.40	5	
19	Eli Minor	FR Iowa Central CC	50.48	6	
20	Levi Te Brink	FR Northwestern (Iowa)	50.52	6	
21	James Skidmore	FR Jamestown	50.60	6	
22	Brennan Dostal	FR Buena Vista	50.81	5	
23	Aaron Lemon	FR Northwestern (Iowa)	50.85	4	
24	Austin Krier	SO Northwestern (Iowa)	50.87	5	
25	Ross Rozeboom	SO Dordt	50.91	5	
26	Khor Kong	JR Augustana (S.D.)	50.93	6	
27	Evan Carlson	FR Dakota State	50.98	3	

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men 400 Meter Dash UCO**

28	Tom Sittig	SO Augustana (S.D.)	51.23	4
29	Aaron Taylor	SO Iowa Central CC	51.25	3
30	Ethan Van Briesen	SR Morningside	51.60	4
31	Nathan Wedel	FR Northwestern (Iowa)	51.73	4
32	Kyle Pardun	FR Mount Marty	51.83	7
33	Jeremy Botzet	SR Augustana (S.D.)	51.89	5
34	Kyle Hiser	SO Morningside	51.93	5
35	Tomas Kamenik	FR South Dakota	52.25	4
36	Jordan Houdek	SO Mount Marty	52.35	3
37	Luke Wietgreffe	FR Northern State	52.67	5
38	Brock Schultz	SR SW Minnesota St.	52.73	3
39	Jack DeMoss	FR Unattached	52.81	4
40	Cory Eberle	SO Sioux Falls	52.92	5
41	Luke Lorfeld	FR Northwestern (Iowa)	53.05	3
42	Camren Pitre	SR Dordt	53.06	4
43	Charlie Foster	FR Jamestown	53.26	4
44	Elijah Dahl	FR Northwestern (Iowa)	53.37	2
45	Jordan Van Maanen	SO Dordt	53.46	2
46	Trey Furgeson	FR Sioux Falls	53.66	6
47	Ryan Postma	SR Dordt	53.74	2
48	Dylan Fluke	JR Buena Vista	53.77	1
49	Chad Kischer	SR Northwestern (Iowa)	54.30	3
50	Paul Johnson	Unattached	54.40	1
51	Gabriel Goehring	FR Mount Marty	54.71	2
52	Kyle Wessling	SO Buena Vista	55.17	1
53	Tyler Streif	JR Jamestown	55.34	3
54	Quinn Groff	SO Morningside	56.14	1
55	Derrick Broekemier	SO Unattached	56.27	2
56	Sam Malan	SO Dordt	56.59	2
57	Peter Schukking	Unattached	56.61	1
58	Wes Brown	FR Morningside	59.01	1

Men 800 Meter Run UCO

 Meet: M 1:48.89 4/20/1995 Tom Dow, Augustana

Name	Year	School	Finals	H#
1	Kyle Anderson	JR Northwestern (Iowa)	1:51.45	6
2	Dean Cronin	SO Iowa Central CC	1:53.00	6
3	Sam Wensink	SO Dordt	1:53.42	6
4	Monte Larsen	SR Unattached	1:53.76	6
5	Skyler Giddings	SR Northwestern (Iowa)	1:54.05	6
6	Jase Kraft	FR Unattached	1:54.10	6
7	Andrew Ronoh	FR Iowa Central CC	1:54.75	4
8	Jay Welp	SR Morningside	1:54.90	6
9	Jacob Green	FR Morningside	1:54.92	4
10	Josh Prohaska	SO Iowa Central CC	1:55.12	6
11	Mark Moeller	JR Dakota State	1:55.19	6
12	Ryan Weitgenant	JR Northwestern (Iowa)	1:55.39	4
13	Eric Koithan	SR Morningside	1:55.55	4
14	Tim Rose	FR Northwestern (Iowa)	1:55.63	4
15	Mitchell Schleis	JR Briar Cliff	1:55.98	6
16	Kyle Hosting	SO Iowa Central CC	1:56.48	5
17	Stephan McNamara	SR Dordt	1:56.63	6
18	Joe Jackson	JR Briar Cliff	1:56.83	5

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men 800 Meter Run UCO**

19	Ryan Swenson	JR South Dakota St.	1:56.97	5
20	Austin Krohnke	FR Augustana (S.D.)	1:57.03	4
21	Adam Leach	FR Northern State	1:57.05	5
22	Nicholas Lindwurm	JR Northern State	1:57.22	4
23	Chris Johnson	FR Black Hills St.	1:57.32	5
24	Daniel Pettit	SO South Dakota St.	1:57.46	5
25	Trent Kischer	SR Dordt	1:57.47	5
26	Matt Wilson	NA South Dakota St.	1:57.49	4
27	Tanner Goetsch	FR Northwestern (Iowa)	1:57.52	3
28	Stephen Nielson	SR South Dakota	1:57.69	5
29	Zach Tuschen	FR Augustana (S.D.)	1:57.72	5
30	Logan Hovland	SR Northwestern (Iowa)	1:57.82	5
30	Steven Kelly	SO Dordt	1:57.82	3
32	Dylan Slaba	JR South Dakota St.	1:57.87	5
33	Khor Kong	JR Augustana (S.D.)	1:57.90	5
34	Jason Kenny	FR Morningside	1:58.19	3
35	Grant VanKeulen	JR South Dakota St.	1:58.22	5
36	Nick Schmit	SO Wayne St. (Neb.)	1:58.29	3
37	Tommy Thelen	SO Briar Cliff	1:58.37	5
38	Duane Jongeling	FR South Dakota St.	1:58.58	2
39	Steve Selchert	JR Dakota State	1:58.68	4
40	Chance Freese	NA Augustana (S.D.)	1:58.74	2
41	Jacob Willey	JR Morningside	1:58.78	4
42	Clint Freiheit	SR Augustana (S.D.)	1:58.96	4
43	Jafet Molinares	SO Iowa Central CC	1:59.01	3
44	Alec DeVries	SO Morningside Tc2	1:59.12	1
45	Joe Heinrichs	FR Briar Cliff	1:59.37	3
45	Taylor Wensmann	JR Unattached	1:59.37	4
47	Eamon Adamson	SO Morningside	1:59.42	3
48	Espen Albertsen	SO Unattached	1:59.52	4
49	Mark Gilkerson	SR Northern State	1:59.78	5
50	Ted Hanson	JR Morningside	1:59.82	2
51	Jordan Houdek	SO Mount Marty	1:59.85	3
52	Israel Parsons	FR Sioux Falls	1:59.93	2
53	Kyle Borchers	SR Morningside	1:59.98	3
54	Austin Hamm	SO South Dakota St.	2:00.27	3
55	Chris Nordstrom	SR Morningside Tc3	2:00.30	3
56	Ray Scheelhaase	SO Morningside	2:00.32	4
57	Brad Wright	SR Morningside	2:00.34	2
58	Jake Connealy	JR Augustana (S.D.)	2:00.87	3
59	Cody Bollweg	FR Sioux Falls	2:00.93	1
60	Blake Perryman	FR Northern State	2:01.04	3
61	Drew Schiltz	SO Morningside	2:01.05	4
62	Ben Sampson	SO Buena Vista	2:01.17	3
63	Riley Schaap	FR Dordt	2:01.27	3
64	Nick Fly	JR Unattached	2:01.40	3
65	Nic Ganzeveld	FR Iowa Central CC	2:01.43	2
66	Paul Woizeschke	FR Buena Vista	2:01.47	2
67	Tyler Smith	SO Briar Cliff	2:01.75	1
68	Charlie Foster	FR Jamestown	2:01.90	3
69	Cristian Van Dyke	SR Dordt	2:02.01	3
70	Rodrigo Cobian	SO Morningside	2:02.13	3
71	Jordan Hanna	FR Unattached	2:02.22	1
72	John Isaacson	JR Augustana (S.D.)	2:02.38	1
73	Chris Brace	FR Faith Baptist Bible	2:02.53	1

