

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Girls 100 Meter Dash Class"A"**

Name	Year	School	Finals	Wind	H#
1 JOHNSON, ASHLEA	09	YANKTON HIGH SCHOOL	13.32	NWI	2
2 DAVIDSON, KARA	12	ROOSEVELT	13.59	NWI	2
3 GIBSON, HILLARY	11	SIOUX CITY EAST	13.59	NWI	2
4 BAILEY, BRITNI	09	SIOUX CITY NORTH	13.66	NWI	2
5 HOVLAND, NIKI	09	YANKTON HIGH SCHOOL	13.93	NWI	1
6 SHAFER, CASSIE	08	YANKTON HIGH SCHOOL	13.99	NWI	1
7 FISCUS, KAYLA	10	SIOUX CITY EAST	14.12	NWI	1
8 THEILEN, ASHLEY	11	SF LINCOLN	14.13	NWI	1
9 DYKSTRA, KRISTIN	10	SF LINCOLN	14.29	NWI	2
10 ROBINSON, STEPHANIE	09	SIOUX CITY NORTH	14.60	NWI	2
11 SANCHEZ, TANYA	09	SIOUX CITY NORTH	14.75	NWI	1
12 SHAFER, AMANDA	10	YANKTON HIGH SCHOOL	15.38	NWI	1

Girls 100 Meter Hurdles Class"A"

Name	Year	School	Finals	Wind	H#
1 OLORUNDAMI, NATALIE	12	SIOUX CITY WEST	15.59	NWI	2
2 ANDERSEN, ASHLEE	10	SIOUX CITY WEST	16.01	NWI	2
3 MARRON, ASHLEY	12	SIOUX CITY EAST	17.87	NWI	2
4 MUELLER, JENA	09	YANKTON HIGH SCHOOL	18.16	NWI	1
5 SARAH, PETERS	09	SF LINCOLN	18.29	NWI	2
6 REEDY, CRYSTAL	12	CB ABRAHAM LINCOLN	18.48	NWI	2
7 EVERSLEY, ALEXIE	10	YANKTON HIGH SCHOOL	18.50	NWI	1
8 BROMLEY, KARISSA	09	YANKTON HIGH SCHOOL	18.80	NWI	1
9 TOMSCHA, ANYA	11	SIOUX CITY NORTH	18.98	NWI	1
10 MARQUARDT, JESSICA	12	YANKTON HIGH SCHOOL	19.34	NWI	1
11 HANSEN, KELLY	11	SF LINCOLN	19.73	NWI	2
12 MCKNIGHT, EMELIA	11	SIOUX CITY NORTH	19.99	NWI	1
13 MILNER, SARAH	11	CB ABRAHAM LINCOLN	20.08	NWI	1

Girls 4x100 Meter Relay Class"A"

2 turn stagger School	Finals
1 SIOUX CITY EAST 'A'	51.82
2 SIOUX CITY WEST 'A'	51.92
3 SIOUX FALLS ROOSEVELT 'A'	52.57
4 YANKTON HIGH SCHOOL 'A'	53.09
5 SIOUX CITY NORTH 'A'	53.26
6 BISHOP HEELAN HIGH SCHOOL 'A'	54.30
7 CB ABRAHAM LINCOLN 'A'	54.82

Girls 4x200 Meter Relay Class"A"

4 turn stagger School	Finals
1 SIOUX FALLS ROOSEVELT 'A'	1:48.23
2 SIOUX CITY WEST 'A'	1:49.80
3 YANKTON HIGH SCHOOL 'A'	1:49.92

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Girls 4x200 Meter Relay Class"A"**

4	SIOUX CITY EAST 'A'	1:51.27
5	SF LINCOLN 'A'	1:52.17
6	BISHOP HEELAN HIGH SCHOOL 'A'	1:53.85
7	SIOUX CITY NORTH 'A'	1:54.45
8	CB ABRAHAM LINCOLN 'A'	1:59.15

Girls 4x400 Meter Relay Class"A"

3 turn stagger		Finals
School		
1	SIOUX FALLS ROOSEVELT 'A'	4:09.24
2	SIOUX CITY NORTH 'A'	4:10.25
3	YANKTON HIGH SCHOOL 'A'	4:12.24
4	SIOUX CITY EAST 'A'	4:30.86
5	BISHOP HEELAN HIGH SCHOOL 'A'	4:38.93
6	CB ABRAHAM LINCOLN 'A'	4:45.71

Girls Distance Medley Class"A"

3 turn stagger		Finals
School		
1	SIOUX FALLS ROOSEVELT 'A'	4:14.17
2	YANKTON HIGH SCHOOL 'A'	4:24.19
3	BISHOP HEELAN HIGH SCHOOL 'A'	4:34.98
4	SIOUX CITY EAST 'A'	4:40.56
5	SIOUX CITY NORTH 'A'	4:47.24
6	CB ABRAHAM LINCOLN 'A'	4:53.16
--	SF LINCOLN 'A'	NT
--	SIOUX CITY WEST 'A'	NT

Girls 100 Meter Dash Class"B"

Name	Year School	Finals	Wind	H#
1 HOWARD, SHERI	ESTHERVILLE	13.12	NWI	1
2 ACHTERHOFF, MORGAN	10 MAURICE/ORANGE CITY	13.32	NWI	2
3 ESTES, JENN	10 SIOUX CENTER	13.48	NWI	2
4 GOTCH, SARA	12 SO SIOUX	13.51	NWI	2
5 JOHNSON, BAILEY	11 OKOBOJI HIGH SCHOOL	13.58	NWI	1
6 WOULDSTRA, JENNA	09 UNITY CHS'T	13.65	NWI	2
7 SCHIERNBECK, CRYSTAL	10 BATTLE CREEK-IDA	13.72	NWI	2
8 BECK, LANDI	11 SGT BLUFF-LU	13.93	NWI	2
9 BOYSEN, MELINDA	11 BATTLE CREEK-IDA	13.96	NWI	1
10 MCGILL, ROCHELLE	10 CHEROKEE	13.96	NWI	2
11 NILLES, RACHEL	09 LEMARS CENTRAL	14.12	NWI	1
12 GROENEWEG, ERICA	11 UNITY CHS'T	14.17	NWI	1
13 BEECK, KELLI	10 LEMARS CENTRAL	14.19	NWI	2
14 STOCKFLETH, KRISTIN	09 SGT BLUFF-LU	14.57	NWI	1

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Girls 100 Meter Hurdles Class"B"**

Name	Year	School	Finals	Wind	H#
1 SCHIERNBECK, CRYSTAL	10	BATTLE CREEK-IDA	16.11	NWI	2
2 DEWEERD, EMILY	11	UNITY CHS'T	16.40	NWI	2
3 JOHNSON, BAILEY	11	OKOBOJI HIGH SCHOOL	16.73	NWI	2
4 WOLLMAN, AMANDA	11	LEMARS CENTRAL	16.79	NWI	1
5 BOYSEN, MELINDA	11	BATTLE CREEK-IDA	16.99	NWI	2
6 HEILMAN, SHANNON	10	MAURICE/ORANGE CITY	17.04	NWI	1
7 JOHNSON, MEGAN	12	MAURICE/ORANGE CITY	17.18	NWI	1
8 ESTOCHEN, AMBER	11	SO SIOUX	17.82	NWI	2
9 MASSEY, TANYA	11	SGT BLUFF-LU	17.94	NWI	1
10 WILLIAMS, TABATHA	09	SO SIOUX	18.00	NWI	1
11 HARTMAN, LAURA	12	OKOBOJI HIGH SCHOOL	18.61	NWI	2
12 CONOVER, JEN	11	CHEROKEE	18.76	NWI	2
13 COSNER, CHANNA	11	SGT BLUFF-LU	19.60	NWI	1

Girls 4x100 Meter Relay Class"B"

2 turn stagger	School	Finals
1 SIOUX CENTER HIGH SCHOOL	'A'	53.04
2 BATTLE CREEK-IDA GROVE	'A'	53.21
3 SGT BLUFF-LUTON H.S.	'A'	54.14
4 UNITY CHRISTIAN H.S.	'A'	55.01
5 LEMARS CENTRAL	'A'	55.32
6 CHEROKEE WASH. HIGH SCHOOL	'A'	57.13

Girls 4x200 Meter Relay Class"B"

4 turn stagger	School	Finals
1 BATTLE CREEK-IDA GROVE	'A'	1:49.81
2 SIOUX CENTER HIGH SCHOOL	'A'	1:50.83
3 UNITY CHRISTIAN H.S.	'A'	1:51.00
4 CHEROKEE WASH. HIGH SCHOOL	'A'	1:51.44
5 SO SIOUX CITY HIGH SCHOOL	'A'	1:52.14
6 LEMARS CENTRAL	'A'	1:53.46
7 SGT BLUFF-LUTON H.S.	'A'	1:55.30

Girls 4x400 Meter Relay Class"B"

3 turn stagger	School	Finals
1 LEMARS CENTRAL	'A'	4:11.48
2 SIOUX CENTER HIGH SCHOOL	'A'	4:13.47
3 MAURICE/ORANGE CITY	'A'	4:13.97
4 UNITY CHRISTIAN H.S.	'A'	4:18.75
5 CHEROKEE WASH. HIGH SCHOOL	'A'	4:26.26
6 OKOBOJI HIGH SCHOOL	'A'	4:29.19
7 BATTLE CREEK-IDA GROVE	'A'	4:29.68
8 SGT BLUFF-LUTON H.S.	'A'	4:39.64

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Girls Distance Medley Class"B"**

3 turn stagger		Finals
School		
1	SIOUX CENTER HIGH SCHOOL 'A'	4:21.89
2	OKOBOJI HIGH SCHOOL 'A'	4:23.22
3	CHEROKEE WASH. HIGH SCHOOL 'A'	4:23.62
4	MAURICE/ORANGE CITY 'A'	4:24.08
5	UNITY CHRISTIAN H.S. 'A'	4:41.54
6	BATTLE CREEK-IDA GROVE 'A'	4:50.07
7	SGT BLUFF-LUTON H.S. 'A'	4:51.62

Girls 100 Meter Dash Class"C"

Name	Year	School	Finals	Wind	H#
1 FEHR, LEAH	12	D VALLEY	13.23	NWI	2
2 FUCHSER, BREANNA	12	EMERSON-HUBBARD	13.31	NWI	2
3 ZIMMER, ASHLEY	10	SOUTH O'BRIEN H.S.	13.34	NWI	2
4 FEHR, RACHEL	09	D VALLEY	13.85	NWI	2
5 DONALDSON, LAURA	11	KINGSLEY-PIERSON	13.94	NWI	2
6 KRUSE, DANIELLE	11	SOUTH O'BRIEN H.S.	13.96	NWI	2
7 SAUER, MEGAN	09	GEHLEN CATHOLIC	14.25	NWI	2
8 BORLAND, HAYLIE	09	WOODBURY CEN	14.54	NWI	1
9 NIELSEN, AMBER	12	WESTWOOD	14.54	NWI	1
10 SITZMANN, KELSEY	09	GEHLEN CATHOLIC	14.55	NWI	1
11 MILLER, ASHTON	11	WEST MONONA	14.65	NWI	2
12 MARCELL, NIELSEN	09	WESTWOOD	15.33	NWI	1

Girls 100 Meter Hurdles Class"C"

Name	Year	School	Finals	Wind	H#
1 POLLARD, PAIGE	10	ELK POINT-JEFFERSON	15.57	NWI	2
2 KUCHEL, KAYLA	09	KINGSLEY-PIERSON	16.93	NWI	2
3 SWOBODA, AMIE	11	HOMER HIGH SCHOOL	17.14	NWI	2
4 RUDEN, MELINDA	10	GEHLEN CATHOLIC	17.16	NWI	2
5 FLOY, SAM	12	GEHLEN CATHOLIC	17.20	NWI	2
6 HARRIS, KATIE	10	HOMER HIGH SCHOOL	17.63	NWI	1
7 CHACE, REGAN	11	KINGSLEY-PIERSON	17.78	NWI	1
8 KOCH, CAYLA	09	KINGSLEY-PIERSON	17.93	NWI	1
9 TESCH, MICHELLE	12	SOUTH O'BRIEN H.S.	18.22	NWI	1
10 BLATCHFORD, KEISHA	11	NEWCASTLE HI	18.38	NWI	1
11 MURDOCK, BRITTNEY	09	WESTWOOD	18.53	NWI	1
12 GUADIAN, DANIELLE	12	SOUTH O'BRIEN H.S.	18.65	NWI	1
13 NIELSEN, AMBER	12	WESTWOOD	19.60	NWI	2

Girls 4x100 Meter Relay Class"C"

2 turn stagger		Finals
School		
1	SOUTH O'BRIEN H.S. 'A'	52.44
2	RIVER VALLEY HIGH SCHOOL 'A'	54.57
3	GEHLEN CATHOLIC 'A'	54.63
4	KINGSLEY-PIERSON 'A'	54.95

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Girls 4x100 Meter Relay Class"C"**

5 WESTWOOD SLOAN HIGH SCHOO 'A'	56.50
-- LAWTON-BRONSON 'A'	DQ

Girls 4x200 Meter Relay Class"C"

=====	
4 turn stagger	
School	Finals
=====	
1 ELK POINT-JEFFERSON 'A'	1:51.40
2 SOUTH O'BRIEN H.S. 'A'	1:51.74
3 GEHLEN CATHOLIC 'A'	1:51.99
4 KINGSLEY-PIERSON 'A'	1:53.33
5 RIVER VALLEY HIGH SCHOOL 'A'	1:53.79
6 LAWTON-BRONSON 'A'	1:55.84
7 WESTWOOD SLOAN HIGH SCHOO 'A'	2:01.72
-- EMERSON-HUBBARD 'A'	DQ

Girls 4x400 Meter Relay Class"C"

=====	
3 turn stagger	
School	Finals
=====	
1 SOUTH O'BRIEN H.S. 'A'	4:15.10
2 KINGSLEY-PIERSON 'A'	4:19.52
3 ELK POINT-JEFFERSON 'A'	4:20.52
4 GEHLEN CATHOLIC 'A'	4:21.96
5 EMERSON-HUBBARD 'A'	4:37.41
6 NEWCASTLE HIGH SCHOOL 'A'	4:41.35
7 WESTWOOD SLOAN HIGH SCHOO 'A'	5:01.72

Girls Distance Medley Class"C"

=====	
3 turn stagger	
School	Finals
=====	
1 ELK POINT-JEFFERSON 'A'	4:32.14
2 EMERSON-HUBBARD 'A'	4:45.84
3 NEWCASTLE HIGH SCHOOL 'A'	4:50.48
4 GEHLEN CATHOLIC 'A'	4:58.41
5 WESTWOOD SLOAN HIGH SCHOO 'A'	5:22.43

Girls 800 Meter Run Open H.S.

=====		
Top 24		
Name	Year School	Finals
=====		
1 SCHRUNK, CAEDRYN	12 SPIRIT LAKE PARK	2:19.70
2 GRADY, ANNE	10 LEMARS CENTRAL	2:20.35
3 JOHNSON, OLIVIA	10 OKOBOJI HIGH SCHOOL	2:22.51
4 CROWLEY, CAITLYN	09 ROOSEVELT	2:26.21
5 NELSON, SARAH	11 SIOUX CITY NORTH	2:27.55
6 KRAAYENBRINK, ANNA	11 SIOUX CENTER	2:28.35
7 ANDERSON, MELISSA	11 ROOSEVELT	2:29.13
8 STERNHAGEN, KRISTIN	09 YANKTON HIGH SCHOOL	2:29.83
9 LEADER, TIFFANY	10 YANKTON HIGH SCHOOL	2:30.01

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Girls 800 Meter Run Open H.S.**

10 NELSON, KARA	10 CHEROKEE	2:35.35
11 BROEKHUIS, LAURA	11 UNITY CHS'T	2:36.15
12 GOEDHART, LISA	10 UNITY CHS'T	2:36.96
13 PURSELL, KATIE	09 SIOUX CITY NORTH	2:43.45
14 MAXON, ASHLEY	10 LAUREL-CONCORD	2:44.80

Girls 1500 Meter Run Open H.S.

Top 32			
Name	Year	School	Finals
1 KAVAN, RAMSEY	12	YANKTON HIGH SCHOOL	4:37.53
2 BIES, BETSY	10	YANKTON HIGH SCHOOL	4:48.78
3 LEADER, TIFFANY	10	YANKTON HIGH SCHOOL	5:01.39
4 KRAAYENBRINK, ANNA	11	SIOUX CENTER	5:05.65
5 DUBA, ALLISON	12	ROOSEVELT	5:12.02
6 SWAIN, CASSIE	12	ROOSEVELT	5:15.00
7 ENGLE, KATIE	12	KINGSLEY-PIERSON	5:17.72
8 GOEDHART, LISA	10	UNITY CHS'T	5:19.80
9 RICE, HILARY	10	SIOUX CITY NORTH	5:22.96
10 SORENSON, EMILEE	11	CB ABRAHAM LINCOLN	5:23.99
11 BROEKHUIS, LAURA	11	UNITY CHS'T	5:25.12
12 VONEHWEGEN, ALLISON	09	OKOBOJI HIGH SCHOOL	5:26.23
13 ROSENER, ASHLEY	11	GEHLEN CATHOLIC	5:27.31
14 GREGO, JESSIE	09	CB ABRAHAM LINCOLN	5:30.17
15 GRABOUSKI, JESSICA	11	SGT BLUFF-LU	5:30.47
16 JOHNSON, CARRIE	11	MAURICE/ORANGE CITY	5:30.82
17 MAXON, ASHLEY	10	LAUREL-CONCORD	5:31.18
18 PHIPPS, ALEXA	09	SO SIOUX	5:32.09
19 WILES, KRISTIN	10	SF LINCOLN	5:32.14
20 STABE, BRITTANY	10	SO SIOUX	5:35.05
21 MCAREAVY, MADDY	09	GALVA-HOLSTEIN	5:37.09
22 STEINBERGER, MARILYN	10	SF LINCOLN	5:38.11
23 GRUPP, AMANDA	10	SIOUX CITY NORTH	5:38.53
24 MASON, BECKY	11	BATTLE CREEK-IDA	5:39.18
25 STARK, STEFANIE	10	SIOUX CITY WEST	5:40.57
26 KEPPEN, KATIE	09	D VALLEY	5:47.37
27 RAHBUSCH, BRITTANY	10	SOUTH O'BRIEN H.S.	5:47.82
28 LANGEL, ASHLEY	09	GEHLEN CATHOLIC	5:49.41
29 KUMMERFELD, DEE	12	SOUTH O'BRIEN H.S.	5:58.11

Girls 3000 Meter Run Open H.S.

