

# SIOUX CITY RELAYS

Friday, April 16, 2021

Events & Tentative Time Schedule for the 2021 Sioux City Relays  
(If we are running ahead of schedule...we will stay ahead of schedule)

## Friday Field Events

11:00 AM	Women's Hammer Throw	Finals	3:00 PM	Women's 100 Meter Dash	Prelims
11:00 AM	Men's Shot Put Throw	Finals	3:10 PM	Men's 100 Meter Dash	Prelims
12:00 PM	Men's Pole Vault (at USD)	Finals	3:30 PM	Women's 800 Meter Run	Finals
12:00 PM	Bill Saunders Men's Long Jump	Finals	3:45 PM	Men's 800 Meter Run	Finals
1:30 PM	Men's Hammer Throw	Finals	4:00 PM	Women's 3, 000 Steeplechase	Finals
1:30 PM	Women's Shot Put Throw	Finals	4:15 PM	Women 200 Meter Dash	Finals
2:00 PM	Bill Saunders Women's Long Jump	Finals	4:25 PM	Men 200 Meter Dash	Finals
3:00 PM	Women's Pole Vault (at USD)	Finals	4:40 PM	Women's 400 Meter Hurdles	Finals
4:00 PM	Men's Discus Throw	Finals	4:55 PM	Men's 400 Meter Hurdles	Finals
4:00 PM	Women's Javelin (Bass Field)	Finals	5:10 PM	Men's 3,000 Steeplechase	Finals
4:30 PM	Cornie Wassink Women's High Jump	Finals	5:25 PM	Women's 100m Hurdles	Finals
4:30 PM	LeRoy Simpson Men's Triple Jump	Finals	5:30 PM	Men's 110m High Hurdles	Finals
4:30 PM	Women's Discus Throw	Finals	5:35 PM	Women's 100 Meter Dash	Finals
6:00 PM	Cornie Wassink Men's High Jump	Finals	5:40 PM	Men's 100 Meter Dash	Finals
6:00 PM	LeRoy Simpson Women's Triple Jump	Finals	5:45 PM	Women's 400 Meter Dash	Finals
6:00 PM	Men's Javelin (Bass Field)	Finals	6:00 PM	Men's 400 Meter Dash	Finals

## Friday Running Events

1:00 PM	Women's 5000 Meter Run	Finals	6:15 PM	Women's 1,500 Meter Run	Finals
1:45 PM	Men's 5000 Meter Run	Finals	6:40 PM	Men's 1,500 Meter Run	Finals
2:30 PM	Women's 100m Hurdles	Prelims	7:00 PM	Women's 4x100 Meter Relay	Finals
2:45 PM	Men's 110m High Hurdles	Prelims	7:05 PM	Men's 4x100 Meter Relay	Finals
			7:10 PM	Women's 4x400 Meter Relay	Finals
			7:20 PM	Men's 4x400 Meter Relay	Finals
			7:45 PM	Women's 10,000 Meter Run	Finals
			7:45 PM	Men's 10,000 Meter Run	Finals



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**712.274.8838**

# SIOUX CITY RELAYS

Saturday April 17, 2021

Events & Tentative Time Schedule for the 2021 Sioux City Relays

(If we are running ahead of schedule...we will stay ahead of schedule)

## Saturday Field Events

11:00 AM	Boys Discus Throw	Finals
11:00 AM	Girls Shot Put	Finals
11:30 AM	Boys Long Jump	Finals
11:30 AM	Girls High Jump	Finals
2:00 PM	Girls Discus Throw	Finals
2:00 PM	Boys Shot Put	Finals
2:00 PM	Girls Long Jump	Finals
2:00 PM	Boys High Jump	Finals