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men 800 Meter Run UCO**

74	AJ Janssen	FR Morningside	2:02.67	2
75	Elliot Stoltz	JR Northwestern (Iowa)	2:03.17	2
76	Jeremiah Panec	FR Dakota Wesleyan	2:03.62	2
77	Travis Hamm	SO Iowa Central CC	2:03.72	1
78	Ian Manske	SO Dordt	2:03.76	2
79	Tyson Wieland	SO Iowa Central CC	2:03.81	2
80	Austin Hogie	JR Sioux Falls	2:03.98	4
81	Adam Daane	FR Dordt	2:04.11	2
82	Elijah Dahl	FR Northwestern (Iowa)	2:04.35	2
83	Spencer Kamoni	SR Jamestown	2:04.69	3
84	Kayne Feldick	JR Morningside	2:05.22	2
85	Matt Mayer	JR Briar Cliff	2:05.46	2
86	Nathan Meiners	Unattached	2:05.74	1
87	Peter Smith	FR Northwestern (Iowa)	2:05.79	2
88	Jacob Schweitzer	FR Northern State	2:06.15	2
89	Aaron Ford	FR Jamestown	2:06.21	2
90	Blake Whalen	SO Iowa Central CC	2:06.36	1
91	Seth Engen	SO Dordt	2:06.82	1
92	Jared Truman	JR Dakota State	2:06.93	2
93	Garrett Wall	SO Morningside	2:07.19	2
94	Jaden Lux	SO Morningside	2:07.32	2
95	Derrick Broekemier	SO Unattached	2:07.93	1
96	Josh Knutson	JR Jamestown	2:08.36	1
97	Tyler Larson	SO Buena Vista	2:09.53	1
98	Alan Janisch	FR Dakota State	2:09.99	1
99	Sam Voigt	FR Mount Marty	2:10.45	1
100	Brian Sterk	JR Northwestern (Iowa)	2:14.32	1
101	Caleb Hemphill	SO Dakota State	2:15.83	1
102	Jeff Jeltema	FR Northwestern (Iowa)	2:15.88	1
103	Marquis Cox	SO Iowa Central CC	2:16.85	1
104	Kale Smith	FR Dakota State	2:23.07	1
105	Keegan Casey	FR Jamestown	2:30.36	1

Men 1500 Meter Run UCO

Meet: M 3:51.29 4/12/2014 Dante Carter, Dickinson St

Name	Year	School	Finals	H#
1	elisha kipruto	FR Unattached	3:59.18	4
2	Matthew Fideler	SR Unattached	3:59.87	4
3	Adam Leach	FR Northern State	4:01.51	4
4	Jay Welp	SR Morningside	4:02.16	4
5	Mitchell Schleis	JR Briar Cliff	4:03.48	3
6	Logan Hovland	SR Northwestern (Iowa)	4:03.65	4
7	Dylan Eigenberger	SO Iowa Central CC	4:04.40	4
8	Eric Koithan	SR Morningside	4:05.48	3
9	Grant VanKeulen	JR South Dakota St.	4:05.48	4
10	Tim Rose	FR Northwestern (Iowa)	4:05.83	3
11	Austin Krohnke	FR Augustana (S.D.)	4:07.56	3
12	Daniel Pettit	SO South Dakota St.	4:07.77	4
13	Skyler Giddings	SR Northwestern (Iowa)	4:08.84	3
14	Tanner Goetsch	FR Northwestern (Iowa)	4:09.06	3
15	Ryan Weitgenant	JR Northwestern (Iowa)	4:09.70	4
16	Noah Larsen	FR Iowa Central CC	4:10.20	2
17	Stephan McNamara	SR Dordt	4:10.78	4

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****...Men 1500 Meter Run UCO**

18	Caleb VanderBaan	JR Northwestern (Iowa)	4:10.92	3
19	Clint Freiheit	SR Augustana (S.D.)	4:12.13	3
20	Kyle Anderson	JR Northwestern (Iowa)	4:15.92	4
21	AJ Janssen	FR Morningside	4:15.98	2
22	Steven Kelly	SO Dordt	4:16.84	3
23	Jacob Willey	JR Morningside	4:17.75	2
24	Riley Schaap	FR Dordt	4:18.22	2
25	Nick Vander Kooi	SO Dordt	4:18.43	3
26	Ian Manske	SO Dordt	4:19.00	2
27	Ted Hanson	JR Morningside	4:19.46	2
28	Adam Daane	FR Dordt	4:19.51	1
29	Jake Connealy	JR Augustana (S.D.)	4:20.00	2
30	Peter Smith	FR Northwestern (Iowa)	4:20.19	1
31	Hans Epp	FR Northwestern (Iowa)	4:20.39	1
31	Jeremiah Panec	FR Dakota Wesleyan	4:20.39	2
33	Garrett Wall	SO Morningside	4:20.40	2
34	Cristian Van Dyke	SR Dordt	4:20.74	3
35	Casey McEvoy	FR Briar Cliff	4:22.18	1
36	Drew Schiltz	SO Morningside	4:23.29	2
37	Elliot Stoltz	JR Northwestern (Iowa)	4:24.46	2
38	Chris Brace	FR Faith Baptist Bible	4:25.07	1
39	Zach Thomsen	SR Wayne St. (Neb.)	4:25.35	3
40	Alex Van Ginkel	FR Dordt	4:25.77	1
41	Seth Engen	SO Dordt	4:30.90	1
42	Kyle Fischer	SO Dordt	4:43.07	1
43	Alex Werkhoven	FR Dordt	4:56.22	1
44	Zach Groves	SO Briar Cliff	5:13.91	1

Men 5000 Meter Run UCO

Meet: M 14:23.61 4/21/2001 Matt Hoyt, unattached

Name	Year	School	Finals
1	elisha	kipruto	FR Unattached 14:39.65
2	Andrew	Ronoh	FR Iowa Central CC 14:41.92
3	Blake	Whalen	SO Iowa Central CC 15:04.38
4	Mark	Abrams	JR Morningside 15:12.08
5	Cody	Baele	FR Iowa Central CC 15:20.45
6	Dan	Larscheid	SR Morningside 15:30.06
7	Jay	Welp	SR Morningside 15:31.46
8	Will	Norris	SO Northwestern (Iowa) 15:33.65
9	Denzel	Fogg	FR Unattached 15:36.82
10	Nic	Ganzeveld	FR Iowa Central CC 15:37.03
11	Jacob	Klein	FR Morningside 15:40.84
12	Jake	Weber	FR Morningside 15:50.79
13	Nathan	Meiners	Unattached 15:59.45
14	Ben	Brockmueller	SO Dordt 16:07.43
15	Blake	Wooten	SO SW Minnesota St. 16:17.45
16	Zach	Waite	FR Morningside 16:19.07
17	Luke	Galloway	SO Northwestern (Iowa) 16:19.13
18	Marquis	Cox	SO Iowa Central CC 16:21.70
19	Anthony	Epp	SR Northwestern (Iowa) 16:25.01
20	Alex	Solheim	SO SW Minnesota St. 16:36.96
21	David	Te Krony	SO Dordt 17:32.25
22	Joey	Black	FR Wayne St. (Neb.) 17:34.87