Top 32			
Name	Year	School	Finals
1 KAVAN, RAMSEY	12	YANKTON HIGH SCHOOL	9:57.23
2 BIES, BETSY	10	YANKTON HIGH SCHOOL	10:10.73
3 SCHRUNK, CAEDRYN	12	SPIRIT LAKE PARK	10:16.80
4 NELSON, KARA	10	CHEROKEE	10:39.54
5 MCCAULEY, SIERRA	09	HEELAN	10:52.00
6 ENGLE, KATIE	12	KINGSLEY-PIERSON	11:27.71
7 SELVES, JULIE	11	YANKTON HIGH SCHOOL	11:30.29
8 JARMAN, EMILY	11	HEELAN	11:33.00
9 GRABOUSKI, JESSICA	11	SGT BLUFF-LU	11:45.96

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Girls 3000 Meter Run Open H.S.**

10	MAXON, ASHLEY	10	LAUREL-CONCORD	11:50.42
11	BENZONI, NICOLE	09	SIOUX CITY NORTH	11:53.77
12	STARK, STEFANIE	10	SIOUX CITY WEST	11:55.21
13	ROSENBOOM, LAURA	10	SIOUX CENTER	11:57.28
14	STABE, BRITTANY	10	SO SIOUX	11:58.12
15	GROSVENOR, LISA	09	NEWCASTLE HI	11:58.61
16	LANGE, DANI	09	SOUTH O'BRIEN H.S.	12:00.37
17	MCGRATH, ANGIE	12	HEELAN	12:02.93
18	CALKHOVEN, JAMIE	11	UNITY CHS'T	12:09.78
19	MCAREAVY, MADDY	09	GALVA-HOLSTEIN	12:19.75
20	KACMARYNSKI, AMY	11	BATTLE CREEK-IDA	12:29.62
21	KUMMERFELD, DEE	12	SOUTH O'BRIEN H.S.	12:31.46
22	MORITZ, SADIE	10	LEMARS CENTRAL	12:47.94
23	HARVEY, ASHLEY	12	KINGSLEY-PIERSON	12:50.52
24	GROUBOUSKI, JENNA	11	SGT BLUFF-LU	12:51.66
25	DRIVER, KELSEY	12	LEMARS CENTRAL	13:00.39
26	HUDELSON, JESSICA	09	ELK POINT-JEFFERSON	13:30.52
27	DURHAM, TIFFINY	11	NEWCASTLE HI	13:50.71
28	TAYLOR, KIM	11	BATTLE CREEK-IDA	14:04.18

Girls 400 Meter Hurdles Open H.S.

Top 24 by time

Name	Year	School	Finals	H#	
1	KALIN, JACQUI	10	SIOUX CITY NORTH	1:05.32	3
2	BOTTORFF, DANI	09	KINGSLEY-PIERSON	1:06.19	3
3	DEVORE, BAILY	11	BATTLE CREEK-IDA	1:08.95	3
4	LOHRY, MOLLY	11	SIOUX CITY NORTH	1:09.05	3
5	CONLEY, ALISHIA	11	LEMARS CENTRAL	1:10.53	2
6	DASHNER, JACQUE	12	SGT BLUFF-LU	1:12.54	2
7	VANDER WEIDE, CHRISSY	10	UNITY CHS'T	1:13.06	2
8	OPSAHL, LAURA	09	YANKTON HIGH SCHOOL	1:13.06	3
9	MUELLER, JENA	09	YANKTON HIGH SCHOOL	1:13.50	3
10	KELLEN, KELSI	09	GEHLEN CATHOLIC	1:13.90	2
11	HARTMAN, LAURA	12	OKOBOJI HIGH SCHOOL	1:14.50	3
12	MCDOUGALL, ERICA	11	LEMARS CENTRAL	1:14.57	2
13	ESTOCHEN, AMBER	11	SO SIOUX	1:14.62	2
14	MASSEY, TANYA	11	SGT BLUFF-LU	1:18.03	1
15	RYAN, BRIDGET	09	SIOUX CENTER	1:19.66	1
16	NOTEBOOM, JENNA	09	UNITY CHS'T	1:20.15	1
17	WILLIAMS, SALLY	09	SIOUX CITY NORTH	1:20.29	1
18	CONOVER, JEN	11	CHEROKEE	1:22.80	1
19	MILNER, SARAH	11	CB ABRAHAM LINCOLN	1:23.72	1
20	HEILMAN, SHANNON	10	MAURICE/ORANGE CITY	1:24.77	2

Girls 4x800 Meter Relay Open H.S.

Top 16 teams by time

1 turn stagger

School	Finals	
1	SIOUX FALLS ROOSEVELT 'A'	9:20.12
2	YANKTON HIGH SCHOOL 'A'	9:20.74
3	SIOUX CENTER HIGH SCHOOL 'A'	10:02.83

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Girls 4x800 Meter Relay Open H.S.**

4	OKOBOJI HIGH SCHOOL 'A'	10:06.98
5	SF LINCOLN 'A'	10:15.88
6	SIOUX CITY NORTH 'A'	10:25.27
7	MAURICE/ORANGE CITY 'A'	10:26.36
8	GEHLEN CATHOLIC 'A'	10:32.36
9	BATTLE CREEK-IDA GROVE 'A'	11:08.02
10	EMERSON-HUBBARD 'A'	11:21.82
11	SOUTH O'BRIEN H.S. 'A'	11:27.64
12	SGT BLUFF-LUTON H.S. 'A'	11:28.43
13	CHEROKEE WASH. HIGH SCHOOL 'A'	11:36.87

Girls High Jump Open H.S.

Starting height 4'8"

Name	Year School	Finals	
1	HOOGLAND, JINA	11 UNITY CHS'T	5-00.00 1.52m
2	BEAVER, KAITLIN	10 SIOUX CENTER	J5-00.00 1.52m
3	HULSTEIN, RANDA	11 SIOUX CENTER	J5-00.00 1.52m
4	WILKINSON, HANNAH	09 ELK POINT-JEFFERSON	J5-00.00 1.52m
5	SCHNEIDER, EMILY	10 SIOUX CITY NORTH	J5-00.00 1.52m
6	ANDERSEN, ASHLEE	10 SIOUX CITY WEST	4-10.00 1.47m
7	BECKER, LISA	11 YANKTON HIGH SCHOOL	J4-10.00 1.47m
--	SCHAEFER, EMILY	09 SO SIOUX	NH
--	SWAIN, CASSIE	12 ROOSEVELT	NH
--	NISSSEN, KATIE	09 SO SIOUX	NH
--	STERNHAGEN, KRISTIN	09 YANKTON HIGH SCHOOL	NH
--	PAULSEN, JILL	10 SOUTH O'BRIEN H.S.	NH
--	JANSEN, JENNA	11 HEELAN	NH
--	BAIRD, AMBER	10 SGT BLUFF-LU	NH
--	CHACE, REGAN	11 KINGSLEY-PIERSON	NH
--	MORTENSON, TAYLOR	09 SF LINCOLN	NH
--	CROPLEY, TRICIA	11 LAWTON-BRONSON	NH
--	HANSEN, KELLY	11 SF LINCOLN	NH
--	WOLLMAN, AMANDA	11 LEMARS CENTRAL	NH

Girls Long Jump Open H.S.

Name	Year School	Finals	Wind	
1	CAMERON, LINDSAY	11 YANKTON HIGH SCHOOL	16-03.50	NWI 4.96m
2	HOOGVEEN, NICOLE	10 SIOUX CENTER	16-00.50	NWI 4.88m
3	HORSTMAN, JOY	12 UNITY CHS'T	16-00.00	NWI 4.87m
4	GOTCH, SARA	12 SO SIOUX	15-10.50	NWI 4.83m
5	MANSFIELD, TRICIA	11 GEHLEN CATHOLIC	15-09.50	NWI 4.81m
6	ANDERSON, TASHA	11 SIOUX CITY WEST	15-08.50	NWI 4.78m
7	FUCHSER, BREANNA	12 EMERSON-HUBBARD	15-07.00	NWI 4.74m
8	JOHNSON, BAILEY	11 OKOBOJI HIGH SCHOOL	J15-07.00	NWI 4.74m
9	SCHNEIDER, EMILY	10 SIOUX CITY NORTH	15-05.00	NWI 4.69m
10	ROBINSON, STEPHANIE	09 SIOUX CITY NORTH	15-04.50	NWI 4.68m
11	LACROIX, ERICA	11 YANKTON HIGH SCHOOL	15-04.00	NWI 4.67m
12	BECK, LANDI	11 SGT BLUFF-LU	15-01.00	NWI 4.59m
12	MORTENSON, TAYLOR	09 SF LINCOLN	15-01.00	NWI 4.59m
14	HOLTGREWE, ALLISON	10 GEHLEN CATHOLIC	15-00.00	NWI 4.57m
15	ATKINS, MAGGIE	11 ROOSEVELT	14-11.50	NWI 4.55m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Girls Long Jump Open H.S.**

16 NELSON, MEGHAN	10 ROOSEVELT	14-10.00	NWI	4.52m
17 IVERSON, MONICA	09 HEELAN	14-08.00	NWI	4.47m
18 CHACE, REGAN	11 KINGSLEY-PIERSON	14-06.50	NWI	4.43m
19 FISCUS, KAYLA	10 SIOUX CITY EAST	14-04.50	NWI	4.38m
20 BOLTE, KELSEY	10 BATTLE CREEK-IDA	14-04.00	NWI	4.36m
20 SERVINE, MELISSA	11 EMERSON-HUBBARD	14-04.00	NWI	4.36m
22 JACKSON, MEGAN	10 CHEROKEE	14-03.50	NWI	4.35m
22 KROESE, SARAH	09 UNITY CHS'T	14-03.50	NWI	4.35m
24 FEJFAR, JENNA	12 YANKTON HIGH SCHOOL	14-02.50	NWI	4.33m
25 VAN SKIKE, NIKKI	10 SIOUX CENTER	13-11.50	NWI	4.25m
25 TROTH, KELSEY	11 SO SIOUX	13-11.50	NWI	4.25m
27 NEBELSICK, MARY	09 ELK POINT-JEFFERSON	13-06.00	NWI	4.11m
28 WILKINSON, HANNAH	09 ELK POINT-JEFFERSON	13-04.00	NWI	4.06m
29 MUELLER, JENA	09 YANKTON HIGH SCHOOL	13-02.00	NWI	4.01m
30 KRAGER, LACEY	10 BATTLE CREEK-IDA	12-10.50	NWI	3.92m
31 BOPKEMPER, LAURA	09 SGT BLUFF-LU	12-09.00	NWI	3.88m

Girls Shot Put Open H.S.

Standard for measurement 35'

Name	Year	School	Finals	
1 WALINGA, ERIN	12	UNITY CHS'T	39-09.00	12.11m
2 KNAACK, KAYLA	12	RIVER VALLEY	39-04.50	12.00m
3 BLOOMFIELD, KATIE	11	LAUREL-CONCORD	38-04.75	11.70m
4 JOHNSON, MEGAN	12	MAURICE/ORANGE CITY	37-03.50	11.36m
5 CORNEMANN, KETTY	11	YANKTON HIGH SCHOOL	36-07.50	11.16m
6 DEN HERDER, KARA	10	SIOUX CENTER	35-09.50	10.90m
7 LAMPRECHT, BECKY	12	PONCA HIGH SCHOOL	34-11.25	10.64m
8 GROTH, TINA	12	WOODBURY CEN	33-04.75	10.17m
9 WIESELER, MICHELLE	12	YANKTON HIGH SCHOOL	33-03.00	10.13m
10 VAN BEEK, KELSI	10	UNITY CHS'T	33-01.50	10.09m
11 MASON, JULIE	12	SIOUX CITY NORTH	32-11.00	10.03m
12 HASENBANK, ERIN	11	ELK POINT-JEFFERSON	32-05.25	9.88m
13 PRICKETT, KARI	10	YANKTON HIGH SCHOOL	32-01.50	9.79m
14 WALLACE, ANDREA	10	SIOUX CITY NORTH	31-09.25	9.68m
15 EBEL, REAGAN	09	SOUTH O'BRIEN H.S.	31-09.00	9.67m
16 OCHOA, CRUZ	09	SO SIOUX	31-08.75	9.67m
17 HUMPHREY, JACKIE	10	SO SIOUX	31-07.00	9.62m
18 JOHNIKIN, KELSEY	11	SIOUX CITY WEST	31-04.50	9.56m
19 MOISER, AMY	12	SOUTH O'BRIEN H.S.	31-01.75	9.49m
20 WATKINS, JESSICA	11	PONCA HIGH SCHOOL	30-11.25	9.42m
21 FRALEY, HILLARY	10	SIOUX CITY NORTH	30-08.75	9.36m
22 DEHAAN, TERYN	12	MAURICE/ORANGE CITY	30-06.50	9.30m
22 COPE, LEXIE	10	WOODBURY CEN	30-06.50	9.30m
24 NIEHUS, LIZZIE	09	LEMARS CENTRAL	30-00.25	9.15m
25 HEENEY, KENDRA	10	EMERSON-HUBBARD	29-06.50	9.00m
26 PADOMEK, ALLISON	10	SIOUX CITY EAST	28-09.25	8.76m
27 SIMPSON, ELIZABETH	09	SIOUX CITY EAST	27-09.25	8.46m
28 PENFIELD, SHELBY	12	ELK POINT-JEFFERSON	27-05.75	8.37m
29 CHARTIER, KRISTEN	09	SIOUX CITY NORTH	27-02.25	8.28m
30 SEBADE, SARAH	09	EMERSON-HUBBARD	26-11.75	8.22m
31 WAGNER, KATIE	09	YANKTON HIGH SCHOOL	26-11.00	8.20m
32 PARKER, ERIN	10	SIOUX CITY NORTH	25-09.50	7.86m
33 CURRY, KAYLA	12	SIOUX CITY NORTH	25-02.25	7.67m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Girls Shot Put Open H.S.**

34 ALBERS, AMBER	11 WESTWOOD	17-00.00	5.18m
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Girls Discus Throw Open H.S.

Standard measurement 100'			
Name	Year	School	Finals
1 BROWN, KATIE	11	SPIRIT LAKE PARK	131-10 40.18m
2 NELSON, CATHERINE	11	SIOUX CITY NORTH	120-04 36.67m
3 DEHAAN, TERYN	12	MAURICE/ORANGE CITY	120-02 36.62m
4 DEN HERDER, KARA	10	SIOUX CENTER	111-01 33.85m
5 BLOOMFIELD, KATIE	11	LAUREL-CONCORD	109-10 33.47m
6 WALINGA, ERIN	12	UNITY CHS'T	107-08 32.81m
7 DRENNAN, LACIE	09	CHEROKEE	106-06 32.46m
8 HUMPHREY, JACKIE	10	SO SIOUX	105-07 32.18m
9 CORNEMANN, KETTY	11	YANKTON HIGH SCHOOL	105-00 32.00m
10 WAGNER, KATIE	09	YANKTON HIGH SCHOOL	104-10 31.95m
11 WILSON, DANA	10	HEELAN	104-09 31.92m
12 SIMPSON, ELIZABETH	09	SIOUX CITY EAST	102-09 31.31m
13 REMBE, JODI	11	SGT BLUFF-LU	100-10 30.73m
14 RICHARDS, NIKKI	09	LAWTON-BRONSON	97-06 29.71m
15 CURRY, KAYLA	12	SIOUX CITY NORTH	95-08 29.15m
16 SWANSON, AMANDA	12	WESTWOOD	95-00 28.95m
17 WIESELER, KAYLA	10	YANKTON HIGH SCHOOL	94-04 28.75m
18 SCHUTTLOFFEL, JENNIFER	10	ROOSEVELT	94-02 28.70m
19 MASON, JULIE	12	SIOUX CITY NORTH	94-00 28.65m
20 WATKINS, JESSICA	11	PONCA HIGH SCHOOL	93-03 28.42m
21 HASENBANK, ERIN	11	ELK POINT-JEFFERSON	93-00 28.34m
22 MOISER, AMY	12	SOUTH O'BRIEN H.S.	92-02 28.09m
23 YACEVICH, HEATHER	12	SO SIOUX	91-10 27.99m
23 PENFIELD, SHELBY	12	ELK POINT-JEFFERSON	91-10 27.99m
23 WILSON, REYN	11	HEELAN	91-10 27.99m
26 WIESELER, MICHELLE	12	YANKTON HIGH SCHOOL	91-07 27.91m
27 GRAY, KALI	09	LAWTON-BRONSON	86-04 26.31m
28 HEENEY, KENDRA	10	EMERSON-HUBBARD	84-02 25.65m
29 EBEL, REAGAN	09	SOUTH O'BRIEN H.S.	83-09 25.52m
30 PADOMEK, ALLISON	10	SIOUX CITY EAST	75-00 22.86m
31 DIRKSEN, KARI	10	GEHLEN CATHOLIC	72-09 22.17m
32 FRALEY, HILLARY	10	SIOUX CITY NORTH	69-00 21.03m
33 CHARTIER, KRISTEN	09	SIOUX CITY NORTH	68-03 20.80m
34 EARLEYWINE, SAM	10	SGT BLUFF-LU	52-00 15.84m
35 ALBERS, AMBER	11	WESTWOOD	50-03 15.31m
-- LAMPRECHT, BECKY	12	PONCA HIGH SCHOOL	ND
-- GERMANN, SARAH	10	GEHLEN CATHOLIC	ND

Girls 4x100 Meter Relay Freshman Girls

2 turn stagger		Finals
School		
1 BISHOP HEELAN HIGH SCHOOL	'A'	54.24
2 SO SIOUX CITY HIGH SCHOOL	'A'	56.37
3 SIOUX CITY NORTH	'A'	58.67
4 SIOUX CITY WEST	'A'	1:02.21
5 SIOUX CITY EAST	'A'	1:03.82

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Girls 4x200 Meter Relay Freshman Girls**

4 turn stagger		Finals
School		
1 BISHOP HEELAN HIGH SCHOOL 'A'		1:57.57
2 SO SIOUX CITY HIGH SCHOOL 'A'		2:03.95
3 SIOUX CITY NORTH 'A'		2:05.56
4 SIOUX CITY WEST 'A'		2:12.67
5 SIOUX CITY EAST 'A'		2:15.77

Girls 4x400 Meter Relay Freshman Girls

3 turn stagger		Finals
School		
1 BISHOP HEELAN HIGH SCHOOL 'A'		4:22.16
2 SO SIOUX CITY HIGH SCHOOL 'A'		4:40.61
3 SIOUX CITY NORTH 'A'		4:49.92
4 SIOUX CITY EAST 'A'		5:00.89

Girls 100 Meter Dash Elite

Name	Year	School	Finals	Wind
1 JOHNSON, ASHLEA	09	YANKTON HIGH SCHOOL	12.84	NWI
2 HOWARD, SHERI		ESTHERVILLE	13.13	NWI
3 ACHTERHOFF, MORGAN	10	MAURICE/ORANGE CITY	13.16	NWI
4 FUCHSER, BREANNA	12	EMERSON-HUBBARD	13.21	NWI
5 ZIMMER, ASHLEY	10	SOUTH O'BRIEN H.S.	13.25	NWI
6 GOTCH, SARA	12	SO SIOUX	13.29	NWI
7 FEHR, LEAH	12	D VALLEY	13.34	NWI
8 ESTES, JENN	10	SIOUX CENTER	13.38	NWI