## Saturday Afternoon Running Events

12:45 PM	Girls 4x200 Meter Relay Class C	Finals
12:50 PM	Girls 4x200 Meter Relay Class B	Finals
12:55 PM	Girls 4x200 Meter Relay Class A	Finals
1:00 PM	Boys 4x200 Meter Relay Class C	Finals
1:05 PM	Boys 4x200 Meter Relay Class B	Finals
1:10 PM	Boys 4x200 Meter Relay Class A	Finals
1:15 PM	Freshman Girls 4x200 Meter Relay	Finals
1:20 PM	Freshman Boys 4x200 Meter Relay	Finals
1:25 PM	Boys 1600 Meter Run	Finals
1:35 PM	Girls 1500 Meter Run	Finals
1:45 PM	Girls 400 Meter Hurdles	Finals
1:55 PM	Boys 400 Meter Hurdles	Finals
2:05 PM	Girls 800 Sprint Medley Relay Class C	Finals
2:10 PM	Girls 800 Sprint Medley Relay Class B	Finals
2:15 PM	Girls 800 Sprint Medley Relay Class A	Finals
2:20 PM	Boys 1600m Sprint Medley Class C	Finals
2:27 PM	Boys 1600m Sprint Medley Class B	Finals
2:34 PM	Boys 1600m Sprint Medley Class A	Finals
2:41 PM	Freshman Girls 800 Meter Run	Finals
2:46 PM	Freshman Boys 800 Meter Run	Finals
2:55 PM	Freshman Girls 4x100 Meter Relay	Finals
3:00 PM	Freshman Boys 4x100 Meter Relay	Finals
3:05 PM	Girls 4x100 Meter Relay Class C	Finals
3:10 PM	Girls 4x100 Meter Relay Class B	Finals
3:15 PM	Girls 4x100 Meter Relay Class A	Finals
3:20 PM	Boys 4x100 Meter Relay Class C	Finals
3:25 PM	Boys 4x100 Meter Relay Class B	Finals
3:30 PM	Boys 4x100 Meter Relay Class A	Finals
3:35 PM	Girls 800 Meter Run	Finals
3:40 PM	Boys 800 Meter Run	Finals
3:45 PM	Freshman Girls 4x400 Meter Relay	Finals
3:53 PM	Freshman Boys 4x400 Meter Relay	Finals
4:00 PM	Girls 4x400 Meter Relay Class C	Finals
4:06 PM	Girls 4x400 Meter Relay Class B	Finals
4:12 PM	Girls 4x400 Meter Relay Class A	Finals
4:18 PM	Boys 4x400 Meter Relay Class C	Finals
4:24 PM	Boys 4x400 Meter Relay Class B	Finals
4:30 PM	Boys 4x400 Meter Relay Class A	Finals

## Saturday Morning Running Events

9:15 AM	Girl's 3000 Meter Run	Finals
9:35 AM	Boy's 3200 Meter Run	Finals
9:55 AM	Girl's 100 Meter Hurdles Class C	Elite Prelims
10:00 AM	Girl's 100 Meter Hurdles Class B	Elite Prelims
10:05 AM	Girl's 100 Meter Hurdles Class A	Elite Prelims
10:15 AM	Boy's 110 Meter High Hurdles Class C	Elite Prelims
10:20 AM	Boy's 110 Meter High Hurdles Class B	Elite Prelims
10:25 AM	Boy's 110 Meter High Hurdles Class A	Elite Prelims
10:30 AM	Girl's 100 Meter Dash Class C	Elite Prelims
10:35 AM	Girl's 100 Meter Dash Class B	Elite Prelims
10:40 AM	Girl's 100 Meter Dash Class A	Elite Prelims
10:45 AM	Boy's 100 Meter Dash Class C	Elite Prelims
10:50 AM	Boy's 100 Meter Dash Class B	Elite Prelims
10:55 AM	Boy's 100 Meter Dash Class A	Elite Prelims
11:00 AM	Girl's 4x800 Meter Relay	Finals
11:15 AM	Elite Boys 110 Meter High Hurdles	Finals
11:20 AM	Elite Girls 100 Meter Hurdles	Finals
11:25 AM	Dwight Hauff Elite Girls 100 Meter Dash	Finals
11:30 AM	Dwight Hauff Elite Boys 100 Meter Dash	Finals
11:35 AM	Mixed 100 Meter Wheelchair	Finals
11:40 AM	Dan McLarnan Boy's 4x800 Meter Relay	Finals
11:55 AM	Chuck Mounts Girls Shuttle Hurdle Relay	Finals
12:00 PM	Boys Shuttle Hurdle Relay	Finals

12:15 PM Hall of Fame