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****...Men 5000 Meter Run UCO**

23	Jacob Simpson	SO Morningside	17:52.94
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Men 10000 Meter Run UCO

Meet: M 30:16.57 4/22/1998 James McGowan, Wayne State

Name	Year	School	Finals
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1	Connor Branick	SO South Dakota St.	32:06.19
2	Aaron Breyer	FR South Dakota	32:25.57
3	Joshua Davis	FR Black Hills St.	32:37.09
4	Brice Cowman	FR South Dakota	32:42.98
5	Seth Ulvestad	SR Black Hills St.	32:46.13
6	Justin Brueggemann	JR Wayne St. (Neb.)	33:12.84
7	Hunter Kopff	SR Northern State	33:17.97
8	Eric Janssen	SO Unattached	34:03.25
9	Matthew Schilmoeller	FR South Dakota	34:19.81
10	Nathan Boggess	SR Wayne St. (Neb.)	34:28.75
11	Adam Kost	SO Augustana (S.D.)	34:56.27
12	Connor Doppler	JR Jamestown	35:27.11
13	Taylor Hauge	JR Dakota State	35:53.55
14	Austin Warren	FR Northwestern (Iowa)	35:57.64
15	Donavan Moser	FR Jamestown	36:11.16
16	Zach Groves	SO Briar Cliff	38:52.00

Men 110 Meter Hurdles UCO

Meet: M 14.25 4/17/1988 Charles Johnson, Morningside

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Teivaskie Lewin	NA Unattached	14.72q	-0.9	1
2	Sydne Davis	FR Iowa Central CC	14.90q	NWI	5
3	Austin Groth	SO Buena Vista	15.37q	-0.6	4
4	Dylon Van't Hof	FR Augustana (S.D.)	15.53q	NWI	2
5	Keith Heidema	FR Dordt	15.62q	-0.6	4
6	Hank Lentsch	SO South Dakota	15.93q	NWI	5
7	Josh Thompson	SR Northwestern (Iowa)	15.98q	-0.9	1
8	Zack Rice	FR Northwestern (Iowa)	16.02q	NWI	5
9	Tomas Kamenik	FR South Dakota	16.06	NWI	2
10	Nate Lechtenberg	FR Wayne St. (Neb.)	16.22	-0.9	1
11	Zach Jones	JR Augustana (S.D.)	16.23	-0.6	4
12	Traxton Priebe	JR South Dakota St.	16.43	NWI	3
13	Reece Jackson	Unattached	16.54	NWI	2
14	Justin Sacker	SO Buena Vista	16.87	-0.6	4
15	Logan Ulmer	SR Mount Marty	17.17	-0.6	4
16	John Brouwer	FR Dordt	17.88	-0.9	1
17	Noah Hollinger	SR Northwestern (Iowa)	17.95	NWI	3
18	Kyle Wessling	SO Buena Vista	17.97	-0.6	4
19	Dillon Dahl	JR Northern State	17.97	NWI	3
20	Dakota Bodden	FR Dakota Wesleyan	18.10	NWI	2
21	Matthew Bolt	SO Dordt	18.16	NWI	3
22	Peter Schukking	Unattached	18.25	-0.9	1
23	Christopher Poush	FR Northwestern (Iowa)	18.30	-0.9	1
24	Aaron Greenberg	FR Sioux Falls	18.53	NWI	3
25	William Lawrence	SO Mount Marty	18.54	-0.6	4

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men 110 Meter Hurdles UCO**

26	Jake Auerbach	SO Northwestern (Iowa)	19.33	NWI	2
27	Elijah Schaefer	FR Northwestern (Iowa)	19.37	NWI	5
28	Jamison Gray	FR Jamestown	19.60	NWI	2
29	Chris Peterson	FR Jamestown	20.16	-0.9	1
30	Jordan Strofaci	SR Northwestern (Iowa)	20.44	NWI	3
31	Daquarius Hollis	FR Iowa Central CC	20.73	NWI	5
--	Aaron Taylor	SO Iowa Central CC		FS	NWI 3
--	Tarentay Washington	SO Iowa Central CC		DQ	NWI 2
--	Derek Roemmich	SR Jamestown		DQ	NWI 5
--	Cody Ptacek	SR Jamestown		DQ	NWI 5

Men 110 Meter Hurdles UCO

Meet: M 14.25 4/17/1988 Charles Johnson, Morningside

Name	Year	School	Finals	Wind
Finals				
1	Sydne Davis	FR Iowa Central CC	14.53	NWI
2	Dylon Van't Hof	FR Augustana (S.D.)	15.29	NWI
3	Austin Groth	SO Buena Vista	15.41	NWI
4	Hank Lentsch	SO South Dakota	15.60	NWI
5	Zack Rice	FR Northwestern (Iowa)	15.82	NWI
6	Josh Thompson	SR Northwestern (Iowa)	16.09	NWI
7	Keith Heidema	FR Dordt	17.77	NWI

Men 400 Meter Hurdles UCO

Meet: M 52.42 4/19/2007 Jake Hamik; Erik Hill, Northern

Name	Year	School	Finals	H#
1	Sydne Davis	FR Iowa Central CC	53.14	4
2	Jared Balady	SR Wayne St. (Neb.)	55.08	4
3	Zach Jones	JR Augustana (S.D.)	55.45	4
4	Austin Groth	SO Buena Vista	55.63	4
5	Dylon Van't Hof	FR Augustana (S.D.)	55.65	3
6	Traxton Priebe	JR South Dakota St.	55.70	4
7	Chris Young	SR Briar Cliff	56.01	3
8	Josh Thompson	SR Northwestern (Iowa)	56.51	4
9	Kyle Hiser	SO Morningside	56.58	4
10	Tomas Kamenik	FR South Dakota	57.16	4
11	Justin Sacker	SO Buena Vista	57.82	3
12	Steven Varela	SR Wayne St. (Neb.)	58.73	3
13	Jordan Janisch	FR SW Minnesota St.	59.12	2
14	Ryan Leise	SR Briar Cliff	1:00.42	2
15	Justin Bentham	FR Iowa Central CC	1:00.54	1
16	Tarentay Washington	SO Iowa Central CC	1:01.05	2
17	Josh Falk	FR SW Minnesota St.	1:01.37	1
18	John Brouwer	FR Dordt	1:01.44	2
19	Christopher Poush	FR Northwestern (Iowa)	1:01.52	1
20	Austin Mack	SO Jamestown	1:02.24	3
21	Elijah Schaefer	FR Northwestern (Iowa)	1:02.71	2
22	Cody Kralicek	FR Wayne St. (Neb.)	1:03.08	2
23	Salvador Jaimes	FR Sioux Falls	1:03.65	1
24	Logan Ulmer	SR Mount Marty	1:04.04	1
25	Zack Rice	FR Northwestern (Iowa)	1:04.13	3

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men 400 Meter Hurdles UCO**

26	Dillon Dahl	JR Northern State	1:04.71	2
27	William Lawrence	SO Mount Marty	1:04.85	1
28	Adrian Paet-Bullaoit	SR Jamestown	1:06.58	2