Girls 100 Meter Hurdles Elite

Name	Year	School	Finals	Wind
1 OLORUNDAMI, NATALIE	12	SIOUX CITY WEST	15.40	NWI
2 DEWEERD, EMILY	11	UNITY CHS'T	15.46	NWI
3 POLLARD, PAIGE	10	ELK POINT-JEFFERSON	15.56	NWI
4 SCHIERNBECK, CRYSTAL	10	BATTLE CREEK-IDA	15.67	NWI
5 ANDERSEN, ASHLEE	10	SIOUX CITY WEST	16.05	NWI
6 WOLLMAN, AMANDA	11	LEMARS CENTRAL	16.60	NWI
7 KUCHEL, KAYLA	09	KINGSLEY-PIERSON	17.08	NWI
8 JOHNSON, BAILEY	11	OKOBOJI HIGH SCHOOL	18.96	NWI

Women 100 Meter Dash Open Women

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 DUFFY, NIKKI		DAKOTA STATE	12.87q	NWI	3
2 MARTIN, KEANNA		BUENA VIST	12.93q	NWI	4
3 KONECHNE, MEGAN		NO. STATE	13.09q	NWI	4
4 LUNDT, KAYLA		BUENA VIST	13.21q	NWI	4
5 DEJONG, TINA		U SIOUX FALL	13.24q	NWI	3

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Women 100 Meter Dash Open Women**

6	JOHNSON, MARRIE	JAMESTOWN COLLEGE	13.32q	NWI	2
7	MARTIN, RACHAEL	NORTHWESTERN	13.35q	NWI	3
8	CALE, CARRIE	USD	13.40q	NWI	2
9	GIBSON, VALERIE	MORNINGSIDE COLLEGE	13.47	NWI	1
10	BOES, KIM	BRIAR CLIFF	13.50	NWI	2
11	ENDERS, JENI	NO. STATE	13.52	NWI	4
12	DEGROOT, EMILY	DAKOTA STATE	13.53	NWI	3
13	TATRO, VICKI	BRIAR CLIFF	13.66	NWI	5
14	ROSS, AMBER	USD	13.72	NWI	2
15	METTE, TASHA	MOUNT MARTY COLLEGE	14.00	NWI	4
16	ULMER, BRITTANY	DAKOTA WESLY	14.22	NWI	4
17	LEUTHOLD, KATIE	DAKOTA WESLY	14.29	NWI	5
18	ENRIQUEZ, JESSICA	BUENA VIST	14.31	NWI	1
19	VANREGENMORTER, RENEE	NORTHWESTERN	14.35	NWI	5
20	WEILER, JACKI	UNATTACHED	14.36	NWI	5
21	PFISTERER, CRYSTAL	U SIOUX FALL	14.41	NWI	1
22	LARSON, MAGGIE	MORNINGSIDE COLLEGE	14.98	NWI	2
23	MAUCH, MELLISA	UNATTACHED	15.86	NWI	2

Women 100 Meter Dash Open Women

Name	Year	School	Finals	Wind
Finals				
1		DAKOTA STATE	12.84	0.3
2		NO. STATE	12.87	0.3
3		BUENA VIST	13.12	0.3
4		JAMESTOWN COLLEGE	13.12	0.3
5		NORTHWESTERN	13.17	0.3
6		U SIOUX FALL	13.23	0.3
7		USD	13.33	0.3
8		BUENA VIST	13.33	0.3

Women 400 Meter Dash Open Women

Name	Year	School	Finals	H#
1		U SIOUX FALL	58.16	3
2		JAMESTOWN COLLEGE	59.90	3
3		SR WAYNE STATE COLLEGE	1:00.47	3
4		JAMESTOWN COLLEGE	1:00.86	3
5		U SIOUX FALL	1:00.90	3
6		NORTHWESTERN	1:01.19	3
7		JAMESTOWN COLLEGE	1:01.26	2
8		BUENA VIST	1:01.74	3
9		DAKOTA WESLY	1:02.15	3
10		BUENA VIST	1:02.28	2
11		USD	1:03.40	2
12		JAMESTOWN COLLEGE	1:03.51	2
13		JAMESTOWN COLLEGE	1:04.03	2
14		MORNINGSIDE COLLEGE	1:05.76	2
15		NORTHWESTERN	1:08.02	2
16		MORNINGSIDE COLLEGE	1:09.54	1
17		BRIAR CLIFF	1:10.56	1

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Women 400 Meter Dash Open Women**

-- DYKSTRA, ROBYN	DAKOTA WESLY	DNF	1
-- VAN LAAN, JENNY	DORDT COLLEGE	DNF	2

Women 800 Meter Run Open Women

Name	Year	School	Finals
1 FOUBERG, MARY		U SIOUX FALL	2:17.88
2 LESNAR, LINDSEY		NO. STATE	2:19.28
3 VETTER, SHANNA		NORTHWESTERN	2:20.08
4 PFIEFER, MICHELLE		UNATTACHED	2:21.72
5 REIFENRATH, MEGHANN		USD	2:22.57
6 OSWALD, ERIN	SO	WAYNE STATE COLLEGE	2:22.89
7 KLEIN, MELISSA		DORDT COLLEGE	2:23.52
8 DUBA, AMY		USD	2:23.97
9 MAURER, MICHEL		JAMESTOWN COLLEGE	2:24.21
10 BUMANN, HEIDI		BRIAR CLIFF	2:26.18
11 NIX, CARRIE		U SIOUX FALL	2:26.18
12 MCINNIS, ANNIE		MORNINGSIDE COLLEGE	2:26.30
13 ROWENHORST, LORI		DORDT COLLEGE	2:26.76
14 FISHER, AMBER		DAKOTA STATE	2:26.97
15 ARENS, TANIA		AUGUSTANA COLLEGE	2:27.37
16 LOVIN, ALICIA		BUENA VIST	2:28.19
17 WAGNER, BROOKE		NORTHWESTERN	2:28.19
18 PARKER, GENA		U SIOUX FALL	2:28.34
19 GOULD, STACY		USD	2:31.30
20 ANDVIK, HILARY		JAMESTOWN COLLEGE	2:31.71
21 WILLIAMS, MINDY		BUENA VIST	2:31.75
22 SANDS, TRICIA		USD	2:31.88
23 ROZEBOOM, MACY		NORTHWESTERN	2:31.96
24 WHITNEY, CANDICE		MORNINGSIDE COLLEGE	2:33.67
25 KLEINDL, CARRIE		NO. STATE	2:35.29
26 BOTTOLFSSEN, JILL		MORNINGSIDE COLLEGE	2:36.17
27 GRABOW, EMILY		MORNINGSIDE COLLEGE	2:38.25
28 SPORS, LISA		DAKOTA WESLY	2:39.29
29 SMITH, LINDSAY		MORNINGSIDE COLLEGE	3:16.31

Women 1500 Meter Run Open Women

Name	Year	School	Finals
1 NIELSEN, AIMEE		USD	4:47.18
2 MAURER, MICHEL		JAMESTOWN COLLEGE	4:56.13
3 SCHAEFER, KARI		SDSU	4:56.37
4 HAYES, SARA		AUGUSTANA COLLEGE	4:57.94
5 PAPE, JESSICA		AUGUSTANA COLLEGE	5:00.66
6 KEATING, KAYLEEN		USD	5:01.92
7 EWERT, CHERI		JAMESTOWN COLLEGE	5:02.87
8 DUBA, AMY		USD	5:03.18
9 ARENS, TANIA		AUGUSTANA COLLEGE	5:09.95
10 JACOBSON, LAURA		NORTHWESTERN	5:09.96
11 PETERSEN, KIM		BUENA VIST	5:10.62
12 FISHER, AMBER		DAKOTA STATE	5:10.76
13 MCINNIS, ANNIE		MORNINGSIDE COLLEGE	5:13.00
14 DRYFHOUT, HEIDI		NORTHWESTERN	5:13.86

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Women 1500 Meter Run Open Women**

15	MOSS, CARMEN	NORTHWESTERN	5:16.38
16	MCCOY, NICOLE	JR WAYNE STATE COLLEGE	5:17.61
17	ELLMAKER, ERIN	JAMESTOWN COLLEGE	5:18.79
18	BOLME, LINDSEY	JAMESTOWN COLLEGE	5:19.13
19	WHITNEY, CANDICE	MORNINGSIDE COLLEGE	5:20.44
20	AINSLIE, KAP	NORTHWESTERN	5:20.71
21	MURRAY, LIZ	CREIGHTON	5:21.70
22	SCHWIEGER, AMANDA	NORTHWESTERN	5:22.83
23	COSTELLO, CORTNEY	SDSU	5:23.08
24	TIGGES, KARI	BUENA VIST	5:25.02
25	JONES, COURTNEY	BUENA VIST	5:25.04
26	HULSTEIN, DANI	NORTHWESTERN	5:26.81
27	JOHNSON, JESSICA	U SIOUX FALL	5:27.89
28	KLEINDL, CARRIE	NO. STATE	5:28.64
29	TANIMOTO, KARI	CREIGHTON	5:31.56
30	VAN'T HOF, KENDRA	NORTHWESTERN	5:32.53
31	BOTTOLFSSEN, JILL	MORNINGSIDE COLLEGE	5:33.16
32	RIGHEIMER, STEPHANIE	CREIGHTON	5:36.35
33	DRURY, CRYSTAL	NORTHWESTERN	5:45.02
34	METTLER, PAULA	DAKOTA WESLY	5:51.81
35	NELSON, SARAH	MOUNT MARTY COLLEGE	5:51.94
36	SMITH, LINDSAY	MORNINGSIDE COLLEGE	5:56.44
37	RYE, AMANDA	U SIOUX FALL	5:57.46
38	MAJERES, AMY	MOUNT MARTY COLLEGE	6:14.99
39	DAY, JENNIE	DAKOTA WESLY	6:22.60

Women 5000 Meter Run Open Women

Name	Year	School	Finals	
1		HAYES, SARA	AUGUSTANA COLLEGE	18:14.98
2		EWERT, CHERI	JAMESTOWN COLLEGE	18:22.64
3		PAPE, JESSICA	AUGUSTANA COLLEGE	18:35.10
4		STECKELBERG, AMY	USD	18:50.17
5		YACEVICH, KELLY	UNATTACHED	19:08.63
6		ELLMAKER, ERIN	JAMESTOWN COLLEGE	19:21.92
7		BOLME, LINDSEY	JAMESTOWN COLLEGE	20:14.02
8		REEVES, HALEY	SO WAYNE STATE COLLEGE	20:18.08
9		TURGEON, PAIGE	USD	20:34.99
10		PATTERSON, LINDSEY	NO. STATE	20:46.09
11		JONES, COURTNEY	BUENA VIST	20:53.35

Women 10000 Meter Run Open Women

Name	Year	School	Finals	
1		KNUDSEN, KRISTI	BLACK HILLS	39:03.51
2		SCHMIDT, MELISSA	MOUNT MARTY COLLEGE	39:03.64
3		KNUTSON, CASSIE	BLACK HILLS	40:13.36
4		ROSE, JENNY	NO. STATE	41:15.28
5		QUAYLE, MEGAN	NORTHWESTERN	41:42.55

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Women 100 Meter Hurdles Open Women**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 EYKYN, SHELBY		AUGUSTANA COLLEGE	14.83q	-1.5	1
2 WELSCH, KRISTIN		DAKOTA WESLY	15.52q	1.2	2
3 VANDERBERG, STACI		USD	16.14q	1.2	2
4 ROEBKE, RACHEL	FR	WAYNE STATE COLLEGE	16.18q	-1.2	3
5 GOODROAD, MARIA		DAKOTA STATE	16.31q	-1.5	1
6 SCHACHER, TIFFANY	JR	WAYNE STATE COLLEGE	16.74q	-1.5	1
7 GOULD, STACY		USD	16.93q	1.2	2
8 DYKSTRA, BOBBI JO		DAKOTA STATE	17.01q	-1.5	1
9 PFIEFER, MICHELLE		UNATTACHED	17.08	-1.2	3
10 GIBSON, VALERIE		MORNINGSIDE COLLEGE	17.27	1.2	2
11 BEHRENS, BETSY		BUENA VIST	17.47	-1.2	3
12 CHAPIN, KENDRA		UNATTACHED	17.61	-1.5	1
13 BETZ, JENNI		NO. STATE	17.75	-1.2	3
14 WINNAN, HEATHER		DAKOTA WESLY	18.51	-1.2	3
15 ALKEMA, JENNIFER		DORDT COLLEGE	18.86	1.2	2
16 WETZEL, JAYME		MORNINGSIDE COLLEGE	19.04	-1.5	1

Women 100 Meter Hurdles Open Women

Name	Year	School	Finals	Wind
Finals				
1 EYKYN, SHELBY		AUGUSTANA COLLEGE	15.07	1.5
2 ROEBKE, RACHEL	FR	WAYNE STATE COLLEGE	15.64	1.5
3 WELSCH, KRISTIN		DAKOTA WESLY	15.65	1.5
4 VANDERBERG, STACI		USD	16.39	1.5
5 GOODROAD, MARIA		DAKOTA STATE	16.74	1.5
6 DYKSTRA, BOBBI JO		DAKOTA STATE	16.90	1.5

Women 400 Meter Hurdles Open Women

Name	Year	School	Finals	H#
1 SERSHEN, JANIE		AUGUSTANA COLLEGE	1:04.31	2
2 SOODSMA, ABBIE		DORDT COLLEGE	1:04.82	2
3 REINHART, MISSY		BUENA VIST	1:06.03	2
4 NEWGARD, KATI		AUGUSTANA COLLEGE	1:06.10	2
5 REGAN, JESSICA		NORTHWESTERN	1:07.28	2
6 BETZ, JENNI		NO. STATE	1:08.88	1
7 ROEBKE, RACHEL	FR	WAYNE STATE COLLEGE	1:09.19	1
8 KRAUS, ANGIE	SR	WAYNE STATE COLLEGE	1:09.80	2
9 KARA, MUNSON		BUENA VIST	1:11.67	1
10 DYKSTRA, BOBBI JO		DAKOTA STATE	1:12.21	2
11 GOODROAD, MARIA		DAKOTA STATE	1:14.31	2
12 METTLER, PAULA		DAKOTA WESLY	1:14.46	1
13 MCINTYRE, AMY		DAKOTA WESLY	1:17.12	1

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Women 3000 Meter Steeplechase Open Women**

Name	Year School	Finals
1 KEMPERS, JEN	DORDT COLLEGE	11:34.15
2 WEAVILL, KATIE	DAKOTA WESLY	11:59.92
3 KUMMERFELD, MARY	NORTHWESTERN	12:09.71
4 ANDVIK, HILARY	JAMESTOWN COLLEGE	12:31.04
5 NORENBURG, ERIN	JR WAYNE STATE COLLEGE	12:41.45
6 KRAUS, ANGIE	SR WAYNE STATE COLLEGE	12:53.88
7 BLISS, AMANDA	BRIAR CLIFF	13:01.61
8 GRUIS, PAIGE	BUENA VIST	13:04.97
9 MCFERRAN, PAIGE	U SIOUX FALL	13:25.30
10 GRABOW, EMILY	MORNINGSIDE COLLEGE	13:27.85

Women 4x100 Meter Relay Open Women

2 turn stagger	School	Prelims	H#
Preliminaries			
1	AUGUSTANA COLLEGE 'A'	49.64q	1
2	JAMESTOWN COLLEGE 'A'	49.84q	1
3	BUENA VISTA UNIVERSITY 'A'	50.04q	2
4	UNIVERSITY SIOUX FALLS 'A'	50.32q	1
5	DAKOTA STATE UNIVERSITY 'A'	50.43q	2
6	DORDT COLLEGE 'A'	51.65q	2
7	UNIVERSITY SOUTH DAKOTA 'A'	52.18q	2
8	BRIAR CLIFF UNIVERSITY 'A'	52.47q	1
9	DAKOTA WESLYAN UNIVERSITY 'A'	53.61	2
10	BUENA VISTA UNIVERSITY 'B'	53.79	1
11	MOUNT MARTY COLLEGE 'A'	55.13	1

Women 4x100 Meter Relay Open Women

2 turn stagger	School	Finals
Finals		
1	JAMESTOWN COLLEGE 'A'	49.49
2	AUGUSTANA COLLEGE 'A'	49.93
3	BUENA VISTA UNIVERSITY 'A'	50.28
4	DAKOTA STATE UNIVERSITY 'A'	51.17
5	BRIAR CLIFF UNIVERSITY 'A'	51.92
6	UNIVERSITY SOUTH DAKOTA 'A'	57.82
--	UNIVERSITY SIOUX FALLS 'A'	DQ

Women 4x200 Meter Relay Open Women

4 turn stagger	School	Prelims	H#
Preliminaries			
1	DAKOTA STATE UNIVERSITY 'A'	1:47.00q	1
2	BUENA VISTA UNIVERSITY 'A'	1:47.28q	2
3	DORDT COLLEGE 'A'	1:47.81q	1
4	JAMESTOWN COLLEGE 'A'	1:48.72q	2

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Women 4x200 Meter Relay Open Women**

5	NORTHERN STATE UNIVERSITY 'A'	1:49.12q	1
6	NORTHWESTERN COLLEGE 'A'	1:52.59q	1
7	UNIVERSITY SIOUX FALLS 'A'	1:53.26q	2
8	DAKOTA WESLYAN UNIVERSITY 'A'	1:56.81q	2

Women 4x200 Meter Relay Open Women

4 turn stagger			
School		Finals	

Finals

1	JAMESTOWN COLLEGE 'A'	1:44.91	
2	BUENA VISTA UNIVERSITY 'A'	1:45.81	
3	DAKOTA STATE UNIVERSITY 'A'	1:46.21	
4	DORDT COLLEGE 'A'	1:47.45	
5	NORTHWESTERN COLLEGE 'A'	1:47.83	
6	NORTHERN STATE UNIVERSITY 'A'	1:47.96	
7	DAKOTA WESLYAN UNIVERSITY 'A'	1:54.23	

Women 4x400 Meter Relay Open Women

3 turn stagger			
School		Finals	H#

1	UNIVERSITY SIOUX FALLS 'A'	3:59.83	2
2	AUGUSTANA COLLEGE 'A'	4:00.30	2
3	DORDT COLLEGE 'A'	4:01.83	2
4	NORTHERN STATE UNIVERSITY 'A'	4:02.17	2
5	JAMESTOWN COLLEGE 'A'	4:06.06	2
6	BUENA VISTA UNIVERSITY 'A'	4:07.25	2
7	NORTHWESTERN COLLEGE 'A'	4:08.61	2
8	DAKOTA STATE UNIVERSITY 'A'	4:09.68	1
9	BRIAR CLIFF UNIVERSITY 'A'	4:19.50	1
10	BUENA VISTA UNIVERSITY 'B'	4:21.74	1
11	DAKOTA WESLYAN UNIVERSITY 'A'	4:31.10	1

Women 4x800 Meter Relay Open Women

1 turn stagger			
School		Finals	

1	AUGUSTANA COLLEGE 'A'	9:33.93	
2	UNIVERSITY SOUTH DAKOTA 'A'	9:37.69	
3	UNIVERSITY SIOUX FALLS 'A'	9:54.02	
4	BUENA VISTA UNIVERSITY 'A'	10:17.39	
5	JAMESTOWN COLLEGE 'A'	10:23.88	
6	DAKOTA WESLYAN UNIVERSITY 'A'	11:09.95	

Women 1600 Sprint Medley Open Women

3 turn stagger			
School		Finals	H#

1	UNIVERSITY SIOUX FALLS 'A'	4:13.08	2
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Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Women 1600 Sprint Medley Open Women**

2	AUGUSTANA COLLEGE 'A'	4:16.15	2
3	BRIAR CLIFF UNIVERSITY 'A'	4:21.60	1
4	NORTHERN STATE UNIVERSITY 'A'	4:25.50	2
5	DORDT COLLEGE 'A'	4:30.58	2
6	BUENA VISTA UNIVERSITY 'A'	4:36.35	2
7	MORNINGSIDE COLLEGE 'A'	4:47.38	1
8	DAKOTA WESLYAN UNIVERSITY 'A'	4:53.19	1

Women Distance Medley Open Women

1 turn stagger

Running Order 1200-400-800-1600

School

Finals

1	AUGUSTANA COLLEGE 'A'	12:15.01
2	DORDT COLLEGE 'A'	13:05.52
3	NORTHWESTERN COLLEGE 'A'	13:19.24
4	BUENA VISTA UNIVERSITY 'A'	13:19.90
5	UNIVERSITY SIOUX FALLS 'A'	14:04.21

Women High Jump Open Women

Name	Year	School	Finals	
1	SCHULZ, BECKY	AUGUSTANA COLLEGE	5-04.25	1.63m
2	TEWES, LAURA	DAKOTA STATE	J5-04.25	1.63m
3	BARR, LISA	FR WAYNE STATE COLLEGE	J5-04.25	1.63m
4	WALFORD, TANNA	SO WAYNE STATE COLLEGE	J5-04.25	1.63m
5	KEMPERS, JEN	DORDT COLLEGE	5-02.00	1.57m
6	CUPPY, NICOLE	JAMESTOWN COLLEGE	5-00.00	1.52m
6	PFIEFER, MICHELLE	UNATTACHED	5-00.00	1.52m
6	SERSHEN, JANIE	AUGUSTANA COLLEGE	5-00.00	1.52m
6	HIEMSTRA, SERINA	DAKOTA STATE	5-00.00	1.52m
6	BOEKHOUT, MIRANDA	NORTHWESTERN	5-00.00	1.52m
11	CONSOR, CARRIE	USD	4-10.00	1.47m
11	HUIZENGA, LISA	DORDT COLLEGE	4-10.00	1.47m
11	MCCARTY, LIZ	JAMESTOWN COLLEGE	4-10.00	1.47m
--	FLIKKEMA, SHAWNA	DORDT COLLEGE	NH	
--	WINNAN, HEATHER	DAKOTA WESLY	NH	
--	GOULD, STACY	USD	NH	
--	JENSEN, JENNA	USD	NH	

Women Pole Vault Open Women

Name	Year	School	Finals	
1	JOHNSON, MARRIE	JAMESTOWN COLLEGE	10-00.00	3.04m
2	CUMBEE, MELISSA	MOUNT MARTY COLLEGE	J10-00.00	3.04m
3	SKRDLA, SOPHIA	MOUNT MARTY COLLEGE	J10-00.00	3.04m
4	DVORACEK, JACKIE	USD	J10-00.00	3.04m
5	CHARBONEAU, LISA	NO. STATE	9-06.00	2.89m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Women Long Jump Open Women**

Name	Year	School	Finals	Wind	
1	MOIS, ERICA	JAMESTOWN COLLEGE	17-07.00	NWI	5.35m
2	ANDRUS, ALISSA	JAMESTOWN COLLEGE	17-05.00	NWI	5.30m
3	ATTEBERRY, ANDREA	AUGUSTANA COLLEGE	16-09.00	NWI	5.10m
4	DE JONGE, BETH	DORDT COLLEGE	16-08.00	NWI	5.08m
5	ROSS, AMBER	USD	16-07.00	NWI	5.05m
6	MCCARTY, LIZ	JAMESTOWN COLLEGE	16-02.50	NWI	4.94m
7	JOHNSON, MARRIE	JAMESTOWN COLLEGE	15-09.00	NWI	4.80m
8	GOULD, STACY	USD	15-05.50	NWI	4.71m
9	ULMER, BRITTANY	DAKOTA WESLY	15-04.25	NWI	4.67m
10	OSWALD, KATE	FR WAYNE STATE COLLEGE	15-03.00	NWI	4.64m
11	LUNDT, KAYLA	BUENA VIST	14-09.50	NWI	4.50m
12	SCHUKNECHT, APRIL	BUENA VIST	14-08.00	NWI	4.47m
13	FLIKKEMA, SHAWNA	DORDT COLLEGE	14-07.00	NWI	4.44m
14	REINHART, MISSY	BUENA VIST	14-03.00	NWI	4.34m
15	BEHRENS, BETSY	BUENA VIST	12-04.50	NWI	3.77m

Women Triple Jump Open Women

Name	Year	School	Finals	Wind	
1	HIEMSTRA, SERINA	DAKOTA STATE	35-00.50	NWI	10.68m
2	VANDERBERG, STACI	USD	34-09.50	NWI	10.60m
3	ATTEBERRY, ANDREA	AUGUSTANA COLLEGE	33-10.00	NWI	10.31m
4	WEVERINK, JENNY	DORDT COLLEGE	33-05.00	NWI	10.18m
5	LUBBERS, BETSY	USD	J33-05.00	NWI	10.18m
6	CONSOR, CARRIE	USD	33-03.00	NWI	10.13m
7	OSWALD, KATE	FR WAYNE STATE COLLEGE	33-02.50	NWI	10.12m
8	MCCARTY, LIZ	JAMESTOWN COLLEGE	33-02.00	NWI	10.10m
9	HANSEN, MEGAN	USD	32-02.00	NWI	9.80m
10	FLIKKEMA, SHAWNA	DORDT COLLEGE	31-06.00	NWI	9.60m
11	PLAGEMAN, APRIL	NO. STATE	31-00.00	NWI	9.44m
--	ULMER, BRITTANY	DAKOTA WESLY	ND	NWI	
--	JENSEN, JENNA	USD	ND	NWI	

Women Shot Put Open Women

Standard for measurement 35'

Name	Year	School	Finals	
1	WILSON, KATIE	FR WAYNE STATE COLLEGE	43-06.25	13.26m
2	MOORE, MARISSA	U SIOUX FALL	43-04.75	13.22m
3	SCHULTZ, LINDSAY	AUGUSTANA COLLEGE	42-07.50	12.99m
4	BARBER, TIFF	USD	42-06.75	12.97m
5	TORGERSON, KARI	SR WAYNE STATE COLLEGE	42-01.50	12.83m
6	MEIER, GENA	NO. STATE	41-05.50	12.63m
7	BRIDGE, KASSIDI	USD	40-05.50	12.33m
8	CHAPIN, KRISTI	BRIAR CLIFF	39-08.25	12.09m
9	BOEPPLE, MIRANDA	NO. STATE	39-00.75	11.90m
10	SWEETS, CORY	AUGUSTANA COLLEGE	38-05.00	11.70m
11	WHITE, LAURA	JAMESTOWN COLLEGE	38-02.00	11.63m
12	KATSMA, AMY	NORTHWESTERN	38-00.00	11.58m
13	HUMMELGARD, SARAH	BRIAR CLIFF	37-11.00	11.55m
14	KARLSGODT, KARA	DORDT COLLEGE	37-04.00	11.37m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Women Shot Put Open Women**

15	PRICE, AMY	DAKOTA WESLY	36-04.25	11.08m
16	KAYSER, ANGIE	MOUNT MARTY COLLEGE	35-11.25	10.95m
17	ARSENEAULT, COURTNEY	DAKOTA WESLY	35-10.25	10.92m
18	KUNTZ, CHANTELL	MORNINGSIDE COLLEGE	35-08.25	10.87m
19	FAUL, JULIE	JAMESTOWN COLLEGE	35-07.25	10.85m
20	JOHNSON, JORDAN	AUGUSTANA COLLEGE	35-06.75	10.83m
21	JENSEN, JESSICA	MORNINGSIDE COLLEGE	34-08.50	10.57m
22	BEITLESPOCHER, JACKIE	MOUNT MARTY COLLEGE	34-02.00	10.41m
23	RAE, TAYLOR	NORTHWESTERN	34-01.00	10.38m
24	BENNETT, ALICIA	DAKOTA STATE	33-07.00	10.23m
25	HAYES, SONJA	JAMESTOWN COLLEGE	33-05.25	10.19m
26	SMITH, BRENA	JAMESTOWN COLLEGE	32-03.00	9.82m
27	VELDHORST, COLETTE	NORTHWESTERN	31-05.00	9.57m
28	DELLWO, CASSIE	JAMESTOWN COLLEGE	30-05.00	9.27m
29	GOULD, STACY	USD	30-03.00	9.22m
30	DILLON, CHRISTA	NORTHWESTERN	28-10.00	8.78m

Women Discus Throw Open Women

Standard for measurement 100'

Name	Year	School	Finals	
1		STOCKWELL, LINDSEY	JR WAYNE STATE COLLEGE	144-06 44.04m
2		TORGERSON, KARI	SR WAYNE STATE COLLEGE	140-09 42.90m
3		SCHULTZ, LINDSAY	AUGUSTANA COLLEGE	138-05 42.18m
4		MEIER, GENA	NO. STATE	126-06 38.55m
5		JAMES, ALISSA	BRIAR CLIFF	125-06 38.25m
6		KARLSGODT, KARA	DORDT COLLEGE	125-05 38.22m
7		GIESEN, ASHLEY	DAKOTA STATE	124-08 37.99m
8		CHASE, JESSICA	JAMESTOWN COLLEGE	124-07 37.97m
9		WILSON, KATIE	FR WAYNE STATE COLLEGE	123-08 37.69m
10		BRIDGE, KASSIDI	USD	123-06 37.64m
11		RAE, TAYLOR	NORTHWESTERN	123-03 37.56m
12		CHAPIN, KRISTI	BRIAR CLIFF	122-11 37.46m
13		FAUL, JULIE	JAMESTOWN COLLEGE	122-09 37.41m
14		LARSEN, MIKALA	USD	120-06 36.72m
15		SWEETS, CORY	AUGUSTANA COLLEGE	119-10 36.52m
16		HUMMELGARD, SARAH	BRIAR CLIFF	118-04 36.06m
17		DELLWO, CASSIE	JAMESTOWN COLLEGE	118-02 36.01m
18		BENNETT, ALICIA	DAKOTA STATE	115-10 35.30m
19		MCPHILLIPS, AMANDA	MOUNT MARTY COLLEGE	113-08 34.64m
20		WHITE, LAURA	JAMESTOWN COLLEGE	112-01 34.16m
21		BARBER, TIFF	USD	111-04 33.93m
22		DILLON, CHRISTA	NORTHWESTERN	111-01 33.85m
23		PRICE, AMY	DAKOTA WESLY	110-02 33.57m
24		BOEPPLE, MIRANDA	NO. STATE	108-00 32.91m
25		PENN, SHANTEL	JAMESTOWN COLLEGE	104-07 31.87m
26		SMITH, AMY	SO WAYNE STATE COLLEGE	102-09 31.31m
27		JOHNSON, JORDAN	AUGUSTANA COLLEGE	102-07 31.26m
28		SMITH, BRENA	JAMESTOWN COLLEGE	101-08 30.98m
29		KATSMA, AMY	NORTHWESTERN	99-06 30.32m
30		ARSENEAULT, COURTNEY	DAKOTA WESLY	97-11 29.84m
31		KUNTZ, CHANTELL	MORNINGSIDE COLLEGE	97-00 29.56m
32		MACCLURE, SARA	USD	96-01 29.28m
33		CZYZEWICZ, LAURA	BUENA VIST	93-02 28.39m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Women Discus Throw Open Women**

34	VELDHORST, COLETTE	NORTHWESTERN	89-05	27.25m
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Women Hammer Throw Open Women

Name	Year	School	Finals	
1	BRIDGE, KASSIDI	USD	170-08.50	52.03m
2	BARBER, TIFF	USD	170-07	51.99m
3	STOCKWELL, LINDSEY	JR WAYNE STATE COLLEGE	153-06	46.78m
4	MEIER, GENA	NO. STATE	147-01	44.83m
5	HEFFERNAN, CHRISTINE	NO. STATE	140-07.50	42.86m
6	WILSON, KATIE	FR WAYNE STATE COLLEGE	136-11	41.73m
7	PRICE, AMY	DAKOTA WESLY	134-04	40.94m
8	DELLWO, CASSIE	JAMESTOWN COLLEGE	134-03.50	40.93m
9	JENSEN, LACEY	FR WAYNE STATE COLLEGE	129-08	39.52m
10	LARSEN, MIKALA	USD	128-10	39.26m
11	ARSENEAULT, COURTNEY	DAKOTA WESLY	121-11.50	37.17m
12	JAMES, ALISSA	BRIAR CLIFF	119-02	36.32m
13	SMITH, AMY	SO WAYNE STATE COLLEGE	114-05	34.87m
14	SKOREPA, KAYLA	MOUNT MARTY COLLEGE	112-09.50	34.37m
15	CHASE, JESSICA	JAMESTOWN COLLEGE	110-07.50	33.71m
16	MACCLURE, SARA	USD	109-10.50	33.48m
17	PENN, SHANTEL	JAMESTOWN COLLEGE	100-11	30.75m
18	MCPHILLIPS, AMANDA	MOUNT MARTY COLLEGE	96-05	29.38m
19	CZYZEWICZ, LAURA	BUENA VIST	95-11	29.23m
20	BLUM, RAEDEEN	JAMESTOWN COLLEGE	95-10	29.21m
21	RAE, TAYLOR	NORTHWESTERN	95-01	28.98m
22	BEITLESPOCHER, JACKIE	MOUNT MARTY COLLEGE	92-05.50	28.18m
23	KUNTZ, CHANTELL	MORNINGSIDE COLLEGE	85-02.50	25.97m
--	RUFF, ERIN	BUENA VIST	ND	

Women Javelin Throw Open Women

Name	Year	School	Finals	
1	BYESKI, JEN	AUGUSTANA COLLEGE	142-10	43.53m
2	PRICE, AMY	DAKOTA WESLY	126-02	38.45m
3	BOEPPLE, MIRANDA	NO. STATE	120-00	36.57m
4	FLIKKEMA, SHAWNA	DORDT COLLEGE	115-02	35.10m
5	STOCKWELL, LINDSEY	JR WAYNE STATE COLLEGE	113-05	34.56m
6	GIESEN, ASHLEY	DAKOTA STATE	109-04	33.32m
7	COFFMAN, SORYIA	UNATTACHED	107-05	32.74m
8	ROST, BECCA	JAMESTOWN COLLEGE	107-02	32.66m
9	KARLSGODT, KARA	DORDT COLLEGE	103-06	31.54m
10	GOULD, STACY	USD	100-08	30.68m
11	REINHART, MISSY	BUENA VIST	99-05	30.30m
12	MEIER, GENA	NO. STATE	97-03	29.64m
13	HAINES, CHELSEA	JAMESTOWN COLLEGE	93-05	28.47m
14	SKOREPA, KAYLA	MOUNT MARTY COLLEGE	93-00	28.34m
15	VELDHORST, COLETTE	NORTHWESTERN	91-08	27.94m
16	JOHNSON, JORDAN	AUGUSTANA COLLEGE	89-11	27.40m
17	JENSEN, JESSICA	MORNINGSIDE COLLEGE	89-00	27.12m
18	WINNAN, HEATHER	DAKOTA WESLY	85-06	26.06m
19	HESS, LACY	JAMESTOWN COLLEGE	85-02	25.95m
20	RAE, TAYLOR	NORTHWESTERN	83-06	25.45m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Women Javelin Throw Open Women**

21	SCHUKNECHT, APRIL	BUENA VIST	80-07	24.56m
22	JAMES, ALISSA	BRIAR CLIFF	77-10	23.72m
23	BEHRENS, BETSY	BUENA VIST	72-11	22.22m
24	HUMMELGARD, SARAH	BRIAR CLIFF	72-04	22.04m
25	KUNTZ, CHANTELL	MORNINGSIDE COLLEGE	68-08	20.92m
26	HEIKES, ASHLEY	U SIOUX FALL	55-00	16.76m

Boys 100 Meter Dash Class"A"

Name	Year	School	Finals	Wind	H#
1 SMITH, JAMES	12	CB THOMAS JEFFERSON	11.10	NWI	3
2 LEGGIO, BILL	12	CB ABRAHAM LINCOLN	11.61	NWI	3
3 JAMINET, KIRK	12	SIOUX CITY EAST	11.65	NWI	3
4 GOEDE, DREW	12	SF LINCOLN	11.67	NWI	3
5 CORNAY, JORDAN	10	YANKTON HIGH SCHOOL	11.90	NWI	2
6 REYNOLDS, BILLY	10	SIOUX CITY NORTH	11.93	NWI	3
7 KOOL, TYREL	09	YANKTON HIGH SCHOOL	11.99	NWI	2
8 ZIMMERMAN, MIKE	11	CB ABRAHAM LINCOLN	11.99	NWI	3
9 NETLEY, BYOD	11	SIOUX CITY NORTH	12.01	NWI	2
10 PATTERSON, JAMES	09	SF LINCOLN	12.07	NWI	2
11 HOENTHNER, JAKE	10	YANKTON HIGH SCHOOL	12.10	NWI	1
12 MCDOUGALL, JUSTIN	10	ROOSEVELT	12.15	NWI	1
13 NOREEN, SHANE	11	SIOUX CITY EAST	12.22	NWI	2
14 CROGHAN, SCOTT	09	SIOUX CITY WEST	12.23	NWI	2
15 WUDEL, RYAN	10	ROOSEVELT	12.38	NWI	1
16 LYNDE, JOSH	10	YANKTON HIGH SCHOOL	12.58	NWI	1

Boys 110 Meter Hurdles Class"A"

Name	Year	School	Finals	Wind	H#
1 ROUNDS, MARTIN	11	CB THOMAS JEFFERSON	15.54	NWI	2
2 HUNTER, JOE	12	CB ABRAHAM LINCOLN	15.85	NWI	2
3 THOMPSON, TONY	11	ROOSEVELT	16.16	NWI	2
4 GRAY, ANDY	10	CB THOMAS JEFFERSON	16.30	NWI	1
5 KOOL, TYREL	09	YANKTON HIGH SCHOOL	16.34	NWI	2
6 SHOWERS, CRAIG	12	CB ABRAHAM LINCOLN	16.68	NWI	2
7 PRUETT, JEFF	12	ROOSEVELT	16.97	NWI	2
8 BISNEUIS, MIKE	08	HEELAN	18.54	NWI	1
9 MUELLER, KYLE	09	YANKTON HIGH SCHOOL	18.56	NWI	1
10 LYNDE, JOSH	10	YANKTON HIGH SCHOOL	22.05	NWI	1

Boys 4x100 Meter Relay Class"A"