Men 3000 Meter Steeplechase UCO

Meet: M 8:57.61 4/14/2012 Tom Karbo, Augustana

Name	Year	School	Finals
1	Matthew Fideler	SR Unattached	9:10.36
2	Ethan Tabbert	SO Sioux Falls	9:40.23
3	Austin Hamm	SO South Dakota St.	9:41.92
4	Duane Jongeling	FR South Dakota St.	9:48.44
5	Tyson Wieland	SO Iowa Central CC	9:48.71
6	Feysel Rahmeto	SO Iowa Central CC	9:53.73
7	Jacob Scott	FR Morningside	9:59.28
8	Travis Hamm	SO Iowa Central CC	10:02.62
9	Thomas Horgeshimer	FR Northern State	10:09.78
10	Lane Tibbs	FR Dakota Wesleyan	10:11.47
11	Nick Schmit	SO Wayne St. (Neb.)	10:12.48
12	Quinn Groff	SO Morningside	10:19.39
13	Jacob Hemenway	SR Northern State	10:24.64
14	Kelly Fitzsimmons	SO SW Minnesota St.	10:24.98
15	Jaden Lux	SO Morningside	10:30.71
16	Sean Heaton	FR Augustana (S.D.)	10:34.62
17	Jose Martinez	SR Northwestern (Iowa)	10:44.55
--	Connor Bollweg	FR Sioux Falls	DNF
--	Adam Sohl	JR Unattached	DQ

Men 4x100 Meter Relay UCO

Meet: M 40.96 4/11/2014 South Dakota, South Dakota
J O'Connell, T Lewin, E Hill, C Nielsen

School	Finals	H#
1 Iowa Central CC 'A'	40.74M	2
1) Aaron Taylor SO	2) Jean Soutien FR	
3) Eli Minor FR	4) Cliff Resias FR	
2 Northwestern (Iowa) 'A'	42.60	2
1) Jordan Strofaci SR	2) Scott Strand SR	
3) Alex Van Roekel JR	4) Levi Te Brink FR	
3 Northern State 'A'	43.36	2
1) David Parsley FR	2) TJ Hoshstetler FR	
3) Luke Wietgreffe FR	4) Andrew Johnson SR	
4 Dordt 'A'	43.59	2
1) Daniel Fennig SR	2) Josiah Eckels SO	
3) Xavier Caffee FR	4) Trevor Zonnefeld SO	
5 Morningside 'A'	43.88	2
1) Michael Whitehead SO	2) Shaun Ryan SR	
3) Kyle Hiser SO	4) Eric Peters JR	
6 SW Minnesota St. 'A'	43.91	2
1) Michael Rivera SO	2) Dallin Finley SO	
3) Ben Ryan FR	4) Will Hanson JR	
7 Dakota Wesleyan 'A'	44.62	2
1) Isaac Van Essen SO	2) Gabe Dirksen SO	

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men 4x100 Meter Relay UCO**

3) John Dosch FR

4) Scott Van Winkle FR

Men 4x200 Meter Relay UCO

Meet: M 1:25.63 4/20/2000 South Dakota, South Dakota
 T. Green R. Finley P. Billing J. Kehoe

School	Finals	H#
1 South Dakota St. 'A'	1:31.01	2
1) Bo Arnold SO	2) Adam Halverson SR	
3) LeAndre Kennedy JR	4) Zach Schroeder FR	
2 Morningside 'A'	1:31.28	2
1) Kyle Hiser SO	2) Shaun Ryan SR	
3) Eric Peters JR	4) Michael Whitehead SO	
3 Iowa Central CC 'A'	1:32.93	2
1) Keontay Williams SO	2) Christopher Ehimwenman FR	
3) Elijah Ingram FR	4) Victor Ogeka FR	
4 SW Minnesota St. 'A'	1:33.95	2
1) Michael Rivera SO	2) Dallin Finley SO	
3) Ben Ryan FR	4) Zach Jones FR	
5 Northwestern (Iowa) 'A'	1:34.23	2
1) Derrick Akers FR	2) Jordan Strand SO	
3) Ayom Ayom FR	4) Chad Kischer SR	

Men 4x400 Meter Relay UCO

Meet: M 3:11.81 4/22/1995 Augustana, Augustana
 T. Gonye M. Blumer J. Skjelvaag T. Dow

School	Finals	H#
1 Iowa Central CC 'A'	3:19.88	4
1) Sydne Davis FR	2) Dean Cronin SO	
3) Josh Prohaska SO	4) Dylan Eigenberger SO	
2 Northwestern (Iowa) 'A'	3:21.04	4
1) Austin Krier SO	2) Aaron Lemon FR	
3) Elliott Johnson JR	4) Levi Te Brink FR	
3 Dordt 'A'	3:21.17	4
1) Josiah Eckels SO	2) Trent Kischer SR	
3) Sam Wensink SO	4) Ross Rozeboom SO	
4 Wayne St. (Neb.) 'A'	3:21.18	4
1) Derek Lahm SO	2) William Ernst SR	
3) Jared Balady SR	4) Zach Thomsen SR	
5 Morningside 'A'	3:21.57	4
1) Jacob Green FR	2) Kyle Hiser SO	
3) Brad Wright SR	4) Jacob Willey JR	
6 Northern State 'A'	3:29.41	4
1) Nicholas Lindwurm JR	2) David Parsley FR	
3) Cameron Sannes FR	4) Mark Gilkerson SR	
7 Dordt 'B'	3:32.53	3
1) Trevor Zonnefeld SO	2) Camren Pitre SR	
3) Jordan Van Maanen SO	4) Ryan Postma SR	
8 Morningside 'C'	3:32.54	3
1) Kyle Borchers SR	2) Rodrigo Cobian SO	
3) Eric Koithan SR	4) Jason Kenny FR	
9 Wayne St. (Neb.) 'B'	3:34.82	3

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men 4x400 Meter Relay UCO**

1) Nick Schmit SO	2) Steven Varela SR		
3) Cody Kralicek FR	4) Tanner Konz FR		
10 Unattached 'A'		3:37.36	4
1) Colby Casper	2) Jacob Loberg		
3) Gage Fenton	4) Paul Johnson		
11 Dordt 'C'		3:41.72	3
1) John Brouwer FR	2) Sam Malan SO		
3) Ian Manske SO	4) Riley Schaap FR		
12 Maple Valley A-O 'A'		3:43.53	3
1) Ethan Heinse SR	2) Scott Breyfogle SR		
3) Derik Bailey SR	4) Cody Robertson SR		
13 Morningside 'D'		3:46.09	3
1) Ted Hanson JR	2) AJ Janssen FR		
3) Jacob Scott FR	4) Quinn Groff SO		
14 Morningside 'B'		4:09.21	3
1) Ethan Van Briesen SR	2) Eamon Adamson SO		
3) Drew Schiltz SO	4) Kayne Feldick JR		

Men 4x800 Meter Relay UCO

Meet: M 7:38.50 1964		Drake, Drake	
School			Finals
1 Iowa Central CC 'A'		7:37.24M	
1) Josh Prohaska SO	2) Noah Larsen FR		
3) Dean Cronin SO	4) Dylan Eigenberger SO		
2 Northwestern (Iowa) 'A'		7:39.85	
1) Skyler Giddings SR	2) Logan Hovland SR		
3) Elliott Johnson JR	4) Kyle Anderson JR		
3 South Dakota St. 'A'		7:46.10	
1) Ryan Swenson JR	2) Matt Wilson NA		
3) Austin Johnsen JR	4) Dylan Slaba JR		
4 Dordt 'A'		7:49.73	
1) Sam Wensink SO	2) Nick Vander Kooi SO		
3) Steven Kelly SO	4) Trent Kischer SR		
5 Briar Cliff 'A'		8:01.26	
1) Joe Jackson JR	2) Tommy Thelen SO		
3) Joe Heinrichs FR	4) Matt Mayer JR		
6 Northern State 'A'		8:06.35	
1) Mark Gilkerson SR	2) Cameron Sannes FR		
3) Blake Perryman FR	4) Nicholas Lindwurm JR		
7 Morningside 'A'		8:07.02	
1) Ray Scheelhaase SO	2) Eamon Adamson SO		
3) Jason Kenny FR	4) Kyle Borchers SR		
8 Dakota State 'A'		8:07.67	
1) Jared Sutton JR	2) Steve Selchert JR		
3) Claudio Tejada SO	4) Mark Moeller JR		

Men 1600 Sprint Medley UCO

Meet: M 3:25.19 4/12/2014		Dickinson State, Dickinson	
School			Finals
1 Northern State 'A'		3:31.16	
	M Moore, B Miller, N Magstadt, D Carter		

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

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....Men 1600 Sprint Medley UCO

- | | |
|------------------------------|------------------------|
| 1) David Parsley FR | 2) Luke Wietgreffe FR |
| 3) Andrew Johnson SR | 4) Adam Leach FR |
| 2 Morningside Track Club 'A' | 3:32.49 |
| 1) Jeff Seagren SR | 2) Mike Huseman SR |
| 3) Chris Nordstrom SR | 4) Monte Larsen SR |
| 3 Morningside 'A' | 3:34.88 |
| 1) Ethan Van Briesen SR | 2) Jacob Green FR |
| 3) Jacob Willey JR | 4) Jason Kenny FR |
| 4 Iowa Central CC 'A' | 3:35.71 |
| 1) Christopher Ehimwenman FR | 2) Keontay Williams SO |
| 3) Daquarius Hollis FR | 4) Jafet Molinares SO |

Men High Jump UCO

Meet: M 7-00 4/22/1995 Don Wolf, Buena Vista

Name	Year	School	Finals
1 Jacob Moats	SO	Dordt	2.06m 6-09.00
1.81 1.86 1.91 1.96 2.01 2.06 2.10			
O O O O XO O XXX			
2 Tyler Frank	SO	South Dakota	J2.06m 6-09.00
1.81 1.86 1.91 1.96 2.01 2.06 2.10			
P P O XO XO XXX			
3 Andrew Christen	SR	Morningside	2.01m 6-07.00
1.81 1.86 1.91 1.96 2.01 2.06			
P P O O O XXX			
4 Matt Hussman	SR	Unattached	J2.01m 6-07.00
1.81 1.86 1.91 1.96 2.01 2.06			
P O XO XXO XO XXX			
5 Daquarius Hollis	FR	Iowa Central CC	1.96m 6-05.00
1.81 1.86 1.91 1.96 2.01			
P O XO O XXX			
6 Mason Ford	FR	Augustana (S.D.)	J1.96m 6-05.00
1.81 1.86 1.91 1.96 2.01			
P P XO XO XXX			
8 Hank Lentsch	SO	South Dakota	J1.91m 6-03.25
1.81 1.86 1.91 1.96			
O O XO XXX			
9 Lamon Phillips	SO	Iowa Central CC	J1.91m 6-03.25
1.81 1.86 1.91 1.96			
P XO XO XXX			
10 Connor Berg	JR	South Dakota St.	J1.91m 6-03.25
1.81 1.86 1.91 1.96			
P O O XXX			
10 Austin Opdahl	FR	Dakota State	J1.91m 6-03.25
1.81 1.86 1.91 1.96			
P O XXO XXX			
11 Jordan Folkerts	FR	Dordt	1.86m 6-01.25
1.81 1.86 1.91			
O XXO XXX			
12 Tanner Hilbrands	FR	Northwestern (Iowa)	1.81m 5-11.25
1.81 1.86			
XO XXX			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

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Results

....Men High Jump UCO

12	Joe Gasper	FR South Dakota	1.81m	5-11.25
	1.81 1.86			
	XO XXX			
12	Ben Green	SR Northwestern (Iowa)	1.81m	5-11.25
	1.81 1.86			
	XO XXX			
12	Trevor Kauk	SO Dordt	1.81m	5-11.25
	1.81 1.86			
	XO XXX			
--	Jonathan Nebelsick	SR Sioux Falls	NH	
	1.81			
	XXX			
--	Tanner Konz	FR Wayne St. (Neb.)	NH	
	1.81			
	XXX			
--	Chris Peterson	FR Jamestown	NH	
	1.81			
	XXX			
--	Noah Hollinger	SR Northwestern (Iowa)	NH	
	1.81			
	XXX			
--	Nick Harris	SO Briar Cliff	NH	
	1.81			
	XXX			
--	Albert Rogalski	FR SW Minnesota St.	NH	
	1.81			
	XXX			
--	Aaron Taylor	SO Iowa Central CC	NH	
	1.81			
	XXX			

Men Pole Vault UCO

=====											
Meet: M 18-09 4/20/2001 Derek Miles, unattached											
Name	Year	School									Finals
=====											
1	Scott Greenman	JR Unattached									4.91m 16-01.25
	3.86 4.01 4.16 4.31 4.46 4.61 4.76 4.91 5.06										
	P P P P P P P P O XXX										
2	Jagger Gran	JR Unattached									J4.91m 16-01.25
	3.86 4.01 4.16 4.31 4.46 4.61 4.76 4.91 5.06										
	P P P P P P P P XXO XXX										
3	Chase Jensen	SO Sioux Falls									4.76m 15-07.25
	3.86 4.01 4.16 4.31 4.46 4.61 4.76 4.91										
	P P P P P O O XXX										
4	Brandon Rogers	SR Sioux Falls									4.61m 15-01.50
	3.86 4.01 4.16 4.31 4.46 4.61 4.76										
	P P P P P XO XXX										
5	Jacob Zebedee	SO Sioux Falls									J4.61m 15-01.50
	3.86 4.01 4.16 4.31 4.46 4.61 4.76										
	P P P P P XXO XXX										
6	Robert Davidsen	SR Dordt									4.31m 14-01.75
	3.86 4.01 4.16 4.31 4.46										
	P P O O XXX										

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

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Results

....Men Pole Vault UCO

7	Jonathan Brinkerhoff	SR Dordt	J4.31m	14-01.75
	3.86 4.01 4.16 4.31 4.46			
	P P XXO O XXX			
8	Josh Spenner	NA Wayne St. (Neb.)	J4.31m	14-01.75
	3.86 4.01 4.16 4.31 4.46			
	O XO XO XXO XXX			
9	Connor Henry	SR Briar Cliff	4.16m	13-07.75
	3.86 4.01 4.16 4.31			
	XXO XO XXO XXX			
9	Bryant Knigge	FR Briar Cliff	4.16m	13-07.75
	3.86 4.01 4.16 4.31			
	O O O XXX			
9	Tor Myrhol	SR Unattached	4.16m	13-07.75
	3.86 4.01 4.16 4.31			
	O O XXO XXX			
12	Adam Haigh	FR Mount Marty	4.01m	13-01.75
	3.86 4.01 4.16			
	O XXO XXX			
12	Bryan Braley	SR Unattached	4.01m	13-01.75
	3.86 4.01 4.16			
	XXO XO XXX			
12	Dillon Dahl	JR Northern State	4.01m	13-01.75
	3.86 4.01 4.16			
	XO XO XXX			
15	BJ Groskreutz	JR Northwestern (Iowa)	3.86m	12-08.00
	3.86 4.01			
	XO XXX			
--	Keith Heidema	FR Dordt	NH	
	3.86			
	XXX			
--	Brett Huff	SR Dordt	NH	
	3.86 4.01 4.16 4.31 4.46 4.61			
	P P P P P XXX			
--	Brody Jorenson	FR Augustana (S.D.)	NH	
	3.86			
	XXX			
--	Brennan Branick	FR South Dakota St.	NH	
	3.86			
	XXX			
--	Trever Nordlund	FR Sioux Falls	NH	
	3.86			
	XXX			
--	Zach Gelineau	SO Northwestern (Iowa)	NH	
	3.86			
	XXX			