2 turn stagger School	Finals
1 SIOUX CITY EAST 'A'	44.61
2 CB THOMAS JEFFERSON 'A'	44.96
3 SIOUX CITY NORTH 'A'	45.01
4 SIOUX CITY WEST 'A'	45.49
5 CB ABRAHAM LINCOLN 'A'	45.78
6 SIOUX FALLS ROOSEVELT 'A'	48.04
7 YANKTON HIGH SCHOOL 'A'	48.44

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Boys 4x200 Meter Relay Class"A"**

=====			
4 turn stagger			
School		Finals	H#
=====			
1 SF LINCOLN 'A'		1:31.16	2
2 CB THOMAS JEFFERSON 'A'		1:32.55	2
3 SIOUX CITY NORTH 'A'		1:34.16	2
4 SIOUX CITY EAST 'A'		1:34.35	2
5 CB ABRAHAM LINCOLN 'A'		1:34.49	1
6 SIOUX FALLS ROOSEVELT 'A'		1:36.51	2
7 SIOUX CITY WEST 'A'		1:36.55	1
8 YANKTON HIGH SCHOOL 'A'		1:38.03	1
9 BISHOP HEELAN HIGH SCHOOL 'A'		1:38.22	2

Boys 4x400 Meter Relay Class"A"

=====		
3 turn stagger		
School		Finals
=====		
1 CB ABRAHAM LINCOLN 'A'		3:31.73
2 SIOUX CITY WEST 'A'		3:32.32
3 SIOUX CITY NORTH 'A'		3:37.32
4 SIOUX FALLS ROOSEVELT 'A'		3:38.97
5 YANKTON HIGH SCHOOL 'A'		3:40.73
6 SIOUX CITY EAST 'A'		3:44.32

Boys 1600 Sprint Medley Class"A"

=====		
3 turn stagger		
School		Finals
=====		
1 SF LINCOLN 'A'		3:37.55
2 CB ABRAHAM LINCOLN 'A'		3:39.05
3 SIOUX CITY NORTH 'A'		3:43.93
4 BISHOP HEELAN HIGH SCHOOL 'A'		3:46.32
5 YANKTON HIGH SCHOOL 'A'		3:53.68
6 SIOUX CITY WEST 'A'		3:54.93
7 CB THOMAS JEFFERSON 'A'		3:59.76
-- SIOUX CITY EAST 'A'		NT

Boys 100 Meter Dash Class"B"

=====				
Name	Year	School	Finals	Wind H#
=====				
1 BAILEY, RYAN	12	OKOBOJI HIGH SCHOOL	11.50	NWI 2
2 CLEMENT, JARED	10	LEMARS CENTRAL	11.61	NWI 2
3 KROGER, BRYON	12	CHEROKEE	11.65	NWI 2
4 HOCH, BRET	11	SO SIOUX	11.72	NWI 2
5 FISCHER, PRESTON	12	LEMARS CENTRAL	11.77	NWI 2
6 LEUSINK, TROY	12	UNITY CHS'T	12.02	NWI 2
7 VAUBEL, CHARLIE	10	OKOBOJI HIGH SCHOOL	12.06	NWI 2
8 RILEY, WADE	12	CHEROKEE	12.16	NWI 1
9 MILLER, STUART	10	GLENWOOD HIGH SC	12.20	NWI 2
10 MODICUE, ANTHONY	12	SGT BLUFF-LU	12.24	NWI 1
11 MC DANIEL, CORY	11	SIOUX CENTER	12.32	NWI 1
12 SANDBULTE, MATT	09	SIOUX CENTER	12.40	NWI 1

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Boys 100 Meter Dash Class"B"**

13	KLEINHESSELINK, JORDAN	10	UNITY CHS'T	12.40	NWI	1
14	KOCH, BEN	12	SGT BLUFF-LU	12.42	NWI	1
15	BOBIER, JASON	11	SO SIOUX	12.56	NWI	1

Boys 110 Meter Hurdles Class"B"

Name	Year	School	Finals	Wind	H#
1 RUSS, TANNER	11	MAURICE/ORANGE CITY	15.49	NWI	2
2 KOSOKO, ABIOLA	12	MT MICHAEL	15.61	NWI	2
3 MASTERS, LOGAN	11	STORM LAKE HIGH	15.70	NWI	2
4 ALBUS, AARON	11	LEMARS CENTRAL	15.95	NWI	2
5 VENAAS, DAVID	12	LEMARS CENTRAL	16.05	NWI	2
6 SPIELMAN, ALEX	10	STORM LAKE HIGH	16.32	NWI	2
7 YOUNG, NATHAN	11	SGT BLUFF-LU	16.35	NWI	2
8 ROSKAM, JASON	10	SIOUX CENTER	16.95	NWI	1
9 SCHWARCK, ALEX	11	SPIRIT LAKE PARK	17.01	NWI	1
10 MORET, JESSE	11	UNITY CHS'T	17.63	NWI	1
11 PEVERILL, COLLIN	11	GLENWOOD HIGH SC	17.78	NWI	1
12 HASS, NATHAN	10	OKOBOJI HIGH SCHOOL	17.85	NWI	2
13 LUGAR, DREW	09	CHEROKEE	18.06	NWI	1
14 CHAPMAN, DYLAN	09	OKOBOJI HIGH SCHOOL	18.49	NWI	1
15 HORSTMAN, TYLER	11	UNITY CHS'T	19.00	NWI	1

Boys 4x100 Meter Relay Class"B"

2 turn stagger				
School		Finals	H#	
1 LEMARS CENTRAL 'A'		44.91	2	
2 OKOBOJI HIGH SCHOOL 'A'		45.21	2	
3 CHEROKEE WASH. HIGH SCHOOL 'A'		45.50	2	
4 MAURICE/ORANGE CITY 'A'		45.62	2	
5 SO SIOUX CITY HIGH SCHOOL 'A'		46.28	2	
6 SPIRIT LAKE PARK 'A'		46.36	2	
7 GLENWOOD HIGH SCHOOL 'A'		46.64	1	
8 STORM LAKE HIGH SCHOOL 'A'		47.25	2	
9 MT MICHAEL HIGH SCHOOL 'A'		47.28	1	
10 SIOUX CENTER HIGH SCHOOL 'A'		47.87	2	
11 UNITY CHRISTIAN H.S. 'A'		48.46	1	
-- SGT BLUFF-LUTON H.S. 'A'		DQ	1	

Boys 4x200 Meter Relay Class"B"

4 turn stagger			
School		Finals	H#
1 LEMARS CENTRAL 'A'		1:32.41	2
2 OKOBOJI HIGH SCHOOL 'A'		1:33.74	2
3 MAURICE/ORANGE CITY 'A'		1:33.92	2
4 CHEROKEE WASH. HIGH SCHOOL 'A'		1:34.55	1
5 SPIRIT LAKE PARK 'A'		1:35.58	2
6 STORM LAKE HIGH SCHOOL 'A'		1:35.65	2
7 SO SIOUX CITY HIGH SCHOOL 'A'		1:35.91	1
8 GLENWOOD HIGH SCHOOL 'A'		1:37.61	1

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Boys 4x200 Meter Relay Class"B"**

9	SIOUX CENTER HIGH SCHOOL 'A'	1:37.98	1
10	SGT BLUFF-LUTON H.S. 'A'	1:38.03	1
11	UNITY CHRISTIAN H.S. 'A'	1:39.53	2

Boys 4x400 Meter Relay Class"B"

=====			
3 turn stagger			
	School	Finals	H#
=====			
1	UNITY CHRISTIAN H.S. 'A'	3:30.26	2
2	OKOBOJI HIGH SCHOOL 'A'	3:30.80	2
3	LEMARS CENTRAL 'A'	3:34.89	2
4	MAURICE/ORANGE CITY 'A'	3:37.19	2
5	SO SIOUX CITY HIGH SCHOOL 'A'	3:40.87	1
6	STORM LAKE HIGH SCHOOL 'A'	3:41.05	2
7	MT MICHAEL HIGH SCHOOL 'A'	3:41.35	1
8	SPIRIT LAKE PARK 'A'	3:44.02	2
9	CHEROKEE WASH. HIGH SCHOOL 'A'	3:46.59	1
10	GLENWOOD HIGH SCHOOL 'A'	3:52.30	1

Boys 1600 Sprint Medley Class"B"

=====			
3 turn stagger			
	School	Finals	
=====			
1	UNITY CHRISTIAN H.S. 'A'	3:36.65	
2	OKOBOJI HIGH SCHOOL 'A'	3:40.32	
3	SPIRIT LAKE PARK 'A'	3:45.55	
4	LEMARS CENTRAL 'A'	3:58.70	
5	SIOUX CENTER HIGH SCHOOL 'A'	4:00.87	
6	SO SIOUX CITY HIGH SCHOOL 'A'	4:04.43	
--	GLENWOOD HIGH SCHOOL 'A'		DQ

Boys 100 Meter Dash Class"C"

=====				
	Name	Year School	Finals	Wind H#
=====				
1	KUCHEL, NICK	11 KINGSLEY-PIERSON	11.53	NWI 3
2	FERGUSON, DANIEL	12 WOODBURY CEN	11.59	NWI 3
3	KEMPERS, BOBBY	12 KINGSLEY-PIERSON	11.62	NWI 3
4	WILLEY, STEVEN	10 WEST MONONA	11.77	NWI 2
5	LABARGE, CLAYTON	12 WESTWOOD	11.91	NWI 2
6	LOVING, MIKE	11 LAWTON-BRONSON	11.93	NWI 3
7	TODD, TRENT	11 RIVER VALLEY	11.94	NWI 3
8	SITZMANN, ERIC	11 KINGSLEY-PIERSON	12.08	NWI 2
9	TAYLOR, BEN	12 PONCA HIGH SCHOOL	12.18	NWI 3
10	LANGEL, CODY	10 GEHLEN CATHOLIC	12.29	NWI 2
11	HARNESS, ANDRE	12 D VALLEY	12.31	NWI 2
12	ALEMAN, JOSE	11 GEHLEN CATHOLIC	12.31	NWI 2
13	WALSH, JORDAN	11 PONCA HIGH SCHOOL	12.32	NWI 3
14	STEINHOFF, JOSH	12 WESTWOOD	12.36	NWI 1
15	FAUST, NIC	09 SOUTH O'BRIEN H.S.	12.56	NWI 2
16	GLANZER, CASEY	09 D VALLEY	12.71	NWI 2
17	ALEXANDER, DERICK	11 EMERSON-HUBBARD	12.77	NWI 1
18	COAN, BRIAN	10 EMERSON-HUBBARD	13.08	NWI 1

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Boys 110 Meter Hurdles Class "C"**

Name	Year	School	Finals	Wind	H#
1 KUCHEL, NICK	11	KINGSLEY-PIERSON	15.22	NWI	3
2 SCHAEUBLE, BRENNAN	10	KINGSLEY-PIERSON	16.76	NWI	3
3 LABARGE, CLAYTON	12	WESTWOOD	16.82	NWI	2
4 LANGEL, RYAN	10	GEHLEN CATHOLIC	16.95	NWI	3
5 EGDORF, CODY	11	SOUTH O'BRIEN H.S.	17.04	NWI	3
6 DICKS, CHRIS	12	RIVER VALLEY	17.45	NWI	3
7 BREWER, JOSH	11	HOMER HIGH SCHOOL	17.98	NWI	3
8 HOLTGREWE, ZACH	11	GEHLEN CATHOLIC	18.08	NWI	2
9 KIRBY, CRAIG	12	WOODBURY CEN	18.23	NWI	3
10 MORFORD, AARON	12	D VALLEY	18.53	NWI	2
11 FREESE, JOHN	11	GALVA-HOLSTEIN	18.75	NWI	2
12 CURRAN, MAX	10	D VALLEY	18.93	NWI	2
13 MUGGE, TAYLOR	11	SOUTH O'BRIEN H.S.	18.98	NWI	3
14 RAVELING, ERIK	12	HOMER HIGH SCHOOL	19.42	NWI	1
15 SNYDER, KADE	09	HOMER HIGH SCHOOL	19.79	NWI	1
16 KNEIFL, PETER	10	NEWCASTLE HI	20.76	NWI	2
17 BLATCHFORD, KOLBY	09	NEWCASTLE HI	21.06	NWI	1

Boys 4x100 Meter Relay Class "C"

2 turn stagger School	Finals	H#
1 KINGSLEY-PIERSON 'A'	45.53	2
2 LAWTON-BRONSON 'A'	45.76	2
3 GEHLEN CATHOLIC 'A'	46.61	2
4 PONCA HIGH SCHOOL 'A'	46.99	2
5 SOUTH O'BRIEN H.S. 'A'	47.01	2
6 WOODBURY CENTRAL HIGH 'A'	47.08	2
7 WEST MONONA HIGH SCHOOL 'A'	47.44	1
8 ELK POINT-JEFFERSON 'A'	47.59	2
9 DAKOTA VALLEY HIGH SCHOOL 'A'	48.36	1
10 EMERSON-HUBBARD 'A'	48.78	2
-- WESTWOOD SLOAN HIGH SCHOO 'A'	DQ	1
-- NEWCASTLE HIGH SCHOOL 'A'	DQ	1

Boys 4x200 Meter Relay Class "C"

4 turn stagger School	Finals	H#
1 LAWTON-BRONSON 'A'	1:33.96	2
2 GEHLEN CATHOLIC 'A'	1:35.13	2
3 ELK POINT-JEFFERSON 'A'	1:35.33	2
4 CB ST ALBERT 'A'	1:35.98	2
5 GALVA-HOLSTEIN 'A'	1:36.51	2
6 RIVER VALLEY HIGH SCHOOL 'A'	1:37.16	1
7 SOUTH O'BRIEN H.S. 'A'	1:37.20	2
8 WOODBURY CENTRAL HIGH 'A'	1:37.89	2
9 WEST MONONA HIGH SCHOOL 'A'	1:39.23	1
10 WESTWOOD SLOAN HIGH SCHOO 'A'	1:39.64	1
11 KINGSLEY-PIERSON 'A'	1:40.52	1
12 NEWCASTLE HIGH SCHOOL 'A'	1:44.09	1

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Boys 4x200 Meter Relay Class"C"**

13	EMERSON-HUBBARD 'A'	1:44.44	1
--	DAKOTA VALLEY HIGH SCHOOL 'A'	DQ	1

Boys 4x400 Meter Relay Class"C"

=====			
3 turn stagger			
	School		Finals
=====			
1	HOMER HIGH SCHOOL 'A'	3:37.19	
2	WEST MONONA HIGH SCHOOL 'A'	3:37.85	
3	LAWTON-BRONSON 'A'	3:38.14	
4	SOUTH O'BRIEN H.S. 'A'	3:38.42	
5	GEHLEN CATHOLIC 'A'	3:42.84	
6	KINGSLEY-PIERSON 'A'	3:49.26	
7	NEWCASTLE HIGH SCHOOL 'A'	3:55.41	

Boys 1600 Sprint Medley Class"C"

=====			
3 turn stagger			
	School	Finals	H#
=====			
1	CB ST ALBERT 'A'	3:39.50	2
2	SOUTH O'BRIEN H.S. 'A'	3:43.93	2
3	PONCA HIGH SCHOOL 'A'	3:44.28	2
4	RIVER VALLEY HIGH SCHOOL 'A'	3:44.92	2
5	ELK POINT-JEFFERSON 'A'	3:52.30	2
6	WEST MONONA HIGH SCHOOL 'A'	3:55.20	1
7	HOMER HIGH SCHOOL 'A'	3:55.77	2
8	WOODBURY CENTRAL HIGH 'A'	3:56.80	1
9	NEWCASTLE HIGH SCHOOL 'A'	3:56.95	1
10	LAWTON-BRONSON 'A'	3:57.00	1
11	KINGSLEY-PIERSON 'A'	4:00.05	1
12	GEHLEN CATHOLIC 'A'	4:02.84	2
13	DAKOTA VALLEY HIGH SCHOOL 'A'	4:17.23	1
14	EMERSON-HUBBARD 'A'	4:20.21	1

Boys 800 Meter Run Open H.S.

=====			
Top 24			
	Name	Year School	Finals
=====			
1	MULDER, TYLER	12 UNITY CHS'T	1:56.87
2	BOTTORFF, CLINT	12 PONCA HIGH SCHOOL	2:01.24
3	HADEN, MIKE	12 SOUTH O'BRIEN H.S.	2:03.18
4	DANNENBRING, SAM	11 YANKTON HIGH SCHOOL	2:03.43
5	BUTROUS, JOSH	12 ELK POINT-JEFFERSON	2:05.30
6	TAMAYO, CHRIS	11 CB THOMAS JEFFERSON	2:07.94
7	WAGNER, BRANDON	12 YANKTON HIGH SCHOOL	2:08.62
8	NELSON, DJ	11 ROOSEVELT	2:09.25
9	STRAND, TRITON	09 GLENWOOD HIGH SC	2:09.55
10	JACOBS, CAM	11 SIOUX CITY EAST	2:10.01
11	GATES, LEVI	11 CB THOMAS JEFFERSON	2:10.36
12	SIDEBOTTOM, BILLIE	12 CB ABRAHAM LINCOLN	2:10.91
13	GROSVENOR, DAN	12 NEWCASTLE HI	2:11.04
14	PETERSON, JEFF	11 OKOBOJI HIGH SCHOOL	2:11.60

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Boys 800 Meter Run Open H.S.**

15	JARABEK, COREY	10	SIOUX CITY WEST	2:12.64
16	FREKING, KEATON	10	GEHLEN CATHOLIC	2:12.99
17	HADEN, JON	10	SOUTH O'BRIEN H.S.	2:15.87
18	ELDAL, AARON	11	OKOBOJI HIGH SCHOOL	2:19.21

Boys 1600 Meter Run Open H.S.

=====				
Top 32				
	Name	Year	School	Finals
=====				
1	LEWIS, JOSH	07	SIOUX CITY WEST	4:27.44
2	BOTTORFF, CLINT	12	PONCA HIGH SCHOOL	4:32.85
3	WILLIAMS, JON	11	YANKTON HIGH SCHOOL	4:33.44
4	STEWART, AARON	11	YANKTON HIGH SCHOOL	4:42.01
5	MADUT, THOMAS	12	SF LINCOLN	4:42.35
6	VANDEBERG, AUSTIN	11	SF LINCOLN	4:42.64
7	ANDERSON, BRAD	09	YANKTON HIGH SCHOOL	4:42.65
8	NORRIS, ANDY	11	SPIRIT LAKE PARK	4:50.08
9	VENTEICHER, COLTEN	09	MT MICHAEL	4:54.86
10	WULFEKUHLE, KEVIN	11	STORM LAKE HIGH	4:55.52
11	VAUBEL, JOHN	12	OKOBOJI HIGH SCHOOL	4:55.55
12	BEYELER, BRETT	11	NEWCASTLE HI	4:56.38
13	WILLISON, COLLEN	10	GLENWOOD HIGH SC	4:57.07
14	DEJONG, DALE	11	MAURICE/ORANGE CITY	4:57.30
15	JOHNSON, JOE	11	SGT BLUFF-LU	4:58.84
16	SITZMANN, WADE	10	GEHLEN CATHOLIC	4:58.91
17	GESINK, BRIAN	10	SIOUX CENTER	4:59.20
18	ROEHR, KYLE	10	SIOUX CITY NORTH	4:59.70
19	NELSON, MATT	12	CHEROKEE	5:01.69
20	BUTROUS, JACOB	12	ELK POINT-JEFFERSON	5:02.22
21	FISCHER, DANIEL	12	CB ST ALBERT	5:02.81
22	SCHWARTZ, BEN	12	KINGSLEY-PIERSON	5:03.23
23	GIFFORD, JEFF	12	SIOUX CITY EAST	5:03.91
24	MORENO, KENNY	09	ROOSEVELT	5:04.44
25	EGGER, CALEB	10	GALVA-HOLSTEIN	5:05.47
26	KNUTH, JOEY	12	CB ST ALBERT	5:08.51

Boys 3200 Meter Run Open H.S.