Men Long Jump UCO

Meet: M 25-03 4/21/1997 Andrew Owusu, unattached						
Name	Year	School	Finals	Wind		
1 Shaun Ryan	SR	Morningside	6.73m	+0.0	22-01.00	
			6.73m(+0.0) 6.56m(1.1) 6.58m(0.7) 6.56m(0.4) 6.71m(0.5)			FOUL
2 Lucas Woods	FR	SW Minnesota St.	6.56m	NWI	21-06.25	
			6.36m(-1.8) FOUL 6.36m(+0.0) 6.15m(0.1) 6.08m(-0.3) 6.56m(-0.0)			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men Long Jump UCO**

3	Zach Feil	SO Northern State	6.29m	+0.0	20-07.75
	FOUL	6.14m(-0.4) 6.18m(1.7) FOUL	6.29m(+0.0)	FOUL	
4	Tanner Konz	FR Wayne St. (Neb.)	6.23m	0.3	20-05.25
	FOUL	6.16m(-0.2) 6.23m(0.3) 6.03m(+0.0) 5.94m(+0.0)	FOUL		
5	Albert Rogalski	FR SW Minnesota St.	6.21m	0.4	20-04.50
	6.15m(-1.4) 6.21m(0.4) FOUL	5.89m(-1.1) FOUL	6.12m(-1.1)		
6	Ben Green	SR Northwestern (Iowa)	6.02m	+0.0	19-09.00
	6.02m(+0.0) FOUL	FOUL FOUL FOUL	FOUL		
7	Victor Ogeka	FR Iowa Central CC	5.93m	0.4	19-05.50
	5.93m(0.4) 5.74m(+0.0) 5.88m(+0.0)				
8	Trevor Zonnefeld	SO Dordt	5.88m	+0.0	19-03.50
	5.71m(0.6) 5.85m(+0.0) 5.88m(+0.0) FOUL	FOUL	5.68m(+0.0)		
9	Jonathan Nebelsick	SR Sioux Falls	5.87m	-1.1	19-03.25
	5.87m(-1.1) 5.80m(0.5) 5.65m(+0.0) 5.65m(+0.0) 5.71m(0.8) 5.64m(+0.0)				
10	Zack Rice	FR Northwestern (Iowa)	5.83m	1.5	19-01.50
	5.45m(+0.0) 5.83m(1.5) FOUL				
11	Zachary Busch	FR Northern State	5.47m	-0.4	17-11.50
	5.47m(-0.4) 5.32m(1.4) 5.13m(+0.0)				
12	Daquarius Hollis	FR Iowa Central CC	5.44m	1.3	17-10.25
	5.44m(1.3) FOUL	FOUL			
13	Jake Auerbach	SO Northwestern (Iowa)	5.42m	1.1	17-09.50
	5.42m(1.1) 5.18m(-0.3) 5.25m(-0.7)				
14	Elijah Ingram	FR Iowa Central CC	5.37m	-0.1	17-07.50
	5.25m(0.6) 5.37m(-0.1) FOUL				
15	Matthew Bolt	SO Dordt	5.31m	+0.0	17-05.25
	5.31m(+0.0) 5.31m(+0.0) FOUL				
16	Tanner Hilbrands	FR Northwestern (Iowa)	4.96m	+0.0	16-03.25
	FOUL FOUL 4.96m(+0.0)				
17	Zach Gelineau	SO Northwestern (Iowa)	4.67m	+0.0	15-04.00
	FOUL FOUL 4.67m(+0.0)				

Men Triple Jump UCO

Meet: M 55-06 4/22/1998 Andrew Owusu, unattached						
Name	Year	School	Finals	Wind		
1	Augustus Cowan	SR Briar Cliff	15.73m	+0.0	51-07.25	
	15.51m(0.4) 14.65m(1.4) 15.73m(+0.0) FOUL	FOUL	FOUL			
2	Christopher Ehimwenman	FR Iowa Central CC	13.57m	+0.0	44-06.25	
	13.22m(+0.0) FOUL 13.57m(+0.0) 13.52m(+0.0) 13.47m(+0.0) 13.34m(+0.0)					
3	Zach Jones	FR SW Minnesota St.	J13.57m	+0.0	44-06.25	
	13.44m(+0.0) 12.51m(+0.0) 13.28m(1.4) 13.25m(+0.0) 13.27m(+0.0) 13.57m(+0.0)					
4	Brett Nichols	FR South Dakota St.	13.24m	1.5	43-05.25	
	13.00m(0.3) 13.24m(1.5) 12.70m(-1.1) FOUL	FOUL	FOUL			
5	Connor Fitzsimmons	JR South Dakota	13.21m	0.5	43-04.25	
	13.04m(1.0) FOUL 13.21m(0.5) FOUL	FOUL	FOUL			
6	Trevor Zonnefeld	SO Dordt	12.92m	-0.7	42-04.75	
	FOUL 12.77m(+0.0) 12.92m(-0.7) 12.15m(NWI) 12.61m(NWI) FOUL					
7	Victor Ogeka	FR Iowa Central CC	12.90m	0.4	42-04.00	
	12.90m(0.4) 12.87m(+0.0) 12.70m(0.9) 12.74m(0.5) 12.88m(1.5) 12.53m(+0.0)					
8	Daniel Porter	JR Dakota Wesleyan	12.64m	1.1	41-05.75	
	12.64m(1.1) FOUL FOUL 12.62m(+0.0) FOUL	FOUL	FOUL			
9	Lucas Woods	FR SW Minnesota St.	12.51m	+0.0	41-00.50	
	12.13m(0.3) 12.30m(+0.0) 12.49m(-0.5) 12.43m(+0.0) 12.29m(+0.0) 12.51m(+0.0)					

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

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Results

....Men Triple Jump UCO

10 Ben Green	SR Northwestern (Iowa)	12.38m	0.8	40-07.50
12.09m(+0.0) 12.30m(+0.0) 12.38m(0.8)				
11 Elijah Ingram	FR Iowa Central CC	12.34m	0.8	40-06.00
FOUL 12.34m(0.8) 12.18m(0.6)				
12 Zachary Busch	FR Northern State	12.14m	+0.0	39-10.00
FOUL 12.12m(+0.0) 12.14m(+0.0)				
13 Vaughn Thada	JR Augustana (S.D.)	11.74m	+0.0	38-06.25
FOUL 11.74m(+0.0) 11.45m(+0.0)				
14 Cody Ptacek	SR Jamestown	11.46m	+0.0	37-07.25
FOUL 11.41m(+0.0) 11.46m(+0.0)				
15 Josh Reider	FR Augustana (S.D.)	11.43m	1.1	37-06.00
FOUL 11.43m(1.1) 10.86m(-0.5)				
-- Justus St Sauver	FR Augustana (S.D.)	FOUL		
FOUL FOUL FOUL				
-- Zach Feil	SO Northern State	FOUL		
FOUL FOUL FOUL				

Men Shot Put UCO

=====				
Meet: M 57-00.50 4/20/1998 Steve Schmidt, Dakota Wesleyan				
Name	Year School	Finals		
=====				
1 Kyle McKelvey	NA Unattached	17.72m	58-01.75	
FOUL 16.67m 17.72m FOUL FOUL 17.61m				
2 Justin Romero	SR Unattached	17.49m	57-04.75	
16.58m FOUL 17.49m FOUL 17.03m FOUL				
3 Levi Ettleman	SR Northwestern (Iowa)	16.66m	54-08.00	
16.59m 16.62m 16.66m FOUL FOUL FOUL				
4 Greg Ganter	FR South Dakota St.	15.72m	51-07.00	
14.69m 15.66m 15.72m FOUL 15.02m 15.49m				
5 Jordon Bents	SR Sioux Falls	J15.72m	51-07.00	
15.36m FOUL 15.72m FOUL FOUL 15.46m				
6 Cody Bauman	FR Northwestern (Iowa)	14.88m	48-10.00	
FOUL 14.49m 14.88m PASS PASS PASS				
7 Alex Weis	SO SW Minnesota St.	14.87m	48-09.50	
FOUL FOUL 14.48m FOUL FOUL 14.87m				
8 Jesse Hacker	JR Jamestown	14.58m	47-10.00	
14.04m 14.41m FOUL 14.58m FOUL FOUL				
9 Derrick Hurt	FR Northwestern (Iowa)	14.50m	47-07.00	
14.29m 4.32m 14.50m FOUL 14.43m FOUL				
10 Ben Tonsager	SO SW Minnesota St.	14.45m	47-05.00	
14.45m FOUL 13.85m				
11 Kyle Anderson	SO South Dakota St.	14.13m	46-04.25	
14.13m FOUL FOUL				
11 Chance Tatman	FR Iowa Central CC	14.13m	46-04.25	
13.93m 14.09m 13.77m 14.13m FOUL FOUL				
13 Lucas Osowski	Unattached	13.84m	45-05.00	
13.49m 3.19m 13.84m				
14 Grayson Bundick	SO Dordt	13.65m	44-09.50	
13.65m FOUL FOUL				
15 Gage Rayman	FR Northern State	13.23m	43-05.00	
13.23m FOUL 12.49m				
16 Derrick Sheppard	FR Sioux Falls	12.54m	41-01.75	
FOUL 12.54m ND				

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men Shot Put UCO**

17	Drew Larsen	SO Jamestown	12.39m	40-07.75
	12.39m 12.33m ND			
18	Dirk Okkema	SR Dordt	12.05m	39-06.50
	12.05m FOUL FOUL			
19	Cameron McKinney	SR Northwestern (Iowa)	11.90m	39-00.50
	11.90m FOUL ND			
20	David Davelaar	FR Dordt	11.86m	38-11.00
	11.86m FOUL FOUL			
21	Tray'Veon Armstrong	FR Iowa Central CC	11.79m	38-08.25
	FOUL FOUL 11.79m			
22	Matthew Bolt	SO Dordt	10.51m	34-05.75
	10.51m ND ND			
--	Will Rose	FR SW Minnesota St.	FOUL	
	FOUL FOUL FOUL			
--	Tyler Lems	FR Dakota State	FOUL	
	FOUL FOUL FOUL			
--	Brady Harr	JR Northern State	FOUL	
	FOUL FOUL FOUL			
--	Brian Williams	FR Iowa Central CC	FOUL	
	FOUL FOUL FOUL			

Men Discus Throw UCO

Meet: M 199-05 4/21/1999 Mark White, unattached

Name	Year	School	Finals
1 Brian Williams	FR	Iowa Central CC	50.16m 164-07
			FOUL 50.16m FOUL 48.67m 49.93m 47.18m
2 Cullen Mack	SR	South Dakota St.	48.00m 157-06
			45.93m FOUL 48.00m FOUL 44.80m 44.63m
3 Colton Bender	FR	South Dakota St.	47.53m 155-11
			40.97m 39.95m 47.53m FOUL 43.17m FOUL
4 Levi Ettleman	SR	Northwestern (Iowa)	47.33m 155-03
			44.36m 46.08m FOUL 46.95m 47.33m FOUL
5 Greg Ganter	FR	South Dakota St.	46.67m 153-01
			45.17m 45.21m FOUL 43.68m 46.67m FOUL
6 Austin Langston	FR	Morningside	46.44m 152-04
			FOUL 44.85m 46.44m FOUL 46.38m FOUL
7 Alex Weis	SO	SW Minnesota St.	46.15m 151-05
			FOUL FOUL 43.59m 46.15m FOUL FOUL
8 Nathan Willer	JR	Jamestown	45.58m 149-06
			42.90m 45.58m 43.56m FOUL 43.75m FOUL
9 Tyler Lems	FR	Dakota State	42.99m 141-00
			42.99m 42.64m FOUL FOUL FOUL FOUL
10 Colton Tracy	FR	Morningside	41.57m 136-05
			41.57m FOUL FOUL
11 Zach Landhuis	JR	Northwestern (Iowa)	40.67m 133-05
			FOUL 38.62m 40.67m
12 Dalton Kelley	SR	Northwestern (Iowa)	39.60m 129-11
			39.60m FOUL FOUL
13 Ben Bajema	FR	Dordt	39.45m 129-05
			FOUL 39.45m FOUL
14 Jordon Bents	SR	Sioux Falls	39.32m 129-00
			FOUL FOUL 39.32m

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men Discus Throw UCO**

15	John Davelaar	FR Dordt	39.18m	128-06
	37.59m 39.18m FOUL			
16	Jesse Hacker	JR Jamestown	37.75m	123-10
	37.75m FOUL FOUL			
17	Alec Sindelar	JR Buena Vista	37.70m	123-08
	FOUL 37.70m FOUL			
18	Drew Larsen	SO Jamestown	37.65m	123-06
	FOUL FOUL 37.65m			
19	Shawn Jensen	FR SW Minnesota St.	37.24m	122-02
	FOUL FOUL 37.24m			
20	William Mart	SO Mount Marty	37.09m	121-08
	FOUL 37.09m FOUL			
21	Grayson Bundick	SO Dordt	36.36m	119-03
	FOUL 36.36m FOUL			
22	Ben Guhl	JR Northwestern (Iowa)	36.02m	118-02
	36.02m FOUL FOUL			
23	Dirk Okkema	SR Dordt	34.73m	113-11
	34.73m FOUL FOUL			
24	Will Rose	FR SW Minnesota St.	34.51m	113-03
	FOUL 34.51m FOUL			
25	Derrick Sheppard	FR Sioux Falls	32.78m	107-06
	32.78m FOUL FOUL			
26	David Davelaar	FR Dordt	31.99m	104-11
	FOUL FOUL 31.99m			
27	Garrett Anderson	FR South Dakota	31.57m	103-07
	31.57m FOUL FOUL			
28	Peter Schukking	Unattached	30.03m	98-06
	FOUL FOUL 30.03m			
29	Garrett Rohlk	FR Buena Vista	29.59m	97-01
	29.59m FOUL FOUL			
30	Joey Candelarie	JR Morningside	29.36m	96-04
	FOUL FOUL 29.36m			
31	Chris Peterson	FR Jamestown	24.40m	80-01
	FOUL 24.40m FOUL			
--	Abram Reynolds	SR Briar Cliff	FOUL	
	FOUL FOUL FOUL			
--	Sam Burki	SO Briar Cliff	FOUL	
	FOUL FOUL FOUL			
--	Anthony Huber	SO Augustana (S.D.)	FOUL	
	FOUL FOUL FOUL			
--	Logan Kocab	FR Northwestern (Iowa)	FOUL	
	FOUL FOUL FOUL			
--	Tray'Veon Armstrong	FR Iowa Central CC	FOUL	
	FOUL FOUL FOUL			