=====				
Top 32				
	Name	Year	School	Finals
=====				
1	FITZSIMMONS, SEAN	11	YANKTON HIGH SCHOOL	9:53.67
2	OBERLE, ANTHONY	10	HEELAN	10:04.00
3	FIEDLER, BEN	12	YANKTON HIGH SCHOOL	10:10.19
4	BUTROUS, JOSH	12	ELK POINT-JEFFERSON	10:11.72
5	BRAITHWAITE, MATT	10	SF LINCOLN	10:14.25
6	OIEN, PETER	12	SF LINCOLN	10:16.21
7	WOLTER, CHASE	09	WOODBURY CEN	10:25.16
8	DUBA, ANDREW	10	ROOSEVELT	10:28.16
9	SOMER, BRYCE	11	YANKTON HIGH SCHOOL	10:29.66
10	FORD, KEVIN	12	ROOSEVELT	10:33.41
11	FISCHER, DANIEL	12	CB ST ALBERT	10:36.46
12	GESINK, BRIAN	10	SIOUX CENTER	10:38.00
13	NELSON, MATT	12	CHEROKEE	10:38.84

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Boys 3200 Meter Run Open H.S.**

14 WILLISON, COLLEN	10 GLENWOOD HIGH SC	10:41.36
15 GORMAN, JEFF	12 CB ST ALBERT	10:43.60
16 MURPHY, TOM	11 MT MICHAEL	10:44.17
17 SCHROEDER, KELLY	12 SOUTH O'BRIEN H.S.	10:46.44
18 BEYELER, BRETT	11 NEWCASTLE HI	10:47.06
19 MENDOZA, FEDERICO	09 STORM LAKE HIGH	10:48.69
20 MICHALAK, NICK	10 MT MICHAEL	10:50.51
21 SIMENSON, DEREK	09 SIOUX CITY NORTH	10:51.27
22 SPENCER, JORDAN	11 LEMARS CENTRAL	10:52.02
23 SITZMANN, WADE	10 GEHLEN CATHOLIC	10:53.79
24 DEGROOT, DEREK	12 UNITY CHS'T	10:56.74
25 GOULD, ZACH	11 SIOUX CITY EAST	10:56.75
26 HANSEN, CARLOS	07 SIOUX CITY WEST	11:08.25
27 ENGLE, JEFF	09 KINGSLEY-PIERSON	11:08.72
28 CULLEN, JOE	10 STORM LAKE HIGH	11:22.96
29 HERBOLD, DAVID	10 LAWTON-BRONSON	11:26.18
30 KRANINGER, BRENT	11 OKOBOJI HIGH SCHOOL	11:34.78
31 STEVENS, JEFF	12 SIOUX CITY EAST	11:36.65

Boys 400 Meter Hurdles Open H.S.

=====

Top 24 by time

Name	Year	School	Finals	H#
1 LANE, BILL	08	SIOUX CITY WEST	55.35	3
2 MILNER, ZACH	11	CB ABRAHAM LINCOLN	56.71	3
3 MASTERS, LOGAN	11	STORM LAKE HIGH	56.85	3
4 ROESNER, MATT	12	MAURICE/ORANGE CITY	57.65	2
5 HUSTEDT, KEITH	12	GALVA-HOLSTEIN	57.81	3
6 SHOWERS, CRAIG	12	CB ABRAHAM LINCOLN	58.05	3
7 DICKS, CHRIS	12	RIVER VALLEY	58.16	2
8 VENAAS, DAVID	12	LEMARS CENTRAL	58.17	2
9 STEINHOFF, JOSH	12	WESTWOOD	58.58	3
10 EGDORF, CODY	11	SOUTH O'BRIEN H.S.	58.59	1
11 YOUNG, NATHAN	11	SGT BLUFF-LU	59.93	3
12 SCHULTE, PHIL	11	MT MICHAEL	59.96	1
13 CHAPMAN, DYLAN	09	OKOBOJI HIGH SCHOOL	1:00.29	2
14 HOLTGREWE, ZACH	11	GEHLEN CATHOLIC	1:00.92	1
15 GRAY, ANDY	10	CB THOMAS JEFFERSON	1:01.04	1
16 COMBS, DERRICK	10	SIOUX CITY EAST	1:01.11	1
17 VANOTTERLOO, CALEB	10	LEMARS CENTRAL	1:01.27	1
18 LANGEL, RYAN	10	GEHLEN CATHOLIC	1:01.95	2
19 LARSEN, DASCHLE	11	ELK POINT-JEFFERSON	1:02.00	1
20 HASS, NATHAN	10	OKOBOJI HIGH SCHOOL	1:02.10	2

Boys 4x800 Meter Relay Open H.S.

=====

Top 16 teams by time
1 turn stagger

School	Finals
1 SF LINCOLN 'A'	8:10.09
2 YANKTON HIGH SCHOOL 'A'	8:11.30
3 OKOBOJI HIGH SCHOOL 'A'	8:14.43
4 SPIRIT LAKE PARK 'A'	8:17.00

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Boys 4x800 Meter Relay Open H.S.**

5	CB ABRAHAM LINCOLN 'A'	8:26.88
6	SOUTH O'BRIEN H.S. 'A'	8:35.69
7	RIVER VALLEY HIGH SCHOOL 'A'	8:36.26
8	SIOUX FALLS ROOSEVELT 'A'	8:38.55
9	WEST MONONA HIGH SCHOOL 'A'	8:39.91
10	LEMARS CENTRAL 'A'	8:44.94
11	CB THOMAS JEFFERSON 'A'	8:51.11
12	ELK POINT-JEFFERSON 'A'	9:04.42
13	SIOUX CITY EAST 'A'	9:07.81
14	GEHLEN CATHOLIC 'A'	9:09.24

Boys High Jump Open H.S.

Starting height 5'10"

Name	Year School	Finals	
1	ROLLING, DAN	12 OKOBOJI HIGH SCHOOL	6-08.25 2.03m
2	KOSOKO, ABIOLA	12 MT MICHAEL	6-04.00 1.93m
3	HUNTER, JOE	12 CB ABRAHAM LINCOLN	6-02.00 1.87m
4	STERNHAGEN, DAN	12 YANKTON HIGH SCHOOL	J6-02.00 1.87m
5	BECKSTROM, MICHAEL	12 KINGSLEY-PIERSON	J6-02.00 1.87m
6	EGDORF, CODY	11 SOUTH O'BRIEN H.S.	J6-02.00 1.87m
7	KLEIN, DYLAN	10 OKOBOJI HIGH SCHOOL	6-00.00 1.82m
7	HORSTMAN, TYLER	11 UNITY CHS'T	6-00.00 1.82m
9	SMOLNISKY, NICK	12 SF LINCOLN	5-10.00 1.77m
10	LARSEN, DASCHLE	11 ELK POINT-JEFFERSON	5-08.00 1.72m
10	JORGENSEN, ISAAC	09 ROOSEVELT	5-08.00 1.72m
10	DONNELLY, JASON	12 ELK POINT-JEFFERSON	5-08.00 1.72m
10	MCDANIEL, JEMICHA	10 SIOUX CITY NORTH	5-08.00 1.72m
10	RASMUSSEN, BRYANT	11 GLENWOOD HIGH SC	5-08.00 1.72m
10	DUNNING, STEVE	11 MT MICHAEL	5-08.00 1.72m
--	IVERSON, BRAD	10 ROOSEVELT	NH
--	MUELLER, KYLE	09 YANKTON HIGH SCHOOL	NH
--	BIEDERMAN, JEREMY	12 WEST MONONA	NH
--	FLECKENSTEIN, JACOB	11 SGT BLUFF-LU	NH
--	FENCEROY, ZACH	11 SIOUX CITY EAST	NH
--	BISNEUIS, MIKE	08 HEELAN	NH
--	GARRY, ANDREW	10 SF LINCOLN	NH
--	TOMSCHA, ANTHONY	09 SIOUX CITY NORTH	NH
--	GRINNOLS, LENNY	11 SIOUX CITY WEST	NH
--	SMITH, CALE	11 SIOUX CITY NORTH	NH

Boys Long Jump Open H.S.

Name	Year School	Finals	Wind	
1	LEE, TRENTON	12 SIOUX CITY WEST	21-10.50	NWI 6.66m
2	POPPEN, JOSH	11 ROOSEVELT	21-00.00	NWI 6.40m
3	ALBUS, AARON	11 LEMARS CENTRAL	J21-00.00	NWI 6.40m
4	MC DANIEL, CORY	11 SIOUX CENTER	20-10.50	NWI 6.36m
5	HUSTEDT, KEITH	12 GALVA-HOLSTEIN	20-08.50	NWI 6.31m
6	SHANNON, BRIAN	11 CB ABRAHAM LINCOLN	20-04.50	NWI 6.21m
7	PITTS, TRAVIS	12 SIOUX CITY NORTH	20-03.50	NWI 6.18m
8	HEENEY, PATRICK	12 SO SIOUX	19-08.00	NWI 5.99m
8	BIERMAN, ANDY	12 CHEROKEE	19-08.00	NWI 5.99m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Boys Long Jump Open H.S.**

10 ALEMAN, JOSE	11 GEHLEN CATHOLIC	19-00.50	NWI	5.80m
11 GENTRY, DAVIAN	11 SIOUX CITY EAST	18-11.25	NWI	5.77m
12 STERNHAGEN, DAN	12 YANKTON HIGH SCHOOL	18-10.50	NWI	5.75m
12 WAGNER, SCOTT	10 SOUTH O'BRIEN H.S.	18-10.50	NWI	5.75m
14 MIEDEMA, ERIC	12 UNITY CHS'T	18-08.50	NWI	5.70m
14 KOOL, TYREL	09 YANKTON HIGH SCHOOL	18-08.50	NWI	5.70m
16 ROBINSON, JAMES	12 CB ABRAHAM LINCOLN	18-06.50	NWI	5.65m
17 DONNELLY, JASON	12 ELK POINT-JEFFERSON	18-05.50	NWI	5.62m
17 KIRBY, CRAIG	12 WOODBURY CEN	18-05.50	NWI	5.62m
17 LARSEN, DASCHLE	11 ELK POINT-JEFFERSON	18-05.50	NWI	5.62m
20 HASS, NATHAN	10 OKOBOJI HIGH SCHOOL	18-04.25	NWI	5.59m
21 NOREEN, SHANE	11 SIOUX CITY EAST	18-02.50	NWI	5.54m
22 KLEIN, DYLAN	10 OKOBOJI HIGH SCHOOL	18-00.50	NWI	5.49m
23 HUBER, NITCH	10 D VALLEY	17-10.50	NWI	5.44m
24 HOLLIS, COREY	11 SIOUX CITY WEST	17-09.50	NWI	5.42m
25 DUNN, MIKE	11 ROOSEVELT	17-08.00	NWI	5.38m
26 SPIRK, JORDAN	10 SO SIOUX	17-06.50	NWI	5.34m
27 LOWE, RILEY	10 NEWCASTLE HI	17-00.00	NWI	5.18m
28 HELLINGA, JUSTIN	09 UNITY CHS'T	16-03.00	NWI	4.95m

Boys Shot Put Open H.S.

=====				
Standard measurement 45'				
Name	Year	School	Finals	
=====				
1 CIUZELIS, MARTIN	12	EMERSON-HUBBARD	55-07.00	16.94m
2 MEYER, TIM	12	NEWCASTLE HI	52-04.00	15.95m
3 THOMPSON, TONY	11	ROOSEVELT	51-10.00	15.79m
4 MCINERNEY, SAM	07	ELK POINT-JEFFERSON	50-06.00	15.39m
5 GOFF, ROGER	12	MISSOURI VALLEY	50-05.25	15.37m
6 PONTIS, LOGAN	12	SO SIOUX	49-10.25	15.19m
7 STUBBE, MATT	12	CHEROKEE	48-06.75	14.80m
8 FREIHAGE, ERIC		WEST HARRISON	J48-06.75	14.80m
9 MCCALL, JOE	11	CB ABRAHAM LINCOLN	48-06.00	14.78m
10 LYNCH, TYLER	10	ROOSEVELT	47-10.25	14.58m
11 LESSMAN, RYAN	11	SIOUX CITY EAST	46-07.25	14.20m
12 RAVELING, TONY	11	STORM LAKE HIGH	46-01.25	14.05m
13 MADDOX, ADAM	11	YANKTON HIGH SCHOOL	46-00.75	14.03m
13 KILKER, BRIAN	11	GEHLEN CATHOLIC	46-00.75	14.03m
15 LUNDGREN, PAUL	09	MAURICE/ORANGE CITY	45-03.50	13.80m
16 BUNNER, COLE	11	MT MICHAEL	44-10.25	13.67m
17 HICKS, COLE	11	OKOBOJI HIGH SCHOOL	44-09.75	13.65m
18 CURRY, GURN	12	PONCA HIGH SCHOOL	44-09.00	13.63m
19 HUBER, JON-ERIC	12	SF LINCOLN	44-06.25	13.56m
20 VONDRAK, ADAM	11	HEELAN	44-04.00	13.51m
21 HICKLIN, ALEX		HEELAN	43-09.00	13.33m
22 ALLEN, ARIC	10	GALVA-HOLSTEIN	43-07.00	13.28m
23 EBEL, ADAM	12	SOUTH O'BRIEN H.S.	43-03.00	13.18m
24 STONEKING, KYLE	11	CHEROKEE	43-02.50	13.16m
25 MAGNUSSEN, JAY	11	SOUTH O'BRIEN H.S.	43-01.25	13.13m
26 STRONG, D'ANDRE	12	SIOUX CITY WEST	43-00.00	13.10m
27 ENGELTJES, TONY	12	UNITY CHS'T	42-11.00	13.08m
28 BASCHKE, TYLER	12	OKOBOJI HIGH SCHOOL	42-07.00	12.97m
29 KIRWAN, JOHN	10	SIOUX CITY EAST	42-01.00	12.82m
30 SIECK, EVAN	10	GLENWOOD HIGH SC	42-00.00	12.80m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Boys Shot Put Open H.S.**

31	BRACKER, MITCH	12	MAURICE/ORANGE CITY	41-10.00	12.75m
32	MULDER, WILL	12	UNITY CHS'T	40-10.00	12.44m
33	GRIEME, KENDALL	12	LAWTON-BRONSON	40-09.00	12.42m
34	DELFS, JARED	11	SIOUX CITY NORTH	40-05.00	12.31m
35	LOVING, MIKE	11	LAWTON-BRONSON	36-09.00	11.20m
36	SMITH, TIM	11	WOODBURY CEN	33-09.00	10.28m
37	JENSEN, STEVE	10	CB ST ALBERT	33-02.00	10.10m

Boys Discus Throw Open H.S.

Standard measurement 125'

Name	Year	School	Finals		
1	PONTIS, LOGAN	12	SO SIOUX	160-00	48.76m
2	LYNCH, TYLER	10	ROOSEVELT	157-01	47.87m
3	STUBBE, MATT	12	CHEROKEE	155-07	47.42m
4	CIUZELIS, MARTIN	12	EMERSON-HUBBARD	154-05	47.06m
5	CLARK, STEVEN	12	SIOUX CITY EAST	150-09	45.94m
6	BUNNER, COLE	11	MT MICHAEL	147-04	44.90m
7	VONDRAK, ADAM	11	HEELAN	146-04	44.60m
8	ROSENBOOM, DREW	12	SIOUX CENTER	143-08	43.78m
9	LUNDGREN, PAUL	09	MAURICE/ORANGE CITY	143-03	43.66m
10	WALLIN, RYAN	12	ROOSEVELT	141-00	42.97m
11	BENNETT, KYLE	11	HEELAN	140-00	42.67m
12	ENGELTJES, TONY	12	UNITY CHS'T	134-07	41.02m
13	STONEKING, KYLE	11	CHEROKEE	132-04	40.33m
14	MARTENS, KYLE	12	WOODBURY CEN	131-07	40.10m
15	KUHLMANN, KEEGAN	12	MISSOURI VALLEY	129-04	39.42m
16	MARLEY, ALEX	11	SIOUX CITY NORTH	128-10	39.26m
17	MCINERNEY, SAM	07	ELK POINT-JEFFERSON	128-09	39.24m
18	MAGNUSSEN, JAY	11	SOUTH O'BRIEN H.S.	127-10	38.96m
19	GRAY, ROB	11	LAWTON-BRONSON	126-01	38.43m
20	LESSMAN, RYAN	11	SIOUX CITY EAST	125-09	38.32m
20	EBEL, ADAM	12	SOUTH O'BRIEN H.S.	125-09	38.32m
22	ALLEN, CLARK	11	CB ABRAHAM LINCOLN	125-00	38.10m
23	SANGEL, TOBY	11	OKOBOJI HIGH SCHOOL	123-02	37.54m
24	STRONG, D'ANDRE	12	SIOUX CITY WEST	122-08	37.38m
25	MEYER, TIM	12	NEWCASTLE HI	122-06	37.33m
26	IODENCE, JAKE	10	MT MICHAEL	120-02	36.62m
27	VAN SCHEPEN, ANDY	12	OKOBOJI HIGH SCHOOL	119-04	36.37m
28	MULDER, WILL	12	UNITY CHS'T	118-09	36.19m
29	GRIEME, KENDALL	12	LAWTON-BRONSON	115-00	35.05m
30	RICHARDSON, MIKE	11	CB THOMAS JEFFERSON	112-11	34.41m
31	MADDOX, ADAM	11	YANKTON HIGH SCHOOL	105-05	32.13m
32	CURRY, GURN	12	PONCA HIGH SCHOOL	105-03	32.08m
33	JENSEN, STEVE	10	CB ST ALBERT	92-00	28.04m
--	KILKER, BRIAN	11	GEHLEN CATHOLIC	ND	
--	ELLENSOHN, TODD	12	GEHLEN CATHOLIC	ND	

Boys 4x100 Meter Relay Freshman Boys

2	turn stagger		
	School		Finals
1	SIOUX CITY NORTH 'A'		47.58

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Boys 4x100 Meter Relay Freshman Boys**

2	SIOUX CITY WEST	'A'	47.79
3	SO SIOUX CITY HIGH SCHOOL	'A'	49.88
4	SIOUX CITY EAST	'A'	52.91

Boys 4x200 Meter Relay Freshman Boys

4 turn stagger			Finals
	School		
1	SIOUX CITY NORTH	'A'	1:39.13
2	SIOUX CITY WEST	'A'	1:40.70
3	BISHOP HEELAN HIGH SCHOOL	'A'	1:42.53
4	SO SIOUX CITY HIGH SCHOOL	'A'	1:43.77
5	SIOUX CITY EAST	'A'	1:49.05

Boys 4x400 Meter Relay Freshman Boys

3 turn stagger			Finals
	School		
1	SIOUX CITY NORTH	'A'	3:46.90
2	SIOUX CITY WEST	'A'	3:49.84
3	BISHOP HEELAN HIGH SCHOOL	'A'	3:51.33
4	SIOUX FALLS ROOSEVELT	'A'	3:56.72
5	SIOUX CITY EAST	'A'	4:06.30

Boys 100 Meter Dash Elite

Name	Year	School	Finals	Wind
1 KUCHEL, NICK	11	KINGSLEY-PIERSON	11.20	NWI
2 CLEMENT, JARED	10	LEMARS CENTRAL	11.44	NWI
3 BAILEY, RYAN	12	OKOBOJI HIGH SCHOOL	11.52	NWI
4 FERGUSON, DANIEL	12	WOODBURY CEN	11.53	NWI
5 KEMPERS, BOBBY	12	KINGSLEY-PIERSON	11.60	NWI
6 KROGER, BRYON	12	CHEROKEE	11.63	NWI
7 JAMINET, KIRK	12	SIOUX CITY EAST	11.68	NWI
8 LEGGIO, BILL	12	CB ABRAHAM LINCOLN	11.69	NWI

Boys 110 Meter Hurdles Elite

Name	Year	School	Finals	Wind
1 KUCHEL, NICK	11	KINGSLEY-PIERSON	14.76	NWI
2 RUSS, TANNER	11	MAURICE/ORANGE CITY	15.38	NWI
3 MASTERS, LOGAN	11	STORM LAKE HIGH	15.47	NWI
4 KOSOKO, ABIOLA	12	MT MICHAEL	15.76	NWI
5 HUNTER, JOE	12	CB ABRAHAM LINCOLN	15.88	NWI
6 ALBUS, AARON	11	LEMARS CENTRAL	15.93	NWI
7 VENAAS, DAVID	12	LEMARS CENTRAL	16.26	NWI
8 ROUNDS, MARTIN	11	CB THOMAS JEFFERSON	17.52	NWI

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Men 100 Meter Dash Open Men**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1		ARNOLD, MICAH	UNATTACHED	11.14q	NWI 5
2	JR	WASHINGTON, JJ	WAYNE STATE COLLEGE	11.15q	NWI 3
3		MELVIN, BRIAN	DAKOTA STATE	11.17q	NWI 4
4		BAILEY, ZAC	BUENA VIST	11.34q	NWI 1
5		REZAC, ANTHONY	MORNINGSIDE COLLEGE	11.35q	NWI 5
6		LANE, JASON	U SIOUX FALL	11.40q	NWI 3
7		LAWSON, DANNY	JAMESTOWN COLLEGE	11.42q	NWI 5
8		ROWEDDER, CHRIS	BUENA VIST	11.46q	NWI 2
9		STEWART, DEVIN	BUENA VIST	11.47	NWI 4
10		MCCASKILL, JORDAN	USD	11.48	NWI 2
11		BEACHEM, CHANG	NO. STATE	11.49	NWI 2
12	FR	PILAKOWSKI, TIM	WAYNE STATE COLLEGE	11.55	NWI 1
13		HUGHES, BRAD	BUENA VIST	11.57	NWI 4
14		GROH, MERRITT	USD	11.58	NWI 1
15		PEKAREK, SCOTT	DAKOTA WESLY	11.59	NWI 5
16	JR	ELLIS, FREDDIE	WAYNE STATE COLLEGE	11.71	NWI 4
17		RODEN, WILL	BRIAR CLIFF	11.81	NWI 3
18		LLOYD, BLAKE	DAKOTA STATE	11.81	NWI 5
19		GERDES, AARON	BUENA VIST	11.82	NWI 2
20		HERMANSON, JEREMY	UNATTACHED	11.83	NWI 4
21		KURT, AKSAMIT	NORTHWESTERN	11.95	NWI 1
22		JOHNSON, REID	U SIOUX FALL	11.99	NWI 2
23		NOTEBOOM, JUSTIN	AUGUSTANA COLLEGE	12.07	NWI 2
24		WASMUND, RANDY	MORNINGSIDE COLLEGE	12.18	NWI 5
25		LEE, LETARIUS	U SIOUX FALL	12.20	NWI 5
26		LOZANO, JAVIER	MORNINGSIDE COLLEGE	12.24	NWI 4

Men 100 Meter Dash Open Men

Name	Year	School	Finals	Wind
Finals				
1		ARNOLD, MICAH	UNATTACHED	11.07 0.3
2		BAILEY, ZAC	BUENA VIST	11.23 0.3
3		MELVIN, BRIAN	DAKOTA STATE	11.28 0.3
4	JR	WASHINGTON, JJ	WAYNE STATE COLLEGE	11.29 0.3
5		REZAC, ANTHONY	MORNINGSIDE COLLEGE	11.31 0.3
6		LANE, JASON	U SIOUX FALL	11.39 0.3
7		LAWSON, DANNY	JAMESTOWN COLLEGE	11.43 0.3
8		ROWEDDER, CHRIS	BUENA VIST	11.46 0.3

Men 400 Meter Dash Open Men

Name	Year	School	Finals	H#
1		VEURINK, JOSH	U SIOUX FALL	50.69 4
2		STRAIT, STEPHEN	JAMESTOWN COLLEGE	50.70 4
3		HINRICHS, CHAD	BUENA VIST	50.82 4
4	FR	BRINK, KELLY	WAYNE STATE COLLEGE	50.95 4
5		HOWELL, SEAN	UNATTACHED	51.03 3
6		PEARSON, CHAD	BUENA VIST	51.20 4

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Men 400 Meter Dash Open Men**

7	SCHERGER, CYLE	U SIOUX FALL	51.29	1
8	MILLER, JAY	DAKOTA WESLY	51.44	3
9	BECKER, BRYCE	NORTHWESTERN	51.57	3
10	BAY, RON	MORNINGSIDE COLLEGE	51.66	2
11	COLEY, DAVID	USD	52.04	4
12	SLAUGHTER, AUSTIN	DAKOTA STATE	52.44	2
13	MOUSEL, BILLY	BRIAR CLIFF	52.69	2
14	MARCUS, JOSH	DORDT COLLEGE	52.71	2
15	BELLING, MIKE	MOUNT MARTY COLLEGE	52.81	3
16	JENSEN, BROCK	NORTHWESTERN	52.84	3
17	WIRTH, ZACH	SDSU	52.85	4
18	VAN DYKE, BRANT	DORDT COLLEGE	53.43	2
19	DAHM, AJ	BUENA VIST	53.61	3
20	FETERL, BRYANT	NO. STATE	54.06	1
21	KLEIN, TIM	DORDT COLLEGE	54.09	2
22	STABBE, IAN	BUENA VIST	54.38	1
23	WELSH, TIM	UNATTACHED	54.59	3
24	PETERSEN, BEN	BUENA VIST	55.00	1
25	MARRERO, ABDIER	UNATTACHED	55.42	2
26	HARTMAN, AARON	JAMESTOWN COLLEGE	55.75	1
27	HAUGER, MARK	DAKOTA WESLY	56.94	1
28	WOLLMAN, MICHAEL	DAKOTA WESLY	57.19	1

Men 800 Meter Run Open Men

Name	Year	School	Finals
1		U SIOUX FALL	1:54.54
2		UNATTACHED	1:55.18
3		UNATTACHED	1:55.33
4		JAMESTOWN COLLEGE	1:55.60
5		JAMESTOWN COLLEGE	1:55.94
6		JAMESTOWN COLLEGE	1:56.75
7		MORNINGSIDE COLLEGE	1:56.88
8		UNATTACHED	1:57.07
9		UNATTACHED	1:57.45
10		U SIOUX FALL	1:57.66
11		UNATTACHED	1:58.43
12		NO. STATE	1:58.46
13		SO WAYNE STATE COLLEGE	1:58.82
14		SO WAYNE STATE COLLEGE	1:58.87
15		USD	1:59.18
16		MORNINGSIDE COLLEGE	1:59.22
17		USD	1:59.59
18		MORNINGSIDE COLLEGE	1:59.68
19		BRIAR CLIFF	1:59.71
20		U SIOUX FALL	1:59.75
21		JAMESTOWN COLLEGE	2:00.09
22		BRIAR CLIFF	2:00.61
23		DORDT COLLEGE	2:00.62
24		UNATTACHED	2:00.90
25		SDSU	2:00.92
26		NO. STATE	2:01.22
27		AUGUSTANA COLLEGE	2:01.75
28		MORNINGSIDE COLLEGE	2:01.91

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Men 800 Meter Run Open Men**

29	FARAH, JAMA	MORNINGSIDE COLLEGE	2:02.55
30	KIESOW, ZACH	AUGUSTANA COLLEGE	2:02.67
31	BISHOP, JAKE	U SIOUX FALL	2:02.81
32	SABA, JOSH	BUENA VIST	2:02.84
33	BERGEN, NATHANIEL	UNATTACHED	2:03.16
34	FETERL, BRYANT	NO. STATE	2:03.17
35	DANGA, JERAMIAH	UNATTACHED	2:03.48
36	WALLACE, JOHN	JAMESTOWN COLLEGE	2:03.99
37	DEMPSEY, JEFF	BRIAR CLIFF	2:04.49
38	DE HAAN, JOEL	DORDT COLLEGE	2:04.57
39	BOERMAN, JOSH	DORDT COLLEGE	2:04.62
40	LAWTON, BLAIR	MORNINGSIDE COLLEGE	2:05.96
41	HOLMES, KRIS	U SIOUX FALL	2:06.23
42	BELLING, MIKE	MOUNT MARTY COLLEGE	2:07.00
43	WENRICK, DAN	MORNINGSIDE COLLEGE	2:07.17
44	FLAMMANG, JUSTIN	MORNINGSIDE COLLEGE	2:07.52
45	TYLER, BRAD	UNATTACHED	2:08.24
46	ARKULARY, JOSH	NO. STATE	2:08.34
47	SUMMERSIDE, GEORGE	DAKOTA WESLY	2:08.98
48	SCHAAF, TROY	JR WAYNE STATE COLLEGE	2:10.64
49	WOLLMAN, MICHAEL	DAKOTA WESLY	2:10.76
50	MULDER, NATHAN	DORDT COLLEGE	2:12.57
51	LARSEN, NATHAN	DAKOTA WESLY	2:13.59
52	BECKER, SAM	MORNINGSIDE COLLEGE	2:19.95

Men 1500 Meter Run Open Men

Name	Year	School	Finals	
1		BALTRUSCH, LUKE	AUGUSTANA COLLEGE	3:57.50
2		ROBY, SCOTT	SDSU	4:00.24
3		VAN VEEN, JEREMY	UNATTACHED	4:01.54
4		WALBERG, MATT	NO. STATE	4:02.53
5		IDE, CASEY	UNATTACHED	4:03.04
6		FRANSEN, BRETT	USD	4:04.71
7		HESS, RYUN	JAMESTOWN COLLEGE	4:05.26
8		BACKSEN, CHAD	AUGUSTANA COLLEGE	4:06.04
9		KIESOW, ZACH	AUGUSTANA COLLEGE	4:07.47
10		IHRY, ROB	AUGUSTANA COLLEGE	4:09.32
11		BJERKE, KEVIN	UNATTACHED	4:09.48
12		HANSEN, ERIC	SDSU	4:10.34
13		VERMEER, MICHAEL	NORTHWESTERN	4:11.18
14		HOFFMAN, KASEY	MORNINGSIDE COLLEGE	4:12.88
15		JOHNSON, BART	AUGUSTANA COLLEGE	4:13.25
16		SUVER, CURTIS	JAMESTOWN COLLEGE	4:14.17
17		HARRELL, TOBIE	U SIOUX FALL	4:16.40
18		TRETTIN, JACOB	MORNINGSIDE COLLEGE	4:16.62
19		BERGEN, NATHANIEL	UNATTACHED	4:18.39
20		LAVALLIERE, RORY	U SIOUX FALL	4:20.23
21		GRAESSER, GLEN	AUGUSTANA COLLEGE	4:20.93
22		WALLACE, JOHN	JAMESTOWN COLLEGE	4:21.91
23		DANGA, JERAMIAH	UNATTACHED	4:23.01
24		ADAMS, ANDERSON	CREIGHTON	4:23.71
25		KAMPEN, ROBBY	CREIGHTON	4:24.45
26		SCHOLLMEIER, NICK	U SIOUX FALL	4:25.22

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Men 1500 Meter Run Open Men**

27	MCINTIRE, NATE	SO	WAYNE STATE COLLEGE	4:28.58
28	URESTE, NILE		NORTHWESTERN	4:29.74
29	CRAWFORD, ERIC		UNATTACHED	4:29.96
30	MIEDEMA, MARK		DORDT COLLEGE	4:30.11
31	SCHNEIDER, MATT	FR	WAYNE STATE COLLEGE	4:32.46
32	FARAH, JAMA		MORNINGSIDE COLLEGE	4:32.63
33	LARSEN, NATHAN		DAKOTA WESLY	4:34.06
34	BAY, RON		MORNINGSIDE COLLEGE	4:35.19
35	JANSEN, BEN		UNATTACHED	4:35.41
36	WILLIAMS, BYRON		DAKOTA WESLY	4:37.34
37	STANEK, ANTONE		BUENA VIST	4:51.13
--	KLAWITTER, JOSH		UNATTACHED	NT
--	SABA, JOSH		BUENA VIST	NT
--	MEYERS, JEREMY		MORNINGSIDE COLLEGE	NT
--	CRABTREE, BEN	SO	WAYNE STATE COLLEGE	NT
--	RYAN, TIM		DAKOTA WESLY	NT
--	SORENSEN, COREY		JAMESTOWN COLLEGE	NT

Men 5000 Meter Run Open Men

Name	Year	School	Finals
1	WOOD, ALLEN	JAMESTOWN COLLEGE	15:09.89
2	JELLEN, JARVIS	AUGUSTANA COLLEGE	15:19.18
3	EISENGA, TIM	DORDT COLLEGE	15:26.82
4	STUCKENBROKER, JEFF	USD	15:35.95
5	SCOTT, MATT	NO. STATE	15:37.35
6	ARMENT, TRAVIS	U SIOUX FALL	15:37.85
7	YAGGIE, MATT	USD	15:51.95
8	WERNER, BRIAN	CREIGHTON	15:52.39
9	BOESE, KALEB	AUGUSTANA COLLEGE	15:53.97
10	HUFFMAN, CURTIS	JAMESTOWN COLLEGE	15:57.25
11	SMITH, PETE	AUGUSTANA COLLEGE	15:57.69
12	HERRON, JEREMIAH	SO WAYNE STATE COLLEGE	15:58.97
13	ANDERSON, AMIL	AUGUSTANA COLLEGE	15:59.01
14	PIERSON, BRAD	JAMESTOWN COLLEGE	16:05.42
15	HEIN, DARREN	CREIGHTON	16:22.76
16	HEEZAN, CHRIS	DAKOTA STATE	16:23.24
17	FRANCIS, JON	UNATTACHED	16:44.85
18	EBERT, ANTHONY	NORTHWESTERN	16:45.32
19	BEELER, CHRIS	UNATTACHED	17:19.60
20	ESSLER, ZACH	JAMESTOWN COLLEGE	17:22.29
21	VAN DAM, JOSH	DORDT COLLEGE	17:27.14
22	DERIDDER, TRAVIS	BUENA VIST	17:44.90
23	BEELER, AARON	UNATTACHED	17:51.82
24	RADWAY, CAREY	DAKOTA WESLY	17:53.81
25	SUMMERSIDE, GEORGE	DAKOTA WESLY	18:19.40
26	LAMAS, STEPHEN	SO WAYNE STATE COLLEGE	18:28.09

Men 10000 Meter Run Open Men

Name	Year	School	Finals
1	HUFF, CHRIS	UNATTACHED	33:04.16
2	PIERSON, BRAD	JAMESTOWN COLLEGE	33:04.88

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Men 10000 Meter Run Open Men**

3	HUFFMAN, CURTIS	JAMESTOWN COLLEGE	33:09.24
4	GRABINGER, JR	BLACK HILLS	33:22.26
5	BRANDON, BERTRAM	BLACK HILLS	33:37.37
6	BAHNSON, GRAHM	AUGUSTANA COLLEGE	34:00.40
7	GUMS, JJ	MOUNT MARTY COLLEGE	34:20.76
8	BLUE UNATTACHED, JOSH	UNATTACHED	34:29.40
9	JAMA, ABDIQANI	DAKOTA WESLY	34:52.08
10	BEELER, CHRIS	UNATTACHED	35:04.04
11	HOGAN, BRENT	CREIGHTON	35:07.12
12	NELSON, JOSH	NORTHWESTERN	35:41.20
13	WOEHL, JON	NORTHWESTERN	35:47.34
14	BEELER, AARON	UNATTACHED	37:38.58
--	HOYT UNATTACHED, MATT	UNATTACHED	DNF

Men 110 Meter Hurdles Open Men

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1		UNATTACHED	14.70q	-1.3	1
2		NO. STATE	15.63q	-1.3	1
3		JAMESTOWN COLLEGE	15.67q	-1.2	2
4		BUENA VIST	15.89q	-1.3	1
5		USD	16.00q	-1.2	2
6		DAKOTA STATE	16.09q	-1.2	2
7		JAMESTOWN COLLEGE	16.13q	-1.3	1
8		NORTHWESTERN	16.26q	-1.2	2
9		FR WAYNE STATE COLLEGE	16.42	-1.2	2
10		USD	16.47	-1.3	1
11		DAKOTA STATE	16.58	-1.3	1
12		NORTHWESTERN	18.46	-1.3	1

Men 110 Meter Hurdles Open Men

Name	Year	School	Finals	Wind
Finals				
1		UNATTACHED	14.87	1.4
2		USD	15.51	1.4
3		NO. STATE	15.73	1.4
4		JAMESTOWN COLLEGE	15.83	1.4
5		JAMESTOWN COLLEGE	15.94	1.4
6		DAKOTA STATE	16.02	1.4
7		BUENA VIST	16.45	1.4
8		NORTHWESTERN	16.56	1.4

Men 400 Meter Hurdles Open Men

Name	Year	School	Finals	H#
1		JAMESTOWN COLLEGE	53.98	3
2		AUGUSTANA COLLEGE	54.18	3
3		JAMESTOWN COLLEGE	54.20	3
4		NORTHWESTERN	55.24	2

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Men 400 Meter Hurdles Open Men**

5	THIELEN, TROY	SDSU	55.26	2
6	HERDEGEN, KEVIN	DORDT COLLEGE	55.81	2
7	HAMIK, JAKE	NO. STATE	55.84	3
8	REIMER, BRIAN	USD	55.89	2
9	BRIGGS, JASON	USD	56.13	3
10	HEITMAN, TRAVIS	NO. STATE	58.01	1
11	WICKS, SUNDANCE	UNATTACHED	58.06	2
12	CHOZEN, BEN	BUENA VIST	58.19	3
13	GREGORY, CODY	FR WAYNE STATE COLLEGE	58.89	1
14	STROBEL, TREVOR	DAKOTA STATE	59.01	3
15	SHUBECK, JOHN	USD	59.95	2
16	TAYLOR, JUSTIN	BUENA VIST	1:00.44	1
17	JOHNIKIN, JAMES	U SIOUX FALL	1:05.25	1