Men Hammer Throw UCO

Meet: M 253-00 4/21/2007 A.G. Kruger, unattached

Name Year School Finals

1	Bryan Dunn	JR Wayne St. (Neb.)	55.38m	181-08
	53.96m 54.48m 55.38m FOUL FOUL 52.83m			
2	Colton Bender	FR South Dakota St.	54.61m	179-02
	FOUL 48.83m 50.47m 53.64m 52.83m 54.61m			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men Hammer Throw UCO**

3	Cullen Mack	SR South Dakota St.	53.28m	174-10
	52.50m 51.13m 53.28m 53.15m 50.88m 52.32m			
4	Greg Ganter	FR South Dakota St.	52.90m	173-07
	50.48m FOUL 50.20m 51.30m 51.87m 52.90m			
5	Steven Ricke	SR Unattached	49.99m	164-00
	49.99m FOUL 41.86m 43.05m FOUL FOUL			
6	Alex Weis	SO SW Minnesota St.	49.37m	162-00
	49.37m 45.98m FOUL FOUL 48.22m FOUL			
7	Derrick Hurt	FR Northwestern (Iowa)	48.83m	160-02
	46.75m 44.60m 48.83m 46.99m FOUL FOUL			
8	Brian Williams	FR Iowa Central CC	47.10m	154-06
	FOUL 43.18m 46.89m 42.41m 46.57m 47.10m			
9	Tray'Veon Armstrong	FR Iowa Central CC	46.61m	152-11
	FOUL 46.61m FOUL FOUL 45.86m FOUL			
10	Michael Brousseau	SR Jamestown	46.40m	152-03
	45.81m 45.14m 46.40m			
11	Jordan Flinn	FR SW Minnesota St.	45.86m	150-05
	FOUL 42.83m 45.86m			
12	Kyle Anderson	SO South Dakota St.	45.78m	150-02
	45.78m 45.56m FOUL			
13	Jeramiah Schrock	SR Unattached	45.39m	148-11
	45.39m FOUL 45.00m			
14	Justin Pastoor	SR Dordt	45.16m	148-02
	45.16m 41.83m 44.20m			
15	Andy Edison	SR Unattached	42.83m	140-06
	42.83m FOUL FOUL			
16	Brady Harr	JR Northern State	41.88m	137-05
	FOUL FOUL 41.88m			
17	Lucas Osowski	Unattached	41.48m	136-01
	41.31m 41.48m 39.24m			
18	Alec Sindelar	JR Buena Vista	41.19m	135-02
	41.19m FOUL FOUL			
19	David Davelaar	FR Dordt	40.12m	131-07
	FOUL 40.12m FOUL			
20	Drew Larsen	SO Jamestown	39.37m	129-02
	37.06m 37.97m 39.37m			
21	Garrett Rohlk	FR Buena Vista	39.27m	128-10
	39.27m 37.89m 38.67m			
22	Shawn Jensen	FR SW Minnesota St.	38.68m	126-11
	FOUL FOUL 38.68m			
23	Chance Tatman	FR Iowa Central CC	38.27m	125-07
	38.27m FOUL FOUL			
24	William Mart	SO Mount Marty	37.81m	124-00
	FOUL FOUL 37.81m			
25	Jesse Hacker	JR Jamestown	37.47m	122-11
	37.47m 37.00m 36.77m			
26	Derrick Sheppard	FR Sioux Falls	37.10m	121-09
	37.10m FOUL FOUL			
27	Tyler Lems	FR Dakota State	37.01m	121-05
	37.01m 36.06m FOUL			
28	Ben Bajema	FR Dordt	37.00m	121-05
	FOUL 36.28m 37.00m			
29	Nathan Willer	JR Jamestown	36.30m	119-01
	34.02m 36.30m 36.06m			

Sioux City Relays 2015 - 4/17/2015 to 4/18/2015**Olsen Stadium****Results****....Men Hammer Throw UCO**

30	Logan Kocab	FR Northwestern (Iowa)	35.89m	117-09
	35.89m 34.35m FOUL			
31	Joey Candelarie	JR Morningside	33.96m	111-05
	33.32m 33.96m FOUL			
32	Grayson Bundick	SO Dordt	33.45m	109-09
	33.45m FOUL FOUL			
33	John Davelaar	FR Dordt	33.05m	108-05
	FOUL FOUL 33.05m			
34	David Murphy	SO Northern State	28.58m	93-09
	28.58m FOUL FOUL			
--	Jordon Bents	SR Sioux Falls	FOUL	
	FOUL FOUL FOUL			
--	Austin Langston	FR Morningside	FOUL	
	FOUL FOUL FOUL			
--	Gage Rayman	FR Northern State	FOUL	
	FOUL FOUL FOUL			

Men Javelin Throw UCO

Meet: M 205-09 4/19/2007 Mark Liebl, unattached

Name	Year	School	Finals	
1 David Murphy	SO	Northern State	52.74m	173-00
	51.16m 48.94m 49.64m	52.74m 51.48m 49.84m		
2 Raul Rivera	FR	Morningside	50.63m	166-01
	50.20m FOUL FOUL	50.63m 49.85m 49.52m		
3 Dillon Dahl	JR	Northern State	50.45m	165-06
	45.85m 44.94m 45.63m	43.08m 45.62m 50.45m		
4 Austin Langston	FR	Morningside	49.73m	163-02
	43.05m 44.84m 45.17m	FOUL 43.40m 49.73m		
5 Zach Landhuis	JR	Northwestern (Iowa)	46.02m	151-00
	43.93m FOUL 42.74m	41.07m 46.02m FOUL		
6 Jordan Boekhout	SR	Unattached	44.19m	145-00
	40.00m FOUL 43.90m	44.19m 42.61m 39.22m		
7 Eric Peters	JR	Morningside	40.15m	131-09
	35.89m 37.92m FOUL	37.57m FOUL 40.15m		
8 Ben Bajema	FR	Dordt	39.14m	128-05
	29.37m 37.13m 36.03m	33.58m 39.14m 38.63m		
9 Colton Tracy	FR	Morningside	38.54m	126-05
	38.54m FOUL 33.77m	36.73m FOUL 35.95m		
10 Drew Schiltz	SO	Morningside	36.30m	119-01
	36.30m 36.00m FOUL			
11 Joey Candelarie	JR	Morningside	34.13m	112-00
	29.37m 29.94m 34.13m			
12 John Davelaar	FR	Dordt	34.09m	111-10
	32.41m 33.30m 34.09m			
13 Kayne Feldick	JR	Morningside	33.86m	111-01
	FOUL 33.80m 33.86m			