Men 3000 Meter Steeplechase Open Men

Name	Year	School	Finals	
1		VAN ENGEN, DAN	DORDT COLLEGE	9:23.66
2		HUNT, ERIC	UNATTACHED	9:27.97
3		WETERING UNATTACHED, TYL	UNATTACHED	9:31.88
4		SCHNEIDER, MATT	FR WAYNE STATE COLLEGE	9:41.84
5		HUBER, BRENDEN	USD	9:44.42
6		WISE, STEVE	MORNINGSIDE COLLEGE	10:14.45
7		FRANCIS, JON	UNATTACHED	10:28.69
8		WINGERT, JEFF	DAKOTA WESLY	10:42.29
9		DAHLBERG, KEVIN	NO. STATE	10:46.67
10		SABA, JOSH	BUENA VIST	10:49.97
11		SCHAAF, TROY	JR WAYNE STATE COLLEGE	11:12.37
12		WARD, CHARLES	U SIOUX FALL	11:45.39

Men 4x100 Meter Relay Open Men

2 turn stagger	School	Prelims	H#
Preliminaries			
1	BUENA VISTA UNIVERSITY 'A'	42.06q	2
2	DAKOTA STATE UNIVERSITY 'A'	42.84q	1
3	UNIVERSITY SIOUX FALLS 'A'	43.10q	1
4	JAMESTOWN COLLEGE 'A'	43.21q	1
5	NORTHERN STATE UNIVERSITY 'A'	43.45q	2
6	DAKOTA WESLYAN UNIVERSITY 'A'	44.58q	2
7	NORTHWESTERN COLLEGE 'A'	45.80q	2
--	DORDT COLLEGE 'A'	DNF	1

Men 4x100 Meter Relay Open Men

2 turn stagger	School	Finals
Finals		
1	BUENA VISTA UNIVERSITY 'A'	42.56
2	JAMESTOWN COLLEGE 'A'	43.03
3	UNIVERSITY SIOUX FALLS 'A'	43.40

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Men 4x100 Meter Relay Open Men**

4	NORTHERN STATE UNIVERSITY 'A'	43.44
5	DAKOTA STATE UNIVERSITY 'A'	43.83
6	NORTHWESTERN COLLEGE 'A'	45.41
7	DAKOTA WESLYAN UNIVERSITY 'A'	45.48

Men 4x200 Meter Relay Open Men

=====			
4 turn stagger			
	School	Prelims	H#
=====			
Preliminaries			
1	BUENA VISTA UNIVERSITY 'A'	1:29.84q	2
2	DAKOTA STATE UNIVERSITY 'A'	1:30.01q	1
3	UNIVERSITY SOUTH DAKOTA 'A'	1:31.12q	2
4	JAMESTOWN COLLEGE 'A'	1:31.87q	1
5	NORTHERN STATE UNIVERSITY 'A'	1:32.52q	1
6	DORDT COLLEGE 'A'	1:32.83q	2
7	UNIVERSITY SIOUX FALLS 'A'	1:33.68q	2
8	NORTHWESTERN COLLEGE 'A'	1:35.26q	1
--	BUENA VISTA UNIVERSITY 'B'	DQ	1

Men 4x200 Meter Relay Open Men

=====			
4 turn stagger			
	School	Finals	
=====			
Finals			
1	UNIVERSITY SOUTH DAKOTA 'A'	1:29.88	
2	DAKOTA STATE UNIVERSITY 'A'	1:29.89	
3	BUENA VISTA UNIVERSITY 'A'	1:30.51	
4	JAMESTOWN COLLEGE 'A'	1:30.62	
5	NORTHERN STATE UNIVERSITY 'A'	1:30.81	
6	DORDT COLLEGE 'A'	1:32.72	

Men 4x400 Meter Relay Open Men

=====			
3 turn stagger			
	School	Finals	H#
=====			
1	JAMESTOWN COLLEGE 'A'	3:20.77	2
2	NORTHERN STATE UNIVERSITY 'A'	3:21.14	2
3	NORTHWESTERN COLLEGE 'A'	3:21.87	2
4	UNIVERSITY SOUTH DAKOTA 'A'	3:23.64	2
5	UNIVERSITY SIOUX FALLS 'A'	3:23.98	2
6	BUENA VISTA UNIVERSITY 'A'	3:24.58	2
7	DORDT COLLEGE 'A'	3:26.23	2
8	UNATTACHED 'A'	3:29.33	1
9	BRIAR CLIFF UNIVERSITY 'A'	3:30.66	1
10	MORNINGSIDE COLLEGE 'A'	3:38.15	1

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****Men 4x800 Meter Relay Open Men**

1 turn stagger		Finals
School		
1	JAMESTOWN COLLEGE 'A'	7:47.39
2	UNIVERSITY SIOUX FALLS 'A'	7:56.00
3	JAMESTOWN COLLEGE 'B'	8:01.77
4	WAYNE STATE COLLEGE 'A'	8:03.81
	1) KLEIN, ERIC SO	2) MCINTIRE, NATE SO
	3) SCHAFFER, MATT JR	4) KRIZ, KOREY SO
5	MORNINGSIDE COLLEGE 'A'	8:09.25
6	DORDT COLLEGE 'A'	8:14.25
7	DAKOTA WESLYAN UNIVERSITY 'A'	9:03.22

Men 1600 Sprint Medley Open Men

3 turn stagger		Finals	H#
School			
1	UNIVERSITY SIOUX FALLS 'A'	3:32.38	2
2	JAMESTOWN COLLEGE 'A'	3:34.56	2
3	UNATTACHED 'A'	3:35.84	1
4	NORTHERN STATE UNIVERSITY 'A'	3:38.33	2
5	BRIAR CLIFF UNIVERSITY 'A'	3:38.82	1
6	NORTHWESTERN COLLEGE 'A'	3:42.15	1
7	MORNINGSIDE COLLEGE 'A'	3:46.29	1
8	AUGUSTANA COLLEGE 'A'	3:47.09	2
9	DORDT COLLEGE 'A'	3:49.59	1

Men Distance Medley Open Men

1 turn stagger		Finals
Ru;nnng Order 1200-400-800-1600		
School		
1	AUGUSTANA COLLEGE 'A'	10:17.56
2	JAMESTOWN COLLEGE 'A'	10:25.83
3	NORTHERN STATE UNIVERSITY 'A'	10:38.77
4	UNIVERSITY SOUTH DAKOTA 'A'	10:40.84
	1) HEGGE, JOE	2) GROH, MERRITT
	3) VOLENTINE, JOSIAH	4) FRANSEN, BRETT
5	NORTHWESTERN COLLEGE 'A'	10:48.43

Men High Jump Open Men

Name	Year School	Finals	
1 DE JONG, DAN	DORDT COLLEGE	6-04.00	1.93m
2 GRONE, HEATH	SO WAYNE STATE COLLEGE	J6-04.00	1.93m
3 CASAVAN, JOE	DAKOTA STATE	J6-04.00	1.93m
4 FRANSMAN, CHRIS	DORDT COLLEGE	J6-04.00	1.93m
5 KUBAT, SPENCER	JAMESTOWN COLLEGE	6-02.00	1.87m
6 HAUGLAND, DEMING	AUGUSTANA COLLEGE	J6-02.00	1.87m
7 ANDERSON, MATT	NO. STATE	J6-02.00	1.87m
7 ORTMEIER, MICHAEL	NORTHWESTERN	J6-02.00	1.87m
9 BEYER, BRAD	BUENA VIST	6-00.00	1.82m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Men High Jump Open Men**

10	PELC, DEREK	USD	5-10.00	1.77m
10	CHRISTIE, DEREK	BUENA VIST	5-10.00	1.77m
10	MULDER, NATHAN	DORDT COLLEGE	5-10.00	1.77m
--	DAHM, AJ	BUENA VIST	NH	

Men Pole Vault Open Men

Name	Year	School	Finals	
1	DOGGETT, MATT	UNATTACHED	14-06.00	4.41m
2	SCHIFERL, TYLER	UNATTACHED	13-06.00	4.11m
3	MCGRUDER, NATE	NO. STATE	13-00.00	3.96m
4	RUST, TIM	UNATTACHED	J13-00.00	3.96m
5	SHUBECK, JOHN	USD	12-06.00	3.81m
5	HAJEK, RYAN	MOUNT MARTY COLLEGE	12-06.00	3.81m
--	HELM, ANDREW	JAMESTOWN COLLEGE	NH	
--	PRICE, JR	JAMESTOWN COLLEGE	NH	
--	KUISLE, JOSH	BUENA VIST	NH	
--	PAULSON, MARCUS	AUGUSTANA COLLEGE	NH	
--	ROTER UNATTACHED, MATT	UNATTACHED	NH	
--	DEIBERT, BRETT	USD	NH	

Men Long Jump Open Men

Name	Year	School	Finals	Wind	
1	DE VRIES, WADE	UNATTACHED	22-07.50	NWI	6.89m
2	TEWS, NICK	JAMESTOWN COLLEGE	22-05.50	NWI	6.84m
3	LAWSON, DANNY	JAMESTOWN COLLEGE	22-04.00	NWI	6.80m
4	PILAKOWSKI, TIM	FR WAYNE STATE COLLEGE	21-06.00	NWI	6.55m
5	WASHINGTON, JJ	JR WAYNE STATE COLLEGE	21-03.50	NWI	6.48m
6	SHEPARDSON, JOE	DAKOTA WESLY	20-10.00	NWI	6.35m
7	PLAGEMAN, ADAM	NO. STATE	20-03.50	NWI	6.18m
8	BEACHEM, CHANG	NO. STATE	19-11.00	NWI	6.07m
9	BALL, TOBY	DAKOTA STATE	19-04.50	NWI	5.90m
9	WELTER, JUSTIN	BUENA VIST	19-04.50	NWI	5.90m
11	BLANKERS, KYLE	NORTHWESTERN	19-01.00	NWI	5.81m
12	LISKA, COLE	JR WAYNE STATE COLLEGE	18-11.50	NWI	5.77m
13	MEUZELAAR, JEFF	DORDT COLLEGE	18-09.00	NWI	5.71m
14	CHRISTIE, DEREK	BUENA VIST	18-07.00	NWI	5.66m
15	SHUBECK, JOHN	USD	18-06.50	NWI	5.65m
16	KEMMERER, CHRIS	BUENA VIST	18-05.00	NWI	5.61m
17	CARR, BRANDON	DAKOTA STATE	17-09.00	NWI	5.41m
18	PETERSEN, BEN	BUENA VIST	17-05.00	NWI	5.30m

Men Triple Jump Open Men

Name	Year	School	Finals	Wind	
1	DE VRIES, WADE	UNATTACHED	47-01.00	NWI	14.35m
2	DE JONG, DAN	DORDT COLLEGE	44-07.00	NWI	13.58m
3	PLAGEMAN, ADAM	NO. STATE	43-08.50	NWI	13.32m
4	GUDMUNSON, DAN	DORDT COLLEGE	43-08.00	NWI	13.30m
5	SHEPARDSON, JOE	DAKOTA WESLY	43-07.00	NWI	13.28m
6	TEWS, NICK	JAMESTOWN COLLEGE	43-00.00	NWI	13.10m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****...Men Triple Jump Open Men**

7	PILAKOWSKI, TIM	FR WAYNE STATE COLLEGE	41-09.00	NWI	12.72m
8	LISKA, COLE	JR WAYNE STATE COLLEGE	41-06.00	NWI	12.64m
9	LAWSON, DANNY	JAMESTOWN COLLEGE	39-04.00	NWI	11.98m
10	KEMMERER, CHRIS	BUENA VIST	38-07.00	NWI	11.76m
11	CARR, BRANDON	DAKOTA STATE	38-02.00	NWI	11.63m
12	DEIBERT, BRETT	USD	38-01.00	NWI	11.60m
13	WASMUND, RANDY	MORNINGSIDE COLLEGE	36-03.00	NWI	11.04m

Men Shot Put Open Men

Standard for measurement 43'

Name	Year School	Finals	
1	ORTMEIER, ANDREW	NORTHWESTERN	52-09.50 16.09m
2	OLSON, VINNIE	U SIOUX FALL	52-01.00 15.87m
3	FYNAARDT, NICK	NORTHWESTERN	49-01.00 14.96m
4	HEADRICK, SCOTT	DAKOTA STATE	48-10.00 14.88m
5	BRINKS, PHIL	NORTHWESTERN	48-08.00 14.83m
6	DAVIS, NICK	NO. STATE	47-09.50 14.56m
7	HALLING, DARYL	UNATTACHED	47-03.25 14.40m
8	EICKMAN, JEREMY	SO WAYNE STATE COLLEGE	47-00.25 14.33m
9	PFITZER, GARRET	NO. STATE	46-05.25 14.15m
10	GILMORE, JAROD	DAKOTA WESLY	45-03.75 13.81m
11	GONZALEZ, PORFIRIO	JAMESTOWN COLLEGE	44-02.50 13.47m
12	NISSSEN, JORDON	JAMESTOWN COLLEGE	44-01.25 13.44m
13	LASKA, JASON	DAKOTA WESLY	44-00.25 13.41m
14	WONDERS, KYLE	BRIAR CLIFF	43-02.00 13.15m
15	ROTH, BILL	DAKOTA WESLY	40-05.00 12.31m
16	BROCK, TROY	NO. STATE	40-04.50 12.30m
17	PFENNIG, TYLER	JAMESTOWN COLLEGE	39-06.00 12.03m
18	DETRICK, JUSTIN	BUENA VIST	38-11.00 11.86m
19	EARLEYWINE, JOSH	NORTHWESTERN	38-09.00 11.81m

Men Discus Throw Open Men

Standard for measurement 135'

Name	Year School	Finals	
1	ORTMEIER, ANDREW	NORTHWESTERN	165-02 50.34m
2	PFITZER, GARRET	NO. STATE	161-05 49.19m
3	BEYER, ROBBY	UNATTACHED	156-03 47.62m
4	BROCK, TROY	NO. STATE	152-02 46.38m
5	BRINKS, PHIL	NORTHWESTERN	149-11 45.69m
6	NISSSEN, JORDON	JAMESTOWN COLLEGE	144-11 44.17m
7	WILKINSON, JACOB	USD	141-03 43.05m
8	GARZA, ELOY	MORNINGSIDE COLLEGE	136-05 41.57m
9	GILMORE, JAROD	DAKOTA WESLY	131-11 40.20m
10	EARLEYWINE, JOSH	NORTHWESTERN	130-07 39.80m
11	PFENNIG, TYLER	JAMESTOWN COLLEGE	127-06 38.86m
12	DETRICK, JUSTIN	BUENA VIST	123-06 37.64m
13	TATRO, RYAN	BRIAR CLIFF	118-08 36.16m
14	HRUBY, JEFF	DAKOTA WESLY	117-10 35.91m
15	WONDERS, KYLE	BRIAR CLIFF	115-06 35.20m
16	HALLING, DARYL	UNATTACHED	114-09 34.97m
17	SCHROCK, JERAMIAH	MORNINGSIDE COLLEGE	112-04 34.23m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Men Discus Throw Open Men**

18	OLAWSKY, JON	DAKOTA STATE	111-10	34.08m
19	BAKER, JUSTIN	JAMESTOWN COLLEGE	111-00	33.83m
20	LASKA, JASON	DAKOTA WESLY	109-04	33.32m
21	AMICK, MIKE	BUENA VIST	106-09	32.53m
22	ROTH, BILL	DAKOTA WESLY	105-02	32.05m
23	LEDDA, DANY	JAMESTOWN COLLEGE	104-10	31.95m
24	WELTER, JUSTIN	BUENA VIST	101-09	31.01m
--	WATSON, JEFF	DAKOTA WESLY	ND	
--	FYNAARDT, NICK	NORTHWESTERN	ND	
--	CARLSON, JON	JAMESTOWN COLLEGE	ND	

Men Hammer Throw Open Men

Name	Year	School	Finals	
1		USD	181-10	55.42m
2		DAKOTA WESLY	160-01	48.79m
3		NO. STATE	152-07	46.50m
4		JAMESTOWN COLLEGE	151-08	46.22m
5		NO. STATE	143-09	43.81m
6		NORTHWESTERN	141-11	43.25m
7		MORNINGSIDE COLLEGE	139-04	42.46m
8		NO. STATE	138-02	42.11m
9		JAMESTOWN COLLEGE	126-00	38.40m
9		JAMESTOWN COLLEGE	126-00	38.40m
11		MORNINGSIDE COLLEGE	125-08	38.30m
12		JAMESTOWN COLLEGE	125-07	38.27m
13		SO WAYNE STATE COLLEGE	124-04	37.89m
14		BUENA VIST	122-05	37.31m
15		BRIAR CLIFF	114-09	34.97m
16		BUENA VIST	112-00	34.13m
17		NORTHWESTERN	109-06	33.37m
18		DAKOTA WESLY	106-03	32.38m
19		JAMESTOWN COLLEGE	105-00	32.00m
20		DAKOTA WESLY	104-08	31.90m
21		DAKOTA WESLY	67-08	20.62m
--		SO WAYNE STATE COLLEGE	ND	
--		BUENA VIST	ND	

Men Javelin Throw Open Men

Name	Year	School	Finals	
1		U SIOUX FALL	197-05	60.17m
2		NORTHWESTERN	182-09	55.70m
3		UNATTACHED	182-07	55.65m
4		SDSU	181-02	55.21m
5		JAMESTOWN COLLEGE	170-03	51.89m
6		NORTHWESTERN	166-06	50.74m
7		DORDT COLLEGE	162-10	49.63m
8		MORNINGSIDE COLLEGE	162-05	49.50m
9		NO. STATE	157-04	47.95m
10		BUENA VIST	154-10	47.19m
11		BUENA VIST	150-08	45.92m
12		BUENA VIST	147-09	45.03m

Sioux City Relays 2005 - 4/22/2005 to 4/23/2005**Roberts Stadium****Results****....Men Javelin Throw Open Men**

13	ELDRIDGE, WALTER	JAMESTOWN COLLEGE	145-09	44.42m
14	WEIDEL, ANDREW	UNATTACHED	145-06	44.34m
15	BAKER, JUSTIN	JAMESTOWN COLLEGE	141-11	43.25m
16	BAUER, JASON	JAMESTOWN COLLEGE	141-05	43.10m
17	BEYER, BRAD	BUENA VIST	137-07	41.93m
18	LEE, LETARIUS	U SIOUX FALL	136-06	41.60m
19	SHEPARDSON, JOE	DAKOTA WESLY	133-09	40.76m
20	GREGORY, CODY	FR WAYNE STATE COLLEGE	126-09	38.63m
21	TATRO, RYAN	BRIAR CLIFF	123-04	37.59m
22	OLAWSKY, JON	DAKOTA STATE	107-02	32.66m
--	DUNCAN, NICK	U SIOUX FALL	ND